

Parishes of Kirkby Ireleth and Broughton & Duddon

THE SUNDAY SUPPLEMENT

30TH AUGUST – TRINITY 13

Beneface Service

Collect

Almighty God,
you search us and know us:
may we rely on you in strength
and rest on you in weakness,
now and in all our days;
through Jesus Christ our Lord.

Amen

Old Testament

Exodus 3. 1 - 15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, 'I must turn aside and look at this great sight, and see why the bush is not burned up.' When the Lord saw that he had turned aside to see, God called to him out of the bush, 'Moses, Moses!' And he said, 'Here I am.' Then he said, 'Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.' He said further, 'I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.' And Moses hid his face, for he was afraid to look at God.

Then the Lord said, 'I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the

Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.' But Moses said to God, 'Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?' He said, 'I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.'

But Moses said to God, 'If I come to the Israelites and say to them, "The God of your ancestors has sent me to you", and they ask me, "What is his name?" what shall I say to them?' God said to Moses, 'I am who I am.' He said further, 'Thus you shall say to the Israelites, "I am has sent me to you."' God also said to Moses, 'Thus you shall say to the Israelites, "The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you":

"This is my name for ever,
and this my title for all generations."

Psalm 115

¹ Not to us, O Lord, not to us, but to your name give glory,

for the sake of your steadfast love and your faithfulness.

² Why should the nations say,
'Where is their God?'

³ Our God is in the heavens;
he does whatever he pleases.

⁴ Their idols are silver and gold,
the work of human hands.

⁵ They have mouths, but do not speak;
eyes, but do not see.

⁶ They have ears, but do not hear;
noses, but do not smell.

⁷ They have hands, but do not feel;
feet, but do not walk;
they make no sound in their throats.

⁸ Those who make them are like them;
so are all who trust in them.

⁹ O Israel, trust in the Lord!
He is their help and their shield.

¹⁰ O house of Aaron, trust in the Lord!
He is their help and their shield.

¹¹ You who fear the Lord, trust in the Lord!
He is their help and their shield.

¹² The Lord has been mindful of us; he will
bless us;
he will bless the house of Israel;
he will bless the house of Aaron;

¹³ he will bless those who fear the Lord,
both small and great.

¹⁴ May the Lord give you increase,
both you and your children.

¹⁵ May you be blessed by the Lord,
who made heaven and earth.

¹⁶ The heavens are the Lord's heavens,
but the earth he has given to human
beings.

¹⁷ The dead do not praise the Lord,
nor do any that go down into silence.

¹⁸ But we will bless the Lord
from this time on and for evermore.
Praise the Lord!

New Testament

Romans 12. 9 - end

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for

evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' Do not be overcome by evil, but overcome evil with good.

Gospel reading

Matthew 16. 21 - end

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.'

Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? 'For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'