

# TOGETHER

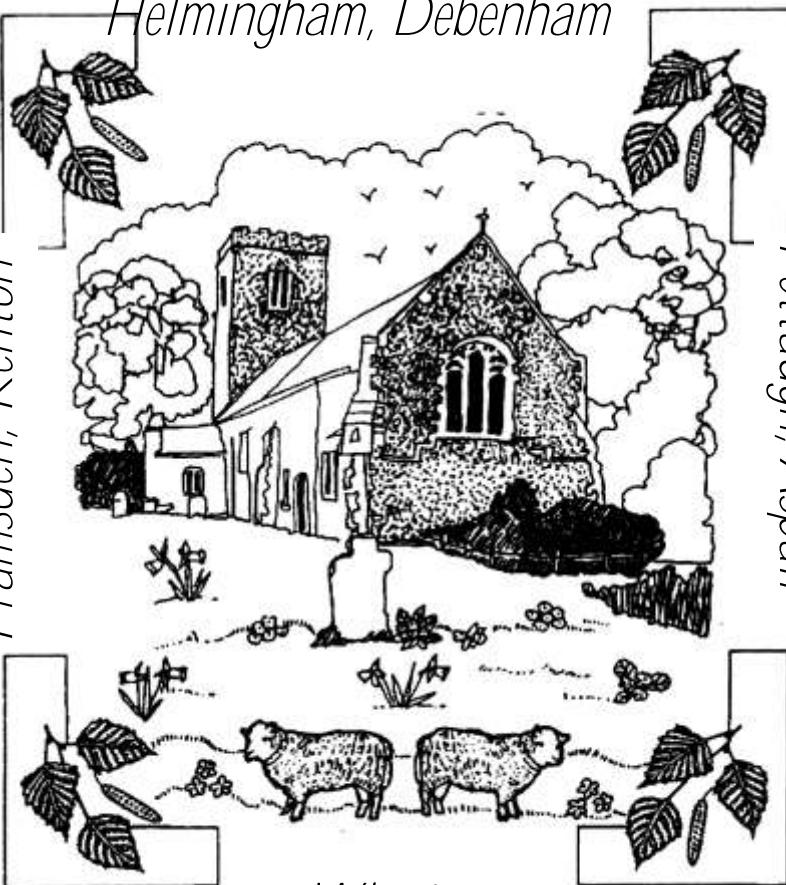
## Spring 2026

March to May  
Distributed free within the Benefice

*Helmingham, Debenham*

Framsdon, Kenton

Pettawg, Aspall



*Winston*



THE BENEFICE OF  
DEBENHAM & HELMINGHAM

## **Reflection by Rev'd Susan Taylor**

Richard Rohr is an American Franciscan priest who is also a well-known writer on spirituality. He was ordained to the priesthood in the Roman Catholic Church in 1970, founded the New Jerusalem Community in Cincinnati in 1971, and the Centre for Action and Contemplation in Albuquerque in 1987. He is thought of as one of the most popular spirituality authors and speakers in the world.

Rohr's spirituality is rooted in Christian mysticism, which is all about embracing the mystery that is God and allowing ourselves, through prayer and reflection to be transformed by the love of God. Rohr also follows the perennial tradition. Perennial philosophy is a school of thought and a type of spirituality that looks for and thinks about the recurrence of common themes across world religions. Themes such as peace and kindness and love; helping others and generosity. This philosophical tradition seeks out and reflects upon universal truths about the nature of reality and humanity: seeking what it means to be human and how we live a 'good' life... and how we relate to God.

In his book, *The Divine Dance*, Rohr talks about meeting a holy man in India. They talked about what it means to be a 'great' human being. And the holy man said, 'a great being has two hearts – one that bleeds and one that forbears'.

When we have a heart that bleeds this means that whatever we enter into union with, we will suffer with. When we choose to love, we will inevitably suffer in some way, if only at the loss of that loved one. When we give of ourselves that given-ness is not always received or returned and sometimes not even noticed.

But what about 'forbears', what does that mean? Well, the holy man said that a great being stays with what she loves; she is patient, she forgives... and she allows that which she loves to grow. She overlooks mistakes and so, in this sense, she suffers for and with reality.

