

**HORNING**

# HORNING REACH

## The PARISH PAPER



**ASHMANHAUGH**

For Horning and Ashmanhaugh

(Associated with the NIB magazine)

Find out more details about community connectors  
on page 9



FEBRUARY 2023 No. 541

*From the Curate:*

So when *do* you take your Christmas decorations down? Twelfth night is a popular bet - that's the eve of the Feast of the Epiphany (gold, frankincense, myrrh, and a sideways look at that bottle of wine you said you *weren't* going to touch). But did you know that it's still the Christmas season until 2<sup>nd</sup> February? That's forty days after the Feast of the Nativity, when the Church celebrates Candlemas. Among the other names for this occasion is the 'Presentation', because in the story we recall from Luke's Gospel, the infant Jesus is brought to the Jerusalem Temple by his parents, and 'presented' to God. By far the most charming turn in the tale, however, is that Jesus is recognised as the world's hope and blessing. Not by the great and the powerful. But by two elderly people – Simeon and Anna – whose quiet, humble faithfulness has guided their whole lives towards this moment. Simeon's words, still recited daily at Evening Prayer, are famous and beautiful: 'Lord, now lettest thou thy servant depart in peace...'. As so often in Luke, those who see most clearly, and live most faithfully, are those 'on the margins', who never claim centre-stage, but who persist without fanfare in love, kindness, and self-giving service. Pope Benedict XVI, who died at the turn of the year, described such people as those 'with roots in the living waters of God's word'.

Whether or not they would identify themselves in this way, I know from the enormous privilege of ministering here over the past two years, that our local community is full of those who offer countless acts of kindness and self-giving love, day by day. The work of the Church amongst all of this is not anxiously to convert; it is joyfully to foster and support such kindness and love wherever they occur, confident that they have a source and purpose. This is the work which David and Angela blessed so many with during their time here, and it is the work I shall gladly do my very best to continue in the months ahead, as these parishes seek a new pastor. If there is anything at all I can do to assist you, or further the many good causes among us, please don't hesitate to be in touch.

I shall keep you all in my prayers, as we navigate 2023 together!

*The Rev'd Taylor Wilton-Morgan*

**Benefice of St Benedict – Whilst the various legally-enforced COVID restrictions have all now lapsed, church and public health authorities continue to recommend a range of COVID precautions, particularly for larger indoor social gatherings or when local infections rates remain high. Accordingly, we encourage our congregations to maintain hand cleansing when entering/leaving church and to respect and care for those who feel they need to maintain social distancing. Holy Communion in both kinds (ie bread & wine) has now been re-instated, but we shall continue to monitor infection rates.**

**Services in the Benefice of St Benedict, February 2023**

Sunday 5<sup>th</sup> February    8.00 am : BCP Holy Communion  
                                  (Barton Turf)  
                                  9.30 am : Morning Prayer,  
                                  (Ashmanhaugh)  
                                  9.30 am : Holy Communion  
                                  (Neatishead)  
                                  11.00 am: Holy Communion (Horning)

Sunday 12<sup>th</sup> February    9.30 am : Morning Prayer (Horning)  
                                  11 am : Holy Communion (Barton Turf)  
                                  11.00 am : BCP Holy Communion  
                                  (Irstead)

Sunday 19<sup>th</sup> February    9.30 am: Benefice Holy Communion  
                                  (Irstead)

\*Ash Wednesday        10.00 am : Holy Communion with  
22<sup>nd</sup> February\*        Ashing (Horning)  
                                  7.00 pm : Holy Communion with  
                                  Ashing (Neatishead)

Sunday 26<sup>th</sup> February    9.30 am : Holy Communion (Horning)  
                                  9.30 am : Holy Communion (Irstead)  
                                  11.00 am : Holy Communion  
                                  (Ashmanhaugh)  
                                  4.00 pm : BCP Evening Prayer (Barton  
                                  Turf)

**THE BENEFICE of ST BENEDICT  
ASHMANHAUGH, BARTON TURF, BEESTON ST LAWRENCE, IRSTEAD,  
HORNING and NEATISHEAD**

**Rector: Reverend David Smith, telephone 01692 630216**

**Readers: - Barbara McGoun and Pauline Simpson**

## Coffee Morning

Many thanks to all who supported the Coffee Morning on January 7th which raised £179.

