

# The Herald

50p

August 2025



See how the wild flowers grow! They don't work to earn, or craft their own clothes, but even King Solomon with all his wealth was not dressed as well as they are. Lk 12:27-28

# Reservoir Group of Churches



The Parish of  
St Margaret, Downham with  
St Peter, South Hanningfield and  
St Mary the Virgin, Ramsden Bellhouse

[www.downhamchurch.org.uk](http://www.downhamchurch.org.uk)

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### Keep up to date with events as they happen

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## What's on when and where

### Sunday 3 August - Trinity 7

10.00am St Peter's South Hanningfield Holy Communion

***Please note that there will be no Family Service at Downham this month***

Note: No service at Ramsden Bellhouse

### Sunday 10 August - Trinity 8

10.00am St Mary's Ramsden Bellhouse Morning Prayer

11.00am St Margaret's Downham Sung Eucharist

Note: No service at South Hanningfield

### Sunday 17 August - Trinity 9

11.00am St Margaret's Downham Group Holy Communion

Note: No services at Ramsden Bellhouse or South Hanningfield

### Sunday 24 August - Trinity 10

10.00am St Mary's Ramsden Bellhouse Holy Communion

11.00am St Margaret's Downham Sung Eucharist

Note: No service at South Hanningfield

### Sunday 31 August - Trinity 11

11.00am St Margaret's Downham Group Holy Communion

***Please note this service is transferred from South Hanningfield to Downham as St Peter's will be being prepared for the Flower Festival***

Note: No services at South Hanningfield or Ramsden Bellhouse

### Sunday 7 September - Trinity 12

***Please note changes to services because of the Flower Festival***

11.00am St Margaret's Downham Family Service  
with Holy Communion

5.00pm St Peter's South Hanningfield Flower Festival  
Songs of Praise

Note: No service at Ramsden Bellhouse

## Other dates for your diary

### Flower Festival at St Peter's South Hanningfield (see page 11)

Saturday 6 & Sunday 7 September 12.00noon to 5.00pm

Monday 8 September 11.00am to 3.00pm

### Macmillan Coffee Morning at St Mary's Ramsden Bellhouse

Saturday 27 September 10.00am to 12.00noon

## From the ministry team

### Grains of Sand

My grandparents lived in Leigh-on-Sea, so summer holidays always involved a trip to the beach. Perhaps you have a plan to visit the seaside, whether locally or in more exotic climes, this August.

Have you ever wondered how many grains of sand there are on a beach? Have you ever tried to work it out? Google tells me that a small beach would contain more than 781 trillion grains - can you imagine how many grains of sand are in the Sahara desert?!

A few thousand years ago a man wrote a song that is now known as Psalm 139, and in that song he used this image of uncountable grains of sand to describe how big and vast God is - vastly beyond our human comprehension.

Yet he also tells of how, in spite of how small and insignificant we must be when compared to the vastness of God, God loves us as much as if we were the only grain of sand on the beach. God showed the vastness of that love in Jesus Christ, who died for us out of that love so that nothing would separate us from God's love.

Here is just a small part of Psalm 139:

*How precious to me are your thoughts, God!  
How vast is the sum of them!  
Were I to count them,  
they would outnumber the grains of sand –  
when I awake, I am still with you.*

(Psalm 139:17-18)

God bless,

*The Revd Jacqui*

### **Ethelwold, Wessex saint who founded the first monastic cathedral**

St Ethelwold (c.912 - 84) did great things for the church at Winchester, which in those days was the principle town of Wessex. He began as a simple monk, eager to restore the Rule of Benedictine in England, a major reform for the church of the time. So, after serving at the abbey in Glastonbury, he was sent on to restore the old abbey at Abingdon. The king thought highly of him, and used him to teach his son, the future king, Edgar.

When in 963 Ethelwold became Bishop of Winchester, he replaced the cathedral canons with monks, thus founding the first monastic cathedral in the land. This was a uniquely English institution, which remained until the Reformation. The monastic reform quickly gained momentum: with the King's support, Ethelwold restored old monasteries such as Milton (Dorset), New Minster and Nunnaminster in Winchester, while new monasteries were founded and richly endowed at Peterborough (966), Ely (970) and Thorney (972).

Ethelwold was austere, able and dynamic. Under his leadership, the monks excelled at music, illumination and writing. When Ethelwold set the monks to work with the masons in the cathedral at Winchester, he built the most powerful organ of its time in England: it was played by two monks and had 400 pipes and 36 bellows. In music, Ethelwold's Winchester had the distinction of producing the first English polyphony in the Winchester Troper.

