

A God to honour

Exodus 20:1-4,7-9,12-20

On the mountain, God gives Moses ten instructions for how to live a holy life, honouring God and honouring others. These laws are given to help the Israelites live according to God's ways and so that they can stay in good relationship with God and each other.

Read this week's passage:



IMAGINE

Go outside on a windy day or go for a walk up a hill, then listen to the story, imagining what it would have been like to be Moses on the mountain.



Try playing some familiar board games – but with different or no rules. What does it feel like to not have clear guidance and rules?

Find more free Roots resources to reflect on this week's theme:



Living Scripture

'I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me' Exodus 20:2-3

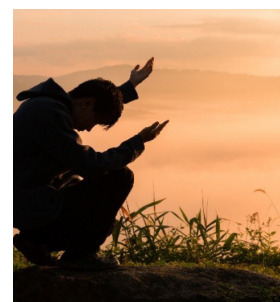
Despite God's incredible rescue of the Israelites to escape slavery in Egypt, they had already taken to grumbling and making idols of other gods. We might not bow down and worship statues in our culture, but perhaps we do create idols that we honour more than God by giving them more of our attention.

What might be some of the things we prioritise instead of God? Do these things also stop us from honouring other people? For example, we may spend more time on social media than being available to talk face-to-face with family or friends. Consequently, this might also make us irritable, which stops us from honouring other people in the way we might like.

What will you choose to give your attention to this week?

First impressions

- What does it mean to honour someone?
- How do the Ten Commandments help us to understand who God is?
- How can we show God honour today? And how can we honour others like God would want us to?



Pray

We praise you, Holy God, for the gift of your law, that guides us into a right relationship with you, with those around us and with all creation.
For your grace, we praise you.
For your love, we cherish you.
For your holiness, we honour you.
And for the gift of eternal life through your Son, Jesus, we worship you. Amen.



Think of rules which would make it easier for people to live together happily. Remember, a bit of humour often helps! Could you sum these up in two rules, or even just one? Design a poster and see how long you can stick to them!



Create your own Honour like those in the UK Honours List. You could make a medal or a certificate and then give it to someone to show your appreciation for them.