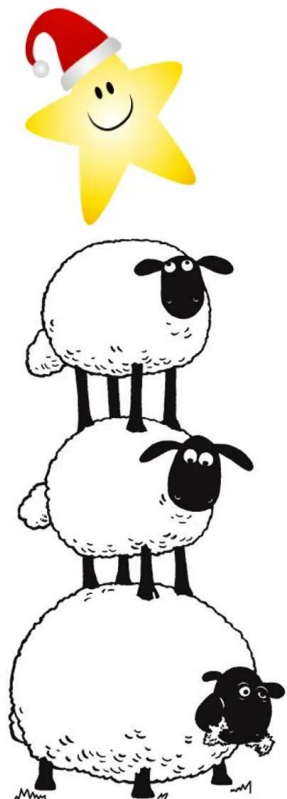


COUNTRY NEWS

DEC 2025 - JAN 2026

Parish Magazine of

Dunchideock and Shillingford St George



I still haven't
seen a sign!



**The Country News Team would like to wish all our readers
a very Merry Christmas and a Happy & Peaceful New Year!**

Please check the diary for everything coming up over the
Holiday season & beyond!



From Alphington Rectory: On 8th December 2015, Andy Park from Melksham in Wiltshire announced that he was giving up celebrating Christmas. It followed a Channel 5 documentary which described how he had celebrated Christmas every day since 1993. He claimed that each morning of each day he'd started with turkey sandwiches and mince pies. He came home at lunchtime from work for roast turkey with all the trimmings, champagne, wine and sherry. But after 22 years, he announced an end to Christmas. His weight had ballooned to over 19 stone. His savings had been wiped out, and he was at risk of losing his home. As well as harming his health and spending a small fortune, Andy Park (a single man) added:

"It's hard to find a woman who wants to celebrate Christmas with you every day". Most of us don't take Christmas that far. We may love Christmas, but once a year is quite enough, thank you. In fact, for many, once a year is more than enough. Choosing gifts and wrapping them. Shopping for food and pulling the whole thing together. Balancing the conflicting expectations of parents and grandparents, children and grandchildren. It all requires a massive amount of effort. We are tempted to say "why bother?" The strains can be enough to expose the fault lines which run through nearly every family.

Let's not get too jaded about Christmas. It's full of fun, and full of all that is best. But just in case we're feeling a little jaded, here are some pointers from the Bible.

Relaxation. Do we ever relax at Christmas? Perhaps it happens when we sit down to listen to the King's speech. Perhaps Christmas reminds us of the perfection we long for but rarely achieve. In our search for relaxation, Jesus says: "Come to me all you who are weary and burdened, and I will give you rest." Matthew 11.28

Family and Friends. There are some who don't have another person to sit down with at Christmas. There are others for whom the coming together of the generation is a huge strain. The Bible says "Better a meal of vegetables with love than a fattened calf with hatred." Proverbs 15.17

Time to think. It's a season of noise. Our senses are bombarded. The stimuli are so intense we feel burned out. Sometimes the best part of the day is the gentle walk in the country with nothing to disturb you, and time to think what really is important.

The Bible says "For God so loved the world that he sent his son..." John 3.16

Receiving, not giving. We try to teach our children that Christmas is about giving, not getting. But it reminds us too that we do need to receive gifts and to learn the grace of accepting things from others. Many of us aren't good at letting others give things to us or do things for us. But the heart of the Christian message is about receiving not giving. We receive the love and affirmation of God when we trust in his son.

Did you ever wonder why we give gifts at Christmas? We give gifts because God gave us the most precious gift possible, the gift of his son. Each and every gift under the tree is a reminder of the greater gift that God has given you and me.

Rev. Mike Partridge

Essential news from your magazine team!

Donations: In order to keep this mag free for all, could you consider giving us a donation? Contact Steve Cook for info on how to do so (see back cover)!

We need more editors! Several of our current editors of this mag do more than one issue a year, which is not ideal – we'd prefer everyone only to do one a year. Please, if you think you can help, let us know - we would appreciate it! Contact details for Steve Cook & Judith Travell are on the back page, either will talk to you about the process. We are happy to give any training/ help needed (including showing you exactly how we manage it!) to get you started. As long as you can type, you can do editing and it would (usually) only be once a year!

To all contributors to this magazine (repeated, by request)!

Please can you use (as far as possible) the following guidelines:

- When sending items in, please put what it is for in the message line of your email (ie. History poster for mag) it makes it easier for the Editors to keep track of things.
- Type size minimum 14 point - preferably calibri, arial or equivalent - the mag is shrunk in printing, so a smaller type size is not legible for some readers (and we don't always catch them!).
- Space: both for posters and articles – please, if possible send a text only version as well as the poster! We are limited on space due to costs, so we may need to edit/ shrink some posters/ articles (especially those with repeated info in both or lots of wasted/ white space). While we do not **want** to do this, occasionally we have no choice. A text only version gives us some leeway in getting everything in with minimum effort. Please note, even if we get only a poster or the article in, we will always try and get it into the diary (human error excepting, sorry!).
- For any reports on past events or longer info you want in, please keep it to 1 page max (at the 14 point size) in total. Exceptions are possible but may be edited!

Thank you for understanding.

Country News Editorial Team

Dunchideock Church Services		
Dec 14	Advent 3 Christingle	3.30pm
Sidesperson	Steve Cook	
Reader/s	Children	
Reading/s	To be chosen	
Dec 24	Christmas Eve Christmas Night Holy Communion	9.00pm
Sidesperson	Ray Mallett	
Readers	Steve Cook & Dawn Bird	
Readings	Isaiah 9 v 2-7 & Titus 2 v 11-14	
Dec 28	Christmas 1 Mission Community Holy Communion	10.30am
Sidesperson	Chris Bond	
Readers	Jamie Cummings & Ann Mallett	
Readings	Isaiah 63 v 7-9 & Hebrews 2 v 10-18	
Jan 11	Baptism of Christ Holy Communion	10.30am
Sidesperson	Shirley Phillips	
Readers	Dawn Bird & Ray Mallett	
Readings	Isaiah 42 v 1-9 & Acts 10 v 34-43	

Dunchideock Church Cleaning	
December	Ray & Ann Mallett
January	Tina Cook & Liz Thompson



The Holiday lights cliché argument...

‘A’ - “Christmas lights are like tiny hugs of warmth glowing through winter’s cold, they remind us that there is always light in the darkness.”

‘B’ - “All I want for Christmas is someone else to untangle the lights.”

‘A’ - “Embrace the warmth of the season with glowing lights and happy hearts. Let the holiday lights remind us that even in the longest nights, love found a way.”

‘B’ - “Holiday lights should be festive, but not encourage planes to land!”

‘A’ - “The twinkling lights can’t compare to the sparkle in your eyes.”

‘B’ - “You light up my life!”



