

# East Bergholt parish magazine

**November 2025** 

## EMERGENCY NUMBERS

EMERGENCY NUMBERS
Police, fire, ambulance
Police (non-emergency)
Police (Capel St Mary station, non-emergency, limited hours)
Electricity
Gas
Water
Samaritans
54marrans
HEALTHCARE
Constable Country Medical Practice, Heath Road
<b>Dentists:</b> Capel Dental, Capel St Mary
Manningtree Dental Practice
Day Lewis Pharmacy, Gaston Street
Hospitals: Ipswich Hospital NHS Trust, Heath Road, Ipswich
Colchester District General Hospital, Turner Road, Colchester
Higheliff Veterinary Practice, Brantham
Defibrillator locations: East Bergholt: Constable Memorial Hall, CO7 6TP; East End
Butchers, Broom Knoll, CO7 6XN; The Grange Country Park, CO7 6UX; KMC garage, Heath
Road, CO7 6RL; telephone box by The Lion, The Street, CO7 6TB; The Royal Oak, East End,
CO7 6XA; Flatford: Tourist information; National Trust upper car park. Note: You must call
999 for a defibrillator code in order to use any of these devices.
yyy ioi a actionialor coac in class to also any or most actions.
SCHOOLS
SCHOOLS  East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher:
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher:
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson
East Bergholt C of E Voluntary Controlled Primary School, School Lane. Headteacher: Clare Sampson

# RELIGION AS IT SHOULD BE, POLITICS AS IT COULD BE



In the early hours of Saturday 5<sup>th</sup> November 1605, a search party discovered a large quantity of explosives in the cellars under the Houses of Parliament, and with it one Guy Fawkes. It was one more event in a turbulent period of UK history that stretched through two centuries and saw two monarchs lose their heads, another forced into exile,

and countless other people hanged, beheaded and burned at the stake as Catholics and Protestants sought to exert power and control over one another.

Many will look at such events then and now and pronounce that religion is a bad thing or that it should be kept well away from politics. I disagree. Politics and religion should be able to mix if we believe that our God (or gods) cares about what happens in the world around us. The God who speaks through the Old Testament scriptures, which are common to Christians, Jews and Muslims, underlines the importance of love, justice and mercy as the basic building blocks of human life and interaction. Isn't that what politics should be about? Our problems don't come, it seems to me, from mixing religion and politics...but from people who seek to do so in such a way as to exert power and control over others, often violently.

The Jesus I read about in the Bible had no time for that. He talked about going the extra mile and turning the other cheek. He sought to inspire rather than control, and lived out a better way of living through both words and actions. Indeed, there's only one act of violence that we read about that was perpetrated by one of his followers, involving the apostle Peter slicing off someone's ear with his sword. What did Jesus do? He rebuked Peter and healed the wound!

So, if you enjoy a bonfire and/or fireworks this year, may you see them not as a memorial to hatred and division but as burning and sparkling with the hope that love, justice and mercy can bring to our world today. - Rev Steve Mann, Brantham Methodist Church

### JANUARY MAGAZINE DEADLINE

To allow our printers and fantastic delivery volunteers some time off over Christmas, there is an early deadline for submissions for the January issue of the parish magazine. Please submit articles and other items to *eb.parish.magazine@gmail.com* no later than **Tuesday 25**<sup>th</sup> **November.** 

# MATTHEW LEEKS

# Plumbing & Heating Engineer, Bathrooms and Kitchens

Tel: 01473 421142

Mobile: 07985 567812



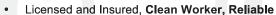
379 Landseer Road, Ipswich IP3 9LS



# **SAM'S ELECTRICS**

YOUR LOCAL ELECTRICIAN
Domestic and Commercial





- Additional Sockets for Computers, Printers, Flat-screen Televisions
- Re-wires and New Build Installations
- Fuse Board Replacements
- Periodic Inspections & Testing plus Fault Finding
- General Electrical Maintenance
- Portable Appliance Testing
- Prices are always Extremely Competitive, Free Quotations

NICEIC Approved Contractor no: 603614
Part P Qualified

Call today: 01206 299998 Mob: 07940 031776.

E-mail: sam@samselectrics.co.uk





Local manufacturers and suppliers of quality Blinds, Shutters and Awnings for over 40 years.

Roller • Vertical • Venetian Cellular • Shutters • Roman Allusion • Awnings • Day & Night Perfect Fit • Wood Venetians



Call today to arrange a free no obligation consultation or visit our fantastic showroom for inspiration at 1-2 Brindley Road, Clacton On Sea. C015 4XL



**6** 01255 475044 / 01206 791766



info@nantmorblinds.com



www.nantmorblinds.com



Find us on Facebook





# THE RED LION

#### Paws & Pints

Starting from Sunday 5th October - 10am Paws are always welcome through our doors and on the first Sunday of each month we set off from the pub on a circular dog walk, finishing with refreshments and treats for your furry friend.

# Fizz Thursdays

# Every Thursday 12pm until 9pm

Join us every Thursday to enjoy 15% off all sparkling wine, Champagne and Prosecco - by the glass or bottle. Pair your bubbles with light bites from our menu. No reservation needed.

For upcoming events and more, head over to our website: theredlioneastbergholt.co.uk/events



Family Funeral Directors and Monumental Masons

R. Gwinnell & Sons pride themselves on offering a full and personal funeral service tailored for you or your family's wishes, bespoke funeral plans and memorials suitable for any location. We are proud to say, "We never take commission from florists, probate advisors, printers or caterers." We are happy to offer free information and advice, without obligation

MANNINGTREE

HADLEIGH

24 High Street 32 High Street 112 Ipswich Road COLCHESTER 01206 868585

01206 391506

01473 824440

We are available at anytime, day or night.

TRADITIONAL BLACK ROLLS ROYCE HEARSES AND LIMOUSINES AND SILVER ROLLS ROYCE HEARSE AND LIMOUSINE



Members of the National Association of Funeral Directors



Local Carpenter • For all your carpentry needs

Property repair & renovation New doors & windows Sash windows repair / re-cord Draughtproofing Fitted wardrobes

Barns & logstores Garden buildings Solid wood floors Studwork partitions Kitchen fitting

Good contacts in other trades, local references available • Qualified, experienced and fully insured The Balmoral, Woodlands Farm, Park Road, East Bergholt, CO7 6XT

Mobile: 07810 645684

# Derek's Painting Services

Internal and External • Free Estimates

derek.hawken@yahoo.co.uk



# **Problems with your feet?**

Ali Wareham BSc (Pod Med), MChS HPC reg. Chiropodist / Podiatrist 30 years experience in both NHS and Private Practice

Clinics all day on a Monday and Wednesday at

Constable Medical Practice at East Bergholt
Est. 5 years
01206 298272

For weekday, evening and weekend appointments Ipswich Foot Clinic @ Gilmour Piper, 10 Fonnereau Road, Ipswich 01473 217592



Stationery, forms, leaflets, brochures etc Friendly service

Wedding Stationery also available

42 Harwich Road, Lawford, Manningtree COII 2LS T: 01206 230884 M: 07710 793306 E: richard@jhprint.co.uk



Mistley Quay Workshops, High Street, Mistley, CO11 1HB

Waterfront site with cafe, close to Mistley Station.

High quality prints, paintings, ceramics, work by local designers and Suffolk Craft Society members. Jardine Press books and cards and local printmakers.

Open Fri-Sun 11-4.30pm

Tel: 07815 013872

Facebook: coopersgallery@mistleyquay



♥ Sizing 4 to 32 - something for everyone!

parking, no fuss.

07712 800164

Based in East Bergholt, peaceful surroundings, easy

Just call Jenny for an appointment - day or evening on



### PLANT CENTRE, GARDEN & CAFE

For Specialist and Popular Plants

# Stock Clearance

After 30 years Rupert and Sara retire on 24 October.

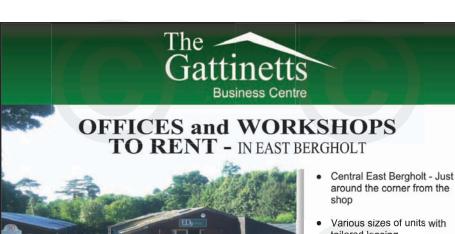
Visit for your trees and bulbs and of course a few bargains.

