

## **Readings for Sunday 1st February**

2 Samuel.15. 13-14,30;16.5-13

Psalm 3

Mark 5. 1-20

### **2 Samuel.15. 13-14,30;16.5-13**

#### **David Flees**

**13** A messenger came and told David, “The hearts of the people of Israel are with Absalom.”

**14** Then David said to all his officials who were with him in Jerusalem, “Come! We must flee, or none of us will escape from Absalom. We must leave immediately, or he will move quickly to overtake us and bring ruin on us and put the city to the sword.”

**30** But David continued up the Mount of Olives, weeping as he went; his head was covered and he was barefoot. All the people with him covered their heads too and were weeping as they went up.

#### **Shimei Curses David**

**5** As King David approached Bahurim, a man from the same clan as Saul’s family came out from there. His name was Shimei son of Gera, and he cursed as he came out. **6** He pelted David and all the king’s officials with stones, though all the troops and the special guard were on David’s right and left. **7** As he cursed, Shimei said, “Get out, get out, you murderer, you scoundrel! **8** The Lord has repaid you for all the blood you shed in the household of Saul, in whose place you have reigned. The Lord has given the kingdom into the hands of your son Absalom. You have come to ruin because you are a murderer!”

**9** Then Abishai son of Zeruiah said to the king, “Why should this dead dog curse my lord the king? Let me go over and cut off his head.”

**10** But the king said, “What does this have to do with you, you sons of Zeruiah? If he is cursing because the Lord said to him, ‘Curse David,’ who can ask, ‘Why do you do this?’”

**11** David then said to Abishai and all his officials, “My son, my own flesh and blood, is trying to kill me. How much more, then, this Benjamite! Leave him alone; let him curse, for the Lord has told him to. **12** It may be that the Lord will look upon my misery and restore to me his covenant blessing instead of his curse today.”

**13** So David and his men continued along the road while Shimei was going along the hillside opposite him, cursing as he went and throwing stones at him and showering him with dirt. **14** The king and all the people with him arrived at their destination exhausted. And there he refreshed himself.

### **Psalm 3**

**A psalm of David. When he fled from his son Absalom.**

**1**

Lord, how many are my foes! How many rise up against me!

**2**

Many are saying of me, "God will not deliver him."<sup>[b]</sup>

**3**

But you, Lord, are a shield around me, my glory, the One who lifts my head high.

**4**

I call out to the Lord, and he answers me from his holy mountain.

**5**

I lie down and sleep; I wake again, because the Lord sustains me.

**6**

I will not fear though tens of thousands assail me on every side.

**7**

Arise, Lord! Deliver me, my God!

Strike all my enemies on the jaw; break the teeth of the wicked.

**8**

From the Lord comes deliverance. May your blessing be on your people.

### **Mark 5:1-20 New International Version**

#### **Jesus Restores a Demon-Possessed Man**

**5** They went across the lake to the region of the Gerasenes.<sup>[a]</sup> **2** When Jesus got out of the boat, a man with an impure spirit came from the tombs to meet him. **3** This man lived in the tombs, and no one could bind him anymore, not even with a chain. **4** For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. **5** Night and day among the tombs and in the hills he would cry out and cut himself with stones.

**6** When he saw Jesus from a distance, he ran and fell on his knees in front of him. **7** He shouted at the top of his voice, "What do you want with me, Jesus, Son of the Most High God? In God's name don't torture me!" **8** For Jesus had said to him, "Come out of this man, you impure spirit!"

**9** Then Jesus asked him, "What is your name?"

"My name is Legion," he replied, "for we are many." **10** And he begged Jesus again and again not to send them out of the area.

**11** A large herd of pigs was feeding on the nearby hillside. **12** The demons begged Jesus, “Send us among the pigs; allow us to go into them.” **13** He gave them permission, and the impure spirits came out and went into the pigs. The herd, about two thousand in number, rushed down the steep bank into the lake and were drowned.

**14** Those tending the pigs ran off and reported this in the town and countryside, and the people went out to see what had happened. **15** When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. **16** Those who had seen it told the people what had happened to the demon-possessed man—and told about the pigs as well. **17** Then the people began to plead with Jesus to leave their region.

**18** As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. **19** Jesus did not let him, but said, “Go home to your own people and tell them how much the Lord has done for you, and how he has had mercy on you.” **20** So the man went away and began to tell in the Decapolis how much Jesus had done for him. And all the people were amazed.