THE ANCHOR & KEYS

Bi-Monthly Parish Newsletter St Clement with St Peter, Dulwich



August / September 2025



The Parish Directory

Vicar : Rev'd Gemma Lau

gemmaklau@gmail.com 07427 922532

Website: Dulwich, St Clement with St Peter -

A Church Near You

Twitter: @stclementwithstpeter

Facebook: St Clement with St Peter, East Dulwich

Churchwardens: Elsa Joseph & Julie Whitney

PCC Secretary: Penny Shelley M.B.E.

penny.shelley@cityoflondon.gov.uk

Organist: Chris Caine

St Clement Orchard: Leonie Saywell 07516 052715

mrsrushour@gmail.com

Magazine Editor: Jane Packman

jane.packman@btinternet.com

Notes from the Editor.....

Thank you very much to those of you who responded to last times request for feedback about the magazine, it was so nice to hear that you like its content, that you find it not too long and enjoy its amusing parts as well as its mixture of articles - as Editor that's very reassuring to hear that we seem to have hit on the right format and I hope you continue to enjoy what's been called "a good read". Thank You

Deadline for articles for the October/November edition is no later than 21st September please.

I'm sure many of you will be enjoying the hot weather we've been having but I hope everyone is managing to keep comfortable and cool. Hopefully this lovely weather will continue to provide us with a brilliant Summer and if you're going away please stay safe

Take care, we'll be back in October



Clementine - the Church Mouse...

Welcome back to our 'Looking at 'article - Looking at God; Looking at Church; Looking at Community plus the items relevant to us in Clemantine Says.

Looking at God - Give Him a call ... The phone was a great invention. How easy, to press a few numbers on our small devices and speak to someone the other side of the world. Once a phone was a luxury item; now we take it for granted that this gadget in our pocket enables us to contact anyone, at any time, in any place.

However, how many times have you rung someone, only to be given a recorded message giving a variety of options? Then you must wait in a queue for ages before your call is answered. A voice informs you that 'your call is important to us' ... but meanwhile you are left waiting, listening to endless music.

Yes, a phone may be useful in all kinds of circumstances, but they can also be very frustrating! So, it's good to know that God can be contacted immediately we need Him.

Looking at Church - New reflections released to mark 1700 years of the Nicene Creed..... A new booklet of biblical reflections and prayers, We Believe: Exploring the Nicene Creed, has been recently released to support churches, small groups and individuals as Christians around the world mark the 1700th anniversary of the Council of Nicaea. Commissioned to mark 1700 years since the Nicene Creed's original development, and published by Church House Publishing, the booklet explores the theological depth and contemporary relevance of the Nicene Creed — one of the most enduring and universal expressions of Christian faith.

The Nicene Creed is one of the foundational statements of Christian belief, shared across most Christian traditions. It was first agreed at the Council of Nicaea in AD 325, a gathering of bishops from across the Christian world convened by the Emperor Constantine. The Council sought to resolve disputes about the identity of Jesus

Christ and affirmed that he is "of one being with the Father". The Creed was expanded in its present form at the First Council of Constantinople in AD 381. It sets out the Church's faith in the Trinity – Father, Son and Holy Spirit – and has been recited in Christian worship down the centuries as a shared declaration of belief, unity and hope.

Structured as a 24-day devotional, We Believe: Exploring the Nicene Creed invites readers to engage prayerfully with each phrase of the Creed. Through daily Scripture passages, thoughtful commentary, prayers and prompts for reflection, the booklet encourages individuals and communities to explore what it means to say "we believe" in the context of today's world.

Dr Michael Ipgrave, Bishop of Lichfield and Chair of the Liturgical Commission, said: "The Nicene Creed has been a cornerstone of Christian belief for 1700 years — a statement of faith that connects us not only to one another, but also to generations before us as well as to Christians across the world today. We Believe is a timely and beautifully written resource that will help churches explore this historic creed afresh, inviting reflection, deepening discipleship, and opening space for theological discovery. I warmly commend it to parishes, groups and individuals across the Church."

Ed - with Michael's past close connection with us here at St C w St P I thought you'd be interested to read what he has to say.

Looking at Community - did you know it was

150 years ago, that Hans Christian Andersen, Danish writer, died. Best known for his fairy tales, such as *The Emperor's New Clothes, The Little Mermaid, The Princess and the Pea, The Snow Queen, The Ugly Duckling*, and many more.

100 years ago, that the Welsh nationalist political party Plaid Cymru was founded. Today it holds four of the 32 Welsh seats in the UK Parliament, 12 of the 60 seats in the Senedd, and 202 of the 1,231 principal local authority councillors.

90 years ago, that John Hartley, British tennis player, died. He was the only clergyman ever to win Wimbledon, and in fact he was world number 1 player in both 1879 and 1880 – winning

Wimbledon both years.

80 years ago, that the US Army Air Forces dropped an atomic bomb on the city of Hiroshima in Japan. The centre of the city was totally destroyed, and about 80,000 people were killed immediately. A further 60,000 died by the end of the year, from injury or radiation. Hiroshima was the first city in history to be hit by a nuclear weapon. Also 80 years ago, hat the US Army Air Forces dropped an atomic bomb on Nagasaki, killing 40,000 immediately and more than another 33,000 by the end of the year. It was (so far) the last nuclear bomb to ever be dropped.

75 years ago, that Princess Anne, the Princess Royal, was born. **65 years ago**, that the Twist became a national sensation in the US, and triggered one of the biggest dance crazes, when singer Chubby Checker performed the song on the show American Bandstand.

60 years ago, that the Beatles' Album HELP! was released.

40 years ago, that the Manchester Air Disaster took place when a British Airtours Boeing 737 burst into flames after an engine caught fire and a fuel tank ruptured. 55 people were killed.

25 years ago, that Queen Elizabeth the Queen Mother celebrated her 100th birthday. (She died in March 2002, aged 101).

20 years ago, that Hurricane Katrina hit the Bahamas, Cuba and several southern US states. The city of New Orleans was flooded by 80 per cent when the levee system was overwhelmed. More than 1,800 peopledied. It was the costliest natural disaster in US history. **15 years ago**, that the Copiapo Mining Accident in Chile took place.

A cave-in at the San Jose copper and gold mine trapped 33 workers 700 metres underground, and an international rescue operation was launched. The workers were brought to the surface on 13th October, 69 days later. Around one billion people watched their rescue on TV.

