

WNPG 6.00 pm Online Evening Prayer (See WNPG website)
<https://us02web.zoom.us/j/84842560875?pwd=Ym82ajBzWIZzdXRoYVNiUW1JSWRsQT09>

Welcome to our parishes

Sunday June 28th Trinity 4 – Proper 8

Monday	29th	
Tuesday	30th	
Wednesday	July 1st	
Thursday	2nd	NO Service at Boughton
Friday	3rd	
Saturday	4th	
Sunday	5th	09.30 Runcton Holme – Holy Communion 11.00 Shouldham – Morning Prayer 11.00 Marham – Holy Communion 18.00 Online & Phone– Evening Prayer 09.15 Feltwell – Service of the Word 09.30 Methwold – Holy Communion 11.00 Wretton – Holy Communion 11.00 Weeting – Service of the Word 18.00 Wereham - Evensong

COLLECT

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

(or)

Gracious Father, by the obedience of Jesus you brought salvation to our wayward world: draw us into harmony with your will, that we may find all things restored in him, our Saviour Jesus Christ.

FIRST READING Genesis 22.1–14 A reading from the book of Genesis. God tested Abraham. He said to him, ‘Abraham!’ And Abraham said, ‘Here I am.’ God said, ‘Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.’ So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, ‘Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you.’ Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, ‘Father!’ And Abraham said, ‘Here I am, my son.’ Isaac said, ‘The fire and the wood are here, but where is the lamb for a burnt-offering?’ Abraham said, ‘God himself will provide the lamb for a burnt-offering, my son.’ So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the LORD called to him from heaven, and said, ‘Abraham, Abraham!’ And he said, ‘Here I am.’ The angel said, ‘Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.’ And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son. So Abraham called that place ‘The LORD will provide’; as it is said to this day, ‘On the mount of the LORD it shall be provided.’ **This is the word of the Lord. Thanks be to God.**

PSALM 13 R Look upon me and answer me, O Lord. How long, O Lord; will you forget me for ever? how long will you hide your face from me? How long shall I have perplexity in my mind, and grief in my heart, day after day? how long shall my enemy triumph over me? Look upon me and answer me, O Lord my God; give light to my eyes, lest I sleep in death; Lest my enemy say, ‘I have prevailed over him’, and my foes rejoice that I have fallen. But I put my trust in your mercy; my heart is joyful because of your saving help. I will sing to the Lord, for he has dealt with me richly; I will praise the name of the Lord Most High.

R

SECOND READING Romans 6.12–23 A reading from the letter of Paul to the Romans. Do not let sin exercise dominion in your mortal bodies, to make you obey their passions.¹³ No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord. **This is the word of the Lord. Thanks be to God.**

GOSPEL Matthew 10.40–42 Hear the gospel of our Lord Jesus Christ according to Matthew. Glory to you, O Lord. Jesus said to the twelve: ‘Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet’s reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple truly I tell you, none of these will lose their reward.’ **This is the Gospel of the Lord. Praise to you, O Christ.**

POST COMMUNION

Eternal God, comfort of the afflicted and healer of the broken, you have fed us at the table of life and hope: teach us the ways of gentleness and peace, that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord.

