

TROWSE VILLAGER



**WINTER
2025/26**

St Andrew's Parish Church – Trowse Newton
Facebook.com/@StAndrewsChurchTrowse

Vicar:	The Revd Rosemary Braby [revrosietrowse@gmail.com] 07719709600	
LLM (Reader):	Chris Sanham [readerchrissanham@yahoo.co.uk] 078010823149	
Churchwardens: standrewswardens@outlook.com	James Braby	01603 427165
	Emma Hunn	07702 112163
Church Treasurer:	Cathy Harvey	01508 499126
Organist:	Meryl Dempsey	
Church Flowers:	Sarah Toothill Cathy Harvey	
Facebook:	https://www.facebook.com/StAndrewsChurch/?ref=page internal	
Web	St Andrew's Church, Trowse - A Church Near You	

The TROWSE VILLAGER is a quarterly publication.

The next edition will be SPRING 2026.

Closing date for copy to be included is 20th February 2026

*All letters, articles and other contributions for the next edition of The Trowse Villager should be emailed to **newtrowsevillager@gmail.com** or handed in at the church.*

Anyone wishing to advertise in the Trowse Villager please send enquiries to: **newtrowsevillager@gmail.com or phone **07719661976****

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Articles do not necessarily express the view of the Church or the Editorial team.

Rosie's Ramblings – Winter edition, 2025-2026!

As we're nearing the end of the church's Season of Remembrance, with All Souls' Day and Remembrance Sunday, I've been doing a bit of personal reminiscence. Things have changed greatly during my long lifetime; quite often for the better, but not always.

I'm a great believer in living in the moment and appreciating the wonders that we see all around us day by day; so I really dislike the fact that there is so much commercial hype surrounding Christmas, such a ridiculously long time in advance, which puts a lot of unnecessary stress on people. It takes a lot of courage to resist getting pulled into it, but at my age I find I do have the courage, and every year I get better and better at ignoring Christmas until a sensible time – like the beginning of December, with the start of Advent, one of my favourite seasons.

When I was a child in the 1950s – 60s, growing up in Russell Terrace, one of my most magical memories was putting up the Christmas tree which my dad always did on Christmas Eve – not sometime in November or even October, which many people do nowadays. It was always a real tree. We put it up in the corner and decorated it with pretty ornaments that came out every year, arousing memories of previous times when they were on display. Then Dad would drape the fairy lights all around the tree, and it was a somewhat anxious time when it came to switching them on, because if only a single one was faulty, none of them would work, and it would be a question of inspecting and tightening each one, a painstaking task. Finally we would switch off the main light in the room, the tree lights would shine out and, as a small child, I found it a breathtakingly magical sight.

It seems crazy to me now that, in those days, all of us living in those little houses had a room which was never used – the front room. Except that at Christmas it WAS used, which made the occasion seem all the more special. Every year, there would be thirteen of us for Christmas lunch. I have no idea how Mum managed to produce a feast for so many, with only a small cooker, and no microwave or dishwasher, but she did a fantastic job. We weren't particularly well off and in more recent times Dad would tell the story of one year when he had to choose between using his last shilling (5p) to get his shoes mended or putting petrol in the car to go and fetch his auntie from Southwold. Needless to say, he covered the hole in the sole of his shoe with a piece of cardboard and drove to fetch Auntie!

Christmas is a time of mixed emotions. It is a joyful time, of course, but also a time when we especially miss loved ones who are no longer with us or geographically distant. My mum and dad passed away only a few years ago, and Christmas is definitely not the same without them. Two of my children and all my three grandchildren live across the Atlantic. I would love to be with them at Christmas, but I'm not. Thank God for the blessing of technology which enables us to chat together and see each other across thousands of miles.

Of course the MAIN POINT of Christmas is to celebrate the incarnation, which means that God, the maker of everything, came to earth in the form of a helpless baby Jesus, to share fully in our human life. Whatever kind of Christmas you experience this year, you can be confident of God's presence. As we read in Matthew's Gospel: "they shall name him Emmanuel", which means, 'God is with us.'"



