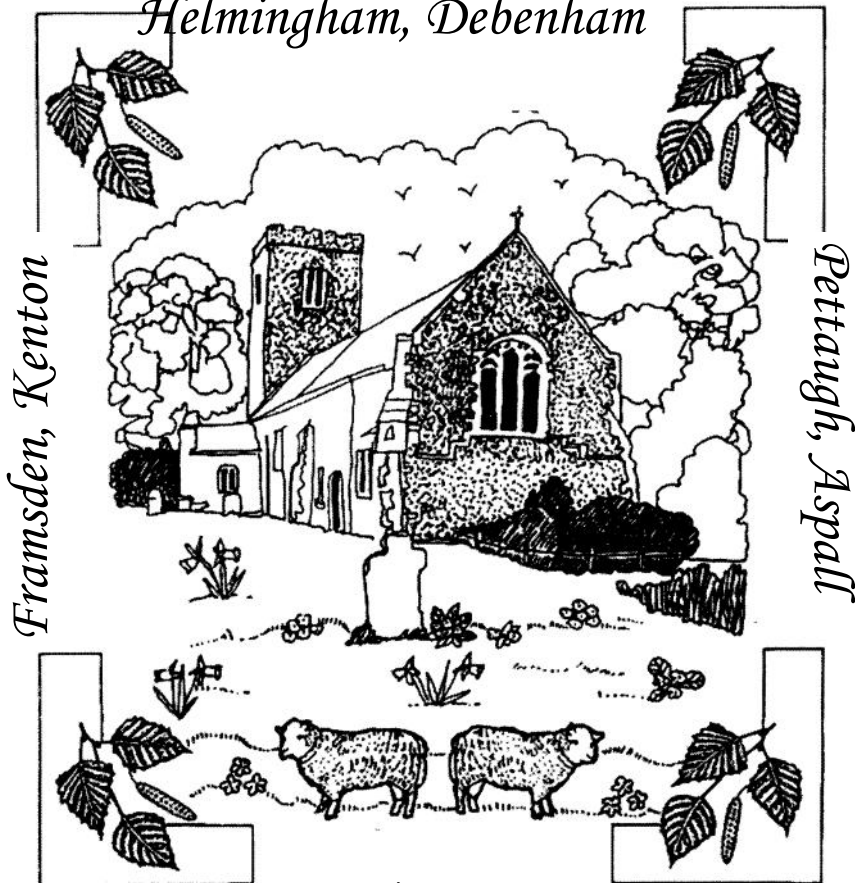


# TOGETHER

Spring 2024

March to May  
Distributed free within the Benefice

*Helmingham, Debenham*



*Framsden, Kenton*

*Pettburgh, Aspall*

*Winston*



THE BENEFICE OF  
DEBENHAM & HELMINGHAM

## **Reflection by Rev'd Susan Taylor**

Have you ever been lost? I have a vivid memory from when I was about 3. I was standing in a shop and suddenly realised I was alone. It was a long time ago now, but I can still feel the fear, the panic, the vulnerability... a sudden sense of being completely on my own in this big world. I was separated from my Mum. I felt lost. Alone.

In the bible, Jesus tells a story about a lost sheep. He told the story in response to the religious leaders who found it offensive that Jesus hung out with people they deemed unworthy. And Jesus did indeed mix with all sorts of people. So, when the Pharisees challenged Jesus about this, he asked a question, 'Which of you...'. Not which of you have been lost, but which of you would go after a lost sheep? In the story the shepherd leaves 99 other sheep in order to find the lost one and bring it back. It's a fair question; would you really leave all the others defenceless, at the mercy of the wolves and the weather, to go in search of one daft lost sheep? This is typical Jesus. Jesus liked to tell stories to get us thinking; questioning our perceived wisdom, questioning our assumptions. And stories that tell us something about the nature of God and what we mean to God.

In Jesus' time shepherds lived with their sheep. They made sure the sheep had sufficient pasture, water and were safe. Even though a flock would all seem the same to us, the shepherd would have known each sheep. The flock was like a community. And even though there would actually have been two or three shepherds looking after a flock, for even one shepherd to go off after one sheep leaving the other 99 less well protected was, and is, counter intuitive. But the shepherd in Jesus' story does just that. He finds the one lost sheep and bring it backs into the fold. That one sheep is saved from danger and the community is restored – made whole again.

