

THE PARISH OF SAINT PAUL

DEPTFORD



'anglo-catholic, inclusive, committed to prayer & justice.'

<http://www.achurchnearyou.com/deptford-st-paul>

The Rector & Parish Priest: Fr Paul Butler

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Welcome to S. Paul's today in church or on Zoom.

Please follow the directions of the Churchwardens & Welcomers.



Please turn off mobile phones.

No form of visual or sound recording, or any form of photography is permitted during or after the services, without express permission. Thank you for your co-operation.

WCs (& baby changing facilities) downstairs in the crypt. Do not attend if you have Covid, symptoms, or a cold.

Please let a Welcomer know if you require a **Gluten Free Host**.
'Love one another as I have loved you', says the Lord.



Churchwardens: Ms Lavern Ford & Mr Andrew Taylor

Organist: Mr William Parkinson with S. Paul's Singers



3rd SUNDAY OF LENT
8th MARCH 2026

THE PARISH MASS
CHORAL
10.30am

Celebrant & Preacher: The Rector

Mass Setting:

Missa O Quam Gloriosum (1583)

by Tomás Luis de Victoria (c.1548-c.1611)

Hymns in NEH (green book).

Please join in with the Bold Type

¶ THE INTRODUCTORY RITES

Choir sings the **Introit, Miserere nostri**, as set by **Thomas Tallis** (c.1505-1585) in 1575 first published in *Cantiones Sacrae* (London) 1575.

Text from Psalm 123: 3 (Vulgate 122).

Miserere nostri Domine. Have mercy upon us Lord.

¶ THE ASPERGES

Stand

The celebrant blesses the water.

Dear Friends, this water will be used to remind us of our baptism. Let us ask God to bless it and keep us faithful to the Spirit he has given us.

Lord God almighty, Creator of all life, of body and soul, we ask you to bless ✠ this water: As we use it in faith forgive our sins and save us from all illness and the power of evil. Lord, in your mercy give us living water, always springing up as a fountain of salvation: Free us, body and soul, from every danger, and admit us to your presence in purity of heart. Grant this through Christ our Lord. **Amen.**

Salt is blessed.

Almighty God, we ask you to bless ✠ this salt as once you blessed the salt scattered over the water by the prophet Elisha. Wherever this salt and water are sprinkled, drive away the power of evil, and protect us always by the presence of your Holy Spirit. Grant this through Christ our Lord. **Amen.**

The salt is poured into the water in silence.

The celebrant kneeling at the altar steps sprinkles the altar thrice, then himself, and rises & sprinkles the Servers and People whilst the following is sung from **Psalm 51**.

Antiphon

Thou shalt purge me, O Lord, with hyssop, and I shall be clean; thou shalt wash me, and I shall be whiter than snow.

Have mercy on me, O God, after thy great goodness.

Thou shalt purge me, etc.

And according to the multitude of thy mercies, do away mine offences.

Thou shalt purge me, etc.

Glory be to the Father, and to the Son, and to the Holy Ghost

As it was in the beginning, is now and ever shall be; world without end. Amen.

Thou shalt purge me, etc.

After the sprinkling of the water, the celebrant standing at the steps of the altar sings,

Show us your mercy, O Lord. **And grant us your salvation.**

O Lord, hear my prayer. **And let my cry come unto you.**

The Lord be with you. **And also with you.**

Let us pray. Graciously hear us, O Lord, holy Father, almighty everlasting God: and vouchsafe to send your holy Angel from heaven; to guard and cherish, protect, visit, and defend all who dwell in this holy place, through Christ our Lord. **Amen.**

Stand

Entrance Antiphon

My eyes are always on the Lord, for he rescues my feet from the snare.

Turn to me and have mercy on me, for I am alone and poor. Cf. **Psalm 25: 15-16**

Let us go forth in peace, **in the name of Christ. Amen.**

The Processional Hymn: 333

All my hope on God is founded (Tune: Michael)

The Greeting

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you. **And also with you.**

The Introduction to the Mass

The celebrant welcomes the people and introduces the Mass.

Prayers of Penitence

Sisters and brothers, to prepare ourselves to celebrate the sacred mysteries, let us call to mind and confess our sins.

The Confiteor

I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done, and in what I have failed to do;

(And, striking their breast, they say)

through my fault, through my fault, through my most grievous fault;

(Then they continue)

therefore I ask blessed Mary, ever virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord, our God. Amen.

The celebrant pronounces the **Absolution**

Almighty God, who forgives all who truly repent, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

The choir sings the **Kyrie Eleison**

Kýrie, eléison. Christe, eléison. Kýrie, eléison.

The Collect

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

¶ THE LITURGY OF THE WORD

Sit for the readings

First Reading from the Old Testament

A reading from the Book of Exodus (17: 1-7)

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the LORD?' ³ But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' ⁴ So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' ⁵ The LORD said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, 'Is the LORD among us or not?'

The word of the Lord. **Thanks be to God.**

Psalm 95 is sung by the choir

Venite, exultemus

¹ O COME, let us sing unto the Lord :

let us heartily rejoice in the strength of our salvation.

