

St Michael & HI Angels, Chetwynd

A Prayer for Advent

Lord Jesus Christ,

In this Advent season, when the world rushes headlong into Christmas - into lights, lists, and endless preparations - slow our hearts.

Teach us to breathe again.

While everything around us pushes for speed, draw us instead into Your stillness.

Let the quiet of Your coming settle over our worries and remind us that the greatest gift is not bought or wrapped, but received in humble faith.

Give us grace to pause in the midst of our hurry, to listen for Your gentle voice, to notice the ways You come to us in ordinary moments.

Turn our attention from what is urgent to what is eternal.

As we wait for You, shape our hearts to welcome Your light.

Prepare us - not with frantic activity - but with prayer, hope, and watchfulness.

Come, Lord Jesus.

Renew our longing, deepen our peace, and make room within us for Your transforming presence.

Amen.