Jesus tells this story to emphasise that all people are important. Each individual human being important to God. And, the parable tells us that how we treat others matters. It matters because if we just dismiss the lost, if we ignore them and do not reach out to them, then who we are and the integrity of our community, is diminished.

God cares about all of us. God reaches out to all of us. So that even, when we stand alone, lost in the aisles of life with all its confusing choices, although we cannot see God, God is only round the corner and is heading for us to find us and lead us home. It means we are never completely on our

## **Debenham and Helmingham Benefice Church Services March**

Sunday 3rd March	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 10th March	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham Framsden	Morning Prayer Holy Communion
Sunday 17th March	8.00am	Aspall	Holy Communion
	9.30am	Debenham Framsden	Holy Communion Morning Prayer
	11.00am	Pettaugh Kenton	Holy Communion Morning Prayer
Sunday 24th March	9.30am	Debenham	Holy Communion
	11.00am	Winston Pettaugh	Holy Communion Morning Prayer
Sunday 31st March	8.00am	Aspall	Holy Communion
Easter Sunday	9.30am	Debenham Helmingham	Holy Communion Family Service
	11.00am	Winston Kenton	Holy Communion Family Service

own, no matter how far we stray in this big world. And that is great for us as individuals; it is reassuring, giving us a sense of safety and hope. But Jesus' teaching is also so important for the whole world... the whole of humanity—the 99 others... because when even one is lost, without that one, we are all incomplete.

Jesus is saying that our place, our home is in community and that we all have a place in community. A community where Jesus is the one who leads us and cares for us; a community where all are equally valued and loved each other and by God.




**PARISH**  
**CAFÉ**

**every Wednesday**

**10 am-12 noon, Dove Cottage**

Pop in for a cuppa, cake and chat  
(for a donation only)

THE BENEFICE OF  
DEBENHAM & HELMINGHAM



**Parish Pantry**

**10.00 am - 11.00 am**  
**every Wednesday**  
**Debenham Church**

**Collect a bag of groceries for £3**

THE BENEFICE OF  
DEBENHAM & HELMINGHAM

## FRAMSDEN

Framsdens PCC are delighted to confirm the following fundraising events and which commence shortly!

We have an **Entertainment Quiz** and **The Framsdens Revue** to look forward to (a sort of Variety show) and which will take place on **April 20th** and **May 18th**, respectively. Venues for both events is the Village Hall in Framsdens.

Last but not least, our **Summer Fete** is booked for **July 13th** and time (together with details of the event) will be announced nearer the time.

We look forward to seeing you hopefully at some (or all!) of the fundraisers listed and for possible interest, our next Church service will be Morning Prayer, on Sunday 18th February at 9.3am.

For further information, please contact Christine Schofield – [ctschofield@outlook.com](mailto:ctschofield@outlook.com).

## **Debenham and Helmingham Benefice Church Services**

### **April**

Sunday 7th April	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 14th April	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Holy Communion
Framsden		Morning Prayer	
Sunday 21st April	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
Kenton		Morning Prayer	
Sunday 28th April	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer

### **Framsden Village Hall**

To book the village hall contact Charlotte [framsdenvillagehallbookings@gmail.com](mailto:framsdenvillagehallbookings@gmail.com). The small meeting room is available free of charge!

### **WINSTON**

First, apologies to Matthew, I forgot to welcome him to Winston last year and wishing Susie every happiness in her new home. More recently we welcome Helene and John who have moved into Brick Kiln Barn, and Louise has left the village. Also wishing Jenny, Andrew and Willow every happiness in the new home in Debenham. We hope you have all settled into your new homes.

Sandra and Livvy would like to thank everyone who kindly donated to their door to door collection for the Poppy Appeal, together nearly £400 was collected. Many thanks once again.

