



# **EastBergholt**

parish magazine

**January 2024**

## EMERGENCY NUMBERS

---

|   |              |
|---|--------------|
| <b>Police, fire, ambulance</b> .....                                      | 999          |
| <b>Police (non-emergency)</b> .....                                       | 101          |
| <b>Police (Capel St Mary station, non-emergency, limited hours)</b> ..... | 01473 613500 |
| <b>Electricity</b> .....  | 105          |
| <b>Gas</b> .....  | 0800 111999  |
| <b>Water</b> .....  | 03457 145145 |
| <b>Samaritans</b> .....   | 116123       |

---

## HEALTHCARE

---

|  |              |
|--|--------------|
| <b>Constable Country Medical Practice</b> , Heath Road .....   | 01206 298272 |
| <b>Dentists:</b> Capel Dental, Capel St Mary .....   | 01473 311130 |
| Manningtree Dental Practice .....  | 01206 391065 |
| <b>Day Lewis Pharmacy</b> , Gaston Street .....  | 01206 298267 |
| <b>Hospitals:</b> Ipswich Hospital NHS Trust, Heath Road, Ipswich .....  | 01473 712233 |
| Colchester District General Hospital, Turner Road, Colchester .....  | 01206 747474 |
| <b>Highcliff Veterinary Practice</b> , Brantham .....  | 01206 391511 |
| <b>Defibrillator locations: East Bergholt:</b> Constable Memorial Hall, CO7 6TP; East End Butchers, Broom Knoll, CO7 6XN; The Grange Country Park, CO7 6UX; telephone box by The Lion, The Street, CO7 6TB; The Royal Oak, East End, CO7 6XA; <b>Flatford:</b> Tourist information; National Trust upper car park. <b>Note:</b> You must call 999 for a defibrillator code in order to use any of these devices. |              |

---

## SCHOOLS

---

|   |              |
|---|--------------|
| <b>East Bergholt C of E Voluntary Controlled Primary School</b> , School Lane. Headteacher: Clare Sampson ..... | 01206 298202 |
| <b>East Bergholt High School</b> , Heath Road. Headteacher: Dan Woodcock .....                                  | 01206 298200 |

---

## CHURCHES

---

|   |  |
|---|--|
| <b>St Mary the Virgin, East Bergholt</b> (Church of England).         |  |
| Churchwardens: Sarah Southgate, Holly Cottage, White Horse Road ..... | 07742 620695   |
| and Fiona Trott, St Mary's, Gandish Road .....                        | 01206 298205   |
| Benefice administrator .....  | <a href="mailto:constablecountrychurches@outlook.com">constablecountrychurches@outlook.com</a> /07955 329341 |
| <b>Congregational Church, East Bergholt</b>                           |  |
| Church secretary: John Jeffreys .....                                 | <a href="mailto:jeffreysjohn186@gmail.com">jeffreysjohn186@gmail.com</a> /01206 298737                       |
| <b>Methodist Church, Brantham</b>                                     |  |
| Church council secretary: Jean Chambers .....                         | <a href="mailto:jean.chambers21@hotmail.co.uk">jean.chambers21@hotmail.co.uk</a>                             |
| <b>Church of the Holy Family, Brantham</b> (Roman Catholic)           |  |
| Rev Fr Luke Goymour .....   | <a href="mailto:revgoymour@googlemail.com">revgoymour@googlemail.com</a> /01473 684963                       |

---

## LIBRARIES

---

|   |              |
|---|--------------|
| <b>Capel St Mary Library</b> , Community Centre, The Street, Capel St Mary .....  | 01473 311699 |
| <b>Manningtree Library</b> , High Street, Manningtree .....   | 01206 392747 |
| <b>Mobile library:</b> on Fridays every 4 weeks at Constable Hall, East Bergholt 9.55am-11.00am and The Lion, East Bergholt 3.30pm-4.30pm ..... |              |
| <a href="http://suffolklibraries.co.uk">suffolklibraries.co.uk</a> /01473 263838  |              |

---

## PUBLIC TRANSPORT

---

|                               |   |
|-------------------------------|---|
| <b>Suffolk on Board</b> ..... | <a href="http://suffolkonboard.com">suffolkonboard.com</a> /0345 606 6171 |
|-------------------------------|---|

---



# Best Wishes For The New Year, 2024

Later in the magazine I outline priorities that the Parish Council is considering for the next few years. But here, since it's my turn to write the opening article this month, let me introduce you to the people putting those plans into action...

**Nigel Roberts**, vice-chair, is a retired strategic planning professional, contributing enormously to drafting our local voice on planning. He leads on policies for our Neighbourhood Plan.

**Bob Elmer**, chair of strategy, policy and finance, is our go-to person for finance who helps us spend wisely and leads Community Infrastructure Levy expenditure planning.

**Graeme Woodcock**, chair of the playing fields committee (PFC), works energetically with the Sports Council and East End community to improve our sports and playgrounds facilities.

**Mark Hurley**, chair of the burial grounds (BG) committee, also coordinates our community care activities, encouraging warm spaces and providing information for the less well-off in our community.

**Michael Hockley**, chair of the roads, footpaths and Flatford (RFF) committee, works tirelessly and his support helps other councillors to make a real difference.

**John Price** is also on the RFF committee and leads on new opportunities for making footpaths more extensive and accessible.

**Lyn Matthews** leads our new initiative, working with young people. Now we are qualified as a competent council (more than two thirds of our councillors have been elected and we have a fully qualified clerk) we have more opportunities, and Lyn and her group are developing work with young people.

**Peter Dent** is on the RFF and PFC, and is always a willing volunteer, helping the chairs achieve committee objectives.

**Ricky Allen** is on the RFF and BG committees, contributing to their work.

**Rob Wombwell** is our technology expert and, in addition to contributing to council debates, takes a lead on our project to create a more modern and accessible website.

**Sallie Davies** is our new district councillor and also chairs our Neighbourhood Plan group, connecting the Parish Council to the initiatives of the District Council.

**Simon Rothwell** is our tree warden, and is on the PFC as well as contributing to children's initiatives and the use of the primary school for the junior football team.

**Graham White**, clerk, and **Louise Smith**, assistant clerk, complete the full team, very ably and professionally assisting us to do our job.

Parish councillors give freely of their time, spending many hours per week on improving village facilities. We welcome conversations with you on any of our initiatives and look forward to seeing you at our meetings and consultation sessions in 2024. - *Joan Miller*,

# MATTHEW LEEKS

**Plumbing & Heating Engineer,  
Bathrooms and Kitchens**

**Tel: 01473 421142  
Mobile: 07985 567812**



**379 Landseer Road, Ipswich IP3 9LS**



**SAM'S ELECTRICS**  
**YOUR LOCAL ELECTRICIAN**  
Domestic and Commercial



- Licensed and Insured, **Clean Worker, Reliable**
- Additional Sockets for Computers, Printers, Flat-screen Televisions
- Re-wires and New Build Installations
- Fuse Board Replacements
- Periodic Inspections & Testing plus Fault Finding
- General Electrical Maintenance
- Portable Appliance Testing
- **Prices are always Extremely Competitive, Free Quotations**

**NICEIC Approved Contractor no: 603614  
Part P Qualified**

**Call today: 01206 299998  
Mob: 07940 031776.**

**E-mail: [sam@samselectrics.co.uk](mailto:sam@samselectrics.co.uk)**

# DAISY CHAIN HOME SUPPORT



## YOUR LOCAL COMMUNITY CARE SERVICE

Daisy Chain Home Support Ltd offers over thirty years experience supporting older people living in their homes. The aim of the service is to provide flexible support, to meet individual requirements.

All staff are D.B.S checked (Disclosure and Barring Service) and are fully insured. Support includes:

- Personal Care
- Shopping (with or without you)
- Companionship
- Escort to appointments
- Light housework
- Help with medication
- Help with paperwork/applications for benefits (i.e. Attendance Allowance etc.)
- Meal preparation
- Home security check calls
- Pet feeding/dog walking
- Sit-in service (giving carers free time)
- Prescription collection
- Laundry and ironing
- Trips out
- Providing assistance to access appropriate services
- Any other reasonable task will be considered



Registered Manager: Liz Tonks  
Registration No: 1-1505061772

Telephone: 01206 394545  
Mobile: 07984 484 609  
Email: [Liz@daisychainsupport.co.uk](mailto:Liz@daisychainsupport.co.uk)  
Website: [www.daisychainsupport.co.uk](http://www.daisychainsupport.co.uk)

**RATED "OUTSTANDING"  
FOR CARING BY  
THE CARE QUALITY  
COMMISSION**

# R. GWINNELL & SONS

## Family Funeral Directors and Monumental Masons

R. Gwinnell & Sons pride themselves on offering a full and personal funeral service tailored for you or your family's wishes, bespoke funeral plans and memorials suitable for any location. We are proud to say, "We never take commission from florists, probate advisors, printers or caterers." We are happy to offer free information and advice, without obligation


|  |   |   |
|--|---|---|
| 24 High Street<br><b>MANNINGTREE</b><br>01206 391506 | 32 High Street<br><b>HADLEIGH</b><br>01473 824440 | 112 Ipswich Road<br><b>COLCHESTER</b><br>01206 868585 |
|--|---|---|

We are available at anytime, day or night.

TRADITIONAL BLACK ROLLS ROYCE HEARSES AND LIMOUSINES  
AND SILVER ROLLS ROYCE HEARSE AND LIMOUSINE

Members of the National Association of Funeral Directors

**Mobile Foot Care Practitioner**



*Caroline*  
GOODWIN  
FOOT CARE PRACTITIONER

- Foot Health Check & Advice
- Nail Trimming
- Callus (Hard skin)
- Cracked Heels
- Corns
- Verrucas
- Fungal & Thickening Nails
- Ingrown Toenail
- Athletes Foot

**07900541421**  
[carrieg@btconnect.com](mailto:carrieg@btconnect.com)

## P.A. LAST

### HOME & GARDEN MAINTENANCE

Patis • Fencing • Paths  
Garden Clearance • Shed Bases  
Turf Laid  
• Free Estimates •

**01473 287542    07742 015384**  
[paul40last@gmail.com](mailto:paul40last@gmail.com)

# *Derek's Painting Services*



Internal and External • Free Estimates

**01206 298 657    •    07801 803689**  
**Email: [derek.hawken@yahoo.co.uk](mailto:derek.hawken@yahoo.co.uk)**



## Problems with your feet?

Ali Wareham BSc (Pod Med), MChS  
HPC reg. Chiroprapist / Podiatrist  
30 years experience in both NHS  
and Private Practice

Clinics all day on a Monday and Wednesday  
at

Constable Medical Practice at East Bergholt

Est. 5 years  
01206 298272

For weekday, evening and weekend appointments  
Ipswich Foot Clinic @ Gilmour Piper,  
10 Fonnereau Road, Ipswich  
01473 217592

jh juniper house  
of print

Stationery, forms, leaflets, brochures etc  
Friendly service

Wedding Stationery also available

42 Harwich Road, Lawford, Manningtree CO11 2LS  
T: 01206 230884 M: 07710 793306  
E: richard@jhprint.co.uk

## DAVID BEARCROFT CLOCKS

- Both old and modern clock repairs
- Antique clock restoration
- Antique clock maintenance
- Sale of antique clocks & exterior clocks
- Over 40 years experience

Tel: 01473 740524

Email: david.bearcroft@ntlworld.com

42 Preston Drive, Ipswich, Suffolk IP1 6DS  
www.davidbearcroftclocks.co.uk



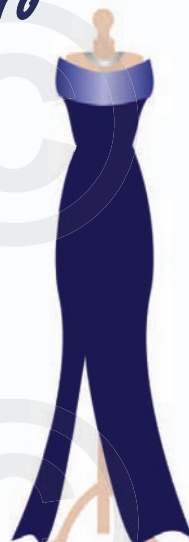
## The Dress Studio

*A personal one to one*

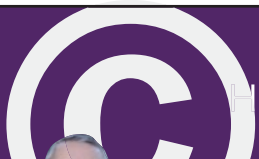
- ♥ Wedding Dress Hire
- ♥ Mother of the Bride and Guest outfits
- ♥ Huge selection of hats and fascinators
- ♥ Hat hire
- ♥ Evening wear for sale and hire
- ♥ Large selection of Prom dresses, all prices and sizes.
- ♥ Special occasion wear
- ♥ Accessories
- ♥ Shoes
- ♥ Simply everything you may need for that special occasion
- ♥ Sizing 4 to 32 - something for everyone!

