North Walsham
GOOD NEIGHBOUR SCHEME

Activities in North Walsham

Last updated November 2026

Weekly Activities

Day and Time	Activity	Venue	Contact
Mon – Friday 6.30 – 10pm Sat 7-6; Sun 8-6	**Swimming, gym.** **Also:** Cardiac & Pulmonary Rehab; Escape Pain; Exercise Referral; Buggy Workout; Move More Membership (low incomes/benefits) Healthy Ageing Membership (66+).	Victory Swim and Fitness Centre, Station Road.	01692 409370 www.everyoneactive.com
Various days and times	**North Norfolk Vikings Swimming Club** Range of ages and swimming abilities	Ditto	Admin@northnorfolkvikings.co.uk www.northnorfolkvikings.co.uk
Mon – Friday 7-9pm Sat & Sun 8-6	**Swimming, gym.** **Also:** Fitness Classes, Squash	Rossis Leisure, Tungate Road	01692 404966 reception@rossisleisure.com www.rossis.co.uk
Wed – Sunday 10 – 8/9pm	**Ten-pin bowling, pool, darts and soft play**	JR's (next to Rossis)	01692 407793 jrs@rossisleisure.com
Mon/Frid 6-10pm Tue/Wed/Thur. 6-9pm Saturday 9-2pm Sunday 9-12noon	**Sporting Activities**	North Walsham Sports Centre, Spenser Ave.	01692 402293 Everyone active.com
Wide variety of fitness classes during the week	**Yendell's Health and Wellness Hub**	Folgate Road	07974 726036 Email: sarah@yendellshub.com www.yendellshub.com
Numerous rugby teams for all ages and genders	**Vikings North Walsham Rugby**	Vikings NW, Old Norwich Rd.	www.walshamvikings.club
Numerous foot-ball teams for all ages and genders	**North Walsham Town FC**	Green's Road	youthsecretary@northwalshamtownfc.com North Walsham Town Football Club | Established 1879 | The Angels
Library open to all when staffed; extra hours and services* for members	**Books, Computers*, Internet*, Scanning & Printing*, Study Space, Baby Weigh, Tricky Period Bags**	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library (free to join)

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Monday to Friday Buses from 9.30; Accessible car can be earlier.	**Community Transport DialaRide Minibuses and accessible car.** Transport for shopping & other appointment	Pick up & return to your door.	Book by ringing: 01692 500840 info@nnct.org.uk www.nnct.org.uk
Monday 9.30am	**Community Transport** Trips to various destinations	Pick up & return to door. (Up to £8.50)	Ring for details: 01692 500840
Monday 9.30 – 10.30am	**Community Fridge**	Salvation Army Hall, Hall Lane.	Rachel Payne 01692 403955 / 07491 330212 Rachael.payne@salvationarmy.org.uk
Monday 10.00 & 11.30am	**Slimming World**	St Benet's Hall, St Nicholas Church.	Karen Mason kl.mason@yahoo.co.uk 07883 025488 01603 405536
Monday 10 – 1pm	**NW Men's Shed** Learn new skills/share your skills/socialise	Unit 5 NW Garden Centre Norwich Rd	Ray Winder 07500 019202 nwmensshed@gmail.com
Mon. to Thursday 10 – 1; 1.30-3pm (by 2pm if advice sought)	**Citizens Advice** Drop-in advice sessions	Citizens Advice 3 St Nicholas Court	0800 144 8848 (Norfolk Citizens Advice) www.citizensadvice.org.uk (Next to Café Kitale)
Monday 11 – 11.30am	**Mini-Movers** Songs & social time for toddlers/carers Stay on for cuppa & chat with parents	North Walsham Library	01692 402482 Run by staff North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library
Monday 11.00 – 1pm	**Scrabble Club**	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library
Monday 12.30 – 2.00pm	**Lunch Club** 2 course meal, tea or coffee – Open to all	Salvation Army Hall, Hall Lane.	Rachel Payne 01692 403955 / 07491 330212 Rachael.payne@salvationarmy.org.uk
Mondays 1.30 – 3.00pm	**Knit and Natter** Knitting, crochet & needlecraft	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library
Monday 2.00 – 3.00pm	**Digital Support** Bookable appointments	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library

