

St Paul's Church Langleybury

Parish Magazine

Sept
2025
£2



NEW

UCB
**WORD
FOR
TODAY**



Welcome to our September magazine.

Please let us know your thoughts by emailing us at editor@stpaulslanglebury.co.uk. Any contributions towards our October edition, would be gratefully received before the deadline of 19th September. It'd be great to hear from you. Please email me at the above email address to subscribe to our magazine.

This is your magazine.

Debbie

Donate to St Paul's



**Details regarding our Parish Giving Scheme
can be found on the back cover.**



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September

Our regular services are held in church

| | | |
|---------------------|-------------|-----------------------|
| Tuesday 2nd | 11am | Holy Communion |
| Sunday 7th | 8am | Holy Communion |
| | 10am | Holy Communion |
| Tuesday 9th | 11am | Holy Communion |
| Sunday 14th | 8am | Holy Communion |
| | 10am | Holy Communion |
| Tuesday 16th | 11am | Holy Communion |
| Sunday 21st | 8am | Holy Communion |
| | 10am | Holy Communion |
| Tuesday 23rd | 11am | Holy Communion |
| Sunday 28th | 8am | Holy Communion |
| | 10am | Holy Communion |
| Tuesday 30th | 11am | Holy Communion |

We are looking forward to hosting Mike Ruff for a talk on Dance Through History on Thursday the 18th of September from 7-9pm.

Mike has spent a lifetime dancing and teaching country dance as well as playing in barn dance bands as a professional musician. He will be introducing the fascinating history of English country dancing, celebrated in literature by Jane Austen, Thomas Hardy and Charles Dickens amongst many others.

Tickets are £5 and can be bought in the library or online at <https://tinyurl.com/nt4kskr8>

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Dance Through History

Thursday 18 September
7 - 9pm

Abbots Langley Library

Explore the rich history of English Country Dancing
in a talk with author Mike Ruff

www.hertfordshire.gov.uk/libraries
0300 123 4049

Tickets £5



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

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Greetings from Father David

Sometimes it is more than easy to feel distant from God. Our lives are spent with work, family and many other things that consume our time. If you are like me, when we pause to take a breath we perhaps think we have gone too far away from God for him to care. But God is there 24/7 for us. Waiting. Through wonderful words, captured in both Matthew and Luke's Gospel, Jesus tells us that when we want to seek the peace, comfort, strength and love of God all we have to do is ask: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." (Matthew Chap. 11, Verse 9).

At 8am, we have our quieter Communion service (about 45 mins), without hymns or music.

At 10am we have a Communion Service (about 1 hour) with hymns and music, and which tends to attract more families with children. This is followed by filter coffee, tea, and biscuits!

We would love to see you, so please come and receive our warm welcome and enjoy our relaxed and inclusive approach to worship (including filter coffee and biscuits afterwards!).

COMMEMORATION OF THE 80TH ANNIVERSARY OF THE SECOND WORLD WAR

During the Summer St Paul's was part of the Abbots Langley World War Two commemorations. In August St Paul's hosted the Abbots Langley Local History Society's exhibition – a series of display boards providing histories of local people and events in the village. This has been on show in churches and community halls, and will finish in St Lawrence from 4th to 11th November.

We had a fair number of visitors to the church, both from local residents (some of whom had never been in the church before), and from further afield. All of them were very impressed both by the church and by the exhibition, and the stewards had interesting chats with them.

On the Thursday afternoon we held a poetry session featuring World War Two poetry. Some including those by Betjeman and Auden were familiar but others were not and it was interesting to learn how much poetry was written about the war from all parts of the world. A couple of those present read their own poems.

Events continue until Remembrance Day. Can I draw your attention to "Memories from the Home Front" – details over the page – which involves several members of St Paul's.