Based in East Bergholt, peaceful surroundings, easy parking, no fuss.

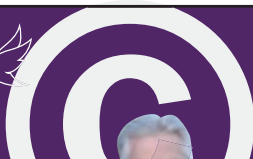
Just call Jenny for an appointment - day or evening on 07712 800164







HUNNABALL  
Family Funeral Services



Here **whenever** you need us

Funerals | Memorials | Pre-paid Funeral Plans

**Hunnaball of Colchester**  
York House, 11 Mersea Road,  
Colchester CO2 7QT  
**01206 760049**

**Geo. Paskell of Manningtree**  
19a High Street,  
Manningtree, CO11 1AG  
**01206 396709**

[www.hunnaball.co.uk](http://www.hunnaball.co.uk)

**Framewerks**

Picture Framing for the home, office or exhibition

**01206 843813**

Bespoke picture framing  
service with over  
30 years experience.

3D Object framing - sports shirts, medals,  
cross stitch, textiles & tapestry framing

Print & frame service - file to frame

Onsite framing - Parking

**10% discount for East Bergholt residents**

**[www.framewerks.co.uk](http://www.framewerks.co.uk)**



Unit C3, Seedbed & Business Centre  
Severalls Business Park  
Colchester, Essex  
CO4 9HT



**Peaches  
& Cream**

BEAUTY THERAPY

PRIVATE TREATMENT ROOM  
in Gandish Road, East Bergholt

- OPI Manicures & Pedicures
- Facials & Waxing
- Indian Head Massage
- Eye Treatments
- Lash/Brow Tinting
- Hopi Ear Candling
- Pamper Days & much more...

**Tel: 01206 298 042**

Member of

**the guild**  
of Beauty Therapists



# KMC

## Automotive Solutions

Servicing : Repairs : Welding  
Diagnostics : Air conditioning

Petrol, diesel & Calor gas sales

**MOT centre**  
cars & light vans

Heath Road, East Bergholt, Colchester, CO7 6RL  
Telephone: 01206 298245



- INSTALL
- SERVICE
- REPAIR

**PROFESSIONAL BOILER INSTALLERS  
COVERING COLCHESTER, IPSWICH AND  
THE SURROUNDING AREAS**

**BOILER SERVICES AND  
GAS SAFETY CHECKS FROM £60**

Contact:

**07415 383545**

[sam@adaptplumbing.co.uk](mailto:sam@adaptplumbing.co.uk)



# The Constable Memorial Hall

East Bergholt  
CO7 6TP

For your

- Events
- Activities
- Meetings
- Celebrations

[www.ConstableHall.co.uk](http://www.ConstableHall.co.uk)

E-Mail: [ConstableHallBookings@hotmail.co.uk](mailto:ConstableHallBookings@hotmail.co.uk)

Tel: 07783682024



**East Bergholt Pet Company**

DOG WALKING  
PET & HOUSE SITTING  
POP IN PET CARE VISITS  
PET TRANSPORT  
SPECIAL OCCASION CHAPERONING

We offer a range of services tailored  
for your pet

**07526 520151 or 07388 594577**

Find us on Facebook  
East Bergholt Pet Company

[eastbergholtpetcompany@gmail.com](mailto:eastbergholtpetcompany@gmail.com)

## GK Tree Services

Specialist in all types of tree work  
including, reshaping, reducing, felling,  
thinning, clearance and stump grinding.

Hedge trimming undertaken.

Planting.

Small or large loads of seasoned split  
hardwood logs, mulch, woodchips.

Fully insured. NPTC Qualified.

24hr emergency call out.

For a reliable, prompt, free competitive,  
no obligation quote contact Kevin on

**Tel: 01206 231306**

**Mobile: 07866 251221**

*7 days a week \*family run business\**

## Rob Steele Home Maintenance Services

Kitchen & Bathroom Fitting,  
Tiling, Plumbing,  
Painting & Decorating,  
Fencing,  
General Repairs &  
Maintenance

NO Job Too Small

**Tel. 01206 298451**  
**Mob 07791 950849**





MISTLEY MANOR

Independent or supported living for seniors

Specialist dementia care

Superb accommodation for individuals and couples

Reablement services

Stylish restaurant and bar

Hair and beauty salon

Landscaped gardens

Welcoming reception and lounge areas

CCTV throughout, as CQC recommendation

PLEASE CALL OR VISIT US  
TO FIND OUT MORE

01206 391488 • [info@mistleymanor.com](mailto:info@mistleymanor.com)

[www.mistleymanor.com](http://www.mistleymanor.com)

*Luxury*

AFFORDABLE  
RESIDENTIAL CARE



2 Long Road, Mistley, Manningtree, Essex CO11 2HN

THE LION BRASSERIE  
EAST BERGHOLT



We look forward to welcoming you all!  
[www.thelioneastbergholt.co.uk](http://www.thelioneastbergholt.co.uk)  
The Street, East Bergholt CO7 6TB  
01206 803406

Enjoy a leisurely brunch, lunch, afternoon tea or dinner from our locally sourced menus, a refreshing glass of fine wine or a freshly brewed coffee in our fully renovated 17th century property or outside in the stunning walled garden.

### EAT, DRINK, SLEEP

We now have five Luxurious rooms at The Lion - visit our website for further details or call Team Lion on

**01206 803406**

[www.thelioneastbergholt.co.uk](http://www.thelioneastbergholt.co.uk)



## Essex & Suffolk **PEST SOLUTIONS**

*Your local pest control experts for home & business*

Free advice, fast response

Highly accredited (NPTA)

Fully qualified & insured

Discreet - unmarked vans

info@eandspestsolutions.co.uk

Tel: 01206 370050

## Nigel Bruce

Industrial & Domestic

**ELECTRICIAN**

The Swift · Upper Street

Stratford St. Mary

Colchester · CO7 6JW

Tel: (01206) 322751

# DEDHAM VALE TREE SURGERY

- NPTC qualified, fully insured
- Hedge maintenance and reduction
- Stump grinding
- Chestnut cleft fencing installed
- All tree work undertaken
- Crown reduction and shaping
- Pruning and pollarding
- Felling, sectional dismantling

---

SPECIALISING IN BIG TREES IN DELICATE SITUATIONS

---

www.dedhamvaletreesurgery.co.uk **07756811098**



## **A.R.CHERRY - Handyman**



Local craftsman with more than 30 years  
experience in the building trade

Property Maintenance - Repairs - Kitchens - Bathrooms

Plumbing - Carpentry - Fascias/Gutters - Fencing etc







Reasonable Rates - High Standards

Mobile: 07771 730142





**"We are Specialists in Grade II  
Listed Buildings"**

- |   |  |
|---|--|
|  Doors, Windows, Skirting & Faceur |  No Job To Big or Small |
|  Wallpapering, Coving              |  Pozilime & Lime Wash   |
|  General Repair & Maintenance      |  NVQ2 Qualified         |



**A PROFESSIONAL PAINTING & DECORATING SERVICE  
FROM PEOPLE YOU CAN TRUST**

For a FREE Estimate Contact Steve Ferguson on 07719 357322 or 01206 393351  
[www.tenondecoratingltd.co.uk](http://www.tenondecoratingltd.co.uk) email: [steve@tenondecoratingltd.com](mailto:steve@tenondecoratingltd.com)  
Sbras, East End, East Bergholt, Colchester, Essex CO7 6XQ



  
**LAWFORD HOUSE POOL**  
MOBILITY | WELLBEING | FITNESS

**Come and enjoy a swim at  
Lawford House Pool.**

Lawford House Pool, Bromley Road  
Lawford CO11 2JD

To book please go to our website  
[www.lawfordhousepool.co.uk](http://www.lawfordhousepool.co.uk)  
or call us on 07958 551161.

**P. & S. Taxis**  
**Local Taxi Firm**



**Airports • Hospitals • Weddings • 4 Seater**

**01206 396321 • Mobile: 07860 284847**

**Established 1980**



38 New Village  
Brantham,  
Manningtree CO11 1RL

**Tel: 01206 391238**

For all your lock and  
safe requirements

[www.towneslocksmiths.co.uk](http://www.towneslocksmiths.co.uk)

**Sparlings**  
Solicitors ... *we care*



An efficient personal service on your doorstep  
Home visits available on request

13 High Street, Manningtree

Tel: 01206 392201  
Contact: Katrina Sharman  
[KatrinaS@sparlings.co.uk](mailto:KatrinaS@sparlings.co.uk)  
[www.sparlings.co.uk](http://www.sparlings.co.uk)

Also at Colchester & Frinton-on-sea

**Lexcel**  
Legal Practice Quality Mark  
Law Society Accredited



INVESTOR IN PEOPLE



**Dave's Private Hire**

Professional and friendly service

Based in Dedham

For all your travel needs:

- Visits to local shops
- Days out
- Airports
- Cruise terminals

Licensed to carry up to 4 passengers

To make a booking please call

**07834 570479**

[davesprivatehire44@gmail.com](mailto:davesprivatehire44@gmail.com)

**TOPMARX TAXIS**

*the service you can rely on*

**01206 395449**

4-6-8 SEAT CARS AND MINIBUSES AVAILABLE

**AIRPORT  
TRANSFERS**



**Stansted - Gatwick - Heathrow  
Luton - Norwich - London City**  
and many more throughout the UK

**SOCIAL · BUSINESS · CORPORATE**

Meet and Greet service available  
Cars and Minibuses available

Call now or email:

[mgw-topmarx@tiscali.co.uk](mailto:mgw-topmarx@tiscali.co.uk)





- Corporate Events
- Weddings
- Funerals
- Private Functions
- Location Catering

Our mobile coffee vans create  
a buzz wherever they go!