Ethelwold's monasteries also produced a surpassing new style of illumination, and his school of vernacular writing was the most important of its time: with accurate, linguistically significant translations. A major event of his episcopate was the consecration of Winchester Cathedral in 980.

## **From the registers**

### **Downham**

#### **Baptism**

6 July     Arthur James Thomas Fanger

### **Ramsden Bellhouse**

#### **Funeral & Burial**

26 June     Leslie William Burvill

## **St Margaret's Downham**

Please note that there will be no Family Service at St Margaret's on Sunday 3 August.

## **Downham WI**

We shouldn't complain but hasn't it been hot?

Well what can I say about July's speaker. All we knew was that he was going to talk about 50's and 60's music. Fantastic Terry Hiscock!! He started with the origins of Folk Music, the Music Halls, the Blues and progressed to the



swinging 60's and the Beatles. You can image that we were all tapping our feet and singing along. We will certainly be asking Terry to return next year.

As I am writing this I am preparing for the Federation Quiz this evening. I will report next month on how we got on.

We are looking forward to our afternoon tea to celebrate VE/ VJ day. The ladies are already preparing their outfits for the occasion.

With my other hat on can I remind people that Downham Village Hall will be hosting a Quiz night on 3 October. Just £10 per head and bring your own nibbles and refreshments. There must be a maximum of 8 per table. Your support for this event would very much be appreciated.

*Wendy*

## **St Mary's Ramsden Bellhouse**

### **Flower Festival and Concert**

A big thank you to Gail Carpenter for organising our Flower Festival. The flower displays put together by Gail and her team of flower arrangers were stunning. If you didn't come along you can see photographs of the various flower arrangements by visiting the church's Facebook page at

[www.facebook.com/ramsdensbellhousechurch](http://www.facebook.com/ramsdensbellhousechurch)



On the Saturday evening we enjoyed a concert given by members of the Billericay Operatic Society. We were entertained with songs from various musicals, including Godspell, Jesus Christ Superstar and Joseph and his amazing technicolour dreamcoat, as well as songs reflecting the floral theme. Thank you to Gail and Wayne Carpenter for organising this concert, and the members of the Operatic Society who came along to perform.



Members of the Billericay Operatic Society performing

The weekend concluded with an informal act of worship with hymns reflecting the church year. How many other churches were singing “O come all ye faithful” in July?

Of course, these events do not just happen. We are indebted to Beryl Clements for co-ordinating everything, to Barbara Stanton and her team who organised the catering, Freda and Sylvia for the raffle and Ernie and his team who erected and then dismantled the various tents.

After all the hard work that went into this event we were a little disappointed by the numbers attending. However we were in the middle of a heatwave with temperatures around 30c, Wimbledon finals, test cricket and the women’s Euros were on television and there were village shows at both South Hanningfield and Rettendon. We were happy that the weekend raised approximately £1,400 for church funds and thank everyone who supported us.



## **Ramsden Heath Social Club**

Our only event in August is our regular monthly BINGO NIGHT which will be on Friday 1 August at 8.00pm.

Just £1.00 to play plus £2.00 for each book you would like to play with. All ages welcome.

FREE tea/coffee/biscuits at the half-time break, but please feel free to bring other drinks/snacks of your own.

Our new club year will start again in September, with our AGM being held on Friday 12 September.

New club members welcome – annual membership is £12 per adult which allows you reduced ticket prices to the majority of our events throughout the year.

All our events take place in Ramsden Heath Village Hall, Dowsetts Lane.

For more information/tickets please contact:

Dave Quinney on 07950 309524 or Dave Charlton on 07940 540819

## **Community Cuppa & Cake afternoon**

**Ramsden Heath Village Hall**

**Dowsetts Lane CM11 1HX**

**Tuesday 12 August 2.00 to 4.00pm**

We welcomed quite a few new people at our last Coffee Afternoon which was lovely and the Charity for July was St Luke's Hospice. We are pleased to say that we have sent them a cheque for £200. Thank you so much to all those who contributed. A special thanks goes to a lovely lady called Barbara who made lots of little lavender bags and we raised £26.00 on those alone.

Looking forward to seeing you all in August and you can come along in a nice air conditioned hall and enjoy a cuppa for 50p and a piece of homemade cake for £1.50. All welcome.

*Ramsden Cupcakes*

## **Ramsden Heath Horticultural & Allotment Society**

So here we are now into August and ready for the main event of the year, our Summer Show, which is on Saturday 2 August. It's time to get out into the garden or allotment and have a look round to decide what you might be able to enter. The recent heatwave has made things grow even faster than usual so let's hope it cools down a bit soon, but while it lasts keep up with

the watering! It's been a good year for roses, so hopefully we will get plenty of those in the show. For those who prefer indoor activities there are also classes for handicraft and cookery, even one especially for the men (oatmeal cookies, class 56).

