

The Benefice of Badwell & Walsham

Rector : Rev'd Catriona Brinkley 07525920307

revcatrionabrinkley@outlook.com

Reverend Jill Walker jill.walker@me.com

Reverend Jay Price 07752 867388 jsgprice@aol.com

Benefice Reader: Ian Jackson 07971007147

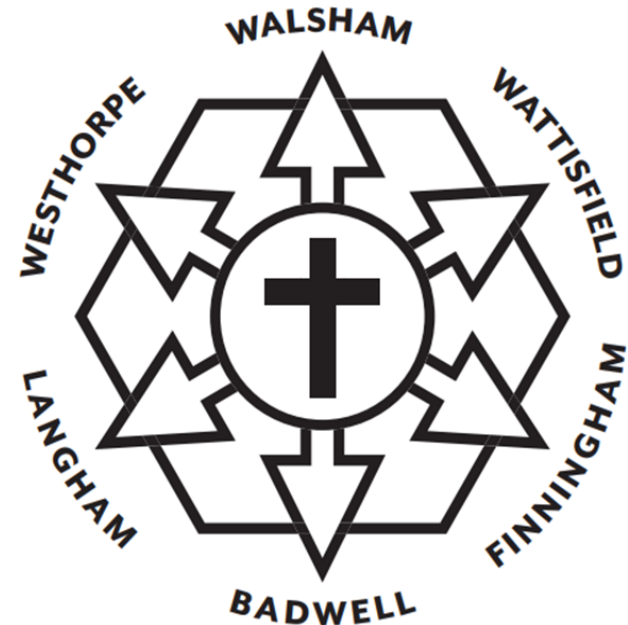
Benefice Elder: Marion Bell 01449 782072

Benefice Elder and Safeguarding Officer:

Tracey Gorzelak 07521688647

safeguardingbadwellwalshambenefice@outlook.com

The Benefice of Badwell & Walsham



Hexagon

April - May 2026



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References and Testimonials available on request

Caroline Morris: 07843 248 411
cdv 11@hotmail.com

THE JOY OF EASTER AFTER THE RAIN HAS CLEARED

As April arrives and we celebrate Easter, we are reminded that this is the most hopeful and joy-filled season of the Christian year. After the reflection and preparation of Lent, we gather at the empty tomb and hear the life-changing proclamation: *'He is risen'*. Easter is not simply a date in the calendar or a cherished tradition. It is the foundation of our faith and the source of our living hope.

At the heart of Easter is love, God's extraordinary love for each one of us. We are reminded of those beautiful words from John 3:16: *'For God so loved the world that he gave his one and only Son.'* The cross and the empty tomb stand together as the ultimate expression of that love. Jesus did not remain in the grave; he rose again, conquering sin and death, opening the way to new and eternal life.

The resurrection of Jesus assures us that darkness does not have the final word. Whatever burdens we carry; worry for loved ones, grief we still feel, uncertainty about the world, Easter reminds us that God is always at work bringing life out of death, light out of shadow.

The difference Jesus makes is often seen in quiet, everyday transformations: a heart softened by forgiveness, courage found in difficult times, kindness shown where it is least expected. As we move through April and into May, we continue to live in the joy of the Easter season. Easter is not just one Sunday, but a celebration that shapes our lives. There is much to celebrate and many joyful activities and services happening throughout April and May, all the details are in the Hexagon or please do get in touch for more information.

You are warmly invited to join us for our Easter Sunday services as we celebrate together the joy and hope of the risen Christ. Whether you come to church regularly or have not been for some time, we would love to see you.

God bless,

Revd Catriona



HAUGHLEY HOOFERS NORTH WEST MORRIS

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Why not have a go at something a bit different?
We're a friendly group, it's good exercise and fun!

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New dancers and musicians welcome (portable acoustic instruments).

Practice sessions begin from 29th September 7.30 – 9 pm
Haughley Village Hall, near Stowmarket.

Ring 01449 673518 (Gill) to find out more.

Find us on Facebook Haughley Hoofers official page

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie on 01359 259686 or debbielicata33@gmail.com

COPY DEADLINE Last date for items for inclusion in the next issue is Friday **8th May 2026**

The Hexagon is delivered to nearly 1800 households in the villages of Badwell Ash, Finningham, Langham, Wattisfield, Walsham le Willows and Westhorpe.