Rohr goes on to say that this is the deepest meaning of passion. *Patior* is the Latin verb meaning to suffer. And in Holy Week and at Easter in the Christian church we talk about the Passion of Christ. Rohr realised that what the holy man was describing was Jesus. Jesus who at Easter and throughout time has two hearts... one which bleeds and one which forbears. At Easter, on the cross, Jesus bleeds. And in his suffering tells us that when we suffer, Jesus suffers with us. And throughout time Jesus also forbears; loving us,

## Debenham and Helmingham Benefice Church Services March 2026

Sunday 1st March	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 8th March	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Framden	Holy Communion
		Helmingham	Morning Prayer
Sunday 15th March	8.00am	Aspall	Holy Communion
Mother's Day	9.30am	Debenham	Holy Communion
		Framden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
		Kenton	Morning Prayer
Sunday 22nd March	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer
Sunday 29th March	10.00am	Kenton	Benefice Communion

forgiving us and allowing us to grow. Staying with us through all of our broken human ways and longing for us to grow in faith and love.

May we too, this Easter find that we grow two hearts.

Benefice Choir

If you would like to join the Benefice Choir please contact Peter Holmes on [peterholmessound@mac.com](mailto:peterholmessound@mac.com) or 07929 722819. The Choir sings at Benefice Services and other special services, normally including an anthem. This year the extra services include Easter Sunday (Debenham), Harvest Festival Family@Church, Remembrance Sunday (Debenham), Advent Carol Service (Debenham), plus Crib Service and Christmas Day services at Debenham. You don't have to be able to read music, though music will be provided. Male singers especially welcome!

## FRAMSDEN

Tragic Drowning of a Young Framsden Man in Victorian Times

There is a headstone in Framsden St Mary Churchyard, near the boundary to

# Holy Week 2026

## **Palm Sunday 29th March**

10am	Kenton	Holy Communion
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## **Monday 30th March, Tuesday 31st March, Wednesday 1st April**

7.00pm	Debenham	Compline
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## **Maundy Thursday 2nd April**

7.00pm	Debenham	Holy Communion
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## **Good Friday 3rd April**

1.00pm	Walk of Witness, Aspall Church to Debenham	
2.00pm	Debenham	Service for Good Friday

## **Holy Saturday 4th April**

10.30am	Debenham	Children's Crafts
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## **Easter Day 5th April**

6.00am	Crow's Hall	Sunrise Service
8.00am	Aspall	Holy Communion
9.30am	Debenham	family@church Communion
	Helmingham	Family Service
	Framsdene	Holy Communion
11.00am	Winston	Holy Communion
	Kenton	Family Service
	Pettaugh	Holy Communion

the west of the war memorial which reads as follows:

IN LOVING REMEMBRANCE OF  
WALTER PIPE  
AGED 18

WHO WAS DROWNED WHILST BATHING

ON THE 15TH JULY 1881

THIS MONUMENT IS A TOKEN OF (Some illegible)

**Debenham and Helmingham Benefice Church Services**  
**April 2026**

Easter Sunday 5th April	6.00am	Crow's Hall	Sunrise Service
	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
	9.30am	Framsden	Holy Communion
		Helmingham	Family Service
	11.00am	Pettaugh	Holy Communion
Sunday 12th April		Kenton	Family Service
	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
Sunday 19th April	11.00am	Framsden	Morning Prayer
		Helmingham	Holy Communion
	8.00am	Aspall	Holy Communion
Sunday 26th April	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
		Kenton	Morning Prayer
	6.30pm	Winston	Evening Prayer
	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer

**AFFECTION AND SORROWING (Some illegible)**  
**PARENTS ASSISTED BY FRIENDS (Some illegible)**  
**IN THE MIDST OF LIFE WE ARE IN DEATH**

Research carried out based on his headstone memorial inscription revealed more details. Searching the 1881 census records for Framsden, Walter Pipe (17 when census recorded) an agricultural labourer, lived with his parents Alfred and Maria Pipe, along with his siblings, in a dwelling near “Pope’s Hole” in Framsden.

According to a local resident who was born in Framsden and has lived there

all their life, “Pope’s Hole” or otherwise known as “Poke’s Hole”, is at the bridge close to Helmingham School. So this indicates that Walter and his family likely lived in what is known today as St John’s Row (built circa 1840).