The Early Bird Christmas Market in November raised just over £500 for the Church and Schoolroom funds. Many thanks to everyone who helped and



**Save the dates!**  
St Mary's Art Exhibi-  
tion 2024  
14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup> June

<b>Holy Week with your Parish Church</b>		
<b>Palm Sunday 24th March</b>		
9.30am	Debenham	Holy Communion
11.00am	Winston	Holy Communion
	Pettaugh	Morning Prayer
<b>Monday 25th, Tuesday 26th, Wednesday 27th March</b>		
7.00pm	Debenham	Compline
<b>Maundy Thursday 28th March</b>		
7.00pm	Debenham	Holy Communion
<b>Good Friday 29th March</b>		
1.00pm	Aspall	Walk of Witness, Aspall to Debenham
2.00pm	Debenham	Service for Good Friday
<b>Holy Saturday 30th March</b>		
10.30am	Debenham	Children's Activities
<b>Easter Day 31st March</b>		
8.00am	Aspall	Holy Communion
9.30am	Debenham	Holy Communion
9.30am	Helmingham	Family Service
11.00am	Winston	Holy Communion
11.00am	Kenton	Family Service

## Debenham and Helmingham Benefice Church Services

### May

Sunday 5th May	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 12th May	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Morning Prayer
		Framsden	Holy Communion
Sunday 19th May	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
	Kenton	Morning Prayer	
Sunday 26th May	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer

supported the event and to Kate Branch for all the behind the scenes work. We are always amazed at the refreshments that are provided for our events—many thanks to those who made them.

The Carol Service on Christmas Eve was very well attended and we thank those who helped in any way: Veda Berriman for taking the service, Shaun Valentine for providing the music, the girls' choir, minus Bob who was unable to attend and a special Thank You to all the readers who did an excellent job in front of a full church. The collection, just over £260, was sent to EACH.

Congratulations to Leonora (nee Gummer) and Tom Faggionato on the birth of their son Raphael Emilio Francis on January 2nd. A dear little brother to Celeste and Giles. Love and best wishes to you all. Also wishing Leonora and Tom continued success at the Debenham Lion.

This year the **Winston Litter Pick** is on **Saturday 23rd March**, between 2pm - 4pm. Meet at The School Room. All equipment will be supplied. Please join them if you can.

Please see the pattern of services for Spring elsewhere in the magazine, but to let you know we should be having a Holy Communion service on Easter Day, Sunday March 31st at 11am in the church.

Lynn has kindly agreed to set the questions again for our **Annual Quiz**, sometime in March or April, to be confirmed, 7.30pm in the Schoolroom. Entry is £5 per person, teams of 4 or join a team on the night. Refreshments at half-time, but please bring your own table nibbles and drinks. To book your table please phone Lynn Odell, 01728 860859.

As I write this it's still January and the date of the **Winston Fete** has yet to be confirmed but we will let you know. Whenever it is, please think of us if you're having a clear out for books and white elephant items. We would be very grateful for offers of cakes, etc for the teas and cake stall. Entry and car parking will be free. If you have any new ideas for the Fete please let one of us know. Thank you.

*Sandra*

## HELMINGHAM

Two services were held in celebration of the Christmas season. Both were enjoyed by a good number and mince pies and mulled wine after the Carol Service was well received, so to an opportunity to share news with other members of the congregation.

The family service on Christmas morning led by Mark Trevitt was jolly and busy enjoyed by young and older.

### **The Helmingham Quiz**

**Saturday 10th February**, 6.30pm for 7.30pm

The Coach House, Helmingham Hall (parking in the main car park).

£7 per person inc half-time light refreshments (under 16s free)

*Please bring your own additional food and drink*

Teams of up to six people (or just turn up and join a team on the night). Tickets from Sue Haskins: office@helmingham.com or 01473 890363.

### **Helmingham Primary School**

Eagles have begun their new topic Rocks by exploring the differing rocks and stones outside and within our school grounds. The children enjoyed searching for rocks of different colours, textures and patterns and brought them inside to study more closely. Next they will be learning about the different types of rocks and seeing how they can classify their own. Foxes and Hedgehogs are looking at Opposites this half term using opportunities to experiment with float/sink, push/pull and up/down – running up and then



down the length of the playing field which is conveniently on a hill!

Hedgehogs enjoyed the winter sun during their outdoor learning session at the cabin. They lit a fire after discussing their own safety around it and then cracked some eggs, dipped bread in and cooked eggy bread. They came back for seconds, sitting in the sun on the edge of the cabin. They worked collaboratively to carry all their equipment and ingredients up to the cabin.