Advertising Rates

FULL PAGE	single issue £33	3 issues £66	6 issues £127
HALF PAGE	single issue £22	3 issues £44	6 issues £83
QUARTER PAGE	single issue £17	3 issues £34	6 issues £55

Contact Revd Catriona 07525920307
revcatrionabrinkley@outlook.com

HEXAGON AVERTISING ORGANISER REQUIRED

We are seeking someone to take over this position as soon as possible. This would involve collating adverts from various organisations, businesses and local events; liaising with the advertisers with regards to size and cost; and, in conjunction with the editor, ensuring they are correctly printed in the magazine.

The Hexagon provides valuable communication between the parishes, the profits of which cover benefice expenses. Rev'd Catriona Brinkley has temporarily taken on this task until the position is filled.

For further information please email
revcatrionabrinkley@outlook.com



Langham Hall Garden Festival & Nursery Sale

Saturday 13th June 2026

2.00 pm - 6.00 pm

Admission £5 | Children 12 & under free

In aid of St Mary's Church Langham

- ✦ Three-acre Georgian Walled Garden & two acres of further gardens and borders
- ✦ Plant Sale
- ✦ Ice creams, tea and cake on the lawn
- ✦ Suffolk Beer & Cider bar
- ✦ Live music: Blues, acoustic, soft pop
- ✦ Games for children
- ✦ See website for details and updates

Langham Hall,
Bury St Edmunds. IP31 3EF

langhamgardens.co.uk



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johnboulter@yahoo.com

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Mornings (up to 1.00pm)	£40.00	£30.00
Afternoons (up to 6.00pm)	£40.00	£30.00
Evenings (up to 11.00pm)	£40.00	£30.00
All Day	£100.00	
Hourly	£11.50	

FROM THE REGISTERS

WEDDINGS

Hannah & Jay Bunton 11/04/26 St Margaret's Wattisfield

FUNERALS

Barbara Pleasance	03/02/26	Burial	Wattisfield
Gordon Scarfe	16/02/26	Funeral	Crematorium
Margaret Fernley	05/03/26	Memorial	Westhorpe
Lilian 'June' Farrow	18/03/26	Burial	Walsham-le-Willows
Neville Ellis	19/03/26	Burial	Walsham-le-Willows







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COTTON VILLAGE HALL-MONDAYS 7.20PM

GISLINGHAM VILLAGE HALL

WEDNESDAYS 9.15AM & 10.15AM, THURSDAYS- 7.10PM

TOTAL FITNESS (45 mins)

GISLINGHAM VILLAGE HALL-THURSDAYS 6.15PM

GENTLE FITNESS (45 mins)

WESTHORPE VILLAGE HALL-FRIDAYS 10AM

COME AND GIVE THEM A TRY!

For more info about classes or personal training please contact
Becky on 07734 414151 / beckycruickshank@btinternet.com

NOTES FROM THE GARDEN

Hello again, well there was a lot of weather in February / March, mostly wet, chilly and cold, making it unpleasant to work outside. Hopefully as the days lengthen it will become drier and warmer.

In April seeds and plants will be on the move. Plant out the rest of your second early and main crop potatoes, earthing them up to protect them from frosts. If not already done plant out your onion sets and shallots and vegetables like broad beans, peas, spinach, swiss chard in your raised beds. Keep on top of weeds by hoeing between the rows as soon as the weeds appear. Plant peas with netting or sticks directly into the soil making successive sowings to enable a continuous supply during the year. Do the same with your other salad and vegetables. In the poly tunnel things are warming up, you can put in plants and seeds that will be protected from the weather and more advanced than the same type outside.

Sow your bedding and container basket flower seeds into plugs and trays for summer and autumn colour. Your baskets, pots and containers should be cleaned and refilled with fresh compost, ready for your plants at the end of May when frosts should be less of a concern. Hanging Lobelia is a great gap filler for your baskets and pots. All your favourite plants can be grown from seed this way will be a lot cheaper. Fuchsias, Geraniums and Begonias and Nasturtiums can be planted directly in position, keeping an eye out for late frosts.