Below is text transcribed from page 3 of East Anglian Daily Times from Tuesday 19th July 1881 reporting on the coroner's findings and description of what happened and where. A minor amendment has been made at the end part of the transcript for clarity.

**ACCIDENTAL DROWNING** – An inquest was held on Monday before CC Brooks Esq, Coroner for the Liberty of St Ethelreda, on the body of Walter Pipe, aged 18 years. From the evidence of William Sharman, it appeared that the deceased and several other young fellows went to bathe in the pond in Wade’s Meadow, in the occupation of Mr Posford, of Helmingham. Deceased after being in the water about ten minutes, said he dared go through a hole in the pond and accordingly walked on, but was warned back by his companions. He however persisted and after going a very short distance he disappeared. None of his companions could swim and so could render him any no effectual assistance. Aid was sent for at once, but before it arrived the deceased was drowned. The body was recovered about half-an-hour after by Mr H J Orchard, who went into the pond and secured it with the help of a rake. Deceased was the quite dead and in future all bathing in the pond is strictly prohibited. The jury returned a verdict of “Accidental death by drowning whilst bathing”.

Considering some of the details mentioned in the coroner's report. Wades Meadow is the field where the Helmingham Hall Estate are currently developing "Wades Barn", opposite Valley Farm on the B1077. There is a very large pit in the meadow behind the barn which takes in water and this was where the tragedy most likely occurred.

“In the occupation of Mr Posford” from the EADT, Mr Posford lived at Valley Farm opposite the meadow. (from census records)

Also, Mr H J Orchard was traced from 1881 census records and his occupation was listed as an elementary school teacher at Helmingham School.

### **In Memory of Walter Pipe 1863-1881**

*Research by Mr Steven Barron, a Framsden resident, on behalf of Framsden PCC.*



# WESTMINSTER BLINDS

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[www.westminsterblinds.co.uk](http://www.westminsterblinds.co.uk)

## The village needs you to volunteer to be a councillor!

**Helmingham Parish Council** is a Local Authority; the lowest tier of Local Government -



### **Helmingham Parish Council...**

- works to improve the quality of life in the village by engaging with the District and County Councils and the police, on areas such as roads, footpaths, planning applications and crime prevention - putting forward Helmingham's views, comments, needs and objections. Our District and County Councillors attend our meetings, listen to the views the Council and give us a 'heads up' on local issues.
- is consulted on a wide range of local plans, including health provision, bus services, libraries and public areas. We request action, help and advice from other organisations when needed.
- monitors and reports any issues on the local footpath network.
- has assisted local residents with a variety of private issues, helping them to access relevant support organisations.

### **We could do more! But we need you!**

- Helmingham Parish Council should have 7 Councillors, drawn from village residents. **We currently only have 4 councillors (only 1 of whom is a local resident, the others are District Councillors brought in to enable the Parish Council to function)**, meaning that many voices and ideas are not being heard.
- Although it has "Parish" in its name, the Council is not associated with the church, this is just a historical reference to the time when administrative powers for civil matters were separated from the church to elected bodies in 1894

**For more information please contact us through <https://helmingham.suffolk.cloud>**

## **HELMINGHAM**

Helmingham Primary School & Nursery

Our Topic this term is all about Disease! What was it like in a Victorian

## Debenham and Helmingham Benefice Church Services May 2026

Sunday 3rd May	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 10th May	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Holy Communion
		Framnsden	Morning Prayer
Sunday 17th May	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framnsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
		Kenton	Morning Prayer
	6.30pm	Winston	Evening Prayer
Sunday 24th May	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer
Sunday 31st May	10.00am	Pettaugh	Benefice Communion

hospital? How did we learn about germs if we can't see them? KS1 (Squirrels) & KS2 (Foxes) are delving into the gruesome history of medicine. KS1 are exploring key historical figures such as Florence Nightingale and Mary Seacole while KS2 children are being introduced to the work of famous people in medicine such as, Louis Pasteur and Joseph Lister and how their work impacts on our lives today.

Our Early Years (Hedgehogs) are looking at their 5 senses through the envi-

### Helmingham Quiz at Dove Cottage

**Wednesday May 20th 6.30 for 7pm**

Teams up to 6 or join a team on the night.