Services in the Teign Valley and Haldon Hill Mission Community

December	Time	Details
7 Advent 2	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	St Michael, Doddiscombsleigh - Mission Community Holy Communion
	10:30am	St Mary, Dunsford - Service of the Word
14 Advent 3	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	St Thomas Becket, Bridford - Mission Community Holy Communion
	10:30am	St Mary, Dunsford - Service of the Word
	3:30pm	St Michael & All Angels, Dunchideock - Christingle
17 Advent 3	4:00pm	St Michael, Doddiscombsleigh - Community Christmas
	6:30pm	St James, Christow - Carol Service
21 Advent 4	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	St James, Christow - Mission Community Holy Communion
	5:00pm	St Michael, Doddiscombsleigh - Carol Service
	6:00pm	St Mary, Dunsford - Carol Service
24 Christmas Eve	4:00pm	St Mary, Dunsford - Crib Service
	6:00pm	St Thomas Becket, Bridford - Carol Service
	9:00pm	St Michael & All Angels, Dunchideock - Christmas Night Holy Communion
	10:00pm	St John the Baptist, Ashton - Carol Service
	10:00pm	St Michael, Doddiscombsleigh - Christmas Night Holy Communion
	10:00pm	St Mary, Dunsford - Christmas Night Holy Communion
25 Christmas Day	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	St James, Christow - Christmas Day Family Communion
	10:30am	St Mary, Dunsford - Christmas Family Service
28 Christmas 1	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	St Michael & All Angels, Dunchideock - Mission Community Holy Communion
	10:30am	St Mary, Dunsford - Service of the Word
January	Time	Details
4 Christmas 2	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	Ashton Village Hall - Holy Communion
	10:30am	St Michael, Doddiscombsleigh - Holy Communion
	10:30am	St Mary, Dunsford - Service of the Word
11 Baptism of Christ	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	St Thomas Becket, Bridford - Holy Communion
	10:30am	St Michael & All Angels, Dunchideock - Holy Communion
	10:30am	St Mary, Dunsford - Family Service
18 Epiphany 2	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	St James, Christow - Holy Communion
	10:30am	St Mary, Dunsford - Holy Communion
25 Conversion of St Paul	9:00am	Scattered Church by Telephone - Service of the Word
	10:30am	St Michael, Doddiscombsleigh - Mission Community Holy Communion
	10:30am	St Mary, Dunsford - Service of the Word
	4:00pm	The Mission Community - Forest Church

Teign Valley & Haldon Hill Mission Community

The Teign Valley & Haldon Hill Mission Community includes the parishes of Ashton, Bridford, Christow, Doddiscombsleigh, Dunchideock and Dunsford. Rev'd Ruth Frampton (Rector) - 01647 253164 or tvhhrectory@yahoo.com Rev'd Elizabeth Burren (Curate) - revelizabethburren@gmail.com

Pastoral Care If you would like, or know someone who would be glad of, a call or "virtual" visit from Rev'd Ruth, Rev'd Elizabeth, another member of the church community or from an Anna Chaplain, please contact the rectory (contact details above), or the Churches' Administrator (see Getting in touch... below).

Sunday Services

There is a 9am telephone service each Sunday - you do not need internet access, just a landline or mobile telephone. Between 5 and 10 minutes before the service begins, please dial 0333 011 0616 and enter the code 334 7721, followed by the # key, when asked. The cost of the call is the standard cost for any 01, 02 or 03 number, but will vary according to your telephone contract. If you miss the Sunday sermon, catch up by phone. Call local number 01647 407047 to listen during the following week.

All our church buildings are open for public worship and details are provided in the separate schedule of services. Please check the "A Church Near You" website for your parish for updates (search for e.g. "A Church Near You Dunchideock").



Christmas Services

There are special Christmas services in all our churches in December – please see the separate notice. Why not take the opportunity to celebrate the reality of Christmas, to sing well-known carols, hear the Christmas story and experience the peace and hope of the Christ-child for yourself?

Scattered Church – Home Communion – 22nd/23rd December and 26th/27th January

Rev'd Ruth will be taking home communion to those who are not able to attend church. If you would like to arrange a visit, please contact Rev'd Ruth (details above).

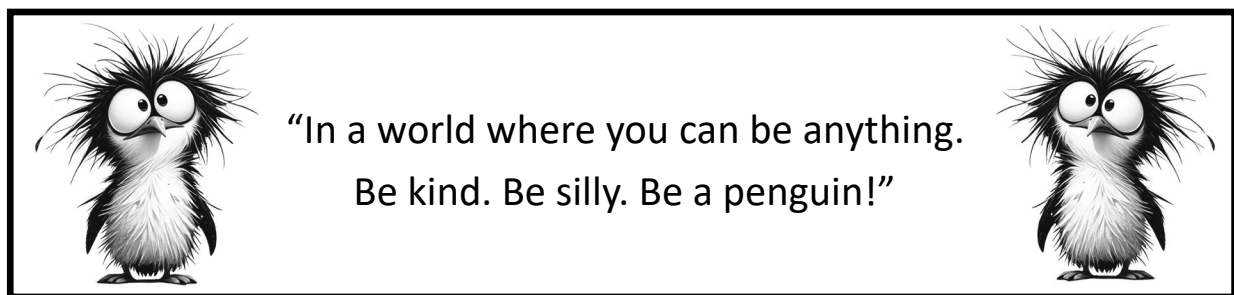
Forest Church – 25 January 2026

There is no Forest Church in December – the next one is on 25 January 2026. This is a monthly opportunity to explore outdoor spirituality, for all the family, at 4pm in Ashton Village Orchard (behind the Village Hall). Bring a camp chair or rug to sit on if you can, everyone of all ages is welcome, dogs too!

Villages Prayer: An opportunity each month to join together specifically to pray for our world, our communities, our churches and those we know. Everyone is welcome. We normally meet to pray on the 3rd Tuesday of each month between 5pm and 6pm. There is no meeting in December - the next meeting will be on **20 January at Webberton**

Meadows, Dunchideock EX2 9TX. Please contact one of the clergy (details above) or the Churches' Administrator (details below) if you have requests for prayer.

Getting in touch... If you wish to discuss plans for a baptism/christening, banns of marriage, wedding, funeral, interment of ashes or memorial service, or have any other enquiry, please contact Steve Cook, the Churches' Administrator, on 01392 832332 or email tvhchurches@gmail.com



TEIGN VALLEY MEN'S SHED

Teign Valley Men's Shed will be open every Thursday during December and January **APART from 25 December and 1 January** from 9:30am to 12:30pm. The session on 18 December will include Christmas goodies! If you are already a member, look out for an email or WhatsApp message just in case we have to cancel, or contact the email address below.

The Shed is located at Embercombe in Higher Ashton, EX6 7QQ – on the first floor of the large building just beyond the main car park. Coffee and tea will be available. Transport is available if required – a minibus (courtesy of Acorn) is available most weeks, at a cost of £5 per week. See contact details below.

What are Men's Sheds?

"Sheds" are kitted-out community spaces where men can enjoy practical hobbies. They're about making friends, learning and sharing skills - and for a bit of banter over a cup of coffee or tea. The current focus is on woodwork. If you have skills to share, or you have very little or no experience and want to learn, then you will be very welcome! There is an annual membership fee of £10, and a session fee of £5 for each session.

Everyone is welcome! Don't miss an opportunity to meet new friends and learn/ share some practical skills.