Climbing plants, such as Clematis, Honeysuckle, and Jasmine will have to be tied to the trellis to prevent wind damage and shape. In April don't be too eager to cut back foliage of spring bulbs as this will deny the bulb time to recover for next year. We plant ours in aquatic baskets, then lift them out place in a quiet spot in the garden to die back, leaving you to fill the space earlier.

In April / May plants are not the only things to wake up, slugs, snails, and other pests will be hungry as well. Check your Hosta shoots and Foxgloves, Primulas, and other plants removing them as you see them to prevent damage. In May take time to sit in your garden, tunnel, or greenhouse, and watch all your efforts come to fruition.

Till next time Phillip Bennington

Are you suffering with anxiety, depression, OCD, PTSD/trauma, low self-esteem, grief, panic, phobias or any other emotional difficulties?

I am a BABCP Accredited Cognitive Behavioural Psychotherapist and EMDR practitioner. I work both in private practice and for the NHS offering evidence-based treatments such as CBT (cognitive behavioural therapy) and/or EMDR (Eye Movement Desensitisation and Reprocessing) treatment. I offer short or long-term therapy. My aim is to help you to regain a sense of enjoyment and wellbeing in your life.

**If you need help please contact me
for further details on: 07983648702
Website: emdrandcbtserives.co.uk**

WALSHAM - LE - WILLOWS MEMORIAL VILLAGE HALL

Walsham le Willows Memorial Village Hall is available for hire contact walshammemorialhall@gmail.com or tel 01359 258349. There are also a variety of activities happening at the hall:

Fitsteps Monday 9.30-10.30 am
Contact : Marie 07917 733655 / airstreamtattoo@gmail.com

Community Lunch 12.45 pm (second Monday of each month)
Contact : Shirley White tel 01359 258532

Self Defence Class Tuesday 6.30pm
Contact: Andy at info@rbmdynamics.com

Pilates Wednesday 9am -10am, 10.15am-11.15am
Contact: Lara at contact@larapepper.com

Coffee shop Thursday (weekly) 10.30am - 12.30pm
Home-made cakes and savouries, teas, coffee and cold drinks. All welcome

Post Office Van Thursday (weekly) in the village hall car park
11am - 12 noon.



The poster is framed by a decorative border of various Easter eggs. The text is centered and reads:

BADWELL ASH

**EASTER
EGG HUNT**

From St Mary's Church, Badwell Ash
to Langham Church

Friday 3rd April 2026

10:00am start

£5 per child, every child gets an Easter Egg,
booking only.

Refreshments and Raffle will be available
at Langham

For any more information and to book contact:
Julia: 07542 778558
Stephen: 07714 273669

REWTS

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Tree surgery: from light pruning to large tree take down, surveys and stump removal.

Garden landscaping: patios, fencing, decking, pergolas, gates, stone driveways, water features, turfing and seeding new lawns, borders and planting designs.

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FOUNDATION GOVERNOR NEEDED FOR WALSHAM-LE-WILLOWS PRIMARY SCHOOL

Our local Church primary school is looking for a new Foundation Governor to join its governing body.

Foundation Governors play an important role in supporting the school's leadership, helping to shape its future, and ensuring the school maintains its Christian ethos. It's a rewarding way to serve the school community and make a real difference to the lives of local children.

You don't need to be an education expert, training and support are provided. What matters most is an interest in the life of the school, a willingness to contribute to discussions and decisions, and a commitment to the school's values.

Governors typically attend several meetings a year and may occasionally visit the school.

If you are interested in finding out more, please contact Revd Catriona on 07525920307 or revcatrionabrinkley@outlook.com

Thank you for considering supporting our local school community.

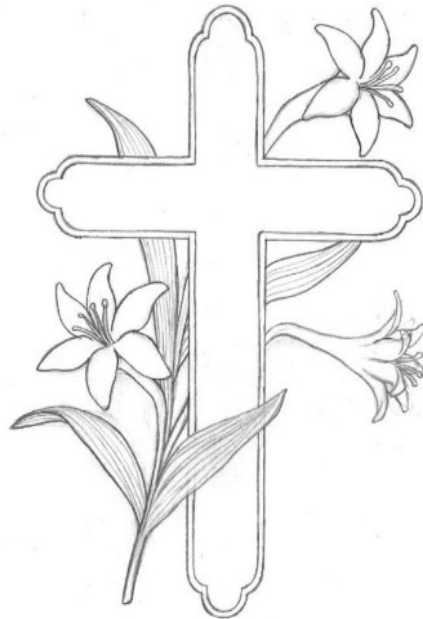
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HELP NEEDED



We are looking for a few volunteers to help care for Walsham le Willows Churchyard and keep it tidy for residents and visitors.

