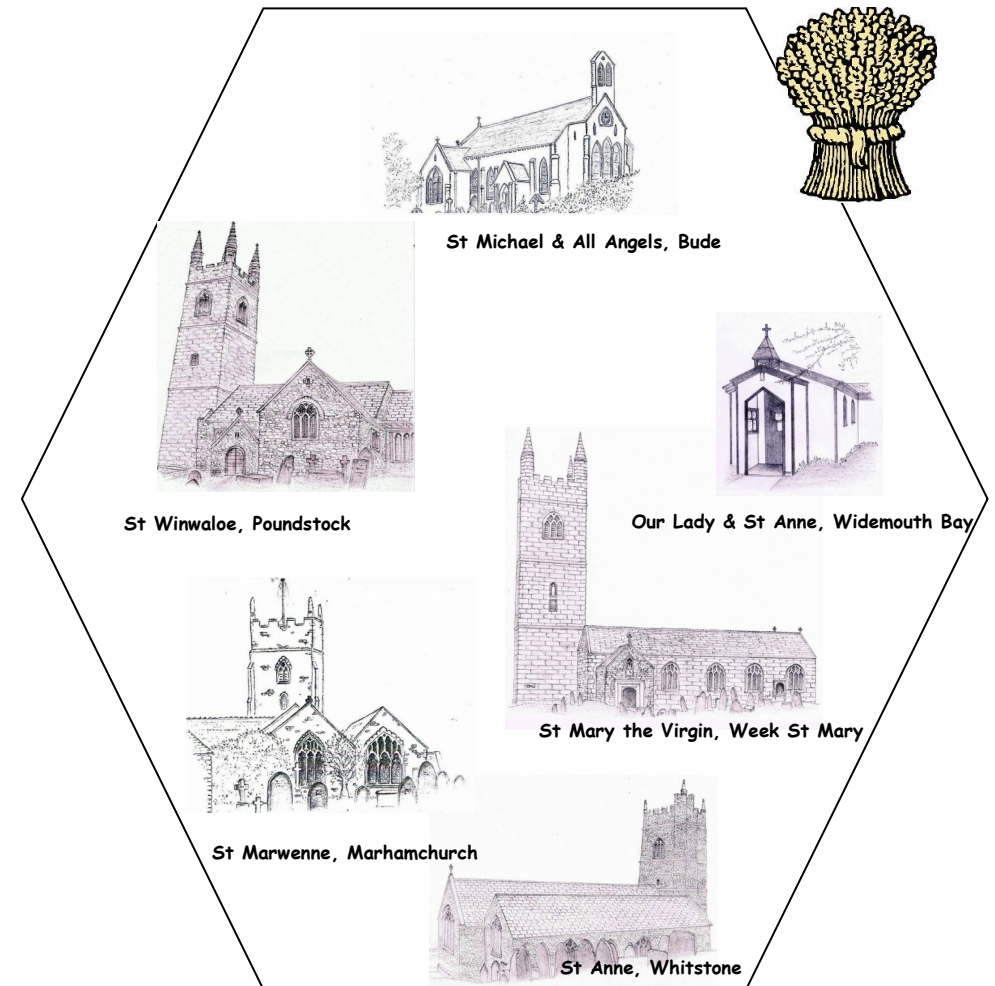


BUDE COAST & COUNTRY BENEFICE

Voices Together



Free

**October
2026**

MAIN CONTACTS FOR OUR BENEFICE:

Please contact any of the following for information or enquiries about Anglican Church life in the Benefice:

Our Rector: Rev David Saunders, The Rectory, The Glebe, Week St Mary, EX22 6UY Tel: 07834 459672
email: rector@bude-coast-benefice.org

Our Churchwardens:

St Anne's, Whitstone:

Mervyn Collins: 01288 341598

St Marwenne's, Marhamchurch:

Angela Grills: 01288 361247 Sue Shadrack: 07450 974651

St Mary the Virgin, Week St Mary:

Lesley Booker: 01288 341221 Linda Cobbledick: 01288 341468

St Michael's, Bude Haven:

Contact PCC Secretary: Sandra Huffer: 01288 355941

Our Lady & St Anne's, Widemouth Bay:

Contact Judy MacDonald: 01288 362254

St Winwaloe's, Poundstock:

Contact church member Barry Smith: 01288 361716

Stratton Deanery website: www.strattondeanery.co.uk/

Editor of *Voices Together*:

Clare Hicks, Trelowen, Lynstone, Bude EX23 0LR.
07974 891428; claremhicks@gmail.com

Copy deadline for **November** issue—
By **Friday October 16th** please

ELECTRONIC COPIES OF *VOICES TOGETHER*

If you would like to receive a copy of this magazine please email Lesley Booker: lesleybooker@gmail.com

Hear Ye! Poundstock Gildhouse

A Proclamation of Events for October and November 2026

Be it known to all good folk that the Gildhouse at Poundstock shall be open on the days here set forth, with gatherings and occasions to be held throughout October and November.