The next Coffee Morning will be on Saturday 4th February from 10.00 - 11.30. This is open to everyone, not just those who go to the church, and you will find a very warm and comfortable welcome awaits you. From February it has been necessary to raise the cost to £2.50, which will give you a cup of tea or coffee and a delicious home-made scone, either cheese or jam. There will also be a raffle, second-hand book-stall, and a produce and cake stall. This is a wonderful opportunity to catch up with old friends or to make some new ones. We hope to see you there.

## World Day of Prayer

This year the service will be held in St Helens RC Church, Horning Road West, Hoveton on Friday March 3<sup>rd</sup> at 10.30am with refreshments afterwards. All are warmly welcome.

## Lent Lunches

After a break of a couple of years Lent Lunches are back! Many people choose to give up something for Lent, and often use the opportunity to give something to charity, as well. Everyone is welcome to come to the church-organised Lent Lunches at St Benet's Hall from 12.00 - 1.15 each Friday during Lent. These will be: 24th February, 3rd March, 10th March, 17th March, 24th March, 31st March. The lunch consists of a choice of home-made soup, a simple sandwich and a piece of fruit. There is no charge for the lunch, simply a basket where donations to a specific charity for the day may be given. Everyone is welcome, and no booking is necessary. If there is anyone who would like to come, but needs transport in Horning, please let Ian Johnson (01692 631287) know.

## Horning Village Hall 300 club Winners

The 300 Club winners:

Prize	Number	Winner
-------	--------	--------

December 2022:

£25	168	Mrs S Gray
£15	114	Mrs D Thurlow
£10	13	Mr B Hagon

Christmas Special 2022:

£100	190	Mrs J Vout
Hamper	168	Mrs S Gray
Sherry	149	Mrs J Grant
Chocolates	238	Mrs H Evans

January 2023:

£25	224	Mrs S Suckling
£15	254	Mr M Jackson
£10	211	Mr P Kelly

There may be a few numbers still available. If you wish to join contact Robin Paskins on 01692 631110 or email [300club@horningvillagehall.org](mailto:300club@horningvillagehall.org)

For hire bookings of the Village Hall or the Mill Suite please contact Jack Wright on 01603 782260 or email [bookings@horningvillagehall.org](mailto:bookings@horningvillagehall.org)

## Horning Post Office

Happy New Year and thankyou to all our locals and holiday makers for your valued custom and support during 2022.

Horning PO and Shop is having a spring sale to make room for new stock during February half-term Mon 13th Feb - Fri 17th Feb. 20% off everything in our shop except PO stationery and 2nd hand/already reduced jigsaw puzzles/items. SPREAD THE WORD! A chance to stock up and save money!!

Adrienne & Andrew Seddon, Horning PO & Shop

Thank you to Robert Platten

A huge thank you to Robert for the many years he has spent delivering the Reach magazine. Wishing you all the best for the future!



Coronation Meeting on 11<sup>th</sup> February  
at 10.30 – 12.00

Do join us in St. Benet's Hall at 10.30am and discuss how Horning can celebrate the Coronation in May. Tea and coffee will be provided. See you there!