Call 07866 716788 or visit [queenbeecoffee.co.uk](http://queenbeecoffee.co.uk)



@queenbeecoffeeuk



@queenbeecoffeeuk

## ARDLEIGH CHIMNEY SWEEP SERVICES

- Traditional and Power Sweeping
- CCTV Inspections
- Safety Certificate Issued
- Fully Insured
- Cows Fitted



ANDREW SMITH

01206 231718  
07845 249820



## Samantha Wright Foot Care

your feet in our hands...

Mobile professional foot health care in the  
comfort of your own home

Tel: 07765 112993  
[www.samwrightfootcare.co.uk](http://www.samwrightfootcare.co.uk)



Professional Tree Surgeon and team  
that can maintain your gardens big or small



### Trees & Hedges

Felled, Pruned, Shaped, Dead / Broken & dangerous hanging branches  
removed to make them safe.

Hedges cut and maintained to your specification

### Gardens

Lawns cut, Borders trimmed, Shrub beds cleaned

### Ground Clearance

Large or small areas of scrub cleared and removed

### Fences

Panelled, Wired, Post & Rail, Erected or Mended

*Free, no obligation, quotations*

01449 720157 / 07788590779

[james.firman@treesandfences.com](mailto:james.firman@treesandfences.com) / [www.treesandfences.com](http://www.treesandfences.com)



## SR MOWERS

UNIT 11 BRANTHAM MILL  
CO11 1QT

Established 1993



SERVICING / REPAIRS TO MOST TYPES OF PETROL  
LAWNMOWERS AND GARDEN MACHINERY AT COMPETITIVE  
RATES, COLLECTION AVAILABLE. TEL: 07925 120777 FOR A  
PROMPT AND COURTEOUS SERVICE.



## HIGHCLIFF VETERINARY PRACTICE

*Providing pet care 24/7 for over 100 years*

**FACTORY LANE, CATTAWADE,  
Nr MANNINGTREE, BRANTHAM**

**SURGERY HOURS** (by appointment only)

**Monday to Thursday 8.30 - 7.00pm**

**Friday 8.30 - 6.00pm**

**Saturday 8.30 - 1.00pm**

**Tel: 01206 391511 • [www.highcliffvets.com](http://www.highcliffvets.com)**



## PLANT CENTRE CAFÉ & GARDEN

*For Specialist and Popular Plants*

Located in the Victorian walled garden at East Bergholt Place.  
Wide range of plants for sale - trees (including fruit trees) shrubs,  
climbers, roses, conifers, herbaceous plants, alpiners, herbs etc. pots,  
compost, sundries and gardening gifts.

5% Discount with EB Horticultural membership card

Plant Centre, Garden and Café - Open daily 10am-5pm

**Tel: (01206) 299 224**

E-mail: [sales@placeforplants.co.uk](mailto:sales@placeforplants.co.uk) [www.placeforplants.co.uk](http://www.placeforplants.co.uk)

The Place for Plants, East Bergholt Place, Suffolk CO7 6UP



**WORTH**

DECORATING

Craftsman of Decoration

**A bespoke painting and decorating service based in East Bergholt with exceptional attention to detail and a high quality finish.**

**If you love it, it's WORTH DECORATING.**

**Contact Stewart Worth - 07812 495 482 [stewart@worthdecorating.co.uk](mailto:stewart@worthdecorating.co.uk)**



**COLLINS & CURTIS**  
**MASONRY LTD**

*est. 1925*

## Memorial Stone Masons

*Dedicated craftsmen who  
combine traditional with new techniques*

Bespoke memorials  
Additional inscriptions  
Restoration and cleaning  
Home visits by appointment

**01473 250932**  
**[www.collinsandcurtis.co.uk](http://www.collinsandcurtis.co.uk)**



**Mobile**

**fresh fish shop**



## **D Allen's Fresh Fish**

Mobile Fresh Fish Shop brought straight from Lowestoft fish market. Wide selection of fresh fish, smoked fish, and seasonal shell fish.

My Van will be outside  
The Hare Hounds East Bergholt.  
On Thursdays between  
9:45am-10:15am, if you miss me  
there you can catch up with me in  
Dedham High Street  
Thursdays 2.00pm-2.30pm.

Mobile: 07967 755771  
Land Line: 01206 303104

**Mandy's Fitness Workouts**  
 Circuits - Body Tone - Aerobics  
 mob: 07904 191 978  
 tel: 01206 298 657  
 mandy.francis63@yahoo.co.uk



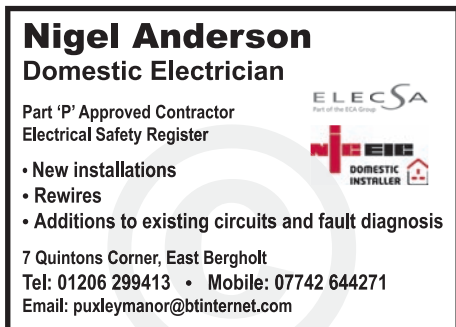
**Susan Morrison**  
 Registered Osteopath  
 Tel: 01206 299027  
 Mobile: 07919 101099  
 Email: susie.kramers@gmail.com  
 Abbey View, Rectory Hill, East Bergholt  
 Suffolk CO7 6TG



FREELANCE  
 HAIRDRESSERS'  
 ASSOCIATION **FHA**  
**Jannette Beckett**  
 Fully Qualified Freelance Family Hairstylist  
 Tel: 01473 730204  
 Mobile: 07905 589176



**Nigel Anderson**  
 Domestic Electrician  
 Part 'P' Approved Contractor  
 Electrical Safety Register  
 • New installations  
 • Rewires  
 • Additions to existing circuits and fault diagnosis  
 7 Quintons Corner, East Bergholt  
 Tel: 01206 299413 • Mobile: 07742 644271  
 Email: puxleymanor@btinternet.com



**SUMMERS WOOD**  
 Firewood All Year Round  
 Seasoned Sustainable Firewood  
 From Locally Managed Woodlands  
 Phone Colin  
 07746 297735  
 colinbkk99@hotmail.com



**MANNINGTREE**  
**BODY REPAIR CENTRE**  
 Riverside Avenue West  
 Lawford, Manningtree  
 Essex CO11 1UN  
 Tel/Fax: 01206 393191  
 Website:  
 www.manningtreebodyrepaircentre.co.uk  
 All types of car & commercial  
 body repairs from minor scuffs  
 to major insurance repairs  
 and vehicle restoration.  
 Collection/delivery service.  
 Courtesy car subject to  
 availability.







## Ladies Boutique in East Bergholt

Selling clothes, scarves, bags, jewellery and purses

Tue, Thurs and Fri – 10am - 3pm Sat – 10am - 1pm



Contact Sarah McGrath

The Street, East Bergholt, CO7 6TF

✉ [sarah.jane.mcgrath@hotmail.com](mailto:sarah.jane.mcgrath@hotmail.com)

☎ Tel 07793 214190

📘 Sarah Jane's Boutique



Speak to Grier & Partners, the Essex and Suffolk  
property experts on 01206 299 222

**Grier & Partners**  
THE PROPERTY EXPERTS



[www.grierandpartners.co.uk](http://www.grierandpartners.co.uk)

Find us on



The Old Shop, The Street, East Bergholt, Suffolk, CO7 6TF

# ST MARY'S CHURCH, EAST BERGHOLT

The Street, East Bergholt, Suffolk CO7 6TA  
Benefice website: [www.ConstableCountryChurches.co.uk](http://www.ConstableCountryChurches.co.uk)  
Facebook: stmaryseastbergholt  
YouTube: Constable Country Churches

**Enquiries about weddings, baptisms and funerals and any church matters should be directed to the wardens in the first instance.**

## **St Mary's, East Bergholt:**

Fiona Trott - [fiona.trott13@gmail.com](mailto:fiona.trott13@gmail.com) - 01206 298205  
Sarah Southgate - [southgatesarah@yahoo.co.uk](mailto:southgatesarah@yahoo.co.uk) - 01206 299729

## **St Michael's, Brantham**

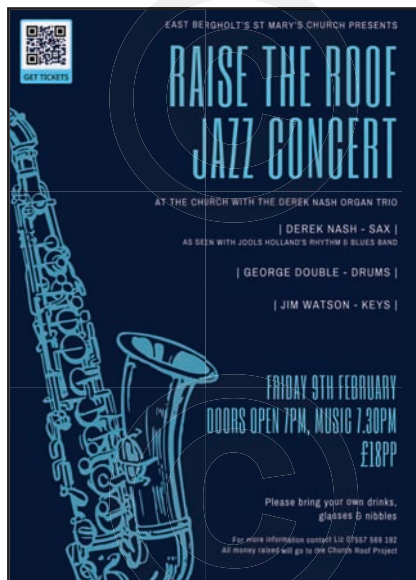
Jane Pavitt - [jane.pavitt@tiscali.co.uk](mailto:jane.pavitt@tiscali.co.uk) - 01473 328512  
Len Smith - [len@campervansmiths.com](mailto:len@campervansmiths.com) - 07986 767123



## **FAMILY@CHURCH**



For the last service of 2023, we celebrated Christmas at Fields Kitchen & Farmshop. We sang lots of Christmas carols, and talked about preparing for baby Jesus arriving at Christmas-time - born in a stable - and the special time called Advent. We sang our "sorry song" and prayed for peace on earth and for those for whom Christmas is a difficult time for so many different reasons. We enjoyed party food and then a special person came to see us and handed out presents!



If you have never been to a Family@church service before why not make it one of your new year's resolutions? We meet on the first Sunday of every month at 4.00pm, usually at St Mary's, where we have fun, take part in activities, sing, eat and make new friends - and that's just the adults! You don't need to have a family to come, and you can be any age. Hope to see you on Sunday 7<sup>th</sup> January for our first meeting of 2024.

For any queries or comments about Family@church, please contact Liz Digby ([liz.digby@btopenworld.com](mailto:liz.digby@btopenworld.com)) or Fiona Trott ([fiona.trott13@gmail.com](mailto:fiona.trott13@gmail.com)). - Fiona Trott



## EAST BERGHOLT AND BRANTHAM MOTHERS' UNION



Our branch is going virtual this month as we pilot a time of Taizé prayer as an evening Mothers' Union meeting held online on the third Thursday of each month at 8.00pm. The idea of this 40-minute time of prayer is to enable those people who have other commitments during the day to join in a Mothers' Union meeting with a difference. The Zoom login details can be obtained from any member of the committee.