Plant Centre and café open daily 10am-5pm

# East Bergholt Place, CO7 6UP

Tel: (01206) 299224 E-mail sales@placeforplants.co.uk www.placeforplant.co.uk

- /



- around the corner from the
- tailored leasing arrangements to suit you
- Character properties with plenty of on site parking

www.gattinetts.co.uk

Ring Anne on 01206 299555 / 07941 781489 for current availability and more details



Picture Framing for the home, office or exhibition

# 01206 843813

Bespoke picture framing service with over 30 years experience.

3D Object framing - sports shirts, medals, cross stitch, texiles & tapestry framing

Print & frame service - file to frame Onsite framing - Parking

# 10% discount for East Bergholt residents

www.framewerks.co.uk



Unit C3, Seedbed & Business Centre Severalls Business Park Colchester, Essex CO4 9HT





· Collagen Eye Treatment

01206 298 042 | 07544 517 996



TO ADVERTISE YOUR BUSINESS IN THIS MAGAZINE PLEASE CALL 01206 298122 or email:

ebpm.adverts@gmail.com



# **Automotive Solutions**

Servicing : Repairs : Welding Diagnostics : Air conditioning

Petrol, diesel & Calor gas sales

MOT centre cars & light vans

Heath Road, East Bergholt, Colchester, CO7 6RL Telephone: 01206 298245



- INSTALL
- SERVICE
- REPAIR

# FOR ALL YOUR PLUMBING AND HEATING NEEDS

PROFESSIONAL BOILER INSTALLERS COVERING COLCHESTER, IPSWICH AND THE SURROUNDING AREAS

LOCAL BOILER SERVICE DISCOUNT

Source Heating
Pump
Servicing

07415 383545 • 01206 205658 sam@adaptplumbing.co.uk













Independent or supported living for seniors

Specialist dementia care

Superb accommodation for individuals and couples

Reablement services

Stylish restaurant and bar

Hair and beauty salon

Landscaped gardens

Welcoming reception and lounge areas CCTV throughout, as CQC recommendation

# PLEASE CALL OR VISIT US TO FIND OUT MORE

01206 391488 • info@mistleymanor.com www.mistleymanor.com

# AFFORDABLE RESIDENTIAL CARE



2 Long Road, Mistley, Manningtree, Essex CO11 2HN

# LAMBE



# SCHOOL

# **EAST BERGHOLT**

Low Cost Letting Charges
For Weddings, Socials, Meetings
Parties & Sales
Apply to Emma
01206 298078

# Wendy's Curtains

Professionally made to measure curtains, roman blinds and soft furnishings, with a wide range of fabric samples.

Phone: 01206 395996 Mobile: 07966 718414 Email: info@wendyscurtains.com Website: www.wendyscurtains.com FOR PROMPT, RELIABLE SERVICE

# P.J. SAMPSON

-BUILDERS -

**ESTABLISHED 30 YEARS** 

INSURANCE COMPANY APPROVED

- PAINTING & DECORATING
- BRICKWORK SPECIALIST
- PLASTERING & CARPENTRY
- PLUMBING & ELECTRICS
- ROOFING
- ALL PROPERTY MAINTENANCE

**COLCHESTER** 01206 230619

66 TILE BARN LANE, LAWFORD, COLCHESTER

D

# DEDHAM VALE TREE SURGERY

- NPTC qualified, fully insured
- Hedge maintenance and reduction
- Stump grinding
- · Chestnut cleft fencing installed

- All tree work undertaken
- · Crown reduction and shaping
- Pruning and pollarding
- · Felling, sectional dismantling

# SPECIALISING IN BIG TREES IN DELICATE SITUATIONS

www.dedhamvaletreesurgery.co.uk

07756811098

SafeContractor

# Nigel Bruce

Industrial & Domestic ELECTRICIAN

The Swift · Upper Street Stratford St. Mary Colchester · CO7 6JW

Tel: (01206) 322751





Free advice, fast response Highly accredited (NPTA) Fully qualified & insured Discreet - unmarked vans

info@eandspestsolutions.co.uk Tel: 01206 370050





#### "We are Specialists in Grade II Listed Buildings"

For all your internal and external painting and decorating work:

- Doors, Windows, Skirting & Faceur
- Wallpapering, Coving
- General Repair & Maintenance
- work:

  ✓ No Job To Big or Small
  - Pozilime & Lime Wash
  - NVQ2 Qualified



#### A PROFESSIONAL PAINTING & DECORATING SERVICE FROM PEOPLE YOU CAN TRUST

For a FREE Estimate Contact Steve Ferguson on 07719 357322 or 01206 393351 www.tenondecoratingltd.co.uk email: steve@tenondecoratingltd.com Sbras, East End, East Bergholt, Colchester, Essex CO7 6XQ





# **Susan Morrison** Registered Osteopath

Tel: 01206 299027 Mobile: 07919 101099

Email: susie.kramers@gmail.com

Abbey View, Rectory Hill, East Bergholt Suffolk CO7 6TG

Е



38 New Village Brantham, Manningtree CO11 1RL

Tel: 01206 391238

For all your lock and safe requirements

www.towneslocksmiths.co.uk





# **Dave's Private Hire**

Professional and friendly service

# Based in Dedham

For all your travel needs:

- Visits to local shops
- Days out
- Airports
- Cruise terminals

Licensed to carry up to 4 passengers

To make a booking please call

07834 570479

davesprivatehire44@gmail.com



# C.A. Building

**Plumbing Plastering Extensions** Renovations **Period Property** Lime Plaster/Render Oak Frame Restorations

Tel: 01473 824404 Mobile: 07535 185763

**Email:** 

candradebuilding@gmail.com

# ARDI FIGH CHIMNEY SWEEP SERVICES

- Traditional and Power Sweeping
- CCTV Inspections
- Safety Certificate Issued
- Fully Insured
- Cowls Fitted



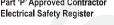


Seasoned Sustainable Firewood From Locally Managed Woodlands **Phone Colin** 07746 297735 colinbkk99@hotmail.com



# **Nigel Anderson** Domestic Electrician

Part 'P' Approved Contractor





Rewires

· Additions to existing circuits and fault diagnosis

ELECSA

7 Quintons Corner, East Bergholt

Tel: 01206 299413 • Mobile: 07742 644271

Email: puxleymanor@btinternet.com



OPEN TUESDAY-SATURDAY

CALL US 01206 299955 OR EMAIL HELLO@GAIASUFFCLK.COM GAIA, THE STREET, EAST BERGHOLT CO7 6TB









DECORATING

# Craftsman of Decoration

A bespoke painting and decorating service based in East Bergholt with exceptional attention to detail and a high quality finish.

If you love it, it's WORTH DECORATING.

Contact Stewart Worth - 07812 495 482 stewart@worthdecorating.co.uk







Mobile Fresh Fish Shop brought straight from Lowestoft fish market. Wide selection of fresh fish, smoked fish, and seasonal shell fish.

My Van will be outside
The Hare Hounds East Bergholt.
On Thursdays between
9:45am-10:15am, if you miss me
there you can catch up with me in
Dedham High Street
Thursdays 2.00pm-2.30pm.

Mobile: 07967 755771 Land Line: 01206 303104



Consultant Solicitor based in Dedham offering professional legal services with the added convenience of home appointments.

- @ 01206 580 780
- mww.susannewhitesolictor.co.uk
- susannewhite@setfords.co.uk

Equity Release Inheritance Tax Planning Long Term Care Planning Probate Trusts Wills ST MARY'S CHURCH PRESERVATION SOCIETY EAST BERCHOLT

Registered Charity No. 1063444

# ST. MARY'S CHURCH EAST BERGHOLT PRESERVATION SOCIETY

The aim of the Society is to preserve this historic building for future generations by attracting support from anyone who cares about our Heritage. Your donations, large or small, will be gratefully received.

All funds raised will be used solely for the preservation of St. Mary's Church and Bell Cage.

New members and renewal subscriptions are very welcome.

