

# **The Benefice of Chew Valley East**

## **Morning Prayer for Sunday 24 August 2025, The Tenth Sunday After Trinity**

*If you wish to join in the service, then the words in **bold** are to be said together.  
Please join in with the Psalms and Canticles by reciting each one in its entirety.*

### **Preparation**

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

Blessed are you, creator of all,  
to you be praise and glory for ever.  
As your dawn renews the face of the earth  
bringing light and life to all creation,  
may we rejoice in this day you have made;  
as we wake refreshed from the depths of sleep,  
open our eyes to behold your presence  
and strengthen our hands to do your will,  
that the world may rejoice and give you praise.  
Blessed be God, Father, Son and Holy Spirit.  
**Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

### **The Word of God**

#### **Psalms 103:1-8**

<sup>1</sup>Bless the Lord, O my soul, ♦  
and all that is within me bless his holy name.

<sup>2</sup>Bless the Lord, O my soul, ♦  
and forget not all his benefits;

<sup>3</sup>Who forgives all your sins ♦  
and heals all your infirmities;

<sup>4</sup>Who redeems your life from the Pit ♦  
and crowns you with faithful love and compassion;

<sup>5</sup>Who satisfies you with good things, ♦  
so that your youth is renewed like an eagle's.

<sup>6</sup>The Lord executes righteousness ♦  
and judgement for all who are oppressed.

<sup>7</sup>He made his ways known to Moses ♦  
and his works to the children of Israel.

<sup>8</sup>The Lord is full of compassion and mercy, ♦  
slow to anger and of great kindness.

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

### **First Reading: Isaiah 58:9b-14**

<sup>9</sup>You shall call, and the LORD will answer;  
you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you,  
the pointing of the finger, the speaking of evil,

<sup>10</sup>if you offer your food to the hungry  
and satisfy the needs of the afflicted,  
then your light shall rise in the darkness  
and your gloom be like the noonday.

<sup>11</sup>The LORD will guide you continually,  
and satisfy your needs in parched places,  
and make your bones strong;  
and you shall be like a watered garden,  
like a spring of water, whose waters never fail.

<sup>12</sup>Your ancient ruins shall be rebuilt;  
you shall raise up the foundations of many generations;  
you shall be called the repairer of the breach,  
the restorer of streets to live in.

<sup>13</sup>If you refrain from trampling the sabbath,  
from pursuing your own interests on my holy day;  
if you call the sabbath a delight  
and the holy day of the LORD honourable;  
if you honour it, not going your own ways,  
serving your own interests, or pursuing your own affairs;

<sup>14</sup>then you shall take delight in the LORD,  
and I will make you ride upon the heights of the earth;

I will feed you with the heritage of your ancestor Jacob,  
for the mouth of the LORD has spoken.

## **Canticle**

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

<sup>1</sup>Blessed are you, God of Israel, for ever and ever, ♦  
for yours is the greatness, the power,  
the glory, the splendour and the majesty.

<sup>2</sup>Everything in heaven and on earth is yours; ♦  
yours is the kingdom, O Lord,  
and you are exalted as head over all.

<sup>3</sup>Riches and honour come from you ♦  
and you rule over all.

<sup>4</sup>In your hand are power and might; ♦  
yours it is to give power and strength to all.

<sup>5</sup>And now we give you thanks, our God, ♦  
and praise your glorious name.

<sup>6</sup>For all things come from you, ♦  
and of your own have we given you.

*1 Chronicles 29.10b-13, 14b*

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

## **Second Reading: Luke 13:10-17**

<sup>10</sup>Now he was teaching in one of the synagogues on the sabbath. <sup>11</sup>And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. <sup>12</sup>When Jesus saw her, he called her over and said, 'Woman, you are set free from your ailment.' <sup>13</sup>When he laid his hands on her, immediately she stood up straight and began praising God. <sup>14</sup>But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, 'There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.' <sup>15</sup>But the Lord answered him and said, 'You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water?

<sup>16</sup>And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?' <sup>17</sup>When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

## **Responsory**

Awake, O sleeper, and arise from the dead

**And Christ shall give you light.**

You have died and your life is hid with Christ in God.

**Awake, O sleeper, and arise from the dead.**

Set your minds on things that are above,  
not on things that are on the earth.

**And Christ shall give you light.**

When Christ our life appears you will appear with him in glory.

**Awake, O sleeper, and arise from the dead,  
and Christ shall give you light.**

*from Colossians 3*

## **Gospel Cantic: Benedictus**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

<sup>1</sup>Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.

<sup>2</sup>He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.

<sup>3</sup>Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,

<sup>4</sup>To show mercy to our ancestors, ♦  
and to remember his holy covenant.

<sup>5</sup>This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,

<sup>6</sup>Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.

<sup>7</sup>And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,

<sup>8</sup>To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.

<sup>9</sup>In the tender compassion of our God ♦  
the dawn from on high shall break upon us,

<sup>10</sup>To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace. Luke 1.68-79

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

## **Intercessions**

*To the words:*

Lay your hands upon our lives:

*Please respond:*

**and loose us from our bonds.**

Loving God, on this holy day  
we pray for freedom for the bowed down people of your world:  
freedom from warfare  
we pray for . . .  
freedom from hunger  
we pray for . . .  
freedom from injustice  
we pray for . . .

Lay your hands upon our lives: **and loose us from our bonds.**

Loving God, on this holy day  
we pray for freedom for those bowed down by suffering:  
freedom from illness  
we pray for . . .  
freedom from anxiety  
we pray for . . .  
freedom from the anguish of loss  
we pray for . . .

Lay your hands upon our lives: **and loose us from our bonds.**

Loving God, on this holy day  
we pray for freedom for those who live bowed down  
under the weight of distorted religion:  
freedom from fear;  
freedom from guilt;  
freedom from complacency.

Lay your hands upon our lives: **and loose us from our bonds.**

In the name of him who delights us  
by his acts of saving love for humankind,  
Jesus Christ, your Son, our Lord. **Amen.**

## **Collect**

Lord of heaven and earth,  
as Jesus taught his disciples to be persistent in prayer,  
give us patience and courage never to lose hope,  
but always to bring our prayers before you;  
through Jesus Christ our Lord. **Amen.**

## **Lord's Prayer**

Rejoicing in God's new creation, as our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Lead us not into temptation  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

## **Conclusion**

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life. **Amen.**

Let us bless the Lord.     **Thanks be to God.**

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