



TROWSE VILLAGER

**AUTUMN
2026**

St Andrew's Parish Church – Trowse Newton

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Church Flowers:	Sarah Toothill Cathy Harvey	
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**The TROWSE VILLAGER is a quarterly publication.
The next edition will be WINTER 2026.
Closing date for copy to be included is 20th November 2026**

*All letters, articles and other contributions for the next edition of The Trowse Villager should be emailed to **newtrowsevillager@gmail.com** or handed in at the church.*

Anyone wishing to advertise in the Trowse Villager please send enquiries to: newtrowsevillager@gmail.com or phone 07719661976

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Articles do not necessarily express the view of the Church or the Editorial team.**

Rosie's Ramblings – Autumn 2026

It seems to be a year for significant anniversaries. On 3rd July James and I celebrated our Golden Wedding. I was delighted that we had three weddings in St Andrew's in the few weeks around our special day, including Hannah and Sam's the very next day. We are always happy to have weddings at St Andrew's so if you are thinking of getting married, or know someone who is, please get in touch.

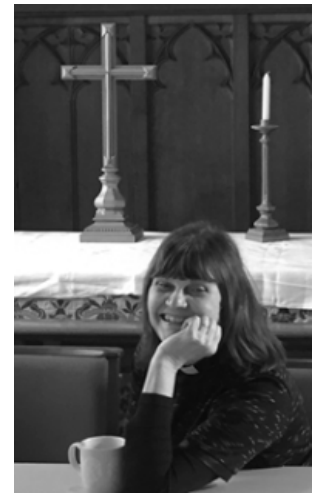
Another significant anniversary is 30th September when I will have been ordained for 20 years. It's the date when I was made deacon in 2006 and priested in 2007. So it's doubly significant for me. In fact it's trebly significant because, it happens to be International Translation Day - and the feast day of St Jerome who translated the Bible into Latin. Until the pandemic struck in 2020, I was working as a translator and it was a job I really loved. I was blessed to have a career in translation when I did, because the profession has seen seismic changes in the profession due to AI .

A few weeks after our wedding, I began working for BP Chemicals on Piccadilly. I was indignant to find that I had to type my own translations, which I was completely unqualified to do. I must have been high on Tipp-Ex fumes much of the time but eventually became quite good at touch-typing. Harraps' big four-volume French dictionary was then under production. Unfortunately only the first three volumes had appeared – up to the letter R - and as there was no such thing as the Internet, our hearts would sink if we needed to look up a word beginning with S, or T or W etc.! Some years later when our three children were young, I started attending Evensong at my local church in Old Catton where I met a couple who ran a translation agency in Bridewell Alley and offered me work to fit in with the children. How likely is that?!! Not only did they give me plenty of work, they became very dear friends. Thank you God!

Yet another highly significant anniversary: this year, 2026 marks the 500th anniversary of the translation of the Bible into English by William Tyndale. Being a translator never put my life at risk but for Tyndale, producing an English version of the Bible so that people could read it in their own language was very dangerous. The religious authorities saw this as a threat; thousands of copies of Tyndale's Bible were hunted down and burned. Tyndale himself was captured and executed. And yet, the power of his words lives on. Many expressions that he invented have passed into the English language, enriching it immeasurably, and subsequent translations of the Bible are very largely based on Tyndale's.

Whatever changes occur, in translation or in the world generally, it's good to remember that "Jesus Christ is the same yesterday, today and for ever" or, as rendered by William Tyndale: *"Iesus Christ yesterdaye and to daye and the same continueth for ever."*

Come and join us at any of our services or events at St. Andrew's. They're all listed in this magazine, and you can be sure of a warm welcome.