Flatpacktheatre with The Friday Singers Present -

Memories From



The Home Front Abbots Langley's War

Scenes, Songs and Stories reflecting life in
the village during the War Years

**Tickets are free,
but please reserve your seat at
www.ticketsource.co.uk/flatpack
or call 01923 444619**

Sunday 5th October 3pm

Mon 6th, Tues 7th, Wed 8th 7:30pm

At The Henderson Hub



Sponsored by



WARNER BROS.
STUDIOS LEAVESDEN



Faith - Hope - Love



Moses and the Burning Bush by Tabitha in year 3



Walk On Water

News from St Paul's School



Inspire - Belong - Achieve - Flourish - Believe



Moses and the Burning Bush by Lyla in year 3



Walk On Water

News from St Paul's School



Faith - Hope - Love

12 Goly Close
Watford
Herts.
WD98 8JA

St Pauls
Langlebury
Langlebury Lane
Herts.
WD4 8RJ

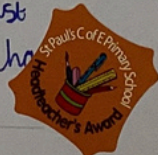
19th May

Dear Miss Cohen,

Do you want the grass to be worn out and dead? Well, I have a solution for you! I am writing ask for an astroturf area. In the winter, people all across the school can benefit their wellness and health by keeping fit. Our mental health is the top priority in this school.

Plus, we can use the astroturf as a multi-purpose pitch for PE, and much more! it will increase our endorphins and will make us overjoyed. If you are how we will pay for it, we can do a fun run or a break the rules day!

Since football can sometimes be a bit rough, we can have one adult supervising. Just incase no adult is on the zone, we can have a backup first aid kit.





Walk On Water

News from St Paul's School



Inspire - Belong - Achieve - Flourish - Believe

Despite this, we can still have heaps of fun! You are the best headteacher because you value the whole opinion of this school. If there are are problems, we can make a rota for classes turns, because everyone at St. Pauls can sit in! And by having an astro-turf, it will do a favor to the cleaners and will keep the carpet clean!

In conclusion, if my request is not realistic can atleast have an astro-turf shady hideout? What do you think?

Yours sincerely,
Mila
Mila Culaj, Year 4



Taken from the UCB Word For Today, written by Bob and Debby Gass. Free copies are available in the UK from United Christian Broadcasters, UCB Operations Centre, Westport Road, Stoke-on-Trent, ST6 4JF or at ucb.co.uk. Used with permission.

THE POWER OF ENCOURAGEMENT

"Pleasant words are.....health to the bones.' Proverbs 16:24 NKJV

Everybody needs encouragement. None of us achieves anything without help. The great achievers in history became all that they were because of the people in their lives. We've seen The Chronicles of Naria and The Lord of the Rings.

But did you know that their authors, C.S. Lewis and J.R.R. Tolkien, were professors at Oxford University and maintained a close friendship?

Every week they'd meet to sat, talk about their fiction writing endeavours and read passages of their yet unpublished works. It was Tolkien who encouraged Lewis, an avowed atheist, to explore Christianity, utmately leading to his conversion. And it was Lewis who encouraged Tolkien to continue writing fiction and to seek publication. Were it not for their friendship and mutual encouragement, the world wouldn't have received the finest writing in apologetics of the twentieth century, nor one of the finest fantasy works ever written. Everyone, young and old, successful and less-than-successful, famous and unknown who receives encouragement is changed by it. Mark Twain said, 'One compliment can keep me going for a whole month.' A word of encouragement from a teacher can change a child's life, a word of encouragement from a spouse can strengthen or even save a marriage:

a word of encouragement from a leader can inspire a person to reach his or her potential. Zig Ziglar says, "You never know when a moment and a few sincere words can have an impact on a life.' The Bible says, Pleasant words are like a honeycomb, sweetness to the soul and health to the bones' (Proverbs 16:24 NKJV).

Heroes of the Faith

Ida Scudder



There is no more outstanding example of a Christian dynasty than the Scudder family, of whom it could be written in 1959 that 'forty-two members through four generations had given a total of 1,100 years to missionary service in India'. Amongst that remarkable lineage, the most striking figure is Ida Scudder.

John Scudder, Ida's grandfather, was a pioneering medical missionary who went to Asia in 1819 and whose eight children all followed his calling. Ida was born in 1870 to John Scudder Jnr, who served in South India. Ida grew up exposed to sickness, poverty and famine, and utterly hated it.