The Children's section includes a collage of a tree in bloom, using any materials and based on a pre-designed card, which is still available from the Show Secretary (details below).

Please make a note of the deadlines for entries – Monday 28 July for children and Wednesday 30 July for members. The earlier deadline for children's entries is to allow time to buy the prizes.

Only Horticultural Society members, and children relating to them, may enter the show, but there will be a public viewing at Ramsden Heath Village Hall at 4.00pm, so even if you aren't a member please come along and have a look at what your friends and neighbours have produced. There is always plenty to see and admire, and you may be inspired to come and join us.

Full details of all the classes are in the Schedule, but if you have any queries or would like further information about the show, please contact the Show Secretary: Brenda Burnell, 2 Allens Road, Ramsden Heath, CM11 1JF. Telephone: 01268 710904. Email: [blburnell48@gmail.com](mailto:blburnell48@gmail.com)

On Sunday 3 August, the day after the Summer Show, we have our annual garden visit to Helmingham Hall in Suffolk, where we can also enjoy a classic car show. This event is now fully booked. The coach leaves the White Horse pub in Ramsden Heath at 08.30am and leaves Helmingham Hall at 5.00pm. Let's hope the weather stays fine on what should be a great day out.

As if that isn't enough fun this will be followed by our annual Allotment Evening on Thursday 7 August at the Allotment site in Heath Road (parking in the Christian Growth Centre car park). Please remember to bring a chair to sit on and to use plenty of insect repellent as the wasps will be out in force. Wine and nibbles are provided by the Society, but all donations will be well received.

## **St Peter's South Hanningfield**

St Peter's Flower Festival 2025, 6 & 7 September 12.00noon to 5.00pm and Monday 8 September 11.00am to 3.00pm

So we are one month away from our annual flower festival.

We are now therefore at the point when we need some assistance!! Are you able to help with the any of following?

On Friday 5 September the marquees and gazebos will be going up at

continued on page 10

**RAMSDEN HEATH  
HORTICULTURAL SOCIETY**



**SUMMER  
SHOW**



**Saturday 2nd August**

**Ramsden Heath Village Hall  
Dowsetts Lane**

**Public viewing from 4pm**

**Tea, coffee & biscuits**  
*donations welcome*

**Floral Art**

**Horticulture**

**Cookery**

**Photography**

**Children's Classes**

**Handicraft**

*Every entry produced and grown by members  
of Ramsden Heath Horticultural Society*

the church. If you have a spare hour to help please arrive at 2.00pm. Refreshments for helpers will be provided!

If anyone can provide homemade cakes for our refreshments stand they would be very, very much appreciated. Please note any allergens on cake donations and also mark clearly what it is, as sometimes it is not obvious even if they do look amazing. Please drop off ideally on the Saturday morning at the Church or if not drop off at Bifrons ( immediately next to the church) beforehand.

We will be running a South Hanningfield Plant and Produce stall, so if you are able to donate any plants, bulbs or produce, all will be very much appreciated. Please drop off your donations if possible on Friday the 5th.

We are going to have a 2nd hand book stall, again if you are able to donate, there will be a plastic box in the porch of the church for your donations which will be checked daily leading up to the flower festival.

If you are able to let us have items for the raffle that would be fantastic.

We are so incredibly grateful for all the support you give us without which this event would not be able to take place, this includes our amazing flower arrangers, our stall holders, our car parkers and all our many other helpers. Even if you are not able to physically help, please just come along and visit us, the flowers are sure to be spectacular as always. This year it is particularly important as every penny raised will be going to the repair of the church spire which has been attacked by woodpeckers.

See you all the first weekend in September.

## **South Hanningfield Village Hall**

**South Hanningfield Summer Show** We would like to thank everyone who came to support our Summer Show event recently. It was a hot day, but we still had hundreds of people visit the event with very positive feedback from those who attended. Chelmsford Mayor Councillor Jannetta Sosin and the Mayoress Christine Shaw opened the event and cut a special cake to mark the 40th anniversary of the rebuilding of the hall which was made thanks to The Hanningfield Treat Company.

Thank you to the volunteers who helped in the lead up and on the day (you know who you are!); South Hanningfield Parish Council for sponsoring the cost of the children's entertainment and use of the Tye green; Pronto Training for sponsoring their First Aid services; Tina Wing Business Photography for sponsoring their photography service; the Landowner for use of the fields beside the village hall.