CHURCH SERVICES AND EVENTS

FROM SEPTEMBER TO DECEMBER

Sunday 6 th September 14 th Sunday after Trinity	10.45 am 3.00 pm	Holy Communion Afternoon Service
Saturday 12 th September	All day	Norfolk Churches Trust Bike Ride, Walk and Drive 
	12 noon to 2pm	
Sunday 13 th September 15 th Sunday after Trinity	10.45 am	Holy Communion
Saturday 19 th September SEASON OF CREATION	7.30 pm	An Animated Music Experience with George Leeder and Peter Turrell
Sunday 20 th September 16 th Sunday after Trinity	10.45 am	Holy Communion followed by Harvest Lunch of jacket potatoes with various fillings
Sunday 27 th September 17 th Sunday after Trinity	10.45 am	Service of the Word
Sunday 4 th October 18 th Sunday after Trinity	10.45 am	Holy Communion N.B. NO EVENING PRAYER
Sunday 11 th October 19 th Sunday after Trinity	10.45 am	Holy Communion
Wednesday 14 th October	11 am – 2 pm	Visit from Yorkshire Bank – advice on how to avoid frauds and scams
Saturday 17 th October	2 pm – 4 pm	Visit to the Framingham Arboretum – with refreshments
Sunday 18 th October 20 th Sunday after Trinity	10.45 am	Holy Communion
Saturday 24 th October	12 noon – 2pm	

Sunday 25 th October Last Sunday after Trinity	10.45 am	Holy Communion
Sunday 1 st November All Saints' Day	10.45 am 3.00 pm	Holy Communion for All Souls Evening Prayer for All Saints
Sunday 8 th November REMEMBRANCE SUNDAY	10.45 am	Holy Communion 
Wednesday 11 th November Armistice Day	10.45 am	Remembrance Service for Colmans employees at Carrow House
Sunday 15 th November 2 nd Sunday before Advent	10.45 am	Holy Communion
Sunday 22 nd November CHRIST THE KING	10.45 am	Holy Communion
Saturday 28 th November	12 noon – 2pm	
Sunday 29 th November ADVENT SUNDAY	10.45 am	Holy Communion
Sunday 6 th December 2 nd Sunday of Advent	10.45 am 3.00 pm	Holy Communion Advent Service of Light
Friday 11 th December	6.30 pm	GLORY! Christmas Show with May's Performing Arts
Saturday 12 th December	4.00 pm and 6.30 pm	GLORY! Christmas Show with May's Performing Arts
Sunday 13 th December 3 rd Sunday of Advent	10.45 am	Holy Communion

OPEN CHURCH WEDNESDAYS

The church is open on Wednesdays from 11.00 am to 2 pm.

Everyone is welcome to call in for a chat and a coffee,
to say a prayer and light a candle, and find a listening ear.

Quiet Meditation at 1.30 pm.



ADVENT LUNCHES

On Wednesdays 2nd , 9th and 16th of December at 12.00 noon

Lunch of Delicious Homemade Soup followed by Discussion - ALL WELCOME!

**Trowse with Newton Parish Council
And the Manor Rooms, Trowse Village Hall**

Councillors, and Committee members

Councillor	e-mail	Committee(s)
Heather Bowers (Chairperson)	hbowers@trrowse-pc.co.uk	Personnel & Comms, Finance, Manor Rooms
Paul Greenizan	pgreenizan@trrowse-pc.co.uk	Personnel & Comms (Chair)
Ann Greenizan	agreenizan@trrowse-pc.co.uk	Open Spaces
Morgan Haynes	mhaynes@trrowse-pc.co.uk	Open Spaces, Manor Rooms
Duncan Price	dprice@trrowse-pc.co.uk	Personnel & Comms
Jordon King	jking@trrowse-pc.co.uk	Finance (Chair)
Guy Owen (Vice Chair)	gowen@trrowse-pc.co.uk	Finance, Open Spaces
Clive Cartner	ccartner@trrowse-pc.co.uk	Finance, Manor Rooms
Volunteers		
Chris Bowers		Manor Rooms
Marion Catlin		Manor Rooms
Lee Barrell		Manor Rooms
Peter Schindler		Manor Rooms

Clerk - Kate Leggett. Contact trrowsepc@outlook.com; 07899798853.
Manor Rooms Bookings manorrooms@trrowse-pc.co.uk 07344 503111

Committee meeting dates

Personnel & Comms (18:30), Open Spaces & Property (19:15)

14 th Sept.	12 th Oct.	9 th Nov.	14 th Dec.
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Full Council meetings – (19:15), Finance (18:30)

21 th Sept.	19 th Oct.	16 th Nov.	21 th Dec.
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Manor Rooms, Operations, and building (19:30)

15 th Sept.	13 th Oct.	10 th Nov.	15 th Dec.
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You can find information about the Parish Council on our Website

<https://trrowseparishcouncil.norfolkparishes.gov.uk>. and Facebook page [Trowse with Newton Parish Council](#). For our village Hall (The Manor Rooms) the website is <https://www.trrowsemanorrooms.org.uk> and Facebook [Trowse Manor Rooms](#).