For further information please contact: E-mail: ebchurchpres@gmail.com









# High Street, Dedham, CO7 6DE 01206 940123

# Award-winning local, independent estate agent

- Fully immersive 360° tours
- Bespoke particulars
- Floorplans
- Social media adverts
- Professional drone photos
- Premium Rightmove listings
- Experienced, award-winning team
- Associate office in Park Lane, London





# **SALES & LETTINGS**







sales@kingsleighresidential.co.uk lettings@kingsleighresidential.co.uk www.kingsleighresidential.co.uk



# HIGHCLIFF VETERINARY PRACTICE

Providing pet care 24/7 for over 100 years

FACTORY LANE, CATTAWADE, Nr MANNINGTREE, BRANTHAM

SURGERY HOURS (by appointment only)
Monday to Thursday 8.30 - 7.00pm
Friday 8.30 - 6.00pm
Saturday 8.30 - 1.00pm

Tel: 01206 391511 · www.highcliffvets.com

# ST MARY'S CHURCH, EAST BERGHOLT

The Street, East Bergholt, Suffolk CO7 6TA
Rector: Rev Chris Willis revchris@constablebenefice.org
Benefice website: www.ConstableCountryChurches.co.uk
Facebook: stmaryseastbergholt

YouTube: Constable Country Churches



### FAMILY@CHURCH



October is the time of the year when family@church become Pumpkin Heroes - sharing God's love and shining God's light. At our meeting we read the latest story in the adventures of Patch the Pumpkin, who this year accepted a challenge to take vegetables from their field to the local village market - delicious food for people in need, but it was scary leaving the field behind. We made pumpkin suncatchers; we sang the Pumpkin Heroes song and our special Sorry Song.



Everyone is very welcome to come along and join in all the fun. We meet on the second Sunday of each month at 4.00pm in the meeting room at the back of St Mary's church (the same room as used by the toddler group - accessed by the door opposite the war memorial).

If you are new to the village, or if you have lived here for years but never been to one of our services before, you will be most welcome to come and see what all the fuss is about.

It's very informal. We have fun, sing songs, and learn about our Christian faith through activities and stories. You can be any age, with or without a family.

We always end with food and a drink, and it's a perfect way to finish the weekend! We look forward to welcoming you.

For any queries or comments about family@church, please contact Liz Digby (liz.digby@btopenworld.com) or Fiona Trott (fiona.trott13@gmail.com). - Fiona Trott



# St Mary's Baby & Toddler Group Every Friday during term-time: 9:30am to 11:30am

We're a relaxed and fun play group that meets in the West End meeting room of St Mary's Church, East Bergholt (door opposite the war memorial) for informal play, tasty snack time, coffee, tea and chat.

For more information, please contact either Liz Digby (07557 569192 - <a href="mailto:liz.digby@btopenworld.com">liz.digby@btopenworld.com</a>) or Gill Rattray (<a href="mailto:gillrattray@yahoo.co.uk">gillrattray@yahoo.co.uk</a>)

**September** 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

October 3rd, 10th, 17th, 24th

November 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>

December 5<sup>th</sup>

12<sup>th</sup> - Christmas party (between 11am and 1pm)



### ST MARY'S CHURCH LOTTERY FUNDING UPDATE

As I write, we are preparing for a very important meeting with all the organisations that must approve church plans to restore and reorganise St Mary's to secure its future, ahead of the next phase of the Lottery bid. We are at the stage of having to get approval in order to proceed with our bid. It is a tight schedule to make sure we meet both diocese and Lottery deadlines in conjunction with each other. We are very grateful to all those who have commented on the reorganisation plans and filled out our survey.

Later this month, we also have our quarterly review with our Lottery investment manager. So, by the time this parish magazine reaches local households, we hope to have survived the various "inquisitions" and to be able to progress our plans.

It is worth reiterating that we receive no money at all from the Church of England, apart from very occasional small grants. All our everyday financial needs (such as utility bills and insurance) are met by people worshipping at or visiting our beautiful church, together with funds raised by the Preservation Society specifically for the fabric of the building and repairs. - Fiona Trott

#### **DATES FOR YOUR DIARY**

**Men's breakfast: 1<sup>st</sup> November 9.00am.** With guest speaker Phil Bigley, trustee of Hostage International. To book your place, please email *stmarysebevents@gmail.com*.

**All Souls:** 1st **November 2.30pm.** A reflective service to remember loved ones and give thanks for their lives. If you are not able to come to the service, there is still the opportunity to submit names (at the back of the church) of family and friends who you want remembered. These names will be included in the service.

**Remembrance Sunday: 9**th **November 10.00am.** Annual service of remembrance with members of the British Legion. A biography of a soldier from the village will be shared as part of the service, courtesy of Mark Ashmore.

Act of Remembrance: 11<sup>th</sup> November 10.50am. A short act of remembrance, incorporating the two-minute silence at 11.00am.

**Christmas tree festival: 6**<sup>th</sup>**-7**<sup>th</sup> **December.** If there is sufficient interest from local groups and organisations, St Mary's will host a Christmas tree festival. - *Fiona Trott* 

#### ST MARY'S CHURCH PRESERVATION SOCIETY



Please join the Church Preservation Society for their AGM on Wednesday 12<sup>th</sup> November at 7.00pm in St Mary's Church. All welcome. - *Debbie Tuppen* 

# 

# East Beraholt Parish Magazine VACANCY FOR DISTRIBUTION COORDINATOR

After six years our distribution coordinator is leaving for a well-earned retirement and we are now looking to replace her.

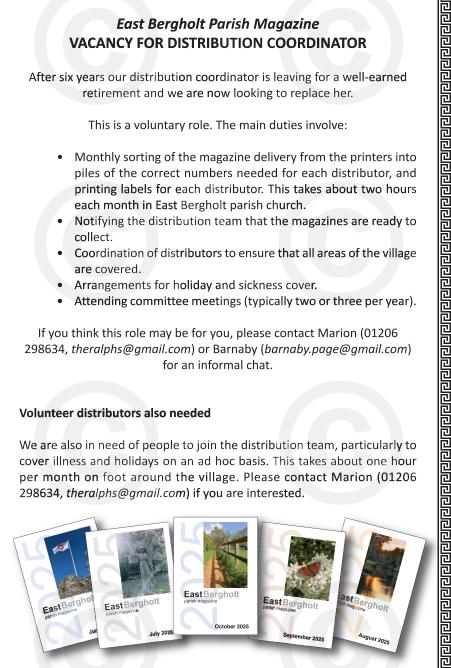
This is a voluntary role. The main duties involve:

- Monthly sorting of the magazine delivery from the printers into piles of the correct numbers needed for each distributor, and printing labels for each distributor. This takes about two hours each month in East Bergholt parish church.
- Notifying the distribution team that the magazines are ready to collect.
- Coordination of distributors to ensure that all areas of the village are covered.
- Arrangements for holiday and sickness cover.
- Attending committee meetings (typically two or three per year).

If you think this role may be for you, please contact Marion (01206 298634, theralphs@gmail.com) or Barnaby (barnaby.page@gmail.com) for an informal chat.

# Volunteer distributors also needed

We are also in need of people to join the distribution team, particularly to cover illness and holidays on an ad hoc basis. This takes about one hour per month on foot around the village. Please contact Marion (01206 298634, theralphs@gmail.com) if you are interested.



# **CONSTABLE CHURCHES MOTHERS' UNION**



Mothers' Union is all about Faith, Fun and Fellowship, as reflected in our services, events and meetings last month.

Thank you to Maureen Stuttaford for playing the piano at our musical afternoon, where we shared our favourite hymns. On  $11^{\rm th}$  October our branch supported a tea-and-cake afternoon at The Coddenham Centre to raise funds to buy gift vouchers for those currently resident at the Ipswich women's refuge.

On 18<sup>th</sup> October some of us attended the Mothers' Union healing service at St Felix's Church, Rendlesham. This service was livestreamed for those who could not attend in person and it will remain on the church's YouTube channel for a few more weeks.

This month we look forward to our meeting on 13<sup>th</sup> November, when Janet Seden will be talking to us about her life as a probation officer and other roles she has held. Our meetings begin at 2.00pm in St Mary's Church, East Bergholt; we welcome visitors and guests. - Mothers' Union committee: Janet Ball, Jenny Chapman, Chris Jacobs, Grace Wallis and Wendy Withers

# NEWSPAPER NOTICE OF APPLICATION (Notice to be published)

#### Application for a New Premises Licence

Name of Applicant: East Coast Kitchen (The Larder) Ltd

Name of Premises: East Coast Kitchen Postal Address of Premises (or description of premises):

Dunthorne Cottage, The Street, East Bergholt, Colchester CO7 6TB

This application may be viewed at: www.babergh.gov.uk

Proposed Application: Village Deli with Sale and Supply of Alcohol ON & OFF the premises

Date until which representations may be made to the Licensing Authority (28 days from day after application given to Authority):

Closing Date: 17 November 2025

Representations must be made in writing to the attention of the Licensing Team, Babergh District Council (as the Licensing Authority) Endeavour House, 8 Russell Road, Ipswich, IP1 2BX, or by e-mail to

licensingteam@baberghmidsuffolk.gov.uk

It is an offence knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is unlimited.

