



# **EastBergholt**

parish magazine

**December 2023**

## **ST MARY THE VIRGIN, EAST BERGHOLT**

*The Street, East Bergholt, Suffolk CO7 6TA*

### **RECTOR**

The position of rector is currently vacant. During this period, please contact one of the churchwardens, as listed below.

### **WEBSITE**

[www.achurchnearyou.com/church/2067](http://www.achurchnearyou.com/church/2067)

### **BENEFICE ADMINISTRATOR**

[constablecountrychurches@outlook.com](mailto:constablecountrychurches@outlook.com)

### **ASSISTANT PRIESTS**

Rev Peter Ball (retired) .....01206 393316

Rev Roy Seden (retired).....07806 940407

### **READERS**

Nick Pavitt, Old Manor House, Stutton .....01473 328512

Ruth Bull, Heathside, Heath Road, East Bergholt .....01206 298733

### **CHURCHWARDENS**

Sarah Southgate, Holly Cottage, White Horse Road, East Bergholt .....07742 620695

Fiona Trott, St Mary's, Gandish Road, East Bergholt.....01206 298205

### **TREASURER**

Lesley Cherry, 43 Cedar Close, Brantham .....07543 644318

### **DEANERY SYNOD REPRESENTATIVES**

Chris Jacob, Koshy Jacob and Sarah Southgate

### **PAROCHIAL CHURCH COUNCIL**

Churchwardens, synod representatives, treasurer, Barry Blomfield, Howard Holdsworth, Geoff Potter, Jackie Reeves, Victoria Rothwell, Glen Rowson and Ruben Rushen

### **PCC MINUTES SECRETARY**

Steve Newman, 11 Chaplin Road.....07850 505713

### **ENVELOPE & GIFT AID RECORDERS**

Ian Cranston, Commandree, Gaston Street, East Bergholt.....01206 298434

Koshy Jacob (assistant Gift Aid recorder), 81 Chaplin Road, East Bergholt .....01206 298552

*Visiting St Mary's church: St Mary's is usually open during daylight hours. The church is open every day and you are most welcome to come in and have a quiet moment in the Lady Chapel or leave a prayer request. If you need a listening ear, please contact any member of the Ministry Team. We are here to serve you. Please let us know how we can do this better.*

*Details of services can be found on the magazine's centrefold*



## FROM A DISTANCE

It was Nanci Griffith who first had a hit with Julie Gold's song *From a Distance*. At a distance, everything appears peaceful and harmonious. The lyrics talk about seeing the world from a place of love, and not hate. Commentators say that the song urges people to take a step back and see things from a different perspective. It is a call for empathy and understanding.

The refrain of the song is more challenging, however: "God is watching us, from a distance." Some commentators interpret this line as meaning either that there is no God really; or that if there is a God, he is indifferent; or, perhaps, that a heartbroken God looks with sadness on the world but has chosen to let mankind make its own choices and reap the consequences.

At Christmas, the church proclaims a different message about God. In his Gospel Matthew writes: "For unto us a child is born, unto us a son is given; and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace." Matthew continues: "They shall call his name Emmanuel, which being interpreted is, God with us." This is not a distant God, but one who walked among us and lives within us today by his Holy Spirit. One who has experienced human life in all its glory as well as experiencing rejection, betrayal, torture and death. A God who understands and is with us in our experience, even if we can't understand why horrible things happen. He walks with us.

The Christmas message is one of hope, and not of indifference or rejection by our Creator God. We hope that you might be able to attend one or more of the services at St Mary's - or at Bentley, Brantham or Tattingstone - over the festive period, some of which are family-friendly. May you experience the peace and comfort of the God who is with us this Christmas. Meanwhile, the work of the church continues while the position of rector is vacant. Do please be in touch if you need us.

*Nick Pavitt, lay reader*

### COULD YOU HELP DELIVER THIS MAGAZINE?

Do you love walking around our beautiful village (perhaps you are a dog-walker?) and have an hour to spare? Then why not volunteer to help deliver the parish magazine. We desperately need some new faces, particularly to cover holidays.

If you are interested in joining our fabulous team of distributors, please get in touch. With any queries or applications just contact Marion or Peter Ralph on 01206 298634 or at [theralphs@gmail.com](mailto:theralphs@gmail.com).

# MATTHEW LEEKS

**Plumbing & Heating Engineer,  
Bathrooms and Kitchens**

**Tel: 01473 421142  
Mobile: 07985 567812**



**379 Landseer Road, Ipswich IP3 9LS**



**SAM'S ELECTRICS**  
**YOUR LOCAL ELECTRICIAN**  
Domestic and Commercial



- Licensed and Insured, **Clean Worker, Reliable**
- Additional Sockets for Computers, Printers, Flat-screen Televisions
- Re-wires and New Build Installations
- Fuse Board Replacements
- Periodic Inspections & Testing plus Fault Finding
- General Electrical Maintenance
- Portable Appliance Testing
- **Prices are always Extremely Competitive, Free Quotations**

**NICEIC Approved Contractor no: 603614  
Part P Qualified**

**Call today: 01206 299998  
Mob: 07940 031776.**

**E-mail: [sam@samselectrics.co.uk](mailto:sam@samselectrics.co.uk)**

# DAISY CHAIN HOME SUPPORT



## YOUR LOCAL COMMUNITY CARE SERVICE

Daisy Chain Home Support Ltd offers over thirty years experience supporting older people living in their homes. The aim of the service is to provide flexible support, to meet individual requirements.

All staff are D.B.S checked (Disclosure and Barring Service) and are fully insured. Support includes:

- Personal Care
- Shopping (with or without you)
- Companionship
- Escort to appointments
- Light housework
- Help with medication
- Help with paperwork/applications for benefits (i.e. Attendance Allowance etc.)
- Meal preparation
- Home security check calls
- Pet feeding/dog walking
- Sit-in service (giving carers free time)
- Prescription collection
- Laundry and ironing
- Trips out
- Providing assistance to access appropriate services
- Any other reasonable task will be considered



Registered Manager: Liz Tonks  
Registration No: 1-1505061772

Telephone: 01206 394545  
Mobile: 07984 484 609  
Email: [Liz@daisychainsupport.co.uk](mailto:Liz@daisychainsupport.co.uk)  
Website: [www.daisychainsupport.co.uk](http://www.daisychainsupport.co.uk)

**RATED "OUTSTANDING"  
FOR CARING BY  
THE CARE QUALITY  
COMMISSION**

# R. GWINNELL & SONS

**Family Funeral Directors and Monumental Masons**

R. Gwinnell & Sons pride themselves on offering a full and personal funeral service tailored for you or your family's wishes, bespoke funeral plans and memorials suitable for any location. We are proud to say, "We never take commission from florists, probate advisors, printers or caterers." We are happy to offer free information and advice, without obligation


24 High Street <b>MANNINGTREE</b> 01206 391506	32 High Street <b>HADLEIGH</b> 01473 824440	112 Ipswich Road <b>COLCHESTER</b> 01206 868585
--	---	---

We are available at anytime, day or night.

TRADITIONAL BLACK ROLLS ROYCE HEARSES AND LIMOUSINES  
AND SILVER ROLLS ROYCE HEARSE AND LIMOUSINE

Members of the National Association of Funeral Directors

**Mobile Foot Care Practitioner**



*Caroline*  
GOODWIN  
FOOT CARE PRACTITIONER

07900541421  
carrieg@btconnect.com

Foot Health Check & Advice  
Nail Trimming  
Callus (Hard skin)  
Cracked Heels  
Corns  
Verrucas  
Fungal & Thickening Nails  
Ingrown Toenail  
Athletes Foot

## P.A. LAST

**HOME & GARDEN MAINTENANCE**

Patis • Fencing • Paths  
Garden Clearance • Shed Bases  
Turf Laid  
• Free Estimates •

01473 287542    07742 015384  
paul40last@gmail.com

# *Derek's Painting Services*



Internal and External • Free Estimates

**01206 298 657 • 07801 803689**  
**Email: derek.hawken@yahoo.co.uk**



## Problems with your feet?

Ali Wareham BSc (Pod Med), MChS  
HPC reg. Chiroprapist / Podiatrist  
30 years experience in both NHS  
and Private Practice

Clinics all day on a Monday and Wednesday  
at

Constable Medical Practice at East Bergholt

Est. 5 years  
01206 298272

For weekday, evening and weekend appointments  
Ipswich Foot Clinic @ Gilmour Piper,  
10 Fonnereau Road, Ipswich  
01473 217592

jh juniper house  
of print

Stationery, forms, leaflets, brochures etc  
Friendly service

Wedding Stationery also available

42 Harwich Road, Lawford, Manningtree CO11 2LS  
T: 01206 230884 M: 07710 793306  
E: richard@jhprint.co.uk

## DAVID BEARCROFT CLOCKS

- Both old and modern clock repairs
- Antique clock restoration
- Antique clock maintenance
- Sale of antique clocks & exterior clocks
- Over 40 years experience



Tel: 01473 740524

Email: david.bearcroft@ntlworld.com

42 Preston Drive, Ipswich, Suffolk IP1 6DS  
www.davidbearcroftclocks.co.uk

## The Dress Studio

*A personal one to one*

- ♥ Wedding Dress Hire
- ♥ Mother of the Bride and Guest outfits
- ♥ Huge selection of hats and fascinators
- ♥ Hat hire
- ♥ Evening wear for sale and hire
- ♥ Large selection of Prom dresses, all prices and sizes.
- ♥ Special occasion wear
- ♥ Accessories
- ♥ Shoes
- ♥ Simply everything you may need for that special occasion
- ♥ Sizing 4 to 32 - something for everyone!

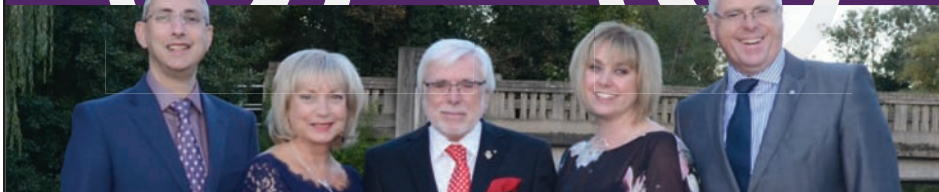
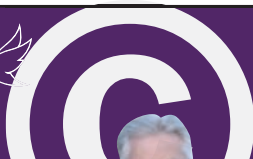
Based in East Bergholt, peaceful surroundings, easy parking, no fuss.

