## Mass Times

### Weekday Mass

Tuesday 27th October 2026 at 11:00am

---

### Next Saturday

Mass in Urdu Saturday 31st October

At 12:00 noon  All are welcome

---

### Parish Mass Next Sunday

All Saints, 1st November 2026 at 10:00 am

---

### Morning & Evening Prayer

### Monday to Thursday

***All are warmly invited to join Fr Emmanuel for prayer at following times:***

Morning Prayer 9:00am

Evening Prayer 5:30pm

---

### Holy Hour

On Monday from 10:00 am to 11:00 am

---

### Healing Mass

**Every Last Sunday of the Month**

Next Healing Mass Sunday 25th October

## CONTACTS

**Parish Priest:** Father Emmanuel Nazir SSC

01582 373206

naziremmanuel@yahoo.com

Day off— Friday

**Churchwarden:** Valerie Rice: 07946 175105

**Safeguarding Officer:**
Joan Bailey:07768160744

**Please Follow us on :**

**Church of the Holy Cross, Luton**
https://www.facebook.com/share/1CnMJPJyDp/

**OFFICE HOUR**

On Saturdays 10:30 am –11:30am

You are warmly invited to visit during office hour to discuss Baptisms, Banns of Marriage, Wedding Blessings, Renewal of Vows, or House Blessings.

Richborough Episcopal Area

The Society  a church NEAR YOU

Please take this **pew sheet** home with you.



# Welcome

## To Mass at

**THE CHURCH OF THE HOLY CROSS**

A welcoming, friendly and growing Anglo-Catholic Parish, Marsh Farm, Luton, LU33RT

---




**You are warmly invited to join us for tea and coffee after Mass.**

**Today's Hymns**

**All hymns are taken from the Celebrational Hymnal**

**ENTRANCE**

When morning (vv1-3 and 6) 652

**OFFERTORY**

Loving shepherd of thy sheep 187

**COMMUNION**

Bread of the world 412

**RECESSIONAL**

Fight the good fight 73

## Collect

Almighty ever-living God,
increase our faith, hope and charity;
and make us love what you command,
so that we may merit what you promise.
Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

---

## First Reading

***A reading from the book of Exodus 22:21-27***

Thus says the Lord: 'You shall not wrong a sojourner or oppress him, for you were sojourners in the land of Egypt. You shall not mistreat any widow or fatherless child. If you do mistreat them, and they cry out to me, I will surely hear their cry, and my wrath will burn, and I will kill you with the sword, and your wives shall become widows and your children fatherless. If you lend money to any of my people with you who is poor, you shall not be like a money-lender to him, and you shall not exact interest from him. If ever you take your neighbour's cloak in pledge, you shall return it to him before the sun goes down, for that is his only covering, and it is his cloak for his body; in what else shall he sleep? And if he cries to me, I will hear, for I am compassionate.'

This is the Word of the Lord
**Thanks be to God**

---

## Responsorial Psalm

Ps 18(17):2-3a. 3b-4. 47, 51ab. R2

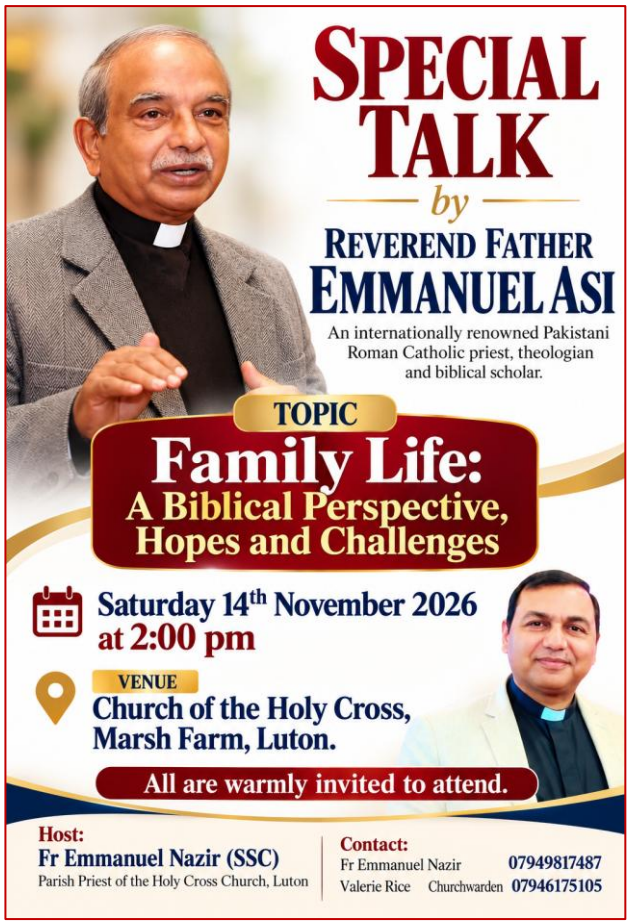
***Response: I love you, Lord, my strength.***

