



SEARCH

mission and outreach



St Andrew's, Zurich, with Baden, St. Gallen and Zug

The Association of the Anglican Church in Zurich

Information about our Parish

Standard Church Services

Sundays

- 09:00 Said Holy Communion at St Andrew's
- 10:30 Sung Holy Communion at St Andrew's
- 17:00 Holy Communion at St Gallen (2nd Sunday)
- 17:00 Holy Communion at Baden (3rd Sunday)
- 17:30 Holy Communion at Zug (4th Sunday)

Weekdays

- Tuesdays Choral Evensong at 19:00 at St Andrews (monthly)
- Wednesdays Said Holy Communion at 10:15 at St Andrew's

Children and Young People

Creche

There is a creche facility at the front of the church for children and parents. You are welcome to use it or its books and toys during the services.

Junior Church

(Ages 4 to 12 years – Zurich term times only)

Meets during the Sunday morning service in the Community Centre under the church

Contact: ic@standrewszurich.church

Youth Group

(Ages 12 upwards - Zurich term times only)

Meets either in Church or online Friday evenings 6.30 – 8.30 pm

Contact: youthgroup@standrewszurich.church

Contacts and Information

Chaplain – The Revd Jackie Sellin: jackie.sellin@standrewszurich.church

Chaplaincy Office: **Email:** office@standrewszurich.church;
Telephone: +41 (0)44 252 6024

Chaplaincy Website: <https://standrewszurich.church/>

A Church Near You (CofE):<https://www.achurchnearyou.com/church/19749/>

Facebook: <https://www.facebook.com/StAndrewsZurich>

Letter from the Chaplain



“Father, forgive.” As we begin Lent and the 40 days of preparation for Holy Week and Easter, we enter a time of reflection. A time to step back and look at our lives, the world, where we are now and where we hope to be. Yes, it is a time to be serious about things – and yes, giving something up for Lent can help focus us, remind us of what this season is all about – but not in a *mea culpa*, I am not worthy, self-mortifying way. This is not a time to look at our manifold sins and wickednesses and get bogged down in naming every single thing and feeling sorry for ourselves because of our failings. This is not what “O lamb of God, that taketh away the sins of the world” demands of us.

It is a recognition of the things we have done, and not done, yes, but it is to be done in the light of the fulfilled promise of Christ, his words at the Last Supper: “this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins.” It is done to bring transformation, to restore hope. Our examination of ourselves is done in the hope Christ’s promise, the gift that is given through his life death and resurrection. Yes, we acknowledge that we have trespassed, but we know that before we even confess them, these are forgiven, just as we forgive others.

This contemplation of who we are, where we are, is done in the light of the one who came to give us hope, forgiveness and life. The one who tells us: ‘I believe in you, you can be more than you are. Follow me, forgive others, forgive yourselves, and step forward into the light with

me. Don't just sit there wallowing in those things that you have done, or not done, but learn from these, move forward in the light of these, using the past deeds to know better how to live now and in the future, to understand what my calling to you is, and go out into the world, be there, be with me there.'

We acknowledge our sins and wickedness and accept the freely given, but dearly-bought, forgiveness from the one who forgives from the heart. Then we are tasked to take this gift of forgiven-ness into our lives by living God's word in all we do – in our thoughts, words and deeds. Walking with Christ to bring hope back into the world by sharing God's love and loving forgiveness with all. By seeking to transform the lives of those who live in darkness, in poverty, in hopelessness, in fear, who are struggling against all the world throws at them, struggling to forgive themselves, forgive others or feel forgiven.

Perhaps this Lent, instead of giving something up to help ourselves, we can take something up – a charity, an activity, - which builds up the lives of others. Perhaps this Lent we can donate to groups that help those in need or difficulty across the world, across Switzerland, across Zurich. Perhaps we can use the time to look at how we treat each other – do our actions show our love of each other or do we let our hurts, our assumed slights, get in the way of true relationship with each other and with God. Even little changes can help transform the world, make it more like the promised kingdom where each and every one of us lives life in all its fullness, where all feel safe, and greed, hate, terror, oppression are overcome, where those who spout hate and division are transformed, their words turned from fear-instilling to love-building, and where all hearts are united in the love of God, our love for God and our love for neighbour.

Let's use this Lent for a positive change letting the promise of Christmas move us forward through the reflecting we do in Lent, to the glorious transformation of Easter: let there be peace on earth and let it begin with us, now, today, this Lent and on into the rest of the year.

Revd Jackie

Annual General Meeting

The Chaplaincy will be holding its Annual General Meeting on Sunday 19th April 2026 following the 10.30am service. This is an opportunity to catch up with what has been happening in the Chaplaincy over the past year, and to see some of the plans we have for the coming year. It is also the time for the presentation of the accounts and of the budget for the upcoming year.

