

ALL SAINTS CHURCH KESGRAVE

NEWSLETTER ISSUE NO 132

**AUGUST - SEPTEMBER
2026**



NEW BEGINNINGS, GROWING COMMUNITIES

Our benefice is buzzing with excitement at the moment with the good news that the bishop has appointed a new vicar to lead us.

Rhiannon Wilmott and her family will be moving into Kesgrave vicarage later this month and begin her work with us later in September.

I am delighted to be able to share this good news with you as good news seems in short supply this year.

A new vicar inevitably brings a time of change for our three parishes, and we hope we can embrace and adapt to any changes that will help us to better serve and support each of our communities. With Rhiannon joining us, we have the opportunity to look forward with confidence, welcoming new ideas and celebrating the progress that we will make together.

Our wonderful churches have been serving our area for hundreds of years and are just as relevant today. We are embedded in our communities and want to serve them. Rhiannon has been placed here to help us do that and we hope she and her family will quickly settle and become an important part of our worship and outreach in the months to come.

We have been busy planning for a regular and well-stocked porch pantry in Kesgrave church to help local people in need. This is progressing well.

Sunflowers are growing and will be judged at the scarecrow café on September 12th. Many people are already preparing scarecrows to exhibit around Kesgrave and maybe in Little Bealings and Playford too, as work on the scarecrow trail (29 Aug-12 Sep) is gaining momentum.

Enjoy your summer holidays and may the love and peace of God surround you in all you do.



Rev Chris Nunn

WHAT'S ON - AUGUST 2026

Livestreamed services may be followed on ASK Church YouTube channel:

<https://www.youtube.com/channel/UCtZ91ENd-lxMPUZYDHR5-aQ>

Date	Time	Service	Where
Sat 1 Aug	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 2 Aug	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Morning Prayer	Church of St. Mary, PLAYFORD
	10.15-11.30am	Emerge	Emerge with The Eltons, ben.wale@cofesuffolk.org
	6.30pm	United Service	All Saints LITTLE BEALINGS
Mon 3 Aug	2-4pm	Silver Screen	All Saints Church HALL, KESGRAVE.
Tue 4 Aug	10-11am	Morning Prayer	All Saints Church, KESGRAVE
Wed 5 Aug	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS.
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 6 Aug	11-12pm	Holy Communion	All Saints Church, KESGRAVE
Sat 8 Aug	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 9 Aug	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Family Service	All Saints Church KESGRAVE
	10-11am	Morning Prayer	All Saints LITTLE BEALINGS
	10.15-11.30am	Emerge	PLAYFORD Village Hall
Tue 11 Aug	10-11am	Morning Prayer	All Saints Church, KESGRAVE
Wed 12 Aug	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 13 Aug	11-12pm	Holy Communion	All Saints Church, KESGRAVE
Sat 15 Aug	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 16 Aug	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Family Communion	Church of St. Mary, PLAYFORD
	10.15-11.30am	Emerge	Emerge with the Lings ben.wale@cofesuffolk.org
Tue 18 Aug	10-11am	Morning Prayer	All Saints Church KESGRAVE
Wed 19 Aug	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 20 Aug	11-12pm	Holy Communion	All Saints Church KESGRAVE
Sat 22 Aug	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS

Date	Time	Service	Where
Sun 23 Aug	8.30-9.30am	Holy Communion	All Saints Church , KESGRAVE
	10-11am	Family Service	All Saints Church KESGRAVE
	10-11am	Family Communion	All Saints LITTLE BEALINGS
	10.15-11.30am	Emerge	PLAYFORD Village Hall
Mon 24 Aug	2-3pm	"The Chosen" men's group	Red Lion (Main Rd, Martlesham, Woodbridge IP12 4RN)
Tue 25 Aug	10-11am	Morning Prayer	All Saints Church KESGRAVE
Wed 26 Aug	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 27 Aug	11-12pm	Holy Communion	All Saints Church KESGRAVE
Sat 29 Aug	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 30 Aug	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Benefice Holy Communion	All Saints Church, KESGRAVE
	10.15-11.15am	Emerge	PLAYFORD Village Hall

THOUGHT FOR THE DAY

"Afraid of Jezebel, Elijah ran for his life. When he came to Beersheba in Judah, he left his servant there,⁴ while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. "I have had enough, LORD," he said. "Take my life; I am no better than my ancestors."⁵ Then he lay down under the bush and fell asleep.