Forget the hype and take time out from all the pressure. Details of all our Christmas services are listed in this magazine. Join us in St Andrew's Church and celebrate the true meaning of the incarnation. You will always find a warm welcome!
 Wishing you all the blessings of the festive season. *Rosie*

St Andrew's Church - Services and Events

DECEMBER		
Saturday 6 th December	3.00 pm	"Heigh-ho the Holly" Concert by Hexachordia with refreshments
Sunday 7 th December 2 nd Sunday of Advent	10.45 am 3.00 pm 4.00 pm	Advent Service of Light Evening Prayer (said) Heart-Centred Communion
Thursday 11 th December	4.00 pm	Carol Service at Carrow House
Friday 12 th December	6.30pm 	GLORY Christmas Concert by Mays Performing Arts
Saturday 13 th December	3.30pm and 6.30pm	GLORY Christmas Concert by Mays Performing Arts
Sunday 14 th December 3 rd Sunday of Advent	10.45 am	Holy Communion
Wednesday 17 th December	7.00 pm	Carols at the Crown Point Tavern with the Loddon Band
Saturday 20 th December 	2.30 pm 3.00 pm	Christingle making CHRISTINGLE Service
Sunday 21 st December 4 th Sunday of Advent	10.45 am	Community Carol Service
Wednesday 24 th December CHRISTMAS EVE	9.30 pm	MIDNIGHT IN BETHLEHAM Holy Communion
Thursday 25 th December CHRISTMAS DAY	10.00 am	Informal Holy Communion
Sunday 28 th December The Feast of the Holy Innocents	10.45 am	Holy Communion

JANUARY		
Sunday 4 th January Epiphany	10.45 am 3.00 pm	Holy Communion Special Epiphany Service
Sunday 11 th January Baptism of Christ	10.45 am	Holy Communion
Saturday 17 th January	12 noon-2pm	
Sunday 18 th January 2 nd Sunday of Epiphany	10.45 am	Holy Communion
Sunday 25 th January 3 rd Sunday of Epiphany	10.45 am	Holy Communion
FEBRUARY		
Sunday 1 st February Candlemas	10.45 am 3.00 pm	Holy Communion Special Candlemas Service
Sunday 8 th February 2 nd Sunday before Lent	10.45 am	Holy Communion
Saturday 14 th January	12 noon-2pm	
Sunday 15 th February Sunday next before Lent	10.45 am	Holy Communion
Wednesday 18 th February ASH WEDNESDAY	1.00 pm	Holy Communion with imposition of ashes
Sunday 22 nd February First Sunday of Lent	10.45 am	Holy Communion

WEDNESDAYS IN ADVENT

On Wednesdays 3rd, 10th and 17th of December at 12.00 noon
Lunch of Delicious Homemade Soup followed by Discussion -
ALL WELCOME!



OPEN CHURCH WEDNESDAYS

The church is open on Wednesdays from 11.30 am to 2 pm.
Everyone is welcome to call in for a chat and a coffee,
to say a prayer and light a candle, and find a listening ear.
Relaxation and Quiet Meditation at 1 pm.

Trowse with Newton Parish Council

Information about the Parish Council and the village can be found on our website <https://trowseparishcouncil.norfolkparishes.gov.uk>; in our notice boards (by the bus stop on The Street, and the junction with Kirby Rd) and on our Facebook page (Trowse with Newton Parish Council). You can contact our Clerk, Kate Leggett, on 07899798853 or by e-mail trowsepc@outlook.com.

All meetings are held monthly in the Manor rooms (The Street), and are open to the public. Personnel & communications, Open spaces & Property, on the 2nd Monday of the month, Finance and Full Council on 3rd Monday

Our monthly newsletter is delivered to households in the village and can also be found on our website, in notice boards and in the Manor rooms. We rely on a Team of volunteers to do this, so if you're interested in helping please let Kate know.