At the meeting we will be holding elections for various posts: the churchwardens need to re-elected for the coming year, there are several Council positions that are coming up and the Archdeaconry Synod representatives also need electing. Those in post can apply, but anyone who is on the electoral roll can nominate someone or stand for election themselves. The posts give you a say in the running of the Chaplaincy and offer an opportunity to see what it takes to keep the Chaplaincy on track and moving forwards.

Please do consider standing for one of the posts yourself, or nominating someone else who you think would be good in one of the roles. If you are not yet on the Electoral Roll, then please do consider joining the roll so that you can play an active part in the oversight and administrative life of the Chaplaincy. The more people we have who are taking an active role in the life, mission and ministry of our Chaplaincy, the better.

“Prologue: sounding the Seasons”

Tangled in time, we go by hints and guesses,
Turning the wheel of each returning year.
But in the midst of failures and successes
We sometimes glimpse the love that casts out fear.
Sometimes the heart remembers its own reasons
And beats a Sanctus as we sing our story,
Tracing the threads of grace, sounding the seasons
That lead at last through time to timeless glory.
From the first yearning for a Saviour’s birth
To the full joy of knowing sins forgiven,
We start our journey here on God’s good earth
To catch an echo of the choirs of heaven.
I send these out, returning what was lent,
Turning to praise each ‘moment’s monument’.

(Malcolm Guite (2012) Sounding the Seasons – Seventy Sonnets for the Christian Year, Canterbury Press, Norwich, p1)



Chaplaincy News

Quiz Night - our Quiz this year is on Saturday 21st March in the evening. Please save the date and find your team – it can get quite competitive! More news on this from Nick will follow – watch this space and look out for the emails and posters advertising the event.

Finance Q & A – to be held to consider the budget and finances of the Chaplaincy on Sunday 22nd March following the 10.30am service. Again, this is an opportunity to see what the Chaplaincy is doing and what its budget plans are for the coming year. Please do come along and take part in this event, seeing our needs and our plans and how our finances will help us achieve these.

Easter Activity Day - Saturday 28th March, in the morning at St Andrew's. Run by the Junior Church Team, a morning of Easter related activities and fun, including a cake sale. Look out for more information nearer the time.

Mothering Sunday on Sunday 15th March - There will be a shared lunch following the 10.30am service as we come together as the church family to break bread and share time together. Look out for further details soon.

“Living through Lent” - A Quiet Day led by Bishop Alison White, Assistant Bishop in the Diocese in Europe for the Swiss Archdeaconry Continuing Education Programme supported by all the Swiss Anglican chaplaincies. Saturday 28 February 2026 10.00am – 4.00pm at All Saints Vevey. This Quiet Day offers us space to clear the soul's clutter and attend to our call to accompany Christ through the wilderness, taking on death and discovering resurrection. It will include reflections offered by Bishop Alison, times of silence, and moments of shared prayer. Please bring your own sandwich lunch: coffee and tea will be provided. There will be no charge for the Quiet Day but it is helpful to know numbers in advance for handouts and refreshments. Can you please let Dr Clare Amos, Director of Lay Discipleship, know that you intend to be present.

Clare.amos@europe.anglican.org

Music at St Andrew's

Music is a major part of the life of our Chaplaincy and there are many opportunities on offer to get involved in the musical life of the Church.

St Andrew's Choir

For older teenagers and adults our choir offers an opportunity to sing Anglican choral music. Our choir welcomes sopranos, altos, tenors and basses to sing pieces from across the Anglican repertoire and across the ages – from Purcell to Parry to Dove. They sing regularly in our main Sunday service and at a monthly Choral Evensong, and often take our Choral Evensong to our ecumenical partners in Zurich, singing in Predigerkirche and Augustinerkirche. At Christmas, our choir sings carols services in St Gallen, St Andrew's and Augustinerkirche, whilst a smaller group also sings a carol service in our daughter community in Zug. They also sing at our Ash Wednesday and Maundy Thursday services as well as a Good Friday service of words and music. Before the summer holidays they also hold an end of year concert in which they combine some of their religious repertoire as well as some secular pieces. Choir practice is Thursday evenings between 7 and 9pm.

St Andrew Choristers

For our young people who have treble voices we have our Choristers. This lively group of youngsters meets regularly during Zurich school terms after the main 10.30am Sunday service to rehearse music ready to take part in our Sunday services and carol services. They follow the RSCM training programme to learn about music and singing and earn their medals. They join our main choir regularly for Evensong, Sunday services and in our carol services in December. Once a year they have a trip to either join with others junior choirs or just sing in a different church in a different part of Switzerland.