All at once an angel touched him and said, "Get up and eat."⁶ He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again." (1 Kings 19 v. 3 - 6)



Years ago, I read a very good book called *Sacred Spaces - Stations on a Celtic Way* by Margaret Silf. The various sacred spaces explored are: the Celtic Cross; the infinite knot; hilltops; wells and springs; causeways and bridges; thresholds and burial grounds; and boundaries. In each chapter, the author introduces a 'sacred space' as the main theme

and then illustrates this by associating it with a particular stage of life and a particular sacramental experience.

In the Bible we have a corresponding spiritual geography, with mountains representing closeness to God and a clearer vision of the way forward, and then the valley - the place we have to return to after the mountain top experiences! In 1 Kings 19 however we explore the desert: a place of testing for Jesus, and a place of despair, initially, for Elijah. (Later, the desert represented a disciplined withdrawal from normal daily life, with the ascetic monks known as the 'Desert Fathers' seeking a deeper understanding of God)

The desert is a place of surprises too: Elijah goes a day's journey into the desert, ostensibly to end his life, but God simply wants him to rest and recover from his great battle with the prophets of Baal. God provides sleep, water and a hot dinner! He then repeats this simple but healing treatment. Refreshed and strengthened, Elijah starts over and makes his way to Mount Horeb, as directed. This beautiful story illustrates God's awareness of our deepest needs: he correctly diagnosed Elijah's exhaustion and saw that no words were needed: food, drink and sleep were the answer!

Sally Wainman
14th July 2026

MOTHERS' UNION

We are taking a break from meetings in August due to holidays etc.

Our next meeting will be held on **Tuesday 22 September at 2.15pm** in the Church Hall.

We are hoping to hold another Beetle Drive which was enjoyed by all last time.

Visitors are always welcome to join us.



Jenny Billinge – Secretary

SILVER GROUPS

We have enjoyed a great time this past year with the 'Silvers' as we affectionately call the members of the silver groups. We have watched several films including, "My Best Friends Wedding", "Sherlock Holmes" and laughed at Mel Gibson in "What Women Want."



The games mornings are proving to be popular with Uno being a firm favourite but also Rummikub and Triominos are not far behind.

We will soon be having a short break for August with the last film on the 3rd August and then we return on the 7th September with a film. We look forward to seeing our old and perhaps some new friends in September. The next sessions of **Silver Screen** are on

Mondays 7th ,21st September at the Church Hall, 2pm-4pm.

The next sessions of **Silver Games** are on

Mondays 14th , 28th September at the Church, 2pm-4pm.



For more details contact

Chris or Mike Bryer 01473 611143

🎉 🌿 **KESGRAVE SCARECROW FESTIVAL IS BACK!** 🌿 🎉

29TH AUGUST – 12TH SEPTEMBER 2026

Following the fantastic success of last year's Scarecrow Festival, we're delighted to invite everyone to take part once again!

Whether you're a family, school, business, community group or individual, we'd love you to create a scarecrow to display outside your home, school or workplace. Every registered scarecrow will be included

on our online Scarecrow Trail Map, helping visitors explore Kesgrave and enjoy the wonderful creativity on display throughout the town.

We're also delighted to be holding our **Sunflower Growing Competition**, which was launched at our Spring Festival in May. We hope your sunflowers are growing well! Just look at this beauty, sent to us by one of our young gardeners! 🌻

There are four categories to enter:

- 🌻 Tallest Sunflower
- 🌻 Largest Sunflower Head
- 🌻 Best Multi-Headed Sunflower
- 🌻 Young Gardener Award



SCARECROW CAFÉ

Saturday 12th September, 10.00am–2.00pm

The festival will conclude with our popular **Scarecrow Café** at **All Saints Church, Main Road, Kesgrave (IP5 1AA)**, where prizes for both the Scarecrow Trail and Sunflower Competition will be presented.

As well as delicious cakes and refreshments, there will be plenty to enjoy for all ages, including:

- 🧸 Teddy Zip Wire
- 🎫 Tombola
- 🎨 Children's activities and face painting
- 🐾 Pet Blessing with Revd Gary Jones



Everyone is warmly invited to come along, whether you've entered the competitions or simply want to enjoy a fun afternoon with family and friends.

Events like this are only possible thanks to our wonderful volunteers. If you could spare a little time to help at the Scarecrow Café—serving refreshments, welcoming visitors, running activities, helping with setting up or clearing away, or donating a cake—we would be very grateful. Every helping hand makes a real difference.