Bring your own refreshments

Contact; [office@helmingham.com](mailto:office@helmingham.com) or 01473 890363

In aid of St Mary's Helmingham.

# ST MARY'S ART EXHIBITION

Save the dates!

19, 20, 21 June 2026

[www.stmarysartex.org.uk](http://www.stmarysartex.org.uk)

ronment inside and outside. Growing plants and herbs to add to our cooking and use in potion making in our mud kitchen. We have been dressing up as doctors and nurses in our role play. Lots of mark making opportunities with clipboards and prescriptions to be written. Also Mrs Reeve, our new Hedgehogs Class Lead, has been bandaged, plastered and injected in her first term with us !!

Our Friends of Helmingham (FOH) continue to be a great support to the school. They run the Lego Club on a Friday night open to all students, maintain a pre-loved school clothing shed and raise funds to subsidise trips and purchase items that enhance the pupils experience. Their next event is a Family Fun Night on Saturday 14th March - a mix of family quiz and music games throughout the evening and an open mic whilst the pizzas and drinks are served.

We should by now have a new boiler and central heating in place at the school. The DfE agreed the funds back in January and it was full steam ahead. Our KS2 class have been using the Board Room in the Central Office next door whilst their class room was set aside. This is a great step forward for the school as it continues to grow and go from strength to strength.

We have spaces for 2 year olds in our Hedgehog Morning Sessions (8.30 – 11.30) so do come and visit us if you are looking for a Nursery place for your child (2 – 5 years) or ready to start/continue at a caring, rural Primary School. We are a friendly, small and dynamic school looking to share our enthusiasm ‘where every child counts’.

Check out our website, facebook page (you can look over our school from the drone film taken) or contact the office and speak with our new Admin Assistant Miss Phoebe Dix, who joined us in January, on 01473 890267 or 01473 355452 or email [office.helmingham@consortiumtrust.org.uk](mailto:office.helmingham@consortiumtrust.org.uk).

## PETTAUGH

Another year has flown by. It hasn't been the easiest with so much unrest in the world. Although there has been a few storms of late, we have been more fortunate than other parts of the country. It has been very sad to read the news from some of the easterly villages such as Thorpeness, as the sea continues to erode the coastline and properties are lost.

The Christmas Carol service was held in St Catherine's on the 14th December. It was enjoyed by many singing to the wonderful sound of the organ, and it was an enjoyable start to the Christmas celebrations.

A reminder that the Parish Pantry is open every Wednesday from 10.00am - 11.00am in Debenham Church. Just £3.50 to collect a bag full of groceries and it is open to all within our benefice. Also the Parish Cafe is open every Wednesday 10.00am - 11.30am noon in Dove Cottage for a cuppa, cake and chat in the warm (for a donation only). All welcome.

St Catherine's Church is always needing maintenance within the church and the grounds, any offers of help are always most welcome. Please contact the Church Warden, Sheila 01473890883.

We are looking to hold more events at St Catherine's this year. We hope that residents and other local villagers will join in these community events. A few dates for your diary:

- Sunday 5th April 2026 - Easter Sunday Holy Communion service at 11am. All welcome.
- Saturday 11th April 2026 - Soup Lunch and cake, tea or coffee 12 to 2.30pm
- Sunday 29th September 2026 - Harvest festival 11am.
- Saturday 3rd October 2026 - Cheese and Wine 7-9pm.

Finally, some sad news: Andrew Page died peacefully at home, The Lawns, Ipswich Way on 26th January 2026. He moved there from Tattingstone with his mother Rhona Page in the late 1970's. Rhona died some years ago. Andrew, as many of you will recall, walked regularly in his yellow vis vest near his home.

## WINSTON

Sandra and Livvy would like to thank everyone who kindly donated to their door to door collection for the Poppy Appeal—just over £400 was collected. Many thanks once again. Sandra and Livvy have been presented with

badges for long service to the Poppy Appeal: Sandra for 25 years and Livvy for 15 years. It was lovely to see a good number of adults and children at the Remembrance Sunday Service.

The Early Bird Christmas Market in November raised just over £620 for the church and schoolroom funds. Many thanks to everyone who helped and supported the event and to Kate Branch for all the behind the scenes work. We are always amazed at the refreshments that are very kindly made for our events. Thank you all very much.