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Monday 2.00 – 3.30pm	**Exercise for Older Adults** Fall prevention, Flexibility/Friendship	St Benet Hall, St Nicholas Church.	Steve Banks 07493 624851 foreverfitnessnorfolk@gmail.com www.foreverfitnessuk.com
Monday 2.00 – 3.30pm	**Mardlers Art Club**	Methodists, Grammar School Road.	Just drop in
Monday 2.00 – 4.00pm	**Lace Making Group** Beginners welcome	Salvation Army Hall, Hall Lane.	Sandra Martins 01692 403444
Mondays 4.30–6.30 *7–13yr* 5.30-7.30 *13-18yr*	**Red Loft Theatre** Musical theatre class (Term time only)	The Atrium	07823 556312 www.redlofttheatre.com info@redlofttheatre.com
Monday 5.30 – 6.30pm	**Children's Learners Brass**	Salvation Army Hall, Hall Lane.	Richard Durrant Richard.durrant@salvationarmy.org.uk
Monday 6.00 – 10pm	**Tabletop Gaming** (£3/session)	St Benet Hall, St Nicholas Church.	Will northwalshamtabletopgaming@gmail.com
Monday/Tue/Wed All groups are held in the evening	**Girlguiding in North Walsham** *Rainbows* 4-7yr (Mon) *Brownies* 7-10yr (Tue/Wed) *Guides* 10-14yr (Tue) *Rangers* 14-18 (Mon)	Aylsham Road, North Walsham, NR280BH	All enquiries for girls joining or for adult volunteers must go through the Go website What we do | Girlguiding
Monday 8.00 – 9pm	**AA meeting**	Methodists, Grammar School Road.	**Local Helpline:** 01603 621 128 (24 Hrs.)
Monday 7.00 – 9.30pm	**North Walsham Air Cadets**	NW Primary School, Manor Road.	Flt Lt Alan Stevens Oc.2110@rafac.mod.gov.uk
Monday 7.30 – 9pm	**Invidia Voices Choir**	Sacred Heart Church Hall, Norwich Road.	www.invidiavoices.co.uk 01603 464532 info@invidiavoices.co.uk members@invidiavoices.co.uk
Tuesday 10:00 – 12noon	**Mustard Seed Coffee morning**	Methodists, Grammar School Road.	Richard Riley 01692 403087

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Tuesday 10.00 – 11.30am (Term-time)	**New Life Parents Café** Parents/carers of those with additional needs - free	The New Life Building, Laundry Loke.	Suzie Schaitel suzie@newlifenorthwalsham.com
Tuesday 10.00 – 11.30am	**Exercise for Older Adults** Fall Forever Fitness	St Benet Hall, St Nicholas Church.	Steve Banks 07493 624851 foreverfitnessnorfolk@gmail.com www.foreverfitnessuk.com
Tuesday 10.00 – 3.00pm	**Cameo Café** Activities & lunch (£10), for people with dementia and others.	Resource Centre, Happisburgh Road.	Pilgrims' Friends Society Joyce Lee 0300 3038430 Key 8 (Joyce is only available on Tuesday & Thursday)
Tuesdays 10.30-11.30am 0-2yrs	**Baby Buttercups Glow Worm Sensory Group**	Community Centre, New Rd	Ashley babybuttercupsnorfolk@gmail.com http://www.bookwhen.com/babybuttercupsnorfolk
Tuesday 10.30 – 12noon	**Creative Writing Groups**	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library
Tuesday 11 – 12	**Silver Swans** Ballet classes for over 55's	Community Centre, New Rd	07934 788173 trishamwdance@yahoo.co.uk
Tuesday 2.15 – 3.15pm	**German Conversation Club**	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk
Tuesday 4 - 5pm 8 - 9pm	**Karate** Children & Family classes	Community Centre, New Rd	01603 552433/07540 842889 www.martialartseast.co.uk
Tuesday 6.45-8.15pm	**Self Defence sessions**	Community Centre, New Rd	01603 552433 http://www.arkravmaga.co.uk
Tuesday 5.30 – 7pm	**Beaver Scouts** 6 – 8 years	1st North Walsham Scout Hut, Midland Road.	All enquiries to: northwalshamscouts@hotmail.com
Tuesday 6-6.45 Absolute Beginners 7-8pm Beginners 8-9pm Improvers 9-10 Intermediate	**Phoenix Line Dancing Classes** Booking essential	Community Centre, New Road.	Kathy on 07967 019442 Mel on 07769 944996 phoenixldc@btinternet.com