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# St Peter's Church

Church Lane  
South Hanningfield  
CM3 8HW

Invites you to our

## Flower Festival 2025 “A Posy of Poetry”



Saturday 6 September 12.00noon - 5.00pm with outside Fete

Sunday 7 September 12.00noon - 5.00pm with outside Fete  
with Songs of Praise service at 5.00pm

Monday 8 September 11.00am - 3.00pm

Light lunches and refreshments available each day



Thank you to the entertainers - The Super Troupers Line Dance Club, Rayleigh Salvation Army Band, Raise Your Voice Community Battlesbridge Choir and Maureen Corr Irish Dancers.

Thank you to all the stallholders inside and outside the hall, over 80 who attended including crafts, historical pictures, traders, food, drink, Punch and Judy, Dog mascot, Dinosaurs, children's rides and bouncy castles.

Thank you to Bond Residential for sponsoring the promotional letting boards and Monster Parties for the big banner promoting the event in the village.

Thank you to the Raffle prize givers: Asda Chelmsford, East of England Co-Op, Essex & Suffolk Water, Everyman Cinema, Express yourself paint parties, Team Sport Karting, Greggs, PippFitness, Ingatstone Saddlery, Kingpins Bowl, Mega Centre Rayleigh, Noah's Adventure Golf Park, Perrywood Garden Centre, RHS Hyde Hall, Spar, Tesco Basildon, The Bark Park Woodlands Adventure, The Old Windmill, The Super Troupers Line Dance Club, Usborne Books, Whitegates Farm and Writtle Maize Maze. Hopefully we will have raised a good sum from the Summer Show fundraiser which will go to the upkeep of the village hall. We will let you know what we raised in the next edition of *The Herald* and will have photos of the day on our website soon.



Chelmsford Mayor and Mayoress cut the cake to mark the 40th anniversary of rebuilding the hall

Our next event is the **Magic Evening** on Saturday 27 September, doors open from 7.00pm. The magicians are from The Mid Essex Magical Society who performed at our Magic Evening last year. We got such great positive feedback about the magicians so have booked them again this year! It will be a fantastic evening of entertainment, with several sessions of close-up magic by different magicians and the second part will be magic with participation of the audience on the stage by a couple of individual magicians. The tickets cost £8 each adult and £3 for children over 10 years. Bring your own drinks and snacks. There will also be a Raffle. For further information, email [vallisc@aol.com](mailto:vallisc@aol.com) or phone 07891 653238.

**Christmas Fayre** on Saturday, 22 November from 10.30am to 4.00pm. There will be lots of Christmas crafts, gifts, festive refreshments and a Raffle. Free Entry. The tables have already been booked up as this is becoming one of our popular annual events with only outside space available! There will be over 30 craft and gift stalls with a wide range of items for sale as festive gifts.

**Raffle Prizes Needed** If anyone has any suitable items that could be used as Raffle prizes, please can you donate them to us which would be used at future fundraising events for the hall. The committee would be very grateful.

**No Parking on Pavement by Hall** South Hanningfield Village Hall Management Committee requests that vehicles don't park up on the pavement outside the village hall because of the health and safety risks. Please alert the volunteer committee if you see such vehicles parked in this way outside the hall on 07891 653238.

### **Mobile Library**

The Mobile Library visit South Hanningfield Village Hall every three weeks.  
Day of visit: Tuesday Time of visit: 11.25pm to 11.55pm  
Next visit date is 5 August.

### **Regular Activities**

#### **Coffee Morning**

Second Wednesday of each month from 10.30am – 12.30pm  
Wednesday, 13 August

Please call the listed contacts below to book a place.

### **Pilates & Keep Fit**

Monday 9.45am – 10.45am  
Thursday 10.30am – 11.30am  
Contact Hayley on 07758 427379

## **Puppy Dog Training Classes**

Monday from 6.00pm

Dog training for puppies of all ages

Contact Rachel on 07484 706085

or email [Rachel@PuppyPotentialDogTraining.co.uk](mailto:Rachel@PuppyPotentialDogTraining.co.uk)

## **Line Dancing**

Tuesday afternoons 12.30pm -1.30pm

Contact Richard from the Super Troupers Line Dance Club

email [thesupertroupersldc@gmail.com](mailto:thesupertroupersldc@gmail.com) or tel 07740 360554

## **Karate and Kick Boxing**

Tuesday evenings

5.30pm Children's Karate

6.30pm Advanced Children's Karate

7.30pm Senior Karate

7.30pm Kick Boxing

Free first classes at all sessions

Phone number to contact for Leah and Richard is 07934 213010

## **1-1 Ballroom and Latin lessons**

and wedding dance lessons available with Callie every Wednesday afternoon and evening from 3pm £30 for a 45-minute lesson. Please contact Callie on 07885 630241

## **Yoga and Zumba Thursday night**

Zumba 6.30pm to 7.20pm and Vinyasa Flow Yoga 7.30pm to 8.30pm.

