

St Simon and St Jude, Earl Shilton St Mary's, Elmesthorpe

Joining a Cell Group

What is a cell group?

A cell group is a small group of people who meet together during the week to deepen their Christian faith and support each other through Bible study, prayer, friendship and worship. They are led by a cell group leader.



Why are they called cell groups?

They are called cell groups because, like the cells of a body or a plant, they are small, living, and they grow and multiply. Cell groups have been called 'the growing edge of the church'.

When and where do they meet?

We have four cell groups which currently meet on a Tuesday evening or Wednesday morning. They usually meet once a week during term time in someone's home or at St Simon and St Jude's Parish Hall.

Why should I join a cell group?

It is a great way to explore the Bible together by discussing how to apply it in practical ways to our lives. They are places where we can encourage and support one another as we seek to follow Jesus Christ each day. Friendships are deepened as we pray for each other and celebrate seeing God at work.

What can I expect?

You can expect a warm welcome with refreshments and a catch up before exploring a Bible passage – usually the passage from the previous Sunday's service. The cell group leader will guide you through this, so you don't need to have any special knowledge of the Bible, simply a desire to discover more. There will also be time for prayer and worship.



How do I join a group?

Speak to Martin or one of the cell group leaders to find out more, and we will direct you to a particular group. Then attend the group and see how you like it. If you would like to continue, great! If you don't think it is for you, that's fine too!