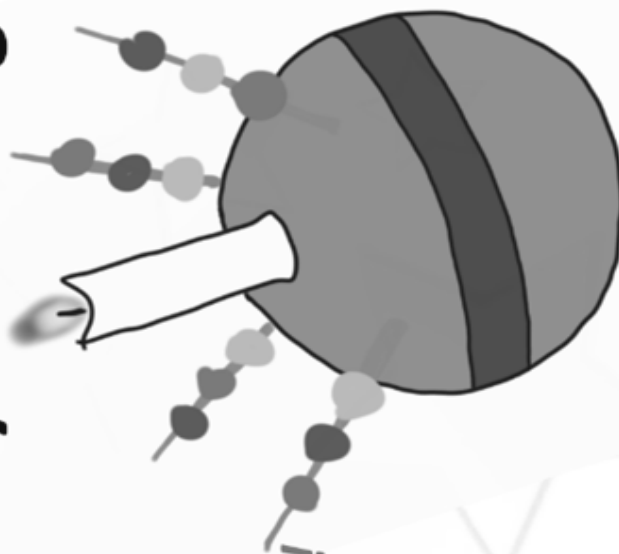
Email: teignvalleyshed@gmail.com

You are very warmly invited to the...

Village Christingle

Sunday 14 December

3.30pm by candlelight



ALL AGES
ARE
WELCOME!

WRAP UP
WARM!!

Dunchideock Church

For further information contact Tina or Steve Cook
01392 832057 or tinamcook@btinternet.com

Some colouring in for Christmas!



St Michael and All Angels Church, Dunchideock:

Flower Arranging for Christmas 2025

Everyone is welcome to join the flower arranging team to help decorate the Church for Christmas. We will be meeting at St Michael and All Angels Church on Tuesday 23rd December @ 2.30pm. If you are not able to join us but would like to make a donation of flowers and/or greenery this would be much appreciated. Please leave these in the church porch.

Dear Santa:

As I have been shopping and planning my gifts for others this Christmas season, I have been thinking of the gifts I would like for myself. Please, dear Santa, bring me:

Patience, and an understanding heart, and the wisdom to guide my children to happy, useful adulthood.

A knowledge of the things needful for my spouse's happiness and health so that I may be a good helpmate as well as an understanding parent.

Give me thoughtfulness that I may share my abundant joy with my own parents and do what I can for them in return for all they have given me.

I wish, too, a joyous spirit which would meet each trial with a smile and add to the happiness of my friends and neighbours.

Give me a critical attitude toward my own faults and a tolerant one toward the faults of others.

And lastly, give me such a sense of fellowship with all people on earth that I cannot be truly happy until I have done my utmost to bring joy and relieve sorrow and suffering for others wherever they may be. Gratefully yours.

P.S. If I have asked for too much, just give me a living, loving faith in the teachings of Him whose birthday we are celebrating this Christmas.



Submitted by A. Nonymouse.

Dunchideock Village Hall

Registered Charity No. 301096

DECEMBER 2025:

Thursdays 4th, 11th & 18th December: Cardio Drumming @ 6pm Enjoy music, improve cardio fitness, develop drumming skills and experience amazing feelings of wellbeing. £10 per session. Call Tamsin on 07891 861881

Friday 12th December: Film Night - Wicked @ 5.30 pm for a 6.00 pm start. Adult £5
Accompanied children free. Admittance includes tea/coffee and biscuits. Extra charge for ice cream and bar. A great film to see with the kids before Christmas!

This film stars Cynthia Erivo as Elphaba Thropp and Ariana Grande as Glinda Upland, with Jonathan Bailey, Ethan Slater, Bowen Yang, Marissa Bode (in her film debut) Peter Dinklage, Michelle Yeoh and Jeff Goldblum in supporting roles. Set in the Land of Oz before the events of The Wonderful Wizard of Oz, the film explores the early relationship between Elphaba, the future Wicked Witch of the West, and her dormitory roommate Galinda, who becomes Glinda the Good. Organised by Ray Mallett and Lee Curio.

Friday 19th December: The Lord Haldon Hotel @ 7pm Christmas Extravaganza! Cornish

legend, Mr **Johnny Cowling** will be returning to Dunchideock for a fabulous, festive evening of comedy & song. Supported by Devon's own 'Sweet and Fruity' jazz/swing band, Plum Jam. Delicious turkey bap with trimmings or vegetarian option. Standard ticket price £25 (from 8th November until 12th December). Raffle with exceptional prizes! £200 cash, food hamper & wine hamper. Please contact Tanya Burns on 07712 672234 for tickets. More on next page...

Dunchideock Village Hall



An informal singing group focussing on well known songs with simple harmonies. The emphasis is purely upon enjoying the benefits of group singing. No audition is necessary.

We meet up generally twice a month on a Friday 5.30-6.30

! The bar will be open!
£1 to cover hall expenses

Call Tamsin - 07891 861881
if you'd like to reserve a space.

Registered charity no.301096

Dunchideock 100+ results:

November

1. J. Travell
2. K. Robson
3. P. Doyle



Dunchideock Village Hall - JANUARY 2026:

Thursdays 8th, 15th, 22nd & 29th January: Cardio Drumming @ 6pm Enjoy music, improve cardio fitness, develop drumming skills and experience amazing feelings of wellbeing. £10 per session. Call Tamsin on 07891 861881

Fridays 9th & 23rd January: Singing Villagers with Tamsin! 5.30-6.30pm. £1. No audition necessary. Please see poster for further details.

Monday 12th January: Parish Council Meeting @7.30pm

Friday 16th January: Film Night - Blitz @ 6.45pm for a 7.15pm start. £5 Admittance includes tea/coffee and biscuits. Extra charge for ice cream and bar.

Blitz's examination of British society during wartime is given a beating heart by Elliott Heffernan and Saoirse Ronan's lovely performances. Sir Steve McQueen's "Blitz" follows the epic journey of George (Heffernan) a 9-year-old whose mother Rita (Ronan) sends him to safety in the English countryside. George, defiant and determined to return home to his mom and his grandfather Gerald in East London, embarks on an adventure, only to find himself in immense peril, while a distraught Rita searches for her missing son.

Organised by Ray Mallett and Lee Curio.

Dunchideock Village Hall & Lord Haldon Hotel invite you to a

A FESTIVE NIGHT OF COMEDY

Includes Turkey bap & trimmings

JOHNNY COWLING LIVE

£200 CASH PRIZE DRAW by Ellis Farming

Kindly donated

LOCAL LIVE BAND PLUM JAM

FRI 19th DEC

7pm at The Lord Haldon Hotel

Early bird tickets £20 up to Nov 7th

Thereafter £25 from Tanya 07712 672234

Registered Charity No. 301096

News from Dunchideock Village Hall:

Phase One of the Village Hall heating and insulation project starts in December, with £7,257 (50% matched funding) from Dunchideock Parish Council, with Dunchideock Village Hall funding the rest. Smart-controlled heating panels will be installed, loft and door insulation followed by redecorating — volunteers would be really welcome to help get the place spruced up!

In due course we will start fund raising for Phase Two, which will focus on adding solar panels and batteries to reduce energy costs, improve sustainability, and protect against rising prices.

Dunchideock Village Hall Committee thanks Dunchideock Parish Council really appreciates the Renovations Working Group and our brilliant Village Hall Support group. We will keep you updated as plans move forward.