Pay as you go. Tel: Charlene on 07772 443028

or email [info@sakurayogastudios.co.uk](mailto:info@sakurayogastudios.co.uk)

## **Upholstery Class**

Friday morning 9.30am – 1.00pm Contact Fiona on 01621 776586 or 07887 507208

## **Zumba Saturday mornings**

Zumba 9.20am to 10.20am

Pay as you go Tel: Charlene on 07772 443028

or email [info@sakurayogastudios.co.uk](mailto:info@sakurayogastudios.co.uk)

If you would like to book the South Hanningfield Village Hall for any regular activities or events, please call Sandra Graves, our Bookings Secretary on 07396 546050 or email [shvhall@gmail.com](mailto:shvhall@gmail.com) to check availability and prices.

Please continue to support our local village hall in 2025 and if there are any other ways you can help us, let us know. Please contact the Chairman, Clive Vallis for further information on 07891 653238.

Website <https://e-voice.org.uk/shanningfieldvillagehall>

Facebook page <https://www.facebook.com/southhanningfieldvillagehall>

## **All in the month of August**

It was:

1,700 years ago, on 25 August 325 that the First Council of Nicaea ended with the adoption of the Nicene Creed. It summarised the Christian faith and established the doctrine of the Holy Trinity.

250 years ago, on 5 August 1775 that the first Europeans entered San Francisco Bay. Spanish explorer Juan de Ayala and his crew on the ship San Carlos explored and mapped the bay.

Also 250 years ago, on 23 August 1775 that King George III issued the Proclamation of Rebellion. It stated that the American colonies were in a state of open rebellion, and must be suppressed.

150 years ago, on 4 August 1875 that Hans Christian Andersen, Danish writer, died. Best known for his fairy tales, such as The Emperor's New Clothes, The Little Mermaid, The Princess and the Pea, The Snow Queen, The Ugly Duckling, and many more.

125 years ago, on 25 August 1900 that Friedrich Nietzsche, German philosopher and philologist, died. His work had a major impact on modern intellectual history. One of his most prominent concepts was the 'will to power', which he believed was the main driving force in humans.

100 years ago, on 5 August 1925 that the Welsh nationalist political party Plaid Cymru was founded. Today it holds four of the 32 Welsh seats in the UK Parliament, 12 of the 60 seats in the Senedd, and 202 of the 1,231 principal local authority councillors.

90 years ago, on 21 August 1935 that John Hartley, British tennis player, died. He was the only clergyman ever to win Wimbledon, and in fact he was world number 1 player in both 1879 and 1880 – winning Wimbledon both years.

80 years ago, on 6 August 1945 that the US Army Air Forces dropped an atomic bomb on the city of Hiroshima in Japan. The centre of the city was totally destroyed, and about 80,000 people were killed immediately. A further 60,000 died by the end of the year, from injury or radiation. Hiroshima was the first city in history to be hit by a nuclear weapon.

Also 80 years ago, on 9 August, that the US Army Air Forces dropped an atomic bomb on Nagasaki, killing 40,000 immediately and more than another

33,000 by the end of the year. It was (so far) the last nuclear bomb to ever be dropped.

75 years ago, on 15 August 1950 that Princess Anne, the Princess Royal, was born.

70 years ago, on 28 August 1955 that Emmett Till, an African American teenager was mutilated and killed in Mississippi, after flirting with a white woman. His death was one of the key events to motivate the Civil Rights Movement.

65 years ago, in August 1960, the following countries gained independence: Central African Republic, Chad, Cyprus, Dahomey (Benin), Gabon, Ivory Coast, Niger, Republic of the Congo (Brazzaville), Senegal, and Upper Volta (Burkina Faso),

Also 65 years ago, on 6 August 1960 that the Twist became a national sensation in the US, and triggered one of the biggest dance crazes, when singer Chubby Checker performed the song on the show American Bandstand.

60 years ago, on 6 August 1965 that the Beatles' Album HELP! was released.

50 years ago, on 1 August 1975, that the Helsinki Accords were signed by 35 nations in an attempt to improve relations between the Communist Bloc and the West.

Also 50 years ago, on 20 August 1975 that NASA launched its Viking 1 space probe on a mission to Mars. It became the first spacecraft to land successfully on Mars, and to complete its mission.

40 years ago, on 22 August 1985 that the Manchester Air Disaster took place when a British Airtours Boeing 737 burst into flames after an engine caught fire and a fuel tank ruptured. 55 people were killed.