Tasks include occasional grass cutting and light general maintenance.

You don't need any special skills, and even just a few hours a month (mainly in the warmer months) would make a big difference.

If you would be willing to help, please contact a member of the PCC or Revd Catriona on 07525920307 or revcatrionabrinkley@outlook.com



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Call Len on

07786 885348



WALSHAM *History Group*
presents

FASHION IN THE AGE OF JANE AUSTEN

*A talk by James & Sarah Deering
with replica costumes!*

WEDNESDAY 15TH APRIL AT 7.30PM
PRIORY ROOM, WALSHAM-LE-WILLOWS

Members Free Visitors £5.00 Refreshments

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Westhorpe Live Music Night

Friday 17th April
7:30pm start paid bar

£5 per person

Go to Westhorpe website for ticket details:
westhorpe.onesuffolk.net or call Alison 07972 415205

Performers including John Evans, Paul Weston, Caroline
Long, Alison Weston, Shums Aziz, Jane Scates,
the Westhorpe Singers

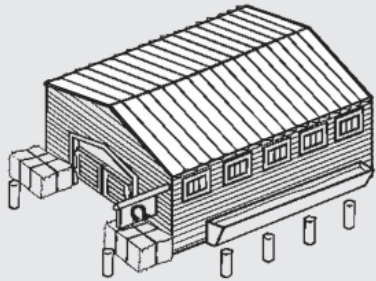
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or call: 01473 658058

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We provide a safe, warm, friendly and caring setting for children aged 2-5 years, in a purpose built building on the same site as Gislingham CEVCP School, with whom we work closely to provide an excellent education.



Breakfast Club 8.00am - 8.45am

Morning 8.45am to 11.45am

Lunch Club 11.45am to 12.45pm

Afternoon 12.45pm to 3.45pm

"Children arrive with a 'spring in their step' and are welcomed by friendly staff. They immediately join in with their friends and explore a well resourced and fun environment." Ofsted, May 2022.

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MUSIC AT ST MARY'S WALSHAM LE WILLOWS

Thursday 23rd April

12:30pm

Rococos

A feast of Baroque music to
begin our new season

*Free entry,
refreshments, a
retiring collection
for church funds*

All welcome



UK COMMUNITY CARE

Question – My elderly parents are becoming frail as time goes by, I need to get to know about aids and equipment and possibly a bathroom change. Do I approach Social Services first and what can they help with?

Answer – For an older person who needs support of any kind to remain as independent as possible, the first thing to do is to contact Social Services and ask for a free Care Needs Assessment. Following an assessment, Social Services may make an appointment for an Occupational Therapist (OT) to visit before deciding what aids or adaptations are needed. Social Services can provide free equipment and funds for minor adaptations up to £1000 in England and Wales. For major adaptations, it may be possible to apply for a Disabled Facilities Grant, if you are eligible.

Question – If I get a call from my bank, I am now suspicious as you hear so much about fraud. What is the advice if ‘my bank’ says it is calling me?

Answer – You are right to be suspicious as nearly 75 percent of attempted frauds are conducted via telephone, with 60 percent through voice calls and 11 percent via text messages.

The Safety Advice is:

If you receive a suspicious call about your bank account or finances, hang up immediately and dial 159. This free service, now available to 27 UK banks and building societies, covering over 99% of UK current accounts, connects you directly to your bank's fraud team, helping protect you from financial scams.

Fraudsters often create a sense of urgency, pressuring you to move money or share personal details quickly. Remember - your bank will never ask you to transfer money to a 'safe account' or pressure you into making immediate decisions.

If in doubt, always hang up and call 159 to verify whether the call was genuine. Since its launch in 2021, over one million calls have been made to 159 so taking a moment to check could save you from significant financial loss.

Question – I find it difficult to get an appointment at my GP surgery, sometimes having to wait two weeks or more? Is there anything I can do?

