

# CROSSROADS

The magazine for  
**St George's Tuffley and St Margaret's Whaddon**



**ASH WEDNESDAY**

**18<sup>th</sup> February 2026**

## **ST GEORGE'S**

**Sunday**  
**Monday**  
**Tuesday**  
  
**Wednesday**  
  
**Thursday**

**Parish Eucharist at 10.30am**  
**Evening Prayer on Zoom at 5.00pm**  
**Parish Eucharist at 10.00am**  
**Evening Prayer at 5.00pm**  
**Morning Prayer at 8.15am on Zoom**  
**Evening Prayer at 5.00pm**  
**Evening Prayer at 5.00pm**

## **ST MARGARET'S**

**1<sup>st</sup> Sunday**  
**2<sup>nd</sup> Sunday**  
**3<sup>rd</sup> Sunday**  
**4<sup>th</sup> Sunday**  
**5<sup>th</sup> Sunday**  
**Thursday**

**Evensong at 5.00pm**  
**Parish Eucharist at 9.00am**  
**Evensong at 5.00pm**  
**Parish Eucharist at 9.00am**  
**Parish Eucharist at 9.00am**  
**Parish Eucharist at 10.30am**

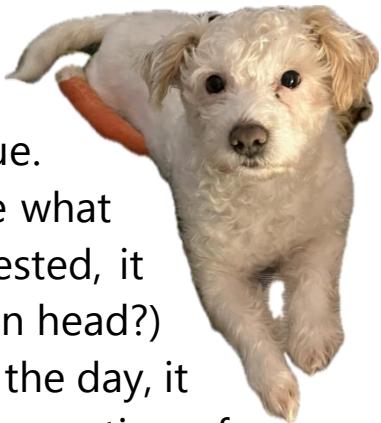
**FEBRUARY 2026**

**75p**

## **RACHEL OUR VICAR WRITES...**

### **Introducing Rocky... the new Vicarage dog!**

As many of you will be aware, Paul and I adopted a rescue dog towards the beginning of December from Forest of Dean Dogs Rescue. Rocky is a bichon cross – we're not entirely sure what is in the cross, but as many of you have suggested, it could well be spaniel (ears?) poodle (curly hair on head?) west highland white terrier (nose?) At the end of the day, it doesn't really matter. Rocky is Rocky – a unique creation of God's!



He is a friendly little chap (if perhaps 'over-friendly' when he sees a fellow dog!) and loves nothing more than to greet a new friend. Over the last few weeks, he has relaxed and settled into home and church life very well – he's one of the most faithful attendants at Evening Prayer! He's not quite sure about Zoom prayers though, not understanding why he can hear familiar voices but can't see or smell them!

It's been very interesting over these weeks, watching Rocky's personality come out (and until the 3-month mark apparently, we might not have seen the full personality!) His very expressive face makes interpretations of what he might be thinking very appealing. His bursts of energy and cheekiness have given us much entertainment and amusement!

Through this time, I've been reminded how we are all part of God's creation – human and animal alike. We can bring joy and hope to one another's lives and, of course, sadly we can also bring sadness and pain to one another's lives. We see this all too often when we hear or read the news, human misunderstanding human, humans mistreating other humans or animals.

From the beginning of time, as we read in Genesis (1:26-28; 2:19-20) humans are called by God to be good stewards of all creation. We are made in the image of God and are given great responsibility to look after and to nurture all creation. I wonder what this means in our lives today. How do we approach being good stewards? Lorraine's wonderful articles covering all the alphabet have given us much food for thought in this area (do look back in previous Crossroads if you've missed them) – I think we've got to X this month!

May we strive to live as good stewards and as good neighbours, making a positive difference to the lives of other humans and animals that we meet, and may we be open to the joy and the hope they can bring to our lives.

With every blessing,  
RACHEL



### **DECEMBER's BAPTISMS**

David McBlain

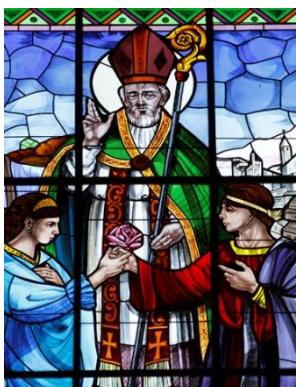
Adrian McBlain

Adam James Newman



### **The Beginning of Lent**

## ST VALENTINE

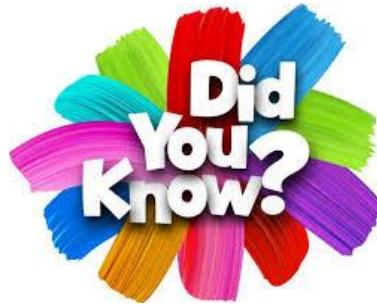


St. Valentine (died 3rd century, Rome; feast day February 14<sup>th</sup>) was the name of one or two legendary Christian martyrs whose lives seem to have a historical basis. Although the Roman Catholic Church continues to recognize St. Valentine as a saint, he was removed from the General Roman Calendar in 1969 because of the lack of reliable information about him. He is the patron saint of lovers, people with epilepsy, and beekeepers.