10 years ago, that Cilla Black, pop singer and TV presenter died. Known for her hit song *Anyone who had a heart* and for presenting *Blind Date* and *Surprise Surprise*.

Clementine Says... We have good news, we now at last have 2 churchwardens. You can read about them further on in the magazine - Elsa and Julie - they were 'sworn in' by the Archdeacon at our service on St Peter's Day. Not only that but we also have 2

new members to the PCC - Patricia and Peter - welcome to you all in your new roles. Next month we have our Summer Fayre to look forward to, please remember that this is 1 of 2 major fundraising events for us and we need your help not only to bring your families and your friends to support us but also to help with the stalls and activities if you are able - please speak to Penny for more info. At the time of writing this the heatwave continues so please all stay safe, and cool and if you're going away or on any journeys please remember to take water with you and keep hydrated.

Until next time.....

Clementine



Your 'ladies' in uniform Update

My 'Belfast' adventures with the 'Crystals' Trefoil Guild lived up to expectation and we had a fantastic time and despite successfully dodging the rain we saw all of the things that I'd told you last time was on our itinerary. The landscape was amazing, the history imparted by our city tour bus driver was SO interesting, the Giant's Causeway was certainly awesome and the Titanic Museum was quite emotional and awesome.

Yes, some of the city looked a little downtrodden but where isn't nowadays but this was certainly made up for by the friendliness of its people.

And yes I did try a half of Guiness and was quite pleasantly surprised, although I possibly wouldn't actually buy another out of choice, if I was



presented with one I certainly now wouldn't refuse it. At our AGM on the Saturday following all of the usual updates, treasurer's reports etc we were absolutely mesmerised by the inspirational speaker who was a serving NI police officer who had suffered a catastrophic stroke at the age of 36 which had resulted in her having 'locked in syndrome' unable to speak, move any part of her body except for her eyelids and her monumental fight and determination to get back to as near as possible a 'normal life' which beyond all expectations of the medical professionals, work colleagues and friends and family she has finally achieved, although still without the use of 1 arm and as she says 'a funny walk' after a lot of hard work, blood, sweat and many tears and in her words sheer bloody mindedness plus intense therapy over 18 months she has now regained her speech and mental abilities even to the point of studying and passing her Detective's exam whilst in therapy, and having also passed her firearms test as all NI police officers have to she is now once again a serving member of the NI Police Force. As you can imagine a lot of us shed a few tears during her speech and she got a very well deserved standing Next year it's to be held in Scarborough (somewhere else I've never been) so we've already made our reservations for

Work continues with my Bronze
Voyager Award, my Stained Glass classes
have now come to an end and I am
extremely proud of my achievement.
My next project towards this award is to
produce my Family History, I have many
items which I started working on several
years ago but they really need to be put
into some sort of order as they are
currently just odds and ends and need to
be collated into a readable format.

that!



However, if nothing else, it does prove that I am related to William Pitt the Elder & Younger on my maternal side.

I'll be back with more update next time......

Jane

A note from the Vicar..... The Rev'd Gemma Lau



Dear Readers,

I am delighted to share in this edition the news of our new PCC members—Patricia Williams, Peter Cattrell, and Julie Whitney—and the wonderful blessing that we now have churchwardens once again: Elsa Joseph and Julie Whitney. Julie comes to us from St John's, East Dulwich, and we are so glad to welcome her as churchwarden here at St Clement with St Peter. You can read more about Julie, Patricia, Peter, and Elsa in this magazine. It has been such a joyful few weeks in the parish. We celebrated St Peter's Day with Archdeacon Jonathan and a wonderful, well-attended parish bring-and-share lunch, which truly felt like a community coming together. The Orchard has also been flourishing. Thank you to all the volunteers who help nurture it and keep our gardens so lovely, especially during these challenging heatwaves and the exponential rate at which everything grows in these summer months. Your hard work is a real gift to us all.

As I write this, we've just received the very sad news that John King has passed away. Though I only had the privilege of meeting John towards the end of his life, when I visited him in the care home, I have heard so much about the enormous role he played in the life of this church. John was many things to many people: churchwarden, treasurer, organist, choirmaster, friend, and prayerful companion. A friend of his described him to me as one of the "backbones" of this church. Along with his beloved late wife, Joy, John was clearly a very important and valued presence in our church community. His generosity also meant that we have been able to install heating into our church, ensuring that it remains a warm and welcoming space for all. Please keep John, his family, and all those who loved him in your prayers. May John rest in peace.

Looking ahead, we have the Summer Fayre on 7th September, and our Harvest Festival Mass (when we will be collecting for the Manna

Society) and another bring-and-share lunch on 5th October. It will be lovely to welcome you to these, or to chat a bit after one of our Sunday services. If you are unable to get to church and would like me to visit, or if there is anything you would like to speak to me about please do not hesitate to get in touch.

Finally, once again, huge thanks to Jane Packman for putting this magazine together and for all the time and effort, and love, that goes into this.

With warmest wishes and assurance of my prayers,

Revd Gemma

Meet the new members of the Team.....

Our 2 Churchwardens -Elsa & Julie

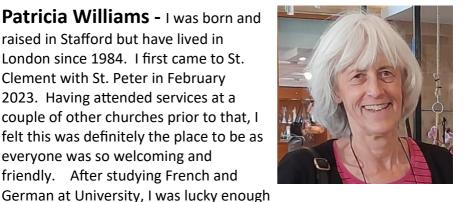


Elsa Joseph - is already well known to us having previously served as a PCC member, Deanery Synod Representative and as a Churchwarden during Cecile's incumbency.

Julie Whitney - I was born and grew up in South Yorkshire - the eldest of four - three of us have ended up living near to each other in South London. My mother church was a 'St Peter's' where I was an acolyte, played in a small music group, helped with the creche and enjoyed taking part in the occasional plays put on by our vicar at the time. I came down south to do a degree in physiotherapy and in the 1990's got my first job as a rotational

physiotherapist at Guy's and St Thomas' hospital. Apart from a short time out to travel, I have worked in either Southwark or Lambeth ever since and lived in Brixton, Forest Hill, Catford and now Peckham. I specialised in healthcare for older people and went on to do a PhD investigating why older people who have developed memory problems are more likely to fall over. Since then, I have combined clinical work at King's College Hospital with research and teaching at King's College London. It makes for a busy but varied job! I met my husband Rohan through work and next year we will have been married for 20 years. We have three children aged between fifteen and eighteen. All of whom went to St John's and St Clements school. I have been part of the congregation at St John's East Dulwich since we moved to Peckham in 2007. I spent 8 years on the PCC, 6 of those as churchwarden and have also served on the deanery synod. I enjoy working with children and young people, leading our Sunday school and more recently setting up and running Messy Church – which can be as messy as it sounds! When I am not working, spending time with my family or looking after churches, I enjoy cycling, walking our very old dog and going to I am looking forward to getting to know the people of St Clements with St Peter better and excited to share in the life of the church.