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Wednesday 9.30am	**Community Transport** Trips to various destinations	Pick up & return to door. (up to £8.50)	Ring for details 01692 500840
Wednesday 10 – 11am	**Qigong** Tai Chi for health. Movement, mindfulness and relaxation (£12)	Black Swan Theatre, Black Swan Loke	Stella WhatsApp 0778 75 76 735 info@soulspaceunlimited.com www.soulspaceunlimited.com
Wednesday 10 – 1pm	**NW Men's Shed** Learn new skills/share your skills/socialise	Unit 5 NW Garden Centre Norwich Rd	Ray Winder 07500 019202 nwmensshed@gmail.com
Wednesday 10 - 4pm	**Wellbeing Wednesday** Free cuppa and a chat – just drop in	Phoenix Group 1a St Nicholas Court	Phoenixgroup.northwalsham@gmail.com Also, has Community Pantry, School Uniforms and Swap-shop
Wednesday 11.30 – 12 12.30 - 1.00	**Move & Connect** For over 60s. Chair exercise, cuppa & chat. Must be booked in advance.	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk
Wednesday 1.15 – 3.15pm	**Walk & Talk** Just drop in - come back after for a free cuppa & chat	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library
Wednesday 1.30 – 3pm (Emergency delivery may be possible outside these hours)	**North Norfolk Foodbank** provides food parcels and energy bank for anyone with a referral voucher	St Nicholas Church Rooms *Referral voucher needed in advance**	07826 376343 info@northnorfolk.foodbank.org.uk *Referrals through: NNDC Financial Inclusion 01263 516221, Citizens Advice, Social Services and other support organisations, including NW Good Neighbours
Wednesday 1.15 – 4.30pm	**North Walsham & District Bridge Club** For medium & experienced players, not total beginners.	Community Centre, New Road	Jane Barrett 01692 409930 Maxwell.barrett@btinternet.com

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Wednesday 1.0 - 3.40pm	**The North-East Norfolk Conservation** Range of activities; start gently and build up. 18+, regardless of capabilities.	Meeting point for shared lift in North Walsham.	Contact us on 07767 238942 nencv@protonmail.com www.tcv.org.uk/norfolk Facebook: @northeastnorfolkconservationvolunteers
Wednesday 3x sessions at: 4pm; 5.30pm; 7pm	**Slimming World**	St Benet Hall, St Nicholas Church.	Karen Mason kl.mason@yahoo.co.uk 07883 025488 01603 405536
Wednesday 7.00 – 9.00pm (when rehearsing shows – next start 20th Jan 27 for May 27 show.	**North Walsham Drama**	Sacred Heart Church Hall, Norwich Road.	Tony Brown 07555 693166
Wednesday 6.0 Pilates 6.50 Yoga	**YOGA** Pilates + Yoga £10	Community Centre, New Road	Donna 07799 708696
Wednesday 7.30 – 9.30pm	**Norfolk Camerata Choir** All welcome – no auditions £50 per term (x3 /yr)	St Nicholas Room	Rosemary Jackson 01603 279541 (in Church on 3rd Wednesday of month – apart from Jan & Feb)
Thursday from 9.30am	**Community Transport DialaRide Minibus** Pick up & return home.	Various routes to main towns £5.50	Book ahead by ringing: 01692 500840 info@nnct.org.uk www.nnct.org.uk
Thursday 9.30 – 10.30am	**Community Fridge**	Salvation Army Hall, Hall Lane	Rachel Payne 01692 403955 / 07491 330212 Rachael.payne@salvationarmy.org.uk
Thursday 9:30 – 11.30am	**Coffee morning**	St Nicholas Room	Church office 01692 408971 saintnicholasnw@gmail.com
Thursday 9.00 – 12.00am	**Stay and Play Action for Children**	Methodist's, Grammar School Road	www.gov.uk/earlychildhood
Thursday 9.00 – 12.00am	**Art Class** Pre-booking required	Community Centre, New Road.	Alan Ganney 01692 650594