Information can also be found in our notice boards (by the bus stop on The Street, and the junction with Kirby Rd). Our Clerk, Kate Leggett, can be contacted on 07899798853 or by e-mail trrowsepc@outlook.com. For Manor Room enquiries contact manorrooms@trrowse-pc.co.uk or phone 07344 503111.

Parish Council Meetings are held monthly, in the Manor rooms, all are open to the public. Personnel & communications, Open spaces & Property, are on the 2nd Monday of the month, Finance, and Full Council on 3rd Monday. The Manor Rooms meetings are on the 2nd Tuesday.

A monthly newsletter is delivered to properties in the village, by a team of volunteers, if you could join them please let Kate know. You can also find it on our website, in notice boards and in the Manor rooms.

You may be interested in

The Manor Rooms (Village Hall). Work has been underway to address and prevent movement in all 3 gable ends, and also to replace damaged and rotten fascia and barge boards, uncovered during the work. Hopefully it will look lovely, once the scaffolding is removed. Further works will be ongoing. A committee, comprised of Councillors and Volunteers, undertakes and oversees the management of the Hall and the building.

And upcoming events – Sunday 13th September is the village wide ‘Yard sale’ organised with FOTS (Friends of Trowse School). The Manor Rooms social café will be open, for hot and cold drinks and light refreshments. Weather permitting Trowse Crazy Golf will be on the green.

We are interested in any thoughts or suggestions for future events, and / or if you are interested in getting involved. If so, please contact our Clerk or a member of the Committee (by e-mail manorrooms@trowse-pc.co.uk or phone 07344 503111).

For a calendar of events, and how to hire the hall and garden, please see the website <https://www.trowsemanorrooms.org.uk> or phone 07344 503111.

Here are the activities that take place regularly, and those that will start in September:

- **Yoga** (Tues, Weds, Sun)
- **Pilates** (Thurs, Sat)
- **cafe & crazy golf** (weather permitting) (Fri 9 - 2pm)
- **Martial Arts** (Wed)
- **outdoor fitness** (Sun morning)
- **Toddler group** (Mon morning)

Coming soon

- **Baby College** (Tuesday mornings starting 8th September)
- **Sewing class** (Fri mornings starting 25th September)
- **village jumble sale (and cafe)** 13th September
- **Candle making workshop** (29th September)

Multiple Use Games Area (MUGA)– A working group has been set up to take forward the recommissioning of the games area, with the Parish Council. A short term lease is being agreed, and will enable work to start. Clearance of the area, of new growth (since it was done earlier in the year), will be necessary. Repairs to the fence should start in October and it is hoped that the MUGA can be brought back in to use in November. Funding for this has come from the budget for play equipment (on the common) as we seek to prolong the life of equipment by repairing items (rather than replacing).



Friday 11th September at 7.00pm

Join us for a fascinating 'time-travel' tour with Peter Schindler – looking at when and how the people and events in Trowse, Carrow and Whitlingham together shaped the landscape and activities of the area. The above scenes include the huge Crown Point Fayre in the 1880s.

Tickets are limited and only available in advance from the White Horse PH. First come first served. £4 cash or card.

trowsehistsoc@gmail.com



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St Andrews Church, Trowse

19/09/26

Doors open 6:30pm Show starts 7:00pm

Tickets £12 cash or card on the door

Refreshments available for donations

Concert in loving memory of Gillian Martin (Gillyflower)

In May of last year, Gillian our organist at St Andrew's passed away, a great loss to the church, as her musical contribution not only playing the organ was enormous in many ways. August this year (5th) would have been Gillian's 90th birthday so it seemed appropriate to mark the occasion with a concert in her memory and this was held on Saturday 8th August.