Answer – Yes, you may be able to if you have a community pharmacy.

Pharmacy First is an NHS England initiative launched in 2024. With **Pharmacy First**, you can walk into your local community pharmacy and ask for a private consultation with a pharmacist. They can assess symptoms, give advice, and in some cases provide NHS treatment — all without needing to see a GP first.

This is especially helpful for:

- Older adults needing quick advice
- Families with children who are unwell
- Carers supporting relatives

Just go in and ask: “Can I have a **Pharmacy First** consultation, please?”

WESTHORPE VILLAGE HALL ACTIVITIES

YOGA Monday (weekly) 10:45am-12:15

Contact: Juliet Wright. Tel: 07503 212670 jujuyoga39@gmail.com

ART CLUB Monday (fortnightly) 2:00-4:30pm.

Contact: Paul Weston. Tel: 07860 376592. paulwestonarchitect@gmail.com

LINE DANCING Monday (weekly) 12.45-1.45pm

Contact: alisonweston25@hotmail.com Tel: 07972 415205

CARPET BOWLS Monday 7.30-9.00pm

Contact: Jeff Moore Tel: 07850 716968 jeffmoore297@hotmail.com

John Gladders 01449 780365 dijongladders@gmail.com

CRAFT CLUB Tuesday (fortnightly) 10:00am-12:00

Contact: Lynda Cotgrove. Tel: 01449 780142 / Rosemary Mees. Tel: 07539

711614 rosemarymees@icloud.com

SINGING FOR PLEASURE Wednesday (three weekly) 10:00am-12:00

Contact: alisonweston25@hotmail.com Tel: 07972 415205

FITNESS Friday 10.00 - 10.45am

Contact: Becky Tel: 07734 414151 beckycruickshank@btinternet.com

Please check the village website at westhorpe.onesuffolk.net for details, or contact Alison Weston on 07972 415205 or wvhbooking@hotmail.com

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Gislingham Baby and Tots Group.
For under 3's and their Parents and Carers.



Come along for a cuppa and chat.
When: **Wednesday (term time) 9.45-11am**
Where: **Gislingham Primary School, hall entrance.**

If you would like to know more contact:
Debbie 07762 116 335 (whatsapp/text)

Local History Talk

A Hard and Grievous Battle; the Siege of Haughley Castle and the Battle of Fornham



Historian Dr Mike Walker will bring to life the exceptional events in Suffolk, in 1173 – of medieval warfare, invasion, siege, and a battle which would determine the fate of Henry II.

Friday 12th June 2026

7pm £8 per person

Go to Westhorpe website for ticket details:
westhorpe.onesuffolk.net or call Alison 07972 415205

WESTHORPE VILLAGE HALL
WITH BAR

WALSHAM *History Group*

join us for our annual

SPRING WALK

We will walk for just over an hour.
Walking guide: Alison Martin

SUN 26TH APRIL AT 10.30PM

SIX BELLS, WALSHAM-LE-WILLOWS

Free. All Welcome. Dogs on Leads.

COMMUNITY BUS



TRANSPORT NEEDED?

The Rickinghall & District Community Bus is available for hire to readers of this publication. Typical journeys include - shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

The bus is also available for visiting friends and relatives, in fact pretty well anything you need. Door to door service, any help a pleasure. Wheelchairs no problem.

Please telephone Gordon on 01379 897 109 (24/7 ansaphone).

Beginners Guitar Ricky Wilkinson MBE ricky5844@aol.com



Learning Folk Guitar for children year 2 and up.

Hi. My name is Ricky Wilkinson and I live in Westhorpe. Until lockdown I was teaching guitar in Guildhall Feoffment Primary School in Bury St Edmunds. I also run Phoenix Children's Folk Group based in Bury St Edmunds. Members learn to play and sing plugged in to our sound system for charities, festivals and various concerts.

In Folk Guitar children learn songs to sing accompanied by a variety of plucks and strums on guitar to enable them to perform solo or in a group. My Phoenix group performed all the music for Langham Church Carol Service last Christmas on 12th December 2021.

If you know a child who would like to learn to play guitar and sing so they can perform, please email me for further details. I can give private lessons in your home or if there are 6 or more wishing to learn I can use Westhorpe village hall at a suitable time after school which would be much cheaper than individual private lessons. I am DBS checked to teach guitar and run the Phoenix group. Parents are always welcome to stay and watch.

