



Why Prayer Triplets ?

It has been said that the church's greatest need AND its greatest resource is prayer. Prayer Triplets are a simple and relatively non-threatening way to help grow prayer in the church and individually.

What are Prayer Triplets?

They are simply three people committing to pray regularly together for ten minutes (or longer if you all agree) for each other, for the church's life and witness and for the needs of the world. *We are especially asking for prayer for 'I Am Mark'; a dramatic presentation of the Gospel of Mark which we are hosting in September 2026.* We are suggesting the Triplets meet either weekly or fortnightly until the beginning of September (but we hope that you will find this so encouraging that you will want to continue...). You can meet anytime or anywhere, in person or over Zoom, FaceTime, Microsoft Teams etc.

Many people are anxious about praying aloud. You may pray silently but by praying out loud your prayer partners can join with you in your prayers. Remember you are with friends who will not be judging you (they might even be as anxious as you are!). Below are some starter prayers you can use or you might try writing out a short prayer beforehand that you can read.

And of course, you might want to start by saying The Lord's Prayer together!

Some Starter Prayers

- 1) Dear God, thank you for the opportunity to be with and
and share with them now in prayer, through Jesus Christ, our Lord.
- 2) Lord, make us aware of your presence.
Fill our hearts with your love and help us to show it to others;
in Jesus' name we pray.
- 3) Heavenly father, thank you for your unspeakable love in Jesus Christ.
Give us assurance that as we confess our sins, you will forgive us,
and cleanse us from all our faults, through Jesus Christ our Lord.
- 4) Heavenly Father, thank you for your great love for us in the birth, the life,
and especially the death of Jesus Christ, our Lord.
- 5) Lord, send your Holy Spirit, to help us in all we do in your name.
May it be all to your glory, through Jesus Christ, our Lord.
- 6) Lord, we pray for the whole church of Jesus Christ today, across the world,
across this land, and especially all the congregations in our own benefice;
we pray in Jesus' name.
- 7) Help all of us, who are members of this church, to be faithful to our Lord,
and show his love to others; we ask this in his name.
- 8) O God, strengthen, inspire, empower and protect all the leaders in
our own churches, and all who serve you here, especially
.....
- 9) Lord, we pray for all who are in need in body, mind or spirit,
especially
Be near him/her/them, and may your presence bring comfort and strength
just now as we pray; we ask this in Jesus' name.

Below are some prayers for 'I Am Mark'. You do not have to use these words but can use them as a guide to the areas for which we have been asked to pray:-

- 10) Lord God, we pray for Stefan Smart, for those close to him and for all involved in 'I Am Mark'. Keep them healthy and safe so that Stefan may not be distracted from the work to which you have called him. Continue to guide and direct him and open new doors for his ministry. May this production be well received by all who see it and stir them to investigate the Christian faith.
- 11) We pray for the publicity and advertising of 'I Am Mark'. May it be seen by many people. May it be attractive and raise the interest of those who see it, especially those who are searching for meaning in life and those who you are calling. May word of mouth also spread to those who may not have seen any printed publicity.
- 12) Lord Jesus, fill us with your love for those who are lost without you. Guide and direct us to those you want us to invite to 'I Am Mark', that they may hear and receive the Good News of Jesus. Help us sensitively to invite others to come. Help us to be alert even for those we might not expect to be open to an invitation. Prepare those we speak to be ready to accept our invitation.



PRAYER



TRIPLETS

If you would like to be part of a Prayer Triplet, find two more people with whom you would feel comfortable to pray with. Then sign up on the sheets at the back of the church and let the Benefice Church Office know on benefice.martock@gmail.com.

Similarly if you would like to join others, put your name on the sheet in church or let the Benefice Church Office know and we will try to match you up with others!

I Am **Mark** :

*Don't forget to book your places now!
And PRAY and invite your friends too!!*



Friday 4 September 2026 starting at 7pm in All Saints' Church, Martock
One Man, One Chair, One Incredible True Story ; the Gospel of Mark