

The Benefice of Stoke-by-Nayland with Leavenheath and Polstead and Nayland with Wissington

## Worship at Home - Some ideas for you to take away with you

Whilst we cannot worship together physically in church, you might like to join others 'in spirt'!

Television programs	Conso of Draine at 1 15pm on PBC 1
Sunday's:	Songs of Praise at 1.15pm on BBC 1
<u>Radio programs</u> Daily:	<b>Prayer for the Day</b> at 5.43am on Radio 4 <b>Daily Service</b> at 9.45am on Radio 4 Longwave and DAB ( <i>The Daily Service is available on a Radio 4 DAB side channel</i> <i>which is automatically made available about a minute before the</i> <i>programme begins. After tuning to Radio 4 DAB, select "Daily</i> <i>Service" (from your display) with the tuning wheel and press the</i> <i>selector button. On some radios the side channel can be stored</i> <i>on a pre-set button)</i>
Weekly: Sunday's	Sunday Worship at 8.10am on Radio 4 National "Virtual" Service at 8am on Local BBC Radio (and online in the Church of England and BBC from 9am) Choral evensong at 3.00pm on Radio 3
Wednesday's	Lent Talks at 8.45pm on Radio 4 Choral evensong at 3.30pm on Radio 3

## Online / On Demand

Many TV's also have access to BBC iPlayer & BBC Sounds programs which offer a large number of Religious and Ethical programs.

## <u>Facebook</u>

Monday to Saturday at 8.30am	Bishop Martin and Bishop Mike will stream Morning Prayer from their Chapel. You can watch live or at a time to suit you at <u>www.facebook.com/BishopsCofEsuffolk/</u>
Monday to Friday at 5pm (Saturdays & Sundays at 3.30pn	St Edmundsbury Cathedral will stream Evensong/Evening n) Prayer.

Sundays at 10amSt Edmundsbury Cathedral will stream a Holy CommunionServiceYou can watch live at www.facebook.com/stedscathedral

## **Other Resources**

The Church of England have issued prayer and intercessions suitable for individual and families to use at home. They can be found at: <u>www.tiny.cc/CofEHomePrayers</u>

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The Revd Mark Woodrow St. James' Vicarage, Bear Street, Nayland, CO6 4LA Tel. 01206 262150 Email: revdmarkwoodrow@gmail.com www.naylandchurches.wordpress.com www.facebook.com/naylandchurches