### Horning Christmas Tree



And then, all of a sudden, Christmas was done. Thank you, once again, for the generous donations by villagers and thank you for the support from the following village businesses:

Tidings Newsagents; JHD Interiors; Boulters Chandlery; BASS-ONLINE; The Ferry Inn, Horning; Norfolk River Cottages; Norfolk Boats-Horning; The Swan Inn Horning; Horning Post Office and Shop; Norfolk Yacht Agency; Horning Pleasurecraft; Staithe 'N' Willow; The New Inn, Horning; Southern Comfort, Paddle Steamer, Horning; Bure River Cottage Restaurant

The tree was supplied by Salhouse Garden Centre  
And to complete the circle Burnt Fen Alpacas are now tucking into the foliage.  
Many thanks to all of you.

*PS During the next few months we shall investigate strengthening the base as the wind and rain over the last month weakened the surrounding earth resulting in the slight lean which was evident in the last week.*

## Horning Get Together Group -A social group for the over fifties

On the 10<sup>th</sup> January we held our A.G.M. because of the disgusting wet weather not many attended however we carried on we decided to keep the annual membership fee at £7:00 we also discussed various outings for the coming year. WE plan to visit Fairhaven Water Gardens take a boat trip from Wroxham and also visit the model village.dates to be decided next month.

We had a Quiz and played Bingo after discussing business this was followed by Tea and biscuits.Our next meeting is on Tuesday February 14 th at 2:15p.m. in Horning village hall .

For further details contact Lin Galley 01692630330 or Nicky Headey  
01692670762

### Food Bank – All you want to know

On 19th February at 10.30AM representatives from Norwich Food Bank will take our service at Neatishead Baptist Church and tell us about their work.  
All are very welcome. Refreshments afterwards

### Hoveton, Wroxham and District Gardening Club

On Friday February 10th , please note change of date, 7.30p.m., at the Hub on Norwich Road, Wroxham the AGM will take place. After which we will supply refreshments and gardening associated quizzes.

We hope you will all come and enjoy the evening. Don't forget the monthly bloom, plus the extra competition of a pot or pan of bulbs, dafs, hyacinths etc. Raffle.

Congratulations to Maggie December competition winner.

More details  
Pam 01603782041

## Horning Flower Club

A thoroughly enjoyable Christmas meeting was held with the local and popular David Wright, a frequent demonstrator at our club. He entertained us with his tales and beautiful arrangements entitled The 12 Days of Christmas. Only 6 days were represented or we'd have been chomping at the bit for our tea. The ladies of the committee kindly put on a delicious spread of sandwiches and a variety of home baked cakes. The competition Jingle Bells was won by Rachel Clayton. At February's meeting we will welcome demonstrator Rachel Barnard and the competition will be A Floral Cocktail.

Our first meeting of the New Year was well attended by members who enjoyed an entertaining afternoon with local demonstrator Crystal Dyball. She brightened up the season by introducing a variety of spring flowers to her arrangements using a large variety of superb foliage from her garden. She told us it was a relatively new garden of some 3 acres with specific areas planted with shrubs for that purpose.

In February we will welcome a return visit by demonstrator Rachael Barnard. This is a very special year for the club as it is 60 years since it was started, our Diamond Anniversary, and plans are taking shape to have a special celebration at the March meeting.

Meetings take place in Horning Village Hall at 2pm on the second Monday of the month, new members are welcome, for more information please contact Carole, Tel 01692 536270.

## Sea Palling Independent Lifeboat



A busy Christmas schedule for the Sea Palling Lifeboat Crew this month, many of you might have seen us out on the beach putting the crew through driving training on our new ArgoCat rescue vehicle this is still awaiting its new stretcher carrier rack which should be fitted early January.

We have started our pre season training, Thursday nights and Sunday mornings which will refresh us all with First Aid and rescue techniques.... follow us on our "Sea Palling Independent Lifeboat" Facebook page..

We are always open to anyone who would like to join or Sea Crew / Shore Crew or Fundraising Team please just get in touch or call in to see us Sunday Mornings or Thursday Evenings...[mark@seapallinglifeboat.co.uk](mailto:mark@seapallinglifeboat.co.uk)



## Introducing your local Community Connectors

Claire and Rebecca are part of the Community Connectors at North Norfolk District Council, a service which promotes and supports individual groups and organisations across the District.

