

Morning Prayer for Sunday 20 September 2026, The Sixteenth Sunday after Trinity

*If you wish to join in the service, then the words in **bold** are to be said together.
Please join in with the Psalms and Canticles by reciting each one in its entirety.*

Preparation

O Lord, open our lips
and our mouth shall proclaim your praise.

Blessed are you, creator of all,
to you be praise and glory for ever.
As your dawn renews the face of the earth
bringing light and life to all creation,
may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God, Father, Son and Holy Spirit.

Blessed be God for ever.

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. **Amen.**

The Word of God

Psalm 145:1-8

¹I will exalt you, O God my King, ♦
and bless your name for ever and ever.

²Every day will I bless you ♦
and praise your name for ever and ever.

³Great is the Lord and highly to be praised; ♦
his greatness is beyond all searching out.

⁴One generation shall praise your works to another ♦
and declare your mighty acts.

⁵They shall speak of the majesty of your glory, ♦
and I will tell of all your wonderful deeds.

⁶They shall speak of the might of your marvellous acts, ♦
and I will also tell of your greatness.

⁷They shall pour forth the story of your abundant kindness ♦
and joyfully sing of your righteousness.

⁸The Lord is gracious and merciful, ♦
long-suffering and of great goodness.

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

First Reading: Jonah 3:10-4:11

¹⁰When God saw what the people of Nineveh did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it. ¹But this was very displeasing to Jonah, and he became angry. ²He prayed to the LORD and said, ‘O LORD! Is not this what I said while I was still in my own country? That is why I fled to Tarshish at the beginning; for I knew that you are a gracious God and merciful, slow to anger, and abounding in steadfast love, and ready to relent from punishing. ³And now, O LORD, please take my life from me, for it is better for me to die than to live.’ ⁴And the LORD said, ‘Is it right for you to be angry?’ ⁵Then Jonah went out of the city and sat down east of the city, and made a booth for himself there. He sat under it in the shade, waiting to see what would become of the city.

⁶The LORD God appointed a bush, and made it come up over Jonah, to give shade over his head, to save him from his discomfort; so Jonah was very happy about the bush. ⁷But when dawn came up the next day, God appointed a worm that attacked the bush, so that it withered. ⁸When the sun rose, God prepared a sultry east wind, and the sun beat down on the head of Jonah so that he was faint and asked that he might die. He said, ‘It is better for me to die than to live.’

⁹But God said to Jonah, ‘Is it right for you to be angry about the bush?’ And he said, ‘Yes, angry enough to die.’ ¹⁰Then the LORD said, ‘You are concerned about the bush, for which you did not labour and which you did not grow; it came into being in a night and perished in a night. ¹¹And should I not be concerned about Nineveh, that great city, in which there are more than a hundred and twenty thousand people who do not know their right hand from their left, and also many animals?’

Canticle

**Splendour and majesty are yours, O God;
you are exalted as head over all.**

¹Blessed are you, God of Israel, for ever and ever, ♦
for yours is the greatness, the power,
the glory, the splendour and the majesty.

²Everything in heaven and on earth is yours; ♦
yours is the kingdom, O Lord, and you are exalted as head over all.

³Riches and honour come from you ♦
and you rule over all.

⁴In your hand are power and might; ♦
yours it is to give power and strength to all.

⁵And now we give you thanks, our God, ♦
and praise your glorious name.

⁶For all things come from you, ♦
and of your own have we given you.