By some accounts, St. Valentine was a Roman priest and physician who was martyred during the persecution of Christians by the emperor Claudius II about 270ce. He was buried on the Via Flaminia, and Pope Julius I reportedly built a basilica over his grave. Other narratives identify him as the bishop of Terni, Italy, who was martyred, apparently also in Rome, and whose relics were later taken to Terni. It is possible these are different versions of the same original account and refer to only one person.

Numerous churches around the world claim to be in possession of his relics. These include his skull on display in a glass reliquary at the Basilica di Santa Maria in Cosmedin in Rome, a shoulder blade housed at the Basilica of SS. Peter and Paul in Prague (after having been discovered in the church's basement in 2002), a vessel tinged with his blood in addition to sundry other artifacts at the Whitefriar Street Church in Dublin, and relics kept inside a wax effigy of the saint situated in front of the altar of Old St. Ferdinand Shrine in Florissant, Missouri.

According to legend, St. Valentine signed a letter "from your Valentine" to his jailer's daughter, whom he had befriended and healed from blindness. Another common legend states that he defied the emperor's orders and secretly married couples to spare the husbands from being conscripted to serve in war.



- February is the only month where it's possible to go the entire time without having a full moon.
- If you were born in February, your birthstone is an amethyst, and your flowers are violets and primroses.
- February was named after a purification ritual which was like an early Roman spring-cleaning festival.
- In Welsh, February is sometimes known as "y mis bach," which means "little month."
- The Saxons called February "Sol-monath" which means "cake month," because they would offer cakes to the gods during February.

*Might you or someone you know have lost a gold ring towards the end of 2025 whilst in St George's Church, I found one a little while ago and had assumed that it was a member of the choir that I sing with had lost it, but no! So, if you have any knowledge about this loss, please speak to Darrell.*



We held our Mothers' Union AGM on Tuesday 13<sup>th</sup> January, when our annual reports for 2025 were presented and we elected our committee for 2026. Our next meeting will be on the Tuesday 10<sup>th</sup> February.

You are all welcome to join us we will have a speaker followed by tea and a chat. GERALDINE



We're looking forward to our first draw of 2026 on Sunday 8<sup>th</sup> March. Please make sure that your 100 Club fees are paid before the above date. Also, I've had a couple of enquiries asking

how to be a part of this fundraiser, so, of course, if you would like to know more about this draw, please speak to Darrell as soon as possible.

Good luck to all participants in our draws in the future.



**Questions based on the Gospel readings for December**

- 1 Scriptures tell us, 'John the Baptist appeared in the \_\_\_\_\_ of Judea'. Where did John the Baptist appear?
- 2 What does scripture tell us was his food?
- 3 When Pharisees and Sadducees came to be baptised by him, he said to them, "Do not presume to say to yourselves we have \_\_\_\_\_ as our ancestor". Who was this ancestor?
- 4 Speaking of Jesus John said, "He will baptise you with the Holy Spirit and \_\_\_\_\_. " What is the missing word?
- 5 When John was in prison he heard what the Messiah was doing so sent his disciples to ask, "Are you the one who is to come?" Jesus answered them, "Go tell John what you hear and see..." Jesus then quoted the words of an Old Testament prophet. Can you name the prophet Jesus quoted?

6 According to scripture, "Mary's husband Joseph was a righteous man and unwilling to \_\_\_\_\_ her to public disgrace, planned to dismiss her quietly." What was Joseph unwilling to do?

7 Scripture goes on, "Joseph, son of David, do not be afraid to take Mary as your wife for the child \_\_\_\_\_ in her is from the Holy Spirit." What word is missing?

8 According to the angel what 8 letter name were they to give to Jesus?

9 On what news did Joseph and the family leave Egypt?

10 Which prophet wrote, "A voice was heard in Ramah, wailing and loud lamentations, Rachel weeping for her children."?

***The answers are printed later in Crossroads***

### **FROM MY CHRISTMAS CRACKERS**



- 1 Which Christmas Carol is about an animal with three legs?
- 2 What do frogs wear on their feet?
- 3 What do you call a blind reindeer?
- 4 How does Christmas Day end?
- 5 What type of key do you need for a Nativity play?