Due to the inclement weather at this time of the year there will be no daytime meeting this month. In February, however, we have the branch AGM and will be preparing a display entitled *The Souls of Our Shoes* to raise awareness of domestic abuse. - *Jeanette, Janet, Jenny, Chris and Grace*

### MUSIC FOR REFLECTION

Do you ever feel that you need some quiet time - somewhere to find peace for a while? On Sunday 26<sup>th</sup> November, we had half an hour of musical reflection at St Mary's. Martin, our organist, played some beautiful music on the organ including hymns, pieces by the great composers such as Brahms and Bach, and also *Somewhere Over the Rainbow*. It prompted the following responses:



*"Thank you so much...the music was beautiful. A precious time to let our thoughts wash over us away from all the troubles."*

*"Time to enjoy the many thoughts and enjoy the peace."*

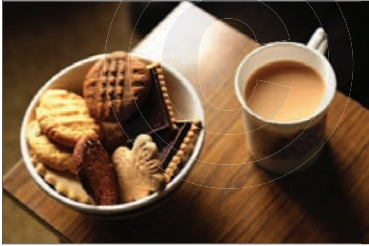
*"The reflection was really enjoyable. It opens your eyes to things and was nice to appreciate the music."*

*"I look forward to the next one!"*

Perhaps you would like to come to church but feel uncomfortable being part of a formal service? This is the perfect opportunity to visit, sit quietly, have no expectations placed on you and enjoy the peace and tranquillity of our beautiful church.

Our next Music for Reflection will be on Sunday 28<sup>th</sup> January at 10.00am. You will be most welcome to join us whether you regularly come to church, come once in a while, or have never been. There will also be refreshments provided. - *Fiona Trott*

## TAKE A BREAK COFFEE



Before COVID struck, the church used to offer weekly refreshments on Wednesday mornings, providing teas, coffees, cakes and so on, and called Ministry of Welcome. It had a regular clientele as well as welcoming visitors, and incorporated a “Knit and Knatter” group. With the pandemic, like everything else it had to stop, but it started up again earlier this year - although with the number of

refreshment helpers depleted it has only been operating once a month, on the last Wednesday.

However, as with all things regular and familiar, sometimes there is a need for change and a need to re-evaluate. What does Ministry of Welcome actually mean? The church knew and the regulars knew, but any newcomers to the village could be excused for not realising that this actually means coffee, chat and companionship! A chance to meet up with friends, make new ones, be warm and feel supported.

So, from January, Ministry of Welcome will be relaunched as **Take a Break Coffee**, and will take place on the first Wednesday of each month. If you are new and would like to meet other folk from the village, feel lonely and would like people to talk to, or just like meeting up with friends, do please come and join us. The first new-look refreshments will take place on Wednesday 3<sup>rd</sup> January from 10.00am to 12.00 noon. The name may have changed but the welcome is still guaranteed! - *Fiona Trott*

## REMEMBRANCE DAY AT ST MARY'S



# IN MEMORIAM

**ANDREW PATRICK CAMP**  
**14<sup>th</sup> June 1963 - 18<sup>th</sup> July 2023**

I would like to thank everyone for their beautiful cards and kind messages about Andrew. They have all been a great comfort to me since losing my darling son to the dreaded cancer in such a short time. It was a rapid and rare type of cancer and it was so cruel to watch his painful death at only 60 years old.

Andrew was diagnosed with Type I diabetes at the age of 11, but he never let it get in the way of his enjoyment of life. He never complained about his health problems, and in his 60 years he was determined to make the most of his life - and he did just that!

Andrew went to Raydon primary school while growing up at Squirrels Hall Fruit Farm with his brother, Julian. The boys had a very happy childhood at the farm. At apple-picking time they would take turns driving the tractor to help out with the harvest. After Raydon primary he moved to East Bergholt High School. While there he was awarded the Endeavour Trophy. He discovered his love of woodwork through classes at the high school and this was to lead him to his career in woodwork.

After high school Andrew did a three-year apprenticeship at J.F. Kennedy at Ipswich and became a cabinetmaker. He then progressed to work in veneer. He took great pride in this work, as he did with any task.

J.F. Kennedy closed in 2021 and Andrew spent his last 12 months working for Taylor Made Joinery doing very intricate and complicated veneer work. He was especially proud of a veneered spiral staircase. He did all the veneer work on the staircase and went to London with the firm to see it assembled and in place. He was very proud to be part of TMJ and he in turn was highly regarded by the firm and all his workmates.

Andrew was also a very keen photographer and it became his hobby. He formed the Beyond Group Photographic Society, which competed in national competitions and won cups and trophies. He also gave talks to other clubs on his "before and after" photographs. On his many visits to his brother Julian and family in the Lake District he used his skill as a digital artist to photograph his two nieces and entered their portraits into photographic competitions. One of his photographs was on the front page of the *East Anglian Daily Times*. This one was chosen from photographs he captured of sunrises at Flatford, as he would drive there from his home at Ipswich en route to work. Some of his photographs were used for the front cover of our parish magazine.

Andrew has left us with so many treasures, pieces of furniture and photographs, with which to remember him. He was a kind, polite, caring, and brave person and a loving and loyal son, brother and friend, "the Best of the Best" in my book. I loved him dearly and miss him, his cheery smile and gentle humour beyond measure.

Rest in peace, Andrew. - *Jean Camp*

## ST MARY'S CHURCH, EAST BERGHOLT PRESERVATION SOCIETY

Registered charity 1063444



Since the 13th century East Bergholt villagers have worked together to maintain the fabric of our church. Built of brick, flint and stone, St Mary the Virgin is one of the finest churches in Suffolk, a focal point for the village and an asset to the entire community.

Such a building requires constant maintenance, work which must be done using the correct materials, in the hands of the most competent of craftsmen, while complying with modern health and safety regulations. The aim of the Preservation Society is to raise funds to support this work; all funds raised are used solely to protect the fabric of the church and bell cage.

Last year the society provided funds to enable;

- Reroofing the chancel.
- Repairing the north aisle parapet.
- Boxing in the asbestos on the back panels of the heaters.
- Paying for the ongoing maintenance of the newly restored clock.

This year we are faced with similar challenges. While you are no doubt aware of major problems with the roof and the pending grant submissions, there is also an immediate problem to address with a water leak in the Lady Chapel. The society is being asked to fund the necessary repairs. Such work is only possible through the help and support given by our members, donors and helpers, and we are ever grateful for their generosity. Funds are raised in three ways;

- **Events** such as Open Gardens and Carols and Mince Pies at Christmas.
- **Legacy gifts**, which are a wonderful way to help protect our cherished village landmark for future generations. If you are considering leaving a gift in your will, please contact the Society either by emailing [ebchurchpres@gmail.com](mailto:ebchurchpres@gmail.com) or by writing to St Mary's Church Preservation Society, c/o Delvyns, Gaston Street, East Bergholt CO7 6SD.
- **Membership**. Membership is charged at £10 per annum. Please consider becoming a member of the society. We are registered with The Charity Commission and HMRC for Gift Aid.

**Will you support us and help to preserve our church by becoming a Preservation Society member today?**

This can be easily done by completing the application form on the next page and either emailing a copy to [ebchurchpres@gmail.com](mailto:ebchurchpres@gmail.com) or posting it to our membership secretary, Steve Feeney, at the address given on the form. Thank you for your support.

- Stephen Feeney

**ST. MARY'S CHURCH**  
**PRESERVATION SOCIETY**  
**EAST BERGHOLT**

Registered Charity No: 1063444

The aim of the Society is to preserve this historic building for future generations by attracting support from anyone who cares about our heritage. Your donations, large or small, will be gratefully received. All funds raised will be used solely for the preservation of St. Mary's Church and it's Bell Cage.

## MEMBERSHIP/DONATION FORM

Title: Mr /Mrs /Miss /Ms /Other

Forenames .....

Surname .....

Address .....

.....

.....Post Code.....

Telephone..... Mobile.....

Email .....

|                   |   |       |
|-------------------|---|-------|
| Annual membership | £ | 10.00 |
| Donation          | £ |       |

I enclose cash/cheque payable to **St Marys Church East Bergholt  
Preservation Society**

If you are a UK taxpayer, to make the most of your membership subscription and donation, please complete our Gift Aid Declaration.

Please email completed document to [ebchurchpres@gmail.com](mailto:ebchurchpres@gmail.com) or deliver to our membership secretary Mr. Steve Feeney, White Horse Farm, White Horse Road, East Bergholt, Colchester, CO7 6TX. Mobile 07801 090780

In order to maintain your membership of the society, we would recommend that you complete a banker's standing order. Forms can be requested from Steve Feeney ([feeneystephen63@gmail.com](mailto:feeneystephen63@gmail.com))



St Mary's, East Bergholt



St Michael's, Brantham



St Mary's, Bentley



St Mary's, Tattingstone

## CONSTABLE COUNTRY CHURCHES - JANUARY 2024 SERVICES

| St Mary's, East Bergholt   |       |                       | St Michael's, Brantham     |       |                   |
|----------------------------|-------|-----------------------|----------------------------|-------|-------------------|
| .....                      |       |                       | .....                      |       |                   |
| <b>Wed 3<sup>rd</sup></b>  | 09:30 | BCP Communion Service | <b>Sun 7<sup>th</sup></b>  | 10:30 | Informal Service  |
| <b>Sun 7<sup>th</sup></b>  | 10:00 | Communion Service     | <b>Sun 14<sup>th</sup></b> | 10:30 | Communion Service |
|                            | 16:00 | Family@church         |                            | 16:00 | Family at Church  |
| <b>Sun 14<sup>th</sup></b> | 08:00 | BCP Communion Service | <b>Sun 21<sup>st</sup></b> | 10:30 | Informal Service  |
|                            | 10:00 | Family Service        | <b>Sun 28<sup>th</sup></b> | 10:00 | Communion Service |
| <b>Sun 21<sup>st</sup></b> | 10:00 | Communion Service     |                            |       |                   |
| <b>Sun 28<sup>th</sup></b> | 08:00 | BCP Communion Service |                            |       |                   |
|                            | 10:00 | Music for Reflection  |                            |       |                   |
| St Mary's, Bentley         |       |                       | St Mary's, Tattingstone    |       |                   |
| .....                      |       |                       | .....                      |       |                   |
| <b>Sun 7<sup>th</sup></b>  | 10:00 | Communion Service     | <b>Sun 14<sup>th</sup></b> | 10:00 | Communion Service |
| <b>Sun 14<sup>th</sup></b> | 10:00 | Morning Worship       |                            |       |                   |
| <b>Sun 21<sup>st</sup></b> | 10:00 | Communion Service     |                            |       |                   |
| <b>Sun 28<sup>th</sup></b> | 10:00 | Praise and Worship    |                            |       |                   |

The benefice of Constable Country Churches is currently in an interregnum following the retirement of Rev Steph, and it is hoped that the published schedule of services will all go ahead as planned. However, please do double-check our website at [www.constablecountrychurches.co.uk](http://www.constablecountrychurches.co.uk) or local Facebook pages to confirm times.

Note: Family@church services at St Michael's, Brantham will be advertised on the church's Facebook page and the local Brantham Facebook page.



Brantham Amateur Theatrical Society presents



*noda*  
Be inspired by amateur theatre

NETG



**Tickets go on sale 1st December 2023**

**Tue 20th - Sat 24th February 2024 7:30pm**

**Matinee Sat 24th 2024 2:30pm**

**Tickets £12 (Children £6)**

online

[www.batsonline.co.uk](http://www.batsonline.co.uk)

in person

**Guys & Dolls, Hair Salon, Acacia Way, Brantham**

# LOCAL CHURCHES



## BRANTHAM METHODIST CHURCH

Gravel Pit Lane, Brantham, CO11 1NY

Minister Rev Ian Gardner

34 Medway Road, Ipswich IP3 0QH

01473 411507

*ian.gardner@methodist.org.uk*

The services of Marriage, Baptism and Funerals can be arranged with the minister.