2 new members of the PCC -Patricia Williams - I was born and raised in Stafford but have lived in London since 1984. I first came to St. Clement with St. Peter in February 2023. Having attended services at a couple of other churches prior to that, I felt this was definitely the place to be as everyone was so welcoming and friendly. After studying French and



to get a secretarial position at The Institute for Ecumenical Research in Strasbourg where I stayed for almost five years and was

able to make good use of my languages whilst there. When I came back from France, I worked in various foreign banks in the City until taking semi-retirement in 2022 since when I have been working on a part time basis in a private capacity for one of my previous employers. He currently acts as a Senior Advisor to a Mergers & Acquisitions company and is also involved in the film and TV world, so the work is guite varied and interesting.

I was recently invited to become a member of the PCC. Having not done anything like this before, it as a new challenge for me. In my spare time I attend a tai chi class, go Nordic Walking and sing (badly) in a Gospel choir. I also enjoy reading, baking and going to the cinema.

Peter Catterell - I was born in Glasgow, but my parents moved

to Edinburgh when I was four. I was hugely into sports at school, and went to St Andrews to study history. I then came to London to study photography, film, and TV at the London College of Printing, and have been based here ever since. Initially I worked with Fay Godwin-printing her exhibitions, and I did many portraits for magazines. being a freelance is difficult, and I taught part time at the UAL for 38 years but have retired from teaching,



although I am active with creative work, and freelance jobs. I exhibit landscape photographs, and have work in many national collections. I first came to St Clement and St Peter church because we wanted to get our two daughters Flora and Tilly christened, and then got more involved, initially with the sunday school, doing readings, but also with the fairs, and recently the orchard. The girls went to Goodrich primary school and then Charter. Flora graduated last year with a degree in Animation from LCC, and Tilly has completed her apprenticeship at Headmasters hair salon, as well as previously working at the National Theatre. My wife Charlotte is a textile artist, and has a busy time exhibiting her work. My other pastime is playing golf, and watching Surrey at the Oval when I can.

In Memorium JOHN KING 1927 - 2025

I knew John for more years than I care to remember.

We met at St Peter's Church in the 1960s where he was the organist. John and I later became Church Wardens together during the 1980s and when we joined with St.Clement's.

We were a good team, John concentrated on the bookkeeping tasks while I did more of the people tasks. I remember, in particular, when couples came to discuss their wedding bans, I was usually frightened about a mistake in entering their details in the books. So, while I was talking to them, John wrote their details in the books - with no mistakes!

John was a quiet, unassuming man and very much a traditionalist. When John was the organist, Marie Ottaway and I were always asking to play some more modern hymns. But John insisted that he couldn't do so as we didn't have the appropriate licence. John had a dry sense of humour and sometimes couldn't resist teasing me about the social club of which I and Jane Packman and Pam Tipple were members — although John knew full-well that the club was called 'Lively Minds', he couldn't resist calling it 'Tiny Minds'. It was always taken in good part.

John wasn't someone who sought the limelight – it's not been easy

for me to find a good photo of him but thanks to his great-niece we've found one! John was extremely generous towards our Church finances, donating the funds to pay for the railings around the Church grounds in memory of his wife Joy and in contributing generously to the new heating installation.

He was truly a gentle man in every sense and will be missed greatly.



Win Mitchell

The Camino de Santiago

By Miranda Wightman who in Rev Gemma's words is the excellent Chair of Governors at St John and St Clement school.

I first read about the Camino de Santiago in a book many years ago and knew it was something I wanted to do. And yet, as always, there were other things to think about and do and life carried on. Then, in March 2023 a very dear friend of mine died unexpectedly and I



realised that you can't keep putting things off for 'the right time'. So, 2023 would be the year for me to finally go and I set a start date of 1st September. The Camino is an old pilgrim route ending at Santiago de Compostela in Northern Spain. St James was one of the 12 apostles of Jesus, he was beheaded in AD44 and as he had been in Spain his body was carried to Galicia and buried in the hills. 800 years later a shepherd followed a star and found his remains in the field. It was confirmed by the bishop as the remains of St James and a church was built on the spot, which grew to be Santiago. Pilgrims began to travel from far and wide to touch his bones, which are stored in the church, and are considered to bring good luck. By the end of the 12th century 250K pilgrims were making the journey annually. In Roman times the word pilgrim meant he who walks across other lands and in the Middle Ages a pilgrim was said to be He who goes to the house of Santiago in Galicia or returns from it (Dante) - this distinguished them from a roamer who was going to Rome or a palmer who was going to the Holy Land. The following centuries with the Black Death and Protestant Reformation. sweeping across Europe saw a decline in numbers and it wasn't until the 1970/80s that interest in the route was rekindled. A local priest

wrote a thesis on the route and began painting symbols on the road to mark the way. From this the Camino has only grown in popularity with nearly half a million people claimed a

Compostela in 2024

Pilgrims take a scallop shell and passport with them when they walk the Camino, allowing them to sleep in communal albergues and prove they have made the journey. The scallop shell is a symbol for Santiago - traditionally it was collected from the beaches of Finisterre (literally 'the end of the earth') where pilgrims could walk to after Santiago or bought at the cathedral. These pilgrims would then be distinguished as having completed their journey as they retraced their route home.

There are seven key routes through Spain that converge on Santiago but many of them stretch further across Europe - they are Camino French, Primitive, Northern, English, Portuguese, Finisterre/Muxia, and Silver Way.

Although the majority of pilgrims walk, the route can be completed by bicycle or horseback and I planned to cycle it. Previously, I have completed many long-distance bike rides across Europe and central America with the family but following my friend's death this was something that I wanted to do as a solo traveller. My starting point was to be at Le Puy en Velay in France, one of the traditional French starting cities which formed the Via Podenaise to St Jean Pied de Port, where the Camino Frances began.