Just call Jenny for an appointment - day or evening on 07712 800164





**HUNNABALL**  
Family Funeral Services



Here **whenever** you need us

Funerals | Memorials | Pre-paid Funeral Plans

**Hunnaball of Colchester**  
Park House, 11 Mersa Road,  
Colchester CO2 7QT  
**01206 760049**

**Geo. Piskell of Manningtree**  
19a High Street,  
Manningtree, CO11 1AG  
**01206 356709**

[www.hunnaball.co.uk](http://www.hunnaball.co.uk)

**Frame**works****

Picture Framing for the home, office or exhibition

**01206 843813**

Bespoke picture framing  
service with over  
30 years experience.

3D Object framing - sports shirts, medals,  
cross stitch, textiles & tapestry framing

Print & frame service - file to frame

Onsite framing - Parking

**10% discount for East Bergholt residents**

**[www.framewerks.co.uk](http://www.framewerks.co.uk)**



Unit C3, Seedbed & Business Centre  
Severalls Business Park  
Colchester, Essex  
CO4 9HT



**Peaches  
& Cream**

BEAUTY THERAPY

PRIVATE TREATMENT ROOM  
in Gandish Road, East Bergholt

- OPI Manicures & Pedicures
- Facials & Waxing
- Indian Head Massage
- Eye Treatments
- Lash/Brow Tinting
- Hopi Ear Candling
- Pamper Days & much more...

**Tel: 01206 298 042**

Member of

**the guild**  
of Beauty Therapists



# KMC

## Automotive Solutions

Servicing : Repairs : Welding  
Diagnostics : Air conditioning

Petrol, diesel & Calor gas sales

**MOT centre**  
cars & light vans

Heath Road, East Bergholt, Colchester, CO7 6RL  
Telephone: 01206 298245



- INSTALL
- SERVICE
- REPAIR

**PROFESSIONAL BOILER INSTALLERS  
COVERING COLCHESTER, IPSWICH AND  
THE SURROUNDING AREAS**

**BOILER SERVICES AND  
GAS SAFETY CHECKS FROM £60**

Contact:

**07415 383545**

**sam@adaptplumbing.co.uk**



# The Constable Memorial Hall

East Bergholt  
CO7 6TP



For your

- Events
- Activities
- Meetings
- Celebrations

[www.ConstableHall.co.uk](http://www.ConstableHall.co.uk)

E-Mail: [ConstableHallBookings@hotmail.co.uk](mailto:ConstableHallBookings@hotmail.co.uk)

Tel: 07783682024

## GK Tree Services

Specialist in all types of tree work including, reshaping, reducing, felling, thinning, clearance and stump grinding.

Hedge trimming undertaken.

Planting.

Small or large loads of seasoned split hardwood logs, mulch, woodchips.

Fully insured. NPTC Qualified.

24hr emergency call out.

For a reliable, prompt, free competitive, no obligation quote contact Kevin on

**Tel: 01206 231306**

**Mobile: 07866 251221**

*7 days a week \*family run business\**



**East Bergholt Pet Company**

**DOG WALKING**

**PET & HOUSE SITTING**

**POP IN PET CARE VISITS**

**PET TRANSPORT**

**SPECIAL OCCASION CHAPERONING**

We offer a range of services tailored for your pet

**07526 520151 or 07388 594577**

Find us on Facebook  
East Bergholt Pet Company

[eastbergholtpetcompany@gmail.com](mailto:eastbergholtpetcompany@gmail.com)

## Rob Steele Home Maintenance Services

Kitchen & Bathroom Fitting,

Tiling, Plumbing,

Painting & Decorating,

Fencing,

General Repairs & Maintenance

**NO Job Too Small**

**Tel. 01206 298451**

**Mob 07791 950849**





MISTLEY MANOR

Independent or supported living for seniors

Specialist dementia care

Superb accommodation for individuals and couples

Reablement services

Stylish restaurant and bar

Hair and beauty salon

Landscaped gardens

Welcoming reception and lounge areas

CCTV throughout, as CQC recommendation

PLEASE CALL OR VISIT US  
TO FIND OUT MORE

01206 391488 • [info@mistleymanor.com](mailto:info@mistleymanor.com)

[www.mistleymanor.com](http://www.mistleymanor.com)

*Luxury*

AFFORDABLE  
RESIDENTIAL CARE



2 Long Road, Mistley, Manningtree, Essex CO11 2HN

THE LION BRASSERIE  
EAST BERGHOLT



We look forward to welcoming you all!  
[www.thelioneastbergholt.co.uk](http://www.thelioneastbergholt.co.uk)  
The Street, East Bergholt CO7 6TB  
01206 803406

Enjoy a leisurely brunch, lunch, afternoon tea or dinner from our locally sourced menus, a refreshing glass of fine wine or a freshly brewed coffee in our fully renovated 17th century property or outside in the stunning walled garden.

### FESTIVE BOOKINGS

We are now taking bookings families, friends and companies for Christmas.

Please contact the Lion Team for more details.

### BRUNCH WITH SANTA

Join Santa for Brunch on Saturday 9th December. Call one of the Lion Team (and Santa's little helpers) on 01206 803406. Pre-booking essential.

### ROOMS NOW AVAILABLE

Please visit our website for more details.

Wishing all our customers & friends a very Merry Christmas.

[www.thelioneastbergholt.co.uk](http://www.thelioneastbergholt.co.uk)



## Essex & Suffolk **PEST SOLUTIONS**

*Your local pest control experts for home & business*

Free advice, fast response

Highly accredited (NPTA)

Fully qualified & insured

Discreet - unmarked vans

[info@eandspestsolutions.co.uk](mailto:info@eandspestsolutions.co.uk)

Tel: 01206 370050

## Nigel Bruce

Industrial & Domestic

**ELECTRICIAN**

The Swift • Upper Street

Stratford St. Mary

Colchester • CO7 6JW

Tel: (01206) 322751

# DEDHAM VALE TREE SURGERY

- NPTC qualified, fully insured
- Hedge maintenance and reduction
- Stump grinding
- Chestnut cleft fencing installed
- All tree work undertaken
- Crown reduction and shaping
- Pruning and pollarding
- Felling, sectional dismantling

---

**SPECIALISING IN BIG TREES IN DELICATE SITUATIONS**

---

[www.dedhamvaletreesurgery.co.uk](http://www.dedhamvaletreesurgery.co.uk) **07756811098**



## **ANDY CARTNER**

**Local Carpenter • For all your carpentry needs**

Property repair & renovation  
New doors & windows  
Sash windows repair / re-cord  
Draughtproofing  
Fitted wardrobes

Barns & logstores  
Garden buildings  
Solid wood floors  
Studwork partitions  
Kitchen fitting

Good contacts in other trades, local references available • Qualified, experienced and fully insured  
Spooners Cottage, Slough Road, Brantham CO11 1NU

**Mobile: 07810 645684**





**tenon decorating**

**"We are Specialists in Grade II  
Listed Buildings"**

For all your internal and external painting and decorating work:



Doors, Windows, Skirting & Facework



No Job Too Big or Small



Wallpapering, Coving



Pozilime & Lime Wash



General Repair & Maintenance



NVQ2 Qualified



**A PROFESSIONAL PAINTING & DECORATING SERVICE  
FROM PEOPLE YOU CAN TRUST**

For a FREE Estimate Contact Steve Ferguson on 07719 357322 or 01206 393351  
www.tenondecoratingltd.co.uk email: steve@tenondecoratingltd.com  
Sbras, East End, East Bergholt, Colchester, Essex CO7 6XQ



- Personal care
- 24hr Live-In Care
- Companionship
- Transportation and errands
- Meal preparation
- Light housekeeping
- Help with washing
- Medication support
- Specialist Dementia care
- Sleeping/Waking Nights
- Post-operative support

and much more...

**01206 932792**

For care enquiries or job vacancy information, please contact us today on:

- ☎ 01206 932792
- ✉ colchester@rightathomeuk.com
- 🌐 www.rightathomeuk.co.uk/colchester
- 📘 www.facebook.com/rightathomecolchesteranddistrict/



Good



**P. & S. Taxis**

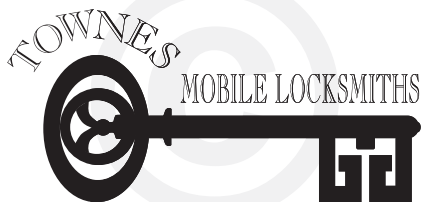
**Local Taxi Firm**

**Airports • Hospitals • Weddings • 4 Seater**

**01206 396321 • Mobile: 07860 284847**

**Established 1980**





38 New Village  
Brantham,  
Manningtree CO11 1RL

**Tel: 01206 391238**

For all your lock and  
safe requirements

[www.towneslocksmiths.co.uk](http://www.towneslocksmiths.co.uk)

**Sparlings**  
Solicitors ... *we care*



An efficient personal service on your doorstep  
Home visits available on request

13 High Street, Manningtree

Tel: 01206 392201

Contact: Katrina Sharman  
[KatrinaS@sparlings.co.uk](mailto:KatrinaS@sparlings.co.uk)  
[www.sparlings.co.uk](http://www.sparlings.co.uk)

Also at Colchester & Frinton-on-sea

**Lexcel**  
Legal Practice Quality Mark  
Law Society Accredited



INVESTOR IN PEOPLE



**Dave's Private Hire**

Professional and friendly service

Based in Dedham

For all your travel needs:

- Visits to local shops
- Days out
- Airports
- Cruise terminals

Licensed to carry up to 4 passengers

To make a booking please call

**07834 570479**

[davesprivatehire44@gmail.com](mailto:davesprivatehire44@gmail.com)

**TOPMARX TAXIS**

*the service you can rely on*

**01206 395449**

4-6-8 SEAT CARS AND MINIBUSES AVAILABLE

**AIRPORT  
TRANSFERS**



**Stansted - Gatwick - Heathrow  
Luton - Norwich - London City**  
and many more throughout the UK

**SOCIAL · BUSINESS · CORPORATE**

Meet and Greet service available  
Cars and Minibuses available

Call now or email:

[mgw-topmarx@tiscali.co.uk](mailto:mgw-topmarx@tiscali.co.uk)





- Corporate Events
- Weddings
- Funerals
- Private Functions
- Location Catering

Our mobile coffee vans create  
a buzz wherever they go!