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Thursdays 9.30am	**Paracise Exercise Class / Move More** Low intensity exercise to music. Focus on muscle strength, balance, flex & fun. £7/45m.	Community Centre, New Road.	Alexandra Watson 07917 833810 Watsonalexandra230@gmail.com
Thursday 10.00 – 3.00pm	**Cameo Café** Activities & lunch (£10), for people with dementia and others.	Resource Centre, Happisburgh Rd	Joyce Lee Pilgrims' Friends Society 0300 3038430 Key 8 (Joyce is only available on Tuesday & Thursday)
Thursday 10.00 – 12noon	**Coffee morning** Including *Conversation Table for Deaf Café:* *10 – 11*	Salvation Army Hall, Hall Lane	Rachel Payne 07491 330212 / 01692 403955 *Deaf Café – Wendy Murphy* *01692 407508 or wpmurphy@gmx.com*
Thursday 10.45 – 11.30am	**Bounce and Rhyme** Songs and social time for under 5s & their adults – stay and chat	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library
Thursday 1.00 – 3.00pm	**Good Fit** Keep Fit class for over-50's	Methodist's, Grammar School Road	Richard or Maggie 01692 615166 Tompkins.richard@gmail.com
Thursday 1 – 5pm	**Tai Chi**	St Benet's Hall	Rachel Brown taichirelaxationtherapy@gmail.com
Thursday 2.00 – 3pm	**Digital Support** Bookable appointments	North Walsham Library	01692 402482 North.walsham.lib@norfolk.gov.uk Facebook: North Walsham Library
Thursday 5.30 – 6.30pm	**Yoga with Hayley** Everyone welcome	Black Swan Town Room	hayley@hormone-hatha.co.uk
Thursday 6.00 – 7pm	**Kuk Sool Won** Korean Martial Arts	Community Centre, New Rd	07955 968346 Ksw.acle@gmail.com
Thursday 6.30 – 8.00pm (Term time)	**Young Carers** (8 – 18 years)	St Benet Hall, St Nicholas Church	Alice Stevenson alice.stevenson@benjaminfoundation.co.uk 07880 242374
Thursday 6.45pm	**Choir Practice** Any age	Salvation Army Hall, Hall Lane	Rachel Payne 01692 403955 / 07491 330212 Rachael.payne@salvationarmy.org.uk

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Thursday 7 – 8.30pm	**NW People's Choir** Welcomes everyone for singing, fun, drink and biscuits. £5/week	Black Swan Theatre, Black Swan Loke.	Joseph Ballard New Stages 01692 500006 info@blackswanpubtheatre.co.uk
Thursday 7 – 9pm	**Scouts** 10.5 – 14 years	1st North Walsham Scout Hut, Midland Rd	All enquiries: northwalshamscouts@hotmail.com
Thursday 7.00 – 9.30pm	**North Walsham Air Cadets**	NW Primary School, Manor Road	Flt Lt Alan Stevens Oc.2110@rafac.mod.gov.uk
Thursday 8pm	**Community Band** Any player, any age or ability	Salvation Army Hall, Hall Lane	Martin Siggins 01692 403955
Friday 9.00 – 11.00am (Term time)	**New Life Tots** £1.50 per family	New Life Building, Laundry Loke	Suzie Schaitel suzie@newlifenorthwalsham.com
Friday 9:30-11:30am	**Cuddles and Catch Up** Friendly Stay & Play For babies 0 – 2.5 yrs, parents and carers.	St Benet Hall, St Nicholas Church £2/family	Facebook page - cuddles and catchup Or, Church Office 01692 408971
Friday from 9.30am home pick up.	**NN Community Transport DialaRide Minibus** Pick up & return home. £7.00 per outing	Outing to Wroxham – there for about 90 minutes	Book ahead by ringing: 01692 500840 info@nnct.org.uk www.nnct.org.uk
Fridays 9.30 – 11am	**Yoga**	Sacred Heart Parish Hall, Norwich Road	Nina O'Brien 07999 982291 01692 407537 ninaboydobrien@hotmail.com
Friday 10.15 – 11.45am	**Singing for Breathing**	Sports Centre, Spenser Ave.	Nicky Childerhouse 07792 757474 nicky@playingforcake.uk
Friday 10 - 1pm	**NW Men's Shed** Learn new skills/share your skills/socialise	Unit 5 NW Garden Centre Norwich Rd	Ray Winder 07500 019202 nwmensshed@gmail.com
Friday 2.00 – 3.30pm	**Just a Cuppa** A friendly chat, cup of tea and a jigsaw	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library