I began my journey at 7am in the Cathedral in Le Puy. Every morning there is a Pilgrims Mass where the priest asks where people are from and provides blessings for the journey ahead. We were all given a small silver scallop shell to carry, which I still wear. I lit a candle for my friend there and planned to light one again in the cathedral in Santiago.

It's hard to put into words the entire wonderful experience of the Camino. I cycled on average 80km a day, and stayed in a mixture of albergues in mixed or private dorm rooms, hotels, gites and some

campsites (I carried a tent with me). I didn't have anything booked so I was free to decide where to stay each night. Journeying through both France and Spain for over 1800km in total took me past many different sights and pilgrims. In France it was far quieter with many being a part of small groups walking a section each year. The Camino itself was a mixture of paths and quiet roads and the gites often provided communal meals, a lovely way to meet people and brush up on any French! It was a beautiful route from the volcanic region of Le Puy through the Cele river valley via Cahors and Figeac, with the path passing through small towns and villages to reach St Jean Pied de Port at the foothills of the Pyrenees.

St Jean is incredibly busy as one of the most popular starting points for the Camino. It was quite a shock after quiet roads and often seeing only 5-20 people in the hostels at night to arrive in a town full of people about to start walking. There was much discussion in the hostel about the route over the Pyrenees, not helped by everyone receiving weather warning alerts from the French authorities on their mobiles. Everyone was in St Jean: new walkers, Camino veterans, people from 5 or 6 different European and North American countries; one person had resigned from their job to walk, another wanted time to decide on a career change; there was a Methodist priest, a couple of students and pilgrims of all ages

represented. The route over the Pyrenees was a long climb but fortunately not too steep and I actually ended up cycling that day to Pamplona, a distance of 90km. The route through Spain passed major cities such as Burgos and Leon, with huge grand cathedrals in contrast to the many tiny churches and chapels en route, but all so fascinating to visit. As the miles counted down, the final goal became larger and more real. It was an amazing experience to finally arrive in Santiago - the square packed with people arriving and celebrating, or



My Compostela Certificate

sat quietly on the edges contemplating their own journey. It felt emotional to have reached the destination and reflect back on the whole journey, the many people who I had met on the way and talked to, the beautiful scenery and churches, and the sense of achievement from cycling over 1800km completely on my own. Even in your own personal reflections, there is a wonderful sense of camaraderie between everyone sharing experiences and reasons for walking, and the awareness of following in the footsteps of hundreds of years of pilgrims. As you walk this spirit shines through at all times as you constantly hear friendly calls and shouts of Buen Camino (or Bon Chemin in France), the traditional greeting between pilgrims literally meaning 'good road'. Pilgrims can also gather for services in Santiago Cathedral, a fitting end to the whole journey. I lit another candle here for my friend. I found the Camino to be a liberating experience, the freedom to travel independently by bike with my only major decisions being where to stop for coffee or where to aim for the night. There was freedom to think and reflect whilst enjoying the culture and food of other countries.

It is no surprise then that in May/June of this year I returned to Spain and cycled the Via de la Plata (The Silver Way) from Seville to Santiago - this was a very different journey, far fewer pilgrims but wonderful remote countryside with some challenging hills!

The current heatwave made the first few days hard. At times the track was just a cart path through fields full of flowers and at one point I had to carry my bike across a wide stream where the bridge had gone, knee deep in water! The cities of Merida and Salamanca provided wonderful cathedrals and ruins but the highlight was when I arrived at Santiago and saw the Botafumeiro in action at the Pilgrims' mass in the cathedral. I had not been able to see this incredible sight last time - a huge incense burner hoisted on ropes and swung across the entire cathedral in great arcs over the pilgrims' heads, provoking an awed and emotional response from the congregation.

I would recommend the Camino to anyone interested in the journey and shared experience, you can walk (or cycle!) as much or as little as you feel able, with no time limit on completion. If you would like further information the London Camino office at Blackfriars can provide books and guidance or I am happy to share my more detailed online journal.

The only thing left to say is...
Buen Camino



Autumn Equinox - When the sun goes edgewise, and daytime equals night -

22nd September is the autumnal equinox (if you live in the northern hemisphere) or the vernal (Spring) equinox (if you live in the southern hemisphere). The equinoxes occur in March and September, when the Sun is 'edgewise' to the Earth's axis of



rotation, so that everywhere on earth has twelve hours of daylight and twelve hours of darkness.

An easy craft to do with the children over the holidays

ORIGAMI TIGER BOOKMARK

Equipment required:

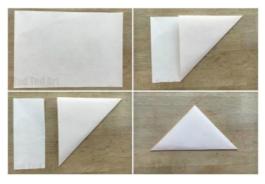
Orange square paper (A4 folded in half and cut down to approx 21 x 21cm)

Orange, beige, black, white paper scraps (or work with what you have and improvise)

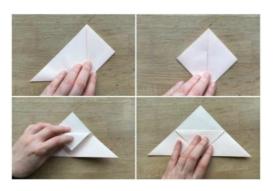
Black felt tip pen

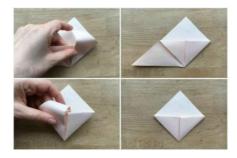
Scissors

Glue stick



- Take your A5 sheet of paper and fold over one corner to create a triangle.
- Cut off the excess and rotate your triangle so the long edge is at the bottom and the right angle faces up.





- Now fold the flaps you created back up and tuck INTO your bookmark.
- Repeat for the other side
- Congratulations, you have just created your basic Origami
 Corner Bookmark! Now add some extras to decorate it.











Now you can try making more as other animals or monsters!

The Recipe Slot The Recipe Slot



It's Barbecue season so here are 2 easy recipes that are sure to please both adults and kids alike......

Halloumi Kebabs with thyme & lemon baste

For the kebabs

2 medium courgettes1 large red onion250g low fat halloumi cheese16 cherry tomatoes

For the lemon baste

- 1 tbsp olive oil
- 2 tbsp lemon juice
- 2 tsp fresh
- 1 tsp Dijon mustard



- 1. Halve the courgettes lengthways, then thickly slice. Cut the onion into wedges and separate into pieces. Cut the Halloumi into 16 chunks.
- 2. Thread the halloumi, cherry tomatoes, courgettes and onion onto eight skewers. Cover and chill the kebabs until you are ready to cook (You can do this up to half a day ahead.)