The Art Collective group of local artists held a weekend exhibition and sale of their artwork in the Schoolroom in late November. We look forward to their next exhibition.

Congratulations to Richard Branch and Charlotte Skeet who were married at Winston Church on Saturday 6th December, followed by the reception at Bruisyard Country Estate, a really lovely day. Love and best wishes to you both and Aggie the dog.

The Carol Service on Christmas Eve was very well attended and we thank all those who helped in any way: Veda Berriman for taking the service, Shaun Valentine for providing the music and a special Thank You to all the readers who did an excellent job in front of a full church. The collection of £157.15 was sent to E.A.C.H.

Lynn has kindly agreed to set the questions again for our **Annual Quiz**, usually sometime in March/April, to be confirmed: prompt 7.30pm start in the Schoolroom. Teams of 4, £5 per person. Please bring cash and for the raffle. Cakes at half-time but please bring your own drinks and table nibbles.

Please see the pattern of services for Spring elsewhere in the magazine, including the Evening Prayer resuming from April.

As I write this it is still January and the date of the **Winston Fete** has yet to be confirmed but we will let you know whenever it is! Please think of us if you have any books and white elephant items. We would be very grateful for offers of cakes, etc for the teas and cake stall. Entry and car parking will be free. If you have any new items for the fete, please let one of us know. .

*Sandra*

## DEBENHAM

Parish Pantry

Every Wednesday morning, 10am to 11am in the church. Collect a bag of groceries for £3.50.

## Parish Café

Every Wednesday, 10am to 11.30am in Dove Cottage. Hot drinks, cake and chat, for a donation only.

## Family@church

A family friendly service for the young and not so young. On the first Sunday of each month, 9.30am breakfast, 10am service.

## The Corner Café

Open every Thursday from 4-6pm (ages 11-17). Venue: Dove Cottage, Debenham

Serving a range of different drinks including coffees, iced coffees, bubble tea.

Different flavours of muffins, doughnuts and other snacks available at affordable prices. A cosy chill place to hang out with your mates or even to just relax alone.

Wifi available. Now with air hockey table!

## Debenham United Reformed Church

Tuesdays Drop in coffee morning anytime between 10:00 -11:30.

Sunday Services at 10.45am.

Cakes and Choruses on the last Sunday of the month at 3pm.

Friends and Neighbours 2pm-4pm monthly on Thursdays.

For services see [www.urcstowmarketandvillages.com](http://www.urcstowmarketandvillages.com)

## Waveney Foodbank

A collection box for Waveney Foodbank is in the church porch. Debenham Co-op also has a box for collections (Stowmarket Foodbank), as does the Forge Community Church.

## Meet up Mondays

10am-2pm in Dove Cottage. Lots of activities including jigsaw puzzle exchange, refreshments, games, crafts and books. Dogs welcome.

## Debenham Library

*Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, A4 Laminating, CDs, audiobooks, downloadable music/audiobooks/eBooks, free reservations, drinks for sale. The room is available for hire outside opening hours.*

Tuesday 0930 am – 1300 pm

Wednesday 1500 – 1930 pm

Saturday 0900 am – 1300 pm

Sunday 1200 – 1600 pm

Tel: 01728 861940 Email: [debenham.library@suffolklibraries.co.uk](mailto:debenham.library@suffolklibraries.co.uk)

[www.suffolkcommunitylibraries.co.uk/libraries/debenham](http://www.suffolkcommunitylibraries.co.uk/libraries/debenham)

Facebook: @DebenhamLibraryandFriends

Suffolk Libraries: Mobile Library Routes (every 4 weeks)

Aspall Church, Thursdays 1145-1210

Framsdon Village Hall, Thursdays 1400-1415

Pettawh, Old Bull, Fridays 1535-1555

See [www.suffolklibraries.co.uk/visit/mobile-libraries](http://www.suffolklibraries.co.uk/visit/mobile-libraries) for more information.

Debenham Shed

In December we returned “Jim’s Bench”, now repaired, to its prime position by Debenham’s lake, giving a splendid view towards the village. The repairs were funded by a benefactor in Debenham.

The Shed recently bought a small portable forge from a farrier and installed it in our recently completed rear extension. We hope to have blacksmithing classes before long!