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education to children aged 2 - 5 years
Ofsted inspection rating - GOOD
Please contact us for more information

Phone: 01359258702

email: office.littlewillows@gmail.com
Charity number:1050897

The Benefice of Badwell & Walsham

Roots and Shoots




Sunday 3rd May
St Mary's Church - Walsham-le-Willows
10am until 11am

Everyone is welcome to join us as we explore faith
through stories, songs and creative activities.
If your child or children are school age,
they can be dropped off and collected.
Families are then welcome to stay for the Family Service.

For more information please contact Revd Catriona
on 07525920307 or
revcatrionabrinkley@outlook.com

FootWise

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The School Room Clinic
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INDOOR BOWLS Tuesday 1930 -2130

Contact: Karen Frost 01359 250315/Clive Hawkins clive@agenthawkins.plus.com

ART CLASS Wednesday 1315 -1515

Contact: Rod Bastable bury@easterneducatuongroup.ac.uk

HOUNDS & HANDLING Wednesday 1800-2100 Thursday 1800 -2030

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Pilates



Badwell Ash Village Hall:
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Walsham Le Willows:
Wednesdays 9 - 10am
Wednesdays 10:15 - 11:15am

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Walsham Sports Club in Summer Road is a thriving local community facility offering sporting/exercise opportunities to everyone.

Regular Weekly Activities

Walking Netball Tuesday 10 – 11am & Thursday 6 - 7pm
Senior Football (over 40's) Monday 8 – 9 pm
Walking Football (over 65's) Tuesday & Thursday 1 - 2pm
Senior Football (over 50's) Tuesday 2 - 3pm
Otago (chair based exercise) Wednesdays 11.30 -12.30
Pétanque Thursday 2pm
Walking Football Thursdays 2-3pm
Yoga Thursday 1.15- 2.15pm
Cardio Tennis Friday 12 – 1pm



Social Events

Sunday night Bingo starts 7pm on
12th and 26th April & 10th May

Sunday 24th May. **Family Fun Day** starts at 1pm
Inflatables from 1-5pm
Food Bar Cakes Ice-cream
Live music with Adam Thomas at 5pm

All Welcome

For further information on events see the Sports Club website please contact
Gordon Ross on 07742 111892 or email gordonaross2@gmail.com

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WALSHAM COMMUNITY FOOD BANK

Food donations can continue to be placed in our benefice churches and these will then be collected and delivered to Stowmarket.

In future if you would like to make a monetary donation, you can make a one off or regular donation directly to Stowmarket foodbank - Barclays bank, Stowmarket. Sort Code: 20-82-75 - Account number: 33867331 Quoting ref: FOODBANK.



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WESTHORPE CAFÉ

SATURDAY 16th May 2026

**Westhorpe Village Hall
10am to 1pm**

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WALSHAM *History Group*

THE SUTTON HOO RECONSTRUCTION



*The project to build a working replica of the 7th century burial ship.
A fascinating talk, presented by the Sutton Hoo Ship's Company.*

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Benefice Walking Group

Tuesday 26th May

Meeting at ,St Margaret's Church

Westhorpe



At 10am for 10.15am start.



Walk will take approximately 45 minutes

Refreshments are provided.

All are welcome!

Including well-behaved dogs on leads.

For more information,

please contact Revd Catriona



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Walsham le Willows and District WI



February: A Journey with Glass, with Michelle Russell

Members had a very interesting talk at the February meeting from Michelle Russell about her hobby of glass decorating. A four-day course led to her being totally hooked on glass, so voluntary redundancy from her job was happily received and she could pursue her hobby full time. Michelle demonstrated the three main techniques of working with coloured glass: leadwork, copper foil and glass fused in a kiln. She also gave us a brief history of stained glass in English churches and cathedrals. (Kimbolton in Cambridgeshire has the only Tiffany stained glass window in England.) Items made by Michelle were offered for sale, then members' time was followed by a quiz and a raffle.

March: Table Manners, Cutlery and the English Tea Ceremony, with Catherine Buchanan

Catherine Buchanan amused members with her excellent talk on the history of cutlery and development of table manners. With a collection of fascinating and weird items of cutlery she lightly gave us many quirky facts. A demonstration of the etiquette of behaviour at a Victorian tea table ended her talk and members had fun trying to work out the use of the many items of cutlery.