Aged eight, Ida went to the United States for schooling where, enjoying comfort and security and anticipating marriage and motherhood, she rejected all thought of missionary life. Returning to India in 1890 to visit her ailing mother, she had a life-changing experience. One night, three men from very different communities arrived separately, seeking medical help for their pregnant wives who were seriously ill. They left when told by Ida that the only doctor was her father, as their cultures did not allow a man to treat a woman. The next morning Ida learned that all three women and their babies had died. Shaken, she prayerfully decided to become a doctor in order to help the women of India.

Ida returned to the United States and underwent medical training, graduating in 1899 as one of the very first women doctors. She returned to India expecting to work alongside her father, but his death soon left her on her own. Undeterred, she opened a small clinic for women at Vellore, seventy-five miles from Madras, and there, in 1902, built a forty-bed hospital for women using funds given to her in the States. At the same time, she created roadside clinics in rural villages where she could treat people and give health education.

As Ida's reputation grew and she found herself facing impossible demands, she resolved to train local women as nurses. Despite widespread scepticism, her nursing programme proved a great success, and by 1906 an enlarged hospital was treating 40,000 patients annually. She made a point of encouraging the adaptation of western medical practice to the particular needs of India with its many poor and dispersed rural communities.

With time her Christian Medical College was training not just women as nurses but from 1918 as doctors. Faced with growing demands, Ida began travelling regularly to the States to raise funds. She now found herself in a management role, organising the college, seeking funding, negotiating between different missionary agencies and dealing with a turbulent Indian political scene in which fierce demands for independence were growing.

Increasingly recognised as one of the leading medical institutions in all India, the Vellore hospital began offering medical degree courses in 1942. In a break with tradition the various training programmes became open not just to women, but men.

Ida, by now in her seventies and a legendary missionary figure, continued to seek funds for the work. Although formally retiring in 1946, she continued to be involved with the work until her death in 1960 at the age of eighty-nine.

Unlike some great achievers, Ida was not only respected but also loved. Patients and colleagues admired her servant heart and, although she never married, she had a wide circle of close friends. She was particularly admired for her commitment to service and made no secret that this came from her Christian faith. The motto that the Christian Medical Centre took of the words of Jesus in Mark 10:45 – ‘I have come not to be served, but to serve’ – was most definitely hers.

Ida's work has outlived her. The CMC Vellore continues and is regularly ranked in the top two medical colleges in India. Unlike many institutions founded by missionaries, it has not lost its basis of faith and continues to be openly Christian.

The life of Ida Scudder shows many truly heroic qualities. Let me point out four.

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First, she displayed a life of courageous decision. Ida showed courage in that striking decision to respond to God’s call and, obediently, to totally change the course of her life. Once aware of that calling, that was exactly what she did for the rest of her life.

Second, she displayed a life of caring dedication. Despite being ever more involved with the organisational aspects of the college and hospital she had created, Ida never lost her desire to lovingly care for those men and women who were sick and suffering. In many cases those who create an institution can find that their creation comes to displace their original vision. Ida, always remaining at heart a carer, never let that happen.

Third, she displayed a life of careful discernment. There are many heroic figures from every area of life who have been so ‘driven by their vision’ that they burn themselves out before their time. One

of the striking features of Ida was her wise strategy. Rather than self-destruct trying to save India on her own, she developed a remarkably effective way of multiplying who and what she was doing through training and education.

Finally, she displayed a life of continuous determination. In her long and active life, Ida faced a seemingly unending range of obstacles including entrenched cultural values, staff shortages, funding crises and awkward mission organisations. She also saw her world change dramatically. She began as a doctor when India was a British colony under Queen Victoria and was still working when India had become an independent nation. She saw science, technology and clinical practice change almost beyond recognition. Yet through obstacles and change, failures and successes, joys and sorrows, Ida simply pressed on doing what God had called her to do.

Ida Scudder is an outstanding example of a medical missionary. But she is more than that: she is an example of how we can all best live for Christ.

J. John

Reverend Canon

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NEWS FROM CTAL (CHURCHES TOGETHER IN ABBOTS LANGLEY)



If you have walked through Hunton Bridge or along the High Street in Abbots Langley over the past month, you may have seen circular signs “V80” attached to the lamp posts. These are a reminder that this year we commemorate the allied forces victory in Europe and in Japan 80 years ago.

Scouts, Veterans and local societies have been involved in events which will continue until November.