Call 07866 716788 or visit [queenbeecoffee.co.uk](http://queenbeecoffee.co.uk)



## ARDLEIGH CHIMNEY SWEEP SERVICES

- Traditional and Power Sweeping
- CCTV Inspections
- Safety Certificate Issued
- Fully Insured
- Cows Fitted



ANDREW SMITH

01206 231718

07845 249820



## Samantha Wright Foot Care your feet in our hands...

Mobile professional foot health care in the  
comfort of your own home

Tel: 07765 112993

[www.samwrightfootcare.co.uk](http://www.samwrightfootcare.co.uk)



Professional Tree Surgeon and team  
that can maintain your gardens big or small



### Trees & Hedges

Felled, Pruned, Shaped, Dead / Broken & dangerous hanging branches  
removed to make them safe.

Hedges cut and maintained to your specification

### Gardens

Lawns cut, Borders trimmed, Shrub beds cleaned

### Ground Clearance

Large or small areas of scrub cleared and removed

### Fences

Panelled, Wired, Post & Rail, Erected or Mended

*Free, no obligation, quotations*

01449 720157 / 07788590779

[james.firman@treesandfences.com](mailto:james.firman@treesandfences.com) / [www.treesandfences.com](http://www.treesandfences.com)



## SR MOWERS UNIT 11 BRANTHAM MILL CO11 1QT

Established 1993

SERVICING / REPAIRS TO MOST TYPES OF PETROL  
LAWNMOWERS AND GARDEN MACHINERY AT COMPETITIVE  
RATES, COLLECTION AVAILABLE. TEL: 07925 120777 FOR A  
PROMPT AND COURTEOUS SERVICE.





## HIGHCLIFF VETERINARY PRACTICE

*Providing pet care 24/7 for over 100 years*

FACTORY LANE, CATTAWADE,  
Nr MANNINGTREE, BRANTHAM

**SURGERY HOURS** (by appointment only)

**Monday to Thursday 8.30 - 7.00pm**

**Friday 8.30 - 6.00pm**

**Saturday 8.30 - 1.00pm**

**Tel: 01206 391511 • [www.highcliffvets.com](http://www.highcliffvets.com)**



## PLANT CENTRE CAFÉ & GARDEN

*For Specialist and Popular Plants*

Located in the Victorian walled garden at East Bergholt Place.  
Wide range of plants for sale - trees (including fruit trees) shrubs,  
climbers, roses, conifers, herbaceous plants, alpiners, herbs etc. pots,  
compost, sundries and gardening gifts.

5% Discount with EB Horticultural membership card

Plant Centre, Garden and Café - Open daily 10am-5pm

**Tel: (01206) 299 224**

E-mail: [sales@placeforplants.co.uk](mailto:sales@placeforplants.co.uk) [www.placeforplants.co.uk](http://www.placeforplants.co.uk)

The Place for Plants, East Bergholt Place, Suffolk CO7 6UP



**WORTH**

DECORATING

Craftsman of Decoration

**A bespoke painting and decorating service based in East Bergholt with exceptional attention to detail and a high quality finish.**

**If you love it, it's WORTH DECORATING.**

**Contact Stewart Worth - 07812 495 482 [stewart@worthdecorating.co.uk](mailto:stewart@worthdecorating.co.uk)**



**COLLINS & CURTIS**  
**MASONRY LTD**

*est. 1925*

## Memorial Stone Masons

*Dedicated craftsmen who  
combine traditional with new techniques*

Bespoke memorials  
Additional inscriptions  
Restoration and cleaning  
Home visits by appointment

**01473 250932**  
**[www.collinsandcurtis.co.uk](http://www.collinsandcurtis.co.uk)**



**Mobile**

**fresh fish shop**



## **D Allen's Fresh Fish**

Mobile Fresh Fish Shop brought straight from Lowestoft fish market. Wide selection of fresh fish, smoked fish, and seasonal shell fish.

My Van will be outside  
The Hare Hounds East Bergholt.  
On Thursdays between  
9:45am-10:15am, if you miss me  
there you can catch up with me in  
Dedham High Street  
Thursdays 2.00pm-2.30pm.

Mobile: 07967 755771  
Land Line: 01206 303104

**Mandy's Fitness Workouts**  
 Circuits - Body Tone - Aerobics  
 mob: 07904 191 978  
 tel: 01206 298 657  
 mandy.francis63@yahoo.co.uk




**Susan Morrison**  
 Registered Osteopath  
 Tel: 01206 299027  
 Mobile: 07919 101099  
 Email: susie.kramers@gmail.com  
 Abbey View, Rectory Hill, East Bergholt  
 Suffolk CO7 6TG

FREELANCE  
 HAIRDRESSERS'  
 ASSOCIATION

**FHA**

**Jannette Beckett**  
 Fully Qualified Freelance Family Hairstylist  
 Tel: 01473 730204  
 Mobile: 07905 589176

**Nigel Anderson**  
 Domestic Electrician  
 Part 'P' Approved Contractor  
 Electrical Safety Register

- New installations
- Rewires
- Additions to existing circuits and fault diagnosis

7 Quintons Corner, East Bergholt  
 Tel: 01206 299413 • Mobile: 07742 644271  
 Email: puxleymanor@btinternet.com

ELECSA  
 Part of the ECA Group

NICEIC  
 DOMESTIC  
 INSTALLER

  
**SUMMERS WOOD**  
 Firewood All Year Round  
 Seasoned Sustainable Firewood  
 From Locally Managed Woodlands  
 Phone Colin  
 07746 297735  
 colinbkk99@hotmail.com



**MANNINGTREE  
 BODY REPAIR CENTRE**  
 Riverside Avenue West  
 Lawford, Manningtree  
 Essex CO11 1UN  
 Tel/Fax: 01206 393191  
 Website:  
 www.manningtreebodyrepaircentre.co.uk

*All types of car & commercial  
 body repairs from minor scuffs  
 to major insurance repairs  
 and vehicle restoration.  
 Collection/delivery service.  
 Courtesy car subject to  
 availability.*

 **RMI**





## Ladies Boutique in East Bergholt

Selling clothes, scarves, bags, jewellery and purses

Tue, Thurs and Fri – 10am - 3pm Sat – 10am - 1pm

Contact Sarah McGrath

The Street, East Bergholt, CO7 6TF

✉ [sarah.jane.mcgrath@hotmail.com](mailto:sarah.jane.mcgrath@hotmail.com)

☎ Tel 07793 214190

📘 Sarah Jane's Boutique



Speak to Grier & Partners, the Essex and Suffolk  
property experts on 01206 299 222

**Grier & Partners**  
THE PROPERTY EXPERTS



[www.grierandpartners.co.uk](http://www.grierandpartners.co.uk)

Find us on



The Old Shop, The Street, East Bergholt, Suffolk, CO7 6TF



**Kingsleigh**

Property Consultants

High Street, Dedham, CO7 6DE

01206 940123

## Award-winning local, independent estate agent

- Fully immersive 360° tours
- Bespoke particulars
- Floorplans
- Social media adverts
- Professional drone photos
- Premium Rightmove listings
- Experienced, award-winning team
- Associate office in Park Lane, London



**SALES & LETTINGS**



[sales@kingsleighresidential.co.uk](mailto:sales@kingsleighresidential.co.uk)

[lettings@kingsleighresidential.co.uk](mailto:lettings@kingsleighresidential.co.uk)

[www.kingsleighresidential.co.uk](http://www.kingsleighresidential.co.uk)



## A.R.CHERRY - Handyman

Local craftsman with more than 30 years  
experience in the building trade

Property Maintenance - Repairs - Kitchens - Bathrooms  
Plumbing - Carpentry - Fascias/Gutters - Fencing etc  
Reasonable Rates - High Standards

Mobile: 07771 730142

## Victoria Baker PILATES

Personally designed courses to improve posture, joint alignment, movement and strength.  
Group and Individual sessions in a private, comfortable studio.

The Assembly Rooms  
High Street, Dedham  
Colchester CO7 6HJ



mobile 07887 987280  
[www.victoriabakerpilates.com](http://www.victoriabakerpilates.com)





# Jackson

Plumbing & Heating



## Services we offer:

Gas, Oil, Central Heating, General  
Plumbing, Bathrooms, Heat Pumps,  
Solar Thermal Hot Water,  
Solar PV, Electric Battery Storage,  
Electric Car Charging Points

**MCS Grants up to £5000**

**01206 322 063 01473 214 215 01245 287158**

Grant UK, Worcester-Bosch, Baxi-Potterton, Vaillant

## The Gattinetts

Business Centre

### OFFICES and WORKSHOPS TO RENT - IN EAST BERGHOLT



- Central East Berghol: - Just around the corner from the shop
- Various sizes of units with tailored leasing arrangements to suit you
- Character properties with plenty of on site parking

[www.gattinetts.co.uk](http://www.gattinetts.co.uk)

Ring Anne on 01206 299555 / 07941 781489  
for current availability and more details

# Rosie hunter

interiors

curtains

soft furnishings

lighting

showroom open by appointment  
Tel 07990 558686

[www.curtainhunters.co.uk](http://www.curtainhunters.co.uk)



Allens Farm Barn, Tye Road, Elmstead,  
Colchester, CO7 7BN



Registered Charity No 1063444

## ST. MARY'S CHURCH EAST BERGHOLT PRESERVATION SOCIETY

The aim of the Society is to preserve this historic building for future generations by attracting support from anyone who cares about our Heritage. Your donations, large or small, will be gratefully received.

All funds raised will be used solely for the preservation of St. Mary's Church and Bell Cage.

New members and renewal subscriptions are very welcome.