Over seventy attended the concert and were treated, by a very talented group of people, to a very varied concert of singing and instrumental music: two string quartets – “Who’s Counting” and the Tas Valley Quartet, some playing instruments given to them by Gillian, two solo singers – Peter Hayward and Emma Hunn - who sang completely different songs; a flute solo by our present organist Meryl and most notably the Clangers Theme Tune in an arrangement made especially for Gillian, played by the Soup Dragon Trio and friends.

The concert was brought to a dramatic conclusion by Tim Patient playing Widor’s Toccata, which really demonstrated the quality and power of our excellent organ (see below.)

No concert in memory of Gillian would be complete without one of her favourite poems, The Owl and the Pussycat by Edward Lear, being recited and this was done with much enthusiasm, with the whole audience participating.

Grateful thanks are due to all who contributed to making this a most enjoyable evening. Over £300 was donated towards the organ fund and the concert was followed by refreshments kindly provided by a member of Gillian's family

Our Church Organ

The organ was built by Norman and Beard in Norwich about 1912, and apart from an electric blower being fitted to replace the hand pumping, it is unusual in having had absolutely no modifications. This is one of the reasons that the [British Institute of Organ Studies](#) (BIOS) has awarded it a Grade II* listing - a listing awarded to particularly important organs of more than special interest and of national heritage significance.

A certificate to acknowledge this was presented to our present organist Meryl Dempsey by Dr Andrew Hayden. It seems very fitting that this should happen in the year of Gillian’s 90th birthday. She would have been delighted!





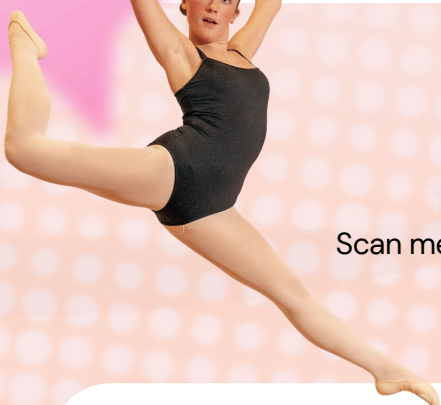
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One of the things I know we all value most about South Norfolk is our countryside. Whether it is our quiet lanes, open fields, woodland walks or picturesque villages, we are fortunate to live in one of the most beautiful parts of the country.

That is why I was so disappointed recently when, while out walking my dog Timo, I came across a large-scale fly tipping incident along one of our rural lanes. What appeared to be construction waste and household rubbish had been deliberately dumped across a significant stretch of the countryside. Quite frankly, I was furious.

Our countryside is not a dumping ground. It belongs to all of us, and we all benefit from the landscapes that make South Norfolk such a wonderful place to live. Fly tipping shows complete

disregard for residents, landowners, taxpayers and the environment.

I immediately reported what I found and was pleased to see South Norfolk District Council act quickly to clear the waste and restore the area. The team did a fantastic job and deserve real credit for their swift response.

However, many residents rightly asked an important question: who pays for this? The answer is simple. We all do. Every fly tipping incident comes at a cost to local taxpayers. In this case, the clean-up bill is likely to have run to well over £1,000. That is money which could otherwise have been spent supporting local services and improving our communities.

Sadly, the story did not end there. Just a short distance further along the same lane, I later discovered another pile of dumped waste. This suggests the area may be becoming a hotspot, and I have asked the relevant authorities to consider what further action can be taken to prevent future incidents.

The good news is that the law has recently been strengthened. Those caught fly tipping now face significant financial penalties, and authorities have stronger powers to seize and crush vehicles used in these offences. These measures send a clear message that fly tipping will not be tolerated.

But enforcement alone is not enough. We all have a role to play in protecting the places we love. If you come across fly tipping anywhere in South Norfolk, please report it to the local authority and let me know as well. The more information we receive, the easier it becomes to identify patterns and highlight problem areas for further investigation.

The overwhelming majority of people in South Norfolk take great pride in where they live. We should not allow a selfish minority to damage our countryside, burden taxpayers and spoil the communities we all care about.