### Services and preachers in January 2024

| Date                    | Time    | Preacher                         |
|-------------------------|---------|----------------------------------|
| Sunday 7 <sup>th</sup>  | 11.00am | Rev Ian Gardner (Holy Communion) |
| Sunday 14 <sup>th</sup> | 11.00am | Mrs Carole Almond                |
| Sunday 21 <sup>st</sup> | 11.00am | Service led by local members     |
| Monday 28 <sup>th</sup> | 10.30am | Service led by local members     |

Dear friends

Can I wish you all a very happy New Year. I also hope you had a very relaxed and joyful Christmas.

January for me is Epiphany, when we remember the wise men visiting our Lord Jesus and when, towards the end of the month, we have the Week of Prayer for Christian Unity.

Epiphany on 6<sup>th</sup> January every year is a hidden gem of the Christian church. It celebrates the arrival of the wise men who came to see Jesus Christ after he was born. The Week of Prayer for Christian Unity is traditionally observed from 18<sup>th</sup> to 25<sup>th</sup> January - the octave of St Peter and St Paul. It is a time when churches get together, and here at Brantham we normally hold a service on a Sunday afternoon sometime in January. We take it in turns to organise this service.

As usual, don't forget you are welcome to come along to our coffee mornings between 10.30am and 12.00 noon on the last Saturday of every month, to which you are *all* invited. They are open to everyone, so why not just pop in and enjoy a cuppa with us.

God bless you all, from your friend and minister, *Ian*.



## ST MARK'S ROMAN CATHOLIC PARISH

**St Mark's**, Hawthorn Drive, Ipswich IP2 0QQ  
**Holy Family Church**, Ipswich Road, Brantham CO11 1TB  
 Parish Priest: Rev Fr Luke Goymour  
 The Presbytery, 180 Hawthorn Drive, Ipswich IP2 0QQ  
 01473 684963 [revgoymour@googlemail.com](mailto:revgoymour@googlemail.com)

### Pope Francis's New Year Resolutions

**Don't gossip.** "When we gossip, we are doing what Judas did" and "begin to tear the other person to pieces. Every time we judge people in our hearts, or worse when we speak badly of them with others, we are murdering them. There is no such thing as innocent slander."

**Choose the "more humble" purchase.** The Pope preaches against materialism. "Certainly, possessions, money, and power can give a momentary thrill, the illusion of being happy, but they end up possessing us and making us always want to have more, never satisfied. 'Put on Christ' in your life, place your trust in Him and you will never be disappointed."

**Finish your meals.** No leftovers, please. Named after a 12th-century saint who lived in poverty, Francis slams a "culture of waste" that neglects the plight of the hungry. The Pope says: "We should all remember...that throwing food away is like stealing from the tables of the poor, the hungry! I encourage everyone to reflect on the problem of thrown-away and wasted food."

### Weekday and Sunday Masses and devotions

All are very welcome to attend services. The following are the usual Mass times but please check the parish website at [www.stmarksparish.org.uk](http://www.stmarksparish.org.uk) or the noticeboards outside the churches for updates.

|                  |         |   |
|------------------|---------|---|
| <b>Saturday</b>  | 5.30pm  | St Mark's Vigil Mass with confessions from 5.00pm       |
| <b>Sunday</b>    | 9.00am  | Holy Family, Brantham                                   |
|                  | 11.00am | St Mark's   |
| <b>Tuesday</b>   | 10.00am | Holy Family Mass with Eucharistic Adoration from 9.20am |
| <b>Wednesday</b> | 9.30am  | St Mark's   |
| <b>Friday</b>    | 12.15pm | St Mark's Mass with Eucharistic Adoration from 11.40am  |

**Father Luke's Sunday sermons** are available online at [anchor.fm/fr-luke-goymour](http://anchor.fm/fr-luke-goymour).

**Bring & Buy Coffee Morning** at Viv Szitasi's home, Paddock Gate, Whitehorse Road, East Bergholt CO7 6TR will take place on Thursday 25<sup>th</sup> January 10.30am to 12.00 noon. All are welcome. - *Kathy Pollard*

# CLUBS, SOCIETIES AND ASSOCIATIONS

## MANNINGTREE & DISTRICT PHOTOGRAPHIC SOCIETY



We ended the first half of our season with a very enjoyable Christmas meal, and as we start 2024 we wish everyone a very happy, healthy and safe new year.

In January we are looking forward to a field trip to Flatford and also:

11<sup>th</sup> January - prints competition - *Minimalism*. Judge: Roy Essery MPAGB.

25<sup>th</sup> January - Zoom presentation - *Colours, Tones and Textures* by Ruth Grindrod.

Please visit our website for full details of our varied programme together with competition results, photo albums and further club information.



The club continues to have fun with our monthly Facebook Challenge, and our public Manningtree Photographic Club Facebook page also features club news and activities.

This month's featured image is *Lady Maria's Bath* by Steve Pharez, which won a recent PDI mono competition.

We are a small group of photography enthusiasts with a wide range of photographic experience and knowledge. The club aims to provide a friendly environment for members to enjoy the development of their photographic skills through a variety of activities in the company of like-minded individuals.

If you have an interest in photography, at whatever level, you would be most welcome at M&DPS and we would like to invite you to come along to a free club meeting. We meet at Mistley Village Hall, on the 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Thursdays of the month between September and May at 7.30pm.

For further information please contact our secretary Pat Ainger on 01206 231242 or email [madps@post.com](mailto:madps@post.com).

Website: [e-voice.org.uk/manningtreeanddistrictphotographicsociety](http://e-voice.org.uk/manningtreeanddistrictphotographicsociety).

- Ian Bancroft

## OIL ORDERING CLUB

Sarah and I run a club ordering domestic heating oil every month during the winter. I contact everyone by email or phone asking if you want to order, and given the total required, Sarah then finds the best price for us.

I then let everyone who ordered know which company will be supplying it, the price and the likely delivery date. You deal with them direct for payment. We always make a good saving compared with individual orders. To find out more and join (no charge to do so) contact me on 01206 298302 or at [linda.bestow@gmail.com](mailto:linda.bestow@gmail.com). - Linda Bestow

## EAST BERGHOLT HORTICULTURAL SOCIETY (founded 1895)

[www.eastbergholthorticulturalsociety.onesuffolk.net](http://www.eastbergholthorticulturalsociety.onesuffolk.net) • email [ebhs@btinternet.com](mailto:ebhs@btinternet.com)

Following our November AGM, It was with regret that we said goodbye to our president of many years, Rupert Ely - he will be sorely missed. Luckily we have a volunteer who has stepped into the role, Sara Eley. Please join me in welcoming Sara to our team.

The society was able to run an extended programme in 2023, offering more events than in previous years, and we intend to do the same in 2024 with the dates below already pencilled in:

**Quiz** Saturday 27<sup>th</sup> April, Constable Hall

**Plant sale** Saturday 18<sup>th</sup> May, Lambe School

**Visit to RHS Hyde Hall Garden and Show** Saturday 3<sup>rd</sup> August (members only)

**Annual show** Saturday 31<sup>st</sup> August, Constable Hall

**Christmas wreath-making** Saturday 30<sup>th</sup> November, Lambe School (members only)

Further details will be published nearer the events. We are also finalising dates when we can visit gardens in East Bergholt; we are planning to have two different formats this year. We will repeat the evening tour followed by wine and nibbles, but also have open mornings where members will be able to informally visit a village garden, specifically when that garden is at its best.

Please don't forget the Society Store; this will be opening every Sunday between 9.30am and 10.30am, starting on 11<sup>th</sup> February. I look forward to seeing you there.

May I thank all of the members who attended the Christmas wreath-making workshop in November and all the committee members (Naomi in particular) whose hard work made it possible. It was a delight to see the wreaths hanging from the village doors over Christmas. This event proved a quick sell-out, so we shall try to fit in a few more places next year, but please book early to avoid disappointment.

Finally, let me take this opportunity to thank all our members for their continued support and to wish everyone a prosperous and productive new year. - Steve Feeney, chairman



## Gardening tips for January

I hope you had an enjoyable Christmas avoiding coughs and colds, and I wish you a happy and healthy 2024. I hope, too, that as well as feeding yourselves, you remembered those hungry, thirsty birds!

Whatever the weather throws at us, there are still a few chores to be done. Weed growth is minimal, thank goodness, but leaves have been late falling, especially the oaks, and raking/sweeping is good exercise. You can start “forcing” rhubarb. Prune wisteria now, cutting back summer side shoots to two or three buds. Cut back foliage of ornamental grasses before new growth begins - clip to within a few centimetres.

In frost-free conditions new fruit trees can be planted, but make sure they are well heeled in and staked. Dogwoods and buddleia can be pruned. Don't let pansy baskets and tubs dry out, and deadhead blooms to prolong flowering. Try to avoid walking on frosty grass - it can cause damage. If you want early potatoes, buy seed ones and chit them on a light, but not sunny, windowsill. Have you bought/ordered your vegetable seeds yet? The days are getting longer - slowly. We will have to wait and see what January brings us in the way of weather. - *Janet Alcoe*

## ANNUAL LECTURE ON SIR ALFRED MUNNINGS

**Stour  
Valley  
Arts &  
Music**

*Sunday 21st January 2024 4.00pm at the Constable Hall, East Bergholt  
CO7 6TP*

**Sir Alfred Munnings: Son of a Miller to President of the Royal Academy**

A talk by Jenny Hand, director of the Munnings Art Museum in Dedham.



Tickets are £12 including refreshments. Book online at [www.svam.org.uk](http://www.svam.org.uk) or email [svamtickets@btinternet.co.uk](mailto:svamtickets@btinternet.co.uk). You can also call 01206 298426 or buy from Grier & Partners, generous sponsors of the talk.

Our image shows *My Wife, My Horse and Myself* by Munnings, 1928-1935, copyright the Munnings estate. - *Birte Kelly*

## EAST BERGHOLT AND BARBIZON TWINNING ASSOCIATION



Thank you to everyone who ventured out on a cold November night to support our annual quiz evening. There was a great atmosphere and you have helped raise a significant sum to cover our costs when we host families from Barbizon in May 2025. The committee are also grateful to the primary school for their hospitality. - *Margaret Macallan*

View on the Stour Near Dedham, by John Constable, 1822

### EAST BERGHOLT CINEMA

at the Constable Hall, Gandish Road, East Bergholt CO7 6TP

Films start at 8.00pm, doors and ticket desk open at 7.30pm

Friday 5<sup>th</sup> January ***Past Lives*** (12A)

Two childhood friends are separated after one's family emigrates from South Korea. Two decades later, they are reunited in New York for a week as they confront notions of destiny, love and the choices that make a life. "A transcendent debut for South Korean-Canadian filmmaker Celine Song, this romantic drama is a masterclass in slow, simmering storytelling" - Empire.



Friday 2<sup>nd</sup> February ***Oppenheimer*** (12)

The story of American scientist J. Robert Oppenheimer and his role in the development of the atomic bomb. "Christopher Nolan's volatile biopic is a towering achievement" - The Guardian.