2025 Council meeting dates

Personnel & Communications (start 18:30), **Open Spaces & Property** (start 19:15)
Meetings are ordinarily held on the Thursday before Full Council

	8 th December	

Full Council meetings – (start 19:15), **Finance** (start 18:30)
Meetings are ordinarily held on the 3rd Monday of the month

	15 th December	

Councillors, and Committee membership details

Councillor	e-mail	Committee(s)
Heather Bowers (Chairperson)	hbowers@trrowse-pc.co.uk	Personnel & Communication, Finance
Paul Greenizan	pgreenizan@trrowse-pc.co.uk	Personnel & Communication,
Ann Greenizan	agreenizan@trrowse-pc.co.uk	Open Spaces
Morgan Haynes	mhaynes@trrowse-pc.co.uk	Finance (Chair), Open Spaces
Duncan Price	priceintrowse@gmail.com	Open Spaces
Jordon King	jking@trrowse-pc.co.uk	Finance
Guy Owen (Vice Chair)	gowen@trrowse-pc.co.uk	Finance, Open Spaces
Clive Cartner	Appointed in February 2025	

News from Trowse Manor Rooms – Your Village Hall

Things have been busy in the Manor Rooms recently with some changes in the Manor Rooms Management Committee.

Firstly, we welcomed two new members to the Management Committee in April – Antonia Coonan and Leesa Barrell, who joined Nicky Barnes (Chair) Paul Greenizan, Kathy Self and since last AGM, Steph Ross-Wagenknecht and myself Marion Catlin. The treasurer for the last few years was non-trustee volunteer Jacky Harrop.

Since July, both **Jacky** and **Kathy** have stepped down after several years of sterling service – between them having spent hundreds of much-valued volunteer hours on the admin of the Manor Rooms. The treasurer role has been taken up by Steph Ross-Wagenknecht, and Leesa Barrell is acting secretary until the AGM. So the current committee is **Nicky (chair), Paul (vice-chair), Steph (treasurer), Leesa (acting secretary), Antonia (fundraising), Marion (communications)** and all trustees have been working together on events

New website for the Manor Rooms

One of our tasks is to raise awareness of the Manor Rooms and its activities. To help that, we are building a new website to show forthcoming events and historical information. The web address is www.trowsemanorrooms.org.uk and we also have a new Facebook page. Both are building in content so please be patient but check back from time to time.

Dogs in the Manor Rooms

We also decided on a trial run of relaxing the rules around bringing dogs into the manor Rooms and decided on a six month trial to see how it goes. Dogs tend to be a mixed reaction subject, with some people very much in favour and others more cautious about being around dogs and using the same space. We have posted the new rules in the Manor Rooms window – basically allowing well-behaved dogs in when we run events.

Trowse Manor Rooms events

look out for dates on the website www.trowsemanorrooms.org.uk

We need your help!

The village has grown, and the demographic changed and now, there are many people that are not so aware of the life of the village and especially people don't always realise that the Manor Rooms is your village hall. The Manor Rooms exists to serve the community and the Manor Rooms Management Committee (MRMC) is here to make that happen. We are planning more events and tea rooms and we need to know what you want most out of your village hall. We know that there is little for young people to do in the area – could you run a youth club? Or a games night? A choir? A theatre group? Do you have ideas for activities? Can you run a fundraiser? We need people to get involved!

We also need to spread the word that the Manor Rooms are available to hire. If you have an idea, we can help to make it happen – just email us at events@trowsemanorrooms.org.uk



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Norfolk County Council
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Pepperpot Drive, Trowse, Norwich, NR14 8TU

September 2025

HAVE YOU EVER CONSIDERED BEING A SCHOOL GOVERNOR?
WE CURRENTLY HAVE A VACANCY FOR A CO-OPTED
GOVERNOR (not a parent at the school)

Being a school Governor can be a really interesting and rewarding role. Research shows that governors are often perceived as intellectual and of an older generation. Many people feel that they couldn't be a governor because they don't think they fit this image. **But what schools really need is a good mix of people from their local community, from all walks of life and backgrounds, who can bring different viewpoints, experience, skills and fresh ideas with them.**

At Trowse ideally we are looking for :

- Someone who is not be a parent at the school (we have allocation for parent governors on our constitution already).
- It would be helpful if you had an understanding of the educational landscape.
- Experience of the recruitment or premises management process would be helpful.
- A keen interest in schools working together, delivering first class education for the whole of a child's educational journey.
- A willingness to undertake Governor training and broadening your knowledge of the key skills.
- Be able to come into school during the day to monitor activities and attend Full Governing Body meetings once each half-term at 5.30pm on a Monday.
- Be an active member of the school community.

We would really love to hear from you, please contact Liz Andrews, Clerk to the Governors, on 01603-622485 or office@trowse.norfolk.sch.uk to arrange an informal chat with our Headteacher and Chair of Governors.