Please be assured that I will continue working with local authorities, landowners and residents to tackle fly tipping wherever it occurs and protect the countryside that makes South Norfolk such a special place to call home.

You can also read more about this incident, including my reaction on discovering the fly tipping, on my website:

<https://bengoldsborough.co.uk/news/f/this-is-not-littering-its-an-attack-on-south-norfolk>

Ben Goldsborough MP



Norfolk County Council
TROWSE PRIMARY SCHOOL
Pepperpot Drive, Trowse, Norwich, NR14 8TU

June 2026

HAVE YOU EVER CONSIDERED BEING A SCHOOL GOVERNOR?

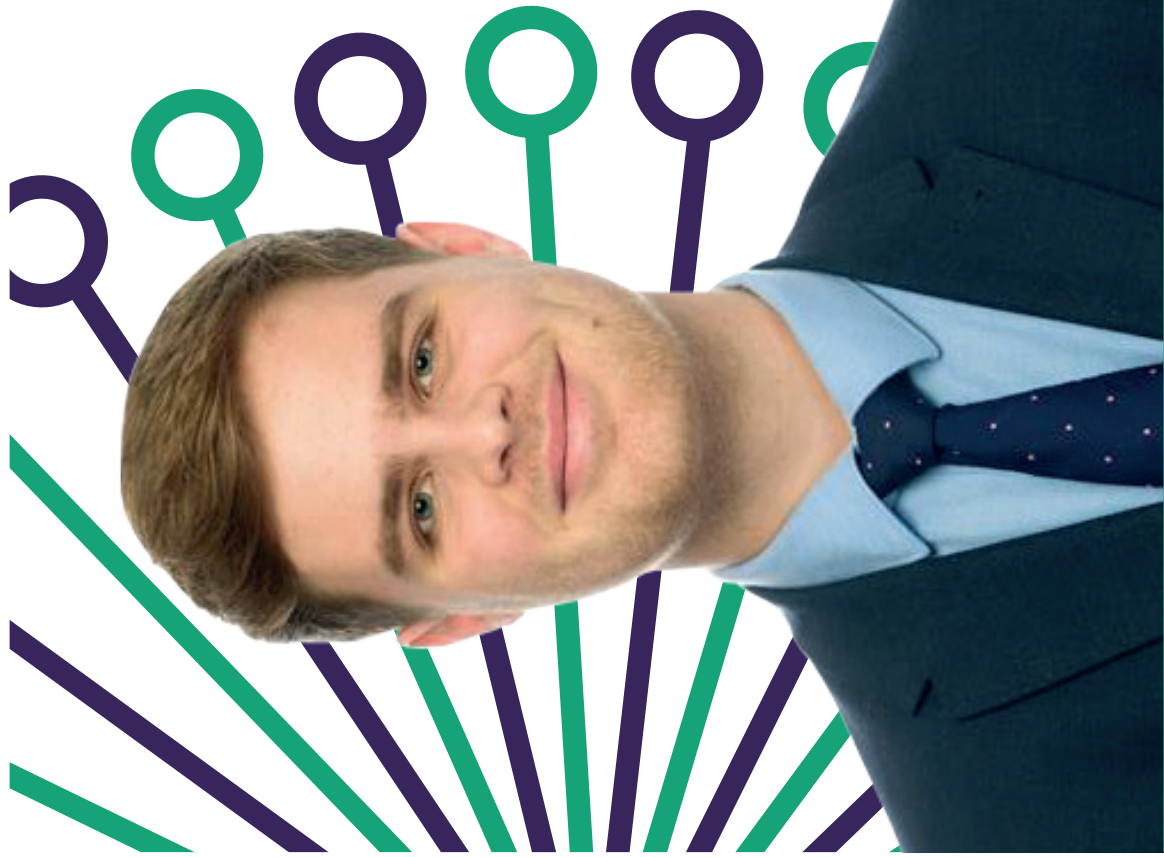
WE CURRENTLY HAVE A VACANCY FOR A CO-OPTED GOVERNOR (not a parent at the school)

Being a school Governor can be a really interesting and rewarding role. Research shows that governors are often perceived as intellectual and of an older generation. Many people feel that they couldn't be a governor because they don't think they fit this image. **But what schools really need is a good mix of people from their local community, from all walks of life and backgrounds, who can bring different viewpoints, experience, skills and fresh ideas with them.**