OCTOBER 2026

- Open to the public Wednesday 7th 10.00 am to 4.00 pm. Free entry, with tea/coffee and a biscuit available.
- Saturday 24th 10am to 5pm and Sunday 25th 10.30 am to 4pm Craft Fair and Pumpkin Festival. A few tables are still available. Contact Maria on 07428161323 or maria_stopher@yahoo.co.uk for more information or to book a food or craft table. Each 6ft x 3ft table is £30 for the 2 days.

NOVEMBER 2026

- Sunday 8th 10am to 1pm. Remembrance service with refreshments in the Gildhouse.
- Friday 13th Quiz night. Contact Alan for further details and bookings on 07792381260.

Upcoming Events

Watch this space, the Poundstock Gildhouse Facebook page and website for upcoming events including (All subject to confirmation nearer the time)

Pop-up restaurant with tasting menu with a renowned local chef.

West Gallery music event with local choir

Carols at the Gildhouse

Parking notice: If you are attending an event at the Gildhouse, please park in the church car park up the hill. The limited parking in front of the Gildhouse should only be used for unloading, drop-off/pick-up, or by those with mobility issues.

Services on zoom

We will continue Zoom Services for as long as there is a demand for them. If there are any types of service other than Sunday morning prayer, Family Service or Holy Communion and Wednesday morning prayer that you miss and would like to see especially on Zoom either regularly or as a one off, please let me know and I will see what can be done.

Lesley Booker lesleybooker@gmail.com

For times of all church services for the month please see pages 14 and 15. Each Sunday there will be a "zoomed" service and Morning Prayer on Wednesdays will be on zoom at 8.30 am.

St Marwenne's House Group

The aim of the group is about growing in discipleship. It meets every Tuesday at 7 pm. Contact Janet Ward on 01409 255759 or email her at janetmwuk@gmail.com for more details.

Advertising in *Voices Together*

If you run a business and would like to advertise in this magazine, please contact Heather Whitlock on 07771 964672.

If you are a not-for-profit local group or organisation and would like to put a one-off advert in for an event or similar, please contact Heather as above or the Editor (contact details p 2). We would ask for a small donation, depending on the size required. Adverts accepted at Editor's discretion. Thank you.

A Prayer for our Times

Loving God, I place into your hands:

- all my fears about the state of the world;
- all my despair at the violence within the world;
- all my concerns about the fragility of the environment;
- all my worries about my own life.

Loving God, I place into your hands

today, tomorrow and all time Amen

FROM THE RECTOR:

Dear friends,

The Great Fire and The Little Water

Among the Aztec people of Mexico, it is said that a long time ago there was a great fire in the forests that covered our earth. People and animals started to run, trying to escape from the fire. Our brother owl, Tecolotl, was running away also when he noticed a small bird hurrying back and forth between the nearest river and the fire. He headed towards this small bird. He noticed that it was our brother the Quetzal bird, running to the river, picking up small drops of water in his beak, then returning to the fire to throw that tiny bit of water on the flame.

Owl approached Quetzal bird and yelled at him: "What are you doing brother? Are you stupid? You are not going to achieve anything by doing this. What are you trying to do? You must run for your life!"

Quetzal bird stopped for a moment and looked at owl, and then answered: "I am doing the best I can with what I have."

It is remembered by our Grandparents that a long time ago the forests that covered our earth were saved from a great fire by a small Quetzal bird, an owl, and many other animals and people who got together to put out the fire.

Isn't this how life should be, using what we've got, no matter how small, to help others? The Bible says, "**Do not be interested only in your own life, but in the lives of others.**" **Philippians chapter 2:verse 4.** It's what the Quetzal bird did, the owl did, and many other creatures did. Why not you?

