

Sacred Encounter - Life from Death



1pm, Saturday 14 March 2026

Join us in a sacred encounter

Immerse yourself in nature, celebrate, give thanks and gather as community in the beautiful surroundings of Rydal Hall.

The Spring Equinox marks the time of year when new life emerges after the deadness of winter. Death is a fundamental part of the circle of life, the death of one thing bringing life to another. At Easter, we celebrate the ultimate example of life from death in the resurrection. In this month's practice we mark this circle of life and death by burning dead wood and returning the ashes to the soil to fertilise new growth, giving thanks for what has been and welcoming what is to come.

The Sacred Encounter is preceded by an opportunity to soak in nature through a walk, run, cycle or swim; or creative writing, reading or art.

What do I need

Please bring food to share for a Jacob's Join lunch.

Meeting Point

Rydal Hall Café entrance. NY 36594 06368. ///
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Contact

info@beyondtheview.org.uk

About Sacred Encounters

Sacred Encounters are monthly gatherings to celebrate and reflect on the sacred wonder, beauty and awe to be found in nature as a community of friends. Each encounter embodies a Christian principle that enhances and sustains life in the everyday. Sacred Encounters are open to people of all faiths or none, whilst being informed by the Christian faith. It is an initiative of [Beyond The View](#).

What should I expect?

Each event starts and finishes with a blessing, focusing on a theme such as hope, forgiveness, new life or bringing light to a dark world. We embody these themes through simple practices that connect us with each other and the sacred heart of nature. Our aim is to deepen these connections and our understanding of God by creating a contemplative space in the fells and woods surrounding Rydal. The exact content of each Sacred Encounter will vary, but common elements include the sharing of food, some form of symbolic practice, as well as curated times of conversation and discussion. Please read our [FAQs](#) before coming.



For reflection:

- ◆ What signs can you see of new life in nature?
- ◆ What might need to die in your life for new growth to emerge?
- ◆ How has 'death' (the seeming failure or loss of something) led to new vitality in your life?