The UK Men’s Shed Association Armed Forces Community have awarded Debenham Shed a silver Certificate, in recognition of our being open and willing to welcome and support current and past members of HMAFs (regular or reserve) and their families, partners and dependents.

We have various items of furniture and other goods for sale which have been donated. To see the full list, go to [www.debenhamshed.org.uk](http://www.debenhamshed.org.uk) and click on “For Sale” at the top, or on the menu if you’re using a smartphone. The prices are very reasonable—you can make us an offer.

Our provisional dates for workshops in 2026 are as follows, 10am-2pm:

Sat 11 April: Intro to Fusion 360 and 3D printing laser cutting part 1

May (date to be fixed): metal casting and metal forge work

Sat 13 June: further Fusion 360 and 3d printing part 2 laser cutting

Sat 12 September: TBA

Also workshops for willow weaving, candlemaking and spinning, dates to be arranged. Contact us at [events@debenhamshed.org.uk](mailto:events@debenhamshed.org.uk) or on the numbers below if you are interested. Normal charges are £5 for members, £10 for non-members, to cover materials.

*What is Debenham Shed? A place to make things by yourself, with guidance or with others. It could be in metal, cloth, wood or plastic. We have lots of tools and sourcing materials. You may want to repair or make new—the limit is your imagination. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter. De-*

### **Dove Cottage**

is available to hire: contact Ray Watts,  
70 High Street, Debenham IP14 6QP

Tel 01728 860255

Email [wattsdebenham@aol.com](mailto:wattsdebenham@aol.com)

### **Winston School Room**

is available to hire: see back page for  
details.

## **The Corner Cafe**

Open every Thursday during term-time from 4-6pm (ages 11-17)

Venue: Dove Cottage, Debenham

Serving a range of different drinks including coffees and ice coffees

Different flavours of muffins and other snacks available at affordable prices.

A cosy chill place to hang out with your mates or even to just relax alone.

Wifi available.



## **PARK FARM MEADOW**

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The meadow is an exclusive field for you and your dog, Surrounded by a 6ft high dog proof fence in around 3 acres. Set in a beautiful quiet area, safe and secure.

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[www.parkfarmmeadow.com](http://www.parkfarmmeadow.com) Facebook page: @Parkfarmmeadow  
Email [acjfarms295@gmail.com](mailto:acjfarms295@gmail.com)

Park Farm meadow, Winston Green IP14 6BD

*benham shed is open to all.*

Debenham Shed is at 2 Fields Farm, Low Road (IP14 6BJ). We are open on Monday mornings 9am-12pm, Fridays 10am-5pm and normally the second Saturday morning of each month. Membership by the year, half-year or PAYG. Chairman: Rob Davies 07952 556152 Treasurer: Tony Hutt 07906 614328. Visit our website at [www.debenhamshed.org.uk](http://www.debenhamshed.org.uk) (sign up to newsletters on the Contact page) Email [info@debenhamshed.org.uk](mailto:info@debenhamshed.org.uk). Like our Facebook page at [www.facebook.com/DebenhamShed](http://www.facebook.com/DebenhamShed). Registered Charity 1212367.

### Debenham Green Team

On the first Saturday of each month, outside The Lion from 9am-11am, we collect Tetrapak cartons, plastic flower pots and contact lens packaging, as well as the items below. We have containers for dental products and corks at the back of the church. Also old candles for recycling. River sampling takes place monthly.

Join the mailing list at [debenhamgreenteam@gmail.com](mailto:debenhamgreenteam@gmail.com) or look at the website [https://www.debenhamgreenteam.co.uk](http://www.debenhamgreenteam.co.uk). See the events coming up at [www.facebook.com/DebenhamGreenTeam..](http://www.facebook.com/DebenhamGreenTeam..)

### Debenham History Society

See [https://thedebenharchive.net](http://thedebenharchive.net) for the current series of programmes, as well as an extensive archive of information, photographs, publications, etc and to join their mailing list. Publications now archived include Debenham Parish Magazine and this magazine.

### **Editor's notes**

The Copy deadline for the next *Together* magazine (June to August) is **25 April**, and is normally published about two or three weeks later. Quarterly, A5 format. 700 copies are printed and collated on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or MS Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can't do any of these send the copy in the post.