Every blessing

Rev David Saunders

Sponsoring Voices Together

Please would you consider sponsoring our magazine? It is partly through the generosity of our readers that we are able to keep the magazine free of charge. Any amount, small or large, will be gratefully received. For more information please contact Heather Whitlock on 07771 964672 or Clare Hicks on 07974 891428

INCLUSIONS FOR THE WEEKLY PEW SHEET To have your Notices included in the Pew Sheet please contact Sally Field - contact details to be advised.
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To have your Notices included in the Pew Sheet please contact Sally Field - contact details to be advised.

NEW PEW SHEET EDITOR

Sue Shadrack is pleased to announce that Sally Field is taking over the responsibility of editing the weekly pew sheet.

Many thanks to Sally—contact details will be confirmed if you have something you would like to go in the pew sheet.

Many thanks to Sally—contact details will be confirmed if you have something you would like to go in the pew sheet.

A note from the Editor:

Copy deadlines for 2026/2027 issues of *Voices Together* are:

November: October 16th

December: November 20th

Jan/Feb 2027 joint edition: December 11th

Jan/Feb 2027 joint edition: December 11th

Why not lend your copy of this magazine to a neighbour or friend when you have finished with it?



St. Michael & All Angels, Bude Haven



This is for parents and children
to experience church in a fun way

St. Michael's Church, Bude
Wednesday 28th October

10.30 until 12.30

Theme: "Light"

*Children, please bring an adult:
Adults, please bring a child*



**FREE
LUNCH**
*Simply come
along*



Enquiries: 01288 353137

Dates for your OCTOBER Diary:

- Sun 4th: Harvest Festival Service, St Michael's, 9.30 am see p 9
- Tues 6th: Harvest Festival Service & Supper, St Anne's, Whitstone 7 pm
- Thur 8th: Benefice Prayer Group, venue TBA 10 am
- Fri 9th: The Countrymen, Week St Mary church 7.30 pm see p 18
- Sat 10th: Lego Café, WSM church 9.30 am-12 noon
Harvest Festival & lunch, St Marwenne's, Marhamchurch 11.30 am see page 19
- Sun 11th: Pet Service, WSM church, 3 pm
- Mon 12th: Happy Memories Memory Café, WSM church 2.30-4.30 pm
- Wed 14th: Lunch Club, WSM church 12 noon for details see p 10
- Thur 22nd: Benefice Prayer Group, venue TBA 10 am
- Sat 24th-Sun 25th: Poundstock Craft Fair & Pumpkin Festival see pp 25 & 27
- Sun 25th: Gift Day Service & Lunch, St Michael's 11.15 see page 21
- Mon 26th: Happy Memories Memory Café, WSM church 2.30-4.30 pm
- Wed 28th: Messy Church, St Michael's 10.30—12.30 see p 24

Dates for your NOVEMBER Diary:

- Weds 4th: St Michael's Grand Quiz, Brendon Arms, Bude 7.30 p 18
- Sat 7th: Gift Day, St Marwenne's, Marhamchurch 10.30 am—1 pm
- Sun 8th: Remembrance Service, Poundstock see p 27 Remembrance Service, Marhamchurch Methodist church 11am
- Sat 21st: Christmas Market, WSM church 4 pm—8 pm see page 23

Dates for your DECEMBER Diary:

- 10th—13th: "The Joy of Christmas" Christmas Tree Festival, St Marwenne's, Marhamchurch 11 am—3.30 pm
- Fri 13th: Quiz night, Poundstock Guildhouse see page 27

Regular Group Meetings:

- Tuesday afternoons: in term time Week St Mary Adventure Church 4.30 pm
- Tuesday evenings: Bible Study St Marwenne's house group—contact Janet Ward for details 01409 255759
- Wednesday mornings: Coffee & Chat, The Bray, Marhamchurch 10.30- noon
- Every Wednesday: Poundstock Gildhouse is open 10 am—4 pm
- Wednesday mornings: Bible Study at St Michael's, 11.15 am
- Alternate Thursday mornings: Benefice Prayer Group, 10 am see above

BABY & TODDLER COFFEE POT CLUB

**Meets every Tuesday
10am—12pm in
Week St Mary Parish
Hall**

Join Coffeepots Baby & Toddler Group on Facebook or email
coffee-potswsm@gmail.com