Tickets to all films are available for sale from Grier & Partners in East Bergholt or alternatively can be reserved by contacting Noelleen on 01206 299774. It is advisable to buy or reserve tickets in advance as seating is limited. The bar will be open and teas, coffee and ice creams will be available at the interval.  
- *The EB Cinema Team*



## EAST BERGHOLT WI



Our craft group got into the festive spirit at their November meeting when our member Pam helped them to make a Christmas table decoration in a teacup, or similar, using greenery, flowers and a few decorations.

Our coffee morning at the Lambe School was well-attended and we thank everyone who supported us by joining us there.

Our members enjoyed a Christmas lunch at The Carriers Arms and also a Christmas party with games, light refreshments and entertainment from The Kitchen Quartet with some of our other local WIs at Tattingstone.

Our next meeting is at 7.30pm on 3<sup>rd</sup> January at the Constable Hall; this will be a social get-together celebrating the new year.

For further information please contact our president Tina Hurley on 01206 298223 or Gill Rattray on 01206 298380, visit our *website at [eastbergholtwi.wordpress.com](http://eastbergholtwi.wordpress.com)* or check out our Facebook page. - *Gill Rattray*

## STOUR VALLEY U3A

**U3A**  
learn, laugh, live  
**stour valley**

Make the most of life once you're no longer in full-time work and come and explore new ideas, interests and skills with the University of the Third Age. Across the country U3A members are meeting new people, learning, staying active, and having fun later in life. It's local, social, friendly, low-cost and open to all.

We have over 40 interest groups including walking - from strollers to 5+ milers - theatre trips, garden visits, art appreciation, curry club, science group, languages, keep fit, pickleball, overseas travel...there's something for everyone.

Monthly coffee mornings are held on the first Friday of the month from 10.00am to 12.00 noon at the Lambe School, East Bergholt. Come along, meet some members, hear more about us and decide whether you'd like to join. Monthly lectures are held on the second Wednesday at 2.00pm in the Constable Hall, East Bergholt. Guests are welcome for a charge of £4.

There is no talk in December but we resume on 10<sup>th</sup> January with Edward Vipond on *Life as a Suffolk farmer - am I a food producer or conservationist?*. On 14<sup>th</sup> February we have Tobias Capwell, curator of arms and armour at The Wallace Collection. Please take a look at our website [www.u3asites.org.uk/stourvalley](http://www.u3asites.org.uk/stourvalley) for more information and contact details.  
- *Pat Chandler*

## EAST BERGHOLT UNITED FOOTBALL CLUB



**The last month:** Another mixed month, with the A Team progressing in the Suffolk FA Primary Cup after an exciting penalty shootout.

At the end of November the club enjoyed its annual *FIFA* tournament. A large pool of competitors took to the five screens in use and a highly competitive group stage led to many shocks and surprises. Once the knockouts were completed a final of Luke Taylor v Alex Cameron commenced, with Luke T finally winning after being runner-up for the last two years. Luke won £100 and the trophy while Alex took home £40. A great night -we will do this again next year and would welcome anyone from the village to take on Bergholt's finest!

### Upcoming fixtures and events: January

**First Team:** 6<sup>th</sup>, Trimley Red Devils, H; 20<sup>th</sup>, Stowupland Falcons, A.

**Reserves:** 6<sup>th</sup>, Bacton Utd 89 A, H; 13<sup>th</sup>, Bacton Utd 89 A, A; 20<sup>th</sup>, Leiston St Margarets Res, A.

**A Team:** 6<sup>th</sup>, Gipping Gnats, A; 13<sup>th</sup>, Redgrave Rangers, A; 20<sup>th</sup>, AFC Kesgrave Res, H.

Fixtures are subject to change. Please refer to the fixtures website at [fulltime.thefa.com/index.html?league=4358069](http://fulltime.thefa.com/index.html?league=4358069) and then choose the appropriate competition to confirm.

**Sponsorship:** We would like to thank our sponsors for this season: Smy IT Specialists, JAK Services Ground Care, Riverside Taxis Manningtree, Marquis, Bergholt Travel, G & C Timber & Joinery Ltd, Primus, Kitchen Worktops Online, C&W Fencing, and Armour Engineering. We would also like to thank all the player sponsors. If you would like to sponsor the club in some capacity we would also be delighted to hear from you. Club strips, dugouts, banners or boards on matchdays all offer potential for exposure for your business while supporting a local organisation.

EBUFC is a community club with strong village traditions. The majority of the players either live in, or have links to, the village. For anyone over 16 interested in playing, we train on Wednesday evenings at the High School, 8.00pm to 10.00pm. The teams cover a range of abilities so if you want to play again, please come along and give us a look.

|             |  |
|-------------|--|
| Facebook    | <i>East Bergholt United Football Club</i>  |
| Instagram   | <i><a href="https://www.instagram.com/east_bergholt_united_fc">east_bergholt_united_fc</a></i> |
| X (Twitter) | <i><a href="https://twitter.com/EBUFC1">@EBUFC1</a></i>  |

*Steve Butcher, secretary, [stevebutcher55@btinternet.com](mailto:stevebutcher55@btinternet.com)*

## EAST BERGHOLT SOCIETY

### *Who were The Five Best Singers in East Bergholt?*



A tantalising question...who were these local celebrities? Between, we think, 1790 and 1810 a young John Constable made these small figurines to represent the “five best singers in East Bergholt”. They ended up in the possession of his close village friend John Dunthorne, and are now in the collection of the Ipswich and Colchester Museums Service.

The director/curator and Constable expert, Emma Roodhouse, has recently contacted us at the East Bergholt Society in order to find out if anyone knows the names of these singers, who must have been based on real people in the village at the time. Are there church records of people in the choir, perhaps?

With the Constable 250 celebrations coming up in 2026, these figures are among the works which Emma would love to show and publicise. So finding out more about these musical figures would be fantastic. Anyone with any thoughts, please get in touch with her at [emma.roodhouse@colchester.gov.uk](mailto:emma.roodhouse@colchester.gov.uk), or with the East Bergholt Society via our website at [ebsoc.org.uk](http://ebsoc.org.uk). The society and the village are to be very much part of the events Emma and others are planning for Constable 250...so do look out for further news.

- John Lyall

## LOCAL ISSUES & OPINIONS

### UPDATE FROM THE PARISH COUNCIL

We can now see with our own eyes the new houses arising in East Bergholt, and whether we wanted it or not, we will soon have 229 new homes and their residents on our doorstep. There is no benefit in looking backwards with regret; the Parish Council believes that it is time now to look forwards and to see what we can do to ensure that we provide a warm welcome to our new residents, a welcome that ensures that they get to know and appreciate the history and culture of our village and that helps them to integrate into our way of life, if a lively village life based in the rural environment is what they want. To that end the Parish Council is considering how we might run welcoming sessions, such as a welcome week, which might involve an overview of our village history and culture, an introduction to our very many active clubs and societies, and an introduction to the Parish Council's Neighbourhood Plan.

The Parish Council is also considering the physical impacts that the new residents will have on our village. We will have more cars parking in the village centre, more people playing sports, more walkers on our footpaths, more children to help grow up with love and respect for our countryside. These are things that the Parish Council can do



something about, but of course there will also be issues of more traffic on our roads, more school spaces that will be needed and the health services that need to grow.

The Parish Council can put pressure on Suffolk County Council to recognise this growth and assist them to invest in the infrastructure that we will need. Meanwhile, on the areas we can do something about, the Parish Council is considering investment in:

- **Working with the Congregational Church** to see if we can transfer the old church and grounds to the Parish Council so that we can establish a community hub - somewhere open to you where we can run council services, host services for older people, and display our village history and our John Constable archive. A place where we can host special-needs groups such as wellbeing groups and warm spaces and advice services, and perhaps run a properly-staffed youth club.
- **Finding more sports playing fields.** Our current facilities were built for a village population half our current size and are now very cramped. With 500 or more new residents they will be totally inadequate. We have already helped the Football Club to hire the primary school pitch at weekends for their youngest team, but we really do need more space still. We must put real effort into finding another playing field space.
- **Resolving the parking problems** in the centre of the village and at Gandish Road playing fields. We will need to work out solutions to cope with perhaps 400 or more additional cars in the village. Reducing speeding is also critical, especially around our schools. The Parish Council cannot directly invest in a solution but we are trying hard to direct County Council attention to some of the problems you have identified and some solutions outlined in our Neighbourhood Plan work.
- **Services for younger people.** Over 53 years of living in the village I have consistently heard people tell me “there is nothing for our young people to do”. This is an important generation, our future, and we must invest in them. The Parish Council has hosted several events and done some research and will be coming up with proposals in the next year to invest in services for younger people.
- **Lower-rental housing.** Another theme we consistently hear is that there are not enough lower-rental houses to help local people stay in the village. We are committed, with the East Bergholt Community Land Trust, to find a solution to that problem, though it is not easy in a village where the land prices are so high.
- **Hopper bus.** We have supported Babergh District Council’s proposal to reintroduce a hopper bus, to include times suitable for commuters using Manningtree station.

These ideas are all outlined in our current Neighbourhood Plan, and the priorities and investment options will be discussed at the 11<sup>th</sup> January Parish Council meeting. If you have ideas or solutions on any of these issues please do contact us or email me at [joanmiller13@gmail.com](mailto:joanmiller13@gmail.com). - *Joan Miller, chair, East Bergholt Parish Council*

## UPDATE FROM THE DISTRICT COUNCIL

**Cost of living help:** There is help out there if you are struggling to pay bills and buy food. This is not just for those on benefits or at risk of homelessness, but also for those who are “just about managing”. Wages can be so low and costs so high that those in work are struggling.

The trouble is there are so many schemes from different organisations. But the Babergh District Council website has a good collection of information at [www.babergh.gov.uk/i-need-help](http://www.babergh.gov.uk/i-need-help).

If you would like to be referred to a **food bank**, you can call Babergh District Council Customer Services on 0300 123 4000, option 7.

**Surviving Winter** is run by Citizens Advice Ipswich and covers the whole of Suffolk. Call 01473 298634. It can give grants to those under 65 years old who are not on benefits and with a household income of below £31,000 per year.

**The Household Support Fund** is for one-off payments. Apply online at or call 0300 123 4000, option 3.

**Suffolk Local Welfare Assistance Scheme** is run by the County Council and can be found on their website, or call Sudbury Citizens Advice on 01787 321400.

I am concerned that so much information is online and not everyone is digitally connected. I have provided phone numbers where possible but please contact me on 01206 298368 if you are having trouble finding support.

**Council home repairs:** An additional £1.6m will be ploughed into council houses in Babergh and Mid Suffolk to accelerate repairs and improvements. The cabinets of both Babergh and Mid Suffolk District Councils have approved the use of money from reserves to help clear a backlog of repairs, which mounted during the pandemic. Babergh will release £943,000 from reserves.

Both councils have made clear their determination to address repair and maintenance issues with their 6,700-plus properties. The situation is urgent, which is why the reserves have been used.