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Friday 4.15 – 6.00pm	**Chess club** For adults & children (8+)	North Walsham Library	01692 4024820 North.walsham.lib@libraries.norfolk.gov.uk
Friday 6.30 – 8pm	**Cub Scouts** 8 – 10.5 years	1st North Walsham Scout Hut, Midland Rd	All enquiries to: northwalshamscouts@hotmail.com
Saturday 9am	**Parkrun**	North Walsham High School	northwalsham@parkrun.com www.parkrun.org.uk
Saturday 9.00 – 1pm	**Funky Feet Dance and Acrobatics**	St Benet Hall, St Nicholas Church	Vikki Feetham Tel: 07535 669190 vfeetham@googlemail.com
Saturday 10.30 – 12noon	**Beaver Scouts** 6 – 8 years	1st North Walsham Scout Hut, Midland Rd	All enquiries to: northwalshamscouts@hotmail.com
Saturday 11.00 - 12noon Term-time	**Story time** Stories and crafts run by staff	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk
Saturday 12.00 – 1.00pm	**LEGO (& Duplo) Club** Children/families	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk
Saturday 2.00 – 3.30pm	**Cub Scouts** 8 – 10.5 years	1st North Walsham Scout Hut, Midland Rd	All enquiries to: northwalshamscouts@hotmail.com
Saturday 3.30 – 5.30pm	**N W Chess Club** Age 13+ All skill levels welcome	Phoenix Group 1a St Nicholas Court	Contact Olly at northwalshamchessclub@gmail.com

Monthly Activities

Day and Time	Activity	Venue	Contact
2nd & 4th Monday 9 -1pm	**Craft Circle**	St Nicholas Room	Lynda Cain Lyndacain46@icloud.com
Monday Monthly 2 – 4pm	**Tea Dance** Monthly social dance (£4 including refreshments)	Community Centre, New Road	Barrie Eke 01603 736155 (contact Barry for specific dates)

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Last Tuesday 10 – 1pm	**Sewing Club** Free & supportive. Bring a project or try a new one. Learn sewing machine use; various materials provided.	St Nicholas Room, St Nicholas Church	07810 451181 Thehealingharbour22@gmail.com
1st and 3rd Tuesday monthly 10.30 – 12noon	**Playing for Cake** Singing for health, harmony and happiness. (Suggested donation £5)	Sacred Heart Church Hall, Norwich Road	Ellie & Rosie Glasgow 01263 340082 admin@playingforcake.uk
2nd Tuesday 10.30 – 12.30pm	**Parkinson's North Norfolk** Social and information sharing for anyone affected by Parkinson's	Sacred Heart Church Hall, Norwich Road	Andy Harding 01603 782667 andy@thehardings.uk
2nd Tuesday 12noon – 1pm	**Bereavement Café** Free hot drink and a chat	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Facebook: North Walsham Library
2nd Tuesday 2 – 3.30pm	**NW Mothers' Union** Meetings begin with a short service, followed by a guest speaker, and finishes with tea, biscuits and chat.	St Nicholas Church Rooms	Stephanie Cooper 01692 408994 Steph251490@googlemail.com
1st Tuesday 2.30pm	**Afternoon Bingo** Prizes and cash prizes £5 a book	Black Swan Theatre, Black Swan Loke	Joseph Ballard 01692 500006 info@blackswanpubtheatre.co.uk
3rd Tuesday 2.30pm	**Afternoon Quiz**	Black Swan Theatre, Black Swan Loke	Joseph Ballard 01692 500006 info@blackswanpubtheatre.co.uk
1st & 3rd Tuesday 5.15 – 6.15pm	**North Norfolk Youth Theatre** for 8–16-year-olds • FREE	Black Swan Theatre, Black Swan Loke	Joseph Ballard 01692 500006 info@blackswanpubtheatre.co.uk
3rd Tuesday 6 – 10pm	**Odd Fellows**	St Nicholas Room	Tina Hicks 07770 967729
1st Tuesday 7.30pm	**Royal Airforce Association (RAFA)**	Black Swan Theatre, Black Swan Loke	Sandra Topham sjtopham@yahoo.com 07739 330255
4th Tuesday 7.30pm	**Royal British Legion**	Black Swan Theatre, Black Swan Loke	Sandra Topham sjtopham@yahoo.com 07739 330255
2nd & 4th Tuesday 7.30 – 9.30pm 6–9th May Annual Photo exhibition	**NW Photographic Group** To promote and facilitate the hobby of photography at all levels e.g. mobile phones, tablets, digital SLR.	Salvation Army Hall, Hall Lane	Trevor or Liz Fiddy 01692 582793 / 07900 221760 Members have a wide range of experiences which they willingly share. Lizfiddy17@gmail.com