6 What do Santa's little helpers learn at school?

7 Why was there a turkey in the pop group?

8 Why can't Christmas trees knit?

9 What do you get if you cross Santa with a duck?

10 What is white and minty?

11 What is an ig?

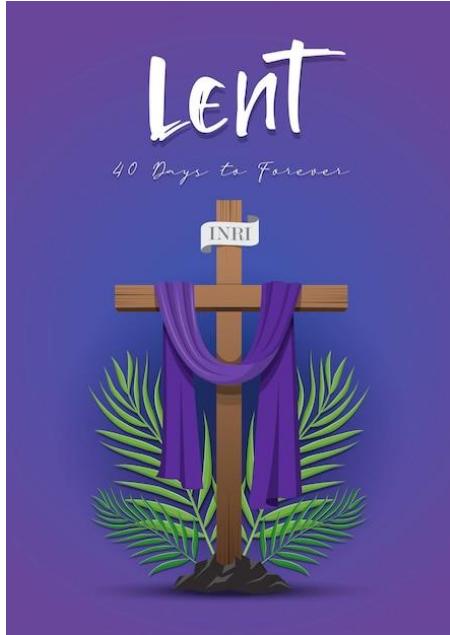
12 What is a skunk's favourite Christmas song?

13 Why do bees have sticky hair?

14 What is orange and sounds like a parrot?

15 Why is the fireplace the best place to put your bed?

***The answers are printed later in Crossroads***



Details of our Lent course and Lenten services will be available soon so please keep an eye on Signpost, our website and for new flyers

### A SUGGESTED PRAYER FOR LENT PREPARATION

"Heavenly Father, as I prepare to enter the holy season of Lent, I open my heart to you. Let this be a time of true spiritual renewal, where I grow in love, sacrifice, and prayer, rather than mere deprivation. Help me to honestly look within my heart, to see where I turn away from you, and to seek repentance and return to your abundant grace.

Guide me to identify distractions and worldly attachments I can let go of, and grant me the strength to commit to prayer, fasting, and acts of mercy. May I be open to your quiet whispers, learn from Christ's sacrifice, and serve others with compassion. Strengthen my resolve, Lord, and help me to be fully available to you, so that I may emerge from these forty days renewed in spirit and truly prepared to celebrate the joy of Easter. Amen".

*Should you need to contact the Crossroads editors  
You can at  
Or on 01452 410507*

## X is for...

### Xylophones? X-Rays?

Not many words beginning with X spring easily to mind, certainly not Xenophobia, Ruth Valerio's choice in her book L is for Lifestyle.

The Oxford Dictionary defines Xenophobia as 'Dislike of, or prejudice against, people from other countries.' However, in today's multi-cultural society, we could extend that definition to include fear or hatred of anyone we perceive as 'different.'

We touched on this subject a few months ago when we talked about Unwanted Peoples. Xenophobia is obviously a Global problem, and it has led to terrible atrocities, injustices and divided societies.

As Christians, one of our fundamental beliefs is that everyone has been made in the image of God, and Jesus is our supreme model of how we should never allow racial or societal boundaries to affect the way we treat one another.

It is a sad reflection on our society that many organisations feel the need to publish 'Diversity' policies. One of the most comprehensive statements I've come across is, '...you are welcome...regardless of race, creed, nationality, religion, gender identity, sexual orientation, or any other trait.'

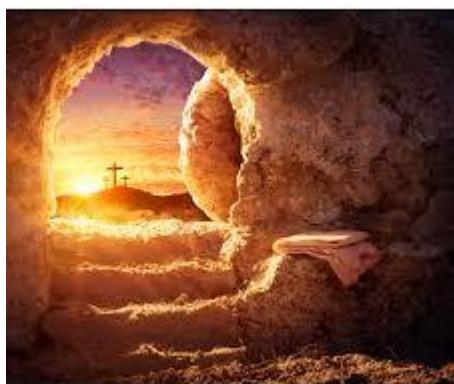
Recognising our own biases and the many contradictions between our stated beliefs and our actual actions becomes an on-going challenge for those of us who are seeking to live a more 'Christian' Lifestyle.

This year Racial Justice Sunday is on 8th February, this annual ecumenical observance began in 1995, following the murder of Stephen Lawrence in 1993 and gives the church an opportunity 'to

reflect on the importance of racial justice, to give thanks for the gifts and beauty of human diversity, and to commit to end racism and acts of discrimination.'

Keep praying, keep loving, keep looking for active ways to serve your Lord, your friends and families, and those around you.

Love and blessings  
LORRAINE



Details of our Easter services and the lead up to Easter will be available soon so please keep an eye on Signpost, our website and for new flyers



- 1 Which of the Queen and Prince Phillip's children were born on this day in 1960?
- 2 Which US actor, who won an Oscar for his role in the film Cat Ballou, was born on this day in 1924?
- 3 Born on this day in 1473, who was the Polish astronomer who first proposed the idea that the planets revolved around the sun?