We are looking forward to seeing you all at the Johnny Cowling Festive Comedy Night at The Lord Haldon Hotel on the 19th December.

The Garden Room

A warm welcome awaits you in The Garden Room at
The Lord Haldon Country Hotel
For Coffee, Cake and Good company!



Tuesday 2nd, 16th & 30th December 2025

Tuesday 13th & 27th January 2026

From 10:30 am until 12:00 midday Tea/Coffee: £1.80 Cakes: £1.80



Everyone Welcome! Lifts available if required, please contact:

Anne Taylor: 01392 833282 or Shirley Phillips: 07503183224

How do Christmas trees get ready for a night out? They spruce up!

Dunchideock Film Night



Friday 16th January

7.15 pm

(Doors open 6.45)

Village Hall

Dunchideock Film Night



Friday 12th December

*** 6.00 pm *** (Doors open 5.30)

Village Hall

Accompanied Children Free

Faith is believing in things when common sense tells you not to.

Fred Gailey. "Miracle on 34th Street"

Dunchideock History Society

Future Visits to the Haldon Belvedere

The Dunchideock History Society have another visit planned for Sunday 11 January 2026 at 2.30pm. Parking at the castle, car share where possible. Members and non-members will be able to enjoy a tour of the Castle with tea, coffee and cakes. Come and see the stunning views from the roof terrace (weather permitting) and the new Museum in the Lawrence Hall (ground floor). There will be no charge: the Devon Historic Buildings Trust (owners) will be pleased to receive donations on the day. Entrance by booking only at: email: dunchideockhistory@outlook.com; Also email if you have a group that would like to visit on another day.



What did the wise men say after they offered up their gifts of gold and frankincense?

‘Wait, there's myrrh!’

Why did Santa Claus get a parking ticket on Christmas Eve?

He left his sleigh in a snow parking zone.



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SEPTEMBER 2025

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Shillingford St George and Dunchideock

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Shillingford St George Church Calendar for December 2025 & January 2026

Dates	Name	Service	Time
7 December	Advent 2	Advent Candle Service	9.30
Sidesmen	Di		
Readers	Di & Norman		
Reading/s	Romans 15:4-13	Matthew 3:1-12	
Prayers	Lay Team	Barrack Lane & Barton Lane	
14 December	Advent 3	Holy Communion	9.30
Sidesmen	Norman		
Readers	Sue & Derek		
Reading/s	James 5:7-10	Matthew 11:2-11	
Prayers	Clergy	Oak Close & Waybrook Lane	
21 December	Advent 4	Carol Service	4.00
Sidesmen	Liz		
Readers	Various		
Reading/s	Various		
Prayers	Clergy	Road through Shillingford Abbot	
24 December	Christmas Eve	Midnight Holy Communion	10pm
Sidesmen	Norman		
Readers	Ed & Tam		
Reading/s	Hebrews 1. 1-4	John 1. 1-14	
Prayers	Clergy	Ash Court & St George's Terrace	
25 December	Christmas Day	Mission Community Holy Communion at Alphington	10.00
28 December	Sunday after Christmas	Mission Community Holy Communion at Ide	9.30
4 January	Christmas 2	Morning Service	9.30
Sidesmen	Liz		
Readers	Sue & Derek		
Reading/s	Ephesians 1:3-14	John 1:1-18	
Prayers	Lay Team	The Willows & Ilex Close	
11 January	Epiphany	Holy Communion	9.30
Sidesmen	Di		
Readers	Di & Ken		
Reading/s	Acts 10:34-43	Matthew 3:13-17	
Prayers	Clergy	Manstree Lane & Manstree Terrace	

Date	Name	Service	Time
18 January	Epiphany 2	Evensong	4.00*
Sidesmen	Tom & Gwen		
Readers	Ed & Tam		
Reading/s	1 Corinthians 1:1-9	John 1:29-42	
Prayers	Clergy	Glebe Lane & Palace Farm Area	
25 January	Epiphany 3	Holy Communion	9.30
Sidesmen	Norman		
Readers	Norman & Peter		
Reading/s	1 Corinthians 1:10-18	Matthew 4:12-23	
Prayers	Nick	Road through Shillingford St George	
1 February	Candlemas	Morning Service	9.30
Sidesmen	Derek		
Readers	Derek & Nick		
Reading/s	1 Corinthians 1:18-31	Matthew 5:1-12	
Prayers	Lay Team	Surrounding parishes of Dunchideock, Kenn & Exminster	

Christmas Services

A leaflet will be inserted into the Shillingford copies of Country News with full details of all the services throughout the Mission Community, and everyone will be made very welcome in our churches.

Here at Shillingford:

7 December – Advent Candle Service. 9.30am. This is a “Christingle” service with carols and readings for Advent, but without the oranges! Fruit cake & mince pies will be served with tea/coffee after the service.

21 December – Carol Service. 4.00pm. This is the traditional service with lessons & carols, accompanied by our local music quartet. Mulled wine & mince pies will be served.

Collections from these two services will be donated to the Children’s Hospice SW.

Christmas Eve – Midnight Communion. 10.00pm. For those wishing to be in bed before Santa comes to visit!

Christmas Day & 28 December. A combined Mission Community service will be held at Alphington at 10.00am on Christmas Day & 9.30am at Ide on 28 December.

Flower Rota – Christmas 2025 – January 2026 ***No flowers in Advent***

25 December – Delia

4 January – Daphne

11 & 18 January – Terry

25 Jan & 1 Feb - Claire

“Heads up”: Easter 2026 is a fortnight earlier than this year and so there will not be much time before the February Country News is published and our **Lent Lunches** in the village hall. *For your diaries: 25 Feb, 11 & 25 March.*

Thank You

As the year comes to a close, I would like to thank all those who have helped to keep our village church looking so well-cared for and safely maintained.

So, to the flower ladies, cleaners, gardening angels and hedge cutters; sincere thanks, without your efforts our beautiful church would look a very sorry state

Through peoples’ generosity of time & cash we have managed to pay our Common Fund to the diocese, in full. This maintains not only our own clergy, but also the clergy in parishes where finances are even more difficult. We have also met the regular running expenses of insurance & utilities etc. with fundraising lunches, suppers and other events during the year. These don’t happen by magic and are the work of many who, again, give freely of their time to ensure everyone has a good time. Thanks to them and all those who supported the events.

The building maintenance work was completed on time & on budget; through generous donations from individuals (whom I won’t embarrass by naming) and grants from Devon Historic Churches Trust, the Diocesan Rural Fund, & “Quick Win” Grant. Also, thanks to Barley Manor for undertaking the work.

The collapse of the evergreen Ilex Oak tree was not a planned event(!), and put additional strains on the church’s financial reserves as our insurer would not cover the total costs of clearing up the fallen branches, making the tree safe, and repairs to the churchyard walls. Again, it is thanks to various donors and legacies, as well as Hi-Line and physical help from villagers to clear Gina’s field and the churchyard of the fallen timber.