STArS

For those who enjoy singing but who prefer a more informal style of music come and join the St Andrew's Singers (STArS). This group meets frequently to practice for half an hour after our main Sunday service. Their repertoire includes world music and music from the Iona Community and Taizé. This group leads the worship in our four Intergenerational Services in which the leadership of parts of the service are shared with younger members of the congregation. STArS is open to singers of all abilities – all that is needed is willingness to learn new songs and enthusiasm.

Words Matter!

I was inspired by an article in my newspaper this week. Martin Luther King III (1), the son of Martin Luther King jnr, wrote about the power of language to build up or break down. The words we choose to use to talk to or about others can really influence how that person is seen, feels or is represented. As Christians, we are commanded to love God with our heart, mind, soul and strength and to love our neighbour as ourself. In loving our neighbour, we are to speak with kindness, compassion, love. To use words which strengthen others, supporting them. We are also called to consider the words used in our wider society: to challenge the language of division, which demeans or dehumanises others, which destroys self-worth, diminishes or threatens. In the eyes of God, all humans are loved, all have a value beyond measure, and we, as beloved children of God ourselves, should work with God and each other to make sure no-one feels unloved, unworthy, that the language of hate, of name-calling, of prejudice is challenged and transformed into words of hope, love, unity and encouragement, so that God's will may be done on earth as it is in heaven, and so we live out the command to love God wholly and fully, and love our neighbour as ourself.

Our Lent Course: Lent February and March 2026:

Walking Holy Week with the Disciples

Have you ever wondered what the disciples were thinking during the events from Palm Sunday to Easter Day? This year's Lent course is offering a chance to walk with the disciples as they move through the events of that week with Jesus. We use the Gospels to try and understand their thoughts and feelings as they watched and worked with Jesus following his entry into Jerusalem. The sessions are based on ideas in the book: "Notes on an Execution" by Rhidian Brook (2025, SPCK) but rewritten and adapted for our Chaplaincy. The book itself is very interesting, ending with a series of meditations on Good Friday and the thoughts of the two disciples on the road to Emmaus. Our course walks towards Good Friday, piecing together the thoughts of the disciples from the Gospel stories and then there will be a final session after Easter when we look at the responses of the disciples to the resurrection.

The course will start the week after Ash Wednesday and will be held in person and online. The online sessions will be on Wednesdays from 6.30pm to 8.00pm. Please let Jackie know if you are interested in either the online or in person version. Once we know numbers for the in person session we can work out times and days. Come and join us on our walk with the disciples and Jesus as we journey through Lent.

Weekly Wednesday Eucharist

Every week we hold a said shortened Eucharist in St Andrew's Church at 10.15am in church during winter and bad weather or outside in summer, when the weather permits. This is a quiet service during which we speak the names of those who have asked for our prayers and remember the recently departed. Please do join us if you are in town at that time, or please do let us know any names for the prayer list.

Food for Thought! Or Recipe of the Month

Here is my recipe for bean casserole. It was one of the first vegetarian dishes I made and it is still a staple today. It is easy to make and to adapt – it all depends what you have in the cupboard or in the vegetable rack. Here is my original (I think – I have changed it so often).

- 1x onion
- Garlic (however many cloves you like, but at least 1)
- 1x green pepper
- 1x tin peas (or a couple of handfuls of frozen)
- 1x tin baked beans (it also works with kidney bean, butter beans, aduki beans or similar)
- 1x tinned chopped tomatoes
- Olive oil
- Black pepper
- Dried thyme, basil, herbs of choice

1. Finely chop the onion and pepper and soften in a little olive oil in a saucepan.
2. When the onion is translucent, add finely chopped/grated garlic and stir.
3. Drain the tinned peas and add to the mixture. (If using frozen peas, they will need a little longer to cook)
4. Add the baked beans and chopped tomatoes and stir.
5. Add the dried herbs of choice.
6. Simmer for about 20 minutes or until the vegetables are soft and all is piping hot.
7. Serve with salad and potatoes (or rice if preferred).

As can be seen, the recipe can be adapted to preference and availability. Just have fun experimenting and enjoy your dinner.

Children, Families and Young People

Have you noticed how many children families and young people we have at our Chaplaincy services now? The creche at St Andrew's is a very popular feature of our Sunday services for families, and parents love being able to stay in the service with their children. The slightly older children enjoy their time in Junior Church, with fun activities linked to the readings for that Sunday, and once a month they get to take the communion elements and collection up to the altar.

Our older children enjoy Youth Group, with lots of fun activities – always involving food in some way, from just biscuits to full meals at the beginning of term. However, we are also about to introduce a new group to the life of St Andrew's. For children aged 10+ we will have a monthly Church Club held during the 10.30am service. This will involve well-planned, targeted activities for the age group, and sometimes they will join with the Youth Group on a Saturday for more adventurous activities. We hope this will inspire and engage these youngsters in the life of the church and our local communities.