Meet and Eat Soup and Sweet & a friendly chat

Monday 5th October

**Week St Mary Parish
Hall from 12 noon**

All most welcome

Sue Edwards 01288 341083
Sue Dickenson 01288 341016



Week St Mary Happy Memories Memory Café

**Mondays 12th & 26th
October**

**2.30—4.30 pm in church
Refreshments**

**All welcome
Contact: Lesley Booker
01288 341221**

C A M E O

Come And Meet Each Other

**Friday 16th October
from 2.30 pm**

**at Rob & Sue Dickenson's
home: Ranelagh
Week St Mary**

**Join us for tea, cake & chat
contact:**

**Linda Cobbledick
01288 341468**

apart, with their tip 5cm below the surface. Finish picking runner beans and French beans, but leave a few pods to ripen fully, so you can save the seeds. Cut down the ferny shoots of asparagus to soil level once they've turned yellow, then add to the compost bin. Plant out spring cabbages.

Order bare-root fruit trees and bushes for planting from late autumn to early spring

Keep the lawns cut, as they have started to grow again after the drought.

But most of all enjoy your garden and spend time just sitting and watching the wildlife and enjoying the products of your labours.

Poll

ADVANCE WARNING
Week St Mary Church
Christmas Market
→ Saturday 21st November ←
4pm to 8pm
To book a stall...
07833647405

Tips from Poll's Garden for October



October jobs: What to do during October in your garden and greenhouse.

Plant drifts of spring bulbs informally in a lawn, including crocuses, daffodils and fritillaries. Lift tender cannas to avoid frost damage, dry off the tubers and store in cool dark conditions until spring. Plant up cheery pot displays with winter colour, such as heathers, cyclamen, winter pansies and skimmia. Lift and pot up tender perennials, such as chocolate cosmos, gazanias and coleus, to protect over winter. Remove any pot saucers and raise pots up onto feet to prevent waterlogging over winter.

Collect seeds from hardy perennials, such as astrantia, achillea and red valerian, and sow straight away. Reduce the height of shrub roses to avoid wind rock damage over winter. Empty spent summer pots and hanging baskets and compost the contents.

Plant evergreen shrubs and conifer hedges while the soil is still warm. Move deciduous shrubs that are in the wrong place or have outgrown their current position. Wrap layers of fleece or straw around banana plants and tree ferns to protect from winter frosts. Take hardwood cuttings from ornamental trees and shrubs. Take cuttings of shrubby herbs, such as rosemary, lemon verbena and thyme. Divide large clumps of herbs, such as chives, lemon balm and marjoram, then replant or share with friends.

Remove large fruits on fig trees that have failed to ripen, leaving pea-sized fruits to develop for harvesting next year. Wrap grease bands around the trunks of apple, pear, cherry and plum trees to trap the crawling female winter moth. Cut fruited stems of blackberries and autumn raspberries down to the ground.

Clear away old crops, so they can't harbour pests and diseases on the veg plot through the winter. Sow green manure, such as winter rye, rather than leaving soil bare over winter.

Cover salad plants with cloches to prolong cropping. Raise pumpkins and squash onto bricks to keep them dry and expose them to more sun, to ripen the skins.

Keep sowing batches of hardy broad beans and peas outdoors for early crops next year. Plant garlic cloves in a sunny well-drained spot, 15cm

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Mothers' Union - Kledh Kernow Branch

The 150th Anniversary Banner Exhibition at Truro Cathedral in August was a great success with just over 50 banners from around the diocese on display. Many visitors from near and far enjoyed the varied designs of the banners and learnt a lot more about the MU. I would like to thank the churches in our part of Cornwall who allowed their banners to be part of the two-week exhibition, St Michael, Bude, St James the Great, Kilkhampton and St Andrew, Stratton. They all looked fantastic.

September sees the beginning of Creationtide in the church calendar and to mark this our branch members gathered to celebrate creation and harvest. We gave thanks for all those who supply us with our food, from the farmers to the delivery drivers. We also celebrated the sheer beauty of our precious planet and all its resources, remembering that we all have a part to play in looking after the earth. Members brought along gifts for the food bank.



Dates of next meetings:

October Monday 5th 2pm at Stamford House, Stamford Hill - Memory Lane—We will be sharing memories of our lives in Cornwall, childhood and Mothers' Union. Please bring any mementos or photos that you may have.