To register your **Scarecrow** or **Sunflower Competition** entry, please email:

allsaints.parish@outlook.com

If you're entering a scarecrow, please include its **name** and the **address** where it will be displayed so that we can add it to the online Scarecrow Trail Map.

The summer holidays are the perfect opportunity to get creative, and we'd love to see scarecrows and sunflowers appearing all over Kesgrave. The more people who take part, the more enjoyable the trail will be for everyone.

We look forward to seeing your wonderful creations and welcoming you to another fantastic community festival!

**RIDE AND STRIDE 2026 –
WALK, CYCLE OR VOLUNTEER TO SUPPORT SUFFOLK'S
CHURCHES!**



Saturday 12th September | 9.00am – 5.00pm

Why not combine your visit to our **Scarecrow Café** with a wonderful day exploring Suffolk's beautiful churches?

On **Saturday 12th September**, the same day as our **Scarecrow Café**, churches across Suffolk will once again be taking part in the annual **Ride and Stride** event. We hope to welcome even more visitors to All Saints as walkers and cyclists make their way around the county, discovering Suffolk's rich Christian heritage while raising money to

preserve it for future generations. With over **500 churches, chapels and meeting houses** taking part, you can choose your own route, visit as many churches as you like, and enjoy a fantastic day out with family and friends. Whether you walk, cycle, or even volunteer, you'll be helping to support our local churches.

Half of all the sponsorship you raise comes directly back to the church of your choice, with the remaining half supporting the **Suffolk Historic Churches Trust**, helping to fund essential repairs and restoration work across the county.

How to Take Part

- Pick up a sponsorship form from church (or scan the QR code)
- Ask family and friends to sponsor you.
- On the day, visit as many churches as you wish.
- At staffed churches, your sponsorship form will be signed and you'll often be welcomed with refreshments.
- At unstaffed churches, simply record your visit yourself.
- Return your completed sponsorship form and donations to **All Saints Kesgrave, Little Bealings, or Playford**, or donate online via JustGiving <https://www.justgiving.com/campaign/suffolk-churches-ride-and-stride-2025> (please remember to name the church you wish to support).



We're also looking for volunteers to welcome Ride and Stride participants to **All Saints Kesgrave** throughout the day. Duties include offering refreshments, signing sponsorship forms, and giving our visitors a warm welcome.

Our volunteer rota is available near the font, and even giving **just one hour** of your time would make a real difference.

Whether you choose to walk, cycle, volunteer, or simply pop in to enjoy our **Scarecrow Café**, we'd love to see you on **Saturday 12th September**. Together we can celebrate our wonderful churches, welcome visitors to our community, and help preserve these special places for generations to come. **Thank you for your support!**

PLAYFORD CHURCH CELEBRATES THE LIFE OF THOMAS CLARKSON, A SUFFOLK HERO!

On Sunday, July 5th, Playford Church celebrated the life of Thomas Clarkson, one of England's most important historical figures and a leading abolitionist. The special service was led by the Revd Canon Sharron Coburn--Diocesan Director of Mission and Ministry--and Rev Gary Jones--Local Vicar--and it was wonderful to see the church so full!

We were delighted to welcome many special guests, including Pat Bruce-Browne--the Mayor of Ipswich--who read from Isaiah and John French--Suffolk Constabulary's Modern Slavery Vulnerability Advisor--who explained how we need a new Thomas Clarkson for today's modern slavery crisis in England and around the world.



Elma Glasgow--Heritage Producer and Engagement Specialist--recited the late British poet Benjamin Zephaniah's homage to Clarkson entitled "The Rebel from Wisbech", and Ivy Scott--Suffolk Windrush Exhibition Lead and a Black History Consultant--enlightened the congregation with a wonderful speech highlighting not only Thomas Clarkson's service but also the many men and women who worked alongside him to end slavery. The service concluded with a homemade lunch al fresco and we look forward to next year's service which will be held on Sunday, 4th, 2027 and we will host several other events to which all are welcome.



For more information, or to volunteer to help plan next year's events,
please contact
Helen Clarkson-Fieldsend on 078899 07615 or
helenclarksonfieldsend@gmail.com.

AUGUST/SEPTEMBER 2026 GIVING

¹¹ Now finish the work, so that your eager willingness to do it may be matched by your completion of it, according to your means. ¹² For if the willingness is there, the gift is acceptable according to what one has, not according to what one does not have."