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Last Tuesday 11.00 - 12.30	**Coffee Morning** Join Karl from Vision Norfolk for friendly chat, advice and support regarding living life with vision impairment	North Walsham Library	01692 402482 North.walsham.lib@libraries.norfolk.gov.uk Karl Bloor 07864 615929 karl.bloor@visionnorfolk.org.uk
1st Wednesday 9 – 1pm	**Nelson Quilters** Quilting/knitting/crocheting Socialising, drinks & cake £25 per year	St Nicholas Room St Nicholas Church	Janet Clement-Shipley Janet.clement-shipley@btinternet.com
2nd/4th Wednesday 10.30 – 12.30pm	**Coffee Morning** Free, contribution welcome	Lessingham Chapel, Ingham Road	Ros Peedle 07976 720440 Ros.peedle@live.co.uk
1st Wednesday 11 – 12.30pm	**Men's Support Group**	Salvation Army Hall, Hall Lane	Richard.durrant@salvationarmy.org.uk 01692 403955
3rd Wednesday 10.30 – 12.30pm	**Art Group** All Welcome - Free cuppa and a chat – just drop in	Phoenix Group 1a St Nicholas Court	Phoenixgroup.northwalsham@gmail.com Also, has Community Pantry, School Uniforms and Swap-shop
2nd & 4th Wednesday 2.00 – 4.00pm	**Nimble Fingers** **Knit & Natter group**	Methodist Church, Grammar School Road	Bridget Hughes 01692 404501
3rd Wednesday 6 - 10pm	**North Walsham WI** Speakers, crafts and outings for women over 18 Annual subs £51	St Benet's Church Rooms	Helen Heap rockbunsandrollingpins@gmail.com
3rd Wednesday 7.30pm	**Bingo** £5 a book. Cash and prizes.	Black Swan Theatre, Black Swan Loke	Joseph Ballard 01692 500006 info@blackswanpubtheatre.co.uk
1st & 3rd Wednesday 1.30pm	**Women's Wellness** Support and friendship group for women of all ages	Black Swan Theatre, Black Swan Loke	Michelle Schofield (Chair) Womenswellness22@gmail.com FB: Women'swellness northwalsham
Last Wednesday 7.30pm	**Pub Quiz** Teams of 4-6, £2 each, booking recommended	Black Swan Theatre, Black Swan Loke	Joseph Ballard 01692 500006 info@blackswanpubtheatre.co.uk
2nd Thursday 10 – 12noon	**Space4U** Coffee morning for parents & carers of children & adults with additional/complex needs	Emmanuel Church, Cawston Road AYLSHAM NR11 6BX	Helen Daniels 01263 734409 07890 661683 Helen.brock@btopenworld.com

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3rd Thursday 12 – 2pm	**Lighthouse Lunch** Booking Essential (£7)	Lessingham Chapel, Ingham Road	Ros Peedle 07976 720440 Ros.peedle@live.co.uk
Thursday 1.0 – 3.30pm 4.30 –8.00pm	**Blood Donor Sessions** Twice monthly Need to book sessions	Community Centre, New Road	0203 123 8324 www.blood.co.uk
2nd Thursday 1.45 – 2.45pm	**u3a Sings**	Sacred Heart Church Hall	www.northwalshamu3a.org/contact-us
1st Thursday 1.30 – 2.30pm	**Home Education Lego Club**	North Walsham Library	01692 402482 North.walsham.lib@library.norfolk.gov.uk Facebook: North Walsham Library
3rd Thursday 2pm	**NW & District Horticultural Society (Gardening Club)** Meetings include speakers on a range of subjects	Jubilee Room, Community Centre, New Road	Ann Wilkinson 01692 500710 widgetwilk@gmail.com Gill Wright 07724 379452
4th Thursday 2.30 – 4.30pm	**North Walsham and Bradfield Flower Club** Demonstrations, outings and workshops; raffle of flower arrangements	Sacred Heart Church Hall, Norwich Road	Sue Bloomfield (Chair & Secretary) 01692 500440 susan@bloomfield11.plus.com
1st Thursday 3pm	**The Black Swan Book Club** All welcome!	In the Parlour – back of Black Swan pub	Just come along
2nd Thursday 7 – 9pm	**Deaf Pub** Welcomes those practicing BSL or have an interest	Black Swan, Black Swan Loke	Wendy Murphy 01692 407508 wpmurphy@gmx.com
1st Friday 9.30 – 12 (Not school holidays)	**Slimming World** Coffee and Pamper session Hand treatments & Facials Free Raffle	St Benet Hall, St Nicholas Church	Karen Mason kl.mason@yahoo.co.uk 07883 025488 01603 405536
2nd and last Friday 9.30 – 2.30pm	**Mustard Seed Quilters** Mainly quilting Bring your own lunch. £15 per term (3x per yr)	St Nicholas Church rooms.	Ros Peedle 07976 720440 Ros.peedle@live.co.uk
3rd Friday 10.00 – 11.00am	**Book Circle**	Methodist's, Grammar School Road	Just drop in through the side door.
Last Friday of month 1-30 – 2.30pm	**Senior Citizens Lunch Club** Lunch £10 (2 courses)	Black Swan, Black Swan Loke.	Joseph Ballard 01692 500006 info@blackswanpubtheatre.co.uk

