		Benefice Calendar: January 2024		
31	Sun	10.00 Benefice Communion at Marlesford		
1	Mon	10.30-12.30 Coffee at Rev. Ann's. / 4 pm Prayers at Parham		
2	Tues			
3	Wed	4 pm Compline at Marlesford		
4	Thur			
5	Fri			
6	Sat	Epiphany		
7	Sun	11.00 Benefice Plough Blessing at Parham followed by lunch.		
8	Mon	4 pm Prayers at Parham		
9	Tues			
10	Wed	4 pm Compline at Marlesford		
11	Thur			
12	Fri			
13	Sat			
14	Sun	2nd after Epiphany Sunday 14th January		
15	Mon	4 pm Prayers at Parham 9.30 Morning worship at		
16	Tues	10.30—12 noon Coffee at SH *. Brandeston and Campsea Ashe		
17	Wed	4 pm Compline at Marlesford Easton		
18	Thur	18th to 25th January: 11.00 Morning Prayer at		
19	Fri	Week of prayer for Parham with Hacheston		
20	Sat	Christian Unity. 4.30 pm Evening Prayer at Marlesford		
		www.ctbi.org.uk		

Benefice Calendar: January 2024						
21	Sun	3rd after Epiphany				
22	Mon	4 pm Prayers at Parham	9.30 Z o			
23	Tues		9.30 H			
24	Wed	4 pm Compline at Marlesford 7 pm Book Circle Campsea Ashe	Marles			
25	Thur		Kettle			
26	Fri		6.00 pı Parhar			
27	Sat		Su			
28	Sun	4th after Epiphany	9.30 N			
29	Mon	4 pm Prayers at Parham	Brand			
30	Tues		9.30 H Camps			
31	Wed	4 pm Compline at Marlesford	11.00 Easton			

4th February: Benefice service for Candlemas 10am at Brandeston



6.30 pm Evening prayer at

Kettleburgh

Sunday 21st January

9.30 **Zoom** Service **

Marlesford

9.30 Holy Communion at



*Meet Rev. Ann for coffee at The Station House, Campsea Ashe on the

third Tuesday of every month. Parking is available at the station or at Clark & Simpson's auction house.

** To receive a link to the **Zoom service**, contact Bill - bill78@btinternet.com



The **Christian Book Circle** (Inter-denominational discussion group) meets at 7pm on the 3rd Wednesday of every month at the Easterling Room in The Station House, Campsea Ashe. Bring a flask as the café is closed during the evening. All welcome.

Orebeck Benefice: Pastoral Contacts						
PRIEST-IN-CHARGE	Rev. Ann Kember	01473 791505				
	mobile	07369 240252				
	annkember58@gmail.com					
LAY READER	Martin Crane	07824 835493				
ELDERS	Mary Baker	01728 685807				
	Jackie Clark	01728 723623				
	Jane Woodbury-Eggins	0 1728 746667				
	John Bradfield	01728 724481				
	Carol Cooke	01728 747625				
	Jane Slade	01728 723707				
ORGANIST	Graeme Hall	01728 746371				
SAFEGUARDING OFF email: lesleybensley@	07901 882464					

Contacting Rev. Ann Rev'd Ann serves on a 0.5 basis, and her normal working days are Saturday to Tuesday inclusive.

Outside of those days please leave an answerphone message or email which she will attend to as soon as possible, or in an emergency please contact one of the Benefice Elders or Churchwardens.

Orebeck Benefice: Churchwardens						
Brandeston	All Saints	Mary Baker	01728 685807	1		
		Chris McArthur	01473 737553	,		
Kettleburgh	St Andrews	John Bater	01728 723532	١		
		Persephone Booth	01728 723502	(
Easton	All Saints	Jane Woodbury- Eggins	01728 746667	t -		
Parham	St Mary's	John Bradfield	01728 724481	١		
		John Adams	07789 746910	1		
Marlesford	St Andrews	Nan Waterfall	01728 747038	1		
Campsea Ashe	St John the Baptist	Glenys Fear	01728 747177	ŀ		
Hacheston	All Saints			i		
				(

Orebeck Benefice

News replaces "A Slice of Suffolk" magazine while we wait for a volunteer editor to join the team.

The Benefice News will be emailed monthly to all who request it, and print copies will be available at each church.

Please send items for inclusion by the 20th of each month to:

peter.marett@hotmail.co.uk

Orebeck Benefice News January 2024

A Word from Rev. Ann

I am not a huge fan of New Year as a celebration. But it can be helpful in directing our thoughts to what has been and what is to come.



As we look into 2024, we look at a block of time. We see 12 months, 52 weeks, 365 days, and all is a gift from our Creator. We have done nothing to deserve it, earn it, or purchase it. Like the air we breathe, time comes to us as a part of life.

We may look ahead at a full year's block of time, but we really have no guarantees as to what will unfold. So, what we can do is to make sure that we make the best of the time we are given, and practice thankfulness and generosity. Kindness and generosity are needed more than ever, and we can choose to invest in these, giving some of our time to others.

Time is one of our most precious possessions. We can waste it. We can worry over it. We can spend it on ourselves, denying our own frailties.



Or, as good stewards, we can invest it in building God's kingdom here on earth, contributing to the well-being of others.

of the Orebeck Benefice

This new year we also need to spend time praying for peace in so much of our world, and doing whatever is in our power to work towards that end.

The new year is full of time. As the seconds tick away, will you be tossing time out the window, or will you make your time here count?

Rev Ann.

Plough Sunday at St Mary's, Parham 7th January 2024



We are reviving the tradition of Plough Sunday, which was celebrated in rural communities over hundreds of years, with the blessing of a plough. This looks forward to the time of sowing with a promise of a harvest to come. Please do come and join us for a lovely meaningful service and for a ploughman's lunch afterwards at the village hall.