And, thanks must also be given to Wendy Nelmes who passed away in September. For over 25 years, Wendy gave her time & energy to the church as churchwarden and was involved in the spiritual and secular works of running the parish – as well as supporting the many village events over the years; especially the Open-Door café with Daphne. Although she retired as churchwarden about 5 years ago, I was still able to rely on her wise council and encyclopaedic memory of who was connected to whom in the churchyard & the Shillingfords, and the history of the church building. We will miss her ever-smiling face and uncomplaining outlook; but safe in the knowledge she is now, with late-husband John, in the hands of the Lord.

I wish you all a Very Happy Christmas.

NM



The Exchange - Christmas



Special

Shillingford Village Hall, Saturday
13th December, 10.30am.

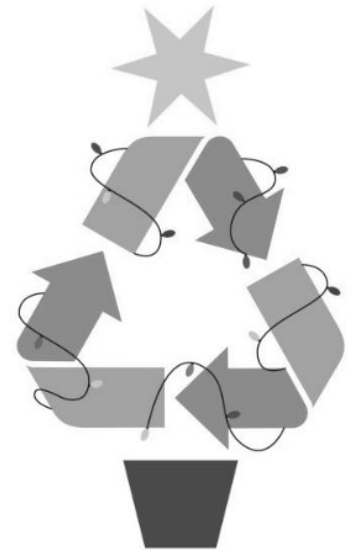
All Welcome!

Free mulled wine, mince pies!

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Friends of Shillingford Wood Christmas stall.



FITNESS AND WELLBEING

Moments of Art and Meditation: Dunchideock Meditation Group welcomes you to join us for our new monthly Tuesday series, 'Art and Meditation' beginning January 6th, 2026 at Cross Cottage, Dunchideock. Experience a beautiful visual, meditative journey accompanied by sacred music. Based on The National Gallery book 'The Art of Worship'. Doors open 2.15pm, Doors Close 2.30pm Meditation session. 3.30pm Reflections & Refreshments. 4pm End. Cultivate your meditation practice for inner peace, health, insight, connection with others. Full details of all day/evening sessions: <https://www.exetermindfulness.com/> Email shirley@exetermindfulness.com/;

A Date for your Diary!

An Afternoon with Jim Causley: Saturday 21st March 2026

Jim Causley, a talented musician and singer, is returning to Shillingford Village Hall to entertain us with more of his Devonshire stories, and songs.

Book the date and look out for more details.

SHILLINGFORD LOCAL HISTORY SOCIETY

PROGRAMME FOR 2026



The following meetings have been arranged for 2026.

Monday February 23 - *The History of Royal Devon and Exeter Hospital* by Dr. David Radstone. This will include a display of items from the Devon & Exeter Medical Heritage Trust (DEMHT) collection.

The talk will be followed by our annual Buffet Supper

Saturday March 21 at **2.30 pm** - *An Afternoon with Jim Causley*

Devon folk singer, songwriter, and musician. Music and refreshments provided.

Tickets: £10. Advance booking required.

Monday May 18 - *From Topsham to the Poles. The Tale of HMS Terror* by John Davidson. The Annual General Meeting will precede the talk.

Monday July 20 - Talk on a topic to be confirmed by Simon Dell, Dartmoor National Park guide, police historian, Quaker records custodian and author.

Monday October 5 - Topic and speaker to be confirmed

All meetings and talks for the year will be held on Monday evenings in Shillingford St George Village Hall at 7.30 pm.

The event on Saturday March 21 will also be in the Village Hall, but at 2.30 pm.

Membership and Guest Fees

The membership year is from May to April. The current annual fee is still £8 and is payable in May for 2026 to 2027. This includes free entry to the talks for the year, and for the buffet at the February meeting. New members are always welcome!

The fee per talk meeting for guests is £4, and £6 for the buffet in February. For further information please contact Jan Wood at jwood227@btinternet.com

Norman Harvey - Committee Member - Shillingford Local History Society

The Open Door Cafe

10th December: 10.30-12Noon followed at approx. 12Noon by our Xmas Buffet lunch

2026

7th January: 10.30-12Noon. S.V.H. - **21st January:** 10.30-12Noon S.V.H.

All welcome!

Daphne

A year in the wood

Following the success of the first showing of the film, "A year in the wood" there will be a second showing of the film in January 2026 again in the Village Hall. We have not decided on a date as yet but there will be posters displayed in the new year. It will be a viewing only without the bubbly and canapés so the price will reflect this.



Claire Dummett

LITTLE MISS SUNSHINE



Film Night

Shillingford St George
Village Hall

December 15th 2025

7:30pm start – doors open

7:15

Free Entry! All welcome

Come and enjoy watching a film and
getting to know your neighbours

Ice cream £1.50 Popcorn £1 (cash only)

The holly bears a berry, As red as any blood,
And Mary bore sweet Jesus Christ, To do poor sinners good



A resume of the last Shillingford Parish Meeting

The situation regarding dog fouling in the church yard and car park appears to have improved. Any further signage will be undertaken by the Church if they feel it necessary.

The newly elected TDC Councillor, Kevin Smith will attend a meeting soon to introduce himself.

Discussions around devolution continue and are evermore confusing. A recent proposal by Exeter City Council is for Unitary Authorities in Exeter, Torbay, Plymouth and the remainder of Devon making up the fourth. Teignbridge and Devon should decide on their favoured proposal soon but it will be the Government who will make the ultimate decision next year, May 2027.

TDC will be disbanded in 2028, so staff there are understandably worried about their jobs.

The committee for the neighbourhood plan was formed at the meeting held on 25th October. A second meeting is planned for 14th November when a chair etc will be elected.

Shillingford is to host the next cluster meeting in January, this is when councillors from neighbouring parishes are invited.

Residents raised concerns about the safety of children riding their bikes around the village hall. It was acknowledged that there is a lack of areas for the children to play in, unfortunately there is no quick solution to this.

The broken pavement surface near Ilex Close has been reported to Highways.

The "Unsuitable for Motors" signs have been sited at each end of Shillingford Lane. This will hopefully deter all vehicles from using the lane and large lorries from getting stuck!

It is hoped that the landfill matter at Lower Brenton Farm has now been closed as the appeal period has expired.

The next meeting will be Monday 12th January 2026 in the VH.

"How many donkeys does it take to change a light bulb?

Donkeys don't know what a light bulb is, and they've got hooves anyway. If you're going to do one thing this Christmas, for goodness sake keep donkeys away from light bulbs." **Isy Suttie.**



Bringing Back Pine Martens

Reintroducing a key member of the woodland family



Shillingford Wildlife Group presents a talk by
Devon Wildlife Trusts Daniel Brown,
at Shillingford Village Hall on February 9th at 7.30.

Daniel is the Devon Wildlife Trusts Two Moors Pine Marten Project Officer and has been one of the key members in the DWT team helping in the reintroduction of the Pine Martens to Devon. The animal has been extinct in Devon for more than 150 years, but now that it is back it is hoped to help restore a natural balance back into Devon's wildlife.

Pine Martens Return

Shy, curious and playful. The pine marten is a stealthy, acrobatic hunter that relies on the cover of woods and trees for its foraging missions. It was once a fundamental part of our woodlands, but it is now critically endangered in England and Wales. As a result, we risk losing a beautiful, fascinating wild creature that plays a key role in the health of our woodlands.