² Let us come before his presence with thanksgiving : and shew ourselves glad in him with psalms.

³ For the Lord is a great God : and a great King above all gods.

⁴ In his hand are all the corners of the earth :

and the strength of the hills is his also.

⁵ The sea is his, and he made it : and his hands prepared the dry land.

⁶ O come, let us worship and fall down :

and kneel before the Lord our Maker.

⁷ For he is the Lord our God :

and we are the people of his pasture, and the sheep of his hand.

⁸ To-day if ye will hear his voice, harden not your hearts :

as in the provocation, and as in the day of temptation in the wilderness;

⁹ When your fathers tempted me : proved me, and saw my works.

¹⁰ Forty years long was I grieved with this generation, and said :

It is a people that do err in their hearts, for they have not known my ways;

¹¹ Unto whom I swear in my wrath : that they should not enter into my rest.

Second Reading from the New Testament

A reading from the Letter of S. Paul to the Romans (5: 1-11)

¹ Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. ⁶ For while we were still weak, at the right time Christ died for the ungodly. ⁷ Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. ⁸ But God proves his love for us in that while we still were sinners Christ died for us. ⁹ Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰ For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹ But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The word of the Lord. **Thanks be to God.**

Stand & turn to face the Gospel

Gospel Acclamation and Reading

♪ Praise to you, O Christ, King of eternal glory.

Praise to you, O Christ, King of eternal glory.

Lord, you are truly the Saviour of the world;

give me living water, that I may never thirst again. *S. John 4: 42, 15*

♪ **Praise to you, O Christ, King of eternal glory.**

The Lord be with you. **And also with you.**

A ✠ reading from the ✠ Holy Gospel according to ✠ John (4: 5-42)

Glorify to you, O Lord.

⁵ Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. ⁷ A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.' ⁸ (His disciples had gone to the city to buy food.) ⁹ The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) ¹⁰ Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink," you would have asked him, and he would have given you living water.' ¹¹ The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water?' ¹² Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' ¹³ Jesus said to her, 'Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' ¹⁵ The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' ¹⁶ Jesus said to her, 'Go, call your husband, and come back.' ¹⁷ The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; ¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!' ¹⁹ The woman said to him, 'Sir, I see that you are a prophet.' ²⁰ Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' ²¹ Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth.' ²⁵ The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' ²⁶ Jesus said to her, 'I am he, the one who is speaking to you.' ²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' ²⁸ Then the woman left her water-jar and went back to the city. She said to the people, ²⁹ 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' ³⁰ They left the city and were on their way to him. ³¹ Meanwhile the disciples were urging him, 'Rabbi, eat something.' ³² But he said to them, 'I have food to eat that you do not know about.' ³³ So the disciples said to one another, 'Surely no one has brought him something to eat?' ³⁴ Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. ³⁵ Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, "One sows and another reaps." ³⁸ I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.' ³⁹ Many Samaritans from that city believed in Jesus because of the woman's testimony, 'He told me everything I have ever done.' ⁴⁰ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

The Gospel of the Lord. **Praise to you, O Christ.**

The Homily

Stand

Niceno-Constantinopolitan Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, (Genuflect) was incarnate from the Holy Spirit and the Virgin Mary and was made human. (Rise) For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, ✠ and the life of the age to come. Amen.

Remain standing

The Prayers of Intercession

Celebrant

Sisters and Brothers, through our common prayer, let us pray for the needs of the Church and the world, and make our thanksgivings to God saying, Lord, hear us, **Lord, graciously hear us.**

Intercessor 1

For the one holy catholic and apostolic Church that we may keep a holy Lent by prayer, fasting, meditation on your Holy Word and works of justice, Lord, hear us.

Intercessor 2

For Archbishop Sarah, our Bishop Christopher, and his assistant, Alastair. Fr Paul, our Parish Priest, and all bishops, priests and deacons, the leaders of our sister Churches, this congregation and all your people. Lord, hear us.

Intercessor 3

For the leaders of the nations and all in authority, for justice and peace, respect and human dignity; for the care and conservation of the planet and all its creatures, and for all who seek the common good. Lord, hear us.

Intercessor 4

For all who live, work and play in the Deptford community, and for every city, town and village with which members of this congregation have a concern or a connection. Lord, hear us.

Intercessor 5

For the safety, health and salvation of all travellers, workers, refugees, prisoners and captives, and victims of crime. Lord, hear us.

Intercessor 6

For all in distress and all places of distress, the sick and suffering, and all in need. (Celebrant says: *We pray especially for ...*). Lord, hear us.

Intercessor 7

For those whom we have injured, offended, forgotten, or neglected. All who are dear to us, & those for whom no one prays. For grace to amend our lives and to further the reign of God, Lord, hear us.

Celebrant

For the recently departed, *especially...* and all whose anniversaries fall at this time *especially...*
✠ Rest eternal grant unto them, O Lord.
and let light perpetual shine upon them.
May they rest in peace and rise in glory.

The celebrant invites us to offer our personal intentions, and then leads us in asking for the Prayers of our Lady & the Saints.