**Hadleigh Pool & Leisure:** Babergh District Council has been awarded funding from Sport England to help offset increased costs at Hadleigh Pool & Leisure. - *Sallie Davies, district councillor and cabinet member for planning on Babergh District Council, email [sallie.davies@babergh.gov.uk](mailto:sallie.davies@babergh.gov.uk)*

## WHAT'S IN A NAME?

**The names we use for a local site have been much discussed lately, after the following was posted during November in the East Bergholt Facebook group. It relates to advertisements for the Christmas parade, and attracted many comments:**

I have recently read the December Parish Magazine which says the Christmas Parade finished at GANDISH PARK. Being born and bred in East Bergholt I have never heard of Gandish park. I assume it is the playing field (sports field) at Gandish Road. There are enough changes happening in the village without changing the name of a much loved facility in the village, also park suggests this facility welcomes animals. May I suggest with so many sports people, especially young children playing there, overuse by animals, especially dogs with bad owners, should not be encouraged. - *Terry Dadds*

**The parish magazine asked the Parade and Market Committee for their response, and this is what they said :**

What started out as a parade during COVID to connect the village with some Christmas joy has developed into a real village community annual event with the addition of the market stalls promoting local businesses. The committee of volunteers works very hard for months to make this all happen. There was definitely never any intention of misrepresenting village history. More a case of being succinct on the publicity. Strangely the same name was used last year and brought no reaction whatsoever. However, given the strength of feeling that has been expressed this year, should it be decided to hold the event again in December 2024 then the venue name will be given more thought.



**And Terry Dadds, the original author of the Facebook post, then expanded on his thoughts for this magazine:**

When I posted the piece about Gandish Park on the East Bergholt Facebook page it was misinterpreted by some that I was attacking the Christmas Parade and Market and the people who have made a superb effort to put it on. That couldn't have been further from the truth and hopefully we have now all had a great time and a tremendous event. One of the most hurtful comments was "you obviously don't know what your fellow villagers want".

Let me explain why I made the point. This village is facing a big influx of people and whilst we should welcome them, we really shouldn't do this at the cost of our heritage built up by a lot of villagers over the years. The word "park" was borrowed from the Dutch/German/Old French, take your pick, in the Middle Ages and referred to open space where residences, industry and farming were not allowed, often originally so that nobility might have a place to hunt. This changed in the Victorian era when a number of these estate grounds were taken over by investment by the businessmen of big cities or they built new ones. These were for the use and recreation of the masses.

In East Bergholt, the site where the Gandish Road Playing Field is situated was common heath land, as well-told by the East Bergholt Society in the December edition of the parish magazine. In fact in drought periods you can see the magical appearance of the old horse track from Gandish Road to the Straight Road crossroads on the Cricket Square. Also that heath is where my ancestors raised their sheep.

So it was never a park and there was never a house or estate entitled GANDISH PARK. I don't mind people calling it the park on Gandish Road but even using that term denotes more than a Sports Field which it really is. I am satisfied with us having St John's, Old Hall, Illaries and Spencers as our four manors without reinventing the Playing Fields as something it is not or never has been.

At this time of great change in our village my view is that we should hold onto our true heritage and not reinvent it for a reason I still can't get my head around. Is it to make us grander than we already are? Something this village does not need, we should all be very proud of this village whenever we became part of it. However if it really is what my fellow villagers want instead of the good old playing fields I will accept I am out of kilter with the present villagers and stop trying to keep the village history true to all our ancestors. In conclusion, it was asked a few months ago for villagers to give ideas on what the new roads should be called on the Moores Lane development. Nothing seems to have been heard of this since. To tie the two communities together it might be an idea to name them after the longstanding members of this community that have added to our heritage in various guises. For example the Goodchilds, the Clark(e)s, the Wheelers, the Potters and the many more I have probably forgotten. Best regards, *Terry Dadds*

**Farming Matters will return next month.**

### **COULD YOU HELP DELIVER THIS MAGAZINE?**

Do you love walking around our beautiful village and have an hour to spare? Then why not volunteer to help deliver the parish magazine. We desperately need new faces, particularly to cover holidays, so if you are interested in joining our team, do get in touch with Marion or Peter Ralph on 01206 298634 or at *theralphs@gmail.com*.

***When contacting an advertiser please mention that you found them in the East Bergholt Parish Magazine!***

*Services or products purchased from the advertisers in this magazine are at the risk of the individual.*



TO BOOK A VIEWING CALL  
0800 048 5326  
info@holidayparkhomes.co.uk

your own little  
hideaway beside  
the lakeside.

# Escape

to the country  
peaceful. safe. serene. yours.

FINANCE  
AVAILABLE

life's for living.  
so just do it.

Clean air, beautiful open spaces, a huge contrast to living and working in London. You can **escape** from your worklife when ever you like, when you own a holiday lodge.

Live your countryside dream between the busy city lifestyle and tranquility of peaceful East Anglia.

### Design your very own luxury lodge

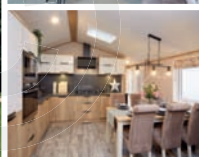
Whatever new lodge brand you choose to invest in, you are able to bespoke design your interior furnishings, colours & appliances.

### Buying is so easy!

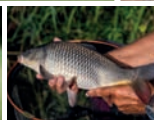
It's not like buying bricks & mortar - we've ample lodges available to buy within a few weeks.

WHATEVER YOUR  
BUDGET & STYLE.

PRICES START FROM  
**£30,000**



ALDEBURGH



FRAMLINGHAM

- fully furnished •dog friendly
- letting opportunities •fishing lakes
- beautiful countryside
- total relaxation •sightseeing
- family attractions •retail village

Book your guided tour today.

Scan our QR code >



holidayparkhomes.co.uk







**Kingsleigh**

Property Consultants

High Street, Dedham, CO7 6DE

01206 940123

## Award-winning local, independent estate agent

- Fully immersive 360° tours
- Bespoke particulars
- Floorplans
- Social media adverts
- Professional drone photos
- Premium Rightmove listings
- Experienced, award-winning team
- Associate office in Park Lane, London



**SALES & LETTINGS**



[sales@kingsleighresidential.co.uk](mailto:sales@kingsleighresidential.co.uk)

[lettings@kingsleighresidential.co.uk](mailto:lettings@kingsleighresidential.co.uk)

[www.kingsleighresidential.co.uk](http://www.kingsleighresidential.co.uk)

## ANDY CARTNER

**Local Carpenter • For all your carpentry needs**

Property repair & renovation  
New doors & windows  
Sash windows repair / re-cord  
Draughtproofing  
Fitted wardrobes

Barns & logstores  
Garden buildings  
Solid wood floors  
Studwork partitions  
Kitchen fitting

Good contacts in other trades, local references available • Qualified, experienced and fully insured  
Spooners Cottage, Slough Road, Brantham CO11 1NU

**Mobile: 07810 645684**

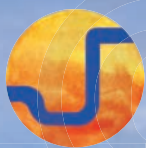
## Victoria Baker PILATES

Personally designed courses to improve posture, joint alignment, movement and strength.  
Group and Individual sessions in a private, comfortable studio.

The Assembly Rooms  
High Street, Dedham  
Colchester CO7 6HJ



mobile 07887 987280  
[www.victoriabakerpilates.com](http://www.victoriabakerpilates.com)



# Jackson

Plumbing & Heating



## Services we offer:

Gas, Oil, Central Heating, General  
Plumbing, Bathrooms, Heat Pumps,  
Solar Thermal Hot Water,  
Solar PV, Electric Battery Storage,  
Electric Car Charging Points

**MCS Grants up to £5000**

**01206 322 063 / 01473 214 215 / 01245 287158**

Grant UK, Worcester-Bosch, Baxi-Potterton, Vaillant

## The Gattinets

Business Centre

## OFFICES and WORKSHOPS TO RENT - IN EAST BERGHOLT



- Central East Bergholt - Just around the corner from the shop
- Various sizes of units with tailored leasing arrangements to suit you
- Character properties with plenty of on site parking

[www.gattinets.co.uk](http://www.gattinets.co.uk)

Ring Anne on 01206 299555 / 07941 781489  
for current availability and more details

# Rosiehunter

interiors

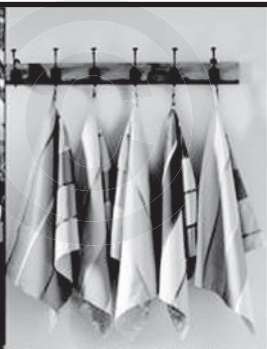
curtains

soft furnishings

lighting

showroom open by appointment  
Tel 07990 558686

[www.curtainhunters.co.uk](http://www.curtainhunters.co.uk)



Allens Farm Barn, Tye Road, Elmstead,  
Colchester, CO7 7BN



Registered Charity No. 1063444

## ST. MARY'S CHURCH EAST BERGHOLT PRESERVATION SOCIETY

The aim of the Society is to preserve this historic building for future generations by attracting support from anyone who cares about our Heritage. Your donations, large or small, will be gratefully received.

All funds raised will be used solely for the preservation of St. Mary's Church and Bell Cage.

New members and renewal subscriptions are very welcome.

For further information please contact:  
E-mail: [ebchurchpres@gmail.com](mailto:ebchurchpres@gmail.com)



Classical Pilates in Tattingstone IP9 2NA  
Apparatus & mat classes available  
Nicola Grant 07557 367 822  
[nicola@flowstudiopilates.co.uk](http://nicola@flowstudiopilates.co.uk)



## Bob's Logs

Split Seasoned Logs  
Open Fire/Wood Burner  
Barn Stored  
Half and Full Loads available  
Kindling  
Telephone:

**01206 391146**

**07733326644**



WE BUY & SELL NEW & VINTAGE  
VINYL RECORDS  
ALL GENRES

NOW OPEN

ALLENS FARM BARN, TYE ROAD,  
ELMSTEAD, CO7 7BN  
TEL:07775 996060

FREE PARKING EASY ACCESS  
WWW.VINYL-HUNTER.CO.UK

**TO ADVERTISE  
YOUR BUSINESS  
IN THIS MAGAZINE  
PLEASE CALL 01206 298122  
or email:  
ebpm.adverts@gmail.com**

FOR PROMPT, RELIABLE SERVICE

## P.J. SAMPSON

**BUILDERS**

**ESTABLISHED 30 YEARS**

*INSURANCE COMPANY APPROVED*

- PAINTING & DECORATING
- BRICKWORK SPECIALIST
- PLASTERING & CARPENTRY
- PLUMBING & ELECTRICS
- ROOFING
- ALL PROPERTY MAINTENANCE

**COLCHESTER**

**01206 230619**

66 TILE BARN LANE, LAWFORD, COLCHESTER

**TO ADVERTISE  
YOUR BUSINESS  
IN THIS MAGAZINE**

**PLEASE CALL**

**01206 298122**

**or email:**

**ebpm.adverts@gmail.com**





  
**ARRDEN VALE**  
*kitchens*

**100% EXCLUSIVE, BESPOKE, HANDMADE TIMBER**

Established in 1997, Arnden Vale Kitchens is a family business dedicated to producing bespoke handmade kitchen, Bedroom and office furniture.