The children in Foxes class regularly get dressed up to do their project based learning and forest schools sessions, whatever the weather. Great fun was had collecting sticks and making arrows into signs on the tracks in the forest. They were creating routes for each other to follow in -4 degree temperatures when we had that really cold snap.

Eagles hosted a Design and Technology project day – inviting a class from Henley to join them at Helmingham to share ideas. They worked in groups to design and create a model vehicle that could move using an electric-powered motor. They took on different roles, including engineers, suppliers and builders and were responsible for their own jobs within the group. They had to be adaptive when things didn't go right and reflect on their final products. They all had a lot of fun and worked really well with their peers from different schools.

Thank you to Rev. Canon Susan Taylor who comes into school and takes assemblies with each class each month. We held a Christingle Service at Framsdon Church this term, walking from school and then the children took the service with readings, singing and taking home a Christingle each.

The school is hosting English (Reading and writing skills) and Maths Workshops for parents and children to work together, holding Parent consultations, promoting Children's Mental Health and focusing on a Science Week.

We are excited to be part of the Suffolk Agricultural Association 'Tractors in School' and look forward to Lucy bringing her tractor from Kenton Farms, Debenham. There are visits organised to Lego Education Event, The Owl Sanctuary and dressing up to celebrate World Book Day all enhance the learning of the children at Helmingham.

'STAY AND PLAY' sessions have started at Helmingham Primary School in Hedgehogs.

When: Last Thursday of the month

Time: 2.00 – 3.15 pm

Where: Helmingham Primary School IP14 6EX

Who: Parents/Grandparents/Aunts/Uncles/Carers ... and their pre-school children (0-5 years).

Please just turn up or if you would like more information, please call us on 01473 890267 or email [office.helmingham@gfpschools.org](mailto:office.helmingham@gfpschools.org).

## DEBENHAM

### **Coffee Morning with cake stall and raffle**

**Saturday 2nd March** 10am-12noon. Raising money for our link Diocese in Kagera, Tanzania.

### **Soup Lunches**

Normally on the second Saturday of each month in the winter. Choice of homemade soup and bread roll, homemade desserts, tea or coffee, raffle. £7. Everyone welcome.

### **Parish Pantry**

Every Wednesday morning, 10am to 11am in the church. Collect a bag of groceries for £3.

### **Parish Café**

Every Wednesday, 10am to 12 noon in Dove Cottage. Hot drinks, cake and chat, for a donation only.

### **Family@church**

A family friendly service for the young and not so young. On the first Sunday of each month, 9.30am breakfast, 10am service.

### **Waveney Foodbank**

A collection box for Waveney Foodbank is in the church porch. Debenham Co-op also has a box for collections (Stowmarket Foodbank).

### **Monday Meet-up**

Every Monday except Bank Holidays, 10am-2pm in Dove Cottage, High Street. Free hot drinks, chat, meet friends, WiFi, use of microwave, books available, crafts, games, cards and a warm welcome. Bring your knitting! Dogs welcome. Jigsaw Puzzle Exchange. Sponsored by Mid Suffolk District Council.

### **Debenham Green Team**

Debenham Green Team ([debenhamgreenteam@gmail.com](mailto:debenhamgreenteam@gmail.com)) have containers for pens, dental products and corks, at the back of the church. Also old candles for recycling. Join the mailing list at [debenhamgreenteam@gmail.com](mailto:debenhamgreenteam@gmail.com).

See the events coming up at [www.facebook.com/DebenhamGreenTeam](http://www.facebook.com/DebenhamGreenTeam), or [www.debenham.onesuffolk.net/debenham-green-team](http://www.debenham.onesuffolk.net/debenham-green-team) for basic information.

## **Debenham Shed**

Our Craft Days for 2024 are scheduled as follows, on Saturdays from 10am to 2pm. Please book in advance at [events@debenhamshed.org.uk](mailto:events@debenhamshed.org.uk) or telephone contacts below.