Rejoicing in the fellowship of the BVM we pray: **Hail Mary...**

S. Joseph of Nazareth, **Pray for us.**

S. Peter, Prince of the Apostles,

S. Paul the Apostle, our Patron

S. Augustine and S. Monica

S. Benedict and S. Scholastica

S. Francis and S. Clare of Assisi

All you angels and saints.

Merciful God

accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.

Remain standing

¶ THE LITURGY OF THE EUCHARIST

The Altar is prepared

The Offertory Hymn: 70
Lord Jesus, think on me (Tune: Southwell)

Remain standing

Orate Fratres

Pray my sisters and brothers, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his Church.

Prayer over the Offerings

Be pleased, O Lord, with these sacrificial offerings, and grant that we who beseech pardon for our own sins, may take care to forgive our neighbour. Through Christ our Lord. **Amen.**

THE EUCHARISTIC PRAYER

The Lord be with you.
And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Celebrant sings the Preface in which God is praised for his mighty acts, & the choir sings the Sanctus & Benedictus:

Sanctus, Sanctus, Sanctus, Dóminus Deus Sabaoth.
Pleni sunt caeli et terra glória tua. Hosánna in excélsis.

✧ **Benedíctus qui venit in nómine Dómini. Hosánna in excélsis.**

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

✧ *Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

The celebrant recalls the Last Supper, and this acclamation is said:

Great is the mystery of faith:

Christ has died: Christ is risen: Christ will come again.

The Prayer continues and leads into the doxology, to which all respond boldly:

AMEN.

¶ THE COMMUNION RITE

Remain standing

The Lord's Prayer

Let us pray for the coming of the Kingdom in the words our Saviour taught us.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil.

The celebrant adds:

Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all distress as we wait in joyful hope for the coming of our Saviour, Jesus Christ.

For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Peace.

Lord Jesus Christ, you said to your apostles:

Peace I leave you, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever. **Amen.**

The peace of the Lord be always with you.

And also with you.

Let us offer one another a sign of peace.

We share the peace with those immediately around us, a sign that expresses peace, communion, and love.

***Agnus Dei** is sung by the choir, during which the celebrant takes the host and breaks it over the paten, placing a small piece in the chalice.*

Agnus Dei, qui tollis peccáta mundi, miserère nobis.

Agnus Dei, qui tollis peccáta mundi, miserère nobis.

Agnus Dei, qui tollis peccáta mundi, dona nobis pacem.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

Giving of Communion

Behold the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

Communion Antiphon

The sparrow finds a home and the swallow a nest for her young, by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise. *Cf. Ps 84: 4-5*

Please follow the directions of the sidespeople.

The Body / Blood of Christ.

The communicant replies

Amen.

and then receives.

*** At home, make an Act of Spiritual Communion ***

As you imagine yourself receiving the Bread of Heaven, be still and rest in the love of God. Thank Him for entering beneath the roof of your soul.

O Sacred Feast! Wherein Christ is received, his Passion is remembered, our souls are filled with grace and the pledge of eternal glory is received.

O Sacrum Convivium, 13th Century (attributed to S. Thomas Aquinas)

Choir sings the Communion Motet, In ieiunio et fletu.

Respond at Matins on the first Sunday in Lent, cf. Joel 2: 17 as set by Thomas Tallis, in Cantiones sacrae, 1575.

In ieiunio et fletu orabant sacerdotes:

Parce, Domine, populo tuo, et ne des haereditatem tuam in perditionem.

Inter vestibulum et altare

plorabant sacerdotes dicentes:

Parce populo tuo.

Fasting and weeping, the priests prayed:

Spare your people, O Lord,

and do not allow your inheritance to fall into destruction.

Between the porch and the altar

the priests lamented, saying:

Spare thy people.

After receiving Holy Communion read & pray quietly in thanksgiving

THE JESUS PRAYER

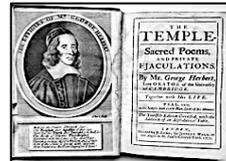
Lord Jesus Christ, Son of God, have mercy on me, a sinner.

THE TRISAGION (Thrice Holy)

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (x3)

The Communion Hymn: 376

I heard the voice of Jesus say (Tune: Kingsfold)



Blessed George Herbert

Priest, Poet, (1593 – 1633)

His two major works were both published posthumously: A Priest to the Temple, or The Country Parson, a treatise on the priestly life (1652), and The Temple, (1633), his major collection of poetry, from which this poem is taken.

LIX. THE WORLD.

Love built a stately house; where Fortune came: And spinning fancies, she was heard to say, That her fine cobwebs did support the frame, Whereas they were supported by the same: But Wisdom quickly swept them all away.

Then Pleasure came, who, liking not the fashion, Began to make Balconies, Terraces, Till she had weaken'd all by alteration: But reverend laws, and many a proclamation Reformed all at length with menaces.

Then enter'd Sin, and with that Sycamore, [dew, Whose leaves first shelter'd man from drought and Working and winding sliely evermore, The inward walls and summers cleft and tore: But Grace shored these, and cut that as it grew.

Then Sin combined with Death in a firm band, To raze the building to the very floor: Which they effected, none could them withstand; But Love and Grace took Glory by the hand, And built a braver Palace than before.