Note: This must be published in a local newspaper circulating in the vicinity of the premises, on at least one occasion, not more than 10 working days starting on the day after you give the application to the Licensing Authority. It may be prudent to verify circulation prior to placing your advertisement.

#### **COMMUNITY CAFE**

Fridays at the Constable Hall, Gandish Road, CO7 6TP

# Everyone welcome!

11.00am tea/coffee and a chat 12.30pm a two-course lunch for £6

Booking for lunch is essential.

For more details call 01206 298638 or 01206 298692.



#### I HAD A DREAM...

Where there is respect for each other Where minds are open and receptive Where knowledge trounces ignorance Where heads are held high with pride Where there is honesty not deceit Where two wrongs don't make a right Where words come from deep inside Where folk are softly-spoken not loud Where striving is aimed at goodness Where rudeness is not acknowledged Where there is generosity not greed Where confidence overrides fear Where reason has not lost its way Where dead habits don't flourish Where things are not blindly accepted Where understanding is the ultimate goal Where thinking is open-minded and free Where lives rely on optimism and hope Where actions are kind and considered Where bonds of friendship are celebrated In this mould, let East Bergholt prosper

Many a time, we grieve over lost time
But be worried not, it is never lost
Because hidden in the heart of things
Are seeds developing into seedlings
Buds into blossom and flowers into fruit
Night after night tired we fall asleep
But every morning in these gardens
There are flowers blossoming
And the air is filled with birdsong

Rasik Bhadresa







St Michael's, Brantham



St Mary's, Bentley



St Mary's, Tattingstone

# November 2025

# ST MARY'S, EAST BERGHOLT

### Saturday 1st

14.30 All Souls Service

#### Sunday 2nd

08.00 BCP Service

10.30 Connect Service

#### Wednesday 5th

09.30 BCP Service

#### Sunday 9th

10.00 Remembrance Service

16.00 family@church

18.30 The Gathering (Contemporary Service)

#### Tuesday 11th

10.50 Act of Remembrance

#### Sunday 16th

08.00 BCP Service

10.00 Morning Worship with Communion

#### Sunday 23rd

10.00 Morning Worship

18.30 The Gathering (Contemporary Service)

#### Sunday 30th

10.00 Benefice Communion Service

# ST MICHAEL'S, BRANTHAM

#### Sunday 2nd

10.30 Connect Service (at East Bergholt)

#### Sunday 9th

10.45 Remembrance Service

#### Sunday 16th

10.30 Morning Worship with Communion

#### Sunday 23rd

10.30 Morning Worship

16.00 Family at Church

# Thursday 27th

18.00 All Souls Service

#### Sunday 30th

10.00 Benefice Communion Service

(at East Bergholt)

# ST MARY'S, BENTLEY

### Sunday 2nd

10.30 Connect Service (at East Bergholt)

17.00 All Souls Service

#### Sunday 9th

10.45 Remembrance Service at Memorial

# Sunday 16th

10.00 Morning Worship

#### Sunday 23rd

10.00 Morning Worship with Communion

# Sunday 30th

10.00 Benefice Communion Service (at East Bergholt)

Owing to building work, there is disruption to the services at St Mary's, Tattingstone during November

# ST MARY'S, TATTINGSTONE

# Sunday 2nd

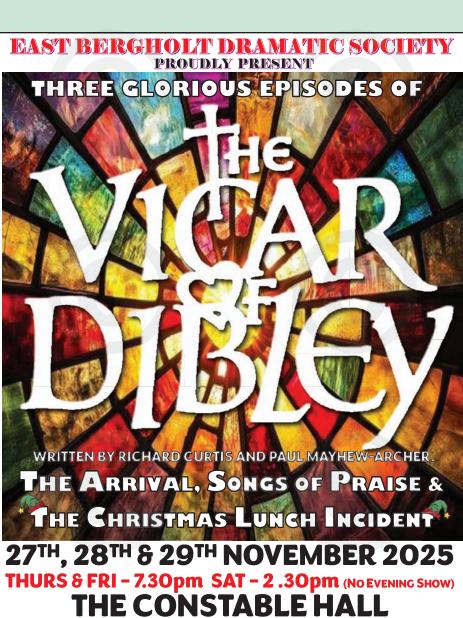
10.30 Connect Service (at East Bergholt)

#### Sunday 9th

10.50 Remembrance Service at Memorial

# Sunday 30th

10.00 Benefice Communion Service (at East Bergholt)



**GANDISH ROAD, EAST BERGHOLT** 

TICKETS £8.50 IN ADVANCE OR £9.50 ON THE DOOR **AVAILABLE FROM GRIER & PARTNERS ESTATE AGENTS E.B.** OR RING 01473 311553 OR TEXT 07772 268691

# **LOCAL CHURCHES**





Rev Steve Mann (minister)
8 Roundridge Road, Capel St Mary IP9 2UG
Tel: 01473 311178

Email: irmaminister@methodistic.org.uk

Marriages, baptisms and funerals can be arranged through the minister.

Sunday services (at 11.00am unless otherwise stated)

**2<sup>nd</sup> November** Rev Steve Mann with Holy Communion

9<sup>th</sup> November no service 16<sup>th</sup> November Alyson Ellis

23<sup>rd</sup> November, 2.30pm Rev Steve Mann with Holy Communion

30<sup>th</sup> November Luke Rokobuli

# **Coffee morning**

Saturday 29th November, 10.30am-12.00 noon.

# A prayer for reconciliation

Further to my article this month on the first page of the magazine, this is a prayer that was offered by the UK Methodist Church after the recent attack on a synagogue in Manchester. May we stand in solidarity with all those who suffer violence because of their faith or beliefs.

Holy God, who breaks down the walls of division,

we cry out to you in solidarity with our Jewish sisters and brothers following the abhorrent attack upon life and community in Greater Manchester.

We pray that those who have died may rest in your eternal peace and that you would comfort those who mourn.

We pray for those in our communities who are afraid to walk the streets because of their faith and traditions.

On this day held especially holy to the Jewish community, we pray that you would guide our path and lead us through the wilderness.

Where there is enmity, we pray for peace; where there is division, healing; and where there is hatred, a mending of broken bonds.

Holy God, bring reconciliation to our nation that all might live justly and peacefully in the land.

Amen.

- Steve Mann

### ST MARK'S ROMAN CATHOLIC PARISH

St Mark's, Hawthorn Drive, Ipswich IP2 0QQ
Holy Family Church, Ipswich Road, Brantham CO11 1TB
Parish priest: Rev Fr Luke Goymour
The Presbytery, 180 Hawthorn Drive, Ipswich IP2 0QQ
Tel: 01473 684963 Email: revgoymour@gmail.com

# Who is my neighbour and why should I love them?

The command to love one's neighbour as oneself comes originally from Leviticus in the Old Testament: "Do not seek revenge or bear a grudge against anyone among your people but love your neighbour as yourself. I am the Lord."

We are called not only to love those who are like us, but anyone we encounter. And that includes that driver cutting you up on the motorway, or the person in the office who annoys you. Jesus said: "I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven." We live in difficult times, and we can choose to be either a source of love or a source of irritation and hate.

In John's Gospel, Jesus says: "A new commandment I give you: love one another. As I have loved you, so you also must love one another. By this everyone will know that you are My disciples, if you love one another." As Christians can we live up to that challenge?

# Weekday and Sunday masses and devotions

Please also consult noticeboards and the parish website at stmarksparish.org.uk.

