

St Peter's Flushing



Simple acts of worship and prayers for those unable to attend church

These two simple acts of worship, and some selected prayers have been created for you if you are unable to attend church. Christians across the world say Morning and Evening worship daily, so you will be taking part in these acts of worship with many others! You may like to have to hand: a bible, a candle to light and some reflective music.

'The Lord is good, a strong refuge when trouble comes. He is close to those who trust in him'

Nahum 1:7

Morning Worship Opening Sentences

O Lord, open our lips
And our mouth shall proclaim your praise

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept, we bring before God the day ahead, the things we look forward to or are nervous about. We also bring before God any worries or concerns that we have.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you; now and for ever.
Amen

Psalm 95: 1-7

- ¹O come, let us sing to the LORD;
let us make a joyful noise to the rock of our salvation!
- ²Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
- ³For the LORD is a great God,
and a great King above all gods.
- ⁴In his hand are the depths of the earth;
the heights of the mountains are his also.
- ⁵The sea is his, for he made it,
and the dry land, which his hands have formed.
- ⁶O come, let us worship and bow down,
let us kneel before the LORD, our Maker!
- ⁷For he is our God, and we are the people of his pasture,
and the sheep of his hand.

Bible Reading

You may choose your own reading or use one of the daily readings at:
<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>.
If you have access to a tablet or smartphone you could download the

Common Worship Daily Prayer App.

Prayer for Others

Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and distress,
Sustain and support the anxious and fearful,
and lift up all who are brought;
that we may rejoice in your comfort
knowing that nothing can separate us from your love
in Christ Jesus our Lord.
Amen

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name
thy Kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation
but deliver us from evil.
For thine is the kingdom, the power,
and the glory
forever and ever. Amen

Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life.
Amen
Let us bless the lord
Thanks be to God.

Night Prayer
Opening Sentences

The Lord almighty grant us a quiet night and a perfect end.

Our help is in the name of the Lord
who made heaven and earth

Silence is kept as we bring before God the events of day, those things which have given us joy, or those things which we may have found challenging and any worries or concerns we may have.

Psalm 121

- 1 I lift up my eyes to the hills—
from where will my help come?
- 2 My help comes from the Lord,
who made heaven and earth.
- 3 He will not let your foot be moved;
he who keeps you will not slumber.
- 4 He who keeps Israel
will neither slumber nor sleep.
- 5 The Lord is your keeper;
the Lord is your shade at your right hand.
- 6 The sun shall not strike you by day,
nor the moon by night.
- 7 The Lord will keep you from all evil;
he will keep your life.
- 8 The Lord will keep
your going out and your coming in
from this time on and forevermore.

Bible Reading

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Prayers

God our Father, by whose mercy
the world turns safely into darkness and returns again to light:
we place in your hands our unfinished tasks,
our unsolved problems, and our unfulfilled hopes,
knowing that only what you bless will prosper.
To your love and protection
we commit each other and all those we love,
knowing that you alone are our sure defender,
through Jesus Christ our Lord.
Amen

Merciful God,
we entrust to your unfailing and tender care this night
those who are ill or in pain,
knowing that whenever danger threatens
your everlasting arms are there to hold us safe.
Comfort and heal them,
and restore them to health and strength;
through Jesus Christ our Lord.
Amen.

In Peace will lie down and sleep;
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus.
For the night is at hand and the day is now past.

The Conclusion

As the night watch looks for the morning,
so do we look for you, O Christ.

The Lord bless us and watch over us;
The Lord make his face to shine upon us and be gracious to us;
The Lord look kindly upon us and give us peace.

Amen

Additional Prayers

For those in isolation

God of compassion,
be close to those who are ill, afraid or in isolation.
In their loneliness, be their consolation;
in their anxiety, be their hope;
in their darkness, be their light;
through him who suffered alone on the cross,
but reigns with you in glory,
Jesus Christ our Lord.
Amen.

For those who are ill

Merciful God,
we entrust to your tender care
those who are ill or in pain,
knowing that whenever danger threatens
your everlasting arms are there to hold them safe.
Comfort and heal them,
and restore them to health and strength;
through Jesus Christ our Lord.
Amen.

For hospital staff and medical researchers

Gracious God,
give skill, sympathy and resilience
to all who are caring for the sick,
and your wisdom to those searching for a cure.
Strengthen them with your Spirit,
that through their work many will be restored to health;
through Jesus Christ our Lord.

For one who is ill or isolated

O God, help me to trust you,

help me to know that you are with me,
help me to believe that nothing can separate me
from your love revealed in Jesus Christ our Lord.
Amen.

A prayer for the people of our community

Creator God,
whose being encompasses all,
whose excludes no-one and no-thing
whose compassion is boundless and eternal:
we pray for our community
for all whose joys and worries, hopes and fears,
inhabit these buildings and walk these streets.
Pour out your blessing, we ask,
and may your Holy Spirit be both guardian and guide
in the ceaseless activities of village and community.
This we ask in the name of Christ
Amen

A prayer of Julian of Norwich

In you, Father all-mighty, we have our preservation and our bliss.
In you, Christ, we have our restoring and our saving.
You are our mother, brother, and Saviour.
In you, our Lord the Holy Spirit, is marvellous and plenteous grace.
You are our clothing; for love you wrap us and embrace us.
You are our maker, our lover, our keeper.
Teach us to believe that by your grace all shall be well, and all shall be well,
and all manner of things shall be well.
Amen

A prayer of John Henry Newman

O Lord, support us all the day long of this troublous life,
until the shades lengthen and the evening comes,
the busy world is hushed, the fever of life is over and our work is done;
then Lord, in thy mercy, grant us safe lodging,

a holy rest, and peace at the last,
through Jesus Christ our Lord.
Amen