

# **The Benefice of Chew Valley East**

## **Morning Prayer for Sunday 5 July 2026, The Fifth Sunday after Trinity**

*If you wish to join in the service, then the words in **bold** are to be said together.  
Please join in with the Psalms and Canticles by reciting each one in its entirety.*

### **Preparation**

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

Blessed are you, Sovereign God, creator of all,  
to you be glory and praise for ever.

You founded the earth in the beginning  
and the heavens are the work of your hands.

In the fullness of time you made us in your image,  
and in these last days you have spoken to us  
in your Son Jesus Christ, the Word made flesh.

As we rejoice in the gift of your presence among us  
let the light of your love always shine in our hearts,  
your Spirit ever renew our lives  
and your praises ever be on our lips.

Blessed be God, Father, Son and Holy Spirit.

**Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

### **The Word of God**

#### **Psalm 145:8-15**

<sup>8</sup>The Lord is gracious and merciful, ♦  
long-suffering and of great goodness.

<sup>9</sup>The Lord is loving to everyone ♦  
and his mercy is over all his creatures.

<sup>10</sup>All your works praise you, O Lord, ♦  
and your faithful servants bless you.

<sup>11</sup>They tell of the glory of your kingdom ♦  
and speak of your mighty power,

<sup>12</sup>To make known to all peoples your mighty acts ♦  
and the glorious splendour of your kingdom.

<sup>13</sup>Your kingdom is an everlasting kingdom; ♦  
your dominion endures throughout all ages.

<sup>14</sup>The Lord is sure in all his words ♦  
and faithful in all his deeds.

<sup>15</sup>The Lord upholds all those who fall ♦  
and lifts up all those who are bowed down.

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

### **First Reading: Zechariah 9:9-12**

<sup>9</sup>Rejoice greatly, O daughter Zion!  
Shout aloud, O daughter Jerusalem!  
Lo, your king comes to you;  
triumphant and victorious is he,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.

<sup>10</sup>He will cut off the chariot from Ephraim  
and the warhorse from Jerusalem;  
and the battle-bow shall be cut off,  
and he shall command peace to the nations;  
his dominion shall be from sea to sea,  
and from the River to the ends of the earth.

<sup>11</sup>As for you also, because of the blood of my covenant with you,  
I will set your prisoners free from the waterless pit.

<sup>12</sup>Return to your stronghold, O prisoners of hope;  
today I declare that I will restore to you double.

### **Canticle**

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

<sup>1</sup>Blessed are you, God of Israel, for ever and ever, ♦  
for yours is the greatness, the power, the glory, the splendour and the majesty.

<sup>2</sup>Everything in heaven and on earth is yours; ♦  
yours is the kingdom, O Lord, and you are exalted as head over all.

<sup>3</sup>Riches and honour come from you ♦  
and you rule over all.

<sup>4</sup>In your hand are power and might; ♦  
yours it is to give power and strength to all.

<sup>5</sup>And now we give you thanks, our God, ♦  
and praise your glorious name.

<sup>6</sup>For all things come from you, ♦  
and of your own have we given you.

*1 Chronicles 29.10b-13, 14b*

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

### **Second Reading: Matthew 11:16-19, 25-30**

At that time Jesus said, <sup>16</sup>‘To what will I compare this generation? It is like children sitting in the market-places and calling to one another, <sup>17</sup>‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’

<sup>18</sup>For John came neither eating nor drinking, and they say, ‘He has a demon’; <sup>19</sup>the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax-collectors and sinners!’ Yet wisdom is vindicated by her deeds.

<sup>25</sup>I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; <sup>26</sup>yes, Father, for such was your gracious will. <sup>27</sup>All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

<sup>28</sup>Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy, and my burden is light.’

### **Responsory**

Awake, O sleeper, and arise from the dead

**And Christ shall give you light.**

You have died and your life is hid with Christ in God.

**Awake, O sleeper, and arise from the dead.**

Set your minds on things that are above,  
not on things that are on the earth.

**And Christ shall give you light.**

When Christ our life appears you will appear with him in glory.

**Awake, O sleeper, and arise from the dead,  
and Christ shall give you light.**

*from Colossians 3*

### **Gospel Canticle: Benedictus**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

<sup>8</sup>Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.

<sup>2</sup>He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.

<sup>3</sup>Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,

<sup>4</sup>To show mercy to our ancestors, ♦  
and to remember his holy covenant.

<sup>5</sup>This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,

<sup>6</sup>Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.

<sup>7</sup>And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,

<sup>8</sup>To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.

<sup>9</sup>In the tender compassion of our God ♦  
the dawn from on high shall break upon us,

<sup>10</sup>To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace.

*Luke 1.68-79*

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

## **Intercessions**

Author of love, we think about:

marriages starting in joyful love and ending in sad regret;  
families where members love and need each other,  
but find it hard to get on;  
friendships broken by a careless word,  
a misunderstood action;  
the church, so often split by petty disagreements.

And we pray:

Help, God!

You know how important our relationships are to us.  
Our relationships with: our partners; our family; our friends;  
our fellow church members; you,  
but we're always messing things up!

*Silence*

Loving God,  
help us to help one another, in love;  
to be understanding, forgiving, and tolerant;  
to build one another up.

Loving God,  
we pray for those whose loving is in difficulties:  
for marriages in trouble; families in conflict;  
friends who have fallen out;  
and we pray for the church, where emotions run deep  
and tiny things can cause big rifts.

*Silence*

Loving God,  
teach your children the art of true loving;  
to recognize the needs of others and of themselves;  
to build bridges of reconciliation.  
In the name of your Son, Jesus Christ,  
through whose life, death and resurrection,  
we have come to know the depths of your love. **Amen.**

## **Collect**

Almighty God,  
send down upon your Church  
the riches of your Spirit,  
and kindle in all who minister the gospel  
your countless gifts of grace;  
through Jesus Christ our Lord. **Amen.**

## **Lord's Prayer**

Rejoicing in God's new creation,  
as our Saviour taught us, so we pray  
**Our Father in heaven,**  
**hallowed be your name,**  
**your kingdom come,**  
**your will be done,**  
**on earth as in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins**  
**as we forgive those who sin against us.**  
**Lead us not into temptation**  
**but deliver us from evil.**  
**For the kingdom, the power,**  
**and the glory are yours**  
**now and for ever. Amen.**

## **Conclusion**

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life. **Amen.**

Let us bless the Lord.

**Thanks be to God.**

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