Headteacher: Stuart Odell B.Ed(hons) NPQH
Telephone: 01603 622485 Web: www.trowseprimaryschool.co.uk, Email:
office@trowse.norfolk.sch.uk





Songs of the Season

*A Festive Evening with
the Singing Group*

"Acappella"

on **Wednesday December 10th 2025**
at **7pm**
at **Caistor St Edmund Church**

Tickets: **£10**
to include parking fee,
mulled wine and mince pies

Please text or call Jani on 07557 774520 to order tickets

All proceeds to the Big C and Caistor Church funds



An End of Year Message from Ben Goldsborough MP for South Norfolk

During my time as the Member of Parliament for South Norfolk, I aim to be the most accessible MP the area has had. That's why I don't just wait for you to come to me; I will come to you. Just the other weekend I spent a Saturday morning chatting with the residents of Trowse at one of my street surgeries. It was great to spend some time walking around the area, but more importantly it was useful to hear about the issues that you care about. There were lots of issues raised, with many of you mentioning the noise off the A47, Tree Protection Orders and policing. But the conversation doesn't stop at the doorstep. After the street surgery, I started cracking on with the casework that was raised with me. No matter how big or small the issue is myself and my team will always make sure that everyone feels listened to and gets the support they need. You ask. I act. We win.

These conversations on the doorsteps of street surgeries are crucial, thank you to everyone who took time out of their morning to speak to me. Don't worry if you didn't get the chance to chat to me, if you have something that you wish to raise with me; you can always contact me by email or telephone:

 **Email:** ben.goldsborough.mp@parliament.uk

 **Phone:** 01603 570332

We're nearing the end of the year, but the hard work continues. However, with us now being well into November and I'm sure many of you will be enjoying the traditions that come at this time of year. Lots of you will be thinking about putting your Christmas decorations up, starting your Christmas shopping or are planning to see your loved ones. With that in mind and with it being the last edition of the year, I would like to wish you all a peaceful Christmas time and I am sending all of my best wishes for 2026.



HEIGH-HO, THE HOLLY!

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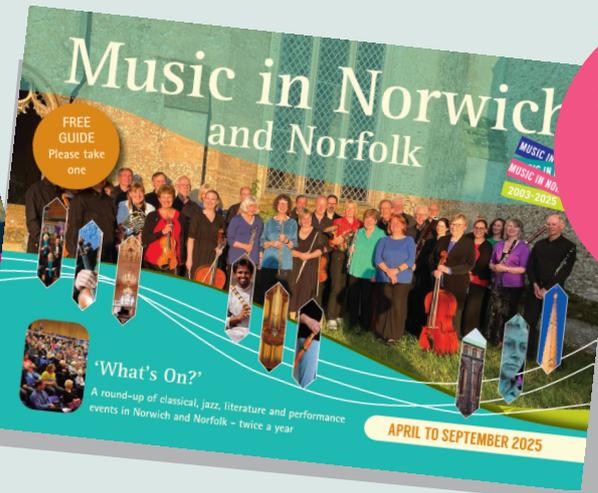
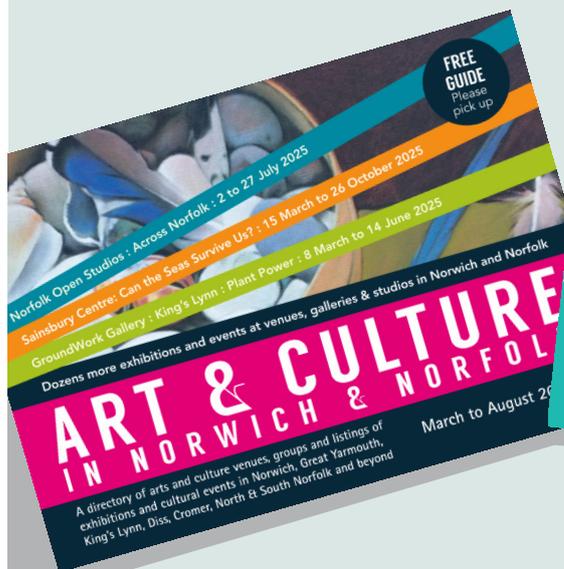
Hexachordia