The Community Connectors are on hand to provide residents with information about local groups, where they will receive a warm welcome, or signpost to organisations who can provide financial, practical or emotional assistance.

Claire and Rebecca cover a wide area, including Ashmanhaugh, Catfield, Hickling, Horning, Horsey, Hoveton, Ludham, Neatishead, Irstead & Barton Turf, Potter Heigham, Sea Palling & Waxham, Smallburgh, Sutton and Tunstead Working across North Norfolk, they are well connected with the local community and have information on food hubs, community fridges and warm spaces near you.

As part of the Cost-of-Living Crisis, they have also been involved with the community warm spaces that have opened - a space where anyone in the community can go and spend time for free company, hot food, and drinks regardless of their financial situation.

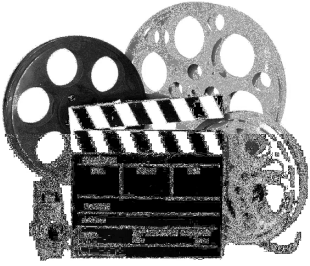
Do you run a group? Need to recruit volunteers or are looking for funding? Perhaps you want to get involved in a new hobby, or just need some information and support – the Community Connectors would love to hear from you.

You can contact Claire at [claire.goldwater@north-norfolk.gov.uk](mailto:claire.goldwater@north-norfolk.gov.uk) or 01263 516147 and Rebecca at [rebecca.matthews@north-norfolk.gov.uk](mailto:rebecca.matthews@north-norfolk.gov.uk) or 01263 516012.

The Community Connector Team are funded by the Health & Wellbeing Partnership and North Norfolk District Council.

Find out more about them at [www.north-norfolk.gov.uk/communityconnectors](http://www.north-norfolk.gov.uk/communityconnectors)

## Horning Cinema



Friday 10<sup>th</sup> February: **“OPERATION MINCEMEAT.”** (2022) Certificate 12A. Running time 128 minutes. Starring: Colin Firth, Johnny Flynn, Kelly Macdonald and Matthew MacFadyen. It's 1943. The Allies are determined to break Hitler's grip on occupied Europe

and plan an all-out assault on Sicily; but they face an impossible challenge - how to protect a massive invasion force from potential massacre.

Doors open 7p.m. for 7.30 start. Tickets: Adult £5, accompanied child (16 and under) £1. On sale (and reservations) at Tidings Newsagents (Tel: 01692 630956) Admission by ticket only. Seating is governed by our compliance with current Health & Safety and Fire Regulations. **BOOK EARLY!**

Friday 10<sup>th</sup> March: **“TOP GUN: MAVERICK”** (2022) Certificate 12A. Running time 131 minutes.

Forthcoming attractions include “THE RAILWAY CHILDREN RETURN”, “THE DAM BUSTERS”, FISHERMAN’S FRIENDS: ONE AND ALL”, “DEATH ON THE NILE” and “MILITARY WIVES”.

**Children’s Film Show** – During the Christmas school holiday with support from local parents Horning Cinema agreed to organise a special Christmas afternoon film show for those children living in Horning and the surrounding area.

As a result of the poor attendance at the Queens Platinum party held In the Village Hall extra effort was made to ensure the attraction was well advertised with posters throughout the area as well as a visit to the local primary school. Although we didn’t expect a “full house” parental interest was encouraging especially as children under the age of 12 must be accompanied and a reasonable size audience was anticipated to create a Party atmosphere. However, support from the community proved extremely disappointing with only FOUR tickets sold and therefore the film show was sadly cancelled. The enthusiasm to promote a further venture solely for young children has taken a temporary set back and therefore maybe we should consider looking at a smaller attraction in the Mill Suite in the immediate future.