- 3. To make the baste, mix together the olive oil, lemon juice, thyme, mustard and seasoning. (This can be made ahead and chilled too.)
- 4. Preheat the barbecue or grill and arrange the kebabs on the rack. Brush with the baste, stirring it first to make sure the ingredients are blended. Cook for 4-5 minutes, turning often, until the cheese begins to turn golden and the vegetables are just tender.

Barbecue Banoffi Splits

40g butter
50g light brown soft sugar
½ tsp vanilla extract
6 small ripe bananas (unpeeled)
Chopped pecans, ice cream or
whipped cream to serve



- Combine the butter, sugar and vanilla extract. Split the inside curve of each banana with a knife, being careful not to cut all the way through.
- Spread a spoonful of the butter mixture into each split, then
 put the bananas, split-side up, onto individual sheets of foil –
 they should be large enough to encase the bananas
 completely.
- 3. Crimp the edges of the foil to seal the parcels. These can be prepared the day before just chill until you're ready to cook.
- 4. Heat a barbecue to low or until a thin layer of coals has turned grey. Cook the parcels for 15 mins, turning once.

The Story behind the HYMN...

John Mason Neale, hymn writer and re-writer

If you are the sort of person who looks at the small print beside hymns in the hymnal, then you may recognise the name J. M. Neale. For not only did he write some of our most beloved hymns, but he also



translated many dozens more from the Latin, old German, or old French. J. M. Neale was so prolific, in fact, that fully one-tenth of the hymns in our *English Hymnal* are his.

So, who was he? Born in London in 1818, educated Trinity College Cambridge, and ordained in 1841, he was aiming for the parish of Crawley. But chronic ill health left him too weak for parish life, and so he was appointed warden of an alms-house in East Grinstead, where he lived and worked for the rest of his life.

Neale used the peace and quiet of his job to good effect: producing All glory laud and honour, Jerusalem the golden, O happy band of pilgrims, The Day of Resurrection, O come, O come Emmanuel, and Christ is made the sure foundation, among many many others. But Neale's writing of hymns was only part of his wider passion for the worship and liturgical practices of the Early Church. At a time when Anglo-Catholics were 'in fashion', Neale provided an important balance by reminding the Church of its largely forgotten Eastern heritage.

1. Jerusalem the golden!
With milk and honey blest;
Beneath your contemplation
Sink heart and voice opprest.
I know not, oh! I know not,
What joys await us there,
What radiancy of glory,
What bliss beyond compare.

- 2. They stand, those halls of Zion, Conjubilant with song, And bright with many an angel, And all the martyr throng; The Prince is ever in them, The daylight is serene; The pastures of the blessed Are deck'd in glorious sheen.
- 3. There is the throne of David,
 And there, from care released,
 The shout of those who triumph,
 The song of those who feast,
 And they, who with their Leader,
 Have conquer'd in the fight,
 Forever and forever,
 Are clad in robes of white.
- 4. O sweet and blessed country, Shall e'er I see your face?
 O sweet and blessed country, Shall e'er I win your grace?
 Exult, O dust and ashes!
 The Lord shall be your part;
 His only, his forever,
 You shall be and you are.

This hymn was translated from part of a satiric poem of almost 3000 lines, "De Contemptu Mundi", written around 1145 by the 12th century monk Bernard of Cluny. In his introduction to the 3rd edition of *Mediaeval Hymns and Sequences* in 1867 Neale noted that "Jerusalem the Golden" had already been published in 20 hymnals. As well as being adopted for Church of England services, it had become popular with English Dissenters and was being used in Roman Catholic churches. He remarked that "for the last two years it has hardly been possible to read any newspaper which gives prominence to ecclesiastical news, without seeing its employment chronicled at some dedication or other festival".

Prayers & Poems

Nigel Beeton writes: "We're nearly at the end of the sad 80th Anniversaries, but perhaps the last one is saddest of all, as so many died in such a short moment – we have to mark the date that the world changed forever."

6th August 1945

A day like any other (Though wartime days are hard) He said 'farewell' to mother Set off through streets bomb scarred.

The weather now was warming, The sun shone in the sky The siren screamed a warning – A single plane up high.

He saw the plane quite clearly
The silver 'gainst the blue;
He shrugged, now wartime weary
What harm can one plane do?

A light, intense, astounding
A fearsome blast of heat
Destroyed the world around him
And blew him off his feet.

He lay, all burned and broken Amidst that ruined hell His agony unspoken – His throat was burned as well.

So many like him, dying In fearful silent pain Their voices, though, are crying, "This can't be done again."

By Nigel Beeton

Ed: This is fun... for all fishermen out there!!



To a Fish of the Brook

Enjoy thy stream, O harmless fish; And when an angler for his dish, Through gluttony's vile sin, Attempts, the wretch, to pull thee OUT God give thee strength, O gentle trout, To pull the rascal IN!

By John Wolcot (Peter Pindar) 1738 – 1839



To all of our Church family who celebrate their special day during August & September (under 16's Birthday's are in *italics*).......

AUGUST: Nana, Harry & Octavia, Jane P, Jo, Heather, Helen P

SEPTEMBER: Verity, Tony & Hannah

MANY HAPPY RETURNS TO YOU ALL ...

If you know of anyone's birthday I have forgotten or don't know about please tell me so it can go on the list for next year! Ed

Random Observations on Life....

In praise of stalwarts - In our church (like many others I'm sure) we have suffered several losses of members recently and we will miss those people dearly. They leave a huge gap in our fellowship, because they have been 'stalwarts'.

'Stalwart' is a Scottish word usually applied to someone who is physically strong, hardy, robust and courageous.

It is used nowadays to describe someone who is loyal and reliable, hard-working and deeply committed to a cause, especially over a long period of time. At the same time, it may give a slight suggestion of someone who is not very exciting, even a little boring because they never seek the limelight or do anything particularly dramatic. Most churches would not function without a good number of stalwarts because they are foundational people. They are the ones we all rely on to do the jobs that need doing without fuss. They are always there, and we can depend on them, but it is easy to take them for granted. And that is the danger.

Stop and think for a moment about the stalwarts you know. Who are they? How can you encourage and appreciate them? And if you are a stalwart yourself, don't undervalue your contribution.