30 years ago, on 24 August 1995 that Microsoft released both Windows 95 operating systems and also Microsoft Office 95.

25 years ago, on 4 August 2000 that Queen Elizabeth the Queen Mother celebrated her 100th birthday. (She died in March 2002, aged 101).

20 years ago, on 22 August 2005 that the last Israeli settlers left the Gaza strip, ending 38 years of occupation.

Also 20 years ago, from 23 to 30 August 2005 that Hurricane Katrina hit the Bahamas, Cuba and several southern US states. The city of New Orleans was flooded by 80 per cent when the levee system was overwhelmed. More than 1,800 people died. It was the costliest natural disaster in US history.

15 years ago, on 5 August 2010 that the Copiapo Mining Accident in Chile took place. A cave-in at the San Jose copper and gold mine trapped 33 workers 700 metres underground, and an international rescue operation was



launched. The workers were brought to the surface on 13 October, 69 days later. Around one billion people watched their rescue on TV.

10 years ago, on 1 August 2015 that Cilla Black, pop singer and TV presenter died. Known for her hit song Anyone who had a heart and for presenting Blind Date and Surprise Surprise.

## **Holiday reading**

When I go away, I first write a list of things to pack. I pride myself on being able to pack quickly; just throw some spare clothes in a bag, toothbrush, other things I need and of course plenty to read. My experience tells me I need at least a book a day. I take old books which I have read, guidebooks and maps about the place I am visiting, and some of the books from my pile of 'to read'. My family says I spend too much packing time on what books to take and not clothes – which is probably just criticism.

When I was on holiday recently, disaster struck as I had read everything that I had with me. You never know how long a book will last you. Some you can read in a few hours and others do not get going. That forces you to buy more books or see if the place where you are staying has anything interesting on the bookshelf.

So, I found myself in a medieval town church looking around and they did have some second-hand books for sale. Sadly, there was not much of interest for me this time, but I live in hope. It is interesting to nose around churches and look at the mugshots of the PCC members and clergy. They all look incredibly young!

It is lovely to see a cared for, busy church. It stands out a mile, even in an empty building, you feel the love and spiritual warmth. One place I was tempted to take volumes from the bookshelves, but it was a church library, not a sale. So why don't churches start a little book shop in church?

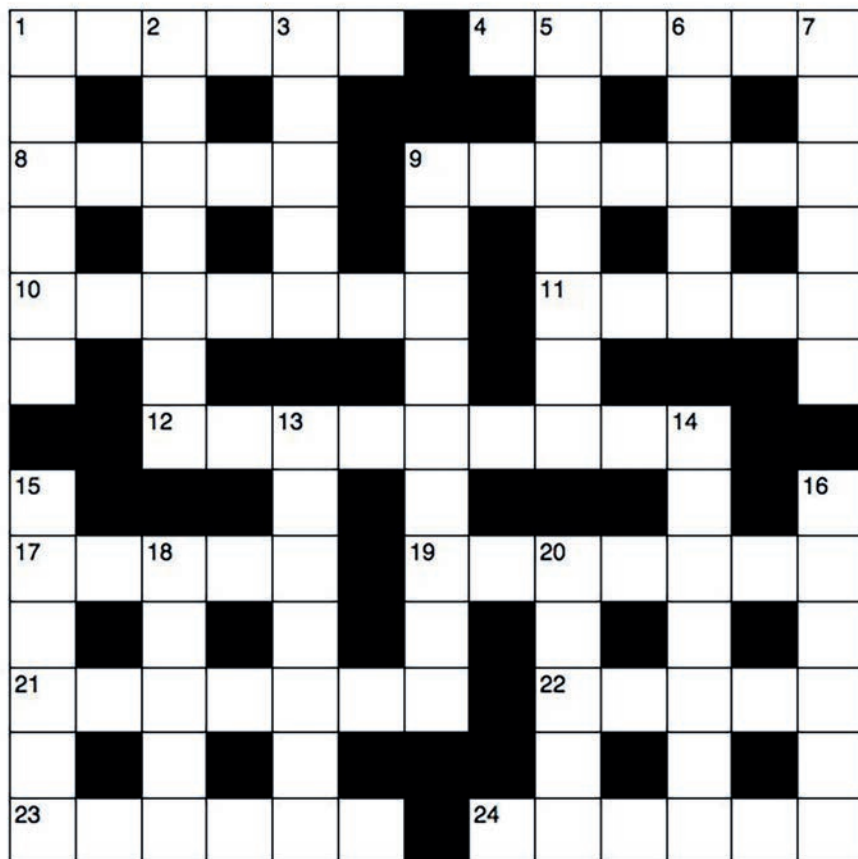
## **Are your sunglasses good enough?**

They may look trendy, but when you bought them, did they have the official UKCA or CE markings on them?