Saturday 5.30pm St Mark's vigil mass with confessions from 5.00pm

Sunday new mass times:

8.00am Holy Family, Brantham 11.15am St Mark's, Ipswich

**Tuesday** 10.00am Holy Family mass with Eucharistic Adoration at 9.20am

Wednesday 9.30am St Mark's

Friday 12.15pm St Mark's mass with Eucharistic Adoration from 11.40am

Father Luke's **Sunday sermons** are available at *anchor.fm/fr-luke-goymour*. The next **Alpha course** begins on 12<sup>th</sup> November; details are on the parish website. The St Mark's **nativity festival** will be held on Saturday 13<sup>th</sup> December 10.00am-1.00pm, and there will be a **carol concert** on Sunday 21<sup>st</sup> December 4.00pm-8.00pm.

# The sick and housebound

Please let Father Luke know of anyone who is ill at home, housebound or in hospital, so that they may receive appropriate pastoral care; he can be contacted on 01473 684963. If you or a family member are in hospital you can also contact the Catholic lay chaplain to Ipswich Hospital at hospitalchaplain@stmarksparish.org.uk. - *Kathy Pollard* 

# **CLUBS. SOCIETIES AND ASSOCIATIONS**

# **EAST BERGHOLT HORTICULTURAL SOCIETY (founded 1895)**

eastbergholthorticulturalsociety.onesuffolk.net ebhs.horti@gmail.com • find us on Facebook and Instagram



The open garden morning to view the dahlia borders at Hill House proved very popular, and this year the weather was much nicer, allowing the many members who visited the chance to enjoy the magnificent display without the encumbrance of an umbrella. The display of the many varieties was stunning, providing a riot of colour and form. May we extend our thanks

to Tessa Nutting for opening her garden, Rachel Lewis for helping Tessa with the borders, and all who attended.

May I remind you that our AGM will take place in the Lambe School at 7.00pm on Friday 14<sup>th</sup> November. The AGM will be followed by a Gardeners' Question Time featuring an expert panel of four renowned gardeners, and there is the possibility of recording the event and broadcasting it on Suffolk Sound.

The event will be open to members only, with numbers limited to the Lambe School's seating capacity. Details of the event and how to register your place will be published to our members nearer the date. In the meantime, please start thinking of questions you would like to submit.

The final event of 2025 is the ever-popular wreath-making class, which will be run on the afternoon of Saturday 29<sup>th</sup> November in the Lambe School; the event is charged at £10 per head and is open to Society members only.

This is a relaxed and informal opportunity to create your own festive masterpiece for your door, have a chat, drink tea and eat cake (and maybe even have a mince pie to get in the festive mood). Your creation is totally your own: Naomi will teach you what to do and then you will make your wreath independently - it is surprisingly easy, and amazing how different and how beautiful they all end up afterwards.

You'll need to bring the greenery, berries and other elements that you want to go into your wreath, as well as secateurs or snips and a sharp knife. We will provide bases, advice and instruction, ribbon for hanging the wreaths to decorate your door, and of course tea and cake.

Invitations will be sent out to our members nearer the time. Numbers will be limited, so it is really important to book. More details will be provided when the booking is made.

Finally, may I thank all our members and the committee for both using and manning the Society Store this year (especially Rebecca and Reuben, who volunteered to help run it as part of their Duke of Edinburgh's Award programme). The store is now closed for the winter, reopening in spring. We look forward to welcoming our members there. - Steve Feeney, chairman



# East Bergholt Horticultural Society Annual General Meeting



Friday 14th November at 7pm

Lambe School, Gaston Street, East Bergholt, CO7 6SD

followed by

# **Gardening Question Time**

A panel of four renowned gardeners will take your questions:

- Catherine McMillan horticulturist from Katies Garden Plants Centre in Woodbridge & Bridge Farm Plants in Monks Eleigh and author of Gardening for the Uncommitted
- Hannah Powell horticulturist and proprietor of Perrywood Garden Centre in Sudbury
- . Barbara Segall garden writer, author and award winning horticulturist
- Chris Wiley horticulturist, co-ordinator of Bury in Bloom and CEO of Sustainable Plant Store

Hosted by Rob Dunger – presenter and founder of Suffolk Sounds The event will be recorded for broadcast on Suffolk Sounds

\*\*\*Please email to reserve a seat and for membership details\*\*\*

ebhs.horti@gmail.com

# **Gardening tips for November**

I am writing this a day after Storm Amy. I hope you didn't suffer damage as some parts of the UK did. By the time you read this the clocks will have gone back, and November can be a gloomy month. Occasionally we can experience the first frosts. Have some fleece handy to protect delicate plants. Leaves are falling rapidly; the acorns this year...!

It may be wet and windy and it's quite understandable you may not be tempted into your gardens as in previous months. However, if the weather is favourable, wrap up warm, for there are jobs to do. Most flowers are past their peak, but there's still some autumnal colour to enjoy. Pruning and tidying up the garden at this time of year is definitely not wasted - especially leaf-raking.

By now, your winter tubs and baskets should be looking good, and don't forget to deadhead the pansies and violas. It's a good idea to raise patio containers onto "feet" or

bricks to avoid them sitting in water. I hope you have planted your tulips. Make sure young trees and shrubs are securely tied to their stakes.

On your veg patch/allotment, net brassicas against those hungry pigeons. Spread vacant ground with compost/manure and lightly dig in. Worms and weather should do the rest. Hopefully lawns have had their last cut. You could get your machine serviced.

We are, of course, thinking about Christmas...it's not far off. There are lots of gifts in garden centres. Apart from leaf-raking and sweeping our gardens will be "sleeping", but the birds won't. They get hungry and thirsty in the cold weather. - Janet Alcoe

#### U3A

# learn, laugh, live stour valley

Make the most of life once you're no longer in full-time work and come and explore new ideas, interests and skills with University of the Third Age. Across the country U3A members are meeting new people, learning, staying active, and having fun later in life. It's local, social, friendly, low-cost and open to all.

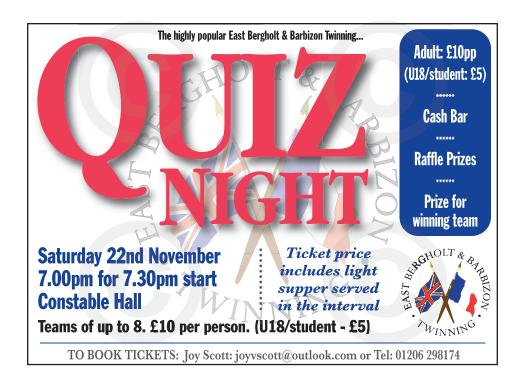
We have more than 40 interest groups including walking (from strollers to 5+ milers), theatre trips, garden visits, art appreciation, curry club, international dining, science group, languages, keep fit, pickleball, overseas travel, bridge, Sunday Singles lunch...there's something for everyone. If we don't have a group you are interested in,

Monthly coffee mornings are held on the first Friday of the month 10.00am-12.00 noon at the Lambe School, Gaston Street, East Bergholt CO7 6SD. Come along, meet some members, hear more about us and decide whether you'd like to join.

you are welcome to start one up. Membership costs only £15 a year.

Monthly lectures are held on the second Wednesday at 2.15pm in the Constable Hall, Gandish Road, East Bergholt CO7 6TP. Guests are welcome for a charge of £4. On 12th November, award-winning photographer Roger Hance will return to talk and show his British landscapes.

There is no lecture in December as we have our Christmas lunch at Hintlesham Golf Club. but they resume on 14th January, when Claire Driver will give a talk on smuggling in Essex. Please take a look at our website stourvalley.u3asite.uk for more information about us and contact details. - Pat Chandler



### **EAST BERGHOLT WI**



In September our walking group took the train from Manningtree to Ipswich, where we walked through the town and stopped for a coffee at Christchurch Mansion before continuing our walk to Westerfield. There we enjoyed lunch at the Railway Inn before returning to Manningtree by train.

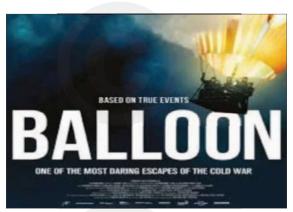
At our October meeting we were joined by the Colneis Singers as we celebrated our 107<sup>th</sup> birthday. The meeting began with the singers supporting us in the singing of Jerusalem, our WI song. After a few more songs we had a break to enjoy a meal provided by Gill Denny, our federation advisor and a great caterer. This was followed by a further variety of songs from the Colneis Singers taking us back to our younger days.

