

Lectionary

You are invited to follow the first two readings while seated, and as is the custom, to just listen, standing if possible, as the Holy Gospel is proclaimed.

Midweek 21st January 2026 Epiphany 2

The Collect

Eternal Lord, our beginning and our end: bring us with the whole creation to your glory, hidden through past ages and made known in Jesus Christ our Lord. **Amen.**

First reading: 1 Samuel 17:32-33,37,40-51

A reading from the 1st book of Samuel.

David said to Saul, 'Let no one's heart fail because of him; your servant will go and fight with this Philistine.' Saul said to David, 'You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth.' David said, 'The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.' So Saul said to David, 'Go, and may the Lord be with you!' Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine.

The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, 'Am I a dog, that you come to me with sticks?' And the Philistine cursed David by his gods. The Philistine said to David, 'Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field.' But David said to the Philistine, 'You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand.'

When the Philistine drew nearer to meet David, David ran quickly towards the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

So David prevailed over the Philistine with a sling and a stone, striking down the Philistine and killing him; there was no sword in David's hand. Then David ran and stood over the Philistine; he grasped his sword, drew it out of its sheath, and killed him; then he cut off his head with it.

When the Philistines saw that their champion was dead, they fled.'

This is the word of the Lord,

All: Thanks be to God.

Second reading: Psalm 144:1-2,9-10

1. Blessed be the Lord my rock, • who teaches my hands for war and my fingers for battle;
2. My steadfast help and my fortress, my stronghold and my deliverer, my shield in whom I trust, • who subdues the peoples under me.
9. O God, I will sing to you a new song; • I will play to you on a ten-stringed harp,
10. You that give salvation to kings • and have delivered David your servant.

This is the word of the Lord,

All: Thanks be to God.

The Holy Gospel: Mark 3:1-6

Hear the Gospel of our Lord Jesus Christ

according to Mark.

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, 'Come forward.' Then he said to them, 'Is it lawful to do good or to do harm on the sabbath, to save life or to kill?' But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

This is the Gospel of the Lord.

All: Praise to you, O Christ.

Post Communion Prayer

God of glory, you nourish us with your Word who is the bread of life: fill us with your Holy Spirit that through us the light of your glory may shine in all the world. We ask this in the name of Jesus Christ our Lord. **Amen.**