4 Holly Johnson, was born on this day in 1960, which group was he the lead singer for in the eighties?

5 The French tightrope walker born Jean Francois Gravelet, died on this day in 1897 how was he better known?

6 On this day in 1800, who established himself as first consul after overthrowing the French government?

7 On this day in 1922, when Ed Wynn's "The Perfect Fool" was broadcast in New York, a new sound was heard for the first time on radio, what was it?

8 Which cricketer was knighted in his home of Barbados by the Queen on this day in 1975?

9 On this day in which year did Britain break off talks with Iceland in the so-called Cod Wars?

10 Which soap opera was first broadcast on this day in 1985?

***The quiz answers are printed later in Crossroads***



## **THROUGH THE WINDOW**

Hello everyone,

It's your friendly feline here. I hope you are all well and fit just like me. It's been wet and cold recently and I hate getting wet. My mum has been gadding about again! Where she goes, I don't know but she always tells me to be good and I always am. It's been a funny time with lots of things going on and I don't know what it's all about. I have seen something like it before, but I can't understand what it's all about. It must be something special, but I don't know what. Oh well never mind eh!

It's been flipping cold again and my paws don't like it, so I stay indoors on my mum's bed where it's cosy.

I don't know what's wrong with my mum, I don't think she's all right as I hear her making funny noises. It goes on and on and on. I really don't like the sound of it. I only hope she will be all right soon. Auntie Jill has been coming in a lot what for I don't know but they still do that thingy in the newspaper every day. What they get out of it I don't know. It keeps them happy I suppose. My mum says it keeps her brain doing what it should. I don't know what she means by that, but it will do I suppose.

I think I've thought of everything I can, so I'll sign off now as my paws ache.

Your friend, Jo Jo

### **ST GEORGE'S CHURCH CLEANING CREW**

**Saturday 7<sup>th</sup> February at 10.00am**

We will be in St George's Church from 10.00am on Saturday 7<sup>th</sup> February, if you would care to join us for our first clean of 2026. I'll bring some cakes; you harbour the thoughts to make St George's suitably clean until March and through to Easter!



**CHURCH CLEANING CREW!**

### **FREE CLASSICAL GUITAR CONCERT**

**Saturday 31<sup>st</sup> January**

**3.00pm at St Philip and St James  
Hucclecote**

**Donations towards the support of OMT mission partners**

## **JOTTINGS**

### **From St Margaret's**



Well hello people, it's me again that certain person who with her friends Marilyn and Dianne does the cleaning at St Margaret's. It has been quite an eventful few weeks as we have seen quite a few new faces in our churchyard.

On Monday the 20<sup>th</sup> December Jonathan got the Christmas tree from Pound Farm and brought it down to the church. There was Rachel, Jonathan's stepdaughter, myself, Marilyn and Dianne all ready and eager to get going on the decorating. We didn't have to take the branches off the bottom of the tree but we did have to cut a little bit off a couple of branches at the top of the tree so that we could put our angel on the tree, just to see how it would look. As I told you last month we had new baubles to put on our tree, we had the lights to put on as well but it takes a lot of sorting out but we did it. Rachel said she would shoulder the tree into position, Rachel is quite tall, well a bit taller than me anyway and the tree was less than six feet tall. So it was not too difficult to manoeuvre into the final position. We wanted it to be in then we had the fun of putting all the baubles old and new on the tree. With the four of us girls doing that it left Adrian and Julie Palmer to dress the coronas that run the full length of the church and by the time it was finished and with our new stable in place our church was ready for our Christmas celebrations.

On Christmas day our church was open to the congregation and we had a lovely amount of people to welcome including some lovely children as well. The service was so enchanting with an interacting play we all had a part in and it was lovely as we left the church we wished each other all the very best for Christmas and the New Year

as I wish each and every one of our readers so until the next time stay safe, warm and above all healthy.

JILL PONTER



*Your help would be very much appreciated during the lead up to Easter or, whenever you can offer it*



That to have your  
**MARCH 2026 CROSSROADS**  
ready for publication by **SUNDAY 22<sup>nd</sup> FEBRUARY 2026**

...ARTICLES NEED TO BE WITH THE EDITORS' PREFERABLY BY EMAIL  
BEFORE, BUT NO LATER THAN...  
**...Friday 13<sup>th</sup> February 2026**

**Crossroads will be printed on Tuesday 17<sup>th</sup> February 2026**

Articles for Crossroads can be received by the editors at any time and will appear in the first Crossroads after receipt.