Pine Martens Bounce Back: The Two Moors project aims to reintroduce pine martens to Dartmoor and Exmoor helping to restore natural balance to our much loved woodlands and bringing back these fascinating wild creatures to the landscapes where they once belonged. The return of pine martens to this area will be a positive step in restoring the fortunes of local wildlife at a time when it faces huge challenges.



The Discombes of Pengelly's Farm, Shillingford Abbot – Part Three.

It's difficult to identify many of the Discombe's employees who worked for them on Pengelly's. In January 1936, Frederick Discombe attended the funeral in Exminster parish church of David Leach, the unlucky farmhand who had worked for him back in 1918, and had been fined 10 shillings for leaving a bonfire burning in a field there, during the Great War. David Leach was still living at Hamlyn's Cottages (which belonged to the Discombes) with his family and working at Pengelly's when the census was taken in June 1921 – as were farm labourers James Burridge and Peter Alford. In 1938, when George Counter of Alphington died at the age of 69, his obituary reported that after leaving the Army, he had also been employed for some time at Pengelly's Farm.

Both of the Discombes advertised regularly for both farm workers and farmhouse assistants in the 1930s and 1940s. In some cases, Frederick advertised for a general farm worker to help with milking, hedging and rick-making; in others for a horseman, or a cowman to work with their accredited herd. He also advertised more than once for a teenage lad, to drive a horse, help with yard work and milking - while living out. In other cases the job included one of the cottages – and by 1939 the cottages had electric light, and milking was by machine. Most years found May Discombe regularly seeking an assistant, to be treated as part of the family in a “convenient farmhouse”, by 1940 described as “all electric” – and with a small dairy.

When the second World War started, May Discombe became the air-raid warden for Lower Shillingford (Shillingford Abbot). In September 1939, when the second World War register was compiled in order to issue wartime I.D. cards and ration books, son John Discombe was recorded as living at Pengellys with his parents and domestic help Violet Coombe; cowman Ernest Woods, two farm labourers, and an electrical engineer were living with their families in Hamlyn's Cottages. Daughter Barbara Discombe, who had become a clerical officer in the Civil Service, was living with the Sadler family – John and Ada Sadler and their three grown children - in Acton, West London. In May 1942, Barbara was married in Alphington parish church by the Reverend Bennett to the eldest son, Donovan Ernest Sadler.

Wartime saw an increased introduction of farm machinery, but also a shortage of rubber goods including tyres – tyre rationing, enforced from January 1942 to December 1945, was necessary due to the loss of rubber supplies following the Japanese invasion in Asia, and the high military demand for rubber for military vehicles, aircraft, and gas masks. So in 1942, Frederick had to try advertising in the newspaper for a set of pneumatic wheels for his 1940 Fordson Tractor.

May 1945 saw the end of the war in Europe, followed by victory against the Japanese in August that year. However, for the Discombe family, August and September brought two deaths. May's mother Mrs. Julia Burrington, who had been living in a nursing home, died at the age of 82 after a long illness in mid-August. Far more tragically, Frederick and May's only son John died a month later, on 16th September, in what the newspaper's funeral report described as "under sad circumstances". He was 16 – almost 17 – years old, a pupil at Blundell's School in Tiverton and was a promising lad, intending to study medicine. He was reportedly very keen on sports, particularly swimming, rifle shooting and rugby. The Reverend Bennett, Rector of Alphington, assisted by the Reverend O'Ferrall of Shillingford St George, officiated at the choral service in Alphington parish church. The hymn "Who would True Valour See," which had been sung at John's confirmation, was sung on entering the church.



The congregation was crowded with uncles, aunts and cousins, local farmers and their wives and families. The coffin-bearers – Messrs. Symonds, Beer, Austin and Wood – were all employees at Pengelly's Farm. John was buried in the very back row at Alphington St. Michael Church Cemetery, across the road from the churchyard, and his gravestone with its inscription still stands there against the back wall, though it's now quite overgrown.

Not long after, after 30 years of farming there, Frederick Discombe sold Pengelly's Farm to Mrs P. E. Seton, the wife of Major Seton, who had a herd of pedigree Guernseys. In August and September 1946, after the farm sale had been completed, the Western Times and Exeter and Plymouth Gazette advertised a dispersal auction sale, to be held at Pengelly's by Hussey and Son on 26th September, to sell the Discombes' 56 pedigree and non-pedigree Friesian cattle. Excellent prices were realised at the sale, including a top price of 100 guineas for pedigree cow Pengelly Priceless, bought, together with 4 pedigree heifers, by farmer Mr Alford of Stoke Canon. The sale attracted dairy farmers from as far away as Shebbear and Kingsbridge.

The Discombes retired to a house in Wreford's Lane, Exeter which they named Pengelly's. Their daughter Barbara was living with her husband Donovan Sadler in Southern Rhodesia, when May Discombe died on 27th March, 1952 in a London hospital, after an operation. Her funeral service was held at Alphington parish church, with many of her relations and old local friends in attendance, and she was buried in the same grave-plot as her son at Alphington St. Michael Church Cemetery. Frederick Discombe lived for many years more – he did not die until February 1976, at the age of 87, in Exeter.

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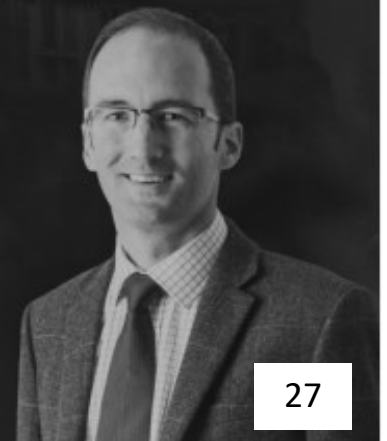
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Story of the Three Trees

Once upon a mountain top, three little trees stood and dreamed of what they wanted to become when they grew up.

The first little tree looked up at the stars and said: "I want to hold treasure. I want to be covered with gold and filled with precious stones. I'll be the most beautiful treasure chest in the world!"

The second little tree looked out at the small stream trickling by on its way to the ocean. "I want to be traveling mighty waters and carrying powerful kings. I'll be the strongest ship in the world!"

The third little tree looked down into the valley below where busy men and women worked in a busy town. "I don't want to leave the mountain top at all. I want to grow so tall that when people stop to look at me, they'll raise their eyes to heaven and think of God. I will be the tallest tree in the world."

Years passed. The rain came, the sun shone, and the little trees grew tall. One day three woodcutters climbed the mountain.

The first woodcutter looked at the first tree and said, "This tree is beautiful. It is perfect for me." With a swoop of his shining axe, the first tree fell.

"Now I shall be made into a beautiful chest. I shall hold wonderful treasure!" the first tree said.

The second woodcutter looked at the second tree and said, "This tree is strong. It is perfect for me." With a swoop of his shining axe, the second tree fell.

"Now I shall sail mighty waters!" thought the second tree. "I shall be a strong ship for mighty kings!"

The third tree felt her heart sink when the last woodcutter looked her way. She stood straight and tall and pointed bravely to heaven. But the woodcutter never even looked up. "Any kind of tree will do for me," he muttered. With a swoop of his shining axe, the third tree fell.