- 9 March: Glass fusion workshop
- 13 April: Sewing machine workshop and making planters
- 11 May: Pompom garlands and weaving in the barn
- 8 June: Mexican tin lanterns and T-shirt design
- 13 July: Dance workshop and pottery
- 10 August: Food smoking and eating, willow weaving
- 14 September: Shed Coffee Morning
- 12 October: Pumpkin Craft and Autumn Chandeliers
- 9 November: Christmas Crafts
- December: TBA

For more details look at our website (see details below, see Events and Projects)

*What is Debenham Shed? A place to make things by yourself, with guidance or with others. It could be in metal, cloth, wood or plastic. We have lots of tools and sourcing materials. You may want to repair or make new—the limit is your imagination. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter. Debenham shed is open to all.*

Debenham Shed is at 2 Fields Farm, Low Road (IP14 6BJ). We are open on Monday mornings 9am-12pm, Fridays 10am-5pm and normally the second Saturday morning of each month. You can join for 6 or 12 months, or pay as you go.

Chairman: Rob Davies 07952 556152. Treasurer: Tony Hutt 07906 614328. Visit our website at [www.debenhamshed.org.uk](http://www.debenhamshed.org.uk) (sign up to newsletters on the Contact page) Email [info@debenhamshed.org.uk](mailto:info@debenhamshed.org.uk). Like our Facebook page at [www.facebook.com/DebenhamShed](http://www.facebook.com/DebenhamShed).

## **Debenham Library**

### **Heavy Metal Day, Saturday 25th May**

The Friends of Debenham Library will once more be raising funds for the Library and the Primary School from 9am to 3pm. when we will be collecting your scrap metal at Debenham Primary School. Avoid that trip to the

dump and do your bit for the planet<sup>4</sup> by recycling your scrap metal. Start saving it now. We need any unwanted, predominantly metal items, including old white goods (not fridges or freezers), kitchen utensils, pots and pans, metal furniture, cars or car parts, bikes, garden tools, pipes, wiring (even with plastic insulation), clean food and drinks cans, etc. Please keep aluminium, copper, brass, stainless steel and lead items separate if possible as they are worth more that way. Unfortunately we will not be able to accept gas cylinders, televisions, fridges or freezers or items that do not contain any metal. We will invite you to deliver your metal items between 9am and 3pm on the day to the school, where you will be directed towards skips and areas designated for different metals. Volunteers will be ready to help you offload. If you have any large of heavy items that you can't bring to the school without help, please contact us in advance and we will try to assist. Thank you.

Howard 01728 860138 or 07710 145798 / Jane 01728 860138 or 07780 605290

### **Suffolk Libraries Day**

For Suffolk Libraries Day we hope to have activities on the weekend of 16/17 March, including a Quiz. For more details look at the Facebook page (see below).

*Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, A4 Laminating, CDs, audiobooks, downloadable music/audiobooks/eBooks, free reservations, drinks for sale. The room is available for hire outside opening hours.*

Tuesday 0930 am – 1300 pm      Wednesday 1500 – 1930 pm

Saturday 0900 am – 1300 pm      Sunday 1200 – 1600 pm

Tel: 01728 861940

[www.suffolklibraries.co.uk/libraries/debenham-library](http://www.suffolklibraries.co.uk/libraries/debenham-library)

Facebook: @DebenhamLibraryandFriends

Email: [debenham.library@suffolklibraries.co.uk](mailto:debenham.library@suffolklibraries.co.uk)

### **Suffolk Libraries: Mobile Library Routes (every 4 weeks)**

Aspall Church, Thursdays 1145-1210 (please note times have changed)

Debenham, Gracechurch Street/Henry Street Thursdays 1115-1145

Framsden Village Hall, Thursdays 1400-1415

Pettaugh, Old Bull, Fridays 1535-1555

*Helmingham and Kenton are no longer listed*

See [www.suffolklibraries.co.uk/visit/mobile-libraries](http://www.suffolklibraries.co.uk/visit/mobile-libraries) for more information.

### **Editor's notes**

The Copy deadline for the next *Together* magazine (June-August) is **25 April**,

and is normally published about two weeks later. Quarterly, A5 format. 700 copies are printed and collated on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can't do any of these send the copy in the post.

**Editor:** Tony Hutt, Email: [tony@tonyhutt.co.uk](mailto:tony@tonyhutt.co.uk) Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

**Advertising** payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: [cmcbranch@btinternet.com](mailto:cmcbranch@btinternet.com) (payable to Winston PCC). 1/8 page for £20 p.a. (4 issues); ¼ page for £40 p.a.; ½ page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

This magazine is published online at [www.achurchnearyou.com/debenham](http://www.achurchnearyou.com/debenham) and earlier copies are available at [www.issue.com/tonyhutt](http://www.issue.com/tonyhutt).