## **OVER THE GARDEN FENCE**

Maya, Maya, yawn, yes Trixie what's the matter now? Maya what's all that singing going on outside our house? I haven't a clue Trixie. It's not our mum I know because she's up in the bathroom scrubbing the floor, she does that every now and again but why is there people outside our door singing? I haven't a clue it must be the locals having a real beano, but why they are having a beano outside our house I haven't a clue. Have you seen anyone else hanging around the corner or anywhere else? No, I haven't Trixie because we don't know everyone who lives in this road. It gets more and more complicated Maya truly it does. I know Trixie and have you noticed the extra grub our mum has brought for us? I don't know if I will like all that stuff, do you? I know just what you mean Maya, I'm like you, I know what I like and if I don't like it, it will stay on the dish. Our mum knows that doesn't she? I know what you are saying Trixie, she buys lots of stuff and just hopes that we will oblige by eating it. I hope that she gets the flavours.

Anyway, have you heard from next door lately? Her humans have just packed a case and swanned off. Misty hasn't a clue as to where they are going, she just knows that one moment she was well enjoying lots of cuddles on her dad's lap and then her dad was putting her on the floor, putting on his coat and going with her mum out the door. She told our mum they were going on an aeroplane and flying to the foreign. What's the foreign Maya? Oh, that's going to another place or country. What would you want to go to another country for Maya? To see how different it is in that place Trixie. But Maya it's different here. I know that Trixie but it's not different enough, some people want places to be totally different. Oh, it's those singers again Maya

I wish that they would all sing in tune. I know what you mean Trix but I must say that they do try. I know what you mean Maya, that lady sounds just like our mum does when she's having a bad day and has a bellyache. Do you know Maya our mum is up on the settee stretching string between the lights? She did that last year then a few days later she went off to see Andrew and Sarah. I still don't know what that was all about, but I think she will be doing the same thing this year. Anyway, say cheerio to everyone Trixie. Oh well here we go again until next time look after yourselves and be good. It's goodbye from me as well, be good and just keep smiling.

That's all for now folks, from Maya and Trixie Ponter (Miss)



**Snow White pantomime at St Barnabas Church Hall: 19<sup>th</sup>, 20<sup>th</sup> and 21<sup>st</sup> February**

**Easter Family Fun: Saturday 28<sup>th</sup> March 2026** at St George's

**Palm Sunday donkey** once again a donkey has been booked to walk from English Martyrs to St George's on Sunday 29<sup>th</sup> March and hopefully there will be an Easter Play at St George's by Harewood Junior children.

**Wedding Fayre / Celebration of Marriage: Sunday 25<sup>th</sup> April 2026**  
(and/or Saturday 24<sup>th</sup> TBC) More information to follow.

**Proposed APCM date** for St George's and St Margaret's is **Sunday 17<sup>th</sup> May 2026**

**Summer Fun Day 2026: Saturday 11<sup>th</sup> July 2026** is the provisional date for next year's Summer Fun Day.

**Summer Holiday Club: Tuesday 4<sup>th</sup> to Thursday 6<sup>th</sup> August 2026** at St George's

**CiT Mission weekend with Bishop Rachel from 11<sup>th</sup> to 13<sup>th</sup> September**  
we will be joined by eight curates (not Gioia sadly!) – likely to be a celebratory community event on Saturday 12<sup>th</sup> and joint worship on Sunday 13<sup>th</sup>.



Come along to our **COFFEE POT** in the small hall on each Tuesday at 9.30am. Tea/Coffee and a light breakfast, and plenty of chat! Old friends meet new friends. What more could you want?



## PRESIDENTS of the USA WORDSEARCH

R	H	A	R	D	I	N	G	H	A	Y	E	S	H	
N	C	O	O	L	I	D	G	E	E	T	C	O	S	
O	H	W	N	O	S	I	D	A	M	H	A	O	K	
S	M	H	R	R	O	O	S	E	V	E	L	T	O	L
R	O	N	S	A	O	N	O	S	K	C	A	J	O	
E	R	R	E	W	O	H	N	E	S	I	E	G	P	
F	H	O	M	C	K	I	N	L	E	Y	E	R	N	
F	S	O	N	O	E	A	R	E	L	Y	T	E	Y	
E	D	L	B	T	S	R	U	H	T	R	A	T	R	
J	T	A	T	J	O	H	N	S	O	N	G	A	O	
A	M	C	L	I	N	T	O	N	H	O	N	F	L	
A	S	W	A	S	H	I	N	G	T	O	N	T	Y	
C	L	E	V	E	L	A	N	D	K	U	S	S	A	
O	H	N	O	S	L	I	W	L	A	R	I	H	T	

Find the following words in the above puzzle. Words can go in any direction. Words can share letters as they cross over each other.