CTAL is holding a commemorative **Songs of Praise** on **Sunday 29th June at 6pm in St Lawrence’s Church.** This will be followed by refreshments.

There are also two events in our church in August:

- From **Tuesday 12 August** (following the Tuesday morning service) **to Thursday 14 August**, Abbots Langley Local History Society will be organising an exhibition entitled **“A Parish at War”** presenting the impact of the war on Abbots Langley and the surrounding district, including Hunton Bridge, using

local archives and reminiscences of local people who lived through these times.

• At **2pm on Thursday 14 August** we will be holding a **Poetry Afternoon**. This is an informal afternoon; for the first hour we will be looking at the poetry of WW2 and after a break with refreshments we will be sharing some favourite poems. Bring along a poem you love, one you have written or come along and listen.

Contact Sue for more information -
sgotts03@yahoo.co.uk

You can find details of all the V80 events on the Abbots Langley Parish Council website:

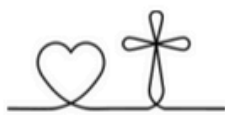
https://www.abbotslangley-pc.gov.uk/council_events/abbots-langley-v80-programme/

Or just type Abbots Langley V80 Event Guide into your search bar.

Psalm 89 verse 11



The heavens
are yours,
and yours also
the earth;
you founded
the world and
all that is in it



Reflection

God made heaven and earth and created everything that is in the world. Yet even though we are comparatively small, we, too, are part of His creation.

Reflection

Thanks

Blessings

Prayer

Choose Life 365 Readings

Now or Never

"As God's fellow-workers, we urge you not to receive God's grace in vain. For he says, "In the time of my favour I heard you, and in the day of salvation I helped you". I tell you, now is the time of God's favour, now is the day of salvation."

2 Corinthians 6:1, 2

On 19 February 1944, one of the most costly battles in the Second World War was fought at Iwo Jima, 600 miles south of Tokyo. Its two strategic airstrips were needed by the Allies as launch pads for attacks on Japan. Twenty-two thousand Japanese soldiers knew they were there to defend to the death. About 26,000 US troops died to take it. There were numerous examples of heroism amidst the bloody carnage. Thousands upon thousands of men sacrificed themselves for the greater cause. If you were to visit there today there is a message etched outside the cemetery, which reads:

When you go home
Tell them for us and say
For your tomorrow
We gave our today

Paul urges us not to receive God's grace in vain. He says now is the time, today is the day. Now, or maybe never, if we leave it too late. The choice is ours. So will you, will I, give our today for others' tomorrows?

Living in a warzone in Burundi for many years (at the time of writing it's peaceful again) made me very aware of the value and urgency of each day. We used to listen to shells landing and know that a few yards away some people had just had their last today. It became so clear that each day was a gift. Today could be enjoyed, shared, and maximized, or it could be misused, misspent, and wasted.

Think about Paul's words, "Now is the time of God's favour, now is the day of salvation." In the light of God's favour today, how will you live your life?

Lord, I choose to give my today for you and for all those I come into contact with. Amen!

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Choose Life 365: Readings for Radical Disciples
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SUMMER of Hope

In war-torn regions of the Democratic Republic of Congo, mothers and families are being forced to flee violence. In fear for their lives, they often leave everything familiar behind - except for their children and a handful of seeds.

These seeds aren't just for survival. They're a symbol of faith, a sign that hope can still grow, even in the harshest conditions.

This summer, we invite you to take part in our **Summer of Hope appeal** - a season of giving, praying, planting and fundraising to support women like Julienne, who are rebuilding their lives through literacy, faith, and community.

Summer of Hope

Sow seeds of strength, faith and resilience.

Across the Democratic Republic of Congo (DRC), conflict continues to uproot families and devastate communities. This summer, be part of a movement that nurtures resilience and brings hope to families.

Julienne's Story

Julienne has spent much of her life in fear – of violence, of abuse, of instability. Displaced by conflict in the



DRC, and trapped in an abusive marriage, she fled with almost nothing. For over a decade, she tried to survive, without education or a safe way to earn a living. Then she joined a Mothers' Union literacy circle.