The first tree rejoiced when the woodcutter brought her to a carpenter's shop. But the carpenter fashioned the tree into a manger for animals.

The once beautiful tree was not covered with gold, nor with treasure. She was coated with sawdust and filled with hay for hungry farm animals.

The second tree smiled when the woodcutter took her to a shipyard, but no mighty sailing ship was made that day. Instead, the once strong tree was hammered and sawed into a simple fishing boat. She was too small and too weak to sail on an ocean, or even a river; instead, she was taken to a little lake.

The third tree was confused when the woodcutter cut her into strong beams and left her in a lumberyard.

"What happened?" the once tall tree wondered. "All I ever wanted was to stay on the mountain top and point to God..."

Many, many days and night passed. The three trees nearly forgot their dreams.

But one night, golden starlight poured over the first tree as a young woman placed her newborn baby in the Manger.

"I wish I could make a cradle for him," her husband whispered.

The mother squeezed his hand and smiled as the starlight shone on the smooth and the sturdy wood. "This manger is beautiful," she said.

And suddenly the first tree knew he was holding the greatest treasure in the world.

One evening a tired traveller and his friends crowded into the old fishing boat. The traveller fell asleep as the second tree quietly sailed out into the lake.

Soon a thundering and thrashing storm arose. The little tree shuddered. She knew she did not have the strength to carry so many passengers safely through with the wind and the rain.

The tired man awakened. He stood up, stretched out his hand, and said, "Peace."

The storm stopped as quickly as it had begun.

And suddenly the second tree knew he was carrying the king of heaven and earth.

One Friday morning, the third tree was startled when her beams were yanked from the forgotten woodpile. She flinched as she was carried through an angry jeering crowd. She shuddered when soldiers nailed a man's hands to her.

She felt ugly and harsh and cruel.

But on Sunday morning, when the sun rose and the earth tremble with joy beneath her, the third tree knew that God's love had changed everything.

It had made the third tree strong.

And every time people thought of the third tree, they would think of God.

That was better than being the tallest tree in the world.

The next time you feel down because you didn't get what you want, sit tight and be happy because God is thinking of something better to give you.



Source unknown



Emergency Numbers:

The following is a list of those numbers that are important (or could be important) for you. If there are any mistakes or omissions here, please do let us know.

POLICE / AMBULANCE / FIRE BRIGADE / COASTGUARD

Emergencies only: dial 999

Medical Situations

Accident & Emergency: the nearest A&E department is the RD&E Hospital, Barrack Road, Exeter, EX2 5DW

Minor Injuries Unit: at the RD&E as above.

Doctors urgent out of hours service: 111

Dental: The NHS dental helpline gives advice on surgeries and emergency dental care 03330 063 300

Police: *Non emergency:* call 101

To report fraud or attempted fraud or cyber crime: call Action Fraud on 0300 123 2040 (Mon-Fri 8am - 8pm for individuals, 24 hr 7 days a week for businesses or charities).

Crimestoppers: to report a crime or give details anonymously ring 0800 555 111.

Utilities

Gas: if you think you have a gas leak or can smell gas, ring the National Gas Emergencies Number: 0800 111 999

Electricity: if you have a power cut, ring 105 (though be aware that only landlines may work in a power cut) or 0800 6783 105. Western Power deals with distribution in Devon.

Electrical hazard or emergency with power lines: ring 0800 40 40 90

South West Water: for leaks ring the Services Helpline 0800 230 0561

Weather

Flood warning: the Environment Agency issues flood warnings and you can sign up for alerts, or you can ring 0345 988 1188 to hear about current flood warnings

Weather warning: the Met Office issues warnings for rain, snow, ice, fog and wind and these are communicated via their website, apps, social media, TV and radio.

Local Council/s:

Devon County Council pothole reporting: <https://www.devon.gov.uk/roads-and-transport/report-a-problem/report-a-pothole/>

Teignbridge District Council: Customer support on 01626 361101 (Monday - Thursday 8.30am - 5pm. Friday 8.30am - 4.30pm).

Useful Numbers

Dunchideock Village Hall: co-Chair: Sally 07712465442

Shillingford St George Village Hall - Bookings: online vhbookings@shillingford.org.uk
or by phone between 9am and 5pm: Avril: Treasurer 01392 833796 or

Sally: Chair 01392 833478

Shillingford Parish Council

Chair: Peter Wareham, perterwareham@gmail.com 01392832366

Parish Clerk: Maureen Adams shillingfordpc@gmail.com

Community defibrillators: - please contact Parish Clerk to report any issues

Devon County Councillor: Alan Connett alan.connett@btinternet.com 07843013705

MP: Mel Stride 020 7219 7037/ email: mel.stride.mp@parliament.uk

Teignbridge General: 01626 361101 / www.teignbridge.gov.uk

Out of hours emergency: 0330 6782382

Waste collection: <https://www.teignbridge.gov.uk/recycling-and-waste>

Teignbridge District Councillors

Charles Nuttall charles.nuttall@teignbridge.gov.uk 07486 041108

John Parrott john.parrott@teignbridge.gov.uk 07387 533303

Kevin Smith kevin.smith@teignbridge.gov.uk 07790 490210

Other Useful Numbers

Idelane Surgery 01392 428900

Online booking: www.idelanesurgery@nhs.uk

St Thomas Health Centre: 01392 676676

Online: www.stthomas.nhs.uk

Teignbridge General: T: 01626 361101 / www.teignbridge.gov.uk

Out of hours emergency: 0330 6782382

Waste collection <https://www.teignbridge.gov.uk/recycling-and-waste>

Report potholes or overgrown hedges: 0345 1551004

Report power cuts or damage to power lines: 0800 6783 105

Environment Agency hotline: 0800 80 70 60

Citizens Advice Bureau: 0800 144 8848

Samaritans: 116123

For any suggested additions or amendments, please contact Shillingford Parish Clerk or
Steve Cook for Dunchideock

News from the WI based in Christow

With Christmas fast approaching, did you know that Christmas cards became popular in the Victorian era when people attached such useful things as bacon, teeth and dead dormice to them. In Saxon times at Christmas peasants would receive animal poo which was much sought after as it could be used to plaster houses and mix with clay to make dinner plates. It's amazing what you can learn from doing the horrible histories Christmas quiz with an 8 year old. I did try to persuade him that my lovely hen girls would be very happy to provide a box of chicken poo, but he was not convinced and stated that a new football kit would be much more useful. I guess he has a point.

Our members are once again getting together for a Christmas meeting and lunch at the Bridford Inn later this month. If you are not a member of the WI but have thought about joining us then here is what is on offer in our 2026 programme - insights into life in Dartmoor prison, An audience with Lady Katherine and a peep into her wardrobe with Rosemary Griggs. Jo Harper will entertain us from Dartmoor tea. Maggie Duffys talk is entitled Ladies Historical and Hysterical - the mind boggles! Rosie Oakes will tell us about the mare and foal charity. Paul and Simon will entertain us to a musical extravaganza afternoon, Ian Wellens talks about British cheese, Ruth Foster will talk about the secret history of the nineties and noughties. Our lunch and craft groups are going from strength to strength and the out and about group will begin the year focusing on food with cheese tasting, guessing what's in the soup and dips and chips to taste. We have plenty more ideas to keep you coming back for more.

