

Bible Verses

1	Joel 2:12	2	Psalm 51:10
3	Isaiah 1:18	4	Eze. 36:26
5	Isaiah 58:6	6	Matthew 6:16
7	Romans 12:1	8	Philipp. 3:10
9	John 3:16	10	Isaiah 53:5
11	Luke 22:42	12	Matthew 27:46
13	Romans 5:8	14	Ephesians 2:8
15	2 Cor. 5:17	16	1 John 4:9
17	Proverbs 3:5-6	18	Psalm 56:3
19	Hebrews 11:1	20	Isaiah 26:3
21	1 John 1:9	22	Coloss. 1:13-14
23	Acts 3:19	24	Micah 7:18
25	John 11:25	26	Romans 8:38-39
27	1 Peter 1:3	28	Rev. 21:4
29	Philipp. 4:13	30	Joshua 1:9
31	Matthew 11:28	32	Psalm 23:1
33	Matthew 22:37	34	James 4:8
35	Galatians 2:20	36	2 Tim. 1:7
37	Ps. 119:105	38	Isaiah 40:31
39	Matthew 6:33	40	John 15:5

Remember Sundays aren't counted in the 40 days. Use verses as often as you want - go mad!

Lent at St. Paul's Adlington 2026



LENT AND EASTER DATES

Ash Wednesday 18th February

9.30 am Mass

7.30 pm Sung Mass

Lent Course 6.30 pm in the Club

Thursday -19th and 26th February

Thursday - 5th, 12th and 19th March

Stations of the Cross 1.00 pm (Mixing things up!)

Thursday - 19th and 26th February

Thursday - 5th, 12th and 19th March

HOLY WEEK

7.00 pm Mass on Monday, Tuesday and Wednesday

MAUNDY THURSDAY

7.30 pm Sung Mass. Stripping of altars and vigil

GOOD FRIDAY

9.30 am Morning Prayer and Litany

10.30 am Stations

2.00 pm Liturgy of the day (tea in club after)

HOLY SATURDAY

9.30 am Morning Prayer followed by decorating of church

8.00 pm Vigil and First Mass of Easter

EASTER DAY Services as usual

Lenten Observance

1. Giving. A good way to realise how much we rely on God. Make an effort to give to Church or charity – perhaps an event.
2. Bible. On the back page are daily Bible verses. Read them slowly and finish with the Lord's Prayer. Or ask Fr. G for some guided reading.
3. Give time. Adopt a service or the Lent course. Or take on a task or visit someone.
4. Do the little things well. Say Grace before meals. Or sit quietly and pray before Mass. Or say a prayer for bed to thank God for the day and protection through the night.