

## Bible Verses

1	Joel 2:12	2	Psalm 51:10
3	Isaiah 1:18	4	Eze. 36:26
5	Isaiah 58:6	6	Matthew 6:16
7	Romans 12:1	8	Philipp. 3:10
9	John 3:16	10	Isaiah 53:5
11	Luke 22:42	12	Matthew 27:46
13	Romans 5:8	14	Ephesians 2:8
15	2 Cor. 5:17	16	1 John 4:9
17	Proverbs 3:5-6	18	Psalm 56:3
19	Hebrews 11:1	20	Isaiah 26:3
21	1 John 1:9	22	Coloss. 1:13-14
23	Acts 3:19	24	Micah 7:18
25	John 11:25	26	Romans 8:38-39
27	1 Peter 1:3	28	Rev. 21:4
29	Philipp. 4:13	30	Joshua 1:9
31	Matthew 11:28	32	Psalm 23:1
33	Matthew 22:37	34	James 4:8
35	Galatians 2:20	36	2 Tim. 1:7
37	Ps. 119:105	38	Isaiah 40:31
39	Matthew 6:33	40	John 15:5

Remember Sundays aren't counted in the 40 days. Use verses as often as you want - go mad!

## Lent at St. Paul's Adlington 2026



## LENT AND EASTER DATES

### Ash Wednesday 18<sup>th</sup> February

9.30 am Mass

7.30 pm Sung Mass

### Lent Course 6.30 pm in the Club

Thursday -19<sup>th</sup> and 26<sup>th</sup> February

Thursday - 5<sup>th</sup>, 12<sup>th</sup> and 19<sup>th</sup> March

### Stations of the Cross 1.00 pm (Mixing things up!)

Thursday - 19<sup>th</sup> and 26<sup>th</sup> February

Thursday - 5<sup>th</sup>, 12<sup>th</sup> and 19<sup>th</sup> March

### HOLY WEEK

7.00 pm Mass on Monday, Tuesday and Wednesday

### MAUNDY THURSDAY

7.30 pm Sung Mass. Stripping of altars and vigil

### GOOD FRIDAY

9.30 am Morning Prayer and Litany

10.30 am Stations

2.00 pm Liturgy of the day (tea in club after)

### HOLY SATURDAY

9.30 am Morning Prayer followed by decorating of church

8.00 pm Vigil and First Mass of Easter

### EASTER DAY Services as usual

### Lenten Observance

1. Giving. A good way to realise how much we rely on God. Make an effort to give to Church or charity – perhaps an event.
2. Bible. On the back page are daily Bible verses. Read them slowly and finish with the Lord's Prayer. Or ask Fr. G for some guided reading.
3. Give time. Adopt a service or the Lent course. Or take on a task or visit someone.
4. Do the little things well. Say Grace before meals. Or sit quietly and pray before Mass. Or say a prayer for bed to thank God for the day and protection through the night.