Arthur, Cleveland, Clinton, Coolidge, Eisenhower, Harding, Hayes, Jackson, Jefferson, Johnson, Madison, McKinley, Obama, Polk, Roosevelt, Taft, Taylor, Tyler, Washington, Wilson,

*The answer is printed later in Crossroads*

## 19<sup>th</sup> FEBRUARY QUIZ ANSWERS

1 Prince Andrew (as was): 2 Lee Marvin: 3 Copernicus: 4 Frankie Goes to Hollywood: 5 Charles Blondin: 6 Napoleon: 7 The sound of a live audience: 8 Gary Sobers: 9 1976: 10 Eastenders:

## GOSPEL QUIZ ANSWERS

1 wilderness: 2 locusts and wild honey: 3 Abraham 4 fire: 5 Isaiah: 6 expose: 7 conceived: 8 Emmanuel: 9 Herod's death: 10 Jeremiah:

## CHRISTMAS CRACKER ANSWERS

1 Little wonky: 2 Open toad sandals: 3 No eye deer: 4 With the letter Y: 5 A don-key: 6 The elf-abet: 7 Because he had his own drumsticks: 8 Because they keep dropping their needles: 9 A Christmas quacker: 10 A polo bear: 11 An igloo without a toilet: 12 Jungle smells: 13 Because they use honeycombs: 14 A carrot!: 15 Because you'll sleep like a log:

## WORDSEARCH ANSWER



Please don't forget to let Laura in the Church Office know if you are arranging anything in St George's church, St Margaret's church or St George's Centre or if there is a change to your normal let of St George's Centre. Thank you



**Editors' Note:** Your *Crossroads* magazine in 2026 will remain at 75p a copy and £7.00 for the year (12 issues). Don't forget you can view *Crossroads* on the Church website for free! Should you decide to go down this route, please tell us so we don't continue printing more copies than we actually need to. Thank you.

*GLENDY and DARRELL*

## WHAT'S GOING ON? IN THE BENEFICE

### **JANUARY**

Sunday 25	9.00am	Parish Eucharist at St Margaret's Church
	10.30am	Parish Eucharist at St George's Church
	4.00pm	IGBO Meeting in small hall
Monday 26	10.30am	Say Aphasia in small hall
	5.00pm	Brownies in main hall
	5.00pm	Evening Prayer on Zoom
	6.00pm	Rainbows in small hall
	7.15pm	Guides in main hall
	7.15pm	Youth Group in small hall
Tuesday 27	9.30am	Coffee Pot in small hall
	10.00am	Parish Eucharist in St George's Lady Chapel

	2.30pm	Fun and Free in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Cubs & Beavers in main hall
	7.00pm	Benefice PCC meeting in small hall
	8.00pm	Karate in main hall
Wednesday 28	8.15am	Morning Prayer on Zoom
	9.30am	Phonics with Robot Reg in main hall
	3.30pm	Slimming World in main hall
	5.00pm	Slimming World in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Slimming World in main hall
Thursday 29	10.30am	Thursday Club in small hall
	10.30am	Parish Eucharist at St Margaret's Church
	2.00pm	Art Group in small hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Clubbercise in main hall
	7.30pm	Charter Band in Small Hall
Friday 30	6.00pm	Christ Mandate Fellowship in main hall
	7.30pm	G.A.G.S. in main hall
Saturday 31	10.00am	Karate in the main hall
	3.00pm	Classical Guitar Concert at Pip and Jim's
<b>FEBRUARY</b>		
Sunday 1	10.30am	Parish Eucharist at St George's Church
	5.00pm	Evensong at St Margaret's Church
Monday 2	<b>CANDLEMAS</b>	
	5.00pm	Brownies in main hall
	5.00pm	Evening Prayer on Zoom
	6.00pm	Rainbows in small hall
	7.15pm	Guides in main hall
	7.15pm	Youth Group in small hall
Tuesday 3	9.30am	Coffee Pot in small hall
	10.00am	Parish Eucharist in St George's Lady Chapel
	2.30pm	Fun and Free in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Cubs & Beavers in main hall

	8.00pm	Karate in main hall
Wednesday 4	8.15am	Morning Prayer on Zoom
	9.30am	Phonics with Robot Reg in main hall
	3.30pm	Slimming World in main hall
	5.00pm	Slimming World in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Slimming World in main hall
Thursday 5	10.30am	Thursday Club in small hall
	10.30am	Parish Eucharist at St Margaret's Church
	2.00pm	Art Group in small hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Clubbercise in main hall
	7.30pm	Charter Band in Small Hall
Friday 6	6.00pm	Christ Mandate Fellowship in main hall
Saturday 7	10.00am	Karate in the main hall
Sunday 8	9.00am	Parish Eucharist at St Margaret's Church
	10.30am	Parish Eucharist at St George's Church
Monday 9	10.30am	Say Aphasia in small hall
	5.00pm	Brownies in main hall
	5.00pm	Evening Prayer on Zoom
	6.00pm	Rainbows in small hall
	7.15pm	Guides in main hall
	7.15pm	Youth Group in small hall
Tuesday 10	9.30am	Coffee Pot in small hall
	10.00am	Parish Eucharist in St George's Lady Chapel
	2.30pm	Fun and Free in main hall
	2.30pm	Mother's Union in small hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Cubs & Beavers in main hall
	8.00pm	Karate in main hall
Wednesday 11	8.15am	Morning Prayer on Zoom
	9.30am	Phonics with Robot Reg in main hall
	3.30pm	Slimming World in main hall
	5.00pm	Slimming World in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel

	6.30pm	Slimming World in main hall
Thursday 12	10.30am	Thursday Club in small hall
	10.30am	Parish Eucharist at St Margaret's Church
	2.00pm	Art Group in small hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Clubbercise in main hall
	7.30pm	Charter Band in Small Hall
Friday 13	6.00pm	Christ Mandate Fellowship in main hall
Saturday 14	<b>ST VALENTINE'S DAY</b>	
	10.00am	Karate in main hall
Sunday 15	10.30am	Parish Eucharist at St George's Church
	5.00pm	Evensong at St Margaret's Church
Monday 16	5.00pm	Brownies in main hall
	5.00pm	Evening Prayer on Zoom
	6.00pm	Rainbows in small hall
	7.15pm	Guides in main hall
	7.15pm	Youth Group in small hall
Tuesday 17	<b>SHROVE TUESDAY</b>	
	9.30am	Coffee Pot in small hall
	10.00am	Parish Eucharist in St George's Lady Chapel
	2.30pm	Fun and Free in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Cubs & Beavers in main hall
	7.30pm	Refresh at English Martyrs – Pancake Party
	8.00pm	Karate in main hall
Wednesday 18	<b>ASH WEDNESDAY The beginning of Lent</b>	
	8.15am	Morning Prayer on Zoom
	9.30am	Phonics with Robot Reg in main hall
	3.30pm	Slimming World in main hall
	5.00pm	Slimming World in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	G.A.G.S. Committee in small hall
	6.30pm	Slimming World in main hall
Thursday 19	10.30am	Thursday Club in small hall
	10.30am	Parish Eucharist at St Margaret's Church

	2.00pm	Art Group in small hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Clubbercise in main hall
	7.30pm	Charter Band in Small Hall
Friday 20	6.00pm	Christ Mandate Fellowship in main hall
Saturday 21	10.00am	Karate in main hall
Sunday 22	9.00am	Parish Eucharist at St Margaret's Church
	10.30am	Parish Eucharist at St George's Church
	4.00pm	IGBO Meeting in small hall
Monday 23	10.30am	Say Aphasia in small hall
	5.00pm	Brownies in main hall
	5.00pm	Evening Prayer on Zoom
	6.00pm	Rainbows in small hall
	7.15pm	Guides in main hall
	7.15pm	Youth Group in small hall
Tuesday 24	9.30am	Coffee Pot in small hall
	10.00am	Parish Eucharist in St George's Lady Chapel
	2.30pm	Fun and Free in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Cubs & Beavers in main hall
	8.00pm	Karate in main hall
Wednesday 25	8.15am	Morning Prayer on Zoom
	9.30am	Phonics with Robot Reg in main hall
	3.30pm	Slimming World in main hall
	5.00pm	Slimming World in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Slimming World in main hall
Thursday 26	10.30am	Thursday Club in small hall
	10.30am	Parish Eucharist at St Margaret's Church
	2.00pm	Art Group in small hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Clubbercise in main hall
	7.30pm	Charter Band in Small Hall
Friday 27	6.00pm	Christ Mandate Fellowship in main hall
	7.30pm	GAGS in main hall

Saturday 28	10.00am	Karate in main hall
<b>MARCH</b>		
Sunday 1	10.30am	Parish Eucharist at St George's Church
	5.00pm	Evensong at St Margaret's Church
Monday 2	10.30am	Say Aphasia in small hall
	5.00pm	Brownies in main hall
	5.00pm	Evening Prayer on Zoom
	6.00pm	Rainbows in small hall
	7.15pm	Guides in main hall
	7.15pm	Youth Group in small hall
Tuesday 3	9.30am	Coffee Pot in small hall
	10.00am	Parish Eucharist in St George's Lady Chapel
	2.30pm	Fun and Free in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Cubs & Beavers in main hall
	8.00pm	Karate in main hall
Wednesday 4	8.15am	Morning Prayer on Zoom
	9.30am	Phonics with Robot Reg in main hall
	3.30pm	Slimming World in main hall
	5.00pm	Slimming World in main hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Slimming World in main hall
Thursday 5	10.30am	Thursday Club in small hall
	10.30am	Parish Eucharist at St Margaret's Church
	2.00pm	Art Group in small hall
	5.00pm	Evening Prayer in St George's Lady Chapel
	6.30pm	Clubbercise in main hall
	7.30pm	Charter Band in Small Hall
Friday 6	6.00pm	Christ Mandate Fellowship in main hall
Saturday 7	10.00am	Karate in main hall
	10.00am	St George's Church Cleaning Crew
	1.00pm	Janet and Roland refreshments after thanksgiving for marriage
Sunday 8	9.00am	Parish Eucharist at St Margaret's Church
	10.30am	Parish Eucharist at St George's Church



### **3-INGREDIENT PANCAKE RECIPE**

This easy, 3-ingredient pancake recipe is all you need this, Pancake Day. To prevent food waste, calculate exactly how much batter you'll need.