Horning Cinema is held in Horning Village Hall (NR12 8LF)

## A New Year – a New Role! Join the volunteer Welcoming Team at the Museum of the Broads

Welcoming Team volunteers are the first point of contact for visitors, warmly welcoming them to the Museum and offering information and assistance as required. Some are also till trained and sell tickets and items from the shop and café. Full training and induction are provided for all roles

We are looking for people who are:

- Approachable, cheerful and helpful
- Confident to deal with the general public
- Able to work well independently and as part of a team
- Looking to gain retail/ visitor services experience
- Able to promote excellent customer service
- Keen to discover more about the local area and the Museum's displays and to share that knowledge with visitors.

The time commitment is flexible and could be anything from one occasional three-hour shift to a more regular commitment.

For full details, see [www.museumofthebroads.org.uk](http://www.museumofthebroads.org.uk), email: [curator@museumofthebroads.org.uk](mailto:curator@museumofthebroads.org.uk) or phone 01692 581681. Help us to bring the stories of the Broads alive!

The Museum of the Broads, The Poor's Staithe, Stalham, NR12 9DA.

## POP- up Cosy Café

### Horning Hub – connecting the community

You are invited to the Cosy Café in the  
for FREE coffee, tea, toast, and fruit



#### When

On Tuesdays

24<sup>th</sup> January -31<sup>st</sup> January

7<sup>th</sup> - 14<sup>th</sup> - 21<sup>st</sup> - 28<sup>th</sup> February

7<sup>st</sup> - 14<sup>th</sup> March

#### When

Between 10 a.m. and 12.30 p.m.

#### Where

Mill Suite, Horning Village Hall



There will be books to browse, a Bring and Buy sale  
Wi-Fi is available in the Mill Suite.



There will be an opportunity to discuss activities

you might like to take part in such as tabletop games, desert island discs etc and of course, the chance to catch up with friends and neighbours. The Mill suite is Mobility friendly

contact: [horninghub@yahoo.com](mailto:horninghub@yahoo.com) or Tel; 01692630695



Horning Hub

Thea, Peter, Adam and Susie

## Horning Parish Council – News January 2023

**Local Elections in May** – Are you passionate about your community? Do you want to help make a long-lasting change? Do you have innovative ideas for the council? Do you have concerns about a specific issue and want to do something about it? If this is you, then we need you. We need people from all backgrounds and experiences who reflect their community to put themselves forward.

Parish Council local elections take place in May – please consider putting yourself forwards. Meetings are generally once a month on the first Monday of every month at 7pm in St Benet's Hall. If you would like to know more please contact the Parish Clerk.

**List of defibrillators** – Defibrillators are devices that **send an electric pulse or shock to the heart to restore a normal heartbeat**. They are used to prevent or correct an arrhythmia, an uneven heartbeat that is too slow or too fast. If the heart suddenly stops, defibrillators can also help it beat again. Defibrillators are kept accessible to parishioners so that in an emergency a member of the general public can use it. The ambulance service knows the access codes for the defibrillators and advises people where their nearest defibrillators are when they phone 999. It is a good idea for you to know where your local defibrillators are:

The New Inn; The Ferry Marina; The Swan Inn; The Village Hall – soon to be back in service; The Sailing Club – limited access

