**Parish Statement of Safeguarding**

**Parish: St. Mary Magdalene church, Bildeston with Wattisham, in the Bildeston Benefice**

**Safeguarding Officer**

Parish – Teresa Lester – 01449 744120

This parish recognises that the welfare of children, young people and vulnerable adults is paramount and that we have a duty of care when they are in our charge. We will do everything that we can to provide a safe and caring environment whilst they attend our activities. The policy is checked and updated annually.

If you have a safeguarding concern, please speak to one of the above named officer’s or ring Suffolk County Council Customer First – **8080 800 4005** (freephone from landlines and some mobiles). If a child, young person or vulnerable adult is at risk of immediate harm, ring the police immediately - **999**

**Diocesan Safeguarding Manager**

Karen Galloway – 07785 621319

**Head of Safeguarding**

Diocesan Office, St Nicholas Centre, 4 Cutler Street, Ipswich IP1 1UQ – 01473 298522

Out of office hours – 07917 385843

Email: [safeguarding@cofesuffolk.org](mailto:safeguarding@cofesuffolk.org)

Website: <http://www.cofesuffolk.org/safeguarding>

Suffolk County Council Customer First – 0808 800 4005

NSPCC – 0808 800 5000

Childline – 0800 1111

Stop It Now – 0808 1000 900

NAPAC – 0808 801 0331

Samaritans – 116 123

Family Lives - 0808 800 2222

National Domestic Violence Helpline – 0808 2000 247

Action on Elder Abuse – 0808 808 8141