For further information please contact:  
E-mail: [ebchurchpres@gmail.com](mailto:ebchurchpres@gmail.com)



Classical Pilates in Tattingstone IP9 2NA  
Apparatus & mat classes available  
Nicola Grant 07557 367 822  
[nicola@flowstudiopilates.co.uk](mailto:nicola@flowstudiopilates.co.uk)

# ST MARY'S CHURCH, EAST BERGHOLT

The Street, East Bergholt, Suffolk CO7 6TA

Benefice website: [www.ConstableCountryChurches.co.uk](http://www.ConstableCountryChurches.co.uk)

Facebook: stmaryseastbergholt

YouTube: Constable Country Churches

**Enquiries about weddings, baptisms and funerals and any church matters should be directed to the wardens in the first instance.**

## **St Mary's, East Bergholt:**

Fiona Trott - [fiona.trott13@gmail.com](mailto:fiona.trott13@gmail.com) - 01206 298205

Sarah Southgate - [southgatesarah@yahoo.co.uk](mailto:southgatesarah@yahoo.co.uk) - 01206 299729

## **St Michael's, Brantham**

Jane Pavitt - [jane.pavitt@tiscali.co.uk](mailto:jane.pavitt@tiscali.co.uk) - 01473 328512

Len Smith - [len@campervansmiths.com](mailto:len@campervansmiths.com) - 07986 767123

## **NEW RECTOR**



We are delighted to announce that the Bishop of St Edmundsbury and Ipswich has approved the appointment of the Reverend Chris Willis to become our new rector. We are really looking forward to Chris, and his wife Rachel, joining us in spring 2024.

He will be looking after the churches in East Bergholt, Brantham, Bentley and Tattingstone. Chris is currently curate/priest at St Albright's, the parish church of Stanway, Colchester, in the Chelmsford diocese.

Rev Chris says: "Rachel and I are absolutely thrilled to know that we shall be joining you soon. We look forward to journeying together with you, and trust and believe that God has the parishes safely in his hands and 'knows the plans that He has for us all!'"

*Fiona Trott*

## CHRISTMAS CHURCH SERVICES

During the vacancy following Rev Steph's retirement, we have endeavoured to keep the usual schedule of church services running as much as possible. We are extremely grateful to our retired priests, lay elders and readers who have worked so hard to keep the service pattern largely unchanged.

However, at Christmas this is going to be particularly challenging. Please note that we are only able to accommodate one children's Christmas Eve candlelight service, which will take place at 4.00pm. We apologise for any inconvenience that this might cause and ask for your understanding.

Communion services are also particularly difficult as they require an ordained priest, and when this was written in early November we were still trying to find someone to officiate at the Christmas Eve evening Communion. It doesn't appear on the schedule of services for that reason, although we are trying to offer that important Christmas service. There is also a chance that there may be an early morning Communion on Christmas Eve. Notices posted on the church's noticeboards at the beginning of December, and on social media nearer the time, will be more up to date.

*Fiona Trott*



### FAMILY@CHURCH



On Sunday 5<sup>th</sup> November our theme was light and being sensational! Our story was about Patch the Pumpkin, what happened when his hearing was affected by a stone, and how he learned to "listen" with his other senses. By helping others and noticing when they were sad, he made his heart shine. We sang *This Little Light of Mine, Shine Jesus Shine!* and our "sorry song". The children made pumpkin krispie cakes which they then ate as part of their tea after the service. It being 5<sup>th</sup> November, the children all had sparklers after tea in the churchyard, and they went home with an Advent calendar.



Next month we will be celebrating Christmas at Fields Kitchen & Farmshop. To help us with catering numbers please let Liz know if you are able to come on Sunday 3<sup>rd</sup> December at the slightly later time of 4.30pm. For any queries or comments about family@church, please contact Liz Digby ([liz.digby@btopenworld.com](mailto:liz.digby@btopenworld.com)) or Fiona Trott ([fiona.trott13@gmail.com](mailto:fiona.trott13@gmail.com)).

*Fiona Trott*



## EAST BERGHOLT AND BRANTHAM MOTHERS' UNION



Our Mothers' Union members have once again been reaching out to support families in our benefice and beyond. Our most recent outreach has been to make a number of moving-in bags for the women's refuge in Ipswich, as part of our national RISE UP campaign to raise awareness of the issue of domestic abuse.

This year our branch members have reached out to touch the lives of more than 860 people through our many projects and programmes, and raised funds to support the Christmas outreach in Highpoint Prison and the Summer of Hope appeal. So, forgive us if this month we just sit down and enjoy a Christmas afternoon tea and some festive fun at our meeting on 14<sup>th</sup> December at 2.00pm in St Mary's, East Bergholt.

Thank you to everyone who has supported us, in particular to our church wardens Fiona and Sarah at East Bergholt and Jane and Len at Brantham; as well as to Rev Steph during her time as our rector.

*Jeanette, Janet, Jenny, Chris and Grace*

### EAST BERGHOLT CHRISTMAS PARADE AND MARKET 2023

It's nearly time for the village's annual Christmas Parade and Market, being held this year on Saturday 9<sup>th</sup> December. It will follow the successful format from last year, with the parade starting at the High School at 4.00pm and ending up at Gandish Road playing fields.

At the same time the market stalls will open for business. There will be carol singing and a Santa's Grotto, together with food stalls and drinks available from the sports pavilion.

Please note that there will be limited parking, so you are encouraged to walk, or park away from Gandish Road.

If you would like to take part by entering a float into the parade or having a stall at the market, there is still just about time. Please visit [linktr.ee/christmasmarketandparade](http://linktr.ee/christmasmarketandparade) to register your interest, or alternatively contact Hannah on 07875 585205/ [hannahsarahbibby@gmail.com](mailto:hannahsarahbibby@gmail.com).

*Fiona Trott*



St Mary's, East Bergholt



St Michael's, Brantham



St Mary's, Bentley



St Mary's, Tattingsstone

## CONSTABLE COUNTRY CHURCHES - DECEMBER 2023 SERVICES

St Mary's, East Bergholt			St Michael's, Brantham		
.....			.....		
Sun 3 <sup>rd</sup>	10.00	Communion Service	Sun 3 <sup>rd</sup>	10:30	Informal Service
	16.30	Family@Church Christmas party	Sun 10 <sup>th</sup>	10:30	Communion Service
Wed 6 <sup>th</sup>	09.00	BCP Communion Service	Mon 11 <sup>th</sup>	10:00	Constable Country Childcare Nativity
	11:00	Constable Country Churches Nativity	Tues 12 <sup>th</sup>	10:00	Constable Country Childcare Nativity
Thu 7 <sup>th</sup>	10:00	Constable Country Childcare Nativity	Sun 17 <sup>th</sup>	10:30	Informal Service
Sat 9 <sup>th</sup>	16:00	Christmas Market and Parade	Thu 21 <sup>st</sup>	18:00	Carol Service
Sun 10 <sup>th</sup>	08.00	BCP Communion	Sun 24 <sup>th</sup> Christmas Eve		
	15:00	Carol Service		10.30	Communion Service
Tues 12 <sup>th</sup>	18.30	EBHS Carol Service		15:00	Family Candlelight Service
Wed 13 <sup>th</sup>	18:30	EB Preservation Society Carols and mince pies		23.30	Carols, reading and reflection to welcome in Christmas
Fri 15 <sup>th</sup>	09.30	EBPS Carol Service	Mon 25 <sup>th</sup> Christmas Day		
Sun 17 <sup>th</sup>	10.00	Communion Service		10:30	Short, relaxed and welcoming service
Sun 24 <sup>th</sup> Christmas Eve			Sun 31 <sup>st</sup>	10:00	Benefice Communion Service at Bentley
	16:00	Family Candlelight Service			
Mon 25 <sup>th</sup> Christmas Day					
	10:30	Family Service at Brantham			
Sun 31 <sup>st</sup>	10:00	Benefice Communion Service at Bentley			
.....			.....		
St Mary's, Bentley			St Mary's, Tattingsstone		
Sun 10 <sup>th</sup>	10:00	Christingle Service	Sun 3 <sup>rd</sup>	10:00	Holy Communion Service
Sun 17 <sup>th</sup>	10:00	Carol Service	Sun 10 <sup>th</sup>	18:00	Carol service with Da Capo Choir
Sun 24 <sup>th</sup>	15:00	Crib Service	Sun 17 <sup>th</sup>	10.00	Communion service
Mon 25 <sup>th</sup>	10:00	Morning communion	Sun 24 <sup>th</sup> Christmas Eve		
Sun 31 <sup>st</sup>	10:00	Benefice Communion Service		16:00	Crib & Carol service
			Sun 31 <sup>st</sup>	10:00	Benefice Communion Service at Bentley

The benefice of Constable Country Churches is currently in an interregnum following the retirement of Rev Steph, and it is hoped that the published schedule of services will all go ahead as planned.

We are trying to accommodate as many of the usual Christmas services as possible, but undoubtedly there will be some that we are unable to offer. We apologise for any inconvenience caused. Please check our website at [www.constablecountrychurches.co.uk](http://www.constablecountrychurches.co.uk) or local Facebook pages to confirm service times.

Note: family@church services at St Michael's, Brantham will be advertised on the church's Facebook page and the local Brantham Facebook page.



Parade 4pm | Market 4pm | Carols 5pm | Santa's Grotto 6pm

East  
Bergholt's  
*Christmas*  
*Parade & Market*

Saturday 9<sup>th</sup> December, Gandish Park



## LOCAL CHURCHES



### BRANTHAM METHODIST CHURCH

Gravel Pit Lane, Brantham, CO11 1NY

Minister Rev Ian Gardner

34 Medway Road, Ipswich IP3 0QH

01473 411507

*ian.gardner@methodist.org.uk*

The services of Marriage, Baptism and Funerals can be arranged with the minister.

