

SPIRITUALITY

and...

BREATH

SUNDAY 11th OCTOBER

All Saints Church, Mundesley, NR11 8BE

2:00pm

*Open to all faiths and none, the curious, the seeking,
those needing some peace and quiet and those who
call themselves 'spiritual but not religious'*

ALL WELCOME



Free for all to attend
Free parking in church car park
For more information, please contact Rev Dr Sally Myers:
rectortrunchgroup@gmail.com