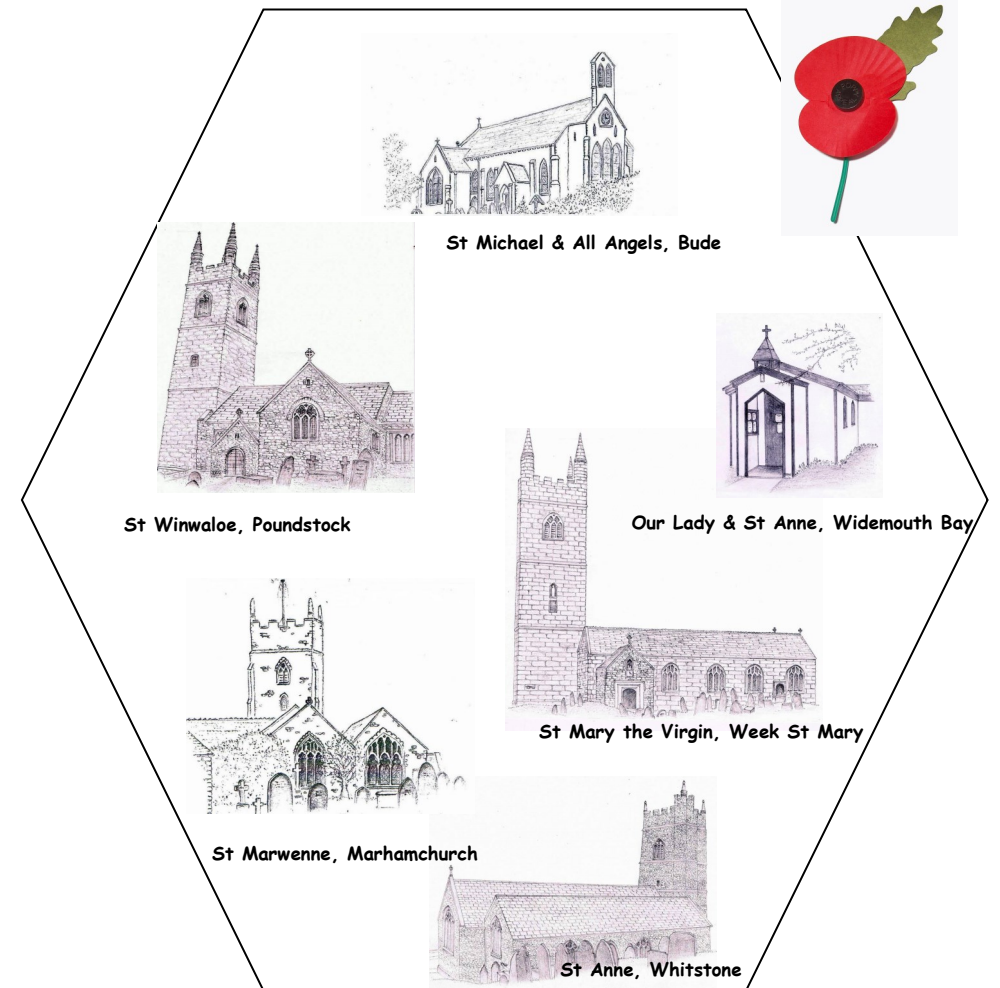


BUDE COAST & COUNTRY BENEFICE

Voices Together



Free

**November
2025**

MAIN CONTACTS FOR OUR BENEFICE:

Please contact any of the following for information or enquiries about Anglican Church life in the Benefice:

Our Rural Dean:

Our Rector: Rev David Saunders, The Rectory, The Glebe, Week St Mary, EX22 6UY Tel: 07834 459672
email: rector@bude-coast-benefice.org

Our Churchwardens:

St Anne's, Whitstone:

Mervyn Collins: 01288 341598

St Marwenne's, Marhamchurch:

Angela Grills: 01288 361247 Sue Shadrack: 01288 361666

St Mary the Virgin, Week St Mary:

Lesley Booker: 01288 341221 Linda Cobbledick: 01288 341468

St Michael's, Bude Haven:

Contact PPC secretary Sandra Huffer 01288 355941

Our Lady & St Anne's, Widemouth Bay:

Contact Judy MacDonald: 01288 362254

St Winwaloe's, Poundstock:

Contact church member Barry Smith: 01288 361716

Stratton Deanery website: www.strattondeanery.co.uk/

Editor of *Voices Together*:

Clare Hicks, Trelowen, Lynstone, Bude EX23 0LR.

01288 352726; claremhicks@gmail.com

Copy deadline for **December** issue—

By NB **Friday 14th November** please

ELECTRONIC COPIES OF *VOICES TOGETHER*

If you would like to receive a copy of this magazine please email Lesley Booker: lesleybooker@gmail.com

Services on zoom

We will continue Zoom Services for as long as there is a demand for them. If there are any types of service other than Sunday morning prayer, Family Service or Holy Communion and Wednesday morning prayer that you miss and would like to see especially on Zoom either regularly or as a one off, please let me know and I will see what can be done.

Lesley Booker lesleybooker@gmail.com

For times of all church services for the month please see pages 14 and 15. Each Sunday there will be a "zoomed" service and Morning Prayer on Wednesdays will be on zoom at 8.30 am.

St Marwenne's House Group

The aim of the group is about growing in discipleship. It meets every Tuesday at 2 pm. Contact Janet Ward on 01409 255759 or email her at janetmwuk@gmail.com for more details.

Advertising in *Voices Together*

If you run a business and would like to advertise in this magazine, please contact Heather Whitlock on 07771 964672.

If you are a not-for-profit local group or organisation and would like to put a one-off advert in for an event or similar, please contact Heather as above or the Editor (contact details p 2). We would ask for a small donation, depending on the size required. Adverts accepted at Editor's discretion. Thank you.

Sponsoring *Voices Together*

Please would you consider sponsoring our magazine? It is partly through the generosity of our readers that we are able to keep the magazine free of charge. Any amount, small or large, will be gratefully received. For more information please contact Heather Whitlock on 07771 964672 or Clare Hicks on 01288 352726.

IF YOU WOULD LIKE TO ADVERTISE IN THIS MAGAZINE
PLEASE CONTACT HEATHER WHITLOCK ON 07771 964672

SAVE THE DATE

Neurodiversity, inclusivity and welcome

What: A series of afternoon sessions on Neurodiversity, inclusivity and being a welcoming church.

Where: TBC

Who: Everyone welcome

Why: A chance to explore and equip, encourage and embrace becoming an inviting and welcoming church to all, and for all.

When: Four consecutive Thursdays starting 27th November, at 2-4pm

Contact: Revd Amanda Evans 07544527649,

email: revamanda@strattondeanery.co.uk

Or Hannah Wicks email hcfwicks@gmail.com

More information to follow

A Prayer for our Times

Loving God, I place into your hands:

all my fears about the state of the world;
all my despair at the violence within the world;
all my concerns about the fragility of the
environment;
all my worries about my own life.

Loving God, I place into your hands
today, tomorrow and all time Amen

FROM THE RECTOR:

Dear Friends,

The broken cup

A young monk accidentally broke a priceless cup while cleaning the temple. It had belonged to the Grand Master for 50 years. Panicking, he ran to confess.

"I'm sorry, master," he said, bowing deeply. "I broke your favourite cup."

The old master looked up calmly and said, "Oh, that cup was already broken."

The young monk was confused. "But Master I just broke it," he said.

The Grand Master smiled. "I loved that cup, but I always knew it would break one day, everything does. One day this body will grow old. One day the people I love will be gone. One day, I too will break. So I cherish things deeply. But I hold them lightly."