At Trowse ideally we are looking for :

- Someone who is not a parent at the school (we have allocation for parent governors on our constitution already).
- It would be helpful if you had an understanding of the educational landscape.
- Experience of the recruitment or premises management process would be helpful.
- A keen interest in schools working together, delivering first class education for the whole of a child's educational journey.
- A willingness to undertake Governor training and broadening your knowledge of the key skills.
- Be able to come into school during the day to monitor activities and attend Full Governing Body meetings once each half-term at 5.30pm on a Monday.
- Be an active member of the school community.

We would really love to hear from you, please contact Liz Andrews, Clerk to the Governors, on 01603-622485 or office@trowse.norfolk.sch.uk to arrange an informal chat with our Headteacher and Chair of Governors.



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Your Village Hall

TROWSE MANOR ROOMS – HIRE RATES

The Manor Rooms are available to hire seven days a week. Hire includes a large main room with chairs and tables, a well equipped kitchen, including microwave, cooker and air fryer, a courtyard and optional former bowling green

Trowse Community Groups	£12.00 per hour
Charities (for fundraising activity)	£12.00 per hour
Private Commercial Lets	£15.00 per hour
Corporate Commercial Lets	£35.00 per hour
Children's Birthday Parties (under 13 years of age)	£45.00 for 4 hours
Other Daytime Parties including teenagers	£55.00 for 4-5 hours
Evening Parties	£110.00 for 4-5 hours
Hire of green at the rear with main hire	£25 per hire

For booking information please see
www.trowsemanorrooms.org.uk
 or contact **07344 503111** (9am–6pm)
 or email trowsemanorrooms@gmail.com

The Parish Council reserves the right to vary rates at our discretion

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AFTERNOON TEA

On Saturday 25th July over 50 people came to St Andrews' Church Trowse for afternoon tea.

With a little imagination the nave of the church has the resemblance of the grand dining hall at Highclere Castle! Although Lord and Lady Grantham were not present, under the watchful eye of Carson the Butler (alias Chris our reader) napkins and cutlery had been laid correctly and all were served with a really super afternoon tea of sandwiches, savouries, cakes, cold and hot drinks, while listening to some soothing guitar music played by Peter Turrell.

A big thank you to members of the church who

cooked cakes etc. and those who waited at table during the afternoon and those who did copious amounts of washing up (below stairs!!)

It has been said that the congregation at St Andrews are a "happy band of pilgrims." That Saturday afternoon other "pilgrims" were made very welcome and from the comments afterwards had a most enjoyable afternoon.

Where did I fit into all this? Well I was the chap selling raffle tickets (hardly something which would have been done at Highclere Castle!!!!) but through the generosity of those attending £210 was raised for the church new heating fund, although church heating was not on the minds of those there on Saturday. Further money is still to come after some expenses have been deducted from the sale of the tickets.

Watch this space, as already plans are being discussed for next summer!

Graham Ford

From the Registers:

WEDDINGS

Congratulations and Warmest Wishes to:

Jamie Kane Smith and Amelia Francesca Day – 30th May 2026

Daniel James Evans and Laura Louise Holdham – 27th June 2026

Sam Barker and Hannah Marie Utting – 4th July 2026

FUNERALS

We commend into God's loving care:

Terry Edward Brookes – Tuesday 30th June 2026

David Cobb – Thursday 13th August 2026



Thoughts about the Church Building

Before you read the following comment I invite you to notice the feeling that comes up in you after you have read it:

"The church is not needed so knock it down!"

Rest assured, St. Andrew's is not going anywhere but your reaction may tell you how you actually relate to the church building. It's easy, in Norfolk, to take our medieval churches for granted as we have more per square mile than anywhere else in the World. Trying to imagine our landscape without them is very difficult. How many of us go to look at the church when visiting places, regardless of whether we have a faith or not? Whenever St. Andrew's is open someone asks to look round, often stating *"I'm not religious"*.

Our medieval churches fascinate us.

