

**LENT 2021** – our strange world continues and it is impossible to gather in person to study together and although the internet makes so many things we miss possible, it is not an easy platform for leading and sharing. So this year, your ministry team invite you to set an alarm each day, find a comfy chair, light a candle and dedicate 10mins to be with God, to let your soul rest, to let your spirit fly. If you can, we particularly recommend the CoE app, #LiveLent.



Throughout the season of Lent each day it has a 5min audio talk, a Bible reading, a prayer and something to think about focussing on our journey with God, how it began, the highs, the lows, those who have walked with us and where we are now. As Lent ends in April and we hope to join together in our church buildings again, we pray that we will then have a chance to share together our journey through Lent this year. May God be with us all!

<https://www.churchofengland.org/resources/livelent-2021-church-resources-gods-story-our-story> to download the app or subscribe to the emails