The young monk stared at the master, speechless. In that moment, he understood something far greater than forgiveness. Peace doesn't come from holding tightly. It comes from accepting the impermanence of all things.

Or as Jesus put it,where your treasure is, there your heart will be also. Matthew chapter 6 verse 21

Every blessing

Rev David



A BIG THANK YOU

Rev Rob and Sue Dickenson would like to thank everyone for all the cards, messages, prayers and offers of assistance following their car accident.

Also big thanks to the medical teams at Southampton General, NDDH and Stratton hospitals for their care and skills.

It is hoped that Sue will be able to return home soon, but not just yet.

Sponsoring Voices Together

Please would you consider sponsoring our magazine? It is partly through the generosity of our readers that we are able to keep the magazine free of charge. Any amount, small or large, will be gratefully received. For more information please contact Heather Whitlock on 07771 964672 or Clare Hicks on 01288 352726.

A note from the Editor:

Copy deadlines for 2025 issues of *Voices Together* are:

NB Please note change of date: December: November 14th
Jan/Feb 2026: December 12th

INCLUSIONS FOR THE WEEKLY PEW SHEET

To have your Notices included in the Pew Sheet please contact Sue Shadrack on 01288 361666 or email her at s.shadrack79@gmail.com before Tuesday evening if possible.

 **Bude Choral Society**

PRESENTS AN EVENING OF

CHARPENTIER: TE DEUM

**HANDEL: O PRAISE
THE LORD
WITH ONE
CONSENT**

**Saturday 29th
November 7PM.**
 Bude Methodist Church
 EX23 8LA

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MASS**

Conductor John Hobbs  Organist Stephen Tyrrell

Soprano Elinor Chapman  Contralto Rebecca Squire

Tenor Mark Hounsell  Bass Julian Rippon

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Paper tickets: £20 Ark Angel bookshop, Bude & Bude Tourist Information Centre
 or email: tickets@budechoral.org

Online tickets: £22 from Bude Tourist Information/ Visit Bude site

Coast and Country Benefice Prayer Group

After many hours of prayer for the establishment of a prayer group within the benefice, several interested folk have come together to form one.

The prayer group will hold its first meeting on Thursday November 6th at St. Michael's Church, Bude.

If you feel called to prayer or would like to deepen your prayer life, we invite you to join us at 10 AM.

The upcoming meeting dates are as follows:

Thursday November 6th, 2025

Thursday November 20th, 2025

Thursday December 4th, 2025

Thursday December 18th, 2025

Thursday January 8th, 2026

We hope to see you there!

Sue Shadrack and Penny Heard

For more information, contact

Sue on 07450 974651 or Penny on 07825 266580



Dates for your November Diary:

Sun 2nd: All Souls' Service, WSM church 10 am

Mon 3rd: Meet & Eat, WSM parish hall, 12 noon

MU Christmas Crafts, Stamford House 2 pm see p 9

Thurs 6th: Benefice Prayer Group, St Michael's, Bude 10 am see p 24

Quiz for St Michael's, Brendon Arms 7 for 7.30 pm see p 20

Sat 8th: Lego Café and breakfast, WSM church 9.30—12

Mon 10th: Happy Memories, WSM church 2.30—4 pm

Wed 12th: WSM Lunch Club, WSM church 12 noon—see p 21

Sat 15th: Gift Day, St Marwenne's, Marhamchurch 11—3

Thurs 20th: Benefice Prayer Group, St Michael's, Bude 10 am see p 24

MU Members' Day, St Endellion's church hall. see p 9

Sat 22nd: Christmas Market, WSM church 5—8 pm see p 10

Mon 24th: Happy Memories, WSM church, 2.30—4 pm

Sat 29th: Bude Choral Society Concert, Bude Methodist Church 7 pm
see p 26

Dates for your December Diary:

Mon 1st: Carols of the Stratton Hundred, St Martin's church 7.30 pm
see p 19

Thurs 4th: Benefice Prayer Group, St Michael's, Bude 10 am

Mon 8th: MU Advent service, St Andrew's, Stratton 2 pm see p 9

Thurs 18th: Benefice Prayer Group, St Michael's, Bude 10 am

Regular Group Meetings:

Tuesday afternoons: Week St Mary Adventure Church 4.30 pm

Tuesday afternoons: Bible Study St Marwenne's house group 2 pm —
contact Janet Ward 01409 255 759

Wednesday mornings: Coffee & Chat, The Bray, Marhamchurch 10.30-
noon

Wednesday mornings: Bible Study at St Michael's, 11 am

Why not lend your copy of this magazine to a neighbour or friend when you have finished with it?

BABY & TODDLER COFFEE POT CLUB

Meets every Tuesday
10am—12pm in
Week St Mary Parish
Hall

Join Coffeepots Baby & Toddler Group on Facebook or email
coffee-potswsm@gmail.com

Meet and Eat
Soup and Sweet
& a friendly chat
Week St Mary Parish
Hall from 12 noon

Next meeting
Monday 3rd November
All most welcome

Sue Edwards
01288 341083



Week St Mary
Happy Memories Memory
Café

2.30—4 pm in church
Refreshments

Monday 10th November
&
Monday 24th November

All welcome
Contact: Lesley Booker
01288 341221

C A M E O
Come And Meet Each Other

TBA

contact:
Linda Cobbledick
01288 341468



Advent Wreath.



Advent Calendar Tree



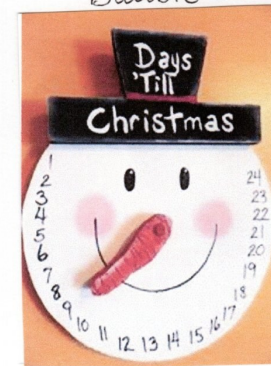
Mary Collage



Names of Jesus Baubles



Paper plate Angel



Paper plate count-down Calendar



ADVENT

The dictionary definition of the word 'Advent' is 'The arrival of a notable person or thing'.

It is the first season of the Christian year, leading up to Christmas and includes the four preceding Sundays. It starts on the Sunday nearest to 30th November.

During this time, we prepare our hearts and minds for the coming of Jesus at Christmas. On each Sunday of Advent, a candle is lit on an Advent wreath and the themes of hope, peace, joy and love are emphasised.

We remember the story in the bible of how the Angel Gabriel came to Mary to tell her that she was to have Jesus, the Son of God.

The story can be found in Luke Chapter one verses 26 to 38 and there are animated versions on You Tube.

An Advent Song for Children sung to 'Twinkle, twinkle, little Star'

Avent is a time to wait
Not quite time to celebrate
Count the candles one by one
Until Advent time is done
Day by day we work and play
To prepare for Christmas day

Prayer

Dear God, Thank you that you chose Mary to do a special job for you when she gave birth to baby Jesus.

Thank you that Jesus is your special gift for the whole world.

AMEN

Try some of the Advent crafts opposite.

Mary Tilzey



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St Marwenne's Church

Gift Day

Marhamchurch

MEMORIES

Saturday 15th November 11am - 3pm

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Free entry



REMEMBRANCE SUNDAY

9TH NOVEMBER 2025



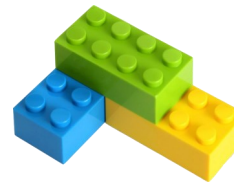
At the going down
of the sun and in
the morning
We will remember
them

Laurence Binyon

Eternal rest grant unto them, O Lord, and let
perpetual light shine upon them.

May their souls and the souls of all the
faithful departed, through the mercy of God,
rest in peace and rise in glory.

Amen.