With this support, Julienne learned to read and write for the first time. She began to understand her rights – and how often she had been denied them. “It felt like moving from darkness into light” – Julienne

To donate

Go to [**www.mothersunion.org**](http://www.mothersunion.org) and click on homepage. Then click on Summer of Hope and scroll down that page till you get to donate now. Please contact me if you would like to know more.

Janet McKinney MU Group Contact

[**janetemckinney@gmail.com**](mailto:janetemckinney@gmail.com)



In the next October edition we will be asking Father David questions to get to know him better. If you have any questions you'd like to ask him, please email me at editor@stpaulslangleybury.co.uk

Apologies for there being no July or August magazine. Following a routine eye test, it was found I had a detached retina. I had no idea. I was sent to Moorfields hospital the following day for surgery. Healing has taken its time and I've been unable to see properly for 6 weeks. Getting better day by day, thank God!

Thank you for all your prayers and support.

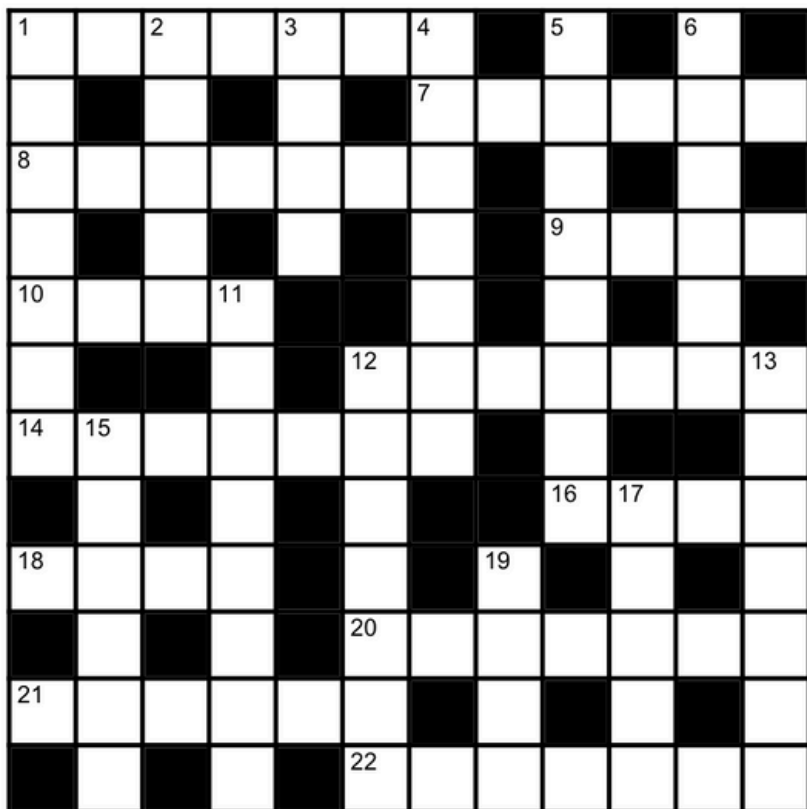
Debbie. X



BIBLE OCCUPATIONS WORD SEARCH

N A I C I S U M F I R R H A R V E S T E R A X
 B L A C K S M I T H O J C P A P I Q T W D P G
 W U R G Q L Q F L L W N A M R E H S I F W O N
 P K D E O S C V I Z X I J Q Z T V T W Z A S B
 X C R M V A B A S D C R N V F O Z S L R S T T
 G T E U R A T A X C O L L E C T O R E X H L H
 A R H K O R E H R D Q Z Y E M R V I A N W E F
 R E P F L Z R W E O T R N U Q A R E T T O P M
 D T E O I V L N K R T E R I D E K T H H M U I
 E N H P A D C N A F D K B E K K P E E D A M N
 N E S H S T Z R M Q C R N A L Y Z J R T N S S
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 K C T S E I R P S Y S A B G N I K C K M E P L
 E P M O U H W E Z C U T B L L E U A E E I S N
 P J A T X C N D R N E E L V C P B R R B D H F
 R A K K J R D I I S E M Q A B X C E E U L E A
 O X E Q U A B H L M U H E E S H F G H S O A R
 P Z R Q D E A R Z A N G A B A I G Z N L S R M
 H O D U G I C F U C S R F N E A V C P A P E E
 E C A M E L D R I V E R T L R F I M M V L R R
 T K K I W T S M E R L Y S G U B I U N E U B P

