

# Sacred Encounter - Abundance



1pm, Saturday 9 May 2026

## Join us in a sacred encounter

Immerse yourself in nature, celebrate, give thanks and gather as community in the beautiful surroundings of Rydal Hall.

May in the Lake District is the season of abundance when everything seems to brim with life. This sacred encounter is an opportunity to experience the extravagant abundance at first hand, and to express a collective thanks. We will also consider the transformative power of moving from a mindset of scarcity to one of abundance.

We will also gather as community in the sharing of food and conversation around a fire at the Pilgrim's Rest. The Sacred Encounter is preceded by an opportunity to soak in nature through a walk, run, cycle or swim; or creative writing, reading or art.

## What do I need

Please bring food to share for a Jacob's Join lunch.

## Meeting Point

Rydal Hall Café entrance. NY  
36594 06368. ///  
fired.spring.stiletto

## Contact

[info@beyondtheview.org.uk](mailto:info@beyondtheview.org.uk)

# About Sacred Encounters

Sacred Encounters are monthly gatherings to celebrate and reflect on the sacred wonder, beauty and awe to be found in nature as a community of friends. Each encounter embodies a Christian principle that enhances and sustains life in the everyday. Sacred Encounters are open to people of all faiths or none, whilst being informed by the Christian faith. It is an initiative of [Beyond The View](#).

## What should I expect?

Each event starts and finishes with a blessing, focusing on a theme such as hope, forgiveness, new life or bringing light to a dark world. We embody these themes through simple practices that connect us with each other and the sacred heart of nature. Our aim is to deepen these connections and our understanding of God by creating a contemplative space in the fells and woods surrounding Rydal. The exact content of each Sacred Encounter will vary, but common elements include the sharing of food, some form of symbolic practice, as well as curated times of conversation and discussion. Please read our [FAQs](#) before coming.



## For reflection:

Try to count the flowers, the blades of grass and the sheer variety of all that you see. What does this tell you?

What might an abundant life look like for you?

What stops you moving from scarcity to abundance?