November Monday 2nd 2pm at Stamford House, Stamford Hill - Christmas Craft

If you would like any further information about Mothers' Union please contact Sheila on waring626@btinternet.com
All are welcome to our meetings.

Sheila Waring

St Michael & All Angels, Bude Haven

Holy Communion



& Gift Day

Sunday 25th October
11.15

followed by

**Soup & Sweet
Luncheon**



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sustain the church*

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Early evening saw a large crowd gathering for the Pram Race. Entries assembled in the village square. Rob and Laura Bray judged the array of entries. In the junior class race The Niglos came first, The Bath Mobile came second. In the fancy-dress category, Bude Tunnel came first, The Bath Mobile came second.

In the senior class race The Niglos came first and Bude Tunnel came second. In the senior fancy dress category Pram Force 1 were first with The Niglos coming second, and Bude Tunnel third. Thank you to Kerstie for organising and to Tony & George who compered the evening with great commentary, laughter and adding their personal touches to the event. Thank you too to Nikki from the Bullers Arms who very generously donated the refreshments.

After the excitement of the pram race The Bullers Arms had Danny & Eva's Food van and Cypress Hill in the square available to feed the hungry crowd.

Kerstie Hunter

**PADER AGAN ARLOEDH:
THE LORD'S PRAYER IN CORNISH
(Modern form in Kernewek Kemmyn)**

Agan Tas ni, usi yn nev,
bennigys re bo dha hanow,
re dheffo dha wlaskor,
re bo gwrys dha volonjedh
yn nor kepar hag yn nev.
Ro dhyn ni hedhyw agan bara pub dydh,
ha gav dhyn agan kendonyow
par dell evyn dhe'n re yw agan kendonoryon ni;
ha na wra agan dri dhe demptyans,
mes salw ni dhiworth drog.
Rag dhiso jy yw an wlaskor,
ha'n galloes ha'n gordhyans,
bys vykken ha bynari

Amen

St. Michael & All Angels, Bude Haven

Harvest Festival

Sunday

4th October @ 9.30

**In support of
Bude Foodbank**

We are seeking fresh,
dried or tinned food
in support of this
vital service in our town

PLEASE DONATE

**Please bring donations
to the service
or leave at back of church**



St Anne's Church Whitstone

HARVEST FESTIVAL

**Tuesday 6th October
7.00pm at the Church
followed by
supper in the village hall**

ALL WELCOME!



Week St Mary Lunch Club

Wednesday 14th October
Week St Mary church
12 noon
Bookings: 01288 341221



WEEK ST MARY ADVENTURE CHURCH

Every Tuesday in term time at 4.30 pm
Week St Mary Church

Marhamchurch Revel



A number of locals, visitors and villagers attended this year's Revel as the Queen Euphemia Organ was crowned by Old Father Time who also gave his traditional speech in the village square. The bough boys with their green branches stood behind as The Queen opened the Revel as per previous years and then rode a horse onto the Revel Field. The Barrel Morris lead the procession, followed by the Queen's Marshall Lewis, Pages Tigger, Arthur and Chakra, Flower Girls Ivy and Paige, and her maids Lillie, Asha, Heidi and Amelie. The royal party were followed onto the Revel field by everyone else, where they took to their seats on the stage to oversee the afternoon events.

Entertaining the crowds in the sunshine were Bude Ukulele Band, The Barrel Morris with Morris Dancing and for the children *Entertainingly Different* where Rob also oversaw the Children's races and ended the event with various Parachute games with the parents joining in, and those looking on thoroughly enjoyed.

There were the usual stalls and some new ones, ranging from the ever-popular cake stall to guess the weight of the pasty.

The Scouts' barbecue tent was very popular too. In the Bray Institute (Village Hall) the lovely ladies served Cream Teas all afternoon where also the royal party enjoyed a special tea on the stage.

The Revel Grand Prize Draw offered some lovely prizes.

This year we brought back a lucky number on the programme, Guess the number of balloons in the tractor, and Aunt Sally.

Week St Mary Church presents

THE COUNTRYMEN



FRIDAY 9TH OCTOBER

7.30PM

TICKETS £15 TO INCLUDE A PASTY SUPPER.