2 Corinthians 8 v. 11-12

St Paul was an intensely practical man and never shy about bringing up the financial needs of the early churches; I feel that Martin Lewis of Money Saving Expert fame would have approved of Paul's desire to plan ahead, urging those who he was going to visit to "have their gift ready." Very little has changed over the last 2000 years (!) and the task of keeping

a church in good repair, alive to the community and viable in terms of leadership, remains challenging.

All ways of giving are welcomed: cash given during the Service collections, BACS payments direct to the church Account*, cheques made payable to Kesgrave PCC and, of course, the Parish Giving Scheme which allows you to set up a regular direct debit or a one-off gift <https://www.parishgiving.org.uk/donors/find-your-parish/kesgrave-all-saints-ipswich>

Please contact Emma our Treasurer: ASK.treasurer@gmail.com or Sally Wainman - Local Giving Adviser - 07807 984589 if you need the *Sort Code and Account details for BACS or any other help

The Church of England also offers a free will-writing service and advice about legacies: <https://www.churchofengland.org/faiht-life/church-legacy>. Legacies large or small can help a church greatly, but don't forget to review arrangements from time to time.

Gift Aid, for UK taxpayers, allows us to reclaim 25% extra on your donation at no extra cost.

Octopus Energy runs an incentive scheme for new customers, whereby £100 is shared between church and customer: <https://share.octopus.energy/glad-prawn-862>

Use this QR code to access online giving to make a regular or one-off gift.

Finally, THANK YOU, to all who help All Saints Kesgrave remain a viable presence in Kesgrave



Emma Burrows: ASK.treasurer@gmail.com
Sally Wainman Local Giving Advisor 07807984589

F.I.G. FAMILY (Faith in God) SERVICES
Every Third Sunday of the Month
10:00 AM – Church Hall

At our **FIG Family Service (Faith in God Family Service)** on 21st June, we enjoyed a wonderful time together celebrating faith, family and Father's Day.

Our Bible reading was from **Luke 15**, the story of the Lost Sheep. Thank you to Gaby for reading the Scripture, and to the lovely Emily for sharing a children's Bible story with us.

We enjoyed some fantastic crafts, thanks to Liz, including making beautiful Father's Day cards and painting colourful rocks. There was also plenty of singing and dancing as we enjoyed **"My Lighthouse"** and other lovely modern worship songs together.



A huge thank you to everyone who came along and took part, helping to make the morning so special. Special thanks to Sally and to everyone who helped organise and support our FIG Family Service, including our wonderful tech team, Peter and Sarah.

We are so thankful for our wonderful FIG family and can't wait to see everyone again soon!

We shared a special prayer during our Father's Day service, and although Father's Day has now passed, we felt it was too lovely not to share. Its words remind us to thank God for those who love, guide and care for us every day.



Prayer for Father's Day

Father God,

Thank you for all the loving fathers in our lives — for dads, stepdads, foster dads, grandads, and all those who have shown us a father's love and care.

Thank you for the ways they have loved, guided, encouraged and supported us over the years.

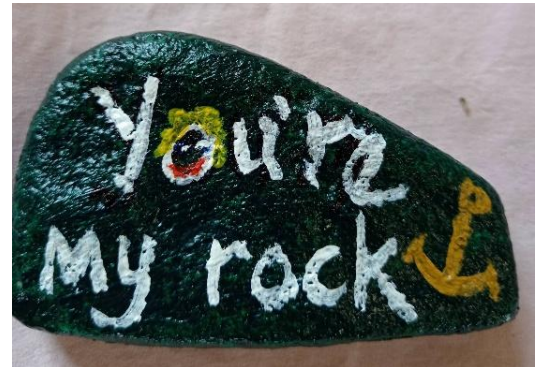
Give them strength and wisdom, joy and happiness today, and help us to show them how much they are loved and appreciated.

Be close to those who have not had the privilege of experiencing a loving father in their lives. May they feel the warmth, security and reassurance of your fatherly love today.

We pray for those who find this day difficult: for those who are grieving the loss of a father, missing a father, or longing to be a father. Surround them with your compassion and peace.

Amen.

(Prayer by the Leprosy Mission)



Our next **FIG Family Service** will be on **19th July**.

Please note that there will be a summer break during August, and we look forward to welcoming everyone back after the holidays on **20th September**.



Sally Wainman and Liz Wigby

FINAL WORD

Thanks for taking the time to read this edition, we appreciate any feedback you may have.

If you would like to receive this Newsletter electronically, please email allsaints.parish@outlook.com to be added to the distribution list. You will be welcome to unsubscribe at any time. Your e-mail address will not be passed on to third parties. Alternatively, it is available on our website.

