

THE PARISH OF ST ALPHEGE, EDMONTON  
Sunday 5<sup>th</sup> July 2026: 14<sup>th</sup> Sunday in Ordinary Time.  
"For my yoke is easy and my burden is light."



Entrance Hymn

301: Immortal invisible.

Offertory Hymn

624: Rock of Ages.

Procession

536: O Jesus I have promised.

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**THIS WEEK:**

Monday 6<sup>th</sup>: St Maria Goretti, virgin, martyr.

Tuesday 7<sup>th</sup>: Feria.

Wednesday 8<sup>th</sup>: Feria\*

Thursday 9<sup>th</sup>: Our Lady of Aberdeen.

Friday 10<sup>th</sup>: Feria\*

Saturday 11<sup>th</sup>: St Benedict.

\*Please note there will be no weekday Masses this week as Fr Angus will be taking a short break.

**NEXT WEEK:**

Sunday 12<sup>th</sup> July: 15<sup>th</sup> Sunday in ordinary time - Parish Mass at 10am with Fr Angus.

**FUNERALS:**

Weds 15<sup>th</sup>: Jean Foster: Enfield Crematorium 2pm.

Fri 17<sup>th</sup>: Mary White: St Alphege 12.30 noon, Enfield Crematorium 2pm.

Mon 20<sup>th</sup>: Margaret Turnbull: St Alphege 1pm, 3pm Enfield Crematorium.

**SPECIAL BLESSINGS:**

Please let one of the sides-people know before mass begins if you would like a special blessing.

**CONFESSION:** Please contact Fr Angus to arrange an appointment for this.

**PARISH OFFICE CONTACT NUMBERS**

Tel: 020 8374 8205

Pastoral Emergencies: 07508482909 (24hrs)

Email: [Fr.ajbeattie@outlook.com](mailto:Fr.ajbeattie@outlook.com)

**CHURCH WARDENS:** Jackie Forrest & Joe Nortey.

Please see Sue if you would like to sponsor the EUCHARISTIC GIFTS, CANDLE FOR OUR LADY or the SACRAMENT CANDLE.

**PARISH SICK LISTS**

Long term: Gillian; Margaret; Lloyd; Brian; Ann; Carl; Mary; Pearline; Lorraine.

Short term: JC; Gloria; Lauren; Judy; Patsy; Albert; Pearl; Shakira; Leslie.

**RECENTLY DEPARTED:** Jean Foster; Mary White; Margaret Turnbull and Ken Foster.

**ANNIVERSARIES OF DEATH:** Patience Benson; Denis Cole; Evelyn Giles; Winston Coombs; Sarah Meade; Marie Cowell; John Dyer.

**CONDUCT DURING MASS:** This is a gentle reminder That after receiving Holy Communion; it is the custom to return to your seat in silence whilst in a state of grace. There should be no conversation until the post communion prayer has been said by the priest.

**BIRTHDAYS THIS WEEK:** Pat Thomas; Paul Holgate; Nana-Gyamfi Mensah; Janet David.

**The NORTH ENFIELD FOODBANK:** Donations always welcome.

**ANGELUS BELL**

It is wonderful to hear our Angelus Bell ring out once more after many years of being silent. The cost of the repair was £3720.00 We are grateful to The Society of Mary for contributing £500.00 towards the repair. If you would like to make a donation towards the repair, cash donations can be given to Sue, or by card via our contactless machine.

**REFRESHMENTS** served after Mass at the back of church.

**ENTRANCE ANTIPHON**

*Your merciful love, O God,  
we have received in the midst of your temple.  
Your praise, O God, like your name,  
reaches the ends of the earth;  
your right hand is filled with saving justice.*

**COLLECT**

O God, who in the abasement of your Son  
have raised up a fallen world,  
fill your faithful with holy joy,  
for on those you have rescued from slavery to sin  
you bestow eternal gladness.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.

*Amen.*

**FIRST READING** Zechariah 9:9-10

A reading from the Prophet Zechariah.

Thus says the Lord:

Rejoice greatly, O daughter of Sion!  
Shout aloud, O daughter of Jerusalem!  
Behold, your king is coming to you;  
righteous and having salvation is he,  
humble and mounted on a donkey,  
on a colt, the foal of a donkey.  
I will cut off the chariot from Ephraim  
and the war horse from Jerusalem;  
and the battle bow shall be cut off,  
and he shall speak peace to the nations;  
his rule shall be from sea to sea,  
and from the River to the ends of the earth.

The word of the Lord.

*Thanks be to God.*

**RESPONSORIAL PSALM**

Psalm 145(144):1-2. 8-9. 10-11. 13c-14. R. cf. 1

*R: I will bless your name for ever, my God and king.*

Or *Alleluia.*

1. I will extol you, my God and king,  
and bless your name for ever and ever.  
I will bless you day after day,  
and praise your name for ever and ever. **R.**
2. The LORD is kind and full of compassion,  
slow to anger, abounding in mercy.  
How good is the LORD to all,  
compassionate to all his creatures. **R.**
3. All your works shall thank you, O LORD,  
and all your faithful ones bless you.  
They shall speak of the glory of your reign,  
and declare your mighty deeds. **R.**
4. The LORD is faithful in all his words,  
and holy in all his deeds.  
The LORD supports all who fall,  
and raises up all who are bowed down. **R.**

**SECOND READING** Romans 8:9, 11-13

A reading from the Letter of Saint Paul to the Romans.

Brothers and sisters: You are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him.

If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

The word of the Lord.

*Thanks be to God.*

**ACCLAMATION BEFORE THE GOSPEL** cf. Matthew 11:25

*R: Alleluia, alleluia.*

I thank you, Father, Lord of heaven and earth,  
you have revealed the secrets of the kingdom to little children.

*R: Alleluia.*

**GOSPEL** Matthew 11:25-30

A reading from the holy Gospel according to Matthew.

At that time Jesus declared, 'I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

**PRAYER OVER THE OFFERINGS**

May this oblation dedicated to your name  
purify us, O Lord,  
and day by day bring our conduct  
closer to the life of heaven.

Through Christ our Lord.

*Amen.*

**COMMUNION ANTIPHON**

*Taste and see that the Lord is good;  
blessed the man who seeks refuge in him.*

Or

*Come to me, all who labour and are burdened,  
and I will refresh you, says the Lord.*

**PRAYER AFTER COMMUNION**

Grant, we pray, O Lord,  
that, having been replenished by such great gifts,  
we may gain the prize of salvation  
and never cease to praise you.

Through Christ our Lord.

*Amen.*