1 Chronicles 29.10b-13, 14b

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

**Splendour and majesty are yours, O God;
you are exalted as head over all.**

Second Reading: Matthew 20:1-16

Jesus said to his disciples: ¹‘The kingdom of heaven is like a landowner who went out early in the morning to hire labourers for his vineyard. ²After agreeing with the labourers for the usual daily wage, he sent them into his vineyard. ³When he went out about nine o’clock, he saw others standing idle in the market-place; ⁴and he said to them, “You also go into the vineyard, and I will pay you whatever is right.” So they went. ⁵When he went out again about noon and about three o’clock, he did the same. ⁶And about five o’clock he went out and found others standing around; and he said to them, “Why are you standing here idle all day?” ⁷They said to him, “Because no one has hired us.” He said to them, “You also go into the vineyard.” ⁸When evening came, the owner of the vineyard said to his manager, “Call the labourers and give them their pay, beginning with the last and then going to the first.” ⁹When those hired about five o’clock came, each of them received the usual daily wage. ¹⁰Now when the first came, they thought they would receive more; but each of them also received the usual daily wage. ¹¹And when they received it, they grumbled against the landowner, ¹²saying, “These last worked only one hour, and you have made them equal to us who have borne the burden of the day and the scorching heat.” ¹³But he replied to one of them, “Friend, I am doing you no wrong; did you not agree with me for the usual daily wage? ¹⁴Take what belongs to you and go; I choose to give to this last the same as I give to you. ¹⁵Am I not allowed to do what I choose with what belongs to me? Or are you envious because I am generous?” ¹⁶So the last will be first, and the first will be last.’

Responsory

Awake, O sleeper, and arise from the dead

And Christ shall give you light.

You have died and your life is hid with Christ in God.

Awake, O sleeper, and arise from the dead.

Set your minds on things that are above,
not on things that are on the earth.

And Christ shall give you light.

When Christ our life appears you will appear with him in glory.

**Awake, O sleeper, and arise from the dead,
and Christ shall give you light.**

from Colossians 3

Gospel Cantic: Benedictus

**You have raised up for us a mighty Saviour,
born of the house of your servant David.**

¹Blessed be the Lord the God of Israel, ♦
who has come to his people and set them free.

²He has raised up for us a mighty Saviour, ♦
born of the house of his servant David.

³Through his holy prophets God promised of old ♦
to save us from our enemies, from the hands of all that hate us,

⁴To show mercy to our ancestors, ♦
and to remember his holy covenant.

⁵This was the oath God swore to our father Abraham: ♦
to set us free from the hands of our enemies,

⁶Free to worship him without fear, ♦
holy and righteous in his sight all the days of our life.

⁷And you, child, shall be called the prophet of the Most High, ♦
for you will go before the Lord to prepare his way,

⁸To give his people knowledge of salvation ♦
by the forgiveness of all their sins.

⁹In the tender compassion of our God ♦
the dawn from on high shall break upon us,

¹⁰To shine on those who dwell in darkness and the shadow of death, ♦
and to guide our feet into the way of peace. *Luke 1.68-79*

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

**You have raised up for us a mighty Saviour,
born of the house of your servant David.**

Intercessions

To the words:

Generous God:

Please respond:

make us generous, too.

Loving God, we thank you for your many gifts to us.
Sometimes we find it hard to share them with others.
Help us to overcome our possessiveness and selfishness.

Loving God,
you gave the people of Israel
quails, manna and water in the wilderness.
You give us the food and drink we need.
Help us to share what we have with the poor and hungry.
Generous God: **make us generous, too.**

Loving God,
you offered the people of Nineveh
your forgiveness and a new start in life.
You offer us forgiveness in Christ.
Help us to share that forgiveness with those who wrong us.
Generous God: **make us generous, too.**

Loving God,
like the landowner who met the needs of the workers in the vineyard,
even those who had come to the work late in the day,
you offer us the unconditional love we need.
Help us to share the news of your saving love with others.
Generous God: **make us generous, too.**

Loving God,
you filled the first Christians with your Holy Spirit,
uniting them in love and equipping them for the struggle.
You give us your Holy Spirit.
Help us to share together in a common life of worship and service.
Generous God: **make us generous, too.**

Loving God, we thank you for your many gifts to us,
and most of all for the gift of yourself in Jesus Christ
who came to share our humanity
that we might share in the riches of your love. **Amen.**

Collect

Almighty God,
you have taught us through your Son
that love is the fulfilling of the law:
grant that we may love you with our whole heart
and our neighbours as ourselves;
through Jesus Christ our Lord. **Amen.**

Lord's Prayer

Rejoicing in God's new creation,
as our Saviour taught us, so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.

Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life. **Amen.**

Let us bless the Lord.

Thanks be to God.

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