If not, your eyes may NOT be protected from the sun's dangerous rays. So says the Office for Product Safety and Standards, which is part of the Department for Business and Trade.

It warns that not all sunglasses can block the ultraviolet rays from the sun, but only the ones with the official UKCA or CE markings. And without protection, your eyes will be under long-term increased risk of developing cataracts, macular degeneration, photokeratitis and even solar retinopathy.

## Puzzle corner



### Across

- 1 'The people were — at his teaching' (Mark 1:22) (6)
- 4 'He saved —; let him save himself' (Luke 23:35) (6)
- 8 He addressed the crowd in Jerusalem on the day of Pentecost (Acts 2:14) (5)
- 9 Father of James and John (Matthew 4:21) (7)
- 10 One who charges another with an offence (Job 31:35) (7)
- 11 ' — thy ministers with righteousness' (Book of Common Prayer) (5)

## 12 and 15 Down

- 'All — is God-breathed and is — for teaching, rebuking, correcting and training in righteousness' (2 Timothy 3:16) (9,6)
- 17 'No — of the field had yet appeared on the earth and no plant of the field had yet sprung up' (Genesis 2:5) (5)
- 19 Made to feel embarrassed (Isaiah 24:23) (7)
- 21 This man built his house on sand (Matthew 7:26) (7)
- 22 David's hypocritical message to Joab on the death in battle of Uriah: 'Don't let this — you' (2 Samuel 11:25) (5)
- 23 Detest (Job 10:1) (6)
- 24 'God made two great lights, the greater light to govern the day and the — light to govern the night' (Genesis 1:16) (6)

## Down

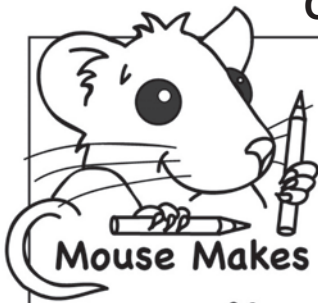
- 1 To make a serious request (1 Corinthians 1:10) (6)
- 2 Launches an assault against (Genesis 32:8) (7)
- 3 'The wicked man — deceptive wages' (Proverbs 11:18) (5)
- 5 Tuba ale (anag.) (7)
- 6 'The day thou gavest, Lord, is — ' (5)
- 7 Old Testament measure of weight, equivalent to about 12 grammes (Exodus 30:13) (6)
- 9 Where Elijah restored life to the son of a widow with whom he lodged (1 Kings 17:10) (9)
- 13 Paul said of whatever was to his profit, 'I consider them — , that I may gain Christ and be found in him' (Philippians 3:8) (7)
- 14 City visited by Paul, described by the city clerk as 'the guardian of the temple of the great Artemis' (Acts 19:35) (7)

## 15 See 12 Across

- 16 Rioted (anag.) (6)
- 18 She had a surprise when she answered the door and found 8 Across outside (Acts 12:13) (5)
- 20 Maltreat (1 Chronicles 10:4) (5)

## Answers on page 33

## Children's pages



**Mouse Makes**

"Just as a **body**, though **one**, has **many** parts, but all its many **parts** form one body, so it is with **Christ**. For we were all baptised by one **Spirit** so as to form one body... Even so, the body is not made up of one part but of many...

...Now you are the body of Christ, and **each** one of you is part of it."

from 1 Corinthians 12:12-27



Just as the different parts of our body need each other to make a **whole**, living person so Christians need each other to make a whole living church!



"Though we are many, we are one body in **union** with Christ, and we are **joined** to each other as **different** parts of one body."

from Romans 12:1-7



Look in the Bible verses for the words written in **bold** then look for these words too!

GOD • TOGETHER • EQUAL • ALL • EVERY  
HEAD • EYES • EARS • MOUTH • TONGUE  
TEETH • NOSE • ARMS • HANDS • FINGERS  
LEGS • KNEES • FEET • TOES • GIFTS



# Bible Bite

## A short story from the Bible

It can be read in the Bible in Ruth chapters 3 and 4

Naomi and Ruth had returned to Bethlehem as widows. Ruth had worked during the harvest in the fields of Boaz, a near relative.

Naomi told her daughter-in-law Ruth

You need someone to marry and look after you. I have a plan

I will do all you ask of me.

So Ruth went to where the grain was threshed. Boaz was on guard that night...

but she stayed out of his sight until he was asleep.

Then she uncovered his feet and lay down by them.



At midnight, Boaz woke, and was shocked to find her there.