I love you, Lord, my strength;
O Lord, my rock, my fortress, my saviour. **R**

My God, my rock where I take refuge;
my shield, my saving strength, my stronghold.
I cry out, 'O praised be the Lord!'
and see, I am saved from my foes. **R**

The Lord lives, and blest be my Rock!
May the God of my salvation be exalted.
The Lord gives great victories to his king,
and shows merciful love for his anointed. **R**








## Weekly Notices

### Foodbank Timings

The Food Bank is open on Monday, Thursday, and Friday from 10:00 am to 12:00 pm, and on Tuesday and Wednesday from 12:00 pm to 2:00 pm.

### Foodbank Appeal

We would be very grateful for donations of the following items for our Food Bank: baked beans, long-life milk, biscuits, tea, coffee, rice, custard, juice, sugar, tinned tuna, pasta and pasta sauce, Fray Bentos pies, corned beef, toiletries, chopped tomatoes, tinned vegetables, ready meals in tins (such as stewed steak), and tinned fruit.
In September 2026, the Church of the Holy Cross Foodbank supported 80 people.

---

### Holy Cross Hall

We have two halls available for hire at £20 per hour, with free Wi-Fi. On-site parking and kitchen facilities are available. For more information or to make a booking, please contact Valerie Rice, our Hall Manager, on 07946175105 or email ricevalerie1@gmail.com.

---

### Community Health Walk

The next health walk will take place on Friday 30th October 2026. We leave church at 10:00 am for a short walk and return for refreshments. All are welcome to join in.

---

### Afternoon Tea

Tuesday 10th November 2026 at 2:00 pm 4:00 pm. Join us for tea, coffee, and cake in a warm and friendly setting. You are most welcome to come along; we would be pleased to greet you. All are welcome.

---

### Health & Wellbeing at Holy Cross

Chair Aerobics takes place every Friday at **10:00 am** at the Church of the Holy Cross. On the **last Friday of each month**, we enjoy a Health Walk instead of Chair Aerobics.

Everyone is welcome to join us to keep active, improve wellbeing and enjoy fellowship together.



## Second Reading

***A reading from the first Letter of St Paul to the Thessalonians 1:5-10***

Brothers and Sisters: You know what kind of men we proved to be among you for your sake. And you became imitators of us and of the Lord, for you received the word in much affliction, with the joy of the Holy Spirit, so that you became an example to all the believers in Macedonia and in Achaia. For not only has the word of the Lord sounded forth from you in Macedonia and Achaia, but your faith in God has gone forth everywhere, so that we need not say anything. For they themselves report concerning us the kind of reception we had among you, and how you turned to God from idols to serve the living and true God, and to wait for his Son from heaven, whom he raised from the dead, Jesus who delivers us from the wrath to come.

The Word of the Lord

**Thanks be to God**

---

## Gospel Acclamation

**Alleluia, alleluia!**

If anyone loves me, he will keep my word, says the Lord, and my Father will love him, and we will come to him.

**Alleluia Alleluia.**

## Gospel

***A reading from the Holy Gospel According toSt Matthew 22:34-40***

At that time: When the Pharisees heard that Jesus had silenced the Sadducees, they gathered together. And one of them, a lawyer, asked him a question to test him. 'Teacher, which is the great commandment in the Law?' And he said to him, 'You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbour as yourself. On these two commandments depend all the Law and the Prophets.'

The Gospel of the Lord

**All: Praise to you, O Christ**

## Homily

## Pray for the Sick

Jackie, Paul, Ashleigh, Odette, Julie, Dorothy, Marjorie, Tony, Harry, Preeya, Yvette, Margaret, Nadine, Margaret, Gail, Angela, Humera, Sangeeta, Rahal, Raphael, Ashton, Kief, Yolande, Farodent, Isaac, Tassawar, Dawn, Jane, Danni, Margaret, Naveed, Intizar.

*At the end of this month, our Sick List will be refreshed, and all names will be removed. If you would like a name to remain on the Sick List, please let **Fr Emmanuel or Valerie** know before the end of the month.*

---

## Continuing Need:

Brenda, Michelle, Debbie, Esther, Kassie, Esther, Margaret, Anne, Nagina, Felicia, Ephraim & Abraham

---

**In Residential care: Pat.**

---

## The Year's Mind

*We pray also for all those who anniversaries of passing occur at this time of year, including*

Alan Raymond Hull, King Paul Joseph, Elizabeth Lawson, John Lewis, David McEvoy, Leonard Marsh, Edwin Mills, Janet Morgan, Roger John Morgan.

---