We specialise in the design, creation and installation of exclusive handmade kitchens throughout East Anglia.

**T: 01449 782062**  
**E: [info@arrdenvalekitchens.co.uk](mailto:info@arrdenvalekitchens.co.uk)**  
**[www.arrdenvalekitchens.co.uk](http://www.arrdenvalekitchens.co.uk)**
















**Right at Home**  
 Quality Care in Your Home

- Personal care
- 24hr Live-In Care
- Companionship
- Transportation and errands
- Meal preparation
- Light housekeeping
- Help with washing
- Medication support
- Specialist Dementia care
- Sleeping/Waking Nights
- Post-operative support

and much more...

**01206 932792**

For care enquiries or job vacancy information, please contact us today on:

 01206 932792  
 [colchester@rightathomeuk.com](mailto:colchester@rightathomeuk.com)  
 [www.rightathomeuk.co.uk/colchester](http://www.rightathomeuk.co.uk/colchester)  
 [www.facebook.com/rightathomecolchesteranddistrict/](http://www.facebook.com/rightathomecolchesteranddistrict/)






**Brett Vale**  
golf club

*Not just a  
golf  
course....*

Noakes Road, Raydon, IP7 5LR

**UPCOMING EVENTS:**

**Bingo @ Brett Night**

**24th November**

**Christmas Rock'n'Roll Party  
with Elvis & the Blue Sueders**

**8th December**

**01473 310718**

info@brettvalegolf.co.uk



**WRIGHT & WYTHE**  
CONSTRUCTION

Extensions & Alterations

Residential New builds

Barns & Conservation work

Kitchens & Bathrooms

07905 361565 / 07749 969002

[info@wrightandwythe.co.uk](mailto:info@wrightandwythe.co.uk)

[wrightandwythe.co.uk](http://wrightandwythe.co.uk)

Formerly Owen Wright Construction

**C.S WATTS LANDSCAPE  
AND GARDENING SERVICE**

- Fencing • Patios • Water Features • Artificial Grass
- Lawn Management • Decking • Block Paving
- Design & Construction

All hard & soft landscaping undertaken

**Tel: 07841 863692**

Email: [c.wattslandscaping@mail.com](mailto:c.wattslandscaping@mail.com)

Ipswich

**LAMBE**



**SCHOOL**

**EAST BERGHOLT**

Low Cost Letting Charges  
For Weddings, Socials, Meetings  
Parties & Sales  
*Apply to Emma*  
**01206 298078**

**Wendy's Curtains**

Professionally made to measure curtains,  
roman blinds and soft furnishings,  
with a wide range of fabric samples.

Phone: 01206 395996

Mobile: 07966 718414

Email: [info@wendyscurtains.com](mailto:info@wendyscurtains.com)

Website: [www.wendyscurtains.com](http://www.wendyscurtains.com)

# ***LIDDLEBUILD* BRICKWORK**

N.V.Q./City and Guilds qualified.

Our experienced friendly team will meet your needs.

Tel: 07881 095818

Email: liddleiain@gmail.com

All aspects undertaken.

New Builds/Extensions.

Garden walls/Repair.

Blockpaving.

Slab work.



Call for free quote today or ask about any other building services you require.  
Outside or In!



Chapman Stickels

Suffolk and North Essex

Providing unrivalled local knowledge, combining traditional service with a modern marketing approach

Estate Agents • Lettings • Valuations • Land

**chapmanstickels.co.uk**

01473 372 372

info@chapmanstickels.co.uk

The Corn Exchange, Market Place, Hadleigh IP7 5DN

Part of Investeq Holdings Limited





CBS SUPPLIES

## CBS Flooring Supplies Ltd

Supply and fitting of all types of flooring including: Amtico, Karndean, Moduled and a variety of other makes of vinyl and cushion floors.

Vast ranges of carpets, laminates and solid engineered timbers.

Existing suppliers to major new build companies, shops, offices, hospitals, schools etc with over 30 years of experience.

We are now offering our special contract flooring prices for individuals - private dwellings, extensions and refurbishments.

***You will be amazed at the savings we can offer!***

Showroom and office open 5 days a week 8am - 4pm

Unit 19 Grange Way Business Park, Grange Way, Colchester, CO2 8HF

Tel: 01206 791491 Email: [operations@cbssupplies.co.uk](mailto:operations@cbssupplies.co.uk)

Call or email to arrange a home visit for free estimates and samples service on 07990 666617 or 07534 241460

[www.cbssupplies.co.uk](http://www.cbssupplies.co.uk)







**ROYAL  
HOSPITAL  
SCHOOL**



## NAVIGATING SUCCESS

An award-winning all-round education based just 15 minutes from East Bergholt. Extensive co-curriculum to suit all abilities plus a vibrant Sixth Form offering an exciting range of A Level & BTECs.

Daily bus routes and flexible boarding options to suit modern family life.

**SECURE YOUR PLACE FOR SEPTEMBER 2024 ENTRY  
BOOK A PRIVATE TOUR TO FIND OUT MORE**

Scholarships and Bursaries available  
**ROYALHOSPITALSCHOOL.ORG**  
Independent / Co-educational / Boarding & Day / Ages 11-18



## WEALTH MANAGEMENT CONSULTANTS

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact David Catchpole on:

**01473 828456**

**Email:**  
primus.david@sipp.co.uk

**Website:**  
www.primusfinancial.co.uk

## *A wealth of expertise on your doorstep...*

Primus Financial Solutions is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website [www.sjp.co.uk/](http://www.sjp.co.uk/) products. Primus Financial Solutions is a trading name of Primus Financial Solutions (East Anglia) Ltd.

SJP Approved 12/10/2023

Senior Partner Practice

**St  
James's  
Place**



### COVER PHOTO

We are always looking for photos of seasonal events, interesting scenes, or flora and fauna of East Bergholt for the cover of our magazine. We are keen on receiving pictures of the village's architecture and heritage, as well as nature scenes.

If you have taken a suitable photo, please send it to [barnaby.page@gmail.com](mailto:barnaby.page@gmail.com) for consideration. It should be in .jpg format, at the highest resolution possible, accompanied by a brief description and the photographer's name.

This month's cover features a photograph by Helen Duncan, showing the Stour Valley path between Dazeley's Lane and Flatford.

**MAGAZINE EDITOR** - Barnaby Page - email: [barnaby.page@gmail.com](mailto:barnaby.page@gmail.com)

**EDITORIAL SUBMISSIONS** - email: [eb.parish.magazine@gmail.com](mailto:eb.parish.magazine@gmail.com), or items can be placed in the Magazine Box in St Mary's Church. Deadline for copy is the 5<sup>th</sup> of the month previous to each issue, earlier at Christmas.

**ADVERTISING** - email [ebpm.adverts@gmail.com](mailto:ebpm.adverts@gmail.com) or call Louise Kemp on 01206 298122

**DISTRIBUTION** - delivered to approx. 1,400 homes.

Queries: Marion & Peter Ralph, 01206 298634, [theralphs@gmail.com](mailto:theralphs@gmail.com)

**St Mary's church information:** [www.achurchnearyou.com/church/2067](http://www.achurchnearyou.com/church/2067)

*Back cover photographs: courtesy of Daphne Glen and Steve Chapman.*

*Produced for East Bergholt PCC by Juniper House of Print: [sarah@jhprint.co.uk](mailto:sarah@jhprint.co.uk)*

## GOVERNMENT

---

|   |  |
|---|--|
| <b>East Bergholt Parish Council:</b> Chairman Joan Miller ..... | 01206 298517   |
| Parish clerk Graham White .....                                 | <a href="mailto:parish.clerk@eastbergholtpc.co.uk">parish.clerk@eastbergholtpc.co.uk</a> /07801 368283 |
| <b>Babergh District Council</b> .....                           | 0300 123 4000  |
| Councillor Sallie Davies .....                                  | <a href="mailto:sallie.davies@babergh.gov.uk">sallie.davies@babergh.gov.uk</a> /07928 512598           |
| <b>Suffolk County Council</b> .....                             | 01473 583000   |
| Councillor Georgia Hall .....                                   | <a href="mailto:georgia.hall@suffolk.gov.uk">georgia.hall@suffolk.gov.uk</a>                           |
| <b>Member of Parliament for Suffolk South</b>                   |  |
| James Cartlidge (Sudbury office) .....                          | <a href="mailto:james.cartlidge.mp@parliament.uk">james.cartlidge.mp@parliament.uk</a> /01787 312363   |

## COMMUNITY

---

|   |  |
|---|--|
| <b>East Bergholt Community Council:</b> Val James .....       | 01206 298638   |
| <b>East Bergholt United Charities:</b> Valerie Ayton .....    | 01206 298692   |
| <b>Constable Hall bookings:</b> Secretary: Adrian James ..... | 07783 682024   |
| <b>Family history queries:</b> Mark Ashmore .....             | <a href="mailto:goldfinch479@gmail.com">goldfinch479@gmail.com</a> |
| <b>Lambe School bookings:</b> Secretary: Emma Chinnery .....  | 01206 298078   |
| <b>Village recorder:</b> Jeremy Kemp .....                    | 01206 298122   |

## SHOPS

---

|   |              |
|---|--------------|
| <b>The Bike Doctor,</b> Heath Road .....                            | 01206 298646 |
| <b>Co-op Food Store,</b> The Street .....                           | 01206 298239 |
| <b>East End Butchers,</b> 65 Broom Knoll, East End .....            | 01206 392190 |
| <b>Gelz</b> (hair salon), Slough Road, East End .....               | 01206 392517 |
| <b>KMC Automotive Solutions</b> (garage and fuel), Heath Road ..... | 01206 298245 |
| <b>Post Office,</b> The Street .....                                | 01206 372033 |
| <b>Sarah Jane's Boutique,</b> The Street .....                      | 01206 299160 |

## RESTAURANTS, CAFÉS AND TAKEAWAYS

---

|   |              |
|---|--------------|
| <b>Barry's Fish &amp; Chips:</b> temporarily closed; see Facebook for reopening dates |              |
| <b>Fields Kitchen &amp; Farmshop,</b> Park Road .....                                 | 07494 240695 |
| <b>Fountain House Kitchens,</b> The Street .....                                      | 01206 299955 |
| <b>The Lion Brasserie,</b> The Street .....   | 01206 803406 |
| <b>Oranges &amp; Lemons,</b> Rectory Hill .....                                       | 01206 299000 |

## PUBS

---

|  |              |
|--|--------------|
| <b>The Carriers Arms,</b> Heath Road .....   | 01206 298392 |
| <b>The Hare and Hounds,</b> Heath Road ..... | 01206 298438 |
| <b>The Royal Oak,</b> East End .....         | 01206 413817 |

|  |
|--|
| <p><i>Are you planning an event in East Bergholt? Please put details of your event in the village diary which is kept at the Post Office. This will benefit village life by helping to avoid unnecessary clashes so that we can all support one another.</i></p> |
|--|





Benefice website: [www.achurchnearyou.com/church/2067/](http://www.achurchnearyou.com/church/2067/)  
Follow us on Facebook- St Mary's East Bergholt