However, you choose to celebrate at this time of the year we would like to wish you good health and happiness and we hope you will join us in 2026.

Anne Rice - For more information contact us at christowwi@gmail.com

"Three phrases that sum up Christmas are: Peace on Earth, Goodwill to Men, and Batteries not Included." - Anon

"Sending Christmas cards is a good way to let your friends and family know that you think they're worth the price of a stamp." - Melanie White

"You can't buy happiness, but you can buy hot chocolate, and that's kind of the same thing." - Anon

2025 Answer

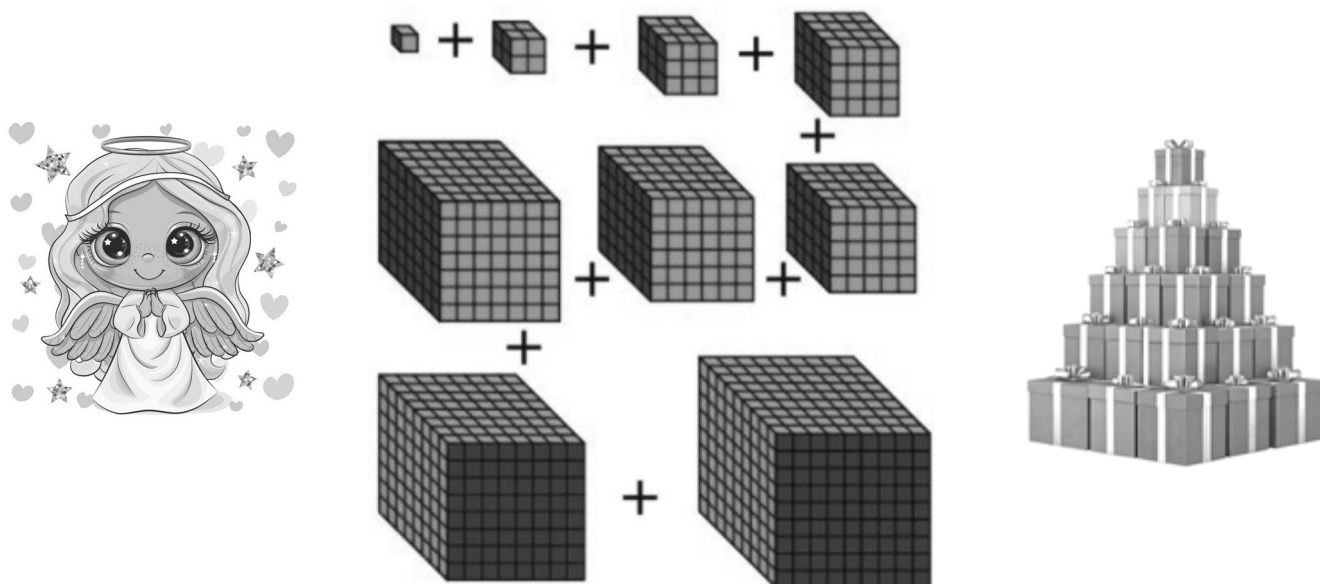
33

answer B

$$25 = 5^2 = \left(\frac{9}{45}\right)^2 = \frac{9^2}{45^2} = \frac{(2+0+2+5)^2}{2025}$$

2025

We began this year noting that 2025 is the sum of the first nine cubes.



$$\cdot 2025 = 1^3 + 2^3 + 3^3 + 4^3 + 5^3 + 6^3 + 7^3 + 8^3 + 9^3$$

Let us have one last look at some of the quirky aspects of 2025 before the year ends.

- 2025 can be written as $(20 + 25)^2$
- 2025 is a square number: $2025 = 45^2$

Last time the year was a square number was in 1936. $1936 = 44^2$

Do you remember that year? A child born this year (2025) will be 91 when the next square number year occurs!

- 45 is a triangle number: $45 = 1 + 2 + 3 + 4 + 5 + 6 + 7 + 8 + 9$
- $2025 = (1 + 2 + 3 + 4 + 5 + 6 + 7 + 8 + 9)^2$

Here is a year-end puzzle for you, can you do it without a calculator?

Which of the following answers is $\frac{2025}{(2+0+2+5)^2}$

- A 22 B 25 C 52 D 55 E 225

(answer given later in the magazine)

With thanks to The Mathematical Association for picture and puzzle. Dawn Bird



Villages Diary - December, January & Beyond			
December			
2 nd , 16 th , 30 th	10.30am - 12	The Garden Room	Lord Haldon Hotel
4 th , 11 th , 18 th	6.00pm	Cardio Drumming	Dunchideock Village Hall
Every Thurs		Men's Shed	Embercombe
Every Friday	2.15pm	Whist	Shillingford Village Hall
10th	10.30am-12	Open Door Café Xmas Special	S. V. H.
12th	5.30 for 6pm	'Wicked' Film Night	D. V. H.
13th	10.30am	The Exchange Christmas Special	S. V. H.
15th	7.15pm	'Little Miss Sunshine' Film Night	S. V. H.
19th	7.00pm	Johnny Cowling Night	Lord Haldon Hotel
23rd	2.30pm	Flower arranging for Christmas	Dunchideock Church
January			
7th + 21st	10.30-12	Open Door Café	S. V. H.
8, 15, 22, 29	6.00pm	Cardio Drumming	D. V. H.
9th & 23rd	5.30-6.30pm	Singing Villagers	D. V. H.
11th	2.30pm	Dunchideock History Society	Haldon Belvedere
12th		Shillingford Parish Meeting	S. V. H.
12th	7.30pm	Dunchideock Parish Council	D. V. H.
13th & 27th	10.30am - 12	The Garden Room	Lord Haldon Hotel
16th	6.45pm	'Blitz' Film Night	D. V. H.
& Beyond			
9 Feb	7.30pm	Shillingford Wildlife Group talk	S. V. H.
23 Feb	7.30pm	SLHS - The history of the RD&E	
25 Feb, 11 & 25 March		Lent Lunches	S. V. H.
21 March		An Afternoon with Jim Causley	S. V. H.

Gifts of time and love are all that is needed for a truly Merry Christmas.

The Parishes of Shillingford, Ide & Alphington

Rector: Rev. Mike Partridge, The Rectory, Alphington. EX2 8XJ
(day off Thursday) Tel: 01392 491476 or 07751 725306
Email: rector@alphingtonstmichaels.org
Churchwarden: Mr. N. Mansell (832660) sa5632@btinternet.com

Dunchideock

Rector: Rev. Ruth Frampton, The Rectory, Christow. EX6 7PE
(day off Thursday) Tel: 01647 253164
Email: tvhhrectory@yahoo.com
Curate: Rev. Elizabeth Burren revelizabethburren@gmail.com
Anna Chaplain: Rev. Eleanor Oelmann eleanoroelmann@gmail.com
Churches Administrator: Steve Cook (832332) or tvhchurches@gmail.com

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Main Distributors: Peter & Liz / Tina

Contributions should be sent to the Editor by the 15th of the preceding month

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All payments to the **Treasurer** in advance please. **To make it easier for the editors all submissions should be in minimum 14 point font size.**