Our church website www.asksgrave.org has all the information you might need. We try to regularly update notices and information as they become available, as well as adding items onto our pages on The Church of England's 'A Church Near You' site – <https://www.achurchnearyou.com/church/2061/>

If you are on Facebook, please like and follow us on our page – All Saints Church Kesgrave <https://www.facebook.com/Askesgrave/> – where we will also upload important developments and information, videos, and ideas for prayer and worship.

Issue 133 will be available from *20 Sep 2026* – **OCTOBER 2026.**

Please note, should you wish to have something included in this issue, the deadline is *Tuesday 15 Sep 2026.*

WHAT'S ON - SEPTEMBER 2026

Livestreamed services may be followed on ASK Church YouTube channel:

<https://www.youtube.com/channel/UCtZ91ENd-lxMPUZYDHR5-aQ>

Date	Time	Service	Where
Tue 1 Sep	10-11am	Morning Prayer	All Saints Church, KESGRAVE
Wed 2 Sep	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS.
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 3 Sep	11-12pm	Holy Communion	All Saints Church, KESGRAVE
Sat 5 Sep	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 6 Sep	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Morning Prayer	Church of St. Mary, PLAYFORD
	10am-12pm	Emerge	Felixstowe Seashore Village(chalet 3 'Tern')
	6.30pm	United Service	TBC
Mon 7 Sep	2-4pm	Silver Screen	All Saints Church HALL, KESGRAVE.
Tue 8 Sep	10-11am	Morning Prayer	All Saints Church, KESGRAVE
Wed 9 Sep	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS.
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 10 Sep	11-12pm	Holy Communion	All Saints Church, KESGRAVE
Fri 11 Sep	3.30-5pm	Pop-Up Youth Group	Playford Village Hall
Sat 12 Sep	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sat 12 Sep	9am -5pm	Ride & Stride	All Saints Church, KESGRAVE
	10am- 2pm	Scarecrow Café	All Saints Church, KESGRAVE
Sun 13 Sep	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Family Service	All Saints Church KESGRAVE
	10-11am	Morning Prayer	All Saints LITTLE BEALINGS
	10.15-11.30am	Emerge	Playford Village Hall ben.wale@cofesuffolk.org 07769 183638
Mon 14 Sep	2-4pm	Silver Games	All Saints Church Hall, KESGRAVE.
Tue 15 Sep	10-11am	Morning Prayer	All Saints Church, KESGRAVE
Wed 16 Sep	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 17 Sep	11-12pm	Holy Communion	All Saints Church, KESGRAVE
Fri 18 Sep	3.45 -5.30pm	Voyage (A bible study group for young people)	Open House at John & Jo's in Kesgrave ben.wale@cofesuffolk.org 07769 183638

Date	Time	Service	Where
Sat 19 Sep	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 20 Sep	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	9.15am-10am	Breakfast Special	All Saints Church HALL, KESGRAVE
	10-11am	F.I.G (Faith In God) Family Serv.	All Saints Church HALL, KESGRAVE
	10-11am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Family Communion	Church of St. Mary, PLAYFORD
	10.15-11.30am	Emerge	PLAYFORD Village Hall
	3-4pm	Family Pet Service	All Saints LITTLE BEALINGS
	6.30-7.15pm	Evensong	All Saints Church, KESGRAVE
Mon 21 Sep	2-4pm	Silver Screen	All Saints Church HALL, KESGRAVE.
Tue 22 Sep	10-11am	Morning Prayer	All Saints Church KESGRAVE
	2.15- 4.30pm	Mothers' Union	All Saints Church HALL, KESGRAVE
Wed 23 Sep	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 24 Sep	11-12pm	Holy Communion	All Saints Church KESGRAVE
Sat 26 Sep	9.30-10.30am	Men's & Ladies' Breakfast	Farmhouse, St Isidores, IP5 2GA, UK
	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 27 Sep	8.30-9.30am	Holy Communion	All Saints Church , KESGRAVE
	10-11am	Family Service	All Saints Church KESGRAVE
	10-11am	Family Communion	All Saints LITTLE BEALINGS
	10.15-11.30am	Emerge	PLAYFORD Village Hall
Mon 28 Sep	2-4pm	Silver Games	All Saints Church Hall, KESGRAVE.
Tue 29 Sep	10-11am	Morning Prayer	All Saints Church KESGRAVE
Wed 30 Sep	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS

FINDING HOPE AMONGST DESPAIR

In the name...