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1st & 3rd Friday 2 – 4pm	**Good Companions** Social club – Bingo, raffles, dominoes, teas and cake	St Nicholas Room	Janet Grimes 0755 3212463 Janetgrimes5@aol.com
3rd Friday 2 – 4pm	**u3a Brain games**	Sacred Heart Church Hall.	www.northwalshamu3a.org/contact-us
1st Friday 2.15pm	**North Walsham u3a** Informative & entertaining events/activities for retired people & those no longer working full time. Monthly general meeting with guest speakers & quizzes. Over 30 interest groups meet at other times	Sacred Heart Church Hall, Norwich Road.	www.northwalshamu3a.org/contact-us Full details of over 30 interest groups at: www.northwalshamu3a.org
Friday Fortnightly in term time 7.30 – 9pm	**Attic Youth Club** Free for school yrs 7-13 of High School and 6th form	New Life Building, Laundry Loke.	Suzie Schaitel Dates on www.newlifenorthwalsham.com or 'The Attic North Walsham' Facebook page.
Last Friday of month From 7.30pm	**KARAOKE** A night of music and song with friendly vibes!	Black Swan Pub, Black Swan Loke	Joseph Ballard 01692 500006 info@blackswanpubtheatre.co.uk www.blackswanpubtheatre.co.uk
Saturday Monthly from Sept 9.00 – 12noon	**NW Players Table-Top Sale** Supporting the work of the NW Players Actor group	Community Centre, New Road.	Colin Jeary 01692 402116 jeabol@aol.com
3rd Saturday 10.0 – 12noon	**North Walsham Deaf Café** Anyone hearing impaired, BSL users and learners, all welcome. No charge.	Salvation Army, Hall Lane.	Wendy Murphy 01692 407508 wpmurphy@gmx.com
3rd Saturday 10.30 – 11.30am	**Saturday Reads** Discuss books chosen by the friendly group	North Walsham Library	01692 402482 North.walsham.lib@library.norfolk.gov.uk Facebook: North Walsham Library
3rd Saturday 7.30 – 11.00pm	**Phoenix Line Dance Socials**	Community Centre, New Road.	Kathy on 07967 019442 Mel on 07769 944996 phoenixldc@btinternet.com
2nd Sunday* 8 – 12noon April – Oct	**Car Boot Sale** Free! *1st Sunday in August	Memorial Park	North Walsham Town Council 01692 404114 townclerk@nwtc.org.uk
Last Sunday 3.00 – 4.00pm	**Songs of Praise**	Salvation Army, Hall Lane.	Moyra Ketteringham 01692 403955

North Walsham
GOOD NEIGHBOUR SCHEME

Activities in North Walsham

Last updated November 2026

More local information can be found on the North Walsham Community Portal at:

www.northwalshamcommunitynetwork.co.uk

A complete list of North Walsham Services, including Accommodation, Organisations, Entertainment and Sport can be found in the North Walsham Guide on:

www.northwalshamguide.co.uk

For information on volunteering opportunities in North Walsham, please go to:

www.volunteernorthwalsham.co.uk

Information was correct at the time of the last update (November 2026).

If you have details of any changes: updates, additional information or amendments, please call us at Good Neighbours on 01692 558321 or email us on gensec@nwgoodneighbour.org.uk.