WEEK ST MARY LEGO CAFÉ

Saturday 8th November

Week St Mary church with breakfast from
9.30—12 (breakfast till 11.30 am)



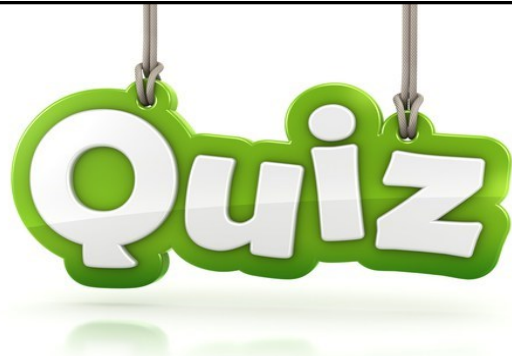
Week St Mary Lunch Club

Wednesday 12th November

Week St Mary church

12 noon

Bookings: 01288 341221



The Brendon Arms, Bude
Thursday 6th November 2025

Teams of 6

Quiz Master- Chris Nichols

£10 per person to include

Fish and Chips at interval

7pm for a prompt 7.30 start

In aid of St Michael's Church

Contact Mary Tilzey

01288 353137

marytilzey@gmail.com

Mothers' Union – Kledh Kernow Branch

Last month members came together to celebrate the beauty of creation and the time of harvest. We held a service with traditional harvest hymns, readings and prayers. Items were donated for the work of the local Foodbank. Following the service there was time to catch up with MU news and to celebrate the 90th birthday of member Ann Fairbrother. The branch gave Ann a bouquet of flowers to mark this milestone birthday.

16 Days of Activism

The Mothers' Union supports the 16 Days of Activism campaign which runs from 25th November to 10th December. Throughout this campaign, MU joins with 6000 organisations from over 185 countries to raise awareness of and call for an end to gender-based violence and abuse in all forms and in all societies. In Britain and Ireland our members offer support from providing essential items for refuges, organising workshops on gender-based issues in schools and prisons to support families of survivors to heal and rebuild important family bonds. Look out for the Red Chair initiative in some local churches during the 16 days as a focus on this important issue.

Future Meetings

Monday 3rd November Branch meeting: Christmas Crafts 2pm
 Stamford House, Stamford Hill EX23 9EY

Thursday 20th November: Members Day St Endellion's Church
 Hall 10am – 3.30pm. Please bring a packed lunch.

Monday 8th December: Advent service with hymns and
 reflections, 2pm St Andrew's Church, Stratton.

Sheila Waring



WEEK ST MARY

ADVENTURE CLUB

Every Tuesday at 4.30 pm

Week St Mary Church



CHRISTMAS MARKET

WEEK ST MARY CHURCH
Saturday 22nd November
5pm to 8pm



Mulled Wine
& Hot Dogs
FREE ENTRY



Bude, Stratton & District Old Cornwall Society



CAROLS OF THE STRATTON HUNDRED ADVENT SERVICE
MONDAY 1st DECEMBER 7.30 pm
ST MARTIN'S UNITED REFORM CHURCH
KILLERTON ROAD, BUDE

ALL WELCOME

ALL SOULS SERVICE

SUNDAY 2ND NOVEMBER 10 AM
WEEK ST MARY CHURCH



A QUIET REFLECTIVE SERVICE TO REMEMBER
LOVED ONES WE HAVE LOST. ALL WELCOME

Tips from Poll's Garden for November

When fireworks light up the night skies and crowds huddle for warmth around crackling bonfires, it's a signal to get the garden ready for winter. Despite the cold temperatures and shorter days you can still pot up some colourful winter containers, start planning next year's garden and of course feed your garden birds! Let's take a look at what garden jobs can be ticked off this November...



Clear leaves with a spring tine rake and compost them

Plant shrubs, evergreens and conifers

Protect tender plants from frost with fleece or plant jackets

Last chance to plant tulip bulbs for Spring displays.