You are vital to our church's stability! Thank You

Those long car journeys of summer - Are you taking a LONG car journey as part of your holiday this summer? Beware: hours on the road can leave you tired, a bit travel sick and with aching muscles. Tiredness is the most serious – at least if you are the driver! It is reckoned that 10-20 percent of all car crashes are due to sleepy drivers. So, try and get enough sleep the night before, as research in Queensland, Australia has shown that drivers with less than five hours sleep are just as likely to crash as if they were over the legal limit for alcohol. Take breaks, and keep air flowing well through the car. Motion sickness can be another hassle – and it affects around one in three of us. Though curiously enough, drivers hardly ever suffer from carsickness – just the passengers.

Gut discomfort is another problem – on long car trips we tend to drink less, go to the toilet less, snack at odd times on junk food, and not move for hours. No wonder we feel sluggish and bloated. So – when you stop for regular breaks, take the trouble to walk about. Drink plenty of water, and eat healthy snacks like bananas, apples and nuts. Finally, avoid tight clothes on a long trip. They only put extra pressure on your abdomen. Instead, opt for loose-fitting trousers or skirts which have some 'give' around your tummy.

Wildfires in the UK - If you venture into the countryside this month, be careful and stay vigilant: be wildfire aware. So warns the National Fire Chiefs Council, after a record-breaking season for wildfires. The concern is based on some alarming data. By June (the most recent data on hand) firefighters had responded to more than 500 wildfires across England and Wales. That was a 717 per cent increase on the same period as last year, and more than double the number seen in 2022. Dry, sunny weather this Spring created ideal conditions for wildfires, which thrive on plenty of dead and dormant vegetation, and spread rapidly.

ST CLEMENT'S HERITAGE ORCHARD

Can you help - Volunteers meet on the 2nd and 4th afternoon of each month 2-4pm Please come and join in if you can for weeding and pruning and planning for future planting. Please bring gardening gloves and a trowel, we can supply spades.

There will also be tea and cake supplied.



St James the Least of All.....



Historically, the Church of England has had its share of eccentric clergy. Even nowadays, hiding away in remote parishes, there are still some colourful clergy about. Clergy such as the elderly, Anglo-Catholic Uncle Eustace, who is incumbent in the small parish of St James the-Least-of All, somewhere in Very Rural

England. Eustace despairs of his nephew, Darren, who has become an Evangelical curate in a busy urban parish... and so he writes letters, to try and properly 'educate' Darren in parish life.

Rev'd Gemma would like to ensure that readers are aware that this regular article is a very tongue in cheek, comical outlook on Parish Life and in no way indicative of how the church of today actually works.

On the annual war of pumpkin growing.....

The Rectory
St James the Least

My dear Nephew Darren,

Anyone who thinks that the English are a peaceful race has obviously never organised the annual pumpkin growing competition. Very regrettably, one of the Pilgrim Fathers sent a handful of pumpkin seeds to a relation in this parish in the 17th century and ever since, the church has been obliged to hold an annual competition to see who can grow the largest. I suspect some of the original recipients of those seeds still compete. There is a certain irony that the church, which is supposed to promote peace and harmony, sponsors the most war-like activity in the annual calendar. Mobilisation starts at the beginning of the year when seeds are planted. From that moment on, every other potential entrant is regarded as the Enemy. Once seedlings are planted out, then heavy armaments are placed at boundaries to deter possible

invasion. By late Spring, paranoia has taken over and rumours begin to circulate of espionage and sinister undetectable herbicides. Anyone in the village with a beard is looked on with deep suspicion. In the weeks before the competition, homes, partners and children are abandoned, as contestants talk to their pumpkins by day and snuggle up with them at night. Should bad weather arrive at this point, then I am blamed for not having prayed sufficiently fervently for sunshine and light rain. If only I had such influence. On the day before the show, tables are put out and woe betide anyone who places their cake stand where Mrs Cholmondeley has put her tea urn for the past 25 years; she now believes she has squatters' rights to that place, and any challenge to her claim would probably result in litigation. I find this competitive spirit a little bemusing, as for the last 25 years, the Earl of Stowe has always won first prize. That his mother, the Dowager Countess, is the judge, is, I am sure, pure coincidence. That she has arrived for the past three years with a white stick and accompanied by a golden Labrador does, however, raise doubts. To award the Earl any prize at all does seem a little unfair, when the only time he ever gets mud on his boots is when he falls off his horse while hunting. I suspect he would be hard pressed to find where the kitchen garden is on his estate. But to give any credit to his gardening staff would be seen as bad form, so we all keep quiet. It has been tentatively suggested that another judge should be appointed, but no one has so far had the courage to step forward. They may have the privilege of nominating the winner, but they would also have to face a 12 month period of hatred from all those who were not successful. Christmas card lists will be amended. Families may have sat next to them in church for generations, but would suddenly find it more congenial to worship in another part of the church. Letters would be strangely mis-delivered, and the butcher's boy would suddenly deliver lamb when pork had been ordered. Who could dare to take on such a poisoned chalice? Your loving uncle,

Eustace.

CROSSWORD

Across

- 1 'The people were at his teaching' (Mark 1:22) (6)
- 4 'He saved —; let him save himself' (Luke 23:35) (6)
- 8 He addressed the crowd in Jerusalem on the day of Pentecost (Acts 2:14) (5)
- 9 Father of James and John (Matthew 4:21) (7)
- 10 One who charges another with an offence (Job 31:35) (7)
- 11 '— thy ministers with righteousness' (Book of Common Prayer) (5)
- 12 and 15 Down 'All is God-breathed and is for teaching, rebuking, correcting and training in righteousness' (2 Timothy 3:16) (9,6)
- 17 'No of the field had yet appeared on the earth and no plant of the field had yet sprung up' (Genesis 2:5) (5)
- 19 Made to feel embarrassed (Isaiah 24:23) (7)
- 21 This man built his house on sand (Matthew 7:26) (7)
- 22 David's hypocritical message to Joab on the death in battle of Uriah: 'Don't let this you' (2 Samuel 11:25) (5)
- 23 Detest (Job 10:1) (6)
- 24 'God made two great lights, the greater light to govern the day and the light to govern the night' (Genesis 1:16) (6)