As my relative who must look after me, will you marry me?

You have a closer relative; I will ask him tomorrow. If he will not marry you, I will do so gladly. Lie down now, and sleep.



Just before dawn, Ruth returned to Naomi.

All we can do now is wait.

Boaz went to the meeting place, and waited for the relative to pass.



Naomi wants to sell the land she inherited from her husband, and as nearest relative, you get first refusal.



I want to buy the land.

Then you must marry Ruth as the land must be inherited by her son

In that case, I don't want to buy it.

Then I will buy the land and marry Ruth.

So Boaz married Ruth and they had a son.

My life is no longer bitter! and he was an ancestor of King David!







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or Letting Secretary Kerry on: **07875 761243**

Look out for our new website: [www.ramsdenheath.org.uk](http://www.ramsdenheath.org.uk)

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 [www.rainbowgardens.co.uk](http://www.rainbowgardens.co.uk)

The advertisement features a background image of a well-maintained garden with a curved path and a lawn. Two inset images show examples of landscaping work: a paved patio area and a garden with artificial grass and a wooden fence.



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# Smile lines

## Spelling

Teacher: Donald, how do you spell crocodile?

Donald: K-R-O-K-O-D-I-A-L

Teacher: No, that's incorrect.

Donald: Maybe it is, but you asked me how I spell it.

## Politicians

Politicians are people who, when they see the light at the end of the tunnel, order more tunnel.

## Hymns for People Over 50

- Give Me the Old Timers' Religion
- Precious Lord, Take My Hand, And Help Me Up
- Just a Slower Walk with Thee
- Go Tell It on the Mountain, But Speak Up
- Nobody Knows the Trouble I Have Seeing

## Church Notices that didn't come out quite right...

This evening at 7.00pm there will be a hymn-sing in the park across from the church. Bring a blanket and come prepared to sin.

The ladies of the church have cast off clothing of every kind. They may be seen in the church hall on Friday afternoon.

The Scouts are saving aluminium cans, bottles and other items to be recycled. All proceeds will be used to cripple children.

## Fish and chips

Some tourists touring the north of England stopped to visit a Priory. The Prior gave them a tour of the buildings, ending in the kitchen, where one monk was making fish and chips. One tourist said brightly: "You must be the fish friar," to which the monk gravely replied, "No, I am the chip monk."

## Miscellaneous observations on life

You know you're a bad driver when Siri says, "In 400 feet, pull over, stop and let me out."

Golf balls are like eggs. They are both white, sold by the dozen, and a week later you have to go out and buy more.

You know you're getting older when you begin to realise that your parents were right, after all.

You can learn many things from children. Like, how much patience you have. The most fattening thing you can put in an ice cream sundae is a spoon.

# Contacting The Herald

## Contributions to the September edition

Copy for the next edition of The Herald should be sent by email to Robert Andrews at [theherald@downhamchurch.org.uk](mailto:theherald@downhamchurch.org.uk) by **Thursday 21 August**. Please send files in .doc, .docx or .rtf format. Because we wish to maintain a common house style please keep any formatting to an absolute minimum and do not embed photographs or other artwork. If you wish to include photographs or other artwork they should be sent separately in .jpeg or .pdf format. If you are unable to use email or are unsure about file types please telephone Robert on 01268 733817, but be aware that the telephone line has BT Call Guardian installed to deter nuisance callers, therefore you may have to announce your name and press the # key in order to be put through.

## Advertising in The Herald

All general enquiries about advertising should be addressed to Mike Roome on 07770 795388 or email [advert.theherald@downhamchurch.org.uk](mailto:advert.theherald@downhamchurch.org.uk)

Advertising rates are currently:

|              |                        |
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| Full page    | £100 for 12 insertions |
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We will accept one off or limited run insertions on a pro rata basis

If you have existing artwork your advertisements should be emailed to [advert.theherald@downhamchurch.org.uk](mailto:advert.theherald@downhamchurch.org.uk) preferably in .jpeg or .pdf format. If you wish us to produce artwork for you this can be arranged for a small one-off fee.

## Answers to the Crossword puzzle

**ACROSS:** 1, Amazed. 4, Others. 8, Peter. 9, Zebedee. 10, Accuser. 11, Endue. 12, Scripture. 17, Shrub. 19, Abashed. 21, Foolish. 22, Upset. 23, Loathe. 24, Lesser.

**DOWN:** 1, Appeal. 2, Attacks. 3, Earns. 5, Tableau. 6, Ended. 7, Shekel. 9, Zarephath. 13, Rubbish. 14, Ephesus. 15, Useful. 16, Editor. 18, Rhoda. 20, Abuse.



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