Our next meeting will be our Annual Meeting on 5<sup>th</sup> November at 7.30pm at the Constable Hall. For further information on the WI please contact our president Tina Hurley on 01206 298223 or Gill Rattray on 01206 298380, visit our website at *eastbergholtwi.wordpress.com* or check out our Facebook page. - *Gill Rattray* 

# EAST BERGHOLT COMMUNITY COUNCIL Pensioners' Christmas Lunch

Please accept my apologies for the incorrect date in last month's magazine. The EBCC Pensioners' Christmas Lunch will be on **Sunday 7<sup>th</sup> December** at 12.30pm for 1.00pm, at the Constable Hall. To book your place please call Sandra Rowson on 01206 299109. - *Judith Adolphus* 

# MANNINGTREE DISTRICT & FRANKENBERG TWINNING presents the film Balloon (12)



# Saturday 15th November, 7.00pm

A suspenseful thriller with family values. The true story of two families trying to escape East Germany in 1979 in a homemade hot air balloon.

Constable Hall, East Bergholt CO7 6TP. Doors open at 6.30pm. Admission £5 (cash only) on the door. - *Pat Chandler* 

### **HADLEIGH CHORAL SOCIETY**

Hadleigh Choral Society All are invited to join us at St Mary's Church, Hadleigh at 7.30pm on Saturday 22<sup>nd</sup> November for a truly unforgettable evening of very special music featuring masterpieces by Mozart and Haydn...with

soaring harmonies and thrilling double choruses guaranteed not to disappoint!

Hadleigh Choral Society will be joined by professional soprano, alto, tenor and bass soloists and Colchester Symphony Orchestra as we perform Mozart's *Great Mass in C minor* and Haydn's *Te Deum*, with a bonus of the Mozart *Clarinet Concerto* featuring soloist Andy Cory on basset horn. Christopher Phelps will conduct the evening.

Tickets are £18 or free for those in full-time education, and are available online, at The Idler bookshop in Hadleigh, or through choir members. For more information visit www.hadleighchoralsociety.org.uk. - Jayne Jones.

### **NOVEMBER CONCERT IN EAST BERGHOLT**



Sunday 23<sup>rd</sup> November, 4.00pm at St Mary's Church, East Bergholt CO7 6TG

Valle Arts

**S**tour

Charles Owen and Katya Apekisheva, piano duo

Debussy *Petite Suite*Mozart *Sonata in C major K. 421*Schubert *Fantasie in F minor*Rayel *Mother Goose* 

One of the most highly acclaimed piano duos performing today, Charles Owen and Katya Apekisheva are passionate advocates for the wide range of four-hands and two-piano repertoire. In parallel with their extensive solo careers, they have been performing together across the UK and around the world since 2001.

This concert has been generously supported by Jane Jewell.

Tickets: £18 - under-18s free with paying adults. Season tickets are available at £54 per person.

**Booking:** online at www.svam.org.uk or from svamtickets@btinternet.co.uk. Also available from 01206 298426, from Grier & Partners in East Bergholt, or on the door. - Birte Kelly

## STOUR CHORAL SOCIETY AUTUMN CONCERT



The members of Stour Choral Society would like to invite you to a concert on Saturday 29<sup>th</sup> November, 2.30pm at Mistley Parish Church, New Road, Mistley CO11 1ER. We will be performing *Feel the Spirit* by John Rutter, *Fantasia on Christmas Carols* by Ralph Vaughan Williams,

and a selection of seasonal songs and carols with audience participation. The musical director will be Susanna Rose, with accompanist Stephen Smith and soloist Anna Maria Rose (soprano).

Tickets (£15 adults, under-18s free) will be available six weeks before the concert date from Howells hardware store on Manningtree High Street, from choir members, by email from *info@stourchoralsociety.co.uk*, or by telephone from 07511 908213.

Do join us for this soul-stirring, vibrant introduction to Advent and the Christmas season. - Angela Clarke.

### **MANNINGTREE & DISTRICT PHOTOGRAPHIC SOCIETY**



Last month members enjoyed a packed programme including a talk by Daniel Bridges on abstract and minimalist photography, a field trip to Alresford Creek, a print competition (Open Mono), and a talk by Roy Essery about his experiences in Havana.

November sessions are as follows:

13th November: PDI competition - Open Colour.

27<sup>th</sup> November: talk by Ian Parker: My Brief View of Kenya and Tanzania.

Our club website has information about membership and activities together with competition results, photo albums and further club information. Our 2025-2026 programme is also on the website. Our public Manningtree Photographic Club Facebook page also features club news and activities.

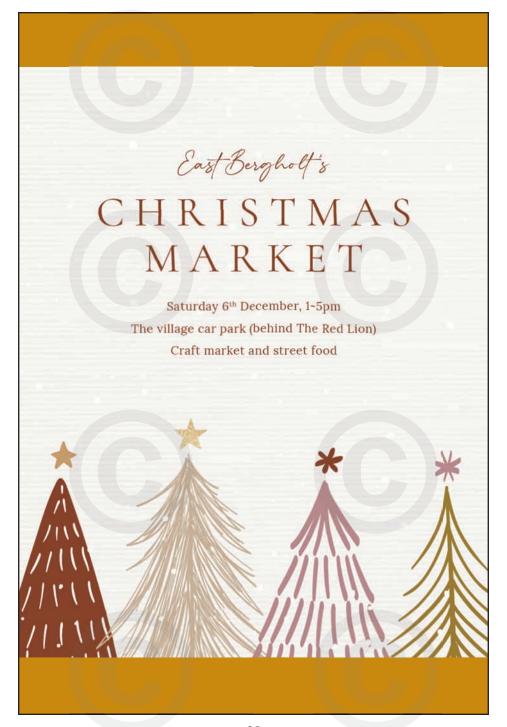
This month's featured image by Pat Ainger was one of the winning images from the summer photo techniques competition - High Key.



We are a small group of photography enthusiasts with a wide range of photographic experience and knowledge. The club aims to provide a friendly environment for members to enjoy the development of their photographic skills through a variety of activities in the company of like-minded individuals.

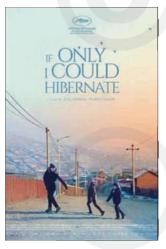
If you have an interest in photography, at whatever level, you would be most welcome at M&DPS. We meet at Mistley Village Hall on the 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Thursdays of the month between September and May at 7.30pm.

For further information please contact our secretary Pat Ainger on 01206 231242, visit our website at e-voice.org.uk/manningtreeanddistrictphotographicsociety or email madps@post.com. - Katharine Showell



### **EAST BERGHOLT CINEMA**

at the Constable Hall, Gandish Road, East Bergholt
Films start at 8.00pm, doors and ticket desk open at 7.30pm

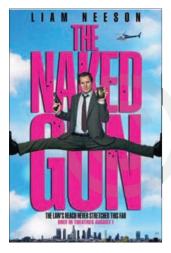


### Friday 7th November

### If Only I Could Hibernate (12A, 1 hr 38 mins)

Ulzii, a teenager from a poor neighbourhood in the Mongolian capital Ulaanbaatar, is determined to win a science competition to get a scholarship. His illiterate mother finds a job in the countryside, leaving him and his brother and sister in the middle of winter. Ulzii wanders around at night looking for things to burn for heat while preparing for the national competition.

"A wonder, a carefully textured portrait of a young man dreaming of more for himself and his family." - Variety



### Friday 5th December

The Naked Gun (15, 1 hr 25 mins)

Only one man has the particular set of skills...to lead Police Squad and save the world! Lt Frank Drebin Jr (Liam Neeson) follows in his father's footsteps in *The Naked Gun*.

"Liam Neeson deadpans impeccably in outrageously amusing spoof reboot." - The Guardian

Tickets for all films are available in advance from Grier & Partners in East Bergholt or can be reserved with Noelleen on 01206 299774. We highly recommend that you buy a ticket in advance as seating capacity is limited. There is a bar at film showings, as well as tea and coffee and ice creams. - The EB Cinema Team

### **EAST BERGHOLT TENNIS CLUB**



If you've been to the playing fields recently, you may have noticed we now have our new club facilities in place. Most of the works have been completed and we are getting ever closer to being able to open the facilities to our members.

We would like to say a big thank you to all the members and volunteers who are regularly supporting the maintenance and development of the facilities to ensure they will be fabulous for our club for many years to come.