### **Parish Clerk and Responsible Financial Officer**

Jo Beardshaw

**E-mail:** [horningparishclerk@hotmail.com](mailto:horningparishclerk@hotmail.com)

**Parish Council Website:** [Horning.norfolkparishes.gov.uk](http://Horning.norfolkparishes.gov.uk)

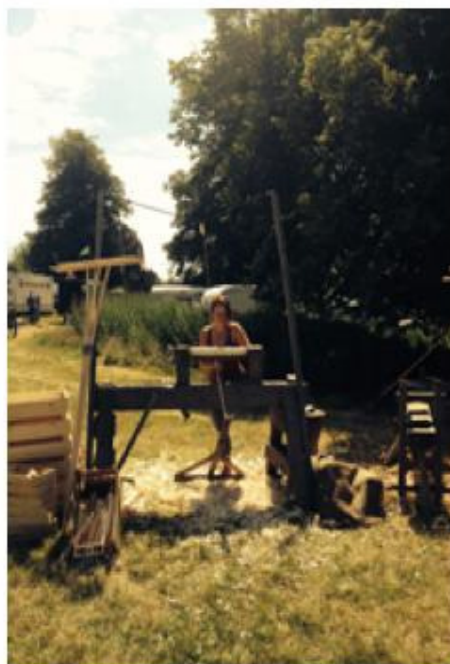
Next meeting: The next Parish Council meeting will take place on **MONDAY 6<sup>th</sup> February 2023** at 7pm in St Benet's Hall.



**Wherry Woodturners**  
South Walsham Village Hall  
Norwich, Norfolk NR13 6DZ  
Contact Tel: 07713119521/01493 271210

CHARITY REG No:  
1196790

*Wherry Woodturners are pleased to invite  
Norwich Woodturners to a Special evening  
in the company of  
**TILLY WITH HER POLE-LATHE***



*Join us on Wednesday February 15<sup>th</sup> to  
watch an exhibition by Tilly in the age old  
craft of wood turning using her pole lathe and unique  
equipment.*

*The demonstration starts at 7pm  
A small charge of £5 per head, payable at the door!*

Wroxham and Hoveton United  
Reformed Church

**Minister: Vacant. For any pastoral concerns, please contact the church secretary in the first instance.**

**Secretary:** Lynne Howard, 01603 738835. [lmhoward100@btinternet.com](mailto:lmhoward100@btinternet.com)

We have fully reopened, but are subject to any changes in Covid restrictions. Please see our website for the most up to date information.  
(wroxhamurc.org.uk)

Do join us for any or all of the following services:

Sunday 5<sup>th</sup> February. 10.30 Service, including Holy Communion, led by Rev Sue Seeley.

Sunday 12<sup>th</sup> February 10.30 Service led by Rev Carole Pearl, followed by Church Meeting.

Sunday 19<sup>th</sup> February 10.30 Service led by Mr Mike Gibbs.

Sunday 26<sup>th</sup> February 10.30 Service led by Rev Rosemary Tusting.

JAM (our Children's Church) welcomes all children aged 4 to 14. We meet from 10.15 to 11.45 am in the Church Hall on 12<sup>th</sup> February. We have Bible stories, cooking, games and lots of fun whilst learning more about Jesus. Please contact Chris Billing ([chris.billing@ukbis.com](mailto:chris.billing@ukbis.com)) or phone 01603 783992 for more details.

The Community Café meets for coffee and cakes from 10.30am to 12 noon on Thursdays. All are welcome, there is no charge. Then from 12 until 3pm we are a 'Warm Space' with soup, bread, biscuits available and table top games to play.

We look forward to seeing friends old and new.

## *WARM SPACE AT THE HUB*

– Home of WROXHAM &  
HOVETON UNITED REFORMED  
CHURCH 114 Norwich Road,  
Wroxham, Norwich NR12 8RZ

**Between 10.30am and 3.00pm  
on Thursdays**



**Mornings: Our Usual Community Café (10.30 am-12.00  
noon) Drinks & Cakes & Savouries.**

**Afternoons: 12.00-3.00pm – Table top games and  
activities, Drinks & biscuits, Free Wi-Fi.**

**Keep warm, meet friends and make new ones, have fun  
– All are welcome! Do come along!!**

**More details from Lynne Howard: 01603 738835 or email  
[lmhoward100@btinternet.com](mailto:lmhoward100@btinternet.com)**

**Supported by a grant from Norfolk Community  
Foundation through the Surviving Winter Community Hot-Spot  
Fund.**





## Neatishead, Barton Turf and District WI

There is nothing like a good afternoon meeting to chase away those winter blues and our meeting in January did just that. The speaker was Sarah Dodge from Nelson's Journey, a Norfolk charity providing support for bereaved children. Although the subject was sad and brought a few tears to our members' eyes, Sarah spoke so well and we were all amazed by the wonderful, positive work that they do. They are our chosen charity this year so the proceeds from any fundraising we do will go to them.