Down

- 1 To make a serious request (1 Corinthians 1:10) (6)
- 2 Launches an assault against (Genesis 32:8) (7)
- 3 'The wicked man deceptive wages' (Proverbs 11:18) (5)
- 5 Tuba ale (anag.) (7)
- 6 'The day thou gavest, Lord, is '(5)
- 7 Old Testament measure of weight, equivalent to about 12 grammes (Exodus 30:13) (6)
- 9 Where Elijah restored life to the son of a widow with whom he lodged (1 Kings 17:10) (9)
- 13 Paul said of whatever was to his profit, 'I consider them , that

I may gain Christ and be found in him' (Philippians 3:8) (7)

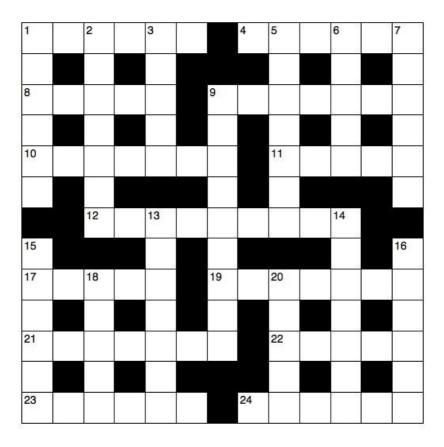
14 City visited by Paul, described by the city clerk as 'the guardian of the temple of the great Artemis' (Acts 19:35) (7)

15 See 12 Across

16 Rioted (anag.) (6)

18 She had a surprise when she answered the door and found 8 Across outside (Acts 12:13) (5)

20 Maltreat (1 Chronicles 10:4) (5)



Answers to the crossword are printed at the bottom of God in the Arts page



Wordsearch — The Transfiguration

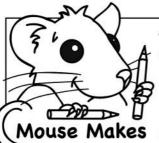
The story of the Transfiguration is told in Matthew (17:1-9), Mark (9:1-9) and Luke (9:28-36). On that day, high up on a mountain, Peter, James and John were given a glimpse of Jesus' true glory. For Jesus' face began to shine as the sun, and his garments became white and dazzling. Then Elijah and Moses, suddenly appeared, talking with him.

Overwhelmed, Peter offered to build three tabernacles on that holy place, one for each. But God's 'tabernacling', or God's *dwelling* with mankind, does not any longer depend upon building a shrine. It depends on being in the presence of Jesus, instead. And so a bright cloud covered them, and a voice spoke, saying that Jesus was his beloved son, whom the disciples should 'hear'. God's dwelling with mankind depends upon our *listening* to Jesus.

Why did Moses and Elijah appear? They represent the Law and the Prophets of the Old Covenant, or Old Testament. But now they were handing on the baton, if you like: for both the Law and the Prophets found their final fulfilment in Jesus, the Messiah.

Transfiguration, high, mountain, glimpse, glory, shine, sun, garments, dazzling, appeared, moses, tabernacles, holy, dwelling, shrine, presence, Jesus, bright, cloud, mankind, listen, law, prophets, handing, fulfilment

ENNIOAUIIDLALRPBLOAIEHMWENNLGRIETIERDTDORPNIEOOBHTIDHUGSAFNSWSNNSALRNOOLURETUAYESRNDWELLINGEUENGSUGHEHFYCMANKINDIGSHRINESNPGHILSTIEELGUPTNPSDMLNLFGMJHAONLENEMNYASELCANREBATESASANIATNUOMHRWGHYPTASTEHPORPEEPRTSBRIGHTSHAGDHOEDNYTATOECIGNILZZADERSASAUDOEGPOAHS



Our

"Now Jesus was praying in a certain place, and when He had finished, one of His disciples said to Him, "Lord, teach us to pray..."

And He said to them, "When you pray, say..."

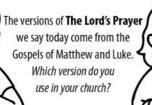
in a He is

| in | |
|------------------|-----------------|
| hallowe | ed be your |
| 10-10-10-10-10-1 | , your |
| | come, |
| your | be done, |
| on | as it is in |
| | |
| Give us to | day our daily |
| | |
| | us our |
| <u>S</u> | as we forgive |
| | sin against us. |
| | s not into |
| | |
| but | |
| us from _ | · |
| For the | kingdom, |
| | and |
| | are |
| yours now | and forever. |
| | Amen |
| | |

D T E O P R G O D F E E B R E A D I O M G T O P P G S R P W R T E O L C G T L E E N W O I I A O S C T E R P V T R P T A R Y L E I D A I N A M E N O S S O C D A S E N P S N E V F W S K P E V I L A I S I R S I N S T L Y N A E A R T H L Y N A E A R



Fill in the missing words of the Lord's Prayer then find them and these extra words in the word search: LORD'S PRAYER DISCIPLES **JESUS** GOD WORLD NEEDS FORGIVENESS TRESPASSES **PROTECTION** REPENTANCE







July25 © deborah noble • parishpump.co.uk

God in the Arts

He gave us eyes to see them:

John Martin's 'Manfred on the Jungfrau'



As we start looking with eager longing to holidays, a chance to get away from it all – to rest and recharge the batteries of life.
Holidays are also a time to explore and visit new places. It might be the wild splendour of the

Northumberland coast or the serenity of the Italian lakes, the vastness of the Grand Canyon or the magnificence of the Lake District. This month's artist had a gift for creating paintings that expressed this epic quality of landscapes. John Martin was born in 1789, and as an artist was drawn to religious and historical scenes on the grand scale. He illustrated the Bible and Milton, and his final works were on the theme of the Last Judgement. These are in the Tate Gallery in London, but for this July we visit the Art Gallery in Birmingham with its amazing collection of over half a million items, including many Pre-Raphaelite treasures. The entrance to this Victorian building is beneath the clock tower known as Old Brum. The Art Gallery is home to John Martin's watercolour of 1837, 'Manfred on the Jungfrau.' It is a large work, almost 5 feet by 3 feet, capturing the rugged, imposing glory of the Jungfrau. Now a railway takes tourists to the summit in the Bernese Alps in Switzerland. In the 19th century climbers had to navigate glaciers, high passes and steep precipices. John Martin captures the grandeur of all this in his painting of snow and sky, crags and torrents, mountains and pine trees. Against that immensity we see two characters: Manfred, tortured by guilt and about to throw himself off the edge, and the mysterious hunter who leads him to safety.

Byron's poem 'Manfred' inspired the music of Tchaikovsky and Schumann, as it inspired John Martin. They were each attracted by the romanticism of man and nature in the poem. Like Manfred and the hunter in the watercolour, we look at this grace and nobility and feel humble and insignificant. Byron wrote:

'How beautiful is all this visible world! How glorious in its action and itself!'