Feed the birds

Shorter daylight hours mean that wild birds have less time to forage. Save them a wasted journey by making sure your feeders are topped up daily with a good quality all round bird food. Remember, once you start feeding the birds they will come to rely on you, so make sure you're consistent!

Houseplants

Winter-flowering bulbs light up our homes during the dreariest days of winter, filling rooms with a feast of flowers – and they'll thrive with minimal fuss. Amaryllis is a winter favourite with varieties such as 'Minerva' and 'Red Lion'. For best results, choose the biggest, fattest amaryllis bulbs that you can find. Most will cost less than £10 and the largest bulbs will be packed with energy, promising more flower spikes and superior displays. A giant bulb should produce two or three flower spikes in succession.

Lawn care

There is still time to aerate and feed your lawn before the weather turns cold. Rake up leaves. Adjust settings on your mower. Aerate your lawn. Treat moss and weeds with specialist product. Feed and condition and carry out any turf repairs.

Then relax and dream about your garden plans for next year.

Poll

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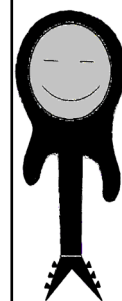
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Zoom services: for details of any other zoom services scheduled for the month in the Benefice, please see page 27.

PLEASE NOTE: SERVICES MAY CHANGE—check pew sheets/ local information/ACNY website.

Readings may be adapted for particular services

SERVICES FOR NOVEMBER

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Sunday 2nd All Saints' Day	Isaiah 56: 3—8 Hebrews 12: 18—24 Matthew 5: 1—12	09.30 12.00 18.00	Holy Communion All Souls' Service Evening Prayer	BH WSM M	DS WL WL
Wednesday 5th		08.30 10.00	Morning Prayer Holy Communion	Zoom BH	DS DS
Sunday 9th Remembrance Sunday 3rd Sunday before Advent	Job 19: 23-27a Psalm 17: 1—9 2 Thessalonians 2: 1-5. 13—end Luke 20: 27—38	09.30 10.45 10.50 11.00	Remembrance Service Remembrance Service Remembrance Service Remembrance Service	P M chapel WSM square & church W	DS DS MM DS DA
Wednesday 12th		08.30 10.00	Morning Prayer Holy Communion	Zoom WB	DS DS
Sunday 16th 2nd Sunday before Advent	Malachi 4: 1—2a Psalm 98 2 Thessalonians 3: 6—13 Luke 21: 5—19	09.30 09.30 11.15	Holy Communion Morning Prayer Holy Communion	BH M WSM	DS WL DS
Wednesday 19th		08.30 10.00	Morning Prayer Holy Communion	Zoom BH	DS DS

SERVICES FOR NOVEMBER

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Sunday 23rd Christ the King	Jeremiah 23: 1—6 Psalm 46 Colossians 1: 11—20 Luke 23: 33—43	09.30 09.30 09.30 10.00 11.15	Holy Communion Holy Communion Morning Prayer Morning Prayer Holy Communion	M P W WSM BH	TF DS WL WL DS
Wednesday 26th		08.30 10.00	Morning Prayer Holy Communion	Zoom WB	WL DS
Sunday 30th 1st Sunday of Advent	Isaiah 2: 1—5 Psalm 122 Romans 13: 11-end Matthew 24: 36-44	10.30	BENEFICE HOLY COMMUNION	BH	TBC

KEY: CHURCHES: BH = Bude Haven LEADERS: DS = Rev David Saunders
M = Marhamchurch RD = Rev Rob Dickenson
P = Poundstock DA = Rev D Adams
WSM = Week St Mary TF = Rev T Folland
W = Whitstone WL = Worship Leader
WB = Widemouth Bay MM = Methodist Minister

OUR DEANERY PRAYER

O generous God,
You invite your people to discover the Kingdom
And grow the church;
Give us, then, the courage, the strength and the vision
To share in the mission and ministry
Of your Son
That with the Lord of the Church
We may be, truly, the Church of the Lord. Amen