



Ageing Gracefully

Led By Dr Ian Donald

(A recently retired Consultant in Old Age Medicine)

A six-week course for Christians who wish to explore
some of the theological issues raised by an ageing
society

Mondays from **5th October**

The United Church, Wotton-under-Edge

Everyone Welcome

Ageing gracefully: a practical theology of later life

Description

We all like to pretend that ageing only happens to others and not us. “Ageing gracefully” is a course for those who are ready to face up to this reality. Through biblical themes we will try to understand God’s purposes in a long life. Together we will explore how Christians might respond to the challenges we often face towards the end of our earthly life – both in ourselves and in caring for those we love. What might it mean to remain fresh and green still bearing fruit into old age? And two things the course is NOT about: it is not top tips for retirement; secondly, although it will include medical perspectives on the issues raised, it is not primarily a guide on how to stay healthy in old age.

Overview

A six week course for Christians who wish to explore some of the theological issues raised by an ageing society.

Outline

Monday 5 Oct	Session 1	What do I mean by ageing?
Monday 12 Oct	Session 2	God’s purpose on ageing – biblical themes
Monday 19 Oct	Session 3	Finding Healing in the Fourth Age
Monday 2 Nov	Session 4	Giving and receiving Care
Monday 9 Nov	Session 5	Dementia and personhood
Monday 16 Nov	Session 6	Dying well

Time: 2pm for 2.15pm start. The sessions should last approximately 1.5 hours.

Facilitator

Dr Ian Donald is a Consultant in Old Age Medicine, recently retired from Gloucestershire Royal Hospital.

Sign Up

Let Kate in the office know if you would like to attend –

office@tyndalebenefice.co.uk or 01453 842175