Manfred seeks redemption, but, sadly, finds only the solace of death. As we look at this painting, we see reflections of the landscapes we shall visit on our holidays. Such beauty, such glory, evoke for us those feelings of wonder and awe that inspired John Martin. Manfred sees life in its true perspective as he gazes on the majestic scenery of the Bernese Alps. Holidays help us to put life into perspective. Away from the pressure of responsibility and duty, we often realise what is essential in our lives and with those around. We behold the majesty and glory of creation; we see this world as the handiwork of God; and we ask ourselves how we might make our way through it and be always alert to its mystery and its beauty.



CROSSWORD ANSWERS



DOWN: 1, Appeal. 2, Attacks. 3, Earns. 5, Tableau. 6, Ended. 7, Shekel. 9, Zarephath. 13, Rubbish. 14, Ephesus. 15, Useful. 16, Editor. 18, Rhoda. 20, Abuse.

ACROSS: 1, Amazed. 4, Others. 8, Peter. 9, Zebedee. 10, Accuser. 11, Endue. 12, Scripture. 17, Shrub. 19, Abashed. 21, Foolish. 22, Upset. 23, Loathe. 24, Lesser.

Giving to St Clement with St Peter, Dulwich

We would like to thank everyone who gives to St Clement with St Peter. We depend entirely on your generosity to enable us in our mission and ministry, and to keep St Clement with St Peter, the church and the grounds, open for all the community to enjoy. Thank you for your generosity.

We encourage all church members who are able to support the work of the church to do so through planned and regular giving. It makes a big difference to our ability to budget and plan. If you already give regularly, thank you. Might you be able to increase your regular contribution?

Planned Giving - The Parish Giving Scheme

The Parish Giving Scheme (PGS) is an established service recommended by the Diocese of Southwark and used for managing One-Off and Direct Debit giving. It is specifically designed to support churches to fund their mission and ministry. It reduces the burden of work on church volunteers and provides a simple and secure service to givers.

To make a regular donation via the Parish Giving Scheme (PGS) Direct Debit Service, please see the online payment details.

One off donations

By leaving a gift on the tray on the little table at the back of church before or after the service, you are supporting our work in this community and enabling this beautiful and sacred place of worship to remain open for all. If you are a taxpayer you can increase the value of your gift by 25% by completing the Gift Aid Declaration, either on the envelope in church or online or by using the QR code shown.

Alternatively we can provide weekly envelopes for you to make your donation via the collection. Please contact our Treasurer Jane Ball **treasurer@sclementwspeter.co.uk** for more information.

Giving Online

If you would like to give online, you can make a one-off gift or set up

regular giving through the PGS Parish Giving

scheme via the

website: www. Parishgiving.org.uk

Givers Find Your Parish

Dulwich St Clement w St Peter

- or by scanning the QR code

Or you can donate via our Give A Little page : Supporting St Clement and St Peter online -

https://givealittle.co/c/346803eb-f12f-481c-b75e-99e28cbb9269





SUMMER FAYKE

7 SEPTEMBER

11.30AM - 2.30PM

Refreshments, Bouncy Castle, Face Painting, Home Made Cakes, Crafts, Second Hand Books and Bric-a-Brac, Opal Flutes, Gardens and Heritage Orchard

140 FRIERN ROAD, SE22 OAY also ENTRANCE VIA BARRY ROAD, OPP SILVESTER ROAD www.sclementwspeter.co.uk

SUMMER FAYRE if anyone would like to take a stall or would like to offer their assistance as helpers please contact Penny as soon as possible please Penny.shelley@cityoflondon.gov.uk.

Please remember them in your prayers



The Diocese and the Parish:

Bishop Christopher, Bishop Alastair, Jonathan Sedgwick our Archdeacon, the Dulwich Deanery and Area Dean Anne Clarke, our Parish, Rev'd Gemma, and our Churchwardens and PCC.

The Sick & Home Communicants:

Beryl, Chris, Edith, Emris, Fred, Harry, Linda, Linval, Lorie, Mike, Octavia, Ophelia, Pauline, Ron, Rosemary, Sam, Win and all others known to us.

The Departed:

For all those who have recently died **JOHN KING** and for those whose Years Mind (Anniversary) falls at this time:

AUGUST: Freddy Pusey, Frederick Skinner, Lily Lythgoe, Dominic Goth, John Lythgoe, Alton Kelly, Edward Banfield, Afua Sewaa, Doris Packman, Joan Smith, Louie Pitt, Mary Kidd, William Suckling, Harry Hart

SEPTEMBER: Frederick Blastock, Agnes Aldren, Roe Wellington, Pam Tipple, Joyce Blastock, Dorcas Kelly, Robert Batson, Mabel Banfield, Wilfred Manning, William Edward Morrow, Philip Collman, Maggie Quick, Agnes Parker, Archibald Roberts, Mary Agate, Peter Reeves, Rose Baker, Rosina Summers

May they rest in peace and rise in glory. 🔀



CHURCH SERVICES

Every Sunday we celebrate the Eucharist at 10am

MONTHLY THURSDAY COFFEE MORNINGS



We will be taking a Summer Break in August but will return on Thursday **4th September** from 10.30 to 11.30

Join us for a cup of tea or coffee and a chat.

All are welcome.

We're also Child & Dog Friendly and

Wheelchair Accessible.

HALL ENQUIRIES

The Hall is **NOT** available to hire for Adult Parties, Receptions, Baby Showers or Concerts **BUT** is available for Children's Parties (toddler's to age 7 only) Saturday afternoons from 2-5pm.

There is also currently some limited availability for NEW Regular Users/ Groups - conditions apply.

All enquiries to be made to our Hall Manager Mrs Alia Waheed alia@waheed.co.uk / 07395 794947

Requests / arrangements for Baptism's , Weddings & Funerals should be made directly to Rev'd Gemma on 07427 922532

Applications for the Reading of Banns are taken by Penny Shelley our PCC Secretary on Sundays directly after Parish Mass. Both members of the couple are required to be in attendance and the Banns Fee of £56 is required at this time.

WEEKLY NEWSLETTER

If you or anyone you know would like to be added to our weekly Mailchimp Newsletter circulation please send your email request to the Vicar: gemmaklau@gmail.com