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TICKETS: ☎ 07833647405
✉ lincob@gmail.com




ST MARWENNE'S CHURCH
MARHAMCHURCH

HARVEST FESTIVAL

SAT 10TH OCTOBER

SERVICE 11.30

FOLLOWED BY LUNCH IN THE BRAY

TINS AND BOTTLES CAN BE DONATED FOR
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DONATIONS FOR CHURCH EXTENSION

St Michael's, Bude Haven

Grand Quiz

The Brendon Arms

Wednesday 4th November

7pm for a 7.30 start

Teams of 6 @ £10 per person
to include a small fish and chip supper

Raffle

Quiz Master: Chris Nichols

In aid of St Michael's Church Funds

To book: contact Mary Tilzey
on 07792 425807
or email: marytilzey@gmail.com

*Book your team in early
to avoid disappointment
for this popular event*

WEEK ST MARY CHURCH

SECOND SATURDAY OF
EACH MONTH

LEGO CAFE

Cooked Breakfast
from 9.30-11.30 am

**FREE Lego until
12pm**

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Zoom services: for details of any other zoom services scheduled for the month in the Benefice, please see page 26.

PLEASE NOTE: SERVICES MAY CHANGE—check pew sheets/ local information/ACNY website.

Readings may be adapted for particular services

SERVICES FOR OCTOBER

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Sunday 4th 18th after Trinity	Isaiah 5: 1—7 Philippians 3: 4b-14 Matthew 21: 33-end	09.30	Holy Communion & Harvest	BH	DS
		10.00	All Age Worship	WSM	WL
		18.00	Evening Prayer	M	WL
Tuesday 6th		19.00	Harvest Festival	W	DS
Wednesday 7th		08.30	Morning Prayer	Zoom	LMB
		10.00	Holy Communion	WB	TBC
Saturday 10th		11.30	Harvest Festival	M	DS
Sunday 11th 19th after Trinity	Isaiah 25: 1-9 Psalm 23 Philippians 4: 1-9 Matthew 22: 1-14	09.30	Holy Communion	M	DS
		09.30	Morning Prayer	P	WL
		11.15	Holy Communion	W	DS
		15.00	Pet Service	WSM	DS
Wednesday 14th		08.30	Morning Prayer	Zoom	DS
		10.00	Holy Communion	BH	DS
Thursday 15th		14.00	School Harvest Festival	W	DS
Sunday 18th 20th after Trinity Luke the Evangelist	Isaiah 45: 1—7 1 Thessalonians 1: 1—10 Matthew 22: 15-22	09.30	Holy Communion	BH	DS
		09.30	Morning Prayer	M	WL
		11.15	Holy Communion	WSM	DS
Wednesday 21st		08.30	Morning Prayer	Zoom	DS
		10.00	Holy Communion	BH	DS
Friday 23rd		14.00	School Harvest Festival	M	DS

SERVICES FOR OCTOBER & beginning of NOV continued

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Sunday 25th Last after Trinity Bible Sunday	Nehemiah 8: 1-4a, [5-6] 8-12 Psalm 119: 9-16 Colossians 3: 12-17 Matthew 24: 30-35	09.30	Holy Communion	M	RD
		09.30	Holy Communion	P	DS
		09.30	Morning Prayer	W	WL
		10.00	Morning Prayer	WSM	WL
		11.15	Holy Communion and Gift Day	BH	DS
Wednesday 28th		08.30	Morning Prayer	Zoom	WL
		10.00	Holy Communion	WB	DS
Sunday 1st NOV All Saints' Day	Revelation 7: 9-end 1 John 3: 1-3 Matthew 5: 1-12	09.30	Holy Communion	BH	DS
		10.00	All Age Worship	WSM	WL
		18.00	Evening Prayer	M	WL
Weds 4th		08.30	Morning Prayer	Zoom	LMB
		10.00	Holy Communion	BH	DS

KEY: CHURCHES: BH = Bude Haven LEADERS: DS = Rev David Saunders
M = Marhamchurch RD = Rev Rob Dickenson
P = Poundstock RWS = Rev R Ward-Smith
WSM = Week St Mary JT = Rev J Terry
W = Whitstone WL = Worship Leader
WB = Widemouth Bay MM = Methodist Minister
LMB = Lesley Booker (WL)

OUR DEANERY PRAYER

O generous God,
You invite your people to discover the Kingdom
And grow the church;
Give us, then, the courage, the strength and the vision
To share in the mission and ministry
Of your Son
That with the Lord of the Church
We may be, truly, the Church of the Lord. Amen