

CORONAVIRUS – HELP FOR THOSE “SELF-ISOLATING” WHO NEED HELP WITH SHOPPING AND/OR COLLECTING MEDICATION

The situation with Coronavirus is changing rapidly so these arrangements may well have to be reviewed.

Government and NHS advice is available as follows:

NHS: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Government information: <https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

It is now likely that significant numbers of people in the valley will have to “self-isolate”. The churches and other groups are working together to try and ensure that those who may need practical help with shopping, medication etc in this situation can receive help if needed. Details will be made updated locally on noticeboards, village websites etc where possible – see the following:

A Church Near You websites:

Ashton – <https://www.achurchnearyou.com/church/8766/page/53729/view/>

Bridford – <https://www.achurchnearyou.com/church/8767/page/53727/view/>

Christow – <https://www.achurchnearyou.com/church/8765/page/53726/view/>

Doddiscombsleigh – <https://www.achurchnearyou.com/church/8793/page/53728/view/>

Dunchideock – <https://www.achurchnearyou.com/church/8770/page/53671/view/>

Dunsford - <https://www.achurchnearyou.com/church/8792/page/53725/view/>

Christow website - <http://www.christowparishcouncil.gov.uk/>

Doddiscombsleigh website - <https://www.doddiscombsleigh.org/>

Dunchideock website - <https://www.dunchideock.org.uk>

Dunsford website - <http://www.dunsford-village.org.uk>

Mission Community Facebook page - <https://www.facebook.com/tvhmc/>

Each village has a local co-ordinator to link up those offering to help with shopping and/or collecting medication with those who need some assistance. Arrangements are currently as follows:

Ashton: John May – T: 01647 252212 or E: johnmay1926@gmail.com

Bridford: Kathy Fitzjohn – T: 01647 252515 or E: tessaderby@gmail.com

Christow: Phil Trotter – T: 01647 252874 or E: phil.trotter1@btopenworld.com

Doddiscombsleigh: Elliott Fairs – T: 01647 253169 or E: fairselliott@hotmail.com and
Toby Berry – T: 07764 547556 or E: toby.berry@btinternet.com

Dunchideock: Steve Cook – T: 01392 832332 or E: tvhchurches@gmail.com

Dunsford: Karen Morris at The Shop – T: 01647 252330 or
E: dunsfordshop@gmail.com

HOME SUPPORT GUIDANCE

This guidance contains important advice for those offering and those receiving help with the delivery of shopping and medication in the six parishes of the Teign Valley and Haldon Hill Mission Community (Ashton, Bridford, Christow, Doddiscombsleigh, Dunchideock and Dunsford) during the present Coronavirus crisis.

IMPORTANT ADVICE

General

- Both those offering support and those receiving it should maintain the highest level of hygiene by washing hands or using hand sanitiser both before and after contact
- Do not shake hands or make other personal contact
- Maintain a safe distance of at least 2 metres

Communication

- If you need support, please contact their local co-ordinator, (details below) by telephone or email, with a list of shopping required, and/or details of medication (e.g. number of items, address of pharmacy) by email or over the telephone
- Please state clearly if alternatives are acceptable if the requested shop items are not available

Shopping

- Shopping should be collected in shop-supplied weather-proof bags or the shopper's own bags – do not use bags from the person needing support
- After shopping or collecting medication, volunteer helpers will contact the local co-ordinator to confirm the cost and proposed delivery time. The local co-ordinator will then contact the person receiving help with details of the cost and will liaise about the delivery time.
- Items should be left at the front door or another pre-arranged covered place, in a weather-proof bag. The receipt will be left with the shopping.

Payment

- No charge should be accepted for the collection and delivery of items – it is a free and voluntary service
- Payment for shopping or prescription charges can be made by
 - BACS transfer (where this is possible/available)
 - cheque or cash left in an envelope on the doorstep - both parties should wash/sanitise hands before handling cash or a cheque