Next Meetings:

8th April at 7.30pm Priory Room

Introduction to Deaf Awareness and British Sign Language
Talk by Michelle Attrill

13th May at 7.30pm Priory Room.

Annual Meeting followed by Cheese and Wine

NEW MEMBERS ALWAYS WELCOME to come along and visit.

Ladies are able to attend 2 meetings free of charge before joining

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CITIZENS ADVICE



I bought a doll for my child recently. I thought it was manufactured by a well-known brand, but I suspect it might be counterfeit. How can I be sure and what are my rights?

You're right to seek advice about this issue, because counterfeit goods aren't only illegal, they can be dangerous.

Fake children's toys in particular, including dolls, often don't meet safety standards and can pose choking hazards - poor manufacturing can mean small parts are easily detachable. Counterfeit goods are fake products designed to mimic the authentic ones sold by genuine brands. Sometimes it's easy to spot a knock-off, other times it can be harder to tell.

It's not just toys and games - things like clothing, footwear, e-cigarettes, perfumes and media devices can also be counterfeit. Things to watch out for include strangely low prices from well-known brands and signs of poor quality - like missing security seals, bad or non-existent packaging, blurry logos and poor stitching. You may also spot some spelling mistakes in the advert or on the packaging.

Looking at photos from official sellers can help when making comparisons, and it's important to only buy products from reputable sellers.

If you have purchased a counterfeit item, there are some steps you can take to try and get your money back. You're legally entitled to a full refund on fake goods within 30 days of your purchase. If it's been over 30 days since you paid, but less than six months, the seller can provide you with a real version of the item first. If they can't, then they're legally required to give you a full refund.

If you paid more than six months ago, you're only entitled to a part-refund based on how much you've used the item and how long you've had it.

Sometimes sellers might refuse to refund you, and argue the items were obviously fake because they were very cheap, but they're breaking the law by selling them and your legal rights still apply.

If this happens and you paid by debit card, contact your bank and ask to use the 'chargeback scheme'. If you paid by credit card and the item cost less than £100, you can ask to use the same scheme.

If you paid by credit card and the item cost between £100 and £30,000, tell your credit card company you want to make a 'section 75' claim to get your money back. To report counterfeit goods or get help getting your money back, contact the Citizens Advice Consumer Service. You can also report a seller to Trading Standards, which investigates criminal activity.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

The Benefice of Badwell and Walsham

Our next....



**'BRANCHING OUT'
YOUTH GROUP**

Sunday 17th May at 3pm

**St Margarets Church,
Westhorpe**

We invite our younger friends to join us for an afternoon discovering the bats that live in our church.

Learn about the different bat species.
Find out why our churches make perfect bat homes.

Meet local bat experts from Suffolk Bat Group and ask questions.

Everyone welcome - whether you're curious, concerned, or just love wildlife!


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Wattisfield URC Services

Date	Time	Service details
April 5 th	11am	EASTER SUNDAY – HOLY COMMUNION
12 th	11am	Morning worship
19 th	11am	Morning worship – Andy Malcom from the Fishermen’s Mission
26 th	10.45am	Visit to Diss URC – no service at Wattisfield
May 3 rd	11am	Holy Communion
10 th	10.45am	Visit to Whiting St URC, Bury St Edmunds <i>(No service at Wattisfield)</i>
17 th	11am	Songs of Praise
24 th	11am	Morning worship
31 st	11am	Morning worship
June 7 th	11am	Holy Communion

Please contact Mrs Jo Patel our Local Leader (01359 251789) for more information

“SPRING IS IN THE AIR”

(A floral celebration of renewal and resurrection)

Over Easter weekend (4th-5th April) our chapel will be beautifully decorated by the Flower Fairies, so do please join us on Saturday afternoon if you can to enjoy and admire their handiwork. We will be welcoming visitors from 1-4pm with tea and hot cross buns and look forward to seeing you! All money raised over this weekend will be donated to Chapter 15, the Thetford Homeless Centre.

You are also very welcome to share in our Easter Sunday celebration service with Communion followed by Easter refreshments.

