

## Lent Walk(s) Saturdays

Once again Sam Maclean-Dietz will lead our Saturday walks. They will take place on 28<sup>th</sup> February (Aylsham), 14<sup>th</sup> March (Pigney's Wood and Paston) and 28<sup>th</sup> March (Happisburgh, plus lunch?) More details nearer the dates.

## Lent Reading Group

This year we are going to read **A Walk Across the Sun** by Corban Addison. It is a story of family love in testing times. The book weaves the stories of two girls, orphaned by the Boxing Day tsunami with that of a New York corporate lawyer's journey to rediscover his values and whether his relationship with his Indian wife can be salvaged after the death of their baby daughter. The journey takes us through the horrors of modern sex slavery in three continents, shining a light into the seedy worlds that the trade flourishes in and the many agencies, from corrupt to altruistic, who work to support those caught up in its net.

Copies can be purchased online for £4.9 or from the library service. We will then meet on Monday 30th March at 3.00pm for tea, cake and a discussion about the book. Contact Nigel (01263 515607) for further information.

*Contact the course provider if you would like to be part of a particular group, or for general information contact the Rev'd Nigel Paterson on 01263 515607 or look on the North Walsham Benefice weekly newsheet or enews.*



## North Walsham Benefice Lent 2026

*Most of us sometimes feel that we lose direction and purpose in our life's journey. Lent has been described as "breaking away from lethargy to dive into the sea of prayer and embracing God's mercy and love". It gives us an opportunity to take renewed steps on our progress towards the Easter celebration of resurrection and hope. We can offer various activities to help you on this journey. Everyone is welcome, including those who belong to other churches in our benefice and town, or no church at all. Feel free to take part in as many as you wish and perhaps be prepared to try something different. Please contact each course provider if you wish to be included.*

## Church Services

There are so many opportunities to draw closer to God by being part of our services of worship during Lent; especially by experiencing a style of worship or liturgy that might be less familiar to you. Our Church Magazine and website contain so much information about what is happening in North Walsham, Edingthorpe, Worstead and Westwick.

## Ash Wednesday (18<sup>th</sup> February)

Lent begins on this day. There will be four Holy Communion services at three of our churches (all with the imposition of ashes); 9.00 am at St Nicholas (North Walsham), 10.30 am at St Mary's (Worstead), 12.30pm at All Saints (Edingthorpe) and 7.30pm at St Nicholas. Do start your personal Lenten Journey at one of these services.

## Stations of the Cross

The Stations of the Cross mark out a pathway around the church of St Nicholas. They serve as symbols of Christ's own journey of sacrifice. You might like to use them as part of your own journey towards Easter.

## **Poetry Group**

**Monday at 7.00 pm**

The title of this year's Lent Poetry group is '**Desert Island Poems**'. Taking inspiration from the long-running Radio 4 programme, 'Desert Island Discs', we'll be choosing the poems we'd like to have with us if we were cast away. We'll consider the poems, and poets, whose work we think would be comforting, challenging, entertaining or motivating and which might just help us to survive on that island!

Do join us as part of your Lenten journey this year. Our meetings will be on Mondays, 7 p.m. – 9 p.m. on 23rd February, 2nd, 9th and 16th March and will be held at Rob and Penny's home, 2 Station Road, NW, NR28 0EA. Rob Knee (01692 406074) and Sheila Paterson (01263 515607).

## **"The Pilgrim's Course"**

**Thursday at 2.30 pm**

The Pilgrim Bible Study Group will be recommencing for Lent on Thursday afternoons from 2.30 - 4, beginning on 19th February, studying the readings for the upcoming Sunday, with special focus on the Old Testament readings. We are a friendly bunch, and would welcome new members for this course of meetings. More details as to venue, and to signify interest, please contact Maggie Guite on 07516 099726/ [maggieguite@gmail.com](mailto:maggieguite@gmail.com)

## **Meaningful Memorials**

**Tuesday 10<sup>th</sup> March at 11.00am**

Meet Rob Knee at St Nicholas to '**Find out about a man who fought beside Nelson, a Poet, a Miller, the richest man in Norfolk, a Doctor to 3 Kings and the family of Charles Darwin's apprentice - all and more, whose final resting places and memorials are in our church.**'

## **Life Giving Holy Habits**

**Thursdays at 7.00pm**

**26th Feb** - 'Forty days and forty nights' - *How does faith shape times and seasons?*

**5th Mar** - 'Tis good Lord, to be here' - *What does church design tell us about our faith?*

**12th Mar** - 'Reclothe us in our rightful mind' - *Does what we wear help us to do what we do?*

**19th Mar** - 'Seven whole days not one in seven, I will praise thee...' *How can we pray every day (not just Sundays!)?*

**26th Mar** - 'Were you there when they crucified my Lord?' - *Why are each of us part of the story of Holy Week and Easter?*

These will be led by David and Dan and will be held in the **St Nicholas Room**, each session begins at **7pm** with a welcome cuppa, then a talk and questions, ending with the short service of Compline, and our time together by **8.30pm**. All welcome to any and all sessions!

## **Market Day Communion Service**

**Thursdays at 10.30am**

Throughout the year we hold a simple and informal Communion Service in the Memorial Chapel or St Nicholas Room each Thursday (Market Day) at 10.30am. This includes a short 'thought for the day' linked to the season. Do join us.

## **Lent Lunches**

**Thursdays at 12.30pm**

The lunch is a simple one of soup, bread and fruit; raising money for Christian Aid. The dates, so far, are 19<sup>th</sup> February (St Nicholas Hall), 26<sup>th</sup> February (New Life |Centre) and 26<sup>th</sup> March (St Nicholas Hall). Other dates/venues to be announced.