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**[www.parkfarmmeadow.com](http://www.parkfarmmeadow.com)**

Facebook page: Parkfarmmeadow

## Debenham Film Club

It is hoped to set up a film club in Debenham soon for public showings. Anyone interested in helping is welcome to contact Tony Hutt on [tony@tonyhutt.co.uk](mailto:tony@tonyhutt.co.uk) or 01728 860173. Help in choosing and booking films, publicity and running the evenings would be very welcome.

## Other Local Film Clubs

### **Film@Fram**

Framlingham now have good projection facilities (it's surprising what a difference Bluray discs and a good projector make) and surround sound, in the Castle Community Rooms, at 7 for 7:30pm.

13th March 2024 - **The Great Escaper** 12A (2023)

17th April 2024 - **The Miracle Club** 12A (2023)

Visitors and guests are welcome and entrance is £6.00. Please pay in cash or by cheque. You can also pay by bank transfer and if you want our bank details, just let us know. There is no need to book.

Don't forget we are on Facebook [www.facebook.com/filmatfram](https://www.facebook.com/filmatfram), Instagram: [www.instagram.com/filmatfram](https://www.instagram.com/filmatfram) and our website is <https://mycommunitycinema.org.uk/cinemas/filmfram>.

### **Earl Soham Films**

March 15th **Wonka** (tbc).

April 19th **The Nettle Dress**

Watch films in a sociable café-style atmosphere in the main Theatre Hall. Doors open from 7pm for 7.30pm screening. Tickets: via Website £5.28\* Door: £5 cash £5.28\* card (\*bank processing fee) Refreshments available from the bar. A fundraising event for Earl Soham Village Hall Renovation Fund. Subscribe at [www.earlsohamvillagehall.org](http://www.earlsohamvillagehall.org) for news of regular screenings.

### **Brandeston Film Club (second Friday of the month)**

Looking ahead, we will be showing **The Great Escaper** (It was Glenda Jackson's last film, and who doesn't love Michael Caine?) and **Napoleon**, a spectacle-filled action epic that details the checkered rise and fall of the iconic French Emperor Napoleon Bonaparte, played by Joaquin Phoenix. Members can rejoin the Film Club, for £5 for the year. New members are welcome, and being a member allows a reduction in entry price (£5 rather than £6) for at

least a year. However, guests and friends are always welcome.

## **Crowfield First Friday Film Night**

On Friday 1st March:

**Encanto (2021, 6+)**, doors open 4.30pm, film at 4.45pm

**The Great Escaper (2023, 12A)**, doors open 7pm, film at 7.45pm



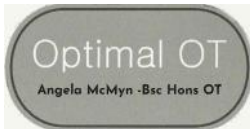
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Web: [www.optimal-ot.co.uk](http://www.optimal-ot.co.uk)



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For details contact Jo Calver, Helmingham 01473 890770,  
email: [jotheredhead68@gmail.com](mailto:jotheredhead68@gmail.com)



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Debenham 01728 860269



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[www.debenvalleyvet.co.uk](http://www.debenvalleyvet.co.uk)

**Useful links**

Debenham website and PC  
Framsden PC  
Framsden village  
Winston website and PC  
Pettaugh website and PC  
Framsden Baptist Church

[www.debenham.onesuffolk.net](http://www.debenham.onesuffolk.net)  
[www.framsden.onesuffolk.net](http://www.framsden.onesuffolk.net)  
[www.framsden.org.uk](http://www.framsden.org.uk)  
[www.winston.onesuffolk.net/parish-council](http://www.winston.onesuffolk.net/parish-council)  
[www.pettaugh.suffolk.cloud](http://www.pettaugh.suffolk.cloud)  
[www.framsdenbaptist.org](http://www.framsdenbaptist.org)

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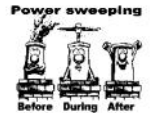
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# WHO'S WHO IN THE BENEFICE

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## Winston Schoolroom

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## Dove Cottage

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