Saturday 6th December at 3.00pm

St. Andrew's Church, Trowse, NR14 8SX

Tickets £12 (to include spiced winter punch & mince pies after the concert)

available from Trowse Church or revrosietrowse@gmail.com



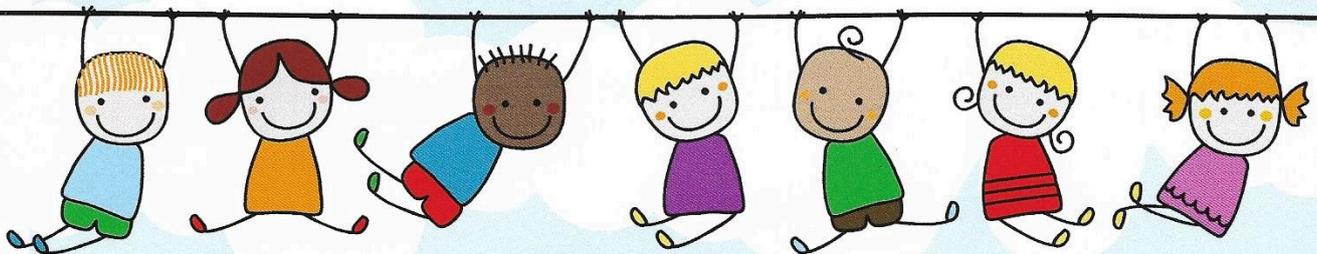
Pick up a free guide to arts and music What's On



To order by post scan the QR

Free guides to festivals, exhibitions and concerts in Norwich and Norfolk. Printed booklets to pick up free from the Manor Rooms, Crown Point Tavern, the church or River Green in Trowse, the Egg Shed (Trowse Millgate) and many venues and arts info racks in the city, by post for the cost of the stamp, and downloadable as a pdf – see www.artinnorwich.org.uk for details.

Find out more at www.artinnorwich.org.uk or www.musicinnorwich.org.uk



Trowse Baby and Toddler Group

Mondays (term time) 10:00-11:30
 Trowse Manor Rooms, Trowse NR14 8ST
 £3 per child / £1 per extra adult or child
 Babies 6 months or under free

Come and Join the fun!

For parents, carers and little ones from newborn to 4 years of age.

Sessions include free play, craft activities and music / singing.

Tea, coffee and cake for the adults and a drink and snack for the children included!!

To book or for more information please email:
trowse.babytoddler@gmail.com

What's on at Trowse Manor Rooms Your village hall



THE STREET TROWSE NORFOLK NR14 8ST

Monday

Trowse Baby & Toddler Group

10 – 11.30am (term time) trrowse.babytoddler@gmail.com

Currently available for afternoon hire

Parish Council & MRMC Meetings 6.30-9.30pm

Tuesday

Currently available for hire & viewings

Wednesday

Currently available for hire & viewings

Yoga & Relaxation with Donna

6.45 – 7.45pm - Donna - 07496 287370

Thursday

Pilates with Nikki

9.15-10.15am

Nikki 07905 415887 or nikkiwhyte11@gmail.com

TPS Karate

3.30-4.30pm

Dan - 07908 703555

Currently available for evening hire

Saturdays & Sundays

Available to hire for parties & any ad hoc events

Please contact

Glen on 07740 782850 or glenseif@me.com

Future social events at the Manor Rooms

For updates see our socials:

www.trowsemanorrooms.org.uk

FaceBook: @Trowse Manor Rooms

BlueSky: @trowsemanorrooms.bsky.social

And keep an eye on the Manor Rooms window for notices

Bowling Green now available to hire

Furniture Hire... Tables & Chairs



THE MANOR ROOMS – TROWSE VILLAGE HALL
NEW HIRE RATES

Activity	Rates of Hire from 1 st April 2025
Trowse Community Groups	£12.00 per hour
Charities (for fundraising activity)	£12.00 per hour
Private Commercial Lets	£15.00 per hour
Corporate Commercial Lets	£35.00 per hour (price held at 2023 rate)
Children's Birthday Parties (under 13 years of age)	£45.00 for 4 hours
Other Daytime Parties including teenagers	£55.00 for 4 hours (price held at 2023 rate)
Evening Parties	£110.00 for 4 hours (price held at 2023 rate)
Hire of green at the rear	£25 per hire