The death of Ann Widdicombe on Friday as left many asking the question why ? Why a person of good standing a devout Christian and whether you supported her political beliefs or not a life shockingly taking



leaves us feeling numb almost unable to take it in. A senseless attack on a civil society. What kind of person carries out such evil acts and atrocities? It leaves us asking many questions and answers are few to come by. Because there are no answers, people's lives changed forever as a result of evil carried out by mindless acts of a few. As a society we feel numb. Grief for some will lead to anger and have the lynch mobs out to get retribution. We don't know why that is for the investigation teams to deal with. When a tragedy strikes a nation and leaves everyone in shock, finding strength often begins with people coming together. In moments like these, people lean on one another for comfort and for emotional support, and this place is a space where we can bring our cares and concerns and yes our anger before God as we seek comfort. The shortest verse in the bible is Jesus is Jesus wept. It can be reassuring to know that there's a space where everyone can come together, share their feelings, and draw on spiritual wisdom to find hope a God who weeps with us and comforts us in our grief. Faith can really be a strong anchor during these difficult times. It gives people a sense of hope and a belief that there's a comforting presence guiding them. It also brings people together, creating a shared space of comfort and mutual support. John 14 Gives us assurance that God has prepared a place for us and we seek comfort from that. A nation resonates with the author of Psalm 23 Yea though I go through the valley of the shadow of death and this gives hope because it goes on thy rod and staff comfort me an assurance God will comfort and support all who are going through their own Valley. Jesus understood the pain of bereavement because he experienced it personally. He was close friends with two sisters and a brother – Mary, Martha and Lazarus. When Lazarus died, the sisters took Jesus to his tomb. Standing outside, he wept at the loss of his friend and the pain the sisters were enduring. The terrible anguish of losing someone we love is something almost every person goes through. It is the love they shared that makes the death so hard to bear. Being a Christian does not shield a person from the sadness of bereavement and the sense of loss. To grieve. It is not a sign of physical or spiritual weakness or failure. But in the midst of pain,

Christians have hope and comfort to help them as they grieve. Whether you are grieving with the nation or going through your own tough time be assure of this It might be Friday in your lives but Sunday is coming

With love and prayers

Revd Gary Jones

🎉 **SAVE THE DATE!** 🎉

We are delighted to share the news from **The Ven Rich Henderson, Archdeacon of Suffolk**, that the **Collation, Induction and Installation of Rhiannon Wilmott as our new Vicar** will take place on:

**Thursday 8th October at
7.30pm
All Saints Church, Kesgrave**

The service will be led by **The Right Revd Dr Joanne Woolway Grenfell, the Bishop of St Edmundsbury and Ipswich** and **The Ven Rich Henderson, Archdeacon of Suffolk**.



Please save the date and join us for this very special celebration as we begin a new chapter together across the Benefice of **Kesgrave, Little Bealings and Playford** with **Lightwave Emerge**.

It will be wonderful to have our church families and wider communities from Kesgrave, Little Bealings, Playford and Lightwave Emerge with us as we welcome Rhiannon and celebrate this exciting new chapter together.

ALL SAINTS CONTACT DETAILS

Assistant Priests:

Rev Chris Nunn	01473 622363	revchrisnunn@gmail.com
Rev Gary Jones	01473 412329	revgaryjones1985@gmail.com

Readers:

Martyn Shakespeare	01473 610367	mshakespeare@dunelm.org.uk
Sally Wainman	07807 984589	sallywainman3011@gmail.com
Mike Bryer	01473 611143	bryermike@gmail.com
Chris Bryer	01473 611143	bryer90@gmail.com

Pioneer (at Emerge):

Ben Wale	07769183638	ben.wale@cofesuffolk.org
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Parish Administrator:

Natalie Lawrence	07737 821034	allsaints.parish@outlook.com
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Church Wardens:

Karen Pringle	07737 968298	ask.churchwarden2@gmail.com
Bob Bullamore	07810 251177	bob.bullamore@gmail.com

Church Hall Bookings:

Bob Theobald	01473 620709	rwtheobald@btinternet.com
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Prayer Chain:

John Wittgreffe	07857 838678	ask.prayerchain@gmail.com
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Safeguarding Officer:

Pamela Schultz	07763 176110	pam.schultz@btinternet.com
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Treasurer:

Emma Burrows	07811106995	ask.treasurer@gmail.com
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