All these activities need volunteers to help lead and run them. If you have time to help, either on a Friday evening, a Sunday morning or even for the occasional Saturday, please let either Jackie know, contact the office or let the Junior Church Admin team know. Thank you.



Calendar of Services

Sunday 22nd February: 1st Sunday of Lent (P)

Genesis 2:15-17, 3:1-7; Psalm 32; Romans 5:12-19; Matthew 4:1-11

09:00: Said Eucharist St Andrew's

10:30: Sung Eucharist St Andrew's

17:30: Sung Eucharist Zug

Sunday 1st March: 2nd Sunday of Lent (P)

Genesis 12:1-4a; Psalm 121; Romans 4:1-5,13-17; John 3:1-17

09:00: Said Eucharist St Andrew's

10:30: Sung Eucharist St Andrew's

Friday 6th March: World Day of Prayer

18:30: Joint Service at St Andrew's followed by refreshments

Sunday 8th March: 3rd Sunday of Lent (P)

Exodus 17:1-7; Psalm 95; Romans 5:1-11; John 4:5-42

09:00: Said Eucharist St Andrew's

10:30: Sung Eucharist St Andrew's

17:00: Sung Eucharist St Gallen

Tuesday 10th March: Lent

19:00: Choral Evensong for Lent at St Andrew's

Psalms: 64 or 107; Daniel 2:20-23; Matthew 18:21-35 (tbc)

Sunday 15th March: Mothering Sunday (P)

Exodus 2:1-10; Psalm 34:11-20; Colossians 3:12-17; Luke 2:33-35

09:00: Said Eucharist St Andrew's

10:30: Sung Eucharist St Andrew's

17:00: Sung Eucharist Baden

Sunday 22nd March: 5th Sunday of Lent (P) beginning of Passiontide

Ezekiel 37:1-14; Psalm 130; Romans 8:6-11; John 11:1-45

09:00: Said Eucharist St Andrew's

10:30: Sung Eucharist St Andrew's

17:30: Sung Eucharist Zug

Sunday 29th March: Palm Sunday (R)

Liturgy of the Palms: Matthew 21:1-11; Psalm 118:1-2,19-29

Liturgy of the Passion: Isaiah 50:4-9a; Ps 31:9-18; Philippians 2:5-11; Matt 26:14-27:66

09:00: Said Eucharist St Andrew's

10:30: Sung Eucharist St Andrew's

Tuesday 31st March: Tuesday of Holy Week

Psalm 27; Lamentations 3:40-51; Luke 22:24-53

19:00: Choral Evensong

Thursday 2nd April: Maundy Thursday (W)

Exodus 12:1-14; Psalm 116:1,9-19; 1 Corinthians 11:23-26; John 13:1-17, 31b-35

19:00: Sung Eucharist with stripping of the altar

Friday 3rd April: Good Friday

10:00: Joint service with IPC

12 noon: Kreuzweg

17:00: Meditations and music for Holy Week

Sunday 5th April: Easter Sunday

Acts 10:34-43; Psalm 118:1-2,14-24; Colossians 3:1-4; Matthew 28:1-10

09:00: Said Eucharist St Andrew's

10:30: Sung Eucharist St Andrew's

Our Values

The Church is a community founded on the twin dominical commandments: 'Love the Lord your God and love your neighbour as yourself.' The New Testament is completely realistic about community life, but nonetheless sets out high spiritual principles and values to inspire and guide our life together, notably The Sermon on the Mount (Matthew 5:1-12), the interdependence and contribution of everyone in the body (1 Corinthians 12) and the fruits of the spirit (Galatians 5:22-23). Some key Christian values for chaplaincy councils include:

- Be respectful
- Be kind
- Be honest
- Take responsibility
- Disagree well

When a new council forms, consider how you are going to hold each other accountable for maintaining these values.



Image: CartoonChurch.com

That would be an Ecumenical Matter...

On Good Friday, the church communities across Zurich come together in a joint act of witness in the Kreuzweg procession across the city. For the past few years, I have been invited to read a prayer in English at one of the stages of the Weg, and this year this will be at the final stage at St Peter's Church. Please come along and walk with us if you are able, or choose one of the stages to join with this wonderful act of witness.



Kreuzweg is not the only ecumenical event the Chaplaincy engages in. We also hold a joint communion service in English and German with our Christkatholische partner in St Gallen. I am also invited to take part in the August 1st celebrations at Predigerkirche and in Zug with our friends in the Reformierte Kirche. This year we have also been invited to host the AGCK (Churches together in Zurich) AGM and to host the World Day of Prayer, both at St Andrew's. I have also been involved in other projects at Predigerkirche, including leading a meditative evening using poetry from the Christian mystic poets. Working together with our ecumenical partners is a wonderful way to show solidarity and provides us with outreach and opportunities to witness with others.