For booking information please contact:

Glen Self on 07740 782850 or

glenself@me.com

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FROM THE REGISTERS

BAPTISMS

We welcome into the family of the church



Reggie Samuel Lee
26th October 2025

Lila Elisa Craddock
16th November 2025



FUNERAL

We commend to the loving care of the Lord



Mary Rose Brookes
26th November 2025

Gwendoline Beryl Packer
1st December 2025



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WEDNESDAY
17th DECEMBER

MUSIC
7pm

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TROWSE VILLAGE CHURCH

A Huge Thank You

..to everyone who worked on and supported St. Andrew's flower festival. Over the Remembrance weekend more than 150 visitors enjoyed the flowers and displays that represented our theme of "Retro". Garden, homeware, needlework, WW1 and WW2 toys brought back memories and started conversations. Two displays were particularly popular, the 1960's record player with record requests taken by our resident D.J. and the clockwork train sets which gave us a lot of pleasure. All of the money donated £850 is going to our heating and toilet project. Improving these will make the church more comfortable for everyone who uses it, both the congregation and visitors to events. The event can be summed up with this quote from one of our visitors, "Warm and friendly welcome. Beautiful flowers. Lots of good nostalgic displays. Great refreshments. Keep the music on!"



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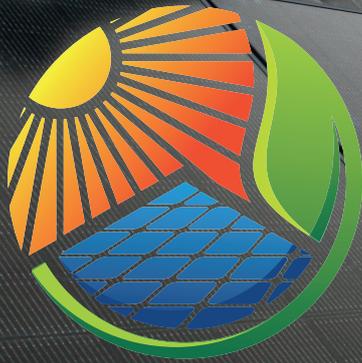
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Useful contact numbers and email addresses

Emergency Numbers

Police, Fire or Ambulance Emergency 999

Police–Non Emergency Norfolk Constabulary.....101 ... www.norfolk.police.uk

Ambulance–Non Emergency East of England Ambulance Service0345 601 3733

.....www.eastamb.nhs.uk

NHS 111 Service

Fire Service–Non Emergency Norfolk Fire Service01603 810351

.....norfolkfireservice.gov.uk

Electricity Emergencies Distribution0800 31 63 105 or 105 from mobile

.....www.ukpowernetworks.co.uk

Gas Leaks & Emergencies National Grid0800 111 999

.....www.nationalgrid.com/uk/gas

Water Leaks Anglian Water.....0800 771 881www.anglianwater.co.uk

Samaritans Norwich Samaritans.....01603 611311.. www.samaritans.org

Animal Emergencies RSPCA.....0300 1234 999 www.rspcanorwich.org.uk

General Information

Norfolk & Norwich University Hospital Main Switchboard.....01603 286286

..... www.nnuh.nhs.uk

Norfolk County Council Main Switchboard.....0344 800 8020 www.norfolk.gov.uk

South Norfolk District Council Main Switchboard..... 01508 533633 or 0808168 2000

..... www.south-norfolk.gov.uk

Trowse Parish Council.....07899 798853

Citizens Advice Bureau Norwich District OfficeNational advice line **0800 144 88 48**

.....www.norwichcab.org.uk

Trowse Primary.....01603 622485 . www.trowseprimaryschool.co.uk

Framingham Earl High School.....01508 492547

.....www.framinghamearl.norfolk.sch.uk

Norfolk Library Service Poringland Library.....01508 494891 www.norfolk.gov.uk

Norwich Millennium Library.....01603 774774 www.norfolk.gov.uk

RSPCA Norwich Office.....01603 766001 www.rspcanorwich.org.uk

NSPCC General Help & Advice.....0800 800 5000 www.nspcc.org.uk

Childline0800 1111 www.childline.org.uk

Transport

Norwich Airport General Enquiries.....01603 411923

.....www.norwichairport.co.uk

Norwich Railway Station General Enquiries0345 600 7245

.....www.nationalrail.co.uk/stations/nrw/details

Greater Anglia Customer Relations.....0345 600 7245 www.greateranglia.co.uk

First Bus...<https://www.firstbus.co.uk/norfolk-suffolk/routes-and-maps/network-norwich>

Should you find any of this information incorrect please inform the Editor

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