The winter leagues started in late September and we're now well underway with our ladies', men's and mixed doubles matches. Matthew Watson, our head coach, is supporting our progress in the leagues, having introduced doubles team training sessions to ensure we are in the best position to improve on our performance.

Half-term saw several children attend kids' tennis camp, run by Matthew. It is a great way to both introduce and develop youth tennis. Contact Matthew on 07487 542501 for information about future camps.

Our autumn quiz night on 31st October was "spooktacular", with a Halloween theme, fancy dress and spooky questions. The evening was great fun and raised much-needed funds for the club.

As we are now in autumn, our winter membership rates have come into effect, and they apply through to 31st March 2026:

adults	£80
family	£110
couple	£140
junior	£20
parent	£36
student	£30

If you would like to join please visit our website at *eastbergholttennis.co.uk* for more information.

It's also possible to "pay and play" if you're not a member. Our website has full details on how to book a court. - East Bergholt Tennis Club

### **EAST BERGHOLT BOWLS CLUB**

Not much to report on the bowls front this month. Finals weekend is over and the green has been "put to bed" by a team of willing volunteers. The social committee are going into action to keep events bubbling during the winter, with coffee mornings starting again on 8th November. Keep an eye out for the board outside the Lambe School, and pop in for a coffee, a piece of homemade cake and a catch-up with friends.



The move to the primary school for carpet bowls has been a great success, providing more room and more parking. Club nights started in October, and by the time you read this we will have played a couple of league games.

Carpet bowls is a good place to start if you are thinking of taking up the sport of bowls. You don't need any special shoes or clothing, and all the equipment is provided. The theory is similar to outdoor bowls: players try to bowl the wood from one end of the carpet to the other and get it near the white one, known as the cot. As the game is played on a carpet not so much effort is needed, but it's still a game of skill.

If you fancy having a go, join us in the primary school on a Monday evening at 7.30pm. Email me if you want more information. - *Terri Catchpole, terricatchpole@me.com* 



# The NHS B-Well Bus is back in East Bergholt!

The Lambe School
Thursday 6th November 10am–12 noon
Looking after your health and wellbeing has never been easier – or friendlier!
Drop by for free advice, support, and a warm welcome – no appointment needed. This session will focus on advice and support for the winter period

Tupcoming visits: 8 Jan 2026 | 5 Mar 2026

### **LOCAL ISSUES & OPINIONS**

### UPDATE FROM THE DISTRICT COUNCIL



Councillor Sallie Davies

Easier window installation for listed building owners: Babergh District Council has achieved a first for a rural area in the UK - a blanket grant of listed building consent, which means that owners of Grade II listed buildings will not have to make individual planning applications when installing double glazing.

This gives a very clear signal that we take seriously the need to drive down carbon use. This initiative was led by Green Party councillors and could encourage more building owners to act. We are also working on a similar measure for solar panels on outbuildings next to listed buildings.

If you own a listed building and want to improve your windows to make the building warmer and more energy-efficient, go to the Babergh District Council website and you will find the relevant form and details there.

**Asylum seekers and refugees:** There has been a great deal of media coverage about housing asylum seekers in hotels and other types of accommodation. Asylum seekers are held initially in centres and then "dispersed" to longer-term accommodation while their claim is processed.

Let me clarify the situation in Babergh: there are no initial holding centres in Babergh, and there are currently no asylum seekers housed in hotels in Babergh.

Serco has the Home Office contract to find "dispersal" accommodation in the east of England, and seeks accommodation in the private sector for this purpose. Serco does not use council or housing association properties. It consults councils, the police and the health service when considering properties.

When Babergh is consulted on a possible property for Serco, it informs the district councillor for the area and feeds back to Serco any concerns raised by council departments, for example about community tensions, antisocial behaviour or lack of public transport and other services.

Ultimately the decision is made by Serco and the Home Office, but Babergh meets with Serco regularly to monitor placements, and the number of asylum seekers housed by the government in Babergh and Mid Suffolk is extremely small compared to other areas of the country. Rural areas are often not the best place to house asylum seekers.

Babergh has no duty to house homeless asylum seekers. Similarly, there are no benefits or homelessness assistance available for "irregular migrants" (people who have no right to stay in the UK).

The situation is different for refugees. A refugee is a successful asylum seeker; the Home Office is satisfied their case is genuine. A refugee is entitled to homelessness assistance.

Local government reorganisation: Suffolk County Council and the five district and town councils in Suffolk have now submitted their proposals to central government for how local government should be reorganised in Suffolk. A public consultation is expected to run from November to February, after which central government will make a final decision.

The Grange Country Park: The operators of The Grange Country Park have applied for permission to increase the number of holiday caravans on the site by 25. At the same time, they have applied to make 80 of the units permanent residential homes, and the parish council has agreed to this. The people living permanently in these caravans are mostly elderly and/or vulnerable. - Sallie Davies, Babergh District Council councillor for East Bergholt, Sallie.davies@Babergh.gov.uk

### UPDATE FROM THE PARISH COUNCIL

The RSPB have written to the Parish Council to say that they are looking for new tenants/purchasers to run the RSPB centre at Flatford. Although the centre is popular with the public and has more than 30 volunteers, it is no longer viable for the charity. The RSPB will keep running the centre until they conclude the tender process.

The Parish Council continues to address the ongoing **rabbit infestation** affecting the **Gandish Road playing fields.** The infestation, originating from the northern edge near the Pond Field, has now spread across the site, posing risks to both the football pitches and the cricket square. Up to £15,000 has been allocated for the reinstallation of rabbit-proof fencing along the section between the tennis courts and the road.

The proposed fencing will extend 300mm below ground to prevent burrowing and will be taller than the existing fence, helping both to deter rabbits and to reduce the number of footballs escaping into the hedge or neighbouring field.

The developers of the **St James Place estate** have updated their submission for phase 2 of the site (to the rear of the new Co-op shop). The changes retain a swimming pool and nursery plot in the application but remove a playing field, and add more houses to the approved plan. You can see the revised submission on Babergh's planning portal (reference DC/25/01293). The Parish Council will discuss how to respond at a meeting, which the public are invited to attend to put their views forward.

We have been working closely with Babergh District Council on a joint **Conservation Area Appraisal**, and an initial report has been presented to the Parish Council. The aim of the report is to identify and conserve the village's most significant landscapes, many of which inspired John Constable's paintings.

The existing conservation area is limited to an L-shaped zone through the village centre, and notably excludes Flatford and other areas of natural and historical importance. The draft report proposes extending protection to areas including Flatford, Hadleigh Road, Gaston Street, and the Donkey Track, preserving historic buildings, trees, hedgerows, and open fields. A public consultation on this will be held in early 2026. - *Nicki Reed* 

### RURAL REPORT

A regular round-up of countryside and farming news

"If consumers want affordable food in the long run, it's time to stop asking how to keep prices low and start asking how to keep food supplies secure," says Mnoj Dora of Anglia Ruskin University. "That means fairer treatment of farmers, smarter use of resources and consumers willing to accept some short-term price volatility. Otherwise, the next bad year will not be the exception, it will be the rule."

The balance between food production and environmental schemes continues to be a major issue, particularly as just over half of farms in England reduced cropping for harvest 2025 to take part in such schemes. The recently released *AHDB Spring 2025 Planting and Variety Survey* shows how these incentives are shaping land use. According to the survey, 56.1% of English farmers have made a modest reduction to their cropped arable area to take part in agri-environment schemes.

**Suffolk potato farmers are reporting damaging price falls.** Chris Suckling of Holbrook on the Shotley Peninsula, and Russel Abbott of Tattingstone, Ipswich, say the price they are getting is so low it no longer covers their costs. Retail prices are three times higher than the price they received, they told the *East Anglian Daily Times*.

"Scientific evidence increasingly refutes the alarmist narrative that our farmland bird and insect populations are disappearing due to intensive agriculture," say Peter Button, Daniel Pearsall and Matt Ridley of Science for Sustainable Agriculture. "In fact, total bird and insect numbers in Britain have been stable for the past 30 years. Freshwater insects are thriving." - Brian Chester, brianrobertchester@gmail.com, 01572 757600

When contacting an advertiser please mention that you found them in the East Bergholt Parish Magazine!

Services or products purchased from the advertisers in this magazine are at the risk of the individual.



