

Prayer Diary

This week, as we approach Lent our prayer focus will be on all those who are bereaved and those who minister to them. We also pray each day for those who are unwell and in our own prayers.

Sunday 15th February - *The Sunday next before Lent*

- Our Bishops Graham, Jane and Ian.
- Our Rector, Revd. Joanna Haywood, our 'ministry team', churchwardens and PCC's that under Joanna's leadership and by the guidance of the Holy Spirit, Christ's Church in this benefice may grow in faith, service and witness.
- The recently bereaved.
- All in School Road, Redmere Close and Shirley Close Frettenham

Monday 16th February

- Those who have lost partners as they seek to adapt to life's changes.
- All in Newton Road, Hainford
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Tuesday 17th February - *Janani Luwum, Archbishop of Uganda, Martyr, 1977* We remember a 20th century Christian Martyr. We thank God for his courageous stand against the cruel dictator Idi Amin. We pray for the Church in Uganda.

- Those marking an anniversary of a bereavement
- All in Anchor Street and Belaugh Lane, Coltishall

Wednesday 18th February – *Ash Wednesday*

- Funeral Directors and Clergy ministering to the recently bereaved.
- All in Buxton Road, Glebe Way and All Saints Close, Horstead

Thursday 19th February

- Children facing bereavement and those mourning the loss of a child.
- All in Serpentine Lane, Stratton Strawless

Friday 20th February

- All who provide comfort to those who are bereaved. For all 'places of meeting'.
- Post Office Road & Freydon Way, Frettenham

Saturday 21st February

- Our worship tomorrow, 9.30am at Hainford and 11am at Horstead. We pray for all those who lead and prepare for our worship.
- Us all as we remember those who were dear to us and helped shape our lives.
- All in Waterloo Road, Hainford

THE COLTISHALL GROUP OF PARISHES
*Serving the communities of Coltishall, Frettenham
Hainford, Horstead and Stratton Strawless*

15th February 2026 Sunday last before Lent

Services Today

9.30am Holy Communion, Hainford Church
11.00am Holy Communion, Coltishall Church Room

Monday 16th February

9.00am Morning Prayer, Horstead Church
10.00am Hainford PCC Meeting, Greybanks

Tuesday 17th February

9.00am Morning Prayer, Hainford Church
3.00pm Pancake Party, Hainford Church

Wednesday 18th February – *Ash Wednesday*

10.00am Midweek Holy Communion for Ash Wednesday with imposition of ashes (*optional*)
Coltishall Church
followed by coffee at the Red Lion Café
12.30pm Church room lunch (book with Joan Milligan)

Thursday 19th February

9.00am Morning Prayer, Stratton Strawless Church
10.30am Coffee, followed by Lent Course at 11.00am
Coltishall Church Room. All welcome.
Further details from Lucy, Sylvia or Rev'd Joanna

Friday 20th February

Rev'd Joanna rest day

Saturday 21st February

10.15am Hainford Footprints rambling group morning walk around Swanton Morley, details from Sheena or Rev'd Joanna

Next Sunday

22nd February – *First Sunday in Lent*

9.30am Morning Worship, Hainford Church
11.00am Holy Communion, Tithe Barn, Horstead

Readings:

Genesis 2.15-17, 3.1-7, Romans 5.12-19, Matthew 4.1-11

CONTACT DETAILS FOR THE BENEFICE

Rector: Rev'd Joanna Haywood
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Safeguarding Officer: Sheena MacRonald
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Collect

Holy God,
you know the disorder of our sinful lives:
set straight our crooked hearts,
and bend our wills to love your goodness
and your glory
in Jesus Christ our Lord.

Amen

1st Reading: Exodus 24.12-18

¹² The Lord said to Moses, 'Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.' ¹³ So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. ¹⁴ To the elders he had said, 'Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.' ¹⁵ Then Moses went up on the mountain, and the cloud covered the mountain. ¹⁶ The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. ¹⁷ Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. ¹⁸ Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

Gospel: Matthew 17.1-9

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. ² And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. ³ Suddenly there appeared to them Moses and Elijah, talking with him. ⁴ Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' ⁵ While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' ⁶ When the disciples heard this, they fell to the ground and were overcome by fear. ⁷ But Jesus came and touched them, saying, 'Get up and do not be afraid.' ⁸ And when they looked up, they saw no one except Jesus himself alone. ⁹ As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

Post Communion prayer

Holy God,
we see your glory in the face of Jesus Christ:
may we who are partakers at his table
reflect his life in word and deed,
that all the world may know his power to change
and save.

This we ask through Jesus Christ our Lord.

Amen.

Please note.....

Coltishall and Horstead Sunday services are moving from these very cold churches for the rest of January, February and until the middle of March.

Coltishall services will be in the **Church Room**, Rectory Road, Coltishall and **Horstead's** in the **Tithe Barn**.

Please contact Rev'd Joanna if you've any questions. There will be coffee or tea served from 10.30am before the 11.00am services. Do join us. Wednesday morning communion services will continue in Coltishall church. It's a shorter service and blankets are provided, followed by a warming cup of coffee in the Red Lion Café.

Coming up.....

Tuesday, 17th February 2026 – Shrove Tuesday

3.00-4.30pm Pancake Party, Hainford Church
Would you like to come and help the children of Hainford and surrounding villages to have fun on Shrove Tuesday? Pancakes and pancake-themed activities. Like to help – let Rev'd Joanna or Sheena know.....

starting Thursday 19th February 2026

Weekly Lent Group meeting at 11am (coffee from 10.30am) in Coltishall Church Room to think, discuss and pray as we 'Draw Near' during Lent, following the Church of England's book/app. For more details: Lucy Care or Sylvia Coward