

# DRAW NEAR Lent 2026

LIFE-GIVING HABITS FOR LENT

We prepare...

## ASH WEDNESDAY – 18<sup>TH</sup> FEBRUARY



### 12:30 Prayer & Penitence

*a shorter lunch-time service*

### 18:30 Ash Wednesday Eucharist

*A gently interactive service with prayer, hymns and self-examination*

Both services will include opportunity for the Imposition of Ashes

## QUIET DAY – SATURDAY 21<sup>ST</sup> FEBRUARY

**10:00 – 15:00 at St Philip the Apostle** Coombe Rd, SE26 6QW

With reflections led by Fr David Vyvyan, Vicar of St Saviour's Church, Brockley Rise. Coffee will be served from 09:30 and there will be a break for Mass followed by a light lunch around midday.

## PAUL & PASTRIES – SUNDAY 22<sup>ND</sup> FEBRUARY

**09:15 – 09:45** A brief introduction to St Paul's letter to the Romans, from which many of the Lent Sunday and Lent Group readings will be taken.  
*+ breakfast pastries!*



**St Bartholomew's Church**  
Westwood Hill, Sydenham

**Mind and heart renewed...**

## LENT READING

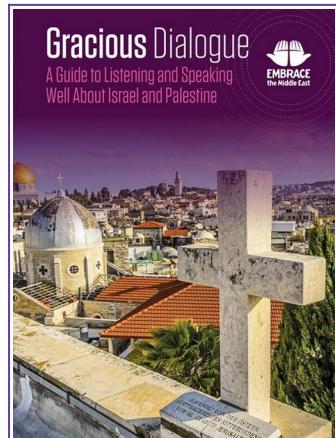
There is a selection of books at the back of church suitable for Lent reading – do help yourself, but please return them when you have finished reading them!

## LENT STUDY – “GRACIOUS DIALOGUE”

**19:00 Wednesdays in Church**  
(following Evening Worship @ **18:00**)

Starts on Wednesday **25<sup>th</sup> February**

Mixing different theological interpretations of key passages in Paul’s letter to the Romans, snapshots of key historical moments, and discussion points designed to create space for respectful dialogue, aiming to help us listen and speak well about Israel and Palestine.



## ONE BODY, ONE BREAD



**Sundays 8<sup>th</sup> and 22<sup>nd</sup> March 15:30 – 17:00**  
*in Church*

Explore together how and why we celebrate Holy Communion, the shape and different parts of the Eucharist, and what they mean for us.

Though planned primarily for young people and their families preparing to be admitted to receive Holy Communion, the group is open to everyone who would like a simple ‘refresher’ on this central act of our worship.

**Mind and heart renewed...**

## **DAILY PRAYER AND REFLECTION**

**Simple forms of Prayer During The Day and Morning & Evening**

**Prayer** are available from church (near the entrance). These can be used individually or with others as a structure for daily prayer.

Designed to be easy and ready to use by anyone, even those who may be unfamiliar or not (yet!) in the habit of daily prayer. You are also welcome to join with the clergy for daily prayer in church on **Tuesdays and Thursdays at 09:30 and 18:00**.

**'Draw Near – Life giving habits for Lent'** is a series of daily reflections from our Archbishops, available as an App for Android or iOS. Search for **'Everyday Faith'** in the Play or Apple App stores.

## **PENITENCE**

Lent is a season for self-examination and repentance – turning away from that which is wrong, putting things right and re-committing to walking the way of Christ, with heart and mind renewed.

The Lent Cross offers a focus for penitential prayer through the season. If you think you might find the Sacrament of Reconciliation ('Confession') helpful do speak to Rev'd Jim or Mthr Bethany.



**Loving reverence...**

## **THE WAY OF THE CROSS**



Prayers for each of the stations shown around the church are available near the entrance, to use for personal prayer and devotion whenever church is open.

## **Loving reverence...**

### **FASTING**

Christians have long valued fasting as a spiritual discipline; an aid to prayer, a reminder that 'we do not live by bread alone', and as an act of solidarity with those in greater need. Lent fasting may take the form of complete abstinence for a period of time, or of simply 'giving up' something to remind ourselves that there is more to life than food and drink, noise and activity, work and pleasure.

## **Willing service...**

### **FASTING... AND GIVING**

*If appropriate for your own health and well-being, you might consider fasting for one meal a week (or even day) and donating the equivalent of the food you would have eaten to our food bank collection at the back of Church.*

### **BISHOP OF SOUTHWARK'S LENT CALL**



Bishop Christopher's Lent Call for 2026 is raising funds for projects focusing on schools that will help children and young people to flourish in our partner Diocese of Jerusalem and in Zimbabwe, as well as our own Diocese of Southwark.

More details, including how to donate online, can be found at:

[southwark.anglican.org/news-events/events/lent-call/](https://southwark.anglican.org/news-events/events/lent-call/)



Cash donations to the Lent Call can be made by including them in an envelope clearly marked 'Lent Call' and placed with the usual offerings and donations at church.