

Wendy's July Prayer Thoughts

Britain's Got Talent has changed dramatically over its 20 year period. The winners of the 2026 competition were The Hawkstone Farmers Choir with a song composed for the occasion, and is to be performed again at The Royal Variety Show. The talents displayed by the 10 Acts on the final night were amazing, often original, even daring and breathtaking. Live! Yong balancing on her husband's back spun a flaming table with her feet! The Celestial Drones Show produced A Love Letter to BGT, and with thousands of drones revealed a light show of iconic winners from the past, against a London sky line. I tuned in to hear Sonny Green having been enraptured by his soliloquy which sent him into the finals with a Golden Buzzer... He had called it A Love Letter to My Son...

Sonny Green, a poet, rapper, actor and musician was born in Southend on Sea, Essex. He married Ella, and has two sons, Levi and Raphael. In the day time he is a market trader. He has witnessed to his life being brought back from the brink, because he had become an addict, held in the grip of drink and drugs. Once he landed in court charged by the police of theft, and being under the influence of cannabis. The wake up call came to him at the age of 23, after watching his dad Martin die from addiction, aged 48. Sonny Green has been clean now for 7 years. He has made several recordings, and at the age of 19, had the privilege of being the first rapper to perform in the House of Commons.

The inspiration for Green sharing his thoughts for the future for his sons came from an incident of walking Levi to school. Aged 7, he, was too embarrassed to give his dad a cuddle in front of his friends. Dad called him back and gave him one anyway.. The soliloquy began, "Now, it doesn't matter how old you get, you're never too old for a cuddle from your dad. I will embarrass you son, somewhere along the way. But, that's OK. That's what dads tend to do. Right now you're probably thinking you know it all...Right now, the quicker you realise you don't, the easier your life gets. You got two eyes, two ears and one mouth, 'cos you should listen and see twice as much as you speak; but never miss the moment that needs to be said - like telling you family you love them before they walk out of the door, 'cos not everyone makes it back. Now, not everyone out there is going to be your friend. That doesn't mean you shouldn't be friendly. Use manners. Use respect. But let no one take you for a mug... Love is said by many. Love is said by many, but understood by few. It's not only always what you say, but what you do. So be a man of action. Buy your mother some flowers, open the door for strangers, and do your best to soak up the stress, and smile, even when you didn't get much left 'cause that's the test of who you are....

..... When the world's at your neck, maybe then you'll remember what I said. You're never too old to get a cuddle from your dad. What happens when I'm dead? I hope you'll find God like I did. 'For the Lord is my refuge and my strength.' and when we meet our Maker one day finally all this will make sense. We'll all have the freedom to choose and until then I'll never force my views on you, but I'll do my best to show you what I know, like a little can go a long way..... ". (NB this clip is transcribed by me to the best of my ability, from listening to the rendering on You Tube. Apologies for any incorrectness. W.I. Williams)

The verse which Sunny Green quoted in his poem is from Psalm 45. The author is not mentioned, but it is described as a song specifically for The Director of Music of the sons of Korah. They were a branch of Levites who assisted in the Tabernacle, and later in the Temple with overseeing the singing for worship... Numbers 3: 5-9. The Psalm is written against the background of a notable deliverance of the City of Jerusalem from the attack of the Assyrians in 721 BC notably, the Temple was the spot where God was to be found. The congregation would sing the opening words with heartfelt remembrance, for God had been their refuge and strength, ever since the time when Moses had delivered them from Pharaoh, and led them out of Egypt. Sunny Green gave personal testimony to the opening words, "God is my refuge and my strength," proving that as one of God's trusted promises it can be trusted for all generations.

We too may trust God in all our struggles. If God is to be our refuge, we must lean on Him, knowing we need not fear, because our security is in Him alone. If God is to be our strength, we must have courage to face each situation, because with Him we will overcome. Take time to meditate on the promise, and live by it. I like the way John Piper has experienced God as Refuge and Strength, by stating that He is our "Defender and Refreshment."

Praise God He is always active in our lives!

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