### Services and preachers in December 2023

Date	Time	Preacher
Sunday 3 <sup>rd</sup> Dec.	11.00am	Rev Ian Gardner (Holy Communion)
Sunday 10 <sup>th</sup> Dec.	2.30pm	Songs of Praise
Sunday 17 <sup>th</sup> Dec.	11.00am	Mrs Ruth Loggie
Sunday 24 <sup>th</sup> Dec.	11.00am	Led by local members
Monday 25 <sup>th</sup> Dec.	10.30am	Rev Ian Gardner (Christmas Praise)
Sunday 31 <sup>th</sup> Dec.	11.00am	Miss Anna Howes

Dear friends, first of all can I wish you all a very happy Christmas. Christmas is, for most people, a time of celebration with much eating and drinking. It won't only be the goose that is getting fat. But we mustn't forget what Christmas is really all about - the birth of the Lord Jesus Christ in that humble manger in Bethlehem. Now that is worth celebrating. As the angel said to the shepherds, "I am bringing you good news of great joy for all people" (Luke 2:10).

I invite you to join us for our Christmas Songs of Praise on Sunday 10<sup>th</sup> December at 2.30pm. It will be a fun service of relevant readings and carols. We are also holding a celebration on Christmas Day. This will be suitable for people of all ages; all I ask is that you bring one present you have received. Don't worry - you'll be taking it home too.

Also don't forget that you can come along to any of our coffee mornings between 10.30am and 12.00 noon on the last Saturday of every month.

God bless you all, from your friend and minister, *Ian*.



## ST MARK'S ROMAN CATHOLIC PARISH

**St Mark's**, Hawthorn Drive, Ipswich IP2 0QQ  
**Holy Family Church**, Ipswich Road, Brantham CO11 1TB  
 Parish Priest: Rev Fr Luke Goymour  
 The Presbytery, 180 Hawthorn Drive, Ipswich IP2 0QQ  
 01473 684963 [revgoymour@googlemail.com](mailto:revgoymour@googlemail.com)

**The tradition of the Christmas crib - reflection by Pope Francis:** "Setting up the Christmas creche in our homes helps us to relive the history of what took place in Bethlehem. Naturally, the Gospels remain our source for understanding and reflecting on that event. At the same time, its portrayal in the creche helps us to imagine the scene...as contemporaries of an event that is living and real...the Christmas creche is part of the precious yet demanding process of passing on the faith."

**Christmas gifts supporting charities:** At this time of year there are many gifts that we can give which support charities. We'd just like to mention two Christian charities: **Mary's Meals** feeds 2.4 million school children every day in poorer countries across the world. Gifts and cards to support this are available at [shop.marysmeals.org.uk](http://shop.marysmeals.org.uk). **CAFOD** also supports poorer communities; visit [worldgifts.cafod.org.uk](http://worldgifts.cafod.org.uk).

**Weekday and Sunday Masses and devotions:** All are very welcome to attend services; it is not necessary to be a Catholic. The following are the usual Mass times but please check the parish website at [www.stmarksparish.org.uk](http://www.stmarksparish.org.uk) for updates in case of changes, or the noticeboards outside the churches. Christmas Day Masses will be at the same times as on Sundays.

<b>Saturday</b>	St Mark's Vigil Mass with confessions from 5.00pm
<b>Sunday</b>	9.00am Holy Family, Brantham 11.00am St Mark's
<b>Tuesday</b>	10.00am Holy Family Mass with Adoration from 9.20am
<b>Wednesday</b>	9.30am St Mark's
<b>Friday</b>	12.15pm St Mark's Mass with Adoration from 11.40am

**Father Luke's Sunday sermons** are available at [anchor.fm/fr-luke-goymour](http://anchor.fm/fr-luke-goymour). The popular

**Bring & Buy Coffee Morning** at Viv Szitasi's home, Paddock Gate, Whitehorse Road, East Bergholt CO7 6TR will take place on Thursday 21<sup>st</sup> December 10.30am to 12.00 noon.

Everyone is most welcome. - *Kathy Pollard*

# CLUBS, SOCIETIES AND ASSOCIATIONS

## MANNINGTREE & DISTRICT PHOTOGRAPHIC SOCIETY



Club members enjoyed a busy November which included presentations by Barbie Lindsay and Roger Hance, a PDI mono competition judged by Tony Bramley FRPS, and a field trip to Green Island Gardens.

We are now looking forward to the club's Christmas dinner in December and we would like to wish everyone a very merry Christmas.

Please visit our website for details of our full programme together with competition results, photo albums and further club information.

We continue to have fun with our monthly Facebook Challenge, and our public Manningtree Photographic Club Facebook page features club news and activities. This month's featured image is *Portstewart Strand* by Mark Rivers, which won a recent prints competition.



We are a small group of photography enthusiasts with a wide range of photographic experience and knowledge. The club aims to provide a friendly environment for members to enjoy the development of their photographic skills through a variety of activities in the company of like-minded individuals.

If you are interested in photography, at whatever level, you would be most welcome at M&DPS and we would like to invite you to come along to a free club meeting. We meet at Mistley Village Hall, on the 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Thursdays of the month between September and May at 7.30pm.

For further information please contact our secretary Pat Ainger on 01206 231242 or email [madps@post.com](mailto:madps@post.com).

Website: [e-voice.org.uk/manningtreeanddistrictphotographicsociety](http://e-voice.org.uk/manningtreeanddistrictphotographicsociety)

*Ian Bancroft*

## **EAST BERGHOLT HORTICULTURAL SOCIETY (founded 1895)**

*www.eastbergholthorticulturalsociety.onesuffolk.net • email: ebhs@btinternet.com*

On 16<sup>th</sup> November the East Bergholt Horticultural Society held its AGM. It was an opportunity to look back on what has proved a most successful year, with old stalwarts such as the quiz and the plant sale proving as successful as ever, likewise our annual show; this summer provided much better growing conditions than the arid 2022 season, with our members producing an excellent display of exhibits in all classes. Entrants were up substantially from 2022, a trend I trust will continue.

New activities for last year included garden trips, with our members visiting the Old Hall vegetable and flower gardens in East Bergholt and the RHS Hyde Hall gardens during one of their show days. We look forward to a wreath-making masterclass on 25<sup>th</sup> November.

2023 has proved a good year for our society. Our finances are back on track after the inroads caused by the pandemic, membership remains very healthy and our activities continue to expand and succeed. We look forward to another successful year in 2024 supporting our existing members and welcoming new ones. It was with a sad heart that we said goodbye to our treasurer of many years, James Bolton, thanking him for the work and support he has provided over that time. James, you will be sorely missed. Stepping into the breach, we welcomed the new treasurer (and relatively new committee member), Roy Thornycroft.

The society is run by the committee; many of its members have specific tasks, others are members without portfolio. All the committee members are vital to the smooth running of our organisation, bringing their ideas to the meetings and helping the officers in performing their tasks. The society welcomes new committee members, happily taking on volunteers to fill our ranks. Would you be willing to help?

As a committee member you will have the satisfaction of knowing that your efforts are keeping a venerable, much-loved village institution running, together with the opportunity to meet, work with and support the gardeners in the village. It's also a lot of fun. The job is neither difficult nor too time-consuming. We meet for about an hour once a month, take turns to man the store (9.30am to 10.30am on Sunday mornings between mid-February and mid-September), assist in the collection of membership subscriptions, and help to set up the plant sale and annual show.

If you are interested in joining us please contact either Steve Feeney (chairman, [feeneystephen63@gmail.com](mailto:feeneystephen63@gmail.com), 07801 090780) or Louise Kemp (vice chairman, show secretary and membership secretary, 07753 422474).

*Stephen Feeney*

## Gardening tips for December

I am writing this on the day of Storm Ciaran. Fortunately this area is not badly affected by the winds, but the rain is relentless. Do keep checking on ties on all climbing plants and young trees.

Christmas is fast approaching and life is busy - but there are a few jobs to do in the garden. So wrap up warm and brave the weather! Of course, we all have different gardens and thus different jobs, but we all have leaves falling from either our trees or our neighbours'. I find that raking/sweeping little and often is best.

Heathers can be planted now; there are so many varieties to brighten up your gardens. Don't leave tender plants to chance - have some fleece handy to protect them from frosts. Deadhead winter pansies in pots and hanging baskets. If some of your garden tools are old and tatty, add new ones to your Christmas gift list. From the comfort of your armchair look through gardening catalogues and make plans for next year, perhaps ordering some seeds. Remember to water hyacinths in pots germinating in a dark place. Plant amaryllis; they make a lovely show indoors, or perhaps give one to a friend or relative for Christmas.

Some of you may be having some homegrown vegetables on the 25<sup>th</sup> - delish. I wish you all a very happy Christmas and a happy and healthy 2024. One last thing - birds!

*Janet Alcoe*





## EAST BERGHOLT CINEMA

**At the Constable Hall, Gandish Road, East Bergholt CO7 6TP**  
**Films start at 8.00pm, doors and ticket desk open at 7.30pm**



Friday 1<sup>st</sup> December **Barbie** (U)

Eccentric and individualistic, Barbie is exiled from Barbieland because of her imperfections. When her home world is in peril, Barbie returns with the knowledge that what makes her different also makes her stronger. Starring Margot Robbie and Ryan Gosling.

“A riotous, candy-coloured, feminist fable” - *The Guardian*.

**We advise buying or booking tickets in advance for this popular film as we have limited capacity.**



Friday 5<sup>th</sup> January **Past Lives** (12A)

Two childhood friends are separated after one's family emigrates from South Korea. Two decades later, they are reunited in New York for a week as they confront notions of destiny, love and the choices that make a life.

“A transcendent debut for South Korean-Canadian filmmaker Celine Song, this romantic drama is a masterclass in slow, simmering storytelling” - *Empire*.

**Tickets to all films** are available for sale from Grier & Partners in East Bergholt or alternatively can be reserved by contacting Noelleen on 01206 299774. It is advisable to buy or reserve tickets in advance as seating is limited. **The bar will be open** and teas, coffee and ice creams will be available at the interval.

*The EB Cinema Team*

## EAST BERGHOLT AND BARBIZON TWINNING ASSOCIATION

At the time of going to press, the committee were finalising details for the quiz on 11<sup>th</sup> November. We hope that all who attended had an enjoyable evening. The quiz is an invaluable fundraiser for the association and we are grateful for your support.

Next year we will begin making preparations for the weekend in May 2025 when we will host guests, new and old, from Barbizon. It sounds a long way away but there is plenty to do! Please make a note of this provisional date if you wish to host.

*Margaret Macallan*



*Oil on canvas sketch of Willy Lott's House by John Constable. Recently found on the wall of a house in Guernsey, having been lost for 40 years. Sold at auction for £200,000 in September 2023.*

## BRANTHAM AMATEUR THEATRICAL SOCIETY

### **Heigh-Ho, Heigh-Ho, It's Off To The Village Hall We Go**

*Come visit the forest where Snow White hides  
And join in the hunt for the runaway bride.*

*A Charming Prince, a Wicked Stepmother  
A poisoned Apple and Seven Brothers.*

*Join in the fun with Queen Charming and servant Willy*

*And enjoy an hour or two of something quite silly*

*A renowned tale albeit rewritten with a twist.*

*Aided by Hansel & Gretel...YOU GET THE GIST???*



*Snow White* will run from Tuesday 20<sup>th</sup> to Saturday 24<sup>th</sup> February at Brantham Village Hall, with shows at 7.30pm each night as well as a 2.30pm matinee on the Saturday. Tickets will be available from the beginning of December at [www.batsonline.co.uk](http://www.batsonline.co.uk) as well as Guys & Dolls hair salon, Acacia Way, Brantham. Adults £12, children £6.

*Teresa Fraser*

### **EAST BERGHOLT AEDs (DEFIBRILLATORS)**

Adult AEDs, like those around the village, give a shock of 150 kilojoules but the latest ruling is that they can be used on a child if nothing else is available. This is even though a child under eight years old in cardiac arrest would only require 50 kilojoules. However, as most cardiac arrests in children are respiratory the AED will not advise giving a shock but to just continue CPR.

**To release the AED from the cabinet you need a code. This must be obtained from the call handler answering your 999 call before anyone sets off to fetch the AED.**

#### **AED locations in East Bergholt and adjacent villages**

**telephone box outside the Red Lion**, The Street, CO7 6TB

**Constable Hall**, Gandish Rd, CO7 6TP (on the outside wall by the emergency exit)

**E Bergholt Lawn Bowls Club**, CO7 6TP (at the rear of the Constable Hall playing field)

**KMC garage**, Heath Rd, CO7 6RL (on the rear wall of the MOT bay)

**inside at Old Hall**, Rectory Hill, CO7 6TG

**Flatford Tourist Information Centre**, CO7 6UL (on the rear wall near the toilets)

**Flatford Mill Upper Car Park**, CO7 6UL (on the rear of the kiosk)

**Grange Country Park Swimming Pool** (on the outside wall facing the park entrance)

**East End Butchers**, Broom Knoll, CO7 6XN (on the wall by the entrance doors)

**The Royal Oak pub**, East End Lane, CO7 6XA (on the wall at the vehicle entrance)

**Brantham Leisure Centre**, New Village, CO11 1RZ (on the wall in the car park)

**Chloe's**, 1 Acacia Court, Birch Drive, Brantham, CO11 1TR (to the left of the Co-op)

**Holton St Mary Village Hall**, Hadleigh Rd, Holton St Mary, CO7 6NW (on the right-hand side of the front wall)

Contact Carol Moss on 01206 298483 to become a responder or email [eastbergholtheartwatch@gmail.com](mailto:eastbergholtheartwatch@gmail.com) with any queries.

*Valerie Ayton, chair, Heartwatch*

## AIR AMBULANCE COMES TO EAST BERGHOLT

The Patient Participation Group (PPG) and Constable Country Medical Practice ran a free emergency first aid course helping us understand how to deal with heart attack and cardiac arrest. This is part of the East Anglian Air Ambulance campaign to train 20,000 this year. A presentation from Tony Brown was followed by all attendees having a go at CPR themselves. All participants enjoyed the session, learned much and raised £40 for the East Anglian Air Ambulance charity.



"It has given me the confidence to have a go," said one participant. The PPG are keen to support patients in similar ways so please forward any suggestions to the email below. We would also appreciate more volunteers to support us - we meet every two months.

Please contact the PPG via email at [ppgconstablecmp@gmail.com](mailto:ppgconstablecmp@gmail.com).

*Lyn Matthews*

### COMMUNITY CAFÉ FRIDAYS AT THE CONSTABLE HALL

Everyone welcome!

11.00... tea/coffee and a chat

12.30... a two course lunch for £6

Booking for lunch is essential

For more details call 01206 298638

or  
01206 298692

*Val James*

A Concert by

**Jenny's  
Accordionists**

**SATURDAY DECEMBER 9TH**

**St. Michael's Church  
Church Lane, Brantham  
from 3 p.m.**

**Entry £10 including tea and cake**

To reserve a ticket contact  
Jane 01473 328512  
[www.jennysaccordionists.co.uk](http://www.jennysaccordionists.co.uk)

## EAST BERGHOLT UNITED FOOTBALL CLUB



**The last month:** Mixed results, with both the First Team and A Team progressing in Cup competitions. The weather is now posing problems, however, with many grounds unfit.

### Upcoming fixtures and events: December

**First Team:** 2<sup>nd</sup> Westerfield Utd, H; 9<sup>th</sup> Debenham LC, A; 16<sup>th</sup> Old Newton Utd, H; 23<sup>rd</sup> Halesworth Town, H; 30<sup>th</sup> Ransomes Sports, H.

**Reserves:** 2<sup>nd</sup> Occold, A; 16<sup>th</sup> AFC Kesgrave Reserves, A; 23<sup>rd</sup> Trimley Red Devils Reserves, A.  
**A Team:** 23<sup>rd</sup> AFC Kesgrave A, H.

Fixtures subject to change. Please refer to the fixtures website at [fulltime.thefa.com/index.html?league=4358069](http://fulltime.thefa.com/index.html?league=4358069) and then choose the appropriate competition to confirm.

**Sponsorship:** We would like to thank our sponsors for this season: Smy IT Specialists, JAK Services Ground Care, Riverside Taxis Manningtree, Marquis, Bergholt Travel, G & C Timber & Joinery Ltd, Primus, Kitchen Worktops Online, C&W Fencing, and Armour Engineering. We would also like to thank all the player sponsors. If you would like to sponsor the club in some capacity we would also be delighted to hear from you. Club strips, dugouts, banners or boards on matchdays all offer potential for exposure for your business while supporting a local organisation.

**Juniors:** The Juniors are well underway now.

We are looking for new teams, boys or girls, of any age group to come and join us as we look for the club to grow. Ladies who would like to join are also welcome. If you are interested please contact Lee Partridge ([bunter.partridge@googlemail.com](mailto:bunter.partridge@googlemail.com)). We are also always on the lookout for people who can help the club as a committee member, whether it be on the playing side or just in the background. In particular, we are looking for a manager for the A Team.

EBUFC is a community club with strong village traditions. The majority of the players either live in, or have links to, the village. For anyone over 16 interested in playing, we train on Wednesday evenings at the High School, 8.00pm to 10.00pm. The teams cover a range of abilities so if you want to play again, please come along and give us a look.

Facebook	<i>East Bergholt United Football Club</i>
Instagram	<i><a href="#">east_bergholt_united_fc</a></i>
X (Twitter)	<i><a href="#">@EBUFC1</a></i>

*Steve Butcher, secretary, [stevebutcher55@btinternet.com](mailto:stevebutcher55@btinternet.com)*



## EAST BERGHOLT TENNIS CLUB



It's been a fantastic month at EBTC with coaching, cardio tennis, league matches and our social sessions in full swing. Since we re-formed, the club has gone from strength to strength.

If you'd like to join, we're offering a special winter membership rate from now until April, with up to a third off our standard pricing - great value for floodlit tennis. Our winter season has kicked off and our teams are off to a strong start. For the first time, we've entered both A and B teams across our men's, women's and mixed divisions as more players have felt ready to get involved in competitive tennis.

Our Disability Tennis Programme continues as we welcome SEN schools to EBTC. This term we also restarted our ever-popular girls-only sessions, on Mondays for 7-11 years (5.00pm-6.00pm) and Wednesdays for 5-7 years (4.00pm-5.00pm). Contact Matt Watson on [acetennis84@gmail.com](mailto:acetennis84@gmail.com) to sign up.

Since being awarded LTA club of the year 2023, we've launched a limited-edition range of EBTC merchandise, including T-shirts, sweatshirts, tank tops and bags. Club member Caroline has produced our fantastic merchandise and it's great seeing so many members wearing their kit on court.

We're proud to have been nominated for Club of the Year in the Active Suffolk awards, which celebrate the achievements of sports people and clubs across the county.

Our October quiz night was a huge success. Eight teams battled it out for the top spot, and we raised more funding for our clubhouse project. Thanks to our social committee, Joe, Ross, Claire and Mark for hosting a brilliant night, and to chairperson Paul for manning the bar.

James E organised a brilliant October Fest tournament last month, with Teams Racket, Net and Base competing. Congrats to Team Racket, captained by Mary, who took home the trophy. On Halloween, our members came out in force in their most terrifying costumes for our club night. A lot of fun was had by all as members donned their witch's hats, wigs and cloaks and enjoyed chairman Paul's homemade sausage rolls.

Regular sessions continue with social tennis Tuesday evenings and Sunday mornings - email [paulvcansdale@gmail.com](mailto:paulvcansdale@gmail.com) or just turn up. We run cardio Wednesday evenings and Friday mornings and group coaching throughout the week - visit [www.eastbergholttennis.club](http://www.eastbergholttennis.club) to find out more. To keep up with our news, follow us on Facebook and Instagram.

*East Bergholt Tennis Club*

## EAST BERGHOLT WI

Our November meeting was our annual meeting, where we were presented with our 2023 financial accounts and a summary of our activities over the year. We were also delighted to present Dorothy Brundell with a certificate celebrating her 50 years as a member of the WI. During that time she has taken on many roles including those of president and treasurer.

Our evening concluded with the harmonious voices of Chorus Icenii as they entertained us with songs from Sinatra, Adele and Abba among others.

Our next meeting is at 7.30pm on 6<sup>th</sup> December at the Constable Hall, when Dorothy O'Grady will take us through gift wrapping just in time for our Christmas preparations. For further information please contact our president Tina Hurley on 01206 298223 or Gill Rattray on 01206 298380, visit our website at [eastbergholtwi.wordpress.com](http://eastbergholtwi.wordpress.com) or check out our Facebook page.



*Gill Rattray*

### **DO YOU HAVE AN EVENT TO PUBLICISE, A LOCAL ISSUE YOU WISH TO COMMENT ON, OR A CLUB YOU WOULD LIKE TO TELL US ABOUT?**

If so, the East Bergholt parish magazine would love to hear from you! We welcome articles up to about 400 words long and can include photos and logos. The magazine is delivered free of charge to all homes in the village (well over a thousand) and attracts a broad readership, including those who social media does not reach.

Please email items to [eb.parish.magazine@gmail.com](mailto:eb.parish.magazine@gmail.com) or leave them in the box on the back pew in St Mary's church. The deadline for copy is the 5<sup>th</sup> of the month prior to publication (earlier at Christmas).

# LOCAL ISSUES & OPINIONS

## TOWARDS THE BLUE ZONE

As the year comes to a gradual close and Christmas beckons, my daily walking (a large part of it first thing in the morning) describes a wonderful local journey - a journey from one point in time to another, the beginning of the year to the end of the year. At around 100 miles per week, I am steadily heading towards my 5,000-mile target which I had achieved in mid-December last year.

But it is what the walking, carried out with daily frequency, has done for me that fills me with elation. Meeting and getting to know people has been one of the greatest pleasures. Partaking in people's unique stories and life journeys, most enriching. Finding things in common has made me appreciate, time and again, that we are all human beings first, then everything else.

All equal, irrespective of gender, appearance and age, no hierarchies separating us unless we have created them ourselves. Differences simply in biologically- and socially-induced survival strategies.

Apart from downshifting - a slowing-down - the walking has also given me a sense of purpose with the time to actually think, ask challenging questions and find interesting solutions, a voyage of discovery, a fulfilment. It has also made me think about the diet for a healthy life, how to connect with nature, how to embrace change and be happy.- And as far as the weather is concerned, I just work round it, making sure I am well-prepared.

Having continued with my quest, just by chance I have unwittingly fallen into what the Okinawans call ikigai - that which gives life worth, meaning.

So what has this to do with the Blue Zones? The Blue Zones of the world are distinguished by a greater proportion of people living longer (including a higher than average number of centenarians) and with lower rates of chronic disease.

Specific areas in these zones have now been identified: Okinawa, Japan; Nuoro province, Sardinia; the Nicoya Peninsula, Costa Rica; and Loma Linda, California.

What are the qualities that these populations have in common? Moving naturally (constant moderate activity), having the right outlook, eating wisely (less food and mainly plant-based), connecting with people around them and living life with vim and vigour: these are keeping them happier and healthier.

And every person I talk to tells me how important health and happiness are to them. So I am left to wonder: can East Bergholt be the next Blue Zone? Happy Christmas!

*Rasik Bhadresa*

## THE BOX IRON, QUINTON'S ROAD

The East Bergholt Society is back in action. Here is the first of an occasional series looking at aspects of our village. A fuller article can be found on the society website.

In the Middle Ages the village of East Bergholt sat around an extensive heath which was common land. The land belonged to everyone, and anyone could graze their animals there. The heath stretched over a vast Y-shaped area of high land between the River Stour to the south and Stutton Brook to the north.

Over the centuries, however, the heath was “enclosed” as existing landowners were permitted to take common land into private ownership. The most recent enclosure took place in 1817.

Before enclosure, Gaston End was a small group of houses and cottages clustered around a triangular village green, which was part of the heath. By 1817 the green was divided up into separate private ownerships. The largest part was owned by the Gurneys (East Anglian bankers whose business eventually became Barclays). Houses were built on both sides, but there is still a triangle of open space called the Box Iron, bounded by Woodgates Road and Quintons Road. The Box Iron still has mature trees and the old village pond.



The Box Iron remains in its natural state to this day. In living memory local children played games on the land, gathered frogspawn from the pond and visited on school nature-study trips. This was mostly during the tenure of the Moore family, who ran High Trees Farm opposite for many decades and allowed public access to the area.

Babergh District Council awarded the Box Iron the status of a Conservation Area in 1995, and it has also been designated an Area of Visual and Recreational Amenity (AVRA). It is a valuable part of village history and a glimpse into life before the enclosures, despite no longer being available for public access. Today there is no common land left on the heath. Of all the villages in Babergh district, East Bergholt is around the bottom of the table in terms of publicly accessible open space.

*John Lyall, on behalf of The East Bergholt Society*

## UPDATE FROM THE DISTRICT COUNCIL

**Locality Fund:** As a district councillor, I have £2,000 to distribute to East Bergholt community organisations. If your group needs funds to buy equipment, make improvements or contribute to a larger project, please talk to me. I have not given any money to anyone yet! All applications must benefit the communities in which the funded activity is taking place, and full eligibility criteria as well as a breakdown of eligible projects can be found on the Babergh District Council website in the Locality Awards Guidance.

**Warm Homes Healthy People (WHHP):** Do you have a prepayment meter? Did you know that households on prepayment meters typically pay more for their fuel? On average prepayment meters are £100 more expensive per year than paying by direct debit. There are fewer tariff options, and an unused meter will still use credit for standing charges.

WHHP can support prepay meter households with free energy advice and support. The goal is to make your home warmer and healthier with decreased energy bills. WHHP can also help with free home surveys to identify the following:

- Households needing emergency fuel payments.
- Support to switch away from prepayment, and in switching suppliers for suitable customers.
- Free draught-proofing to reduce energy costs.
- Referrals for debt advice and support to avoid disconnections.
- Energy tips and tricks to reduce bills.
- Advice and signposting on a range of other housing support.

Please contact Warm Homes Healthy People on 07769 365796 or email [prepay@eastsoffolk.gov.uk](mailto:prepay@eastsoffolk.gov.uk) if you would like to book a survey or find out more.

**Council house repairs:** Babergh District Council has 3,000 residential properties. The poor state of repair of this housing stock has come as a shock to new councillors. My colleagues have seen homes in a bad state because the residents tried to complain and gave up, or did not like to complain in the first place. The council itself currently has no system to check regularly on properties, so these homes have deteriorated without the council's knowledge. We are working to sort out this situation in both the short and long term.

If you live in council property and it needs repairs, please report them - if you do not get a satisfactory response or you don't feel comfortable contacting the council, please tell me and I will follow it up.

*Sallie Davies, district councillor and cabinet member for planning*  
[sallie.davies@babergh.gov.uk](mailto:sallie.davies@babergh.gov.uk)



## FARMING MATTERS

*The following are extracts from a monthly newsletter focusing on issues of rural life and farming of relevance to the work of the Church of England in the diocese of St Edmundsbury and Ipswich. If more details are needed on any of the topics mentioned, please contact Brian Chester at [bc@bcnewslink.com](mailto:bc@bcnewslink.com) or call 01379 669157.*

**Flooded land damaging newly planted crops and restricting autumn cultivation** was among the challenges to Suffolk farmers brought by the October storm. The NFU reported that, across the country, hundreds of acres of productive farmland were under water, making the land inaccessible. Despite this, farmers (and their tractors) were among volunteers helping those caught in the floods. More rain predicted for November can only add to problems on farms - both arable and livestock, especially those with outdoor pigs.

**East Anglia's "burgeoning" vineyards are at the forefront of a rapid expansion** in the nation's wine industry, which has now made grapes one of our fastest-growing crop sectors. Figures show that grapes now represent 36% of England's soft fruit crop, with strawberries and blackcurrants in second place at 21% each. And that trajectory is reflected in East Anglia, which is building a rising reputation for producing some of the country's best wines. Trade body WineGB's regional membership in the east has grown from 50-60 members five years ago to 81 in 2023, including 12 new plantations this year, reports the *East Anglian Daily Times*.

**Suffolk County Council is to source homegrown foods** where possible for all catering at council-organised events, including meat and dairy options alongside plant-based produce. Councillors also plan to enhance partnerships with farmers and encourage Suffolk residents to shop locally.

**Retail price inflation for food products** was generally higher than price rises for the corresponding farm products in September, with cheddar cheese inflation remaining at almost 20% when milk prices have fallen by 32%. Of 11 categories tracked, the only products where farmgate rises exceeded retail inflation were beefsteak, lamb and eggs. Farm egg prices were 42.2% higher than the year before, *Farmers Guardian reports*.

***When contacting an advertiser please mention that you found them  
in the East Bergholt Parish Magazine!***

*Services or products purchased from the advertisers in this magazine are at the risk of the individual.*



TO BOOK A VIEWING CALL  
0800 048 5326  
info@holidayparkhomes.co.uk

your own little  
hideaway beside  
the lakeside.

# Escape

to the country  
peaceful. safe. serene. yours.

FINANCE  
AVAILABLE

life's for living.  
so just do it.

Clean air, beautiful open spaces, a huge contrast to living and working in London. You can **escape** from your worklife whenever you like, when you own a holiday lodge.

Live your countryside dream between the busy city lifestyle and tranquility of peaceful East Anglia.

## Design your very own luxury lodge

Whatever new lodge brand you choose to invest in, you are able to bespoke design your interior furnishings, colours & appliances.

## Buying is so easy!

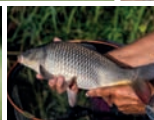
It's not like buying bricks & mortar – we've ample lodges available to buy within a few weeks.

WHATEVER YOUR  
BUDGET & STYLE.

PRICES START FROM  
**£30,000**



ALDEBURGH



FRAMLINGHAM

- fully furnished •dog friendly
- letting opportunities •fishing lakes
- beautiful countryside
- total relaxation •sightseeing
- family attractions •retail village

Book your guided tour today.