| | | | |
|---------------------|----------------------|---------------------|----------------------|
| APOSTLE | FARMER | METALWORKER | SHEPHERD |
| ARCHITECT | FISHERMAN | MIDWIFE | SHOEMAKER |
| BAKER | GARDENER | MINSTREL | SLAVE |
| BEGGAR | GOATHERD | MUSICIAN | SOLDIER |
| BLACKSMITH | HARVESTER | POTTER | TAILOR |
| CAMEL-DRIVER | HEALER | PRIEST | TAX-COLLECTOR |
| CARPENTER | JUDGE | PROPHET | TENTMAKER |
| COOK | KING | SAILOR | WASHWOMAN |
| CUPBEARER | LEATHERWORKER | SCRIBE | WEAVER |
| DYEWORKER | MERCHANT | SHEEPSHEARER | WINEMAKER |



by *Philologus*

© BiblePuzzles.com

Across

- 1 Resurrected by Peter (7)
 7 Paid for (6)
 8 Criminals (7)
 9 Burden (4)
 10 Back of the foot (4)
 12 Giving 10% (7)
 14 Brief stay (7)
 16 It's sown (4)

- 18 Gift bearers (4)

- 20 Oath (7)
 21 Sheep's coat (6)
 22 Dealers (7)

Down

- 1 Lights (7)
 2 Scripture (5)
 3 Life and knowledge for example (4)
 4 Desist (7)

- 5 Fell out of a window (8)
 6 Rocked (6)
 11 City where it's neither hot nor cold (8)

- 12 Instrument (7)
 13 Diana, maybe (7)
 15 One with a vision (6)
 17 Cast out (5)
 19 Tiny quantity (4)

Martin Mole By Bryan Jukes

The Raiders - Part 1

The shafts of October sunlight falling through the trees cast golden pools of light on to the woodland floor, highlighting clumps of fern, a ring of toadstools, juicy blackberries. The air was still and slightly steamy following an overnight shower of rain, and here and there, leaves fell from the trees, spiralling gracefully down to join others which were now beginning to carpet the woodland floor.

Martin Mole, Fred Frog and Wayne Weasel stood on a small hillock and looked around. The scent of fallen leaves, together with the rich, loamy smell of the damp earth filled the still air. Martin thought the woodland had never looked so beautiful and he felt very grateful that this was his home. As this thought hit him a bubble of happiness began to well up inside him; the woods, his friends, his comfortable home where he lived with his mother and father and, in a little while with luck, perhaps a breakfast of worm-bacon sandwiches. Could anything be better than this? Martin smiled contentedly and offered up a silent prayer of thanks to the King. In a place that was at the same time both near at hand and far away, the King smiled back.

Meanwhile, about a mile away on the other side of the wood a very different scene was unfolding. This side of the wood lay close to the road and in recent weeks there had been a great deal of man activity as work had begun to widen the carriageway.

This had meant using quite a lot of land that was alongside the old road and, as a consequence, several woodland families had been disturbed. At the same time as Martin, Fred and Wayne had been happily gazing around, a group of thin and hungry looking moles had gathered to decide what they should do. “We’ll have to move” said an old mole with a cough. “and we’ll have to move far enough away so that we’re not disturbed again”. The others nodded and murmured their agreement until another mole, this one younger, but still thin and scrawny, said, “If you think I’m going to spend my time digging new tunnels, you can think again”. There were more nods of agreement and murmurs of support at this, especially from the young adult moles. Most of the older moles looked shocked at this view but, as the young adults talked among themselves, support grew. An elderly female mole raised her voice “Well if you won’t dig tunnels, where are we going to live?” “Easy” said a young mole. “We’ll use someone else’s tunnels”. He stared at the crowd with glittering eyes. While many in the crowd laughed and seemed to support the idea, others weren’t so sure. “How’re you goin’ to do that then?” coughed the old mole. The mole with the glittering eyes continued to stare, and in a voice edged with menace, said “We just take them over. We kick out them as are there, and take their tunnels for our own.” The crowd fell silent. They might have had hard lives, living as they did on the edge of the road, but they had never before been encouraged to take action like this. The silence lasted for several seconds then a great babble of noise broke out. Some were for it, some were

