



# **Harvest Close to Home**

## **September 2021**

For this Harvest Thanksgiving we are encouraging everyone to consider making one small sustainable change to our lifestyles to support the beauty of the earth and as an action against Climate Change. One small change...what do I mean by that? If we all make one small change in our shopping habits or lifestyles, then not only is that change sustainable and manageable in the long-term, but together we make a difference. Overleaf are some simple suggestions you could take up, or you may have some of your own. The important thing is making a sustainable and long-term change. Every blessing and good luck!

With love and prayers  
God Bless

Revd Andy & the Community and Outreach Group



- Take one food item and commit to buying it in a sustainable and local way (for example only buying English apples).
- Take one food item and commit to buying it only on a seasonal basis and when available as British grown produce.
- Commit to buying one food item in a way that avoids plastic (for example only buy mushrooms loose or in a cardboard packaging).
- Buy a metal water bottle and use it rather than bottled water.
- Stop using plastic ballpoint pens and change to a fountain pen which can be refilled from ink bottles.
- Consider having a doorstep delivery for milk.
- Commit to shampoo bars rather than plastic bottled shampoo and conditioner.
- Get rid of all those plastic carrier bags or find a good use for them!
- Rationalise your kitchen implements and change plastic ones for metal or wooden.
- Stop using clingfilm and use silicone covers or beeswax wrapping.
- Commit to using washable cloths in the kitchen.