**Editor:** Tony Hutt, Email: [tony@tonyhutt.co.uk](mailto:tony@tonyhutt.co.uk) Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

**Advertising** payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: [cmcbranch@btinternet.com](mailto:cmcbranch@btinternet.com) (payable to Winston PCC). 1/8 page for £20 p.a. (4 issues); 1/4 page for £40

# WAGS AND WIGGLES

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p.a.; ½ page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

This magazine is published online at [www.achurchnearyou.com/debenham](http://www.achurchnearyou.com/debenham) and earlier copies are available at <http://thedebenharchive.uk>.

### Fox Fritillary Meadow

The message at [www.suffolkwildlifetrust.org/reserves/fox-fritillary-meadow](http://www.suffolkwildlifetrust.org/reserves/fox-fritillary-meadow) is currently as follows: “We are not hosting an Open Day event in 2025 to enable the fritillaries and other wildflowers a chance to recover. We hope to host an Open Day in April 2026.” However, snakeshead fritillaries and cowslips can be seen at Saxtead Little Green (World’s End Road, near Foxearth Lodge) and at Martin’s Meadow, Mickfield.



Come & enjoy local hospitality at the newly restored

16<sup>th</sup> Century Community Owned pub in Framsden  
**THE FRAMSDEN GREYHOUND**

Our winter opening hours are:

**Wednesday evening:** 6pm - 9pm

**Thursday /Friday/Saturday:** 11am - 3pm  
& 6pm - 9pm

**Sunday:** 10am - 4pm



Home cooked food served Thursday/Friday/Saturday/Sunday 12pm - 2 pm  
and on **Thursday/Friday/Saturday** evenings 6pm - 8pm

On **Sundays** we serve **breakfast** from 10 am too!

Full details are on our **website** including any events.

[www.framsdengreyhound.co.uk](http://www.framsdengreyhound.co.uk)



The Framsden Greyhound  
The Street, Framsden IP14 6HG

Tel : 07541 764899

**WHAT3WORDS:** Consoled.Scanner.Galleries

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OF DEBENHAM

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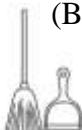
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### Useful links

Debenham website and PC

[www.debenham.onesuffolk.net](http://www.debenham.onesuffolk.net)

Framsdon PC

[www.framsdon.onesuffolk.net](http://www.framsdon.onesuffolk.net)

Framsdon village

[www.framsdon.org.uk](http://www.framsdon.org.uk)

Helmingham School and Nursery

[www.helmingham.suffolk.sch.uk](http://www.helmingham.suffolk.sch.uk)

Winston website and PC

[www.winston.onesuffolk.net/parish-council](http://www.winston.onesuffolk.net/parish-council)

Pettaugh website and PC

[www.pettaugh.suffolk.cloud](http://www.pettaugh.suffolk.cloud)

Framsdon Baptist Church

[www.framsdonbaptistchurch.org](http://www.framsdonbaptistchurch.org)

Forge Church (Debenham)

[www.forgechurch.com](http://www.forgechurch.com)



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## WHO'S WHO IN THE BENEFICE

**Rector** Revd. Susan Taylor 07990 959593 [\(Please note, my usual day off is a Friday and every third Saturday of the month.\)](mailto:revsusantaylor@icloud.com)

### Chaplain Debenham High School and Associate Priest

Rev Keith Rengert 07990 959593

### Ministry Team

Mrs Veda Berriman 01728 861363

Mr Mark Trevitt 01473 890568

Note: Ministry Team phone number: **07990 959593**.

Website: [www.achurchnearyou.com/debenham](http://www.achurchnearyou.com/debenham)

Facebook: @debenhamandhelmingham Instagram: debenham\_helmingham\_benefice

### Churchwardens

#### Debenham, St Mary Magdalene

Mrs Sheila Blackwell 01728 861815

Mrs Betty Connors 01728 860513

#### Helmingham, St Mary

Mr Mark Trevitt 01473 890568

Melvyn Blower 07368 296509

#### Aspall, St Mary of Grace

Mr Andrew Ward 01728 860343

#### Framsden, St Mary

Mrs Christine Schofield 01728 684076

#### Kenton, All Saints

Mr Vic Woodgate 01728 861118

#### Pettaugh, St Catherine

Mrs Sheila Janson 01473 890883

#### Winston, St Andrew

Mr Brian Branch 01728 861004

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