**INGREDIENTS** for 6 pancakes, multiply measurements for more)

50 g plain flour, 150 ml milk of choice, 1 large egg, and vegetable oil or butter for frying

#### **Method**

1. Sift your flour into a large bowl or jug.
2. Add your egg, then slowly add the milk and beat the ingredients together with a fork or whisk until a silky-smooth batter has formed.
3. Gently heat oil in a large non-stick frying pan – use a paper towel to dab or spread oil for even coverage.
4. Pour about half a ladleful of the batter onto the now-hot pan and use the back of the ladle to swirl the pancake into a large shape, gently. (The first pancake is always a bit temperamental)
5. As the sides of your pancake start to curl up and you feel you can easily move your pancake, flip it by holding the frying pan handle with both hands or use a large spatula to gently turn it over.
6. It should take around 1 minute to cook the pancake on each side.
7. Repeat this method until you have a hot pile of pancakes. Serve them with lemon and sugar, or any topping you fancy, and enjoy!

#### **Some thoughts on ways to prevent food waste this Pancake Day**

Buy only what you need. We tend to always buy more food than we need. Most of us will have milk and eggs in our fridge already that we can use up, but if not, try to buy only for the number of pancakes

you're making or people you're feeding. Make only what you need. 1 in 5 people make too much batter. One of the reasons why so many pancakes end up going to waste on pancake day (25 million in the UK) is because we make too much batter which many will throw away. Whilst there are ways to use it up, if you don't want pancakes for the next few days, then consider adjusting the recipe to make the exact amount that you need. Love your leftovers. You can freeze whole pancakes, or pancake batter. If you've bought too much milk you can freeze it, or use it in scrambled eggs, smoothies or milkshakes. Tip: if you freeze your pancake batter in an ice cube tray, you will have perfectly portioned amounts for your next pancake batch. Keep an eye out. Another reason why pancakes are wasted is because they get burnt or end up on the floor. The best way to prevent either of these scenarios is by keeping a close eye on them and maybe taking one for the team and having the first (often the worst) pancake yourself. Compost like crazy. You can compost eggshells and lemon skins. Don't compost too much lemon peel as it can make your compost overly acidic, so why not grate the zest, candy the peel or create lemon potpourri.



St George's Church and Centre, Grange Road, Tuffley, Gloucester GL4 0PE  
St Margaret's Church, 2 Church Lane, Whaddon, Gloucester GL4 0UE

## **A LITTLE BIT OF HUMOUR TO FINISH WITH...**

Jack walked into his doctor's surgery waiting room and sees his friend sitting there. "Hello Ted, how are you?" said Jack. Ted replies, "I'm alright thanks. How are you?" Jack replies, "Yeah, I'm alright." There was a slight pause, then Jack adds; "Well, let's face it; if we were both alright, we wouldn't be here!!"

Jack and Jill were in their local chatting. Jack looks at Jill who is staring off into the distance, and he asks her what was wrong. She replied I was thinking that if it takes two to Tango, how many does it take to Fanta?

Jack saw a sign outside a hotel, it said "Book early for Mother's Day" he thought what a great idea that was, so he went into Waterstones and bought her Richard Osman's 'The Thursday Murder Club.'

Jack was in his local again talking to his mates. He said to them, "It was a baby mosquito's first day to fly out from home. When he flew back home later that day, his father mosquito asked, 'How was your journey?' The baby mosquito replied, 'It went great. Everyone was clapping for me!'"

On his first visit to the zoo, Jack and Jill's daughter stared at the caged stork for a long time and asked her dad, "Why doesn't the stork recognize me?"

Jack's son asked, "Will you remember me tomorrow?" Jack said, "Yes son." "Will you remember me next week?" Jack said, "Yes son." "Will you remember me next month?" Jack said, "Yes son." "Will you remember me next year?" Jack said, "Yes son." "Knock, knock!" Jack answered, "Who's there?" "See you forgot me already, how could you do this to me!"

Jack and Jill's son asked, "Did you hear about the kidnapping at school today?" Jill exclaimed "What!!" "It's OK. He woke up." Said their son