CHRISTIAN AID

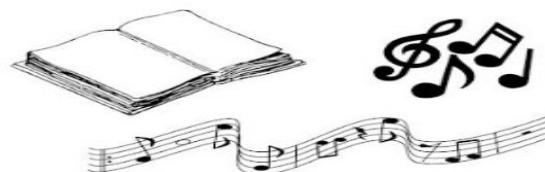
Adrian Black will once again be holding a verge sale in May outside his home in Hopton at the junction of Nethergate St and Fen St, where he will be selling all sorts of lovely things to support Christian Aid.

May 10th-16th is Christian Aid Week and this year the sale will be from **Saturday 9th - Monday 11th May, 8.30am-6.30pm** so you have fewer days this year to support it! From baking to bric-a-brac, from preserves to plants – you name it and Adrian will probably have it – so please do go and see him, have a chat and support Christian Aid. And don't go away empty-handed!

The URC chapel will match the amount raised, and we will keep the fund open on the Puddle-Duck café on May 16th and the 'Songs of Praise' service on Sunday 17th.

SOUNDS FUN

Westhorpe Village Hall 7.30pm — 9.30pm



If you would like to

- Sing on your own, with others or just listen
- Play your musical instrument
- Recite, read or listen to poetry and short stories

Please come along and join us - whatever your age or ability we would like to see you.

Third Thursday of the month
£2 per session, BYO drinks.

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Benefice Services April

1st April		
2pm	Lent Group	Westhorpe
2nd April	Maundy Thursday	
6pm	Reflective Service	Badwell Ash
3rd April	Good Friday	
10am	Easter Egg Hunt	Badwell Ash/Langham
6pm	Lent Evening Prayer	Walsham-le-Willows
5th April	Easter Sunday	
9:30am	Easter Service	Westhorpe
9:30am	Easter Service	Langham
11am	Easter Service	Walsham-le-Willows



Holy Week

Benefice Services April – May

12th April	2nd Sunday of Easter	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Westhorpe
11am	Songs of Praise	Walsham-le-Willows
19th April	3rd Sunday of Easter	
8am	BCP Holy Communion	Walsham-le-Willows
9.30am	Holy Communion	Finningham
26th April	4th Sunday of Easter	
9:30am	Holy Communion	Badwell Ash
11am	Holy Communion	Wattisfield
6pm	Evensong	Westhorpe
3rd May	5th Sunday of Easter	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Langham
10am	Roots and Shoots	Walsham-le-Willows
11am	Family Service	Walsham-le-Willows
5pm	Songs of Praise	Finningham
10th May	Rogation Sunday	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Westhorpe
11am	Songs of Praise	Walsham-le-Willows

Benefice Services May - June

17th May	7th Sunday of Easter	
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Finningham
24th May	Pentecost Sunday	
9:30am	Holy Communion	Badwell Ash
11am	Holy Communion	Wattisfield
6pm	Evensong	Westhorpe
31st May	Trinity Sunday	
9:30am	Benefice Service	Westhorpe
7th June		
8am	BCP Holy Communion	Walsham-le-Willows
9:30am	Holy Communion	Langham
10am	Roots and Shoots	Walsham-le-Willows
11am	Family Service	Walsham-le-Willows



LPG COMMUNITY BUYING GROUP - COLLECTIVE SAVINGS OF £1830 TO DATE

It is now 1 year since I tentatively suggested to the local community the formation of a bulk LPG buying group. Presently there are 7 members, fewer than I originally envisioned. However, from little acorns, big oak trees grow.

The group has evolved differently to my visualisation (that of emulating the many oil buying groups throughout the country). Instead it has become more of an informal chat forum where information is exchanged on gas prices, contracts and customer service. Supporting each other on negotiating new supplier contracts is key as there is a dearth of information published on LPG prices and supplier contracts; all to the benefit of the supplier/distributors who seek to increase prices (and profit margin) despite the wholesale price of LPG declining by 21% in the last two years.

Of the group members who have recently renewed their supplier contracts a very healthy saving of £1830 has been achieved. A good outcome on which to build.

If you are paying more than 45p per litre and more than £110pa in tank rental and would like to make a saving, it's free to join and there are no hidden fees or commissions.

Please contact grahamdavie@mail.com 07765 863200
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