

Holy Nativity, Chapel House

GROUPS & ACTIVITIES

Coffee & Tea Drop-Ins **MONDAY, WEDNESDAY & FRIDAYS** 10am - 1:30pm

Come in for Refreshments, a chat and even a book

Little Fishes (*Baby and Toddler Group*) — **THURSDAY** 9:30pm - 11:30am

This is offered in partnership with NAPI at no charge (donations welcomed).

Memory Tea — **MONDAY** 1 - 3pm & **THURSDAY** 1 - 2:30pm

Dementia friendly, carers, friends and relatives, welcome!

(*BEFORE ATTENDING PLEASE* call: Kathleen 0191 273 7443 @Search Newcastle)

Men's Group — **FRIDAY** 10:30am

Over 55? Join a lovely bunch for a hot drink, a chat, and some fun.

NA Meetings — **SUNDAY** 1:30pm - 3pm (N.A. members only)

SLIMMING WORLD **Monday** 5:30-8pm / **Tuesday** 9-10:30am & 5:30-7pm

CHAIR PILATES **Wednesdays** 1:30-2:15pm

MOTYL Art Classes — **Wednesdays** 6-9pm

Adult and children classes led by professional artists and teachers to suit all levels .

ZUMBA Classes — **THURSDAY** 6:00pm - 7:00pm

Join the lively and friendly classes. Have a laugh and get fit.

MONTHLY:

PROPS — **1st TUESDAYS of the month** 2pm - 4pm (check dates)

Free class to learn how to use your device the way you want it.

Mother's Union — **LAST MONDAY** / month 2pm

Women's Fellowship — **SECOND WEDNESDAY** / month 1pm - 3pm

This is a group for women only, who meet together for fun, fellowship and *support*.

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SERVICES

❖ HOLY COMMUNION

WEDNESDAYS & SUNDAYS 10AM

❖ Evening Prayer & Bible Study/Open Chat

WEDNESDAY 6:30pm - 8:00pm

PARISH TEAM — CONTACT DETAILS

Parish Office: 0191 267 0559 office@hnat.co.uk

Vicar: Fr Waldemar Nion 07763 761 330

vicar@hnat.co.uk

Churchwardens: churchwardens@hnat.co.uk

✓ **Jacqui Connell** 07835 465 026

✓ **Geraldine Tinning** 07575 824 703

Safeguarding Officer:

Sue Wharton 07908 109787 psa@hnat.co.uk

SCAN THIS QR CODE
FOR MORE INFO