In today's world where nothing seems permanent and we may feel scared and uncertain perhaps it is the church, that has stood in the same place for hundreds of years that provides the anchor we need. St. Andrew's has stood at the entrance to the village for over 600 years, surviving wars, floods and plagues providing a symbol of stability and familiarity for all and a place where marriages, christenings and funerals have marked the important passages of life for generations. Everyone is welcome in St Andrew's, whether to just look around or take part. How would you feel if we lost our medieval church buildings? Has that feeling changed from your initial reaction? Personally, having been terrified when in a dinghy in a rough sea I know the relief of a safe anchor to hold on to, the church building is that for me.

Sarah T.



Dan and Laura's Day

HANNAH and SAM's TROWSE WEDDING



Getting married in our beautiful village church was one of the best decisions we made. From the moment we started planning, Rosie made us feel completely at ease. She guided us through every step with such warmth, kindness and humour that the whole experience felt personal, relaxed and full of joy, even with ten bridesmaids and four flower girls! Rosie joked that we should win an award for the biggest bridal party she'd ever had, but we simply wanted to include our wonderful family in one of the most important moments of our lives.

The church itself was so beautiful that we didn't need any extra flowers or decorations at all because it's special in its own right. Walking down the aisle to the incredible organ music gave us goosebumps, and stepping outside

afterwards to have our photographs taken against the backdrop of our village church created some of our favourite memories from the day. There was something incredibly special about celebrating our marriage in the place we call home. Surrounded by our family, friends and the community that has been part of our story, it felt authentic, comforting and deeply meaningful.

For anyone thinking about getting married, we can't recommend our village church enough. It isn't just about the ceremony itself, although wonderful, it's about the care, support and sense of belonging you experience throughout the whole thing. We honestly couldn't imagine getting married anywhere else.

Finally, we want to say a heartfelt thank you to Rosie. Your kindness, encouragement and gentle guidance made what could have felt daunting become one of the happiest and most memorable experiences of our lives. We will always be grateful for the part you played in the beginning of our marriage.

We'd also like to say a huge thank you to everyone in our wonderful village. From planting beautiful flowers, helping us organise the celebration in the Manor Rooms, sending us your kind wishes, and even patiently putting up with our little party and music afterwards, you all played a part in making our wedding so incredibly special. We feel so lucky to call this community home, and we're grateful beyond words for the love and support we were shown. It truly reminded us that while a wedding is about two people, a marriage begins surrounded by a community that cares.

Hannah and Sam



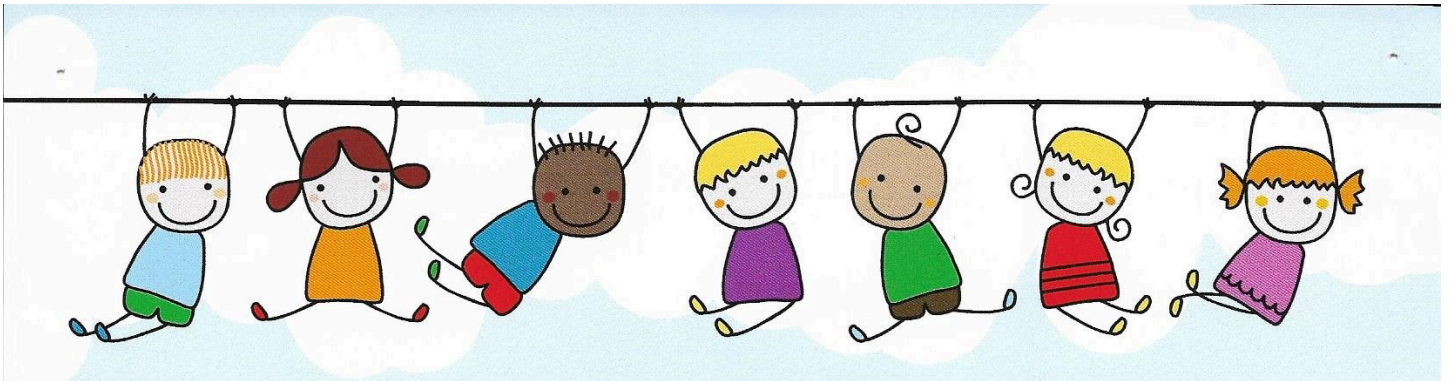


What do 'Fraud' and 'Scams' mean?