# THE HEARING CARE CENTRE OPEN WEEK 17 - 21 November

By appointment at **The Hearing Care Centre** clinics in Colchester, Manningtree, Marks Tey, Langham & West Mersea

FREE hearing tests (worth £65)
FREE hearing aid clean & checks
FREE new product demonstrations
(with a 60-day money-back trial)

Up to £500 off a pair of the latest hearing aids

Includes up to 5 years' warranty, wax removal and aftercare. Valid until 31/12/2025

### **BOOK TODAY ON (01206) 760839**

www.thehearingcarecentre.co.uk







### STORAGE AVAILABLE

If you are thinking of decluttering, moving house or just need extra storage,

please give us a call.

We have the following available:

40ft ISO Containers

20ft ISO Containers

6m x 12m Storage Units

All at our friendly, accessible and secure location.

Towns Green Farm, Park Lane, East Bergholt, Suffolk CO7 6XS

Email: pete@townsgreenfarm.com Tel: 07825 290673





# DAISY CHAIN HOME SUPPORTING

# Christies Care

# **Outstanding Personalised** Care In Your Home

Available from 1 hour per week to 24/7 care



Continuing Daisy Chain's Outstanding service, Christies Care has over 35 years experience providing outstanding homecare.

We specialise in supporting you to maintain your independence and quality of life in the comfort and familiarity of your own home.

### **Our Services**

- 24-Hour Live-in Care
- Hourly Visiting Homecare
- Respite & Recovery Care
- Specialst Care
- Short-term Interim Care
- Care Advice



Twice rated COC 'Outstanding' live-in homecare



Princess Royal award-winning carer training



Care plans centred on carer compassion & compatibility



Tailgred support to suit your individual needs

Contact our Team



@ 01206 484231



care@christiescare.com



2 Dairy Barn Mews, Lawford, Essex, CO11 2BZ

# **LIDDLEBUILD BRICKWORK**

N.V.Q/City and Guilds qualified.
Our experienced friendly team will
meet your needs.

Tel: 07881 095818

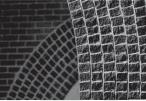
Email: liddleiain@gmail.com

All aspects undertaken. New Builds/Extensions.

Garden walls/Repair.

Blockpaving. Slab work.





<u>Call for free quote today or ask about any other building services you require.</u>

<u>Outside or In!</u>



### Chapman Stickels

Suffolk and North Essex

Providing unrivalled local knowledge, combining traditional service with a modern marketing approach

Estate Agents · Lettings · Valuations · Land

### chapmanstickels.co.uk

01473 372 372 info@chapmanstickels.co.uk The Corn Exchange, Market Place, Hadleigh IP7 5DN

Part of Investeq Holdings Limited







# FARTHING

FUNERAL SERVICE

• Est. 1840 •

DEBEN HOUSE, 650 WOODBRIDGE ROAD, IPSWICH, IP4 4PW

01473 272711 farthingfunerals.co.uk

### COSMETIC MEDICAL TREATMENTS

AVAILABLE AT

The Constable Country Medical Centre Heath Road, East Bergholt, Essex CO7 6RT Please call 01206 298 464

We know how hard it is to fit your busy life around "your" time. We offer a wide range of medical cosmetic treatments which can be conveniently booked without the stress of driving into town.

All our treatments are performed by a fully qualified, experienced Doctor who has been working from the practice for 20 years, so you can be reassured you are in the safest of hands.

We can discuss your anti-ageing treatments in a discreet and professional environment.

- ANTI-AGEING INJECTABLES
- DERMAL FILLERS
- LIP ENHANCEMENT
- SCLEROTHERAPY FOR UNSIGHTLY LEG VEINS.
- AND MUCH MORE





### Murder Mystery Supper

Wednesday 3<sup>rd</sup> December at 7pm

The Pantaloons return this winter with a brand-new Murder Mystery experience!

Settle in for a three-course supper as you immerse yourself in A Game of Murder - a Cluedo-style whodunit.

As the evening unfolds, characters will perform between courses, dropping clues and answering your questions. Keep your wits about you, take notes, and interrogate the suspects - the truth is yours to uncover.

£60 per guest - includes supper.

To book your ticket and view upcoming events head over to our website: crowninn.net



### SUPPORT HEALING. **IMPROVE CIRCULATION.**

- Boost daily energy & stamina Speed up muscle recovery & healing
- Sleep deeper, wake refreshed
   Enhance mental clarity & focus
  - Support healthy heart & circulation



**ON-SITE SESSIONS IN EAST BERGHOLT** & MOBILE IN SURROUNDING AREAS

Jilly Girdwood | jillygirdwood@gmail.com | +44 7340 103290

https://girdwood-2.bemergroup.com







### WEALTH MANAGEMENT CONSULTANTS

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including: For further details contact David Catchpole on: 01473 828456

- Email:
  - primus.david@sjpp.co.uk
  - Website:
- www.primusfinancial.co.uk
- Investment planning
- · Retirement planning
- Inheritance Tax planning

# A wealth of expertise on your doorstep...

Primus Financial Solutions is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website www.spc.couk/products. The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives. Primus Financial Solutions is a trading name of Primus Financial Solutions (East Anglia) Ltd. SJP Approved 7/10/2025

Senior Partner Practice
S!
James's
Place



### **COVER PHOTO**

We are always looking for photos of seasonal events, interesting scenes, or flora and fauna of East Bergholt for the cover of our magazine. We are keen on receiving pictures of the village's architecture and heritage, as well as nature scenes. If you have taken a suitable photo, please send it to barnaby.page@gmail.com for consideration. It should be in .jpg format, at the highest resolution possible, accompanied by a brief description and the photographer's name.

This month's cover image is by Diane Barrow-Daly.

MAGAZINE EDITOR - Barnaby Page - email: barnaby.page@gmail.com

EDITORIAL SUBMISSIONS - email: eb.parish.magazine@gmail.com, or items can be placed in the Magazine Box in St Mary's Church. Deadline for copy is the 5<sup>th</sup> of the month previous to each issue, earlier at Christmas.

**ADVERTISING** - email *ebpm.adverts@gmail.com* **DISTRIBUTION** - delivered to approx. 1,400 homes.

Queries: Marion & Peter Ralph, 01206 298634, theralphs@gmail.com

St Mary's church information: www.achurchnearyou.com/church/2067

Back cover photographs: courtesy of Daphne Glen and Steve Chapman.

Produced for East Bergholt PCC by Juniper House of Print: sarah@jhprint.co.uk

### PUBLIC TRANSPORT

FUBLIC TRANSPORT
Suffolk on Board
GOVERNMENT
East Bergholt Parish Council: Chairman Joan Miller
Parish clerk Graham White
Babergh District Council
Councillor Sallie Davies
Suffolk County Council
Councillor Georgia Hallgeorgia.hall@suffolk.gov.i
Member of Parliament for Suffolk South
James Cartlidge (Sudbury office) james.cartlidge.mp@parliament.uk/01787 31230
James Cartilage (Suddury office)
COMMUNITY
Community Constable Hall bookings: Secretary: Adrian James
East Bergholt Community Council:
Stephen Millereastbergholtcommunitycouncil@outlook.co
East Bergholt United Charities: Valerie Ayton
Family history queries: Mark Ashmoregoldfinch479@gmail.co
Lambe School bookings: Secretary: Emma Chinnery
Village recorder: Jeremy Kemp
SHOPS The Bike Doctor, Heath Road
<b>Co-op Food Store</b> , Hicks Close
Gelz (hair salon), Slough Road, East End
KMC Automotive Solutions (garage and fuel), Heath Road
The Place for Plants, Mill Road
Post Office, Hicks Close (in the Co-op)
Sarah Jane's Boutique, The Street
Saran Jane's Bounque, The Succet
RESTAURANTS, CAFÉS AND TAKEAWAYS
Barry's Fish & Chips see Facebook for tim
Fields Kitchen & Farmshop, Park Road
Gaia, The Street
Oranges & Lemons, Rectory Hill
<u> </u>
PUBS
<b>The Carriers Arms</b> , Heath Road
The Hare and Hounds, Heath Road
<b>The Red Lion</b> , The Street
<b>The Royal Oak</b> ("The Dicky"), East End

Are you planning an event in East Bergholt? Please put details of your event in the village diary which is kept at the Post Office. This will benefit village life by helping to avoid unnecessary clashes so that we can all support one another.