Scan our QR code >



holidayparkhomes.co.uk





## Bob's Logs

Split Seasoned Logs  
Open Fire/Wood Burner  
Barn Stored  
Half and Full Loads available  
Kindling  
Telephone:

**01206 391146**

**07733326644**

**TO ADVERTISE  
YOUR BUSINESS  
IN THIS MAGAZINE  
PLEASE CALL 01206 298122  
or email:  
ebpm.adverts@gmail.com**

FOR PROMPT, RELIABLE SERVICE

## P.J. SAMPSON

**BUILDERS**

**ESTABLISHED 30 YEARS**

*INSURANCE COMPANY APPROVED*

- PAINTING & DECORATING
- BRICKWORK SPECIALIST
- PLASTERING & CARPENTRY
- PLUMBING & ELECTRICS
- ROOFING
- ALL PROPERTY MAINTENANCE

**COLCHESTER**

**01206 230619**

**66 TILE BARN LANE, LAWFORD, COLCHESTER**



**WE BUY & SELL NEW & VINTAGE  
VINYL RECORDS  
ALL GENRES**

**NOW OPEN**

**ALLENS FARM BARN, TYE ROAD,  
ELMSTEAD, CO7 7BN  
TEL:07775 996060**

**FREE PARKING EASY ACCESS  
WWW.VINYL-HUNTER.CO.UK**

**TO ADVERTISE  
YOUR BUSINESS**

**IN THIS MAGAZINE**

**PLEASE CALL**

**01206 298122**

**or email:**

**ebpm.adverts@gmail.com**



## ARRDEN VALE kitchens

100% EXCLUSIVE, BESPOKE, HANDMADE TIMBER

Established in 1997, Arrden Vale Kitchens is a family business dedicated to producing bespoke handmade kitchen, bedroom and office furniture.

We specialise in the design, creation and installation of exclusive handmade kitchens throughout East Anglia.

T: 01449 782062

E: [info@arrdenvalekitchens.co.uk](mailto:info@arrdenvalekitchens.co.uk)

[www.arrdenvalekitchens.co.uk](http://www.arrdenvalekitchens.co.uk)



AGA

BERTAZZONI

FISHER & PAYKEL

Falson

FRANKE

SIEMENS

Quooker

PERRIN ROWE

Miele

Fisher & Paykel

LIEBHERR



## LAWFORD HOUSE POOL

MOBILITY | WELLBEING | FITNESS

Come and enjoy a swim at  
Lawford House Pool.

Lawford House Pool, Bromley Road  
Lawford CO11 2JD

To book please go to our website  
[www.lawfordhousepool.co.uk](http://www.lawfordhousepool.co.uk)  
or call us on 07958 551161.



*Not just a  
golf  
course....*

Noakes Road, Raydon, IP7 5LR

**UPCOMING EVENTS:**

**Bingo @ Brett Night**

**24th November**

**Christmas Rock'n'Roll Party  
with Elvis & the Blue Sueders**

**8th December**

**01473 310718**

**info@brettvalegolf.co.uk**



Extensions & Alterations

Residential New builds

Barns & Conservation work

Kitchens & Bathrooms

07905 361565 / 07749 969002

[info@wrightandwythe.co.uk](mailto:info@wrightandwythe.co.uk)

[wrightandwythe.co.uk](http://wrightandwythe.co.uk)

Formerly Owen Wright Construction

**C.S WATTS LANDSCAPE  
AND GARDENING SERVICE**

- Fencing • Patios • Water Features • Artificial Grass
- Lawn Management • Decking • Block Paving
- Design & Construction

All hard & soft landscaping undertaken

**Tel: 07841 863692**

Email: [c.wattslandscaping@mail.com](mailto:c.wattslandscaping@mail.com)

Ipswich

**LAMBE**



**SCHOOL**

**EAST BERGHOLT**

**Low Cost Letting Charges  
For Weddings, Socials, Meetings  
Parties & Sales  
*Apply to Emma*  
01206 298078**

**Wendy's Curtains**

Professionally made to measure curtains,  
roman blinds and soft furnishings,  
with a wide range of fabric samples.

Phone: 01206 395996

Mobile: 07966 718414

Email: [info@wendyscurtains.com](mailto:info@wendyscurtains.com)

Website: [www.wendyscurtains.com](http://www.wendyscurtains.com)



# ***LIDDLEBUILD* BRICKWORK**

N.V.Q./City and Guilds qualified.

Our experienced friendly team will meet your needs.

Tel: 07881 095818

Email: [liddleiain@gmail.com](mailto:liddleiain@gmail.com)

All aspects undertaken.

New Builds/Extensions.

Garden walls/Repair.

Blockpaving.

Slab work.



Call for free quote today or ask about any other building services you require.  
Outside or In!



**Chapman Stickels**

Suffolk and North Essex

Providing unrivalled local knowledge, combining traditional service with a modern marketing approach

Estate Agents • Lettings • Valuations • Land

**[chapmanstickels.co.uk](http://chapmanstickels.co.uk)**

01473 372 372

[info@chapmanstickels.co.uk](mailto:info@chapmanstickels.co.uk)

The Corn Exchange, Market Place, Hadleigh IP7 5DN

Part of Investeq Holdings Limited





CBS SUPPLIES

## CBS Flooring Supplies Ltd

Supply and fitting of all types of flooring including: Amtico, Karndean, Moduled and a variety of other makes of vinyl and cushion floors.

Vast ranges of carpets, laminates and solid engineered timbers.

Existing suppliers to major new build companies, shops, offices, hospitals, schools etc with over 30 years of experience.

We are now offering our special contract flooring prices for individuals - private dwellings, extensions and refurbishments.

***You will be amazed at the savings we can offer!***

Showroom and office open 5 days a week 8am - 4pm

Unit 19 Grange Way Business Park, Grange Way, Colchester, CO2 8HF

Tel: 01206 791491 Email: [operations@cbssupplies.co.uk](mailto:operations@cbssupplies.co.uk)

Call or email to arrange a home visit for free estimates and samples service on 07990 666617 or 07534 241460

[www.cbssupplies.co.uk](http://www.cbssupplies.co.uk)



**11TH**  
SCHOOLS GUIDE 2024  
Royal Hospital School

**WINNER**  
BEST SCHOOLS  
2023

**ROYAL HOSPITAL SCHOOL**

**NAVIGATING SUCCESS**

An award-winning all-round education based just 15 minutes from East Bergholt. Extensive co-curriculum to suit all abilities plus a vibrant Sixth Form offering an exciting range of A Level & BTECs.

Daily bus routes and flexible boarding options to suit modern family life.

**SECURE YOUR PLACE FOR SEPTEMBER 2024 ENTRY  
BOOK A PRIVATE TOUR TO FIND OUT MORE**

Scholarships and Bursaries available  
**ROYALHOSPITALSCHOOL.ORG**  
Independent / Co-educational / Boarding & Day / Ages 11-18

[f](#) [t](#) [@](#) [in](#) [v](#) [d](#)



## WEALTH MANAGEMENT CONSULTANTS

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact David Catchpole on:

**01473 828456**

Email:  
primus.david@sjpp.co.uk

Website:  
www.primusfinancial.co.uk

## *A wealth of expertise on your doorstep...*

Primus Financial Solutions is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website [www.sjp.co.uk/](http://www.sjp.co.uk/) products. Primus Financial Solutions is a trading name of Primus Financial Solutions (East Anglia) Ltd.

SJP Approved 12/10/2023

Senior Partner Practice

**St  
James's  
Place**



### COVER PHOTO

We are always looking for photos of seasonal events, interesting scenes, or flora and fauna of East Bergholt for the cover of our magazine. We are keen on receiving pictures of the village's architecture and heritage, as well as nature scenes. If you have taken a suitable photo, please send it to [barnaby.page@gmail.com](mailto:barnaby.page@gmail.com) for consideration. It should be in .jpg format, at the highest resolution possible, accompanied by a brief description and the photographer's name.

This month's cover features a photograph by Tricia Nolan showing flooding at Flatford

**MAGAZINE EDITOR** - Barnaby Page - email: [barnaby.page@gmail.com](mailto:barnaby.page@gmail.com)

**EDITORIAL SUBMISSIONS** - email: [eb.parish.magazine@gmail.com](mailto:eb.parish.magazine@gmail.com), or items can be placed in the Magazine Box in St Mary's Church. Deadline for copy is the 5<sup>th</sup> of the month previous to each issue, earlier at Christmas.

**ADVERTISING** - email [ebpm.adverts@gmail.com](mailto:ebpm.adverts@gmail.com) or call Louise Kemp on 01206 298122

**DISTRIBUTION** - delivered to approx. 1,400 homes.

Queries: Marion & Peter Ralph, 01206 298634, [theralphs@gmail.com](mailto:theralphs@gmail.com)

**St Mary's church information:** [www.achurchnearyou.com/church/2067](http://www.achurchnearyou.com/church/2067)

*Back cover photographs: courtesy of Daphne Glen and Steve Chapman.*

*Produced for East Bergholt PCC by Juniper House of Print: [sarah@jhprint.co.uk](mailto:sarah@jhprint.co.uk)*

**ST MARY THE VIRGIN, EAST BERGHOLT**

**BELLS**

Captain of bells: Terry Eagle .....07578 002974  
*www.constablecountrychurches.co.uk/bells-and-bell-cage*

**BOOK OF REMEMBRANCE**

Jenny Chapman, 7 Chaplin Road, East Bergholt .....01206 298524

**BOOKSTALL**

Fiona Trott .....*fiona.trott13@gmail.com*

**CHILDREN’S SOCIETY BOXES**

Karen Rushen.....01206 299303

**FAMILY@CHURCH**

Liz Digby .....01473 312281

**FLOWERS**

Sophie Collis.....01206 299428  
Rachel Lewis.....*rachel.lewis@drvtec.com/07940 108133*

**MAGAZINE**

Please see back page for contact details.

**MOTHERS’ UNION**

Jeanette Appleton .....*jeanetteappleton@hotmail.com/07768 418942*  
Treasurer: Rob Shackleton

**MUSIC**

Director of music and choir leader: Martin Huggett.....01206 395927/07713 411367

**OPEN THE BOOK**

Ruth Bull.....01206 298733

**TODDLER GROUP**

Liz Digby .....01473 312281



*Are you planning an event in East Bergholt? Please put details of your event in the village diary which is kept at the Post Office. This will benefit village life by helping to avoid unnecessary clashes so that we can all support one another.*





Benefice website: [www.achurchnearyou.com/church/2067/](http://www.achurchnearyou.com/church/2067/)  
Follow us on Facebook- St Mary's East Bergholt