against it, while others were simply confused. Different voices rose and fell until only two voices were to be heard, those of the old mole with the cough and the mole with the glittering stare. “You can’t do that, Jed Mole” wheezed the old mole, whose name was Percy. Jed Mole smiled thinly. “Things change. We’ve lost our homes through no fault of our own. Let somebody else lose theirs”. He shrugged indifferently. “I think we ought to go and see what’s about, find ourselves a nice place to live. Who’s going to come with me?” A number of young adult male and female moles pushed forward. “We’ll go tomorrow” said Jed Mole. “We might be gone for some days, so bring some food.” He turned and walked away with a smirk, leaving his group of followers eagerly chattering about the sort of places they wished to live in, and what they were going to do to any mole who resisted them. Percy mole walked away to the Old Moles’ Club where he could speak with other moles who, like him, didn’t like this turn of events, and discuss what they could do about it.

On the other side of the wood the morning sunlight continued to shine on Martin and his friends.

They parted company in high spirits and Martin thought his life was complete when, as he approached his front door, he could smell worm-bacon frying. He had no idea of the approaching cataclysm.



HELPLINES

Do you need help? There is someone who will listen

Women's Aid. 0808 2000 247 / www.womensaid.org.uk

Provides services for women and children who have been affected by the experience of domestic violence, rape and sexual abuse.

Refuge. 0808 2000 247 / www.refuge.org.uk

Refuge is the national charity which provides a wide range of specialist domestic violence services to women and children experiencing domestic violence.

Rape Crisis. 0808 802 9999 / www.rapecrisis.org.uk

Rape Crisis Centres offer a range of services for women and girls who have been raped or experienced another form of sexual violence.

National Domestic Violence Helpline. 0808 2000 247

The Freephone 24 Hour National Domestic Violence Helpline run in partnership between Women's Aid and Refuge

National Centre for Domestic Violence.

24 hour helpline: 0800 970 2070 / www.ncdv.org.uk

The National Centre for Domestic Violence (NCDV) provides a free, fast emergency injunction service to survivors of domestic violence.

NSPCC ChildLine. 0800 1111 / www.childline.org.uk

Free, confidential service for young people up to the age of 19. Get help and advice about a wide range of issues, talk to a counsellor online, send ChildLine an email or post on the message boards.

NSPCC Helpline. 0808 800 5000 / www.nspcc.org.uk/what-you-can-do/report-abuse/ 53

Free helpline service for anyone with concerns about a child's safety and wellbeing, even one in their own home. You can speak to a NSPCC counsellor 24 hours a day, 365 days a year. Advice and support is provided parents and carers and consultations with professionals are offered. We will listen to your concerns, offer advice and support and can take action on your behalf if a child is in danger.

Galop. 0800 999 5428 / London LGBT Casework Service: 0207 704 2040 / www.galop.org.uk/

Galop gives advice and support to LGBT people who have experienced hate crime, sexual violence and domestic abuse. LGBT domestic violence helpline:

Respect. 0808 802 4040 / [www.respectphoneline.org.uk /](http://www.respectphoneline.org.uk/) www.respect.uk.net

The Respect phone line is a confidential helpline offering advice, information and support to help you stop being violent and abusive to your partner.

Samaritans. 116 123 / www.samaritans.org

A 24-hour helpline for any person in emotional distress

SafeLives (formerly Co-ordinated Action against Domestic Abuse (CAADA)). 0117 403 3220 / <http://www.safelives.org.uk>

SafeLives is a national charity supporting a strong multi-agency response to domestic abuse. It provides practical help to support professionals and organisations working with domestic abuse victims, with the aim of protecting the highest risk victims and their children – those at risk of murder or serious harm. Unfortunately SafeLives does not provide direct support or advice to victims of domestic violence. However, if you are experiencing domestic abuse or are supporting someone who is in that situation, immediate help is available via the National Domestic Violence Helpline.

CONTACT INFORMATION

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