Our competition this month was "anything nautical" and was won by Jo Paul who knitted a beautiful tea cosy complete with a buoy and nautical stripes. A well deserved first prize.

As always, there were lots of dates to put in our diary. The theatre trip to see Kinky Boots, our community walk for ACWW, Green Heart craft afternoon and plans for our 90th birthday in March. New members are always welcome so why not join us on Wednesday, 15th February at 2pm in the NVH. You will not be disappointed!

Sally Church

## The Preston Rooms

Hello and Happy New Year to you all! It was great to see so many of you at the Christmas get together, particularly as it was rather treacherous conditions outside.

At the time of writing the Committee has yet to have its first meeting of the New Year. One of the first tasks we have is to try and piece together a calendar of events a task that is proving ever more difficult.

As usual we will be doing our best to maintain the hall and keep it a pleasant venue for everyone, especially as it is busier now than it has ever been. A promising start for us for 2023, a busy village hall with funds being regularly topped up.

Sue Watts, Secretary

- New In Horning -  
Body Stress Release Academy Europe

The Academy runs a full-time residential training course for UK and international students to become Body Stress Release practitioners. The course relocated to Hall Farm Cottages in Horning this year and will be run annually. Body Stress Release (BSR) is a complementary health technique and is practiced worldwide.

### **What is Body Stress?**

In our day-to-day life we're subjected to different kinds of stress: physical, mental, emotional and chemical. When stress becomes overwhelming and goes beyond the individual's limit to adapt to it, it can be stored in the body becoming 'body stress'.

This stored tension may be the cause of discomfort or other symptoms you can experience, such as:

Backache	Neck/shoulder pain	Headaches
Stiffness	Tiredness	Sciatic pain
Cramps	Urinary problems	Digestive problems

### **The Technique**

BSR offers a gentle and effective way to release stored tension. When the tension has been located, the practitioner encourages the body to release the tension by giving a gentle stimulation. During the release you remain fully-clothed.

### **Book Now**

Take advantage of this amazing opportunity to experience Body Stress Release during our apprenticeship at a 60% reduced rate for 3 sessions – £20 per session.

This will take place from March 13<sup>th</sup> – March 22<sup>nd</sup> 2023 at Hall Farm Cottages, Horning, Norwich NR12 8NJ.

For more information or to book your appointment phone 07999 904216. [www.bodystressrelease.org.uk](http://www.bodystressrelease.org.uk)



**Body Stress Release**

Unlocking tension  
Restoring self-healing

# BODY STRESS RELEASE



**Body Stress Release**

Unlocking tension  
Restoring self-healing

**“Are you living with pain or discomfort?”  
Body Stress Release is unlike anything else  
you may have tried before.**



**BOOK NOW**

**60% REDUCED RATE**

**MARCH 13th – 22nd 2023**

**Hall Farm Cottages**

**Horning**

**☎ 07999 904216**

## NABS

Ladies and Gentlemen, Boys and Girls, it's nearly time for our latest pantomime, 'Snow White and the Seven Dwarfs' Come and join in the laughs and heckling at one of our 2 shows on the 3rd and 4th March at The New Victory Hall. Tickets will be for sale about 3 weeks before the show at The White House Stores. £8 per adult and £6 per child (under 16s)

And I will say now a big thank you to all those who give up their time to put our shows together. We wouldn't be there without you. If you want to join our NABS family in any capacity, please feel free to email me at [thenabs74@gmail.com](mailto:thenabs74@gmail.com)

Lisa Seager  
NABS Secretary and Director

### Horning Primary School pupils aim for dizzy heights

Some of the pupils of Horning Primary School scaled the dizzy heights at the beginning of the new year, when members of Fox class had their first taste of wall climbing at Highball in Norwich.