- Who's impacted?
- What criminals try to do
- What do various scams have in common?
- How to protect yourself
- What to do if....

To find out more you are invited along to
St Andrew's, Trowse
on Wednesday 14th October, 11am to 2pm
for a question and answer session run by staff from
Yorkshire Building Society

Refreshments provided



Trowse Baby and Toddler Group

Mondays (term time) 10:00-11:30

Trowse Manor Rooms, Trowse NR14 8ST
£3 per child / £1 per extra adult or child
Babies 6 months or under free

Come and Join the fun!

For parents, carers and little ones from newborn to 4 years of age.

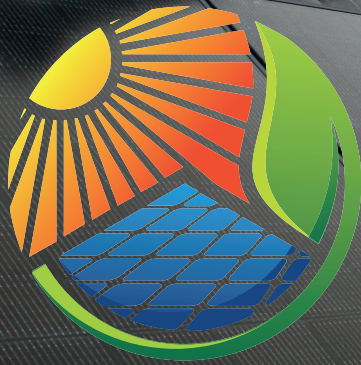
Sessions include free play, craft activities and music / singing.

Tea, coffee and cake for the adults and a drink and snack for the children included!!

To book or for more information please email:
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We recommend you get more than one quote, and we are confident we will stand out on price, service and quality of install. Make sure alternative installers are MCS accredited for **both** solar and batteries. If your installer is not MCS accredited for batteries, they cannot issue an MCS certificate for your whole system! Sunpro Solar will issue you an MCS certificate for your solar, and another for your battery.



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Useful contact numbers and email addresses

Emergency Numbers

Police, Fire or Ambulance Emergency 999

Police–Non Emergency Norfolk Constabulary.....101 ... www.norfolk.police.uk

Ambulance–Non Emergency East of England Ambulance Service0345 601 3733

.....www.eastamb.nhs.uk

NHS 111 Service

Fire Service–Non Emergency Norfolk Fire Service01603 810351

.....norfolkfireservice.gov.uk

Electricity Emergencies Distribution0800 31 63 105 or 105 from mobile

.....www.ukpowernetworks.co.uk

Gas Leaks & Emergencies National Grid0800 111 999

.....www.nationalgrid.com/uk/gas

Water Leaks Anglian Water.....0800 771 881www.anglianwater.co.uk

Samaritans Norwich Samaritans.....01603 611311.. www.samaritans.org

Animal Emergencies RSPCA.....0300 1234 999 www.rspcanorwich.org.uk

General Information

Norfolk & Norwich University Hospital Main Switchboard.....01603 286286

..... www.nnuh.nhs.uk

Norfolk County Council Main Switchboard.....0344 800 8020 www.norfolk.gov.uk

South Norfolk District Council Main Switchboard..... 01508 533633 or 0808168 2000

..... www.south-norfolk.gov.uk

Trowse Parish Council.....07899 798853

Citizens Advice Bureau Norwich District OfficeNational advice line **0800 144 88 48**

.....www.norwichcab.org.uk

Trowse Primary.....01603 622485 . www.trowseprimaryschool.co.uk

Framingham Earl High School.....01508 492547

.....www.framinghamearl.norfolk.sch.uk

Norfolk Library Service Poringland Library.....01508 494891 www.norfolk.gov.uk

Norwich Millennium Library.....01603 774774 www.norfolk.gov.uk

RSPCA Norwich Office.....01603 766001 www.rspcanorwich.org.uk

NSPCC General Help & Advice.....0800 800 5000 www.nspcc.org.uk

Childline0800 1111 www.childline.org.uk

Transport

Norwich Airport General Enquiries.....01603 411923

.....www.norwichairport.co.uk

Norwich Railway Station General Enquiries0345 600 7245

.....www.nationalrail.co.uk/stations/nrw/details

Greater Anglia Customer Relations.....0345 600 7245 www.greateranglia.co.uk

First Bus...<https://www.firstbus.co.uk/norfolk-suffolk/routes-and-maps/network-norwich>

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