This was the first of three sessions at Highball, and excitement ran high as the pupils aged 7-11 years geared up with the appropriate shoes and safety harnesses, before absorbing initial instruction. After practising their climbing techniques on the training wall, the children headed for the main challenge of the day. Once they had gained confidence with heights, it became clear that there was talent amongst the participants, and many of them climbed to the top of the wall and glided down the safety ropes to the bottom.

"Widening the children's experiences ranks highly in our ethos, so excursions beyond the school boundary are something we try to incorporate into the curriculum as often as possible," commented David Hopkins, Deputy Executive Head of Bacton and Horning Primary Schools. "It was most gratifying to see our pupils tackling wall climbing with such enthusiasm and enjoyment, while boosting their confidence to overcome possible initial qualms. They had tremendous fun, while gaining an important life-skill.

"We try to present as many new experiences and challenges as possible to the children who attend Horning school. These climbing sessions follow on from a visit to the Time and Tide Museum in Great Yarmouth late last year as part of the children's learning based around the Romans. There will also be a visit to West Stow Anglo Saxon Village as part of this term's topic."

# Funny Corner

*It's a 5 minute walk from my house to the pub.  
It's a 30 minute walk from the pub to my house.*

*The difference is staggering*



*Do Share your favourite jokes and funny pictures!*

## HORNING REACH

Editor: Adam Varley 07585936345  
[horningreach@gmail.com](mailto:horningreach@gmail.com)

## DEADLINE FOR MARCH REACH – 16<sup>th</sup> FEBRUARY

Contributions welcome, but the Editor reserves the right to amend, copy or omit unsuitable articles at his discretion. No responsibility can be accepted for errors or omissions, although the Editor does his best to ensure that the information printed is correct. Views expressed by individual contributors are not necessarily those of the Horning Reach.

## ADVERTISEMENTS

For SMALL advertisements the rate for each insertion is £1.50 for each line. For copy and payment instructions please contact the Editor at [horningreach@gmail.com](mailto:horningreach@gmail.com)

**Please note that all adverts are placed in good faith in this publication. The Editor suggests you take up references where applicable before engaging the services of any company or persons advertising in this publication.**

## Painting & Decorating

Established 30 years, free quotes,  
Chris Ryan 01692 631194 / 07758  
127983'

## QUALIFIED MUSIC TEACHER

Over 10 years experience. Available to teach lessons on piano/keyboard, double bass, trumpet and music theory. Also available for tutoring GCSE and A-level music.

DBS registered. Please contact Liz on:  
07761060829.

## BURNT FEN ALPACAS

Burnt Fen Alpacas – For details of our alpaca walks, cream teas or courses please check our website [www.burntfen.co.uk](http://www.burntfen.co.uk) or call Annie on 01692 630553

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### USEFUL TELEPHONE NUMBERS

<b>Doctors' Surgery Hoveton</b>	01603 782155
<b>Doctor's Surgery Ludham</b>	01692 678611
<b>Norfolk &amp; Norwich Hospital</b>	01603 286286
<b>Cromer Hospital</b>	01263 513571
<b>NHS Help Line</b>	111 – or visit

**WHBVCC Medical Appointment Transport** 01603 784455

**Norwich Practices Health Care (Walk in Centre)**, Rouen Road, Norwich – Open seven days a week. Contact 01603 677500.

### DEFIBRILLATORS

Village Hall, Mill Hill	NR12 8LF
The New Inn, Lower Street	NR12 8PF
Ferry Marina Reception Ferry Road	NR12 8PS

**Norfolk County Council** 03448008020

**North Norfolk District Council** 01263 513811

**Veterinary Surgery Wroxham** 01603 783920

**Citizens Advice Bureau** 03444 111 444

